

**51st ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**

Sioux Falls – May 24-25, 2019

Class "B"

(Total Participants = 436)

Girls 100 Meter Dash

| | | |
|-------------------------|-----------------------|-------|
| 1 Valandra-Prue, Caelyn | 10 White River | 12.39 |
| 2 Larson, Makenna | 11 Chester Area | 12.39 |
| 3 Roth, Dayna | 12 Freeman | 12.48 |
| 4 Brown, Courtney | 9 DR St. Mary | 12.76 |
| 5 Kline, Lydia | 11 Aberdeen Christian | 12.80 |
| 6 Heinitz, Ella | 10 DR St. Mary | 12.85 |
| 7 Patrick, Carly | 7 Alcester-Hudson | 13.12 |
| 8 Leiferman, Kennedy | 10 Kimball/White Lake | 13.24 |

Girls 200 Meter Dash

| | | |
|-------------------------|-----------------------|-------|
| 1 Valandra-Prue, Caelyn | 10 White River | 25.60 |
| 2 Larson, Makenna | 11 Chester Area | 25.64 |
| 3 Jones, Cerington | 10 New Underwood | 25.97 |
| 4 Roth, Dayna | 12 Freeman | 26.02 |
| 5 Mousel, Josie | 8 Colman-Egan | 26.56 |
| 6 Vandermeer, Ashley | 12 Deubrook Area | 26.67 |
| 7 Kline, Lydia | 11 Aberdeen Christian | 26.85 |
| 8 Heinitz, Ella | 10 DR St. Mary | 26.88 |

Girls 400 Meter Dash

| | | |
|-------------------------|-----------------------|---------|
| 1 Jones, Cerington | 10 New Underwood | 58.31 |
| 2 Valandra-Prue, Caelyn | 10 White River | 58.33 |
| 3 Heinitz, Ella | 10 DR St. Mary | 1:01.29 |
| 4 Nagel, Shalayne | 8 Avon | 1:02.50 |
| 5 Everson, Mackenzie | 8 Castlewood | 1:03.15 |
| 6 Klein, Vanessa | 9 Tri-State | 1:03.23 |
| 7 Kline, Lydia | 11 Aberdeen Christian | 1:03.87 |
| 8 Hansen, Tori | 12 Viborg-Hurley | 1:05.37 |

Girls 800 Meter Run

| | | |
|-------------------------|--------------------------|---------|
| 1 Valandra-Prue, Caelyn | 10 White River | 2:21.93 |
| 2 Olsen, Josie | 12 Deubrook Area | 2:22.64 |
| 3 Menning, Courtney | 12 Corsica-Stickney | 2:25.20 |
| 4 Moschell, Alyssa | 7 Hanson | 2:25.22 |
| 5 Streff, Cami | 12 Chester Area | 2:25.72 |
| 6 Wieting, Karilyn | 9 James Valley Christian | 2:26.90 |
| 7 Gaulke, Christine | 8 Kimball/White Lake | 2:29.17 |
| 8 Everson, Mackenzie | 8 Castlewood | 2:30.39 |

Girls 1600 Meter Run

| | | |
|---------------------|----------------------|---------|
| 1 Brouwer, Isabella | 8 Andes Cent/Dak Chr | 5:21.81 |
| 2 Fairley, Maddy | 9 Gayville-Volin | 5:23.56 |
| 3 Olsen, Josie | 12 Deubrook Area | 5:31.06 |
| 4 Dugan, Jolie | 8 Jones County | 5:35.36 |
| 5 Streff, Cami | 12 Chester Area | 5:36.11 |
| 6 Steger, Aleah | 12 Ipswich | 5:37.17 |
| 7 Olsen, Ellie | 8 Deubrook Area | 5:40.20 |
| 8 Moschell, Alyssa | 7 Hanson | 5:40.53 |

Girls 3200 Meter Run

| | | |
|------------------------|-----------------------|----------|
| 1 Fairley, Maddy | 9 Gayville-Volin | 11:31.08 |
| 2 Brouwer, Isabella | 8 Andes Cent/Dak Chr | 11:51.18 |
| 3 Zirbel, Victoria | 11 Dakota Hills | 11:59.85 |
| 4 Dugan, Jolie | 8 Jones County | 12:05.87 |
| 5 Olsen, Ellie | 8 Deubrook Area | 12:11.65 |
| 6 Boekelheide, Jessica | 9 Northwestern | 12:19.11 |
| 7 Koerner, Jada | 8 Freeman Acad/Marion | 12:25.07 |
| 8 Zirbel, Madison | 7 Dakota Hills | 12:39.23 |

Girls 100 Meter Hurdles

| | | |
|-----------------------|------------------------|-------|
| 1 Leidholt, Sydney | 12 Warner | 15.26 |
| 2 Richards, Holly | 12 Viborg-Hurley | 15.52 |
| 3 Sokolowski, Shannon | 12 Irene-Wakonda | 15.58 |
| 4 Hemmer, Mackenzie | 9 Colman-Egan | 15.83 |
| 5 Johnson, Sophie | 11 Estelline/Hendricks | 16.18 |
| 6 Wittler, Stevie | 7 Sully Buttes | 16.21 |
| 7 Pitlick, Autumn | 11 Potter County | 16.25 |
| 8 Wiebers, Portia | 9 New Underwood | 17.15 |

Girls 300 Meter Hurdles

| | | |
|-----------------------|------------------|-------|
| 1 DeBeer, Shaylee | 12 Deubrook Area | 46.72 |
| 2 Leidholt, Sydney | 12 Warner | 46.78 |
| 3 Sokolowski, Shannon | 12 Irene-Wakonda | 47.23 |
| 4 Wiebers, Portia | 9 New Underwood | 48.69 |
| 5 Vetch, Abby | 11 Faulkton Area | 48.75 |
| 6 Fuhrmann, Josie | 12 Freeman | 49.21 |
| 7 Hemmer, Mackenzie | 9 Colman-Egan | 49.33 |
| 8 Wittler, Stevie | 7 Sully Buttes | 49.72 |

Girls 4x100 Meter Relay

| | | |
|--------------------------|------------------------|-------|
| 1 Colman-Egan | | 51.50 |
| 1) Baumberger, Olivia 10 | 2) Moore, Elizabeth 10 | |
| 3) Lee, Daniela 7 | 4) Mousel, Josie 8 | |
| 2 Ipswich | | 51.64 |
| 3 Chester Area | | 51.65 |
| 4 Viborg-Hurley | | 52.34 |
| 5 Corsica-Stickney | | 52.61 |
| 6 Sully Buttes | | 52.84 |
| 7 Estelline/Hendricks | | 53.55 |
| 8 Irene-Wakonda | | 54.23 |

Girls 4x200 Meter Relay

| | | |
|------------------------|------------------------|---------|
| 1 New Underwood | | 1:48.50 |
| 1) Schaub, Juli 10 | 2) Wiebers, Portia 9 | |
| 3) Hanks, Jae 12 | 4) Jones, Cerington 10 | |
| 2 Colman-Egan | | 1:49.12 |
| 3 Avon | | 1:50.18 |
| 4 Ipswich | | 1:50.20 |
| 5 Viborg-Hurley | | 1:50.56 |
| 6 Corsica-Stickney | | 1:51.63 |
| 7 Tripp-Delmont/Armour | | 1:53.16 |
| 8 Potter County | | 1:53.95 |

Girls 4x400 Meter Relay

| | | |
|-----------------|--|---------|
| 1 Deubrook Area | | 4:10.98 |
|-----------------|--|---------|

| | | |
|--------------------------|------------------------|---------|
| 1) Olsen, Josie 12 | 2) Moravetz, Miranda 8 | |
| 3) Vandermeer, Ashley 12 | 4) DeBeer, Shaylee 12 | |
| 2 Chester Area | | 4:11.66 |
| 3 Avon | | 4:12.83 |
| 4 Ipswich | | 4:13.60 |
| 5 Corsica-Stickney | | 4:19.66 |
| 6 Hanson | | 4:19.84 |
| 7 Estelline/Hendricks | | 4:21.34 |
| 8 Sunshine Bible Academy | | 4:23.19 |

Girls 4x800 Meter Relay

| | | |
|--------------------------|-----------------------|----------|
| 1 Deubrook Area | | 9:48.59 |
| 1) Olsen, Ellie 8 | 2) DeBeer, Shaylee 12 | |
| 3) Vandermeer, Andrea 10 | 4) Olsen, Josie 12 | |
| 2 Ipswich | | 10:00.90 |
| 3 Kimball/White Lake | | 10:14.44 |
| 4 Hanson | | 10:23.86 |
| 5 Wolsey-Wessington | | 10:23.93 |
| 6 Newell | | 10:26.47 |
| 7 Howard | | 10:28.11 |
| 8 Bridgewater-Emery | | 10:31.31 |

Girls 1600 Sprint Medley

| | | |
|----------------------------------|------------------------|---------|
| 1 Kimball/White Lake | | 4:25.88 |
| 1) Deffenbaugh, Dani 8 | 2) Grussing, Ryann 8 | |
| 3) Leiferman, Kennedy 10 | 4) Gaulke, Christine 8 | |
| 2 Andes Central/Dakota Christian | | 4:32.58 |
| 3 Newell | | 4:32.60 |
| 4 Gregory | | 4:33.44 |
| 5 Ipswich | | 4:34.91 |
| 6 Lake Preston | | 4:37.28 |
| 7 Sully Buttes | | 4:37.67 |
| 8 Avon | | 4:40.39 |

