

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**

Sioux Falls – May 26-27, 2017

Class "B"

(Total Participants = 446)

Girls 100 Meter Dash

| | | |
|-------------------|-----------------|-------|
| 1 Peters, Karley | 10 Parker | 12.41 |
| 2 Wolf, Josie | 12 Chester Area | 12.60 |
| 3 Larson, Makenna | 9 Chester Area | 12.93 |
| 4 Brown, Rylie | 11 Lake Preston | 12.98 |
| 5 Ortman, Kalli | 12 Canistota | 13.10 |
| 6 Sees, Lauren | 10 Avon | 13.15 |
| 7 Even, Alexis | 7 Parker | 13.24 |
| 8 Heath, Callie | 12 Colome | 13.31 |

Girls 200 Meter Dash

| | | |
|----------------------|------------------|-------|
| 1 Peters, Karley | 10 Parker | 25.97 |
| 2 Wolf, Josie | 12 Chester Area | 26.17 |
| 3 Jones, Cerington | 8 New Underwood | 26.19 |
| 4 Vandermeer, Ashley | 10 Deubrook Area | 26.43 |
| 5 Brown, Rylie | 11 Lake Preston | 26.91 |
| 6 Larson, Makenna | 9 Chester Area | 26.99 |
| 7 Dwight, Adyson | 9 Langford Area | 27.20 |
| 8 Even, Alexis | 7 Parker | 27.46 |

Girls 400 Meter Dash

| | | |
|--------------------|------------------|---------|
| 1 Peters, Karley | 10 Parker | 57.42 |
| 2 Leber, Delaney | 11 Newell | 58.54 |
| 3 Paetow, Kirsten | 12 Viborg-Hurley | 59.10 |
| 4 Wieseler, Sierra | 12 Potter County | 1:00.45 |
| 5 Heinitz, Ella | 8 DR St. Mary | 1:00.61 |
| 6 Even, Alexis | 7 Parker | 1:00.72 |
| 7 Dwight, Adyson | 9 Langford Area | 1:01.38 |
| 8 Holter, Ally | 10 Platte-Geddes | 1:01.62 |

Girls 800 Meter Run

| | | |
|----------------------|------------------------|---------|
| 1 Leber, Delaney | 11 Newell | 2:19.97 |
| 2 Wieseler, Sierra | 12 Potter County | 2:22.30 |
| 3 Selland, Myah | 12 Sanborn Cent./Woon. | 2:22.50 |
| 4 DeBeer, Shaylee | 10 Deubrook Area | 2:22.72 |
| 5 Heinitz, Ella | 8 DR St. Mary | 2:23.52 |
| 6 Baumberger, Lauren | 10 McIntosh | 2:23.98 |
| 7 Hennrich, Brylee | 12 Arlington | 2:26.35 |
| 8 Plastow, Adaya | 8 Mitchell Christian | 2:28.73 |

Girls 1600 Meter Run

| | | |
|----------------------|--------------------|---------|
| 1 Leber, Delaney | 11 Newell | 5:15.39 |
| 2 Olsen, Josie | 10 Deubrook Area | 5:26.84 |
| 3 Nelson, Laura | 12 Gayville-Volin | 5:27.40 |
| 4 Kilber, Tessa | 9 Ipswich | 5:29.88 |
| 5 DeKnikker, Ashlyn | 9 Lake Preston | 5:31.33 |
| 6 Jandreau, Oakley | 9 Highmore-Harrold | 5:32.00 |
| 7 Vandermeer, Andrea | 8 Deubrook Area | 5:32.73 |
| 8 Vogel, Christina | 12 DR St. Mary | 5:33.04 |

Girls 3200 Meter Run

| | | |
|----------------------|-------------------|----------|
| 1 Nelson, Laura | 12 Gayville-Volin | 11:33.45 |
| 2 Olsen, Josie | 10 Deubrook Area | 11:51.47 |
| 3 Vandermeer, Andrea | 8 Deubrook Area | 11:53.77 |
| 4 Fairley, Maddy | 7 Gayville-Volin | 12:08.10 |
| 5 Steger, Aleah | 10 Ipswich | 12:13.77 |
| 6 Groft, Peyton | 11 Northwestern | 12:19.14 |
| 7 Kilber, Tessa | 9 Ipswich | 12:26.61 |
| 8 Terkildsen, Dilyn | 8 Philip | 12:38.19 |

Girls 100 Meter Hurdles

| | | |
|-----------------------|------------------|-------|
| 1 Philipsen, Brianna | 12 New Underwood | 15.82 |
| 2 Sokolowski, Shannon | 10 Irene-Wakonda | 15.92 |
| 3 Leidholt, Sydney | 10 Warner | 16.01 |
| 4 Bronson, Saraya | 11 Wilmot | 16.08 |
| 5 Vaith, Ashton | 11 Menno | 16.26 |
| 6 Richards, Holly | 10 Viborg-Hurley | 16.27 |
| 7 Jurgens, Raelin | 10 Parker | 16.72 |
| 8 Pitlick, Autumn | 9 Potter County | 19.57 |

