

**36<sup>th</sup> ANNUAL STATE HIGH SCHOOL  
GIRLS CROSS-COUNTRY CHAMPIONSHIPS**

**4000 METERS ("All Classes - Girls)**

**Yankton Trails Park – Sioux Falls**

**October 22, 2011**

**GIRLS INDIVIDUAL RESULTS**

*(All Times Have Been Recorded F.A.T.)*

**CLASS "B" (Winning Time – 14:54.62 – 116 Runners)**

1. <b>Mindy Kraft</b>	<b>12 Wess. Springs</b>	<b>14:54.62</b>	14. Anna Wolles	10 DR St. Mary	16:02.47
2. Tori Moore	9 Ipswich	15:00.42	15. Reba Aberle	11 Timber Lake	16:02.57
3. Cailey Roth	9 Freeman	15:34.52	16. Tess Byrd	12 Kadoka Area	16:03.52
4. Janae Sampson	10 Arlington	15:45.42	17. Lydia Eagle	11 McIntosh	16:05.87
5. Holly Iwan	11 Philip	15:46.07	18. Chelsie Hall	12 New Underwood	16:06.27
6. Genevieve Clark	8 Gayville-Volin	15:47.07	19. Chloe Nielsen	9 Irene-Wakonda	16:09.97
7. Macy Heinz	7 Ipswich	15:47.52	19. Jenna Schweiss	11 Gettysburg	16:13.07
8. Taylor Loken	9 Ipswich	15:49.12	21. Jana Blue Arm	8 Lemmon	16:19.97
9. Morgan Ham	8 Lemmon	15:52.87	22. Sarah McClure	8 Hoven	16:22.57
10. Savannah Dolezal	10 Estelline	15:57.92	23. Haley Brunke	12 Scotland	16:23.17
11. Megan Burma	12 Sunshine Bible	15:59.52	24. Rebecca Eberts	8 Freeman	16:23.62
12. Tia Carlson	12 Kadoka Area	16:00.47	25. Savannah Schmidt	7 Plankinton	16:24.27
13. Savannah Huntley	9 RC Christian	16:01.92			

**CLASS "A" (Winning Time – 14:49.45 – 125 Runners)**

1. <b>Kelsey Barrett</b>	<b>12 Britton-Hecla</b>	<b>14:49.45</b>	14. Josie Heeren	8 Elk Point-Jeff.	15:25.75
2. Savannah Childers	10 Spearfish	14:49.80	15. Emily Hawkes	9 Madison	15:25.90
3. Erin Nolz	12 Garretson	14:50.40	16. Maci Burke	10 Chamberlain	15:26.10
4. Destiny Beautiful Bald Eagle	9 Cheyenne-EB	14:56.90	17. Karley Konkol	12 Custer	15:26.40
5. Caitlin Gehner	10 Spearfish	14:59.20	18. Audrey Brooks	10 SF Christian	15:28.80
6. Nicolette Schmidt	7 Redfield/Doland	15:00.65	19. Claire Johnson	8 Dakota Valley	15:30.15
7. Hailey Streff	7 Madison	15:06.30	20. Myriam Alcantar Rama	9 Red Cloud	15:34.15
8. Halie McMains	8 Canton	15:07.60	21. Heidi Stoltenburg	8 Elkton-Lake Benton	15:34.40
9. Haley Sage	8 Garretson	15:11.10	22. Rochelle Wynia	12 Platte-Geddes	15:37.50
10. Mikayla Prouty	9 Clark/Willow Lake	15:16.40	23. Leah Deering	10 Custer	15:38.15
11. Anna Byers	9 Chamberlain	15:18.65	24. Teisha Carnicle	9 Garretson	15:39.10
12. Kendra Woytassek	11 Aberdeen Roncalli	15:19.80	25. Mattisen Kelley	9 Custer	15:39.25
12. Gretchen Blain	7 Spearfish	15:19.80			

