

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**

Sioux Falls – May 26-27, 2017

Class "B"

(Total Participants = 446)

Girls 100 Meter Dash

1 Peters, Karley	10 Parker	12.41
2 Wolf, Josie	12 Chester Area	12.60
3 Larson, Makenna	9 Chester Area	12.93
4 Brown, Rylie	11 Lake Preston	12.98
5 Ortman, Kalli	12 Canistota	13.10
6 Sees, Lauren	10 Avon	13.15
7 Even, Alexis	7 Parker	13.24
8 Heath, Callie	12 Colome	13.31

Girls 200 Meter Dash

1 Peters, Karley	10 Parker	25.97
2 Wolf, Josie	12 Chester Area	26.17
3 Jones, Cerington	8 New Underwood	26.19
4 Vandermeer, Ashley	10 Deubrook Area	26.43
5 Brown, Rylie	11 Lake Preston	26.91
6 Larson, Makenna	9 Chester Area	26.99
7 Dwight, Adyson	9 Langford Area	27.20
8 Even, Alexis	7 Parker	27.46

Girls 400 Meter Dash

1 Peters, Karley	10 Parker	57.42
2 Leber, Delaney	11 Newell	58.54
3 Paetow, Kirsten	12 Viborg-Hurley	59.10
4 Wieseler, Sierra	12 Potter County	1:00.45
5 Heinitz, Ella	8 DR St. Mary	1:00.61
6 Even, Alexis	7 Parker	1:00.72
7 Dwight, Adyson	9 Langford Area	1:01.38
8 Holter, Ally	10 Platte-Geddes	1:01.62

Girls 800 Meter Run

1 Leber, Delaney	11 Newell	2:19.97
2 Wieseler, Sierra	12 Potter County	2:22.30
3 Selland, Myah	12 Sanborn Cent./Woon.	2:22.50
4 DeBeer, Shaylee	10 Deubrook Area	2:22.72
5 Heinitz, Ella	8 DR St. Mary	2:23.52
6 Baumberger, Lauren	10 McIntosh	2:23.98
7 Hennrich, Brylee	12 Arlington	2:26.35
8 Plastow, Adaya	8 Mitchell Christian	2:28.73

Girls 1600 Meter Run

1 Leber, Delaney	11 Newell	5:15.39
2 Olsen, Josie	10 Deubrook Area	5:26.84
3 Nelson, Laura	12 Gayville-Volin	5:27.40
4 Kilber, Tessa	9 Ipswich	5:29.88
5 DeKnikker, Ashlyn	9 Lake Preston	5:31.33
6 Jandreau, Oakley	9 Highmore-Harrold	5:32.00
7 Vandermeer, Andrea	8 Deubrook Area	5:32.73
8 Vogel, Christina	12 DR St. Mary	5:33.04

Girls 3200 Meter Run

1 Nelson, Laura	12 Gayville-Volin	11:33.45
2 Olsen, Josie	10 Deubrook Area	11:51.47
3 Vandermeer, Andrea	8 Deubrook Area	11:53.77
4 Fairley, Maddy	7 Gayville-Volin	12:08.10
5 Steger, Aleah	10 Ipswich	12:13.77
6 Groft, Peyton	11 Northwestern	12:19.14
7 Kilber, Tessa	9 Ipswich	12:26.61
8 Terkildsen, Dilyn	8 Philip	12:38.19

Girls 100 Meter Hurdles

1 Philipsen, Brianna	12 New Underwood	15.82
2 Sokolowski, Shannon	10 Irene-Wakonda	15.92
3 Leidholt, Sydney	10 Warner	16.01
4 Bronson, Saraya	11 Wilmot	16.08
5 Vaith, Ashton	11 Menno	16.26
6 Richards, Holly	10 Viborg-Hurley	16.27
7 Jurgens, Raelin	10 Parker	16.72
8 Pitlick, Autumn	9 Potter County	19.57

Girls 300 Meter Hurdles

1 Leidholt, Sydney	10 Warner	46.33
2 Selland, Myah	12 Sanborn Cent./Woon.	46.42
3 Bronson, Saraya	11 Wilmot	46.93
4 Bauman, Cortney	11 Deubrook Area	47.63
5 Strait, Abbey	11 Castlewood	48.55
6 Ballard, Lexi	8 New Underwood	48.69
7 Fuhrmann, Josie	10 Freeman	49.47
8 Pitlick, Autumn	9 Potter County	56.79

Girls 4x100 Meter Relay

1 Chester Area		51.13
1) Reiff, Hanna 10	2) Larson, Makenna 9	
3) Campbell, Karissa 12	4) Wolf, Josie 12	
2 Platte-Geddes		52.20
3 Tripp-Delmont/Armour		52.38
4 Viborg-Hurley		52.50
5 RC Christian		52.83
6 Colome		53.09
7 Freeman		53.40
8 Hanson		53.44

Girls 4x200 Meter Relay

1 Parker		1:46.81
1) Even, Alexis 7	2) Preheim, Mayson 9	
3) Mohr, Rayna 9	4) Peters, Karley 10	
2 Viborg-Hurley		1:47.49
3 Chester Area		1:49.45
4 Tripp-Delmont/Armour		1:50.28
5 Corsica-Stickney		1:51.44
6 Hanson		1:51.90
7 Freeman		1:52.10
8 Lake Preston		1:52.35

Girls 4x400 Meter Relay

1 New Underwood		4:05.72
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1) Ballard, Lexi 8	2) Wiebers, Portia 7	
3) Philipsen, Brianna 12	4) Jones, Cerington 8	
2 Deubrook Area		4:07.82
3 Viborg-Hurley		4:13.90
4 Potter County		4:14.61
5 Hanson		4:16.68
6 Freeman		4:19.43
7 Sully Buttes		4:20.15
8 Castlewood		4:23.25

Girls 4x800 Meter Relay

1 Deubrook Area		9:58.46
1) DeBeer, Shaylee 10	2) Vandermeer, Andrea 8	
3) Olsen, Josie 10	4) Bauman, Cortney 11	
2 Newell		10:05.16
3 Gayville-Volin		10:12.24
4 Tri-State		10:12.41
5 Ipswich		10:18.19
6 Lyman		10:24.75
7 Bridgewater-Emery		10:29.44
8 Philip		10:35.54

Girls 1600 Sprint Medley

1 Viborg-Hurley		4:22.23
1) Jensen, Lexie 12	2) Richards, Holly 10	
3) Bjerkaas, Emily 12	4) Paetow, Kirsten 12	
2 Sully Buttes		4:24.90
3 Lake Preston		4:28.43
4 Platte-Geddes		4:28.58
5 Corsica-Stickney		4:30.48
6 Tripp-Delmont/Armour		4:33.61
7 Avon		4:34.40
8 Kimball/White Lake		4:39.78

Girls Shot Put

1 Sawvell, Kyla	11 Wall	41-01.50
2 Heinz, Kamryn	10 Ipswich	38-03.00
3 Hubbard, Traia	12 Gayville-Volin	38-01.75
4 Hallock, Hallie	12 Platte-Geddes	37-01.75
5 Wittler, Lauren	10 Sully Buttes	37-01.50
6 McLaughlin, Cooper	10 Wall	35-11.50
7 Rudebusch, Bailey	12 Howard	35-05.25
8 Youngberg, Dana	10 Newell	35-00.50