Girls 300 Meter Hurdles

| | | |
|--------------------|------------------------|-------|
| 1 Leidholt, Sydney | 10 Warner | 46.33 |
| 2 Selland, Myah | 12 Sanborn Cent./Woon. | 46.42 |
| 3 Bronson, Saraya | 11 Wilmot | 46.93 |
| 4 Bauman, Cortney | 11 Deubrook Area | 47.63 |
| 5 Strait, Abbey | 11 Castlewood | 48.55 |
| 6 Ballard, Lexi | 8 New Underwood | 48.69 |
| 7 Fuhrmann, Josie | 10 Freeman | 49.47 |
| 8 Pitlick, Autumn | 9 Potter County | 56.79 |

Girls 4x100 Meter Relay

| | | |
|-------------------------|----------------------|-------|
| 1 Chester Area | | 51.13 |
| 1) Reiff, Hanna 10 | 2) Larson, Makenna 9 | |
| 3) Campbell, Karissa 12 | 4) Wolf, Josie 12 | |
| 2 Platte-Geddes | | 52.20 |
| 3 Tripp-Delmont/Armour | | 52.38 |
| 4 Viborg-Hurley | | 52.50 |
| 5 RC Christian | | 52.83 |
| 6 Colome | | 53.09 |
| 7 Freeman | | 53.40 |
| 8 Hanson | | 53.44 |

Girls 4x200 Meter Relay

| | | |
|------------------------|----------------------|---------|
| 1 Parker | | 1:46.81 |
| 1) Even, Alexis 7 | 2) Preheim, Mayson 9 | |
| 3) Mohr, Rayna 9 | 4) Peters, Karley 10 | |
| 2 Viborg-Hurley | | 1:47.49 |
| 3 Chester Area | | 1:49.45 |
| 4 Tripp-Delmont/Armour | | 1:50.28 |
| 5 Corsica-Stickney | | 1:51.44 |
| 6 Hanson | | 1:51.90 |
| 7 Freeman | | 1:52.10 |
| 8 Lake Preston | | 1:52.35 |

Girls 4x400 Meter Relay

| | | |
|-----------------|--|---------|
| 1 New Underwood | | 4:05.72 |
|-----------------|--|---------|

| | | |
|--------------------------|-----------------------|---------|
| 1) Ballard, Lexi 8 | 2) Wiebers, Portia 7 | |
| 3) Philipsen, Brianna 12 | 4) Jones, Cerington 8 | |
| 2 Deubrook Area | | 4:07.82 |
| 3 Viborg-Hurley | | 4:13.90 |
| 4 Potter County | | 4:14.61 |
| 5 Hanson | | 4:16.68 |
| 6 Freeman | | 4:19.43 |
| 7 Sully Buttes | | 4:20.15 |
| 8 Castlewood | | 4:23.25 |

Girls 4x800 Meter Relay

| | | |
|-----------------------|-------------------------|----------|
| 1 Deubrook Area | | 9:58.46 |
| 1) DeBeer, Shaylee 10 | 2) Vandermeer, Andrea 8 | |
| 3) Olsen, Josie 10 | 4) Bauman, Cortney 11 | |
| 2 Newell | | 10:05.16 |
| 3 Gayville-Volin | | 10:12.24 |
| 4 Tri-State | | 10:12.41 |
| 5 Ipswich | | 10:18.19 |
| 6 Lyman | | 10:24.75 |
| 7 Bridgewater-Emery | | 10:29.44 |
| 8 Philip | | 10:35.54 |

Girls 1600 Sprint Medley

| | | |
|------------------------|-----------------------|---------|
| 1 Viborg-Hurley | | 4:22.23 |
| 1) Jensen, Lexie 12 | 2) Richards, Holly 10 | |
| 3) Bjerkaas, Emily 12 | 4) Paetow, Kirsten 12 | |
| 2 Sully Buttes | | 4:24.90 |
| 3 Lake Preston | | 4:28.43 |
| 4 Platte-Geddes | | 4:28.58 |
| 5 Corsica-Stickney | | 4:30.48 |
| 6 Tripp-Delmont/Armour | | 4:33.61 |
| 7 Avon | | 4:34.40 |
| 8 Kimball/White Lake | | 4:39.78 |

Girls Shot Put

| | | |
|----------------------|-------------------|----------|
| 1 Sawvell, Kyla | 11 Wall | 41-01.50 |
| 2 Heinz, Kamryn | 10 Ipswich | 38-03.00 |
| 3 Hubbard, Traia | 12 Gayville-Volin | 38-01.75 |
| 4 Hallock, Hallie | 12 Platte-Geddes | 37-01.75 |
| 5 Wittler, Lauren | 10 Sully Buttes | 37-01.50 |
| 6 McLaughlin, Cooper | 10 Wall | 35-11.50 |
| 7 Rudebusch, Bailey | 12 Howard | 35-05.25 |
| 8 Youngberg, Dana | 10 Newell | 35-00.50 |