**CLASS "AA" (Winning Time – 14:19.50 - 109 Runners)**

1. <b>Alex Hess</b>	<b>12 SF Roosevelt</b>	<b>14:19.50</b>	14. Taylar Applegate	9 Sturgis Brown	15:11.20
2. Abbie Harrelson	7 Douglas	14:36.70	15. Naomi Munsen	8 Mitchell	15:11.65
3. Emily Person	9 RC Stevens	14:37.20	16. Shelby Rahn	11 Brandon Valley	15:13.40
4. Jenna Grossenburg	12 Yankton	14:37.75	17. Courtney McCormick	10 RC Central	15:14.70
5. Kaija Nitz	10 Brandon Valley	14:38.15	18. Aspen Iverson	8 Pierre T.F. Riggs	15:14.90
6. Hannah Kastigar	11 Aberdeen Central	14:42.80	19. Coryn Johnson	9 SF Washington	15:17.35
7. Hannah Hearn	10 RC Central	14:44.10	20. Savannah Woods	9 Yankton	15:19.30
8. Adeline Straatmeyer	10 RC Central	14:51.90	21. Kaitlyn Volk	8 Aberdeen Central	15:20.00
9. Whitlee Larson	10 Yankton	14:53.35	22. Baillie Mutchler	10 Sturgis Brown	15:22.90
10. Annie Kruse	10 Yankton	14:56.00	23. Amy Brandt	11 RC Central	15:24.70
11. Emily Berzonsky	9 Brookings	15:02.25	24. Renae Dykstra	10 RC Stevens	15:27.25
12. Rachel Propst	9 Pierre T.F.Riggs	15:03.30	25. Hannah Shaffer	7 Pierre R.F. Riggs	15:30.80
13. Makala Diggs	12 Douglas	15:08.40			

## GIRLS' TEAM POINTS

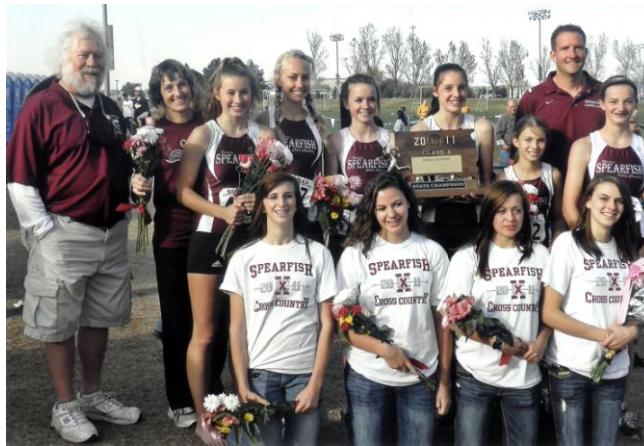


### State Class "B" Cross Country Champions – Ipswich Lady Tigers

*Team members include:* Angela Heinz, Macy Heinz, Taylor Loken, Tori Moore, Autumn Pitz, Alexis Lloyd, Brynn Makela, Tory Makela, Kristi Pond. *Head Coach:* Todd Thorson.

#### CLASS "B"

1.	Ipswich.....	12	11.	Irene-Wakonda .....	105
2.	Kadoka Area .....	42	12.	Plankinton .....	108
3.	Estelline .....	62	13.	James Valley Christian .....	110
4.	Lemmon.....	71	14.	Timber Lake .....	111
5.	Gayville-Volin .....	81	15.	Scotland .....	119
6.	Freeman .....	84	16.	DeSmet .....	125
7.	Gettysburg .....	88	17.	Great Plains Lutheran .....	135
8.	Canistota .....	89	18.	Chester Area .....	137
9.	Philip.....	91	19.	Lyman.....	143
10.	Rapid City Christian .....	104	20.	Northwestern .....	170



### State Class "A" Cross Country Champions – Spearfish Spartans

*Team members include:* Narissa Apland, Gretchen Blain, Shelby Butzlaff, Savannah Childers, Caitlin Gehner, Erika Gengler, Kaycee Johnson, Megan Ladner, Suzi Meyerink, Kellie Morford, Elise Reid, Jozlinn Sanders.  
*Head Coach:* Leann Vette.

#### CLASS "A"

1.	Spearfish.....	41	9.	Canton.....	144
2.	Garretson .....	48	10.	Cheyenne-Eagle Butte .....	146
3.	Madison .....	69	11.	Platte-Geddes.....	170
4.	Custer.....	100	12.	Sioux Falls Christian.....	175
5.	Chamberlain.....	109	13.	Aberdeen Roncalli .....	195
6.	West Central .....	115	14.	St. Thomas More .....	208
7.	Redfield/Doland.....	125	15.	Deuel.....	226
8.	Harrisburg .....	131			



**State Class "AA" Cross Country Champions – Yankton Gazelles**

*Team members include:* Jenna Grossenburg, Whitlee Larson, Annie Kruse, Savannah Woods, Ashtyn Haak, Tristan Roy, Alicia Aune. *Head Coach:* Dave Dannenbring.