Girls Discus Throw

1 Rudebusch, Bailey	12 Howard	130-01
2 Guthmiller, Rachel	11 Sully Buttes	127-06
3 Heinz, Kamryn	10 Ipswich	125-10
4 Sawvell, Kyla	11 Wall	124-03
5 Hubbard, Traia	12 Gayville-Volin	123-11
6 Sprecher, Taylor	11 Wolsey-Wessington	122-00
7 Lamb, Chloe	12 Sully Buttes	120-01
8 Hallock, Hallie	12 Platte-Geddes	115-01

Girls High Jump

1 Renelt, Gabrielle	11 Wilmot	5-06.50
2 Kizer, Madison	9 Howard	5-03.00

3 Hofer, Noelle	10 Canistota	5-00.00
4 Kizer, Aleya	7 Howard	5-00.00
5 Schroeder, Tiana	12 Freeman Acad	5-00.00
6 Selland, Myah	12 Sanborn Cent./Woon.	5-00.00
7 Seymour, Danille	9 Warner	5-00.00
8 Bultje, Skylar	9 Canistota	5-00.00

Girls Long Jump

1 Jones, Cerington	8 New Underwood	16-07.00
2 Raile, Sam	12 Eureka/Bowdle	15-09.50
3 Sees, Lauren	10 Avon	15-08.75
4 Vandermeer, Ashley	10 Deubrook Area	J15-08.75
5 Heidemann, Breanna	12 RC Christian	15-07.50
6 Baumberger, Olivia	8 Colman-Egan	15-04.25
7 Kari, Julianna	12 Bison	15-02.75
8 Fryda, Grace	8 Scotland	15-02.50

Girls Triple Jump

1 Vandermeer, Ashley	10 Deubrook Area	35-03.00
2 Selland, Myah	12 Sanborn Cent./Woon.	34-06.75
3 DeBeer, Shaylee	10 Deubrook Area	34-01.50
4 Heidemann, Breanna	12 RC Christian	33-10.00
5 Raile, Sam	12 Eureka/Bowdle	33-05.25
6 Mudder, Kacie	11 Avon	33-04.75
7 Alexander, Austin	9 Newell	32-10.75
8 Kranz, Ali	10 Waverly-South Shore	32-09.50

Girls Pole Vault

1 Ronke, Tegan	11 Waverly-South Shore	9-06.00
2 Evans, Mckenzie	9 Ipswich	9-06.00
3 Edelman, Morgan	8 Menno	9-00.00
4 Gilbery, Bree	9 Gayville-Volin	9-00.00
5 Duba, Mae	12 Platte-Geddes	9-00.00
6 Haufschild, Jayna	10 Arlington	8-00.00
6 Ochsner, Laura	10 Warner	8-00.00
6 Schindler, Samantha	11 Elkton-Lake Benton	8-00.00
6 McQuarie, Izabella	7 Ipswich	8-00.00
6 Gall, Taylor	11 Scotland	8-00.00

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Madison & Sioux Falls – May 26-27, 2017
Class "A"
(Total Participants = 468)**

Girls 100 Meter Dash

1	Howell, Shayla	11	Belle Fourche	12.33
2	Wevik, Mikayla	11	Tea Area	12.70
3	Valandra-Prue, Caelyn	8	Todd County	12.73
4	Odenbach, Ashley	12	Spearfish	12.76
5	Yoder, Julia	12	SF Christian	12.88
6	Strasser, Abbie	12	Lennox	12.93
7	Carlson, Bailey	11	St. Thomas More	13.06
8	Eckrich, Carolyn	12	St. Thomas More	13.11

Girls 200 Meter Dash

1	Howell, Shayla	11	Belle Fourche	25.62
2	Valandra-Prue, Caelyn	8	Todd County	26.52
3	Rud, Olivia	11	Madison	26.60
4	Odenbach, Ashley	12	Spearfish	26.66
5	Perrenoud, Grace	11	SF Christian	26.76
6	Kurtz, Sydney	10	West Central	26.96
7	Wevik, Mikayla	11	Tea Area	26.97
8	Carlson, Bailey	11	St. Thomas More	27.24

Girls 400 Meter Dash

1	Valandra-Prue, Caelyn	8	Todd County	56.52
2	Timmer, Haleigh	8	St. Thomas More	57.70
3	Rud, Olivia	11	Madison	58.36
4	Pulse, Jacy	9	McCook Central/Mont.	1:00.05
5	Davis, Calli	9	Elk Point-Jefferson	1:00.10
6	Rihanek, Dacey	9	Mt. Vernon/Plank.	1:00.57
7	Kirsch, Klaire	11	St. Thomas More	1:01.31
8	Schuyler, Samantha	12	Winner	1:01.90

Girls 800 Meter Run

1	Glazier, Tori	11	Custer	2:14.25
2	Timmer, Haleigh	8	St. Thomas More	2:14.29
3	Byers, Ella	10	Chamberlain	2:15.68
4	Hohn, Marion	11	Hill City	2:19.58
5	Cooper, Kaci	9	St. Thomas More	2:21.38
6	Streff, Hailey	12	Madison	2:21.92
7	Cournoyer, Raven	10	Todd County	2:25.57
8	Blote, Brigit	11	St. Thomas More	2:28.01

Girls 1600 Meter Run

1	Schulz, Marisa	12	Dakota Valley	5:06.16
2	Glazier, Tori	11	Custer	5:07.68
3	Delmont, Mallory	9	Custer	5:09.56
4	Lavin, Maddie	11	Vermillion	5:10.35
5	Byers, Ella	10	Chamberlain	5:11.70
6	Hohn, Marion	11	Hill City	5:13.05
7	Cooper, Kaci	9	St. Thomas More	5:16.21
8	Simmons, Karlee	10	Hill City	5:16.35

Girls 3200 Meter Run

1	Savey, Cait	11	Beresford	11:14.98
2	Simmons, Karlee	10	Hill City	11:17.04
3	Schulz, Marisa	12	Dakota Valley	11:33.55
4	Schmidt, Nicolette	12	Redfield/Doland	11:37.91
5	Lavin, Maddie	11	Vermillion	11:45.20
6	Schuyler, Sidra	7	Winner	11:48.14
7	Delmont, Mallory	9	Custer	11:55.00
8	Byers, Ella	10	Chamberlain	12:03.49

Girls 100 Meter Hurdles

1	Schmeichel, Averi	8	West Central	15.37
2	Lamer, Chastnee	11	Tri-Valley	15.67
3	Bonin, Dellaney	11	Canton	15.85
4	McDonald, Emily	11	Tri-Valley	16.10
5	Faulhaber, Stephanie	12	Mt. Vernon/Plank.	16.13
6	Pulse, Jacy	9	McCook Central/Mont.	16.21
7	Mechels, Emma	11	Lennox	16.42
8	Sullivan, Skylar	9	St. Thomas More	18.54