Girls Discus Throw

| | | |
|----------------------|----------------------|--------|
| 1 Rudebusch, Bailey | 12 Howard | 130-01 |
| 2 Guthmiller, Rachel | 11 Sully Buttes | 127-06 |
| 3 Heinz, Kamryn | 10 Ipswich | 125-10 |
| 4 Sawvell, Kyla | 11 Wall | 124-03 |
| 5 Hubbard, Traia | 12 Gayville-Volin | 123-11 |
| 6 Sprecher, Taylor | 11 Wolsey-Wessington | 122-00 |
| 7 Lamb, Chloe | 12 Sully Buttes | 120-01 |
| 8 Hallock, Hallie | 12 Platte-Geddes | 115-01 |

Girls High Jump

| | | |
|---------------------|-----------|---------|
| 1 Renelt, Gabrielle | 11 Wilmot | 5-06.50 |
| 2 Kizer, Madison | 9 Howard | 5-03.00 |

| | | |
|--------------------|------------------------|---------|
| 3 Hofer, Noelle | 10 Canistota | 5-00.00 |
| 4 Kizer, Aleya | 7 Howard | 5-00.00 |
| 5 Schroeder, Tiana | 12 Freeman Acad | 5-00.00 |
| 6 Selland, Myah | 12 Sanborn Cent./Woon. | 5-00.00 |
| 7 Seymour, Danille | 9 Warner | 5-00.00 |
| 8 Bultje, Skylar | 9 Canistota | 5-00.00 |

Girls Long Jump

| | | |
|----------------------|------------------|-----------|
| 1 Jones, Cerington | 8 New Underwood | 16-07.00 |
| 2 Raile, Sam | 12 Eureka/Bowdle | 15-09.50 |
| 3 Sees, Lauren | 10 Avon | 15-08.75 |
| 4 Vandermeer, Ashley | 10 Deubrook Area | J15-08.75 |
| 5 Heidemann, Breanna | 12 RC Christian | 15-07.50 |
| 6 Baumberger, Olivia | 8 Colman-Egan | 15-04.25 |
| 7 Kari, Julianna | 12 Bison | 15-02.75 |
| 8 Fryda, Grace | 8 Scotland | 15-02.50 |

Girls Triple Jump

| | | |
|----------------------|------------------------|----------|
| 1 Vandermeer, Ashley | 10 Deubrook Area | 35-03.00 |
| 2 Selland, Myah | 12 Sanborn Cent./Woon. | 34-06.75 |
| 3 DeBeer, Shaylee | 10 Deubrook Area | 34-01.50 |
| 4 Heidemann, Breanna | 12 RC Christian | 33-10.00 |
| 5 Raile, Sam | 12 Eureka/Bowdle | 33-05.25 |
| 6 Mudder, Kacie | 11 Avon | 33-04.75 |
| 7 Alexander, Austin | 9 Newell | 32-10.75 |
| 8 Kranz, Ali | 10 Waverly-South Shore | 32-09.50 |

Girls Pole Vault

| | | |
|-----------------------|------------------------|---------|
| 1 Ronke, Tegan | 11 Waverly-South Shore | 9-06.00 |
| 2 Evans, Mckenzie | 9 Ipswich | 9-06.00 |
| 3 Edelman, Morgan | 8 Menno | 9-00.00 |
| 4 Gilbery, Bree | 9 Gayville-Volin | 9-00.00 |
| 5 Duba, Mae | 12 Platte-Geddes | 9-00.00 |
| 6 Haufschild, Jayna | 10 Arlington | 8-00.00 |
| 6 Ochsner, Laura | 10 Warner | 8-00.00 |
| 6 Schindler, Samantha | 11 Elkton-Lake Benton | 8-00.00 |
| 6 McQuarie, Izabella | 7 Ipswich | 8-00.00 |
| 6 Gall, Taylor | 11 Scotland | 8-00.00 |

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Madison & Sioux Falls – May 26-27, 2017
Class "A"
(Total Participants = 468)**

Girls 100 Meter Dash

| | | | | |
|---|-----------------------|----|-----------------|-------|
| 1 | Howell, Shayla | 11 | Belle Fourche | 12.33 |
| 2 | Wevik, Mikayla | 11 | Tea Area | 12.70 |
| 3 | Valandra-Prue, Caelyn | 8 | Todd County | 12.73 |
| 4 | Odenbach, Ashley | 12 | Spearfish | 12.76 |
| 5 | Yoder, Julia | 12 | SF Christian | 12.88 |
| 6 | Strasser, Abbie | 12 | Lennox | 12.93 |
| 7 | Carlson, Bailey | 11 | St. Thomas More | 13.06 |
| 8 | Eckrich, Carolyn | 12 | St. Thomas More | 13.11 |

Girls 200 Meter Dash

| | | | | |
|---|-----------------------|----|-----------------|-------|
| 1 | Howell, Shayla | 11 | Belle Fourche | 25.62 |
| 2 | Valandra-Prue, Caelyn | 8 | Todd County | 26.52 |
| 3 | Rud, Olivia | 11 | Madison | 26.60 |
| 4 | Odenbach, Ashley | 12 | Spearfish | 26.66 |
| 5 | Perrenoud, Grace | 11 | SF Christian | 26.76 |
| 6 | Kurtz, Sydney | 10 | West Central | 26.96 |
| 7 | Wevik, Mikayla | 11 | Tea Area | 26.97 |
| 8 | Carlson, Bailey | 11 | St. Thomas More | 27.24 |