Girls Shot Put

| | | |
|----------------------|------------------------|----------|
| 1 Wittler, Lauren | 12 Sully Buttes | 39-01.00 |
| 2 Heinz, Kamryn | 12 Ipswich | 38-05.00 |
| 3 Hawley, Kaytlyn | 11 Estelline/Hendricks | 37-11.75 |
| 4 VandenHoek, Randa | 11 Kimball/White Lake | 37-07.75 |
| 5 Youngberg, Dana | 12 Newell | 37-02.00 |
| 6 Muckey, Sidney | 12 Andes Cent/Dak Chr | 36-08.25 |
| 7 VanOsdel, Kayla | 10 Gayville-Volin | 36-03.00 |
| 8 McLaughlin, Cooper | 12 Wall | 35-11.50 |

Girls Discus Throw

| | | |
|-----------------------|-----------------------|--------|
| 1 VanOsdel, Kayla | 10 Gayville-Volin | 125-04 |
| 2 Guthmiller, Angela | 11 Sully Buttes | 125-00 |
| 3 Schwebach, Maddie | 12 DR St. Mary | 122-08 |
| 4 Medicine Horn, Tyra | 12 Andes Cent/Dak Chr | 119-10 |
| 5 Vitek, Bella | 11 Scotland | 119-00 |
| 6 Moses, Kiarra | 10 Philip | 117-11 |
| 7 VanDriel, Delanie | 9 Scotland | 115-10 |
| 8 Zell, Mackenzie | 10 De Smet | 113-04 |

Girls High Jump

| | | |
|-------------------|---------------|---------|
| 1 Mousel, Josie | 8 Colman-Egan | 5-04.00 |
| 2 Carlson, Hadley | 9 Arlington | 5-03.00 |
| 3 Kizer, Madison | 11 Howard | 5-01.00 |

| | | |
|---------------------|------------------------|---------|
| 3 Matucha, Lahna | 12 Burke | 5-01.00 |
| 3 Broughton, Avery | 8 Corsica-Stickney | 5-01.00 |
| 6 Melius, Peyton | 10 Faulkton Area | 5-01.00 |
| 7 Pankratz, Oddy | 10 Freeman Acad/Marion | 5-01.00 |
| 8 Buchholz, Kennedy | 9 De Smet | 4-11.00 |

Girls Long Jump

| | | |
|----------------------|------------------|----------|
| 1 Baumberger, Olivia | 10 Colman-Egan | 16-10.00 |
| 2 Sees, Lauren | 12 Avon | 16-06.75 |
| 3 Gaston, Lily | 11 Ipswich | 16-01.25 |
| 4 Vandermeer, Ashley | 12 Deubrook Area | 15-11.25 |
| 5 Goergen, Karlie | 8 Hanson | 15-08.75 |
| 6 Sees, Courtney | 7 Avon | 15-08.25 |
| 7 Huber, Morgan | 11 Hanson | 15-07.25 |
| 8 Weber, Megan | 11 Eureka/Bowdle | 15-05.75 |

Girls Triple Jump

| | | |
|----------------------|------------------|----------|
| 1 DeBeer, Shaylee | 12 Deubrook Area | 36-02.00 |
| 2 Vandermeer, Ashley | 12 Deubrook Area | 34-07.25 |
| 3 Gaston, Lily | 11 Ipswich | 34-04.75 |
| 4 Alexander, Austin | 11 Newell | 34-01.25 |
| 5 Hemmer, Mackenzie | 9 Colman-Egan | 33-11.00 |
| 6 Burtzlaff, Lexa | 10 Newell | 33-10.50 |
| 7 Eide, Sophie | 9 Centerville | 33-08.75 |
| 8 Geier, Krystal | 10 Eureka/Bowdle | 33-04.75 |

Girls Pole Vault

| | | |
|----------------------|------------------------|----------|
| 1 Nefzger, Christine | 11 Estelline/Hendricks | 10-09.00 |
| 2 Maurer, Taylor | 12 Ipswich | 10-06.00 |
| 3 Evans, Mckenzie | 11 Ipswich | 10-00.00 |
| 4 Johnson, Sophie | 11 Estelline/Hendricks | 9-06.00 |
| 5 Haufschild, Jayna | 12 Arlington | 9-00.00 |
| 6 Edelman, Morgan | 10 Menno | 8-06.00 |
| 6 Ochsner, Laura | 12 Warner | 8-06.00 |
| 8 Binde, Olivia | 7 Scotland | 8-00.00 |

**51st ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Tea & Sioux Falls – May 24-25, 2019
Class "A"
(Total Participants = 390)**

Girls 100 Meter Dash

| | | |
|------------------------|-------------------------|-------|
| 1 Peters, Karley | 12 Parker | 12.11 |
| 2 Pulse, Jacy | 11 McCook Cent/Montrose | 12.42 |
| 3 Walker, Meghan | 9 SF Christian | 12.44 |
| 4 Bertram, Ashtyn | 12 Flandreau | 12.63 |
| 5 Benson, Ciara | 11 St. Thomas More | 12.69 |
| 6 Even, Lexi | 9 Parker | 12.74 |
| 7 Fiedler, Morgan | 9 Aberdeen Roncalli | 12.86 |
| 8 Engebretson, Kaetlyn | 12 Platte-Geddes | 13.22 |

Girls 200 Meter Dash

| | | |
|-------------------|-------------------------|-------|
| 1 Pulse, Jacy | 11 McCook Cent/Montrose | 25.37 |
| 2 Peters, Karley | 12 Parker | 25.53 |
| 3 Walker, Meghan | 9 SF Christian | 25.97 |
| 4 Even, Lexi | 9 Parker | 26.33 |
| 5 Benson, Ciara | 11 St. Thomas More | 26.79 |
| 6 Huff, Rylie | 7 Sisseton | 26.85 |
| 7 Davis, Calli | 11 Elk Point-Jefferson | 26.86 |
| 8 Bertram, Ashtyn | 12 Flandreau | 42.63 |

Girls 400 Meter Dash

| | | |
|--------------------|--------------------------|---------|
| 1 Cooper, Kaci | 11 St. Thomas More | 57.50 |
| 2 Timmer, Haleigh | 10 St. Thomas More | 58.35 |
| 3 Walker, Meghan | 9 SF Christian | 59.70 |
| 4 Wahlstrom, Josey | 9 Custer | 1:00.66 |
| 5 Davis, Calli | 11 Elk Point-Jefferson | 1:00.73 |
| 6 Holter, Ally | 12 Platte-Geddes | 1:00.92 |
| 7 Rihanek, Dacey | 11 Mt. Vernon/Plankinton | 1:01.68 |
| 8 Brady, Rachel | 12 Vermillion | 1:02.43 |

Girls 800 Meter Run

| | | |
|-----------------------|-------------------------|---------|
| 1 Cooper, Kaci | 11 St. Thomas More | 2:22.33 |
| 2 Timmer, Haleigh | 10 St. Thomas More | 2:22.76 |
| 3 Delmont, Mallory | 11 Custer | 2:25.71 |
| 4 Tyler, Lizzie | 8 Wagner | 2:27.47 |
| 5 Atwood, Anna | 9 Beresford | 2:28.64 |
| 6 Fischer, Harley | 11 Belle Fourche | 2:28.75 |
| 7 Engelland, Berkeley | 7 Mt. Vernon/Plankinton | 2:29.39 |
| 8 Bogue, Laura | 10 Beresford | 2:29.91 |

Girls 1600 Meter Run

| | | |
|--------------------|---------------|---------|
| 1 Bainbridge, Ali | 8 Lennox | 5:10.54 |
| 2 Delmont, Mallory | 11 Custer | 5:21.27 |
| 3 Simmons, Karlee | 12 Hill City | 5:22.81 |
| 4 Tyler, Lizzie | 8 Wagner | 5:23.11 |
| 5 Dooley, Kadense | 9 Custer | 5:23.26 |
| 6 Schuyler, Sidra | 9 Winner | 5:23.93 |
| 7 Cutler, Abby | 7 Hill City | 5:25.19 |
| 8 Hough, Allison | 8 Chamberlain | 5:25.34 |

Girls 3200 Meter Run

| | | | | |
|---|--------------------|----|-----------|----------|
| 1 | Bainbridge, Ali | 8 | Lennox | 11:21.61 |
| 2 | Simmons, Karlee | 12 | Hill City | 11:35.54 |
| 3 | Cutler, Abby | 7 | Hill City | 11:45.34 |
| 4 | Hanka, Janean | 12 | Hill City | 11:47.24 |
| 5 | Oesterling, Sierra | 8 | Custer | 11:51.12 |
| 6 | Ecoffey, Jade | 8 | Red Cloud | 11:54.18 |
| 7 | Schuyler, Sidida | 9 | Winner | 12:00.06 |
| 8 | Dooley, Kadense | 9 | Custer | 12:10.61 |

Girls 100 Meter Hurdles

| | | | | |
|---|--------------------|----|-----------------------|-------|
| 1 | Pulse, Jacy | 11 | McCook Cent/Montrose | 14.81 |
| 2 | Schmeichel, Averi | 10 | West Central | 14.82 |
| 3 | Risseeuw, Savannah | 12 | Mt. Vernon/Plankinton | 15.48 |
| 4 | Sullivan, Skylar | 11 | St. Thomas More | 15.98 |
| 5 | Jurgens, Raelin | 12 | Parker | 15.99 |
| 6 | Pruis, Caitlyn | 11 | SF Christian | 16.07 |
| 7 | Fernholz, Kayde | 11 | Miller | 16.11 |
| 8 | Ecoffey, Echo | 12 | Red Cloud | 16.50 |