Girls 300 Meter Hurdles

1	Bonin, Dellaney	11	Canton	47.21
2	Thomsen, Julianne	12	Custer	47.31
3	Giles, Jessica	11	Madison	48.51
4	Hansen, Aspen	9	Dell Rapids	48.64
5	Jones, Tori	12	Stanley County	49.32
6	Rath, Sarah	12	Canton	49.83
7	Faulhaber, Stephanie	12	Mt. Vernon/Plank	49.95
8	McDonald, Emily	11	Tri-Valley	50.35

Girls 4x100 Meter Relay

1	Tea Area	50.34
	1) Piper, Brooke 12	2) Patzwald, Desirae 9
	3) Hofer, Joni 12	4) Wevik, Mikayla 11
2	West Central	50.37
3	Mt. Vernon/Plankinton	51.35
4	Tri-Valley	51.43
5	SF Christian	51.55
6	St. Thomas More	51.68
7	Canton	51.69
8	Lennox	51.88

Girls 4x200 Meter Relay

1	West Central	1:45.77
	1) Nelson, Kali 10	2) Schmeichel, Averi 8
	3) Lindskov, Kamryn 12	4) Kurtz, Sydney 10
2	St. Thomas More	1:46.92
3	Mt. Vernon/Plankinton	1:48.37
4	Lennox	1:48.60
5	Canton	1:48.61
6	Madison	1:48.97
7	SF Christian	1:49.19
8	Dell Rapids	1:50.02

Girls 4x400 Meter Relay

1	Madison	4:03.14
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1) Giles, Jennifer 11	2) Streff, Hailey 12	
3) Theophilus, Anna 11	4) Rud, Olivia 11	
2 West Central		4:06.70
3 Dell Rapids		4:12.19
4 Elk Point-Jefferson		4:12.21
5 Spearfish		4:13.72
6 Lennox		4:14.06
7 Vermillion		4:15.07

Girls 4x800 Meter Relay

1 St. Thomas More		9:29.37
1) Blote, Brigit 11	2) Erlandson, Lizzy 11	
3) Timmer, Haleigh 8	4) Cooper, Kaci 9	
2 Custer		9:36.72
3 Hill City		9:50.77
4 Madison		9:51.08
5 Beresford		10:07.26
6 Winner		10:07.34
7 Canton		10:15.89
8 SF Christian		10:17.79

Girls 1600 Sprint Medley

1 Dakota Valley		4:14.22
1) Rasmussen, Anna 12	2) Schulz, Tori 7	
3) Johnson, Alyssa 11	4) Schulz, Marisa 12	
2 St. Thomas More		4:17.07
3 Madison		4:19.87
4 Vermillion		4:21.26
5 Hill City		4:22.42
6 Ethan/Parkston		4:25.80
7 Spearfish		4:28.24
8 Flandreau		4:32.02

Girls Shot Put

1 Menken, Jordan	12 Custer	44-09.00
2 Miiller, Amanda	12 Ethan/Parkston	40-10.50
3 Tobin, Cora	10 Spearfish	39-00.75
4 Leiseth, Faith	11 Hamlin	38-03.75
5 Kaitfors, Kennedy	10 Spearfish	37-05.50
6 Koepsell, Morgan	11 McCook Central/Mont.	36-06.75
7 VandeWeerd, Julie	12 Canton	36-05.25
8 Handel, Mady	10 Chamberlain	36-05.00

Girls Discus Throw

1 Menken, Jordan	12 Custer	137-07
2 Leiseth, Faith	11 Hamlin	128-05
3 Patterson, Janae	11 Wagner	124-11
4 Boden, Cali	10 Beresford	116-10
5 Bjerke, Jessica	11 Groton Area	115-03
6 Holm, Taylor	10 Groton Area	112-05
7 Curry, Kenna	9 Elk Point-Jefferson	112-03
8 Handel, Mady	10 Chamberlain	111-02

Girls High Jump

1 Johnson, Alyssa	11 Dakota Valley	5-03.00
2 Henricks, Shyla	12 Britton-Hecla	5-01.00
2 Ziegler, Nikole	11 Sioux Valley	5-01.00

4 Reinschmidt, Nikita	11 Dakota Valley	5-01.00
5 Rogers, Halle	8 Spearfish	5-01.00
6 Stevens, Lynsey	11 Sioux Valley	4-11.00
6 Pruis, Caitlyn	9 SF Christian	4-11.00
8 Niles, Jessica	9 Beresford	4-11.00
8 Braning, Aspen	9 Belle Fourche	4-11.00

Girls Long Jump

1 Howell, Shayla	11 Belle Fourche	18-05.75
2 Wanner, Audrey	12 Groton Area	17-03.50
3 Wevik, Mikayla	11 Tea Area	16-10.00
4 Goertel, Sydney	12 West Central	16-09.75
5 Stange, Harleigh	11 Groton Area	16-07.00
6 Gerber, Lydia	12 Canton	16-05.50
7 Stevens, Lynsey	11 Sioux Valley	16-03.25
7 Krouse, Jocelyn	10 McCook Central/Mont.	16-03.25

Girls Triple Jump

1 Howell, Shayla	11 Belle Fourche	39-09.25
2 Rasmussen, Anna	12 Dakota Valley	35-10.50
3 Ecoffey, Echo	10 Red Cloud	35-08.25
4 Stoller, Claire	12 Madison	34-11.25
5 Wanner, Audrey	12 Groton Area	34-09.50
6 Jensen, Bella	8 Belle Fourche	34-09.00
7 Donnelly, Riley	9 Elk Point-Jefferson	J34-09.00
8 Goertel, Sydney	12 West Central	34-08.25

Girls Pole Vault

1 Groeger, Carolyn	11 Lead-Deadwood	11-00.00
2 Giles, Jennifer	11 Madison	9-09.00
3 Schwebach, Shania	11 Madison	9-09.00
4 Houk, Jillian	10 St. Thomas More	9-00.00
5 Jackson, Chandi	10 Spearfish	9-00.00
6 Krcil, Britney	10 Wagner	8-06.00
7 Sestak, Rachel	11 Bon Homme	8-06.00
8 Miiller, Mollie	10 Ethan/Parkston	8-06.00

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**
Sioux Falls – May 26-27, 2017
Class "AA"
(Total Participants = 376)

Girls 100 Meter Dash

1	DeWitt, Callie	12	SF O'Gorman	12.06
2	Bickley, Krista	10	Brandon Valley	12.14
3	Watson, Kyah	9	RC Stevens	12.43
4	Young, Hannah	10	RC Central	12.43
5	Kinney, Erin	9	Harrisburg	12.65
6	Bren, Alison	12	SF Roosevelt	12.83
7	Thomas, Jade	12	SF Lincoln	12.91
8	Brunner, Rachel	10	Watertown	12.93

Girls 200 Meter Dash

1	Bickley, Krista	10	Brandon Valley	24.84
2	DeWitt, Callie	12	SF O'Gorman	25.16
3	Young, Hannah	10	RC Central	25.46
4	Watson, Kyah	9	RC Stevens	25.59
5	Sullivan, Maddison	12	RC Central	26.12
6	Bilal, Gozeila	12	SF O'Gorman	26.22
7	Bren, Alison	12	SF Roosevelt	26.28
8	Tingle, Tanya	12	Brandon Valley	26.75