Girls 400 Meter Dash

| | | | | |
|---|-----------------------|----|----------------------|---------|
| 1 | Valandra-Prue, Caelyn | 8 | Todd County | 56.52 |
| 2 | Timmer, Haleigh | 8 | St. Thomas More | 57.70 |
| 3 | Rud, Olivia | 11 | Madison | 58.36 |
| 4 | Pulse, Jacy | 9 | McCook Central/Mont. | 1:00.05 |
| 5 | Davis, Calli | 9 | Elk Point-Jefferson | 1:00.10 |
| 6 | Rihanek, Dacey | 9 | Mt. Vernon/Plank. | 1:00.57 |
| 7 | Kirsch, Klaire | 11 | St. Thomas More | 1:01.31 |
| 8 | Schuyler, Samantha | 12 | Winner | 1:01.90 |

Girls 800 Meter Run

| | | | | |
|---|------------------|----|-----------------|---------|
| 1 | Glazier, Tori | 11 | Custer | 2:14.25 |
| 2 | Timmer, Haleigh | 8 | St. Thomas More | 2:14.29 |
| 3 | Byers, Ella | 10 | Chamberlain | 2:15.68 |
| 4 | Hohn, Marion | 11 | Hill City | 2:19.58 |
| 5 | Cooper, Kaci | 9 | St. Thomas More | 2:21.38 |
| 6 | Streff, Hailey | 12 | Madison | 2:21.92 |
| 7 | Cournoyer, Raven | 10 | Todd County | 2:25.57 |
| 8 | Blote, Brigit | 11 | St. Thomas More | 2:28.01 |

Girls 1600 Meter Run

| | | | | |
|---|------------------|----|-----------------|---------|
| 1 | Schulz, Marisa | 12 | Dakota Valley | 5:06.16 |
| 2 | Glazier, Tori | 11 | Custer | 5:07.68 |
| 3 | Delmont, Mallory | 9 | Custer | 5:09.56 |
| 4 | Lavin, Maddie | 11 | Vermillion | 5:10.35 |
| 5 | Byers, Ella | 10 | Chamberlain | 5:11.70 |
| 6 | Hohn, Marion | 11 | Hill City | 5:13.05 |
| 7 | Cooper, Kaci | 9 | St. Thomas More | 5:16.21 |
| 8 | Simmons, Karlee | 10 | Hill City | 5:16.35 |

Girls 3200 Meter Run

| | | | | |
|---|--------------------|----|-----------------|----------|
| 1 | Savey, Cait | 11 | Beresford | 11:14.98 |
| 2 | Simmons, Karlee | 10 | Hill City | 11:17.04 |
| 3 | Schulz, Marisa | 12 | Dakota Valley | 11:33.55 |
| 4 | Schmidt, Nicolette | 12 | Redfield/Doland | 11:37.91 |
| 5 | Lavin, Maddie | 11 | Vermillion | 11:45.20 |
| 6 | Schuyler, Sidra | 7 | Winner | 11:48.14 |
| 7 | Delmont, Mallory | 9 | Custer | 11:55.00 |
| 8 | Byers, Ella | 10 | Chamberlain | 12:03.49 |

Girls 100 Meter Hurdles

| | | | | |
|---|----------------------|----|----------------------|-------|
| 1 | Schmeichel, Averi | 8 | West Central | 15.37 |
| 2 | Lamer, Chastnee | 11 | Tri-Valley | 15.67 |
| 3 | Bonin, Dellaney | 11 | Canton | 15.85 |
| 4 | McDonald, Emily | 11 | Tri-Valley | 16.10 |
| 5 | Faulhaber, Stephanie | 12 | Mt. Vernon/Plank. | 16.13 |
| 6 | Pulse, Jacy | 9 | McCook Central/Mont. | 16.21 |
| 7 | Mechels, Emma | 11 | Lennox | 16.42 |
| 8 | Sullivan, Skylar | 9 | St. Thomas More | 18.54 |

Girls 300 Meter Hurdles

| | | | | |
|---|----------------------|----|------------------|-------|
| 1 | Bonin, Dellaney | 11 | Canton | 47.21 |
| 2 | Thomsen, Julianne | 12 | Custer | 47.31 |
| 3 | Giles, Jessica | 11 | Madison | 48.51 |
| 4 | Hansen, Aspen | 9 | Dell Rapids | 48.64 |
| 5 | Jones, Tori | 12 | Stanley County | 49.32 |
| 6 | Rath, Sarah | 12 | Canton | 49.83 |
| 7 | Faulhaber, Stephanie | 12 | Mt. Vernon/Plank | 49.95 |
| 8 | McDonald, Emily | 11 | Tri-Valley | 50.35 |