Girls 300 Meter Hurdles

| | | | | |
|---|--------------------|----|-----------------------|-------|
| 1 | Pulse, Jacy | 11 | McCook Cent/Montrose | 44.67 |
| 2 | Schmeichel, Averi | 10 | West Central | 46.19 |
| 3 | Risseeuw, Savannah | 12 | Mt. Vernon/Plankinton | 48.02 |
| 4 | Brooks, Abby | 10 | Madison | 48.42 |
| 5 | Thue, Taylor | 12 | Milbank | 48.57 |
| 6 | Dyke, Mary | 11 | St. Thomas More | 48.70 |
| 7 | Grantham, Chloe | 12 | Hamlin | 49.33 |
| 8 | Long, Avany | 12 | Chamberlain | 49.80 |

Girls 4x100 Meter Relay

| | | |
|---|-----------------------|----------------------|
| 1 | Parker | 50.06 |
| | 1) Jurgens, Raelin 12 | 2) Even, Lexi 9 |
| | 3) Mohr, Rayna 11 | 4) Peters, Karley 12 |
| 2 | West Central | 51.33 |
| 3 | St. Thomas More | 51.47 |
| 4 | Vermillion | 52.02 |
| 5 | Madison | 52.08 |
| 6 | Dell Rapids | 52.12 |
| 7 | Beresford | 52.13 |
| 8 | Belle Fourche | 52.41 |

Girls 4x200 Meter Relay

| | | |
|---|-----------------------|----------------------|
| 1 | Parker | 1:45.77 |
| | 1) Even, Lexi 9 | 2) Mohr, Rayna 11 |
| | 3) Travnicek, Ellie 9 | 4) Peters, Karley 12 |
| 2 | St. Thomas More | 1:46.02 |
| 3 | West Central | 1:48.30 |
| 4 | SF Christian | 1:48.78 |
| 5 | Beresford | 1:49.03 |
| 6 | Mt. Vernon/Plankinton | 1:49.60 |
| 7 | Flandreau | 1:49.90 |
| 8 | Hill City | 1:52.27 |

Girls 4x400 Meter Relay

| | | |
|---|------------------|------------------------|
| 1 | St. Thomas More | 4:07.31 |
| | 1) Dyke, Mary 11 | 2) Sullivan, Skylar 11 |

| | | |
|-------------------------|--------------------|---------|
| 3) Timmer, Haleigh 10 | 4) Cooper, Kaci 11 | |
| 2 Platte-Geddes | | 4:12.76 |
| 3 Beresford | | 4:13.48 |
| 4 Milbank | | 4:15.02 |
| 5 Redfield/Doland | | 4:15.20 |
| 6 Mt. Vernon/Plankinton | | 4:15.71 |
| 7 Lennox | | 4:16.18 |
| 8 West Central | | 4:16.89 |

Girls 4x800 Meter Relay

| | | |
|-----------------------|----------------------|----------|
| 1 Lennox | | 9:38.65 |
| 1) Ruud, Alicia 9 | 2) Plucker, Emily 8 | |
| 3) Fillipi, Rianna 11 | 4) Bainbridge, Ali 8 | |
| 2 Custer | | 9:46.73 |
| 3 Winner | | 10:02.54 |
| 4 Beresford | | 10:05.40 |
| 5 Hill City | | 10:09.27 |
| 6 SF Christian | | 10:14.67 |
| 7 Flandreau | | 10:15.33 |
| 8 RC Christian | | 10:22.19 |

Girls 1600 Sprint Medley

| | | |
|-------------------------|------------------------|---------|
| 1 Custer | | 4:21.46 |
| 1) Whitaker, Goldie 9 | 2) Gaulke, Sydney 10 | |
| 3) Wahlstrom, Josey 9 | 4) Delmont, Mallory 11 | |
| 2 Lennox | | 4:22.19 |
| 3 Mt. Vernon/Plankinton | | 4:28.79 |
| 4 Hill City | | 4:29.97 |
| 5 Chamberlain | | 4:32.74 |
| 6 Bennett County | | 4:33.05 |
| 7 Flandreau | | 4:33.09 |
| 8 West Central | | 4:34.50 |

Girls Shot Put

| | | |
|-----------------------|--------------------------|----------|
| 1 Kortemeyer, Kellyn | 9 Custer | 43-01.25 |
| 2 Curry, Kenna | 11 Elk Point-Jefferson | 41-11.50 |
| 3 Gustafson, Karly | 12 Ethan/Parkston | 39-02.75 |
| 4 Briggs, Katlyn | 11 Mt. Vernon/Plankinton | 38-00.75 |
| 5 Masterson, Cheyanne | 11 West Central | 37-10.50 |
| 6 Boden, Aubrey | 12 Beresford | 37-06.00 |
| 7 Archambault, Devon | 11 McLaughlin | 36-06.75 |
| 8 Hodges, Juliana | 10 Madison | 36-06.00 |

Girls Discus Throw

| | | |
|---------------------|--------------------------|---------|
| 1 Curry, Kenna | 11 Elk Point-Jefferson | 136-08 |
| 2 Leiseth, Gracelyn | 8 Hamlin | 127-00 |
| 3 Briggs, Katlyn | 11 Mt. Vernon/Plankinton | 121-06 |
| 4 Boden, Cali | 12 Beresford | 120-06 |
| 5 Peterson, Kelsey | 11 Aberdeen Roncalli | J120-06 |
| 6 Handel, Mady | 12 Chamberlain | 119-00 |
| 7 Wadsworth, Kami | 8 Hamlin | 111-04 |
| 8 Thompson, Elle | 12 Flandreau | 104-08 |

Girls High Jump

| | | |
|-------------------|-----------------|---------|
| 1 Niles, Jessica | 11 Beresford | 5-03.00 |
| 2 Prouty, McKenna | 10 Hamlin | 5-03.00 |
| 3 Unruh, Lexi | 10 SF Christian | 5-00.00 |
| 3 Fernholz, Kayde | 11 Miller | 5-00.00 |

| | | |
|--------------------|----------------------|---------|
| 3 VanDenHul, Jorja | 8 Dakota Valley | 5-00.00 |
| 6 Braning, Aspen | 11 Belle Fourche | 5-00.00 |
| 7 Sachtjen, Kelsey | 9 Winner | 4-10.00 |
| 8 Hanson, Abby | 11 Aberdeen Roncalli | 4-10.00 |

Girls Long Jump

| | | |
|---------------------|---------------------|----------|
| 1 Schmeichel, Averi | 10 West Central | 17-02.25 |
| 2 Fiedler, Morgan | 9 Aberdeen Roncalli | 16-11.00 |
| 3 Long, Avany | 12 Chamberlain | 16-03.00 |
| 4 Heiberger, Hannah | 11 Dell Rapids | 16-00.75 |
| 5 Mohr, Cierra | 10 Parker | 15-08.50 |
| 6 McInerney, Kenzie | 10 Groton Area | 15-08.25 |
| 7 Anderson, Morgan | 11 Madison | 15-08.00 |
| 8 Jensen, Bella | 10 Belle Fourche | 15-07.00 |

Girls Triple Jump

| | | |
|--------------------|-------------------------|----------|
| 1 Brozik, Ellie | 9 Winner | 36-02.00 |
| 2 Jensen, Bella | 10 Belle Fourche | 35-05.50 |
| 3 Ecoffey, Echo | 12 Red Cloud | 34-05.00 |
| 4 Ziebart, Allison | 9 Ethan/Parkston | 34-02.50 |
| 5 Schwartz, Kamryn | 9 Sioux Valley | 34-02.00 |
| 6 Mouw, Sydney | 12 Tea Area | 34-01.25 |
| 7 Krouse, Jocelyn | 12 McCook Cent/Montrose | 33-02.00 |
| 8 Mohr, Cierra | 10 Parker | 32-11.50 |

Girls Pole Vault

| | | |
|--------------------|-------------------|----------|
| 1 Wahlstrom, Josey | 9 Custer | 9-06.00 |
| 2 Krcil, Britney | 12 Wagner | 9-00.00 |
| 2 Snaza, Greta | 10 Milbank | 9-00.00 |
| 2 Witt, Annie | 9 Webster Area | 9-00.00 |
| 5 Hamann, Kenzie | 11 Deuel | 8-06.00 |
| 6 Miiller, Mollie | 12 Ethan/Parkston | J8-06.00 |
| 7 Kint, Allison | 10 Tea Area | J8-06.00 |
| 7 Richie, Abby | 11 Webster Area | J8-06.00 |

**51st ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Brandon & Sioux Falls – May 24-25, 2019
Class "AA"
(Total Participants = 387)**

Girls 100 Meter Dash

| | | | |
|---|------------------|------------------|-------|
| 1 | Kinney, Erin | 11 Harrisburg | 11.86 |
| 2 | Boomsma, Jaiden | 11 Yankton | 12.27 |
| 3 | Young, Hannah | 12 RC Central | 12.42 |
| 4 | Watson, Kyah | 11 RC Stevens | 12.54 |
| 5 | Kur, Nyanas | 10 SF Washington | 12.65 |
| 6 | Petterson, Laura | 11 SF Washington | 12.69 |
| 7 | Tietz, Sophie | 11 Watertown | 12.77 |
| 8 | Tracy, Mikayla | 12 Spearfish | 12.78 |

Girls 200 Meter Dash

| | | | |
|---|--------------------|---------------------|-------|
| 1 | Kinney, Erin | 11 Harrisburg | 24.56 |
| 2 | Bickley, Krista | 12 Brandon Valley | 24.97 |
| 3 | Watson, Kyah | 11 RC Stevens | 25.60 |
| 4 | Young, Hannah | 12 RC Central | 25.70 |
| 5 | Boomsma, Jaiden | 11 Yankton | 26.01 |
| 6 | Jerstad, Elizabeth | 10 SF Lincoln | 26.50 |
| 7 | Jackley, Isabella | 7 Pierre T.F. Riggs | 26.76 |
| 8 | Burke, Alyssa | 11 RC Central | 26.88 |