**CLASS "AA"**

1. Yankton .....	75	9. Douglas.....	257
2. Rapid City Central .....	88	10. Mitchell.....	263
3. Aberdeen Central .....	134	11. Brookings .....	273
4. Pierre T.F. Riggs.....	135	12. Sioux Falls Roosevelt .....	275
5. Sturgis Brown .....	152	13. Sioux Falls O’Gorman.....	301
6. Rapid City Stevens .....	160	14. Watertown .....	305
7. Brandon Valley.....	163	15. Sioux Falls Lincoln.....	341
8. Sioux Falls Washington.....	233	16. Huron.....	416

**GIRLS’ STATE CROSS COUNTRY MEET RECORDS FOR VARIOUS SITES**

**CLASS "B"**

**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Tessy Brandner, Herreid, 1979
Huron (Meadowbrook Golf Course)	10:49	Suzanne Brockmueller, Freeman Acad, 1981
Mitchell (Lakeview Golf Course)	10:58.39	Kristen Peterson, Arlington, 1998
Pierre (Hillsview Golf Course)	10:57	Nickie Jones, Viborg, 1985
Huron (Broadland Creek Golf Course)	11:56.22	Jenny Aman, Edmunds Central, 1999

**CLASS "B"**

**(4000m)**

Rapid City (Elks Golf Course)	15:40.90	Hilary Krein, Eureka/Bowdle, 2009
Huron (Broadland Creek Golf Course-2000)	15:25.74	Lillie Koerner, Freeman Academy, 2010
Sioux Falls (Yankton Trails Park)	14:54.62	Mindy Kraft, Wessington Springs, 2011

**CLASS "A"**

**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Lenae Reinschmidt, Groton, 1979
Huron (Meadowbrook Golf Course)	10:27	Shelli Koistinen, Spearfish, 1982
Mitchell (Lakeview Golf Course)	10:56	Coni Fritz, Lennox, 1986
Pierre (Hillsview Golf Course)	10:46	Nyla Hoffman, Jefferson, 1985

**(4000m)**

Rapid City (Elks Golf Course)	15:32.90	Kelsey Barrett, Britton-Hecla, 2009
Pierre (Hillsview Golf Course)	15:13.33	Sally Meyer, Madison, 1997
Mitchell (Lakeview Golf Course)	14:11.16	Jessica Donner, Lead, 1998
Huron (Meadowbrook Golf Course)	14:21.70	Jamie Pauli, Milbank, 1993
Huron (Broadland Creek Golf Course)	14:29.77	Salley Meyer, Madison, 1996
Huron (Broadland Creek-effective 2000)	15:09.72	Kelsey Barrett, Britton-Hecla, 2010
Sioux Falls (Yankton Trails Park)	14:49.45	Kelsey Barrett, Britton-Hecla, 2011

## CLASS "AA"

(3000m)

Brookings (Edgebrook Golf Course)	11:00	Cindy Sargent, Rapid City Stevens, 1978
	11:00	Pam Mansheim, Brookings, 1979
Huron (Meadowbrook Golf Course)	10:37	Michelle Taitano, Rapid City Central, 1981
Mitchell (Lakeview Golf Course)	10:54	Lisa Darley, Rapid City Stevens, 1986
Pierre (Hillsview Golf Course)	10:40	Lisa Darley, Rapid City Stevens, 1985

(4,000m)

Rapid City (Elks Golf Course)	14:35.50	Betsy Bies, Yankton, 2005
Pierre (Hillsview Golf Course)	14:45.80	Jaime Kulbel, Yankton, 1994
Mitchell (Lakeview Golf Course)	14:07.30	Anne Vollmer, Rapid City Central, 1992
Huron (Meadowbrook Golf Course)	14:09.90	Tammy Harding, Watertown, 1993
Huron (Broadland Creek Golf Course)	13:12.93	Jessica Fox, Watertown, 1999
Huron (Broadland Creek-effective 2000)	14:22.59	Allison Eckert, SF Roosevelt, 2006
Sioux Falls (Yankton Trails Park)	14:19.50	Alex Hess, SF Roosevelt, 2011

## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Class "B" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	St. Francis	Burke	1994	Faulkton	Bonesteel-Fairfax
1977	Burke	Hill City	1995	Arlington	Gettysburg
1978	Dakota Christian	Kadoka	1996	Faulkton	Herried
1979	Dakota Christian	Hoven	1997	Elkton	Chester
1980	Herried	Hoven	1998	Herreid	Chester
1981	Herried	Hoven	1999	Frederick/Hecla	Elkton
1982	Willow Lake	Dakota Christian	2000	Ipswich	Elkton
1983	Hoven	Garretson	2001	Summit	Ipswich
1984	Hoven	Wall	2002	Eureka	Ipswich
1985	Hoven	Viborg	2003	Eureka	Scotland
1986	Hoven	Arlington	2004	Bonesteel-Fairfax	Ipswich
1987	Hoven	Kadoka	2005	Kimball	South Central
1988	Platte	Hecla	2006	Freeman	Kimball
1989	Hecla	Kadoka	2007	Kadoka	Scotland
1990	Hoven	Kadoka	2008	Kadoka Area	Lemmon
1991	Hitchcock/Tulare	Hoven	2009	Lemmon	Kadoka Area
1992	Hoven	Arlington	2010	Ipswich	Lemmon
1993	Hoven	Hitchcock/Tulare	2011	Ipswich	Kadoka Area

### Girls' Class "A" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	Arlington	Vermillion	1994	Hot Springs	Howard
1977	Arlington	Sioux Valley	1995	Milbank	Custer
1978	St. Francis	Arlington	1996	Lead	Hot Springs
1979	Custer	Lennox	1997	Lead	Hot Springs
1980	Redfield	Jefferson	1998	Hot Springs	Madison
1981	Jefferson	Hot Springs	1999	Garretson	Custer
1982	Jefferson	Spearfish	2000	Madison	Douglas
1983	Spearfish	Jefferson	2001	McCook Central	Madison
1984	Spearfish	Jefferson	2002	McCook Central	Milbank
1985	Milbank	Jefferson	2003	Chamberlain	Garretson
1986	Milbank	Groton	2004	Groton Area	Chamberlain
1987	Lennox	Milbank	2005	Chamberlain	ST More/RC Christian
1988	Lennox	Milbank	2006	Cheyenne-Eagle Butte	Custer
1989	Lennox	Hot Springs	2007	Custer	Cheyenne-Eagle Butte
1990	Lennox	Milbank	2008	Chamberlain	Custer
1991	Spearfish	Lennox	2009	Garretson	Canton
1992	Milbank	Spearfish	2010	Garretson	West Central
1993	Lennox	Milbank	2011	Spearfish	Garretson

## Girls' Class "AA" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	RC Stevens	Pierre	1994	RC Stevens	Watertown
1977	RC Stevens	Pierre	1995	RC Stevens	SF Washington
1978	Huron	Yankton	1996	RC Stevens	Watertown
1979	RC Stevens	Huron	1997	RC Stevens	Spearfish
1980	Brookings	Watertown	1998	RC Stevens	SF O'Gorman
1981	Huron	RC Stevens	1999	RC Stevens	Watertown
1982	Brookings	Huron	2000	RC Stevens	Watertown
1983	Brookings	SF Washington	2001	Watertown	RC Stevens
1984	RC Stevens	SF Lincoln	2002	RC Stevens	Yankton
1985	RC Stevens	Huron	2003	Yankton	RC Stevens
1986	SF O'Gorman	SF Lincoln	2004	Yankton	SF Roosevelt
1987	Huron	SF O'Gorman	2005	Yankton	SF Roosevelt
1988	SF O'Gorman	Huron	2006	Yankton	SF Roosevelt
1989	Huron	SF Lincoln	2007	Yankton	SF Roosevelt
1990	Mitchell	RC Central	2008	SF Roosevelt	Aberdeen Cent/SDBVI
1991	RC Central	RC Stevens	2009	Yankton	SF Roosevelt
1992	RC Central	RC Stevens	2010	Sturgis Brown	Yankton
1993	RC Stevens	Watertown	2011	Yankton	RC Central