Girls 4x100 Meter Relay

| | | |
|---|-----------------------|------------------------|
| 1 | Tea Area | 50.34 |
| | 1) Piper, Brooke 12 | 2) Patzwald, Desirae 9 |
| | 3) Hofer, Joni 12 | 4) Wevik, Mikayla 11 |
| 2 | West Central | 50.37 |
| 3 | Mt. Vernon/Plankinton | 51.35 |
| 4 | Tri-Valley | 51.43 |
| 5 | SF Christian | 51.55 |
| 6 | St. Thomas More | 51.68 |
| 7 | Canton | 51.69 |
| 8 | Lennox | 51.88 |

Girls 4x200 Meter Relay

| | | |
|---|------------------------|------------------------|
| 1 | West Central | 1:45.77 |
| | 1) Nelson, Kali 10 | 2) Schmeichel, Averi 8 |
| | 3) Lindskov, Kamryn 12 | 4) Kurtz, Sydney 10 |
| 2 | St. Thomas More | 1:46.92 |
| 3 | Mt. Vernon/Plankinton | 1:48.37 |
| 4 | Lennox | 1:48.60 |
| 5 | Canton | 1:48.61 |
| 6 | Madison | 1:48.97 |
| 7 | SF Christian | 1:49.19 |
| 8 | Dell Rapids | 1:50.02 |

Girls 4x400 Meter Relay

| | | |
|---|---------|---------|
| 1 | Madison | 4:03.14 |
|---|---------|---------|

| | | |
|------------------------|----------------------|---------|
| 1) Giles, Jennifer 11 | 2) Streff, Hailey 12 | |
| 3) Theophilus, Anna 11 | 4) Rud, Olivia 11 | |
| 2 West Central | | 4:06.70 |
| 3 Dell Rapids | | 4:12.19 |
| 4 Elk Point-Jefferson | | 4:12.21 |
| 5 Spearfish | | 4:13.72 |
| 6 Lennox | | 4:14.06 |
| 7 Vermillion | | 4:15.07 |

Girls 4x800 Meter Relay

| | | |
|----------------------|------------------------|----------|
| 1 St. Thomas More | | 9:29.37 |
| 1) Blote, Brigit 11 | 2) Erlandson, Lizzy 11 | |
| 3) Timmer, Haleigh 8 | 4) Cooper, Kaci 9 | |
| 2 Custer | | 9:36.72 |
| 3 Hill City | | 9:50.77 |
| 4 Madison | | 9:51.08 |
| 5 Beresford | | 10:07.26 |
| 6 Winner | | 10:07.34 |
| 7 Canton | | 10:15.89 |
| 8 SF Christian | | 10:17.79 |

Girls 1600 Sprint Medley

| | | |
|-----------------------|----------------------|---------|
| 1 Dakota Valley | | 4:14.22 |
| 1) Rasmussen, Anna 12 | 2) Schulz, Tori 7 | |
| 3) Johnson, Alyssa 11 | 4) Schulz, Marisa 12 | |
| 2 St. Thomas More | | 4:17.07 |
| 3 Madison | | 4:19.87 |
| 4 Vermillion | | 4:21.26 |
| 5 Hill City | | 4:22.42 |
| 6 Ethan/Parkston | | 4:25.80 |
| 7 Spearfish | | 4:28.24 |
| 8 Flandreau | | 4:32.02 |

Girls Shot Put

| | | |
|---------------------|-------------------------|----------|
| 1 Menken, Jordan | 12 Custer | 44-09.00 |
| 2 Miiller, Amanda | 12 Ethan/Parkston | 40-10.50 |
| 3 Tobin, Cora | 10 Spearfish | 39-00.75 |
| 4 Leiseth, Faith | 11 Hamlin | 38-03.75 |
| 5 Kaitfors, Kennedy | 10 Spearfish | 37-05.50 |
| 6 Koepsell, Morgan | 11 McCook Central/Mont. | 36-06.75 |
| 7 VandeWeerd, Julie | 12 Canton | 36-05.25 |
| 8 Handel, Mady | 10 Chamberlain | 36-05.00 |

Girls Discus Throw

| | | |
|--------------------|-----------------------|--------|
| 1 Menken, Jordan | 12 Custer | 137-07 |
| 2 Leiseth, Faith | 11 Hamlin | 128-05 |
| 3 Patterson, Janae | 11 Wagner | 124-11 |
| 4 Boden, Cali | 10 Beresford | 116-10 |
| 5 Bjerke, Jessica | 11 Groton Area | 115-03 |
| 6 Holm, Taylor | 10 Groton Area | 112-05 |
| 7 Curry, Kenna | 9 Elk Point-Jefferson | 112-03 |
| 8 Handel, Mady | 10 Chamberlain | 111-02 |

Girls High Jump

| | | |
|-------------------|------------------|---------|
| 1 Johnson, Alyssa | 11 Dakota Valley | 5-03.00 |
| 2 Henricks, Shyla | 12 Britton-Hecla | 5-01.00 |
| 2 Ziegler, Nikole | 11 Sioux Valley | 5-01.00 |

| | | |
|-----------------------|------------------|---------|
| 4 Reinschmidt, Nikita | 11 Dakota Valley | 5-01.00 |
| 5 Rogers, Halle | 8 Spearfish | 5-01.00 |
| 6 Stevens, Lynsey | 11 Sioux Valley | 4-11.00 |
| 6 Pruis, Caitlyn | 9 SF Christian | 4-11.00 |
| 8 Niles, Jessica | 9 Beresford | 4-11.00 |
| 8 Braning, Aspen | 9 Belle Fourche | 4-11.00 |