Girls 400 Meter Dash

| | | | |
|---|------------------------|---------------------|---------|
| 1 | Bickley, Krista | 12 Brandon Valley | 56.79 |
| 2 | Mwentanda, Ndjakalenga | 9 SF O'Gorman | 59.52 |
| 3 | Tracy, Mikayla | 12 Spearfish | 59.77 |
| 4 | Kolb, Elizabeth | 12 SF O'Gorman | 1:00.13 |
| 5 | Rystrom, Emily | 11 Brookings | 1:00.19 |
| 6 | Jackley, Isabella | 7 Pierre T.F. Riggs | 1:00.31 |
| 7 | Sudbeck, Caroline | 11 SF Lincoln | 1:00.37 |
| 8 | Nuebel, Kennedy | 10 Brandon Valley | 1:01.72 |

Girls 800 Meter Run

| | | | |
|---|--------------------|-----------------|---------|
| 1 | Hardie, Alea | 9 SF O'Gorman | 2:17.68 |
| 2 | Geurts, Jaide | 11 SF Roosevelt | 2:20.44 |
| 3 | Grismer, Hope | 11 SF Roosevelt | 2:22.14 |
| 4 | Watkins, Cierra | 8 SF Roosevelt | 2:24.91 |
| 5 | Bindert, Elizabeth | 12 SF Lincoln | 2:25.94 |
| 6 | White, Presli | 8 Harrisburg | 2:26.15 |
| 7 | Dekam, Addalai | 7 SF Lincoln | 2:28.28 |
| 8 | Serck, Sydnee | 8 Yankton | 2:28.48 |

Girls 1600 Meter Run

| | | | |
|---|------------------|---------------------|---------|
| 1 | Hardie, Alea | 9 SF O'Gorman | 5:10.12 |
| 2 | Jacobs, Melanie | 10 Aberdeen Central | 5:12.65 |
| 3 | Wentzy, Mia | 7 Brandon Valley | 5:13.53 |
| 4 | Derenge, Leah | 9 SF Lincoln | 5:15.05 |
| 5 | Watkins, Cierra | 8 SF Roosevelt | 5:16.45 |
| 6 | Uhre, Hailey | 9 RC Stevens | 5:17.04 |
| 7 | Dumansky, Hannah | 9 SF Lincoln | 5:17.24 |
| 8 | Douglas, Zoe | 10 Aberdeen Central | 5:17.66 |

Girls 3200 Meter Run

| | | | | |
|---|------------------|----|------------------|----------|
| 1 | Jacobs, Melanie | 10 | Aberdeen Central | 11:23.47 |
| 2 | Wieman, Alissa | 10 | Douglas | 11:29.63 |
| 3 | Derenge, Leah | 9 | SF Lincoln | 11:38.11 |
| 4 | Douglas, Zoe | 10 | Aberdeen Central | 11:38.89 |
| 5 | Kuhn, Bryanna | 11 | RC Stevens | 11:46.56 |
| 6 | Batcheller, Lila | 9 | SF Lincoln | 11:47.26 |
| 7 | Powers, Ainsley | 11 | Brookings | 11:48.55 |
| 8 | Uhre, Hailey | 9 | RC Stevens | 11:51.21 |

Girls 100 Meter Hurdles

| | | | | |
|---|---------------------|----|----------------|-------|
| 1 | Schaefer, Elizabeth | 12 | RC Stevens | 14.57 |
| 2 | Dal, Josephine | 12 | SF Lincoln | 14.75 |
| 3 | Tietz, Sophie | 11 | Watertown | 14.82 |
| 4 | Dixon, Brielle | 10 | Brandon Valley | 14.92 |
| 5 | Larson, Kylie | 12 | Harrisburg | 15.06 |
| 6 | Oswald, Kelsey | 11 | Yankton | 15.54 |
| 7 | Nickel, Emilee | 12 | RC Central | 15.65 |
| 8 | Hruby, Lauren | 9 | Harrisburg | 15.87 |

Girls 300 Meter Hurdles

| | | | | |
|---|---------------------|----|---------------|-------|
| 1 | Schaefer, Elizabeth | 12 | RC Stevens | 44.11 |
| 2 | Dal, Josephine | 12 | SF Lincoln | 44.33 |
| 3 | Kur, Nyanas | 10 | SF Washington | 46.67 |
| 4 | Oswald, Kelsey | 11 | Yankton | 47.09 |
| 5 | Tietz, Sophie | 11 | Watertown | 48.07 |
| 6 | Shaw, Sydney | 11 | Sturgis Brown | 48.12 |
| 7 | Toliver, Jordynn | 12 | Douglas | 48.51 |
| 8 | Larson, Kylie | 12 | Harrisburg | 48.86 |

Girls 4x100 Meter Relay

| | | |
|---|-----------------------|------------------------|
| 1 | Brandon Valley | 48.38 |
| | 1) Dixon, Brielle 10 | 2) Thompson, Morgan 12 |
| | 3) Nuebel, Kennedy 10 | 4) Bickley, Krista 12 |
| 2 | Harrisburg | 49.10 |
| 3 | SF Washington | 49.36 |
| 4 | SF Lincoln | 49.72 |
| 5 | SF Roosevelt | 50.65 |
| 6 | Aberdeen Central | 51.20 |
| 7 | Watertown | 52.29 |
| 8 | RC Central | 56.85 |

Girls 4x200 Meter Relay

| | | |
|---|------------------------|-----------------------|
| 1 | Brandon Valley | 1:44.43 |
| | 1) Rude, Taia 10 | 2) Dixon, Brielle 10 |
| | 3) Thompson, Morgan 12 | 4) Nuebel, Kennedy 10 |
| 2 | RC Central | 1:44.88 |
| 3 | Yankton | 1:45.07 |
| 4 | RC Stevens | 1:46.04 |
| 5 | SF Lincoln | 1:47.12 |
| 6 | SF Roosevelt | 1:49.32 |
| 7 | Spearfish | 1:50.42 |

Girls 4x400 Meter Relay

| | | |
|---|-----------------------|-------------------|
| 1 | SF O'Gorman | 4:03.10 |
| | 1) Kolb, Elizabeth 12 | 2) Waage, Emma 10 |

| | |
|---------------------|-----------------------------|
| 3) Hardie, Alea 9 | 4) Mwentanda, Ndjakalenga 9 |
| 2 SF Roosevelt | 4:04.94 |
| 3 RC Stevens | 4:05.40 |
| 4 Spearfish | 4:06.22 |
| 5 SF Lincoln | 4:06.41 |
| 6 Brandon Valley | 4:06.52 |
| 7 Yankton | 4:08.74 |
| 8 Pierre T.F. Riggs | 4:13.48 |

Girls 4x800 Meter Relay

| | |
|-----------------------|----------------------|
| 1 SF Roosevelt | 9:23.87 |
| 1) Geurts, Jaide 11 | 2) Grismer, Hope 11 |
| 3) Weiland, Saylor 11 | 4) Watkins, Cierra 8 |
| 2 Aberdeen Central | 9:37.38 |
| 3 SF Lincoln | 9:37.42 |
| 4 Yankton | 9:47.12 |
| 5 Brandon Valley | 9:52.54 |
| 6 RC Stevens | 9:54.82 |
| 7 RC Central | 9:56.03 |
| 8 Huron | 10:06.51 |

Girls 1600 Sprint Medley

| | |
|----------------------|------------------------|
| 1 SF Roosevelt | 4:13.65 |
| 1) Kelley, Jadyne 12 | 2) Roggenbuck, Myah 11 |
| 3) Grismer, Hope 11 | 4) Geurts, Jaide 11 |
| 2 SF O'Gorman | 4:16.13 |
| 3 Aberdeen Central | 4:18.89 |
| 4 SF Lincoln | 4:19.75 |
| 5 Brandon Valley | 4:24.96 |
| 6 RC Stevens | 4:25.64 |
| 7 RC Central | 4:30.02 |
| 8 Brookings | 4:33.24 |

Girls Shot Put

| | | |
|-------------------|----------------------|----------|
| 1 Greer, Jasmine | 11 SF Roosevelt | 47-00.00 |
| 2 Brady, Lexie | 10 SF O'Gorman | 43-07.25 |
| 3 Harkin, Hailey | 12 Harrisburg | 39-01.25 |
| 4 Rath, Mackenzie | 12 Pierre T.F. Riggs | 38-00.00 |
| 5 Sayler, Jenna | 12 SF Washington | 37-11.25 |
| 6 Wittry, Avery | 9 SF O'Gorman | 37-06.75 |
| 7 Heesch, Maggie | 10 Watertown | 37-06.75 |
| 8 Tobin, Cora | 12 Spearfish | 37-03.00 |

Girls Discus Throw

| | | |
|-------------------|----------------------|--------|
| 1 Rath, Mackenzie | 12 Pierre T.F. Riggs | 134-10 |
| 2 Hughes, Morgan | 12 SF Lincoln | 127-08 |
| 3 Wittry, Avery | 9 SF O'Gorman | 120-05 |
| 4 Heesch, Maggie | 10 Watertown | 119-08 |
| 5 Greer, Jasmine | 11 SF Roosevelt | 118-09 |
| 6 Tuschen, Shayla | 11 SF Roosevelt | 117-04 |
| 7 Harkin, Hailey | 12 Harrisburg | 112-10 |
| 8 Dicus, Aubri | 11 SF Roosevelt | 109-09 |