Girls 400 Meter Dash

1	Bickley, Krista	10	Brandon Valley	55.80
2	Crago, Kyla	11	Mitchell	58.59
3	Tingle, Tanya	12	Brandon Valley	58.90
4	Nuebel, Kennedy	8	Brandon Valley	1:00.21
5	Venner, Sydney	12	SF O'Gorman	1:00.87
6	VanHolland, Lauren	11	Harrisburg	1:01.98
7	Black, Chloe	9	SF Lincoln	1:02.12
8	Buckley, Alexa	10	Watertown	1:02.65

Girls 800 Meter Run

1	Abraham, Ellie	9	Brookings	2:15.74
2	Bennett, Kylee	8	Sturgis Brown	2:17.96
3	Sudbeck, Caroline	9	SF Lincoln	2:18.18
4	Mwentanda, Ndjakalenga	7	SF O'Gorman	2:20.01
5	Waterfall, Haylee	11	Brandon Valley	2:20.95
6	Bindert, Liz	10	SF Lincoln	2:21.29
7	Bietz, Madisyn	7	Yankton	2:22.34
8	Presler, Sarah	12	Brandon Valley	2:23.73

Girls 1600 Meter Run

1	Klatt, Courtney	11	SF Lincoln	5:00.78
2	Abraham, Ellie	9	Brookings	5:05.17
3	Bennett, Kylee	8	Sturgis Brown	5:10.45
4	Wells, Lauren	10	Brandon Valley	5:13.64
5	Bietz, Madisyn	7	Yankton	5:15.24
6	Levesque, Analise	10	SF Lincoln	5:16.33
7	Sudbeck, Caroline	9	SF Lincoln	5:17.19
8	Douglas, Zoe	8	Aberdeen Central	5:19.19

Girls 3200 Meter Run

1 Klatt, Courtney	11 SF Lincoln	11:15.57
2 Kost, Delaney	8 RC Central	11:24.67
3 Ripperda, Abby	12 SF O'Gorman	11:25.56
4 Neumiller, Lia	7 Sturgis Brown	11:31.22
5 Jacobs, Melanie	8 Aberdeen Central	11:36.66
6 Wieman, Alissa	8 Douglas	11:36.85
7 Kuhn, Bryanna	9 RC Stevens	11:46.33
8 Harbaugh, Chloe	8 SF Lincoln	11:49.39

Girls 100 Meter Hurdles

1 Nickel, Emilee	10 RC Central	14.74
2 Schaefer, Elizabeth	10 RC Stevens	14.84
3 Heier, Ryley	11 SF Lincoln	15.33
4 Dal, Josephine	10 SF Lincoln	15.58
5 Tietz, Sophie	9 Watertown	15.60
6 Bartels, Kailee	10 Brookings	15.71
7 Gerberding, Holly	12 Sturgis Brown	15.75

Girls 300 Meter Hurdles

1 Schaefer, Elizabeth	10 RC Stevens	44.91
2 Gerberding, Holly	12 Sturgis Brown	45.91
3 Heier, Ryley	11 SF Lincoln	46.05
4 Dal, Josephine	10 SF Lincoln	46.12
5 Bad Moccasin, Chelsey	12 Aberdeen Central	47.12
6 Little, Deyona	12 Huron	47.61
7 Thomas, Taylor	8 Harrisburg	49.94

Girls 4x100 Meter Relay

1 RC Stevens	48.38
1) Parris, Lily 9	2) Sawyer, Jacey 12
3) Hartford, Sophie 12	4) Watson, Kyah 9
2 RC Central	48.86
3 SF O'Gorman	49.04
4 Harrisburg	49.87
5 Brandon Valley	50.25
6 Watertown	50.32
7 Brookings	50.97

Girls 4x200 Meter Relay

1 Brandon Valley	1:41.35
1) Nuebel, Kennedy 8	2) Thompson, Morgan 10
3) Tingle, Tanya 12	4) Bickley, Krista 10
2 RC Stevens	1:43.38
3 Harrisburg	1:45.03
4 SF O'Gorman	1:46.09
5 Sturgis Brown	1:46.20
6 RC Central	1:46.74
7 SF Lincoln	1:47.46
8 Yankton	1:48.65

Girls 4x400 Meter Relay

1 Brandon Valley	4:01.45
1) Hendrick, Hannah 11	2) Waterfall, Haylee 11
3) Nuebel, Kennedy 8	4) Tingle, Tanya 12
2 SF O'Gorman	4:02.11

3 Brookings	4:02.14
4 SF Lincoln	4:04.19
5 RC Stevens	4:04.93
6 RC Central	4:07.08
7 Sturgis Brown	4:07.14
8 Yankton	4:07.82

Girls 4x800 Meter Relay

1 SF Lincoln	9:26.13
1) Bindert, Liz 10	2) Sudbeck, Caroline 9
3) Levesque, Analise 10	4) Klatt, Courtney 11
2 Aberdeen Central	9:35.10
3 Brandon Valley	9:48.95
4 SF O'Gorman	9:51.93
5 RC Central	9:53.37
6 Yankton	9:56.80
7 SF Roosevelt	10:08.34
8 SF Washington	10:08.60

Girls 1600 Sprint Medley

1 Brookings	4:08.57
1) Tetzlaff, Baylee 12	2) Rystrom, Emily 9
3) Gray, Madison 12	4) Abraham, Ellie 9
2 SF Lincoln	4:10.83
3 Sturgis Brown	4:14.07
4 Brandon Valley	4:16.17
5 RC Stevens	4:18.21
6 RC Central	4:21.87
7 SF Roosevelt	4:24.85
8 SF Washington	4:27.05

Girls Shot Put

1 Greer, Jasmine	9 SF Roosevelt	41-00.50
2 Burckhard, Paiton	11 Aberdeen Central	40-09.00
3 Wynn, Naomi	12 Douglas	39-07.25
4 Klamm, Libby	12 Brandon Valley	39-00.00
5 Brady, Lexie	8 SF O'Gorman	38-00.00
6 Bindert, Becca	12 SF Lincoln	37-09.00
7 Lindner, Ali	11 Harrisburg	37-07.50
8 Flores-Schulte, Amanda	11 Brookings	37-04.50

Girls Discus Throw

1 Lindner, Ali	11 Harrisburg	127-11
2 Bindert, Becca	12 SF Lincoln	124-07
3 Delzer, Christina	12 RC Stevens	120-07
4 Haase, Carson	12 Brandon Valley	118-11
5 Mounga, Melia	10 Aberdeen Central	114-04
6 Dicus, Aubri	9 SF Roosevelt	113-08
7 Brady, Lexie	8 SF O'Gorman	112-02
8 Miller, Alison	9 RC Central	110-10

Girls High Jump

1 Haring, Carly	10 Mitchell	5-07.00
2 Eisenbeisz, Addison	11 Pierre T.F. Riggs	5-07.00
3 Johnson, Michelle	12 RC Central	5-06.00
4 Falak, Alayna	9 Watertown	5-04.00
5 Tietz, Sophie	9 Watertown	5-02.00