Girls Long Jump

| | | |
|--------------------|-------------------------|----------|
| 1 Howell, Shayla | 11 Belle Fourche | 18-05.75 |
| 2 Wanner, Audrey | 12 Groton Area | 17-03.50 |
| 3 Wevik, Mikayla | 11 Tea Area | 16-10.00 |
| 4 Goertel, Sydney | 12 West Central | 16-09.75 |
| 5 Stange, Harleigh | 11 Groton Area | 16-07.00 |
| 6 Gerber, Lydia | 12 Canton | 16-05.50 |
| 7 Stevens, Lynsey | 11 Sioux Valley | 16-03.25 |
| 7 Krouse, Jocelyn | 10 McCook Central/Mont. | 16-03.25 |

Girls Triple Jump

| | | |
|-------------------|-----------------------|-----------|
| 1 Howell, Shayla | 11 Belle Fourche | 39-09.25 |
| 2 Rasmussen, Anna | 12 Dakota Valley | 35-10.50 |
| 3 Ecoffey, Echo | 10 Red Cloud | 35-08.25 |
| 4 Stoller, Claire | 12 Madison | 34-11.25 |
| 5 Wanner, Audrey | 12 Groton Area | 34-09.50 |
| 6 Jensen, Bella | 8 Belle Fourche | 34-09.00 |
| 7 Donnelly, Riley | 9 Elk Point-Jefferson | J34-09.00 |
| 8 Goertel, Sydney | 12 West Central | 34-08.25 |

Girls Pole Vault

| | | |
|---------------------|--------------------|----------|
| 1 Groeger, Carolyn | 11 Lead-Deadwood | 11-00.00 |
| 2 Giles, Jennifer | 11 Madison | 9-09.00 |
| 3 Schwebach, Shania | 11 Madison | 9-09.00 |
| 4 Houk, Jillian | 10 St. Thomas More | 9-00.00 |
| 5 Jackson, Chandi | 10 Spearfish | 9-00.00 |
| 6 Krcil, Britney | 10 Wagner | 8-06.00 |
| 7 Sestak, Rachel | 11 Bon Homme | 8-06.00 |
| 8 Miiller, Mollie | 10 Ethan/Parkston | 8-06.00 |

**49th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**
Sioux Falls – May 26-27, 2017
Class "AA"
(Total Participants = 376)

Girls 100 Meter Dash

| | | | | |
|---|-----------------|----|----------------|-------|
| 1 | DeWitt, Callie | 12 | SF O'Gorman | 12.06 |
| 2 | Bickley, Krista | 10 | Brandon Valley | 12.14 |
| 3 | Watson, Kyah | 9 | RC Stevens | 12.43 |
| 4 | Young, Hannah | 10 | RC Central | 12.43 |
| 5 | Kinney, Erin | 9 | Harrisburg | 12.65 |
| 6 | Bren, Alison | 12 | SF Roosevelt | 12.83 |
| 7 | Thomas, Jade | 12 | SF Lincoln | 12.91 |
| 8 | Brunner, Rachel | 10 | Watertown | 12.93 |

Girls 200 Meter Dash

| | | | | |
|---|--------------------|----|----------------|-------|
| 1 | Bickley, Krista | 10 | Brandon Valley | 24.84 |
| 2 | DeWitt, Callie | 12 | SF O'Gorman | 25.16 |
| 3 | Young, Hannah | 10 | RC Central | 25.46 |
| 4 | Watson, Kyah | 9 | RC Stevens | 25.59 |
| 5 | Sullivan, Maddison | 12 | RC Central | 26.12 |
| 6 | Bilal, Gozeila | 12 | SF O'Gorman | 26.22 |
| 7 | Bren, Alison | 12 | SF Roosevelt | 26.28 |
| 8 | Tingle, Tanya | 12 | Brandon Valley | 26.75 |

Girls 400 Meter Dash

| | | | | |
|---|--------------------|----|----------------|---------|
| 1 | Bickley, Krista | 10 | Brandon Valley | 55.80 |
| 2 | Crago, Kyla | 11 | Mitchell | 58.59 |
| 3 | Tingle, Tanya | 12 | Brandon Valley | 58.90 |
| 4 | Nuebel, Kennedy | 8 | Brandon Valley | 1:00.21 |
| 5 | Venner, Sydney | 12 | SF O'Gorman | 1:00.87 |
| 6 | VanHolland, Lauren | 11 | Harrisburg | 1:01.98 |
| 7 | Black, Chloe | 9 | SF Lincoln | 1:02.12 |
| 8 | Buckley, Alexa | 10 | Watertown | 1:02.65 |