Girls High Jump

| | | |
|------------------|-------------------|---------|
| 1 Falak, Alayna | 11 Watertown | 5-07.00 |
| 2 Kong, Phekran | 11 SF Washington | 5-03.00 |
| 3 Rude, Taia | 10 Brandon Valley | 5-03.00 |
| 4 Jolley, Olivia | 12 Sturgis Brown | 5-01.00 |

| | | |
|--------------------|-------------------|---------|
| 5 Haring, Carly | 12 Mitchell | 5-01.00 |
| 6 Hansen, Morgan | 11 SF Lincoln | 5-01.00 |
| 7 Thompson, Morgan | 12 Brandon Valley | 5-01.00 |
| 8 Honner, Brecli | 10 Harrisburg | 5-01.00 |

Girls Long Jump

| | | |
|--------------------|---------------------|-----------|
| 1 Dal, Josephine | 12 SF Lincoln | 17-11.00 |
| 2 Boomsma, Jaiden | 11 Yankton | 17-10.25 |
| 3 Wambach, Sydney | 11 SF O'Gorman | 17-01.50 |
| 4 Malson, Brooke | 12 Aberdeen Central | 16-10.50 |
| 5 Johannsen, Jacee | 11 SF Washington | 16-09.25 |
| 6 Falak, Alayna | 11 Watertown | 16-08.50 |
| 7 Toliver, Jordynn | 12 Douglas | 16-08.00 |
| 8 Morris, Myah | 9 Watertown | J16-08.00 |

Girls Triple Jump

| | | |
|----------------------|------------------|----------|
| 1 Morris, Myah | 9 Watertown | 37-11.00 |
| 2 Wambach, Sydney | 11 SF O'Gorman | 37-01.00 |
| 3 Baloun, Megan | 9 RC Stevens | 36-06.50 |
| 4 Stonecipher, Rylie | 11 RC Stevens | 36-04.00 |
| 5 Stock, Lorelee | 12 Sturgis Brown | 35-04.50 |
| 6 Sundby, Sammi | 11 RC Stevens | 35-02.25 |
| 7 Keffeler, Makayla | 10 Sturgis Brown | 35-01.75 |
| 8 Wuebben, Madison | 11 Yankton | 35-01.00 |

Girls Pole Vault

| | | |
|---------------------|-------------------|----------|
| 1 Falak, Alayna | 11 Watertown | 12-07.50 |
| 2 Pelletier, Sydney | 11 Brandon Valley | 11-03.00 |
| 3 Trupe, Madisyn | 11 RC Stevens | 10-09.00 |
| 4 Ahlers, Sydney | 11 Watertown | 10-09.00 |
| 4 Kelley, Jady | 12 SF Roosevelt | 10-09.00 |
| 4 Clausen, Daphne | 10 SF O'Gorman | 10-09.00 |
| 7 Johannsen, Jacee | 11 SF Washington | 10-09.00 |
| 8 Hendrick, Halayna | 11 Brandon Valley | 10-09.00 |



**State Class "B" Track and Field Champions
Deubrook Area Lady Dolphins**

CLASS "B" TEAM POINTS

| | | | |
|--|-------|----------------------------------|------|
| 1. Deubrook Area | 76 | 24. Howard | 7 |
| 2. Ipswich | 67 | 24. Dakota Hills..... | 7 |
| 3. Colman-Egan..... | 53 | 24. Scotland..... | 7 |
| 4. White River | 38 | 28. Castlewood | 5 |
| 4. Chester Area | 38 | 28. Burke | 5 |
| 6. Andes Central/Dakota Christian..... | 34 | 28. Gregory..... | 5 |
| 7. New Underwood..... | 32 | 31. Wolsey-Wessington..... | 4 |
| 8. Gayville-Volin..... | 30 | 31. Freeman Academy/Marion..... | 4 |
| 9. Avon | 29 | 33. Philip | 3 |
| 9. Estelline/Hendricks..... | 29 | 33. Lake Preston | 3 |
| 11. Sully Buttes | 27 | 33. Northwestern | 3 |
| 12. Kimball/White Lake | 24 | 33. Potter County..... | 3 |
| 13. Corsica-Stickney..... | 22 | 33. James Valley Christian | 3 |
| 14. Dell Rapids St. Mary | 21 | 33. Tri-State..... | 3 |
| 14. Newell | 21 | 39. Menno..... | 2.50 |
| 16. Warner | 20.50 | 40. Centerville | 2 |
| 17. Hanson..... | 20 | 40. Eureka/Bowdle | 2 |
| 18. Viborg-Hurley | 18 | 40. Alcester-Hudson | 2 |
| 19. Freeman | 14 | 40. Tripp-Delmont/Armour | 2 |
| 20. Irene-Wakonda | 13 | 40. De Smet | 2 |
| 21. Arlington..... | 12 | 45. Sunshine Bible Academy..... | 1 |
| 22. Jones County | 10 | 45. Wall | 1 |
| 23. Aberdeen Christian | 8 | 45. Bridgewater-Emery | 1 |
| 24. Faulkton Area | 7 | | |



**State Class "A" Track and Field Champions
St. Thomas More Cavaliers**

CLASS "A" TEAM POINTS

| | | | |
|----------------------------------|-------|--------------------------------|------|
| 1. St. Thomas More | 76 | 20. Flandreau | 13 |
| 2. Custer | 66 | 21. Platte-Geddes | 12 |
| 3. Parker | 55 | 21. Madison | 12 |
| 4. West Central | 46 | 23. Red Cloud | 10 |
| 5. Lennox | 40 | 24. Dell Rapids | 8 |
| 5. Beresford | 40 | 25. Webster Area | 7.83 |
| 5. McCook Central/Montrose | 40 | 26. Miller | 7 |
| 8. Mt. Vernon/Plankinton | 39 | 27. Vermillion | 6 |
| 9. Hill City | 37 | 28. Dakota Valley | 5 |
| 10. Sioux Falls Christian | 34 | 29. Tea Area | 4.50 |
| 11. Elk Point-Jefferson | 24 | 30. Sioux Valley | 4 |
| 12. Winner | 23 | 30. Deuel | 4 |
| 13. Hamlin | 20 | 30. Redfield/Doland | 4 |
| 14. Wagner | 16.33 | 33. Groton Area | 3 |
| 15. Belle Fourche | 16 | 33. Sisseton | 3 |
| 16. Milbank | 15.33 | 33. Bennett County | 3 |
| 17. Aberdeen Roncalli | 15 | 36. McLaughlin | 2 |
| 17. Chamberlain | 15 | 37. Rapid City Christian | 1 |
| 19. Ethan/Parkston | 14 | | |



**State Class "AA" Track and Field Champions
Sioux Falls Lincoln Patriots**

CLASS "AA" TEAM POINTS

| | | | |
|-------------------------------|----|---------------------------------|----|
| 1. Sioux Falls Lincoln..... | 88 | 10. Sioux Falls Washington..... | 37 |
| 2. Sioux Falls O’Gorman..... | 86 | 11. Rapid City Central..... | 27 |
| 3. Sioux Falls Roosevelt..... | 80 | 12. Pierre T.F. Riggs..... | 21 |
| 4. Brandon Valley..... | 78 | 13. Spearfish..... | 15 |
| 5. Rapid City Stevens..... | 76 | 14. Sturgis Brown..... | 14 |
| 6. Watertown..... | 59 | 15. Douglas..... | 12 |
| 7. Aberdeen Central..... | 46 | 16. Brookings..... | 7 |
| 7. Harrisburg..... | 46 | 17. Mitchell..... | 4 |
| 9. Yankton..... | 43 | 18. Huron..... | 1 |

“GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is: 12.71, the Class “A” winner’s time is: 13.30 and the Class “B” winner’s time is: 13.07, the “Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given in all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

2019 GIRLS’ GOLD MEDAL RECIPIENTS

| | | | |
|-----------------------|--|-----------------------|-----------|
| 100 Meter Dash | Erin Kinney-11 | Harrisburg | 11.86 |
| 200 Meter Dash | Erin Kinney-11 | Harrisburg | 24.56 |
| 400 Meter Dash | Krista Bickley-12 | Brandon Valley | 56.79 |
| 800 Meter Run | Alea Hardie-9 | Sioux Falls O’Gorman | 2:17.68 |
| 1,600 Meter Run | Alea Hardie-9 | Sioux Falls O’Gorman | 5:10.12 |
| 3,200 Meter Run | Ali Bainbridge-8 | Lennox | 11:21.61 |
| 100 Meter Int Hurdles | Elizabeth Schaefer-12 | Rapid City Stevens | 14.57 |
| 300 Meter Low Hurdles | Elizabeth Schaefer-12 | Rapid City Stevens | 44.11 |
| 4x100 Meter Relay | Brandon Valley Brielle Dixon, 10; Morgan Thompson, 12 Kennedy Neubel, 10; Krista Bickley, 12 | | 48.38 |
| 4x200 Meter Relay | Brandon Valley Taia Rude, 10; Brielle Dixon, 10 Morgan Thompson, 12; Kennedy Nuebel, 10 | | 1:44.43 |
| 4x400 Meter Relay | Sioux Falls O’Gorman Elizabeth Kolb, 12; Emma Waage, 10 Alea Hardie, 9; Ndjakalenga Mwenentanda, 9 | | 4:03.10 |
| 4x800 Meter Relay | Rapid City Stevens Elise Unkenholz, 9; Hailey Uhre, 9 Kasey Van Zee, 11; Bryanna Kuhn, 11 | | 9:54.82 |
| Sprint Medley Relay | Sioux Falls Roosevelt Jadyn Kelley, 12; Myah Roggenbuck, 11 Hope Grismer, 11; Jaide Geurts, 11 | | 4:13.65 |
| Shot Put | Jasmine Greer-11 | Sioux Falls Roosevelt | 47’00” |
| Discus Throw | Kenna Curry-11 | Elk Point-Jefferson | 136’08” |
| High Jump | Alayna Falak-11 | Watertown | 5’07.00” |
| Long Jump | Josephine Dal-12 | Sioux Falls Lincoln | 17’11.00” |
| Triple Jump | Myah Morris-9 | Watertown | 37’11.00” |
| Pole Vault | Alayna Falak-11 | Watertown | 12’07.50” |