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "B"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Julie Tolstedt, Burke	Theresa Young, St. Francis
1977	Julie Tolstedt, Burke	Janean Steffen, Burke
1978	Tess Brandner, Herreid	Sheri Veurink, Dakota Christian
1979	Tess Brandner, Herreid	Suzanne Brockmueller, Freeman Academy
1980	Suzanne Brockmueller, Freeman Academy	Melissa Knoepfle, Herreid
1981	Suzanne Brockmueller, Freeman Academy	Karla Galbraith, RC Stevens
1982	Suzanne Brockmueller, Freeman Academy	Joanne Herber, Kadoka
1983	Suzanne Brockmueller, Freeman Academy	Amy Von Wald, Hoven
1984	Amy Von Wald, Hoven	Jane Fauske, Wall
1985	Nikki Jones, Viborg	Amy Von Wald, Hoven
1986	Linda Groon, Arlington	Christine Mason, Doland
1987	Nikki Jones, Viborg	Kris Pipal, Platte
1988	Nikki Jones, Viborg	Kris Pipal, Platte
1989	Naomi Ireland, Kadoka	Shantel Swedlund, Arlington
1990	Shannon Brenner, Hitchcock/Tulare	Debbie Ferguson, Kadoka
1991	Missy Puffer, Hitchcock/Tulare	Laura Walter, Arlington
1992	Amy Van Dyke, Hoven	Shannon Brenner, Hitchcock/Tulare
1993	Julie Huss, Faulkton	Billie Rae Pistulka, Bonesteel-Fairfax
1994	Billie Rae Pistulka, Bonesteel-Fairfax	Kelly Greve, Jones County
1995	Kristen Peterson, Arlington	Kelly Greve, Jones County
1996	Kristen Peterson, Arlington	Lynn Burge, Marion
1997	Kristen Peterson, Arlington	Stephanie Gebhart, Elkton
1998	Kristen Peterson, Arlington	Jenny Ching, Estelline
1999	Jenny Aman, Edmunds Central	Jeni Ching, Estelline
2000	Jeni Ching, Estelline	Valerie Moore, Ipswich
2001	Melinda Zirbel, Summit	Nicole Zirbel, Summit
2002	Valerie Warnke, Bonesteel-Fairfax	Cami Koehn, Colman-Egan
2003	Nicky Rausch, Hoven/Cresbard	Cami Koehn, Colman-Egan
2004	Emma Erickson, Gayville-Volin	Valerie Warnke, Bonesteel-Fairfax
2005	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2006	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2007	Hilary Krein, Eureka/Bowdle	Courtney Rasmussen, Viborg
2008	Mindy Kraft, Wessington Springs	Shaley Herber, Kadoka Area
2009	Hilary Krein, Eureka/Bowdle	Lydia Eagle, McIntosh
2010	Lillie Koerner, Freeman Academy	Tia Carlson, Kadoka Area
2011	Mindy Kraft, Wessington Springs	Tori Moore, Ipswich

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP

### CLASS "A"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Jane Knutson, Vermillion	Eileen Wounded Shield, Pine Ridge
1977	Eileen Wounded Shield, Pine Ridge	Kathy Nelson, Sioux Valley
1978	Kathy Nelson, Sioux Valley	Bernice Whiting, St. Francis
1979	Lenae Reinschmidt, Groton	Robin Lenocker, Howard
1980	Angie Jungwirth, Redfield	Robin Lenocker, Howard
1981	Nyla Hoffman, Jefferson	Robin Lenocker, Howard
1982	Shelli Koistinen, Spearfish	Mary Schrader, Hot Springs
1983	Shelli Koistinen, Spearfish	Sarah Johnson, Gregory
1984	Lisa Darley, Custer	Sarah Johnson, Gregory
1985	Nyla Hoffman, Jefferson	Stacy Hermans, Milbank
1986	Coni Fritz, Lennox	Michelle Russell, Madison
1987	Coni Fritz, Lennox	Kathy Young, Custer
1988	Heidi Reed, Canton	Coni Fritz, Lennox
1989	Heidi Reed, Canton	Renee Tadstad, Groton
1990	Heidi Reed, Canton	Sally O'Dell, Spearfish
1991	Jamie Pauli, Milbank	Heidi Reed, Canton
1992	Lynn Routh, Spearfish	Catherine Brechtel, Hot Springs
1993	Jamie Pauli, Milbank	Angela Buus, Lennox
1994	Salley Meyer, Madison	Nyla Schroeder, Hot Springs
1995	Jamie Pauli, Milbank	Salley Meyer, Madison
1996	Salley Meyer, Madison	Maren Hanson, Garretson
1997	Salley Meyer, Madison	Jessie Akers, Custer
1998	Jessica Donner, Lead	Salley Meyer, Madison
1999	Amanda Backes, Douglas	Drew Neuharth, Britton
2000	Shannon Daly, Groton	Michelle Rasmussen, Vermillion
2001	Kari Schaefer, Madison	Shannon Daly, Groton
2002	Emilee Barnes, Alcester-Hudson	Karie Schaefer, Madison
2003	Sierra McCauley, Dakota Valley	Robin Webber, Pine Ridge
2004	Robin Webber, Pine Ridge	Caitlin Friesz, Mobridge
2005	Alida Oegema, St. Thomas More/RC Christian	Laura Wolles, Chester Area
2006	Jordan Wohlleber, Cheyenne-Eagle Butte	Miranda Kobes, Beresford
2007	Kelsey Barrett, Britton-Hecla	Jordan Wohlleber, Cheyenne-Eagle Butte
2008	Lottie Grimshaw, Todd County	Kelsey Barrett, Britton-Hecla
2009	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2010	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2011	Kelsey Barrett, Britton-Hecla	Savannah Childers, Spearfish