Girls 800 Meter Run

| | | | | |
|---|--------------------------|----|----------------|---------|
| 1 | Abraham, Ellie | 9 | Brookings | 2:15.74 |
| 2 | Bennett, Kylee | 8 | Sturgis Brown | 2:17.96 |
| 3 | Sudbeck, Caroline | 9 | SF Lincoln | 2:18.18 |
| 4 | Mwenentanda, Ndjakalenga | 7 | SF O'Gorman | 2:20.01 |
| 5 | Waterfall, Haylee | 11 | Brandon Valley | 2:20.95 |
| 6 | Bindert, Liz | 10 | SF Lincoln | 2:21.29 |
| 7 | Bietz, Madisyn | 7 | Yankton | 2:22.34 |
| 8 | Presler, Sarah | 12 | Brandon Valley | 2:23.73 |

Girls 1600 Meter Run

| | | | | |
|---|-------------------|----|------------------|---------|
| 1 | Klatt, Courtney | 11 | SF Lincoln | 5:00.78 |
| 2 | Abraham, Ellie | 9 | Brookings | 5:05.17 |
| 3 | Bennett, Kylee | 8 | Sturgis Brown | 5:10.45 |
| 4 | Wells, Lauren | 10 | Brandon Valley | 5:13.64 |
| 5 | Bietz, Madisyn | 7 | Yankton | 5:15.24 |
| 6 | Levesque, Analise | 10 | SF Lincoln | 5:16.33 |
| 7 | Sudbeck, Caroline | 9 | SF Lincoln | 5:17.19 |
| 8 | Douglas, Zoe | 8 | Aberdeen Central | 5:19.19 |

Girls 3200 Meter Run

| | | |
|-------------------|--------------------|----------|
| 1 Klatt, Courtney | 11 SF Lincoln | 11:15.57 |
| 2 Kost, Delaney | 8 RC Central | 11:24.67 |
| 3 Ripperda, Abby | 12 SF O'Gorman | 11:25.56 |
| 4 Neumiller, Lia | 7 Sturgis Brown | 11:31.22 |
| 5 Jacobs, Melanie | 8 Aberdeen Central | 11:36.66 |
| 6 Wieman, Alissa | 8 Douglas | 11:36.85 |
| 7 Kuhn, Bryanna | 9 RC Stevens | 11:46.33 |
| 8 Harbaugh, Chloe | 8 SF Lincoln | 11:49.39 |

Girls 100 Meter Hurdles

| | | |
|-----------------------|------------------|-------|
| 1 Nickel, Emilee | 10 RC Central | 14.74 |
| 2 Schaefer, Elizabeth | 10 RC Stevens | 14.84 |
| 3 Heier, Ryley | 11 SF Lincoln | 15.33 |
| 4 Dal, Josephine | 10 SF Lincoln | 15.58 |
| 5 Tietz, Sophie | 9 Watertown | 15.60 |
| 6 Bartels, Kailee | 10 Brookings | 15.71 |
| 7 Gerberding, Holly | 12 Sturgis Brown | 15.75 |

Girls 300 Meter Hurdles

| | | |
|-------------------------|---------------------|-------|
| 1 Schaefer, Elizabeth | 10 RC Stevens | 44.91 |
| 2 Gerberding, Holly | 12 Sturgis Brown | 45.91 |
| 3 Heier, Ryley | 11 SF Lincoln | 46.05 |
| 4 Dal, Josephine | 10 SF Lincoln | 46.12 |
| 5 Bad Moccasin, Chelsey | 12 Aberdeen Central | 47.12 |
| 6 Little, Deyona | 12 Huron | 47.61 |
| 7 Thomas, Taylor | 8 Harrisburg | 49.94 |

Girls 4x100 Meter Relay

| | |
|------------------------|---------------------|
| 1 RC Stevens | 48.38 |
| 1) Parris, Lily 9 | 2) Sawyer, Jacey 12 |
| 3) Hartford, Sophie 12 | 4) Watson, Kyah 9 |
| 2 RC Central | 48.86 |
| 3 SF O'Gorman | 49.04 |
| 4 Harrisburg | 49.87 |
| 5 Brandon Valley | 50.25 |
| 6 Watertown | 50.32 |
| 7 Brookings | 50.97 |

Girls 4x200 Meter Relay

| | |
|----------------------|------------------------|
| 1 Brandon Valley | 1:41.35 |
| 1) Nuebel, Kennedy 8 | 2) Thompson, Morgan 10 |
| 3) Tingle, Tanya 12 | 4) Bickley, Krista 10 |
| 2 RC Stevens | 1:43.38 |
| 3 Harrisburg | 1:45.03 |
| 4 SF O'Gorman | 1:46.09 |
| 5 Sturgis Brown | 1:46.20 |
| 6 RC Central | 1:46.74 |
| 7 SF Lincoln | 1:47.46 |
| 8 Yankton | 1:48.65 |

Girls 4x400 Meter Relay

| | |
|------------------------|-------------------------|
| 1 Brandon Valley | 4:01.45 |
| 1) Hendrick, Hannah 11 | 2) Waterfall, Haylee 11 |
| 3) Nuebel, Kennedy 8 | 4) Tingle, Tanya 12 |
| 2 SF O'Gorman | 4:02.11 |

| | |
|-----------------|---------|
| 3 Brookings | 4:02.14 |
| 4 SF Lincoln | 4:04.19 |
| 5 RC Stevens | 4:04.93 |
| 6 RC Central | 4:07.08 |
| 7 Sturgis Brown | 4:07.14 |
| 8 Yankton | 4:07.82 |