5 Thompson, Morgan	10 Brandon Valley	5-02.00
7 Simons, Ashlyn	11 Sturgis Brown	5-02.00
8 Hansen, Morgan	9 SF Lincoln	5-02.00

Girls Long Jump

1 DeWitt, Callie	12 SF O'Gorman	18-06.75
2 Heier, Ryley	11 SF Lincoln	17-08.50
3 Boomsma, Jaiden	9 Yankton	17-04.50
4 Law, Trinity	10 Brandon Valley	17-02.00
5 Bisgard, Sophie	12 Yankton	17-01.00
6 Bates, Sammi	12 RC Stevens	16-10.50
7 Justus, Liberty	11 SF Lincoln	16-10.00
8 Emick, Caitlynn	12 Sturgis Brown	16-09.25

Girls Triple Jump

1 Heier, Ryley	11 SF Lincoln	37-01.75
2 Bates, Sammi	12 RC Stevens	36-07.75
3 Emick, Caitlynn	12 Sturgis Brown	36-03.00
4 Wambach, Sydney	9 SF O'Gorman	35-08.00
5 Bisgard, Sophie	12 Yankton	35-05.50
6 Stonecipher, Rylie	9 RC Stevens	J35-05.50
7 Martin, Grace	9 RC Stevens	35-03.50
8 Grismer, Jenna	12 Aberdeen Central	35-03.00

Girls Pole Vault

1 Scott, Whitney	12 Watertown	11-06.00
2 Katz, Shannon	12 Huron	11-00.00
3 Bullard, Sophia	11 Pierre T.F. Riggs	10-06.00
4 Hendrick, Hannah	11 Brandon Valley	J10-06.00
5 Johannsen, Jacee	9 SF Washington	J10-06.00
6 Ahlers, Sydney	9 Watertown	10-00.00
7 Scott, Summer	11 Watertown	J10-00.00
8 Guthmiller, Kaitlin	12 Yankton	J10-00.00
8 Huneke, Jordyn	12 RC Stevens	J10-00.00



State Class "B" Track and Field Champions Deubrook Area Lady Dolphins

CLASS "B" TEAM POINTS

1. Deubrook Area 78	25. Dell Rapids St. Mary 9
2. Parker.....48	27. Corsica-Stickney..... 8
3. Gayville-Volin.....42	27. Hanson..... 8
4. Chester Area41	27. Irene-Wakonda 8
5. Newell 39	30. Tri-State..... 5
5. New Underwood.....39	30. Castlewood 5
7. Ipswich 38.2	32. Freeman Academy/Marion 4
8. Viborg-Hurley 38	32. Langford Area 4
9. Sanborn Central/Woonsocket 25	32. Colome 4
9. Howard 25	35. Arlington..... 3.2
11. Platte-Geddes..... 24	36. McIntosh..... 3
11. Sully Buttes 24	36. Wolsey-Wessington..... 3
13. Wilmot..... 21	36. Colman-Egan 3
14. Lake Preston 20	36. Northwestern 3
14. Potter County 20	36. Highmore-Harrold 3
16. Warner 19.2	36. Lyman..... 3
17. Wall 18	42. Scotland 2.2
18. Avon 14	43. Bison..... 2
18. Tripp-Delmont/Armour 14	43. Bridgewater-Emery 2
20. Rapid City Christian 13	43. Philip 2
21. Eureka/Bowdle 12	46. Elkton-Lake Benton..... 1.2
22. Canistota 11	47. Mitchell Christian 1
22. Waverly-South Shore 11	47. Kimball/White Lake 1
24. Menno..... 10	
25. Freeman 9	



**State Class "A" Track and Field Co-Champions
Madison Lady Bulldogs and St. Thomas More Cavaliers**

CLASS "A" TEAM POINTS

1. St. Thomas More	64	18. Lennox.....	14
1. Madison.....	64	19. Hamlin.....	13
3. Custer	62	19. Elk Point-Jefferson.....	13
4. Dakota Valley.....	49	19. Chamberlain	13
5. West Central.....	45	22. McCook Central/Montrose.....	12.5
6. Belle Fourche	43.5	23. Dell Rapids.....	12
7. Spearfish.....	34	23. Ethan/Parkston	12
8. Canton	32	25. Sioux Valley	11
9. Hill City.....	27	26. Lead-Deadwood	10
10. Tea Area.....	26	27. Wagner	9
10. Todd County.....	26	28. Winner.....	7
12. Groton Area.....	23	28. Britton-Hecla.....	7
13. Mt. Vernon/Plankinton.....	21	30. Red Cloud.....	6
14. Beresford	19.5	31. Redfield/Doland	5
15. Tri-Valley	19	32. Stanley County	4
16. Sioux Falls Christian	17.5	33. Bon Homme	2
17. Vermillion	16	34. Flandreau.....	1



**State Class "AA" Track and Field Champions
Sioux Falls Lincoln Patriots**

CLASS "AA" TEAM POINTS

1. Sioux Falls Lincoln.....	118	10. Aberdeen Central.....	30
2. Brandon Valley.....	108.5	11. Yankton	25.5
3. Sioux Falls O’Gorman.....	81	12. Sioux Falls Roosevelt	22
4. Rapid City Stevens	79.5	13. Mitchell.....	18
5. Rapid City Central.....	61	14. Pierre T.F. Riggs.....	14
6. Sturgis Brown.....	50	15. Huron.....	11
7. Brookings	40	16. Douglas.....	9
8. Watertown	32.5	17. Sioux Falls Washington.....	6
9. Harrisburg.....	32		

“GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is: 12.71, the Class “A” winner’s time is: 13.30 and the Class “B” winner’s time is: 13.07, the “Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given in all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

2016 GIRLS’ GOLD MEDAL RECIPIENTS

100 Meter Dash	Callie DeWitt-12	Sioux Falls O’Gorman	12.06
200 Meter Dash	Krista Bickley-10	Brandon Valley	24.84
400 Meter Dash	Krista Bickley-10	Brandon Valley	55.80
800 Meter Run	Tori Glazier-11	Custer	2:14.25
1,600 Meter Run	Courtney Klatt-11	Sioux Falls Lincoln	5:00.78
3,200 Meter Run	Cait Savey-11	Beresford	11:14.98
100 Meter Int Hurdles	Emilee Nickel-10	Rapid City Central	14.74
300 Meter Low Hurdles	Elizabeth Schaefer-10	Rapid City Stevens	44.91
4x100 Meter Relay	Rapid City Stevens Lily Parris, 9; Jacey Sawyer, 12 Sophie Hartford, 12; Bailey Carlson, 10		48.38
4x200 Meter Relay	Brandon Valley Kennedy Nuebel, 8; Morgan Thompson, 10 Tanya Tingle, 12; Krista Bickley, 10		1:41.35
4x400 Meter Relay	Brandon Valley Hannah Hendrick, 11; Haylee Waterfall, 11 Kennedy Nuebel, 8; Tanya Tingle, 12		4:01.45
4x800 Meter Relay	Sioux Falls Lincoln Liz Bindert, 10; Caroline Sudbeck, 9 Analise Levesque, 10; Courtney Klatt, 11		9:26.13
Sprint Medley Relay	Brookings Baylee Tetzlaff, 12; Emily Rystrom, 9 Madison Gray, 12; Ellie Abraham, 9		4:10.37
Shot Put	Jordan Menken-12	Custer	44’09.00”
Discus Throw	Jordan Menken-12	Custer	137’07”
High Jump	Carly Haring-10	Mitchell	5’07.00”
Long Jump	Callie DeWitt-12	Sioux Falls O’Gorman	18’06.75”
Triple Jump	Shayla Howell-11	Belle Fourche	39’09.25”
Pole Vault	Whitney Scott-12	Watertown	11’06.00”