GIRLS' "GOLD MEDAL" HONOR ROLL

Most Individual Medals - One Year

Four Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2011)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 s 100m Relay, 4 x 200m Relay – 2003)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

Three Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)
Cortney Dowling, Pierre Riggs – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2014)
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)
Tamara Gorman, RC Stevens – Class "AA" (1600m Run, 3200m Run, 4 x 800m Relay – 2011)
Emily Haar, RC Stevens – Class "AA" (4 x 100m Relay, 4 x 200m Relay, Medley Relay – 2014)
Alea Hardie, SF O’Gorman – Class "AA" (4 x 400m Relay, 800m Run, 1600m Run-2019)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2012)
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)
Alaina Klapperich, RC Central – Class "AA" (100m Dash, 4 x 100m Relay, 4 x 200m Relay – 2015)
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

Relay "Gold Medal Awards" - All-Time

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Medley Relay – 2000; 4 x 800m Relay – 2012, 2013;
Aberdeen Roncalli - 4 x 800m Relay - 1998
Bon Homme -4 x 800m Relay - 1986;
Brandon Valley - 4 x 100m Relay - 1995, 1996, 2019; 4 x 200m Relay – 2016, 2017, 2018, 2019; 4 x 400m Relay – 2014, 2015, 2017, 2018;; 4 x 800m Relay – 2016;
Brookings - 4 x 800m Relay - 1989; Medley Relay – 1988, 2017, 2018; 4 x 100m Relay - 2009
Canton - Medley Relay - 1992;
Chamberlain - Medley Relay – 2001

Custer – Medley Relay - 2015
 DeSmet - Medley Relay - 1989
 Herried - 4 x 400m Relay - 1994;
 Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991
 Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998
 Madison – 4 x 100m Relay – 2005; 4 x 400m Relay – 2016;
 Miller - 4 x 200m Relay – 1986;
 Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996
 Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;
 Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990; 4 x 400m Relay – 2013;
 RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003, 2010, 2013; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;
 RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008, 2011, 2012, 2014, 2015, 2017; 4 x 200m Relay - 1987, 1988, 2005, 2010, 2011, 2012, 2014, 2015; 4 x 400m Relay – 2000, 2001, 2002, 2003, 2004, 2006, 2010; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004, 2011, 2014, 2015, 2019; Sprint Medley – 2010, 2013, 2014;
 SF Christian – 4 x 200m Relay – 2013;
 SF Lincoln - 4 x 400m Relay - 1986, 1987; 4 x 800m Relay – 2017; Medley Relay – 2003;
 SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997; 4 x 400m Relay – 2019;
 SF Roosevelt – 4 x 200m Relay – 2001, 2007, 2009; Medley Relay – 2004, 2005, 2019; 4 x 800m Relay – 2007;
 SF Washington - Medley Relay - 1986, 1987, 2009; 4 x 400m Relay – 2009; 4 x 100m Relay-2018;
 Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994; 4 x 400m Relay – 2011
 St. Thomas More – 4 x 100m Relay – 2016; Medley Relay– 2016; 4 x 800m Relay-2018;
 Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007; 4 x 800m Relay – 2010;
 West Central – 4 x 200m Relay – 2004;
 Watertown - 4 x 200m Relay – 1989, 2006, 2008; 4 x 400 m Relay – 2005, 2007, 2008, 2012; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999, 2011, 2012;
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009

Most Individual “Gold Medal Awards” – Career

Eleven Awards

Megan Trotter, RC Central - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

Ten Awards

Krista Bickley, Brandon Valley – Class “AA” (200m Dash – 2015, 2017; 400m Dash – 2015, 2016, 2017, 2018, 2019; 4x400m Relay – 2018; 4x200m Relay – 2017; 4x100m Relay - 2019)

Kari Heck, SF Washington – Class “AA” (4 x 400m Relay – 2009; 100m Dash – 2011, 2012; 200m Dash – 2010, 2011, 2012; 400m Dash – 2010, 2011, 2012; Long Jump - 2011)

Jasmyn King, RC Central – Class “AA” (100m Dash – 2007, 2008, 2010; 200m Dash – 2007, 2008; 400m Dash – 2007, 2008; Long Jump – 2007, 2008; 4 x 100m Relay - 2010)

Cherise Thompson, RC Stevens - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

Nine Awards

Jaime Pauli, Milbank - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

Jill Theeler, Mitchell - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

Anne Vollmer, RC Central - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

Eight Awards

Amber Abrams, RC Central - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

Brittany Page, Watertown – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2007, 2008)

Seven Awards

Cortney Dowling, Pierre Riggs – Class “AA” (100m Dash – 2014, 2016; 200m Dash – 2013, 2014, 2016; 400m Dash – 2014; 4 x 400m Relay – 2013)

Allison Eckert, SF Roosevelt – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

Brittany Garner, RC Stevens – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

Shannon Hattervig, RC Stevens – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

Ramsey Kavan, Yankton – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

Julie Schwengler, RC Stevens – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

Heather Sieler, Huron - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

Ann Westby, Brookings - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

Six Awards

Jamie Krautschun, Spearfish - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

Leslie Brost, Watertown – Class “AA” (Pole Vault – 2006, 2007, 2008; 4 x 400m Relay – 2007, 2008; 4 x 200m Relay - 2008)

Hiedi Reed, Canton - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

Barb Riemenschneider, RC Stevens - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

Elizabeth Schaefer, RC Stevens – Class “AA” (100m Hurdles – 2016, 2019; 300m Hurdles – 2016, 2017, 2018, 2019)

Steph Schueler, SF Lincoln - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

Cori Vining, Huron - Class “AA” (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

Five Awards

Alexis Gannon, Brookings – Class “AA” (Triple Jump – 2011, 2013, 2014; Long Jump – 2012, 2014)

Tamara Gorman, RC Stevens – Class “AA” (1600m Run – 2011; 3200m Run – 2011, 2013, 2014; 4 x 800 Relay – 2011)

Cara Groseth, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kacey Herrmann, RC Stevens – Class “AA” (Medley Relay – 2010; 4 x 100m Relay – 2011, 2012; 4 x 200m Relay – 2011, 2012)

Amy Jensen, Brandon Valley - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

Julie Knight, RC Central - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

Meg Larson, Aberdeen Roncalli - Class “A” (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

Sara Miller, RC Central – Class “AA” (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

Kenney Nuebel, Brandon Valley – Class “AA” (4 x 200m Relay – 2017, 2018, 2019; 4 x 400m Relay – 2018; 4 x 100m Relay – 2019)

Karissa Prpich, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kelly Rhodes, SF Lincoln - Class “AA” (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

Four Awards

Taylor Baker, RC Stevens – Class “AA” (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

Aubrey Baxter, Redfield – Class “A” (Shot Put – 2003, 2004; Discus – 2003, 2004)

Becca Bedard, RC Stevens – Class “AA” (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007, 2008)

Darcy Biers, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

Jodi Bowne, Elkton - Class “B” (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

Colette Christensen, RC Central – Class “AA” (High Jump – 2012, 2013, 2014; Triple Jump – 2012)

Jasmyne Cooper, SF Lincoln – Class “AA”(800m Run-2015, 2016; 1600m Run – 2015, 2016)

Kalie Cox, Watertown – Class “AA” (4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2008)
Krista Creager, Yankton – Class “AA” (800m Run – 2008; Sprint Medley Relay – 2006, 2008; 4 x 800m Relay – 2009)
Emily DeVries, RC Stevens – Class “AA” (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)
Tessa Gorsuch, RC Central – Class “AA” (4x100m Relay – 2010, 2013; 100m Hurdles – 2011, 2013)
Emily Haar, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Relay – 2013, 2014)
Shannon Hellman, Douglas – Class “AA” (100m Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)
Megan Hilson, Yankton – Class “AA” (3200m Run – 2008, 2009; 4 x 800m Relay – 2008, 2009)
Sarah Hoffman, Mitchell - Class “AA” (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)
Leia Jackson, RC Central – Class “AA” (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)
Alaina Klapperich, RC Central – Class “AA” (100m Dash – 2015; 4 x 100m Relay – 2013, 2015; 4 x 200m Relay – 2015)
Courtney Klatt, SF Lincoln – Class “AA” (1600m Run – 2017, 2018; 4x800m Relay – 2017; 3200m Run – 2018)
Amanda Kuchta, Yankton – Class “AA” (4 x 800m – 2003, 2005; Medley – 2006)
Althea Meeter, Cheyenne-Eagle Butte - Class “A” (100m Dash, 200m Dash - 1990, 91)
Michelle Mellegaard, Bridgewater - Class “B” (Long Jump - 1993, 95; Triple Jump - 1994, 95;)
Courtney Murray, RC Central – Class “AA” (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)
Stephanie Peterson, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)
Rhonda Sheffield, Highmore - Class “B” (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)
Brittany Stangl, Watertown – Class “AA” (Sprint Medley Relay – 2012; Pole Vault – 2010, 2011, 2012)
Morgan Thompson, Brandon Valley – Class “AA” (4 x 200m Relay – 2017, 2018, 2019; 4x100m Relay – 2019)
Rachel Weinandt, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; Sprint Medley Relay – 2008; 800m Run - 2010)