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP

### CLASS "AA"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Cindy Sargent, RC Stevens	Brenda Michel, RC Central
1977	Cindy Sargent, RC Stevens	Kay Stormo, Watertown
1978	Cindy Sargent, RC Stevens	Cindy Gallagher, Yankton
1979	Pam Mansheim, Brookings	Cindy Gallagher, Yankton
1980	Traci Fie, Watertown	Brenda Wright, Milbank
1981	Michelle Taitano, RC Central	Karla Galbraith, RC Stevens
1982	Julie Pederson, SF O’Gorman	Allison Laack, SF Washington
1983	Kristi Rieger, SF Washington	Jody Dybing, Brookings
1984	Tammy Feltman, SF Lincoln	Theresa Moss, Flandreau Indian
1985	Lisa Darley, RC Stevens	Monica Hulstein, SF Washington
1986	Lisa Darley, RC Stevens	Ann Westby, Brookings
1987	Karla Hay, SF O’Gorman	Kim Puterbaugh, Huron
1988	Ann Westby, Brookings	Marcie Dawson, Brookings
1989	Marcie Dawson, Brookings	Susie Kerkaert, SF Lincoln
1990	Tammy Harding, Watertown	Susie Kerkaert, SF Lincoln
1991	Anne Vollmer, RC Central	Lisa Weltzer, RC Stevens
1992	Anne Vollmer, RC Central	Nikki Arp, RC Central
1993	Tammy Harding, Watertown	Amy Boke, Spearfish
1994	Jaime Kulbel, Yankton	Ruthanne Anderson, RC Stevens
1995	Jenna Lucas, RC Stevens	Erin Fields, RC Stevens
1996	Jessica Fox, Watertown	Emily Fleming, SF O’Gorman
1997	Jenna Lucas, RC Stevens	Erin Klein, SF O’Gorman
1998	Jessica Fox, Watertown	Jennie Buller, Yankton
1999	Jessica Fox, Watertown	Kaylee Keating, SF Roosevelt
2000	Steph Richardson, RC Stevens	Kaylee Keating, SF Roosevelt
2001	Amy Lindner, SF O’Gorman	Nichol Deckert, RC Central
2002	Ramsey Kavan, Yankton	Krista Eckert, SF O’Gorman
2003	Ramsey Kavan, Yankton	Nichol Deckert, RC Stevens
2004	Ramsey Kavan, Yankton	Krista Eckert, SF Roosevelt
2005	Betsy Bies, Yankton	Allison Eckert, SF Roosevelt
2006	Allison Eckert, SF Roosevelt	Betsy Bies, Yankton
2007	Madeleine Takahashi, Sturgis Brown	Bailey Breems, SF Roosevelt
2008	Megan Hilson, Yankton	Seanna Kautz, SF Roosevelt
2009	Madeleine Takahashi, Sturgis Brown	Megan Hilson, Yankton
2010	Tamara Gorman, RC Stevens	Courtney Neubert, Aberdeen Central/SDBVI
2011	Alex Hess, SF Roosevelt	Abbie Harrelson, Douglas