GIRLS' "GOLD MEDAL" HONOR ROLL

Most Individual Medals - One Year

Four Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2011)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 s 100m Relay, 4 x 200m Relay – 2003)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

Three Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)
Cortney Dowling, Pierre Riggs – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2014)
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)
Tamara Gorman, RC Stevens – Class "AA" (1600m Run, 3200m Run, 4 x 800m Relay – 2011)
Emily Haar, RC Stevens – Class "AA" (4 x 100m Relay, 4 x 200m Relay, Medley Relay – 2014)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2012)
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)
Alaina Klapperich, RC Central – Class "AA" (100m Dash, 4 x 100m Relay, 4 x 200m Relay – 2015)
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

Relay "Gold Medal Awards" - All-Time

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Medley Relay – 2000; 4 x 800m Relay – 2012, 2013;
Aberdeen Roncalli - 4 x 800m Relay - 1998
Bon Homme -4 x 800m Relay - 1986;
Brandon Valley - 4 x 100m Relay - 1995, 1996; 4 x 200m Relay – 2016, 2017; 4 x 400m Relay – 2014, 2015, 2017; 4 x 200m Relay – 2016; 4 x 800m Relay – 2016;
Brookings - 4 x 800m Relay - 1989; Medley Relay – 1988, 2017; 4 x 100m Relay - 2009
Canton - Medley Relay - 1992;
Chamberlain - Medley Relay – 2001
Custer – Medley Relay - 2015

DeSmet - Medley Relay - 1989
 Herried - 4 x 400m Relay - 1994;
 Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991
 Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998
 Madison – 4 x 100m Relay – 2005; 4 x 400m Relay – 2016;
 Miller - 4 x 200m Relay – 1986;
 Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996
 Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;
 Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990; 4 x 400m Relay – 2013;
 RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003, 2010, 2013; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;
 RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008, 2011, 2012, 2014, 2015, 2017; 4 x 200m Relay - 1987, 1988, 2005, 2010, 2011, 2012, 2014, 2015; 4 x 400m Relay – 2000, 2001, 2002, 2003, 2004, 2006, 2010; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004, 2011, 2014, 2015; Sprint Medley – 2010, 2013, 2014;
 SF Christian – 4 x 200m Relay – 2013;
 SF Lincoln - 4 x 400m Relay - 1986, 1987; 4 x 800 Relay – 2017; Medley Relay – 2003;
 SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;
 SF Roosevelt – 4 x 200m Relay – 2001, 2007, 2009; Medley Relay – 2004, 2005; 4 x 800m Relay – 2007;
 SF Washington - Medley Relay - 1986, 1987, 2009; 4 x 400m Relay - 2009
 Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994; 4 x 400m Relay – 2011
 St. Thomas More – 4 x 100m Relay – 2016; Medley Relay– 2016;
 Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007; 4 x 800m Relay – 2010;
 West Central – 4 x 200m Relay – 2004;
 Watertown - 4 x 200m Relay – 1989, 2006, 2008; 4 x 400 m Relay – 2005, 2007, 2008, 2012; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999, 2011, 2012;
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009

Most Individual “Gold Medal Awards” – Career

Eleven Awards

Megan Trotter, RC Central - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

Ten Awards

Kari Heck, SF Washington – Class “AA” (4 x 400m Relay – 2009; 100m Dash – 2011, 2012; 200m Dash – 2010, 2011, 2012; 400m Dash – 2010, 2011, 2012; Long Jump - 2011)

Jasmyne King, RC Central – Class “AA” (100m Dash – 2007, 2008, 2010; 200m Dash – 2007, 2008; 400m Dash – 2007, 2008; Long Jump – 2007, 2008; 4 x 100m Relay - 2010)

Cherise Thompson, RC Stevens - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

Nine Awards

Jaime Pauli, Milbank - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

Jill Theeler, Mitchell - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

Anne Vollmer, RC Central - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

Eight Awards

Amber Abrams, RC Central - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

Brittany Page, Watertown – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2007, 2008)

Seven Awards

Cortney Dowling, Pierre Riggs – Class “AA” (100m Dash – 2014, 2016; 200m Dash – 2013, 2014, 2016; 400m Dash – 2014; 4 x 400m Relay – 2013)

Allison Eckert, SF Roosevelt – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

Brittany Garner, RC Stevens – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

Shannon Hattervig, RC Stevens – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

Ramsey Kavan, Yankton – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

Julie Schwengler, RC Stevens – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

Heather Sieler, Huron - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

Ann Westby, Brookings - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

Six Awards

Jamie Krautschun, Spearfish - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

Leslie Brost, Watertown – Class “AA” (Pole Vault – 2006, 2007, 2008; 4 x 400m Relay – 2007, 2008; 4 x 200m Relay - 2008)

Hiedi Reed, Canton - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

Barb Riemenschneider, RC Stevens - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

Steph Schueler, SF Lincoln - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

Cori Vining, Huron - Class “AA” (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

Five Awards

Krista Bickley, Brandon Valley – Class “AA” (200m Dash – 2015, 2017; 400m Dash – 2015, 2016, 2017)

Alexis Gannon, Brookings – Class “AA” (Triple Jump – 2011, 2013, 2014; Long Jump – 2012, 2014)

Tamara Gorman, RC Stevens – Class “AA” (1600m Run – 2011; 3200m Run – 2011, 2013, 2014; 4 x 800 Relay – 2011)

Cara Groseth, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kacey Herrmann, RC Stevens – Class “AA” (Medley Relay – 2010; 4 x 100m Relay – 2011, 2012; 4 x 200m Relay – 2011, 2012)

Amy Jensen, Brandon Valley - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

Julie Knight, RC Central - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

Meg Larson, Aberdeen Roncalli - Class “A” (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

Sara Miller, RC Central – Class “AA” (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

Karissa Prpich, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kelly Rhodes, SF Lincoln - Class “AA” (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

Four Awards

Taylor Baker, RC Stevens – Class “AA” (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

Aubrey Baxter, Redfield – Class “A” (Shot Put – 2003, 2004; Discus – 2003, 2004)

Becca Bedard, RC Stevens – Class “AA” (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007, 2008)

Darcy Biers, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

Jodi Bowne, Elkton - Class “B” (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

Colette Christensen, RC Central – Class “AA” (High Jump – 2012, 2013, 2014; Triple Jump – 2012)