Three Awards

Alayna Aker, RC Central - Class “AA” (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)
Ericka Bakke, Salem - Class “A” (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)
Betsy Bies, Yankton – Class “AA” (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)
Megan Bren, SF Roosevelt – Class “AA” (100m Dash – 2006; 4 x 200m Relay 2007, 2009)
Sydney Daane, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Medley – 2013)
Abby Davis, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Emily Delzer, RC Stevens – Class “AA” (4 x 100m Relay – 2012, 2014; 4 x 200m Relay – 2014)
Anne Doshier, RC Stevens – Class “AA” (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)
Jessica Fox, Watertown - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)
Brooke Garner, RC Stevens – Class “AA” (Shot Put – 2008; Discus Throw – 2007-2008)
Sara Gill, RC Central - Class “AA” (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)
Kayla Gosnell, RC Stevens – Class “AA” (4 x 100m Relay – 2004, 2006, 2007)
Cariss Hauck, Watertown – Class “AA” (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)
Macy Heinz, Ipswich – Class “B” (1600m Run – 2012; 800m Run – 2013, 2014)
Tia Hemiller, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Mariah Hofer, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; 3200m Run – 2010)
Jeana Hoffman, Mitchell – Class “AA” (300m Hurdles – 2001, 2002, 2003)
Hannah Kastigar, Aberdeen Central – (4x800m Relay – 2012, 2013; 1600m Run – 2013)
Lindsey Keck, RC Stevens – Class “AA” (4 x 800m Relay – 1999, 2000, 2001)
Dawn Koehn, Watertown - Class “AA” (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Tamiko Kopfmann, Huron – Class “AA” (Long Jump – 2005, 2006; Triple Jump – 2006)
Beth Mueller, RC Stevens – Class “AA” (4 x 400m Relay – 2002, 2003, 2004)
Kylee Nolan, RC Stevens – Class “AA” (4 x 400m Relay – 2010; Medley Relay – 2010; 4 x 200m Relay - 2011)
Ramsee Pagel, RC Stevens – Class “AA” (4 x 400m Relay – 2000, 2001, 2002)
Mallory Peck, SF O’Gorman – Class “AA” (Pole Vault – 2004, 2005; Triple Jump – 2005)
Emily Person, RC Stevens – Class “AA” (800m Run – 2011; 4 x 800m Relay – 2011, 2014)
Janie Sershen, Chester – Class “A” (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)
Ashley Storm, Yankton – Class “AA” (4 x 800m – 2003, 2005, 2006)
Ashley Thompson, RC Stevens – Class “AA” (100m Hurdles – 2012; 300m Hurdles – 2011, 2012)
Beth Wahl, Pierre - Class “AA” (4 x 400m Relay - 1991; High Jump - 1992, 93)

GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS
(Made under the auspices of the
South Dakota High School Activities Association at its Annual Track and Field Meet)

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 2019 | Erin Kinney, Harrisburg | 11.85 |
| 200 Meter Dash | 2016 | Cortney Dowling, Pierre T.F. Riggs | 24.27 |
| 400 Meter Dash | 2016 | Krista Bickley, Brandon Valley | 54.08 |
| 800 Meter Run | 2006 | Allison Eckert, SF Roosevelt | 2:11.24 |
| 1600 Meter Run | 2005 | Ramsey Kavan, Yankton | 4:46.84 |
| 3200 Meter Run | 2005 | Allison Eckert, SF Roosevelt | 10:38.66 |
| 100 Meter Hurdles (33") | 2009 | Nevada Sorenson, SF Lincoln | 14.12 |
| 300 Meter Low Hurdles | 1992 | Anne Vollmer, RC Central | 43.44 |
| 4 x 100 Meter Relay | 2018 | SF Washington Christopherson, Petterson, Johannsen, Kur | 48.34 |
| 4 x 200 Meter Relay | 2006 | Watertown Lauseng, Cox, Hauck, Page | 1:41.29 |
| 4 x 400 Meter Relay | 2006 | RC Stevens Pagel, DeVries, Jansen, Garner | 3:53.49 |
| 4 x 800 Meter Relay | 2004 | RC Stevens Blackler, Pagel, Hattervig, Schwengler | 9:10.26 |
| Sprint Medley Relay | 2017 | Brookings Tetzlaff, Rystrom, Gray, Abraham | 4:08.57 |
| Shot Put (4kg) | 2019 | Jasmine Greer, SF Roosevelt | 47'00.00" |
| Discus | 1980 | Karen McDonald, Watertown | 151'11.00" |
| High Jump | 1993 | Beth Wahl, Pierre T.F. Riggs | 5'09.25" |
| Long Jump | 2008 | Jasmyne King, Rapid City Central | 18'10.75" |
| Triple Jump | 2014 | Alexis Gannon, Brookings | 40'03.75" |
| Pole Vault | 2008 | Leslie Brost, Watertown | 12'10.00" |

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "B" RECORDS

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 2009 | Carly Carper, Oldham-Ramona/Rutland | 11.98 |
| 200 Meter Dash | 2009 | Carly Carper, Oldham-Ramona/Rutland | 24.85 |
| 400 Meter Dash | 2003 | Andrea Warnke, Bonesteel-Fairfax | 56.46 |
| 800 Meter Run | 2015 | Macy Heinz, Ipswich | 2:15.17 |
| 1600 Meter Run | 2003 | Melinda Zirbel, Summit | 5:04.51 |
| 3200 Meter Run | 2003 | Melinda Zirbel, Summit | 11:02.24 |
| 100 Meter Hurdles (33") | 2015 | Lauren Sokolowski, Irene-Wakonda | 14.64 |
| 300 Meter Low Hurdles | 1996 | Rhonda Sheffield, Highmore | 44.63 |
| 4 x 100 Meter Relay | 2011 | Oldham-Ramona/Rutland Olson, Thurow, Hagemann, Carper | 49.93 |
| 4 x 200 Meter Relay | 2009 | Rosholt/Fairmount Heesch, Meyer, Anderson, Anderson | 1:44.88 |
| 4 x 400 Meter Relay | 2012 | Ipswich Heinz, Lloyd, Gauer, Heinz | 4:02.72 |
| 4 x 800 Meter Relay | 1980 | Kadoka Parke, Porch, Parke, Herber | 9:41.53 |
| Sprint Medley Relay | 2012 | Castlewood Little, Johnson, McEldowney, Strait | 4:17.36 |
| Shot Put (4kg) | 2018 | Kyla Sawvell, Wall | 43'11.50" |
| Discus | 2005 | Amber Brodersen, Wolsey-Wessington | 145'06.00" |
| High Jump | 2017 | Gabrielle Renelt, Wilmot | 5'06.50" |
| Long Jump | 2009 | Christy Schultz, RC Christian | 18'09.50" |
| Triple Jump | 1994 | Michelle Mellegaard, Bridgewater | 38'06.50" |
| Pole Vault | 2009 | Calley Worth, Gettysburg | 11'03.00" |
| | 2009 | Brigitte Gross, Hanson | |

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "A" RECORDS

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 2018 | Shayla Howell, Belle Fourche | 12.01 |
| 200 Meter Dash | 1991 | Althea Meeter, Cheyenne-Eagle Butte | 25.15 |
| 400 Meter Dash | 2017 | Caelyn Valandra-Prue, Todd County | 56.52 |
| 800 Meter Run | 2018 | Haleigh Timmer, St. Thomas More | 2:13.61 |
| 1600 Meter Run | 1991 | Hiedi Reed, Canton | 5:03.16 |
| 3200 Meter Run | 1991 | Hiedi Reed, Canton | 11:08.85 |
| 100 Meter Hurdles (33") | 2004 | Lindsay House, Lennox | 14.73 |
| 300 Meter Low Hurdles | 1981 | Amy Allard, Jefferson | 44.60 |
| 4 x 100 Meter Relay | 2016 | St. Thomas More Kirsch, Carlson, Eckrich, Carlson | 49.19 |
| 4 x 200 Meter Relay | 2014 | SF Christian Koth, Stern, Oostra, Velgersdyk | 1:44.21 |
| 4 x 400 Meter Relay | 2014 | SF Christian Koth, Stern, Oostra, Velgersdyk | 3:59.52 |
| 4 x 800 Meter Relay | 2016 | Custer Delmont, Sedlacek, Parys, Glazier | 9:26.26 |
| Medley Relay | 2016 | St. Thomas More Kirsch, Eckrich, Kirsch, Cooper | 4:10.37 |
| Shot Put (4kg) | 2005 | Lynnae Fox, Newell | 46'03.50" |
| Discus | 2001 | Sarah Stevens, Hot Springs | 151'08.00" |
| High Jump | 1985 | Stacey Johnson, Platte | 5'09.00" |
| Long Jump | 2018 | Shayla Howell, Belle Fourche | 19'03.25" |
| Triple Jump | 2017 | Shayla Howell, Belle Fourche | 39'09.25" |
| Pole Vault | 2018 | Carolyn Groeger, Lead-Deadwood | 11'10.00" |

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "AA" RECORDS

| | | | |
|-------------------------|------|---|------------|
| 100 Meter Dash | 2019 | *Erin Kinney, Harrisburg | 11.85 |
| 200 Meter Dash | 2016 | *Cortney Dowling, Pierre T.F. Riggs | 24.27 |
| 400 Meter Dash | 2016 | *Krista Bickley, Brandon Valley | 54.08 |
| 800 Meter Run | 2006 | *Allison Eckert, SF Roosevelt | 2:11.24 |
| 1600 Meter Run | 2005 | *Ramsey Kavan, Yankton | 4:46.84 |
| 3200 Meter Run | 2005 | *Allison Eckert, SF Roosevelt | 10:38.66 |
| 100 Meter Hurdles (33") | 2009 | *Nevada Sorenson, SF Lincoln | 14.12 |
| 300 Meter Low Hurdles | 1992 | *Anne Vollmer, RC Central | 43.44 |
| 4 x 100 Meter Relay | 2018 | *SF Washington Christopherson, Petterson, Johannsen, Kur | 48.34 |
| 4 x 200 Meter Relay | 2006 | *Watertown Lauseng, Cox, Hauck, Page | 1:41.29 |
| 4 x 400 Meter Relay | 2006 | *RC Stevens Pagel, DeVries, Jansen, Garner | 3:53.49 |
| 4 x 800 Meter Relay | 2004 | *RC Stevens Blackler, Pagel, Hattervig, Schwengler | 9:10.26 |
| Medley Relay | 2017 | *Brookings Tetzlaff, Rystrom, Gray, Abraham | 4:08.57 |
| Shot Put (4kg) | 2019 | *Jasmine Greer, SF Roosevelt | 47'00.00" |
| Discus | 1980 | *Karen McDonald, Watertown | 151'11.00" |
| High Jump | 1993 | *Beth Wahl, Pierre T.F. Riggs | 5'09.25" |
| Long Jump | 2008 | *Jasmyne King, RC Central | 18'10.75" |
| Triple Jump | 2014 | *Alexis Gannon, Brookings | 40'03.75" |
| Pole Vault | 2008 | *Leslie Brost, Watertown | 12'10.00" |

* Indicates overall state meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' STATE CHAMPIONS AND RUNNERS-UP

Girls' Track - One Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|-----------------|------------------|
| 1969 | Tyndall | Brookings | 1971 | Douglas (EAFB) | Hurley |
| 1970 | Tyndall | Hurley | 1972 | Redfield | Mission |

Girls' Class "B" Track - Two Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|-----------------|------------------|
| 1973 | Tyndall | Mellette | 1974 | Wall | Springfield |

Girls' Class "A" Track - Two Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|---------------------|------------------|
| 1973 | Redfield | Yankton | 1974 | Sioux Falls Lincoln | Aberdeen Central |

Girls' Class "B" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | | |
|------|-----------------------|-----------------------|------|------------------------|-----------------------|
| 1975 | Faith | Centerville | 1998 | Faulkton | Elkton |
| 1976 | White River | Faith | 1999 | Chester | Marion |
| 1977 | Dakota Christian | Pollock | 2000 | Chester | Marion |
| 1978 | Dakota Christian | White River | 2001 | Chester | Colman-Egan |
| 1979 | Frederick | Dakota Christian | 2002 | Colman Egan | Bonesteel-Fairfax |
| 1980 | Dakota Christian | Frederick | 2003 | Bonesteel-Fairfax | Colman-Egan |
| 1981 | Armour | Dakota Christian | 2004 | Eureka | Colman-Egan |
| 1982 | Armour | Estelline | 2005 | Bonesteel-Fairfax | Bridgewater/Emery |
| 1983 | Armour | Eureka | 2006 | James Valley Christian | Colman-Egan |
| 1984 | Eureka | Sioux Falls Christian | 2007 | Faulkton | Colman-Egan |
| 1985 | Sioux Falls Christian | Eureka | 2008 | Hanson | Rosholt/Fairmount ND |
| 1986 | Arlington | Eureka | 2009 | Hanson | Rosholt/Fairmount ND |
| 1987 | Arlington | Bridgewater | 2010 | Oldham-Ramona/Rutland | Rosholt/Fairmount ND |
| 1988 | Bridgewater | Lake Preston | 2011 | Oldham-Ramona/Rutland | Rosholt/Fairmount ND |
| 1989 | Bridgewater | Lake Preston | 2012 | Ipswich | Oldham-Ramona/Rutland |
| 1990 | Lake Preston | White Lake | 2013 | Ipswich | Parker |
| 1991 | Lake Preston | Hoven | 2014 | Ipswich | Irene-Wakonda |
| 1992 | Hoven | Hitchcock | 2015 | Ipswich | Chester Area |
| 1993 | Doland/Conde | Hoven | 2016 | Ipswich | Deubrook Area |
| 1994 | Hoven | Baltic | 2017 | Deubrook Area | Parker |
| 1995 | Faulkton | Hoven | 2018 | Deubrook Area | Ipswich |
| 1996 | Hoven | Faulkton | 2019 | Deubrook Area | Ipswich |
| 1997 | Herreid | Hoven | | | |

Girls' Class "A" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | | |
|------|-------------------------|------------------|------|-----------------------|-------------------|
| 1975 | Wall | Freeman | 1994 | Milbank | Madison |
| 1976 | Flandreau & Burke (tie) | Freeman | 1995 | Milbank | Vermillion |
| 1977 | Freeman | Kimball | | <u>Champion</u> | <u>Runner-Up</u> |
| 1978 | Burke | Kimball | 1996 | Hot Springs & Milbank | |
| 1979 | Kimball | Salem | 1997 | Hot Springs | Lennox |
| 1980 | Salem | Freeman | 1998 | Lennox | Garretson |
| 1981 | Jefferson | Redfield | 1999 | Lennox | Hot Springs |
| 1982 | Jefferson | Salem | 2000 | Lennox | Miller |
| 1983 | Jefferson | Custer | 2001 | Redfield | Lennox |
| 1984 | Jefferson | Custer | 2002 | Winner | Beresford |
| 1985 | Jefferson | Miller | 2003 | Redfield | Beresford |
| 1986 | Bennett County | Miller | 2004 | West Central | Parker |
| 1987 | Spearfish | Bon Homme | 2005 | West Central | Aberdeen Roncalli |
| 1988 | Freeman | Milbank | 2006 | St. Thomas More | Vermillion |
| 1989 | Salem | Beresford | 2007 | St. Thomas More | Vermillion |
| 1990 | Hot Springs | Madison | 2008 | Vermillion | St. Thomas More |
| 1991 | McCook Central | Lennox | 2009 | St. Thomas More | Wagner |
| 1992 | Sioux Valley | Madison | 2010 | Clark/Willow Lake | St. Thomas More |
| 1993 | Spearfish | Milbank | 2011 | West Central | Clark/Willow Lake |
| | | | 2012 | West Central | Milbank |

| | | | | | |
|------|-----------------------|-----------------------|------|---------------------------|---------------|
| 2013 | St. Thomas More | Sioux Falls Christian | 2017 | St. Thomas More & Madison | Custer |
| 2014 | Sioux Falls Christian | St. Thomas More | 2018 | St. Thomas More | Belle Fourche |
| 2015 | St. Thomas More | Madison | 2019 | St. Thomas More | Custer |
| 2016 | St. Thomas More | Custer | | | |

Girls' Class "AA" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|------------------------|-----------------------------|------|---------------------|------------------------|
| 1975 | Sioux Falls Lincoln | Rapid City Stevens | 1999 | Rapid City Stevens | Huron |
| 1976 | Sioux Falls Lincoln | Watertown | 2000 | Rapid City Stevens | Huron |
| 1977 | Sioux Falls Washington | Watertown | 2001 | Rapid City Stevens | Rapid City Central |
| 1978 | Watertown | Brookings | 2002 | Rapid City Stevens | Rapid City Central |
| 1979 | Brookings | Watertown | 2003 | Rapid City Stevens | Rapid City Central |
| 1980 | Brookings | Watertown | 2004 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1981 | Yankton | Watertown | 2005 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1982 | Yankton | Watertown | 2006 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1983 | Huron | Watertown | 2007 | Rapid City Stevens | Rapid City Central |
| 1984 | Yankton | Sioux Falls Washington | 2008 | Rapid City Stevens | Yankton |
| 1985 | Rapid City Stevens | Sioux Falls Lincoln | 2009 | Rapid City Central | Sioux Falls Lincoln |
| 1986 | Rapid City Stevens | Sioux Falls Lincoln | 2010 | Rapid City Stevens | Yankton |
| 1987 | Sioux Falls Lincoln | Rapid City Stevens | 2011 | Rapid City Stevens | Sioux Falls Washington |
| 1988 | Rapid City Stevens | Brookings | 2012 | Rapid City Central | Rapid City Stevens |
| 1989 | Brookings | Rapid City Central | 2013 | Aberdeen Central | Rapid City Stevens |
| 1990 | Sturgis | Rapid City Central & Pierre | 2014 | Rapid City Stevens | Rapid City Central |
| 1991 | Rapid City Central | Rapid City Stevens | 2015 | Rapid City Stevens | Brandon Valley |
| 1992 | Rapid City Central | Mitchell | 2016 | Sioux Falls Lincoln | Brandon Valley |
| 1993 | Rapid City Central | Watertown | 2017 | Sioux Falls Lincoln | Brandon Valley |
| 1994 | Rapid City Central | Spearfish | 2018 | Brandon Valley | Sioux Falls Lincoln |
| 1995 | Yankton | Rapid City Stevens | 2019 | Sioux Falls Lincoln | Sioux Falls O'Gorman |
| 1996 | Rapid City Stevens | Aberdeen Central | | | |
| 1997 | Rapid City Stevens | Spearfish | | | |
| 1998 | Rapid City Stevens | Huron | | | |