Jasmyne Cooper, SF Lincoln – Class “AA”(800m Run-2015, 2016; 1600m Run – 2015, 2016)

Kalie Cox, Watertown – Class “AA” (4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2008)

Krista Creager, Yankton – Class “AA” (800m Run – 2008; Sprint Medley Relay – 2006, 2008 4 x 800m Relay - 2009)

Emily DeVries, RC Stevens – Class “AA” (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)

Tessa Gorsuch, RC Central – Class “AA” (4x100m Relay – 2010, 2013; 100m Hurdles – 2011, 2013)

Emily Haar, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Relay – 2013, 2014)
Shannon Hellman, Douglas – Class “AA” (100m Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)
Megan Hilson, Yankton – Class “AA” (3200m Run – 2008, 2009; 4 x 800m Relay – 2008, 2009)
Sarah Hoffman, Mitchell - Class “AA” (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)
Leia Jackson, RC Central – Class “AA” (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)
Alaina Klapperich, RC Central – Class “AA” (100m Dash – 2015; 4 x 100m Relay – 2013, 2015; 4 x 200m Relay – 2015)
Amanda Kuchta, Yankton – Class “AA” (4 x 800m – 2003, 2005; Medley – 2006)
Althea Meeter, Cheyenne-Eagle Butte - Class “A” (100m Dash, 200m Dash - 1990, 91)
Michelle Mellegaard, Bridgewater - Class “B” (Long Jump - 1993, 95; Triple Jump - 1994, 95;)
Courtney Murray, RC Central – Class “AA” (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)
Stephanie Peterson, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)
Rhonda Sheffield, Highmore - Class “B” (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)
Brittany Stangl, Watertown – Class “AA” (Sprint Medley Relay – 2012; Pole Vault – 2010, 2011, 2012)
Rachel Weinandt, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; Sprint Medley Relay – 2008; 800m Run - 2010)

Three Awards

Alayna Aker, RC Central - Class “AA” (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)
Erica Bakke, Salem - Class “A” (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)
Betsy Bies, Yankton – Class “AA” (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)
Megan Bren, SF Roosevelt – Class “AA” (100m Dash – 2006; 4 x 200m Relay 2007, 2009)
Sydney Daane, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Medley – 2013)
Abby Davis, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Emily Delzer, RC Stevens – Class “AA” (4 x 100m Relay – 2012, 2014; 4 x 200m Relay – 2014)
Anne Doshier, RC Stevens – Class “AA” (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)
Jessica Fox, Watertown - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)
Brooke Garner, RC Stevens – Class “AA” (Shot Put – 2008; Discus Throw – 2007-2008)
Sara Gill, RC Central - Class “AA” (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)
Kayla Gosnell, RC Stevens – Class “AA” (4 x 100m Relay – 2004, 2006, 2007)
Cariss Hauck, Watertown – Class “AA” (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)
Macy Heinz, Ipswich – Class “B” (1600m Run – 2012; 800m Run – 2013, 2014)
Tia Hemiller, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Mariah Hofer, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; 3200m Run – 2010)
Jeana Hoffman, Mitchell – Class “AA” (300m Hurdles – 2001, 2002, 2003)
Hannah Kastigar, Aberdeen Central – (4x800m Relay – 2012, 2013; 1600m Run – 2013)
Lindsey Keck, RC Stevens – Class “AA” (4 x 800m Relay – 1999, 2000, 2001)
Dawn Koehn, Watertown - Class “AA” (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Tamiko Kopfmann, Huron – Class “AA” (Long Jump – 2005, 2006; Triple Jump – 2006)
Beth Mueller, RC Stevens – Class “AA” (4 x 400m Relay – 2002, 2003, 2004)
Kylee Nolan, RC Stevens – Class “AA” (4 x 400m Relay – 2010; Medley Relay – 2010; 4 x 200m Relay - 2011)
Ramsee Pagel, RC Stevens – Class “AA” (4 x 400m Relay – 2000, 2001, 2002)
Mallory Peck, SF O’Gorman – Class “AA” (Pole Vault – 2004, 2005; Triple Jump – 2005)
Emily Person, RC Stevens – Class “AA” (800m Run – 2011; 4 x 800m Relay – 2011, 2014)
Elizabeth Schaefer, RC Stevens – Class “AA” (100m Hurdles – 2016; 300m Hurdles – 2016, 2017)
Janie Sershen, Chester – Class “A” (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)
Ashley Storm, Yankton – Class “AA” (4 x 800m – 2003, 2005, 2006)
Ashley Thompson, RC Stevens – Class “AA” (100m Hurdles – 2012; 300m Hurdles – 2011, 2012)
Beth Wahl, Pierre - Class “AA” (4 x 400m Relay - 1991; High Jump - 1992, 93)

GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS
 (Made under the auspices of the
 South Dakota High School Activities Association at its Annual Track and Field Meet)

100 Meter Dash	1996	Jill Theeler, Mitchell	11.90
200 Meter Dash	2016	Cortney Dowling, Pierre T.F. Riggs	24.27
400 Meter Dash	2016	Krista Bickley, Brandon Valley	54.08
800 Meter Run	2006	Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2009	Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2017	RC Stevens Parris, Sawyer, Hartford, Watson	48.64
4 x 200 Meter Relay	2006	Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	RC Stevens Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	RC Stevens Blackler, Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2017	Brookings Tetzlaff, Rystrom, Gray, Abraham	4:08.57
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	Jasmyne King, Rapid City Central	18'10.75"
Triple Jump	2014	Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	Leslie Brost, Watertown	12'10.00"

Track events listed in meters. Field events listed in feet and inches.
 Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "B" RECORDS

100 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	11.98
200 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	24.85
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2015	Macy Heinz, Ipswich	2:15.17
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	2015	Lauren Sokolowski, Irene-Wakonda	14.64
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2011	Oldham-Ramona/Rutland Olson, Thurow, Hagemann, Carper	49.93
4 x 200 Meter Relay	2009	Rosholt/Fairmount Heesch, Meyer, Anderson, Anderson	1:44.88
4 x 400 Meter Relay	2012	Ipswich Heinz, Lloyd, Gauer, Heinz	4:02.72
4 x 800 Meter Relay	1980	Kadoka Parke, Porch, Parke, Herber	9:41.53
Sprint Medley Relay	2012	Castlewood Little, Johnson, McEldowney, Strait	4:17.36
Shot Put (4kg)	2003	Jocelyn Dockendorf, Corsica	43'03.75"
Discus	2005	Amber Brodersen, Wolsey-Wessington	145'06.00"
High Jump	2017	Gabrielle Renelt, Wilmot	5'06.50"
Long Jump	2009	Christy Schultz, RC Christian	18'09.50"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2009	Calley Worth, Gettysburg	11'03.00"
	2009	Brigitte Gross, Hanson	

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "A" RECORDS

100 Meter Dash	2013	Stachia Reuwsaat, St. Thomas More	12.14
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2017	Caelyn Valandra-Prue, Todd County	56.52
800 Meter Run	2016	Tori Glazier, Custer	2:14.13
1600 Meter Run	1991	Hiedi Reed, Canton	5:03.16
3200 Meter Run	1991	Hiedi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2016	St. Thomas More Kirsch, Carlson, Eckrich, Carlson	49.19
4 x 200 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	1:44.21
4 x 400 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	3:59.52
4 x 800 Meter Relay	2016	Custer Delmont, Sedlacek, Parys, Glazier	9:26.26
Medley Relay	2016	St. Thomas More Kirsch, Eckrich, Kirsch, Cooper	4:10.37
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	2013	Stachia Reuwsaat, St. Thomas More	18'09.50"
Triple Jump	2017	Shayla Howell, Belle Fourche	39'09.25"
Pole Vault	2010	Jessica Koupal, Wagner	11'04.00"

* Indicates overall State Meet record

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GIRLS' CLASS "AA" RECORDS

100 Meter Dash	1996	*Jill Theeler, Mitchell	11.90
200 Meter Dash	2016	*Cortney Dowling, Pierre T.F. Riggs	24.27
400 Meter Dash	2016	*Krista Bickley, Brandon Valley	54.08
800 Meter Run	2006	*Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	*Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2009	*Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2017	*RC Stevens Parris, Sawyer, Hartford, Watson	48.38
4 x 200 Meter Relay	2006	*Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	*RC Stevens Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	*RC Stevens Blackler, Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2017	*Brookings Tetzlaff, Rystrom, Gray, Abraham	4:08.57
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	*Jasmyne King, RC Central	18'10.75"
Triple Jump	2014	*Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	*Leslie Brost, Watertown	12'10.00"

* Indicates overall state meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' STATE CHAMPIONS AND RUNNERS-UP

Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971	Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972	Redfield	Mission

Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974	Wall	Springfield

Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974	Sioux Falls Lincoln	Aberdeen Central

Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>			
1975	Faith	Centerville	1997	Herreid	Hoven
1976	White River	Faith	1998	Faulkton	Elkton
1977	Dakota Christian	Pollock	1999	Chester	Marion
1978	Dakota Christian	White River	2000	Chester	Marion
1979	Frederick	Dakota Christian	2001	Chester	Colman-Egan
1980	Dakota Christian	Frederick	2002	Colman Egan	Bonesteel-Fairfax
1981	Armour	Dakota Christian	2003	Bonesteel-Fairfax	Colman-Egan
1982	Armour	Estelline	2004	Eureka	Colman-Egan
1983	Armour	Eureka	2005	Bonesteel-Fairfax	Bridgewater/Emery
1984	Eureka	Sioux Falls Christian	2006	James Valley Christian	Colman-Egan
1985	Sioux Falls Christian	Eureka	2007	Faulkton	Colman-Egan
1986	Arlington	Eureka	2008	Hanson	Rosholt/Fairmount ND
1987	Arlington	Bridgewater	2009	Hanson	Rosholt/Fairmount ND
1988	Bridgewater	Lake Preston	2010	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1989	Bridgewater	Lake Preston	2011	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1990	Lake Preston	White Lake	2012	Ipswich	Oldham-Ramona/Rutland
1991	Lake Preston	Hoven	2013	Ipswich	Parker
1992	Hoven	Hitchcock	2014	Ipswich	Irene-Wakonda
1993	Doland/Conde	Hoven	2015	Ipswich	Chester Area
1994	Hoven	Baltic	2016	Ipswich	Deubrook Area
1995	Faulkton	Hoven	2017	Deubrook Area	Parker
1996	Hoven	Faulkton			

Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>			
1975	Wall	Freeman	1995	Milbank	Vermillion
1976	Flandreau & Burke (tie)	Freeman	1996	Hot Springs & Milbank	<u>Runner-Up</u>
1977	Freeman	Kimball	1997	Hot Springs	Lennox
1978	Burke	Kimball	1998	Lennox	Garretson
1979	Kimball	Salem	1999	Lennox	Hot Springs
1980	Salem	Freeman	2000	Lennox	Miller
1981	Jefferson	Redfield	2001	Redfield	Lennox
1982	Jefferson	Salem	2002	Winner	Beresford
1983	Jefferson	Custer	2003	Redfield	Beresford
1984	Jefferson	Custer	2004	West Central	Parker
1985	Jefferson	Miller	2005	West Central	Aberdeen Roncalli
1986	Bennett County	Miller	2006	St. Thomas More	Vermillion
1987	Spearfish	Bon Homme	2007	St. Thomas More	Vermillion
1988	Freeman	Milbank	2008	Vermillion	St. Thomas More
1989	Salem	Beresford	2009	St. Thomas More	Wagner
1990	Hot Springs	Madison	2010	Clark/Willow Lake	St. Thomas More
1991	McCook Central	Lennox	2011	West Central	Clark/Willow Lake
1992	Sioux Valley	Madison	2012	West Central	Milbank
1993	Spearfish	Milbank	2013	St. Thomas More	Sioux Falls Christian
1994	Milbank	Madison	2014	Sioux Falls Christian	St. Thomas More

2015	St. Thomas More	Madison	2017	St. Thomas More & Madison	Custer
2016	St. Thomas More	Custer			

Girls' Class "AA" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>			
1975	Sioux Falls Lincoln	Rapid City Stevens	1996	Rapid City Stevens	Aberdeen Central
1976	Sioux Falls Lincoln	Watertown	1997	Rapid City Stevens	Spearfish
1977	Sioux Falls Washington	Watertown	1998	Rapid City Stevens	Huron
1978	Watertown	Brookings	1999	Rapid City Stevens	Huron
1979	Brookings	Watertown	2000	Rapid City Stevens	Huron
1980	Brookings	Watertown	2001	Rapid City Stevens	Rapid City Central
1981	Yankton	Watertown	2002	Rapid City Stevens	Rapid City Central
1982	Yankton	Watertown	2003	Rapid City Stevens	Rapid City Central
1983	Huron	Watertown	2004	Rapid City Stevens	Sioux Falls Roosevelt
1984	Yankton	Sioux Falls Washington	2005	Rapid City Stevens	Sioux Falls Roosevelt
1985	Rapid City Stevens	Sioux Falls Lincoln	2006	Rapid City Stevens	Sioux Falls Roosevelt
1986	Rapid City Stevens	Sioux Falls Lincoln	2007	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2008	Rapid City Stevens	Yankton
1988	Rapid City Stevens	Brookings	2009	Rapid City Central	Sioux Falls Lincoln
1989	Brookings	Rapid City Central	2010	Rapid City Stevens	Yankton
1990	Sturgis	Rapid City Central & Pierre	2011	Rapid City Stevens	Sioux Falls Washington
1991	Rapid City Central	Rapid City Stevens	2012	Rapid City Central	Rapid City Stevens
1992	Rapid City Central	Mitchell	2013	Aberdeen Central	Rapid City Stevens
1993	Rapid City Central	Watertown	2014	Rapid City Stevens	Rapid City Central
1994	Rapid City Central	Spearfish	2015	Rapid City Stevens	Brandon Valley
1995	Yankton	Rapid City Stevens	2016	Sioux Falls Lincoln	Brandon Valley
	<u>Champion</u>	<u>Runner-Up</u>	2017	Sioux Falls Lincoln	Brandon Valley