Girls 4x800 Meter Relay

| | |
|-------------------------|------------------------|
| 1 SF Lincoln | 9:26.13 |
| 1) Bindert, Liz 10 | 2) Sudbeck, Caroline 9 |
| 3) Levesque, Analise 10 | 4) Klatt, Courtney 11 |
| 2 Aberdeen Central | 9:35.10 |
| 3 Brandon Valley | 9:48.95 |
| 4 SF O'Gorman | 9:51.93 |
| 5 RC Central | 9:53.37 |
| 6 Yankton | 9:56.80 |
| 7 SF Roosevelt | 10:08.34 |
| 8 SF Washington | 10:08.60 |

Girls 1600 Sprint Medley

| | |
|------------------------|---------------------|
| 1 Brookings | 4:08.57 |
| 1) Tetzlaff, Baylee 12 | 2) Rystrom, Emily 9 |
| 3) Gray, Madison 12 | 4) Abraham, Ellie 9 |
| 2 SF Lincoln | 4:10.83 |
| 3 Sturgis Brown | 4:14.07 |
| 4 Brandon Valley | 4:16.17 |
| 5 RC Stevens | 4:18.21 |
| 6 RC Central | 4:21.87 |
| 7 SF Roosevelt | 4:24.85 |
| 8 SF Washington | 4:27.05 |

Girls Shot Put

| | | |
|--------------------------|---------------------|----------|
| 1 Greer, Jasmine | 9 SF Roosevelt | 41-00.50 |
| 2 Burckhard, Paiton | 11 Aberdeen Central | 40-09.00 |
| 3 Wynn, Naomi | 12 Douglas | 39-07.25 |
| 4 Klamm, Libby | 12 Brandon Valley | 39-00.00 |
| 5 Brady, Lexie | 8 SF O'Gorman | 38-00.00 |
| 6 Bindert, Becca | 12 SF Lincoln | 37-09.00 |
| 7 Lindner, Ali | 11 Harrisburg | 37-07.50 |
| 8 Flores-Schulte, Amanda | 11 Brookings | 37-04.50 |

Girls Discus Throw

| | | |
|---------------------|---------------------|--------|
| 1 Lindner, Ali | 11 Harrisburg | 127-11 |
| 2 Bindert, Becca | 12 SF Lincoln | 124-07 |
| 3 Delzer, Christina | 12 RC Stevens | 120-07 |
| 4 Haase, Carson | 12 Brandon Valley | 118-11 |
| 5 Mounga, Melia | 10 Aberdeen Central | 114-04 |
| 6 Dicus, Aubri | 9 SF Roosevelt | 113-08 |
| 7 Brady, Lexie | 8 SF O'Gorman | 112-02 |
| 8 Miller, Alison | 9 RC Central | 110-10 |

Girls High Jump

| | | |
|-----------------------|----------------------|---------|
| 1 Haring, Carly | 10 Mitchell | 5-07.00 |
| 2 Eisenbeisz, Addison | 11 Pierre T.F. Riggs | 5-07.00 |
| 3 Johnson, Michelle | 12 RC Central | 5-06.00 |
| 4 Falak, Alayna | 9 Watertown | 5-04.00 |
| 5 Tietz, Sophie | 9 Watertown | 5-02.00 |

| | | |
|--------------------|-------------------|---------|
| 5 Thompson, Morgan | 10 Brandon Valley | 5-02.00 |
| 7 Simons, Ashlyn | 11 Sturgis Brown | 5-02.00 |
| 8 Hansen, Morgan | 9 SF Lincoln | 5-02.00 |

Girls Long Jump

| | | |
|-------------------|-------------------|----------|
| 1 DeWitt, Callie | 12 SF O'Gorman | 18-06.75 |
| 2 Heier, Ryley | 11 SF Lincoln | 17-08.50 |
| 3 Boomsma, Jaiden | 9 Yankton | 17-04.50 |
| 4 Law, Trinity | 10 Brandon Valley | 17-02.00 |
| 5 Bisgard, Sophie | 12 Yankton | 17-01.00 |
| 6 Bates, Sammi | 12 RC Stevens | 16-10.50 |
| 7 Justus, Liberty | 11 SF Lincoln | 16-10.00 |
| 8 Emick, Caitlynn | 12 Sturgis Brown | 16-09.25 |

Girls Triple Jump

| | | |
|----------------------|---------------------|-----------|
| 1 Heier, Ryley | 11 SF Lincoln | 37-01.75 |
| 2 Bates, Sammi | 12 RC Stevens | 36-07.75 |
| 3 Emick, Caitlynn | 12 Sturgis Brown | 36-03.00 |
| 4 Wambach, Sydney | 9 SF O'Gorman | 35-08.00 |
| 5 Bisgard, Sophie | 12 Yankton | 35-05.50 |
| 6 Stonecipher, Rylie | 9 RC Stevens | J35-05.50 |
| 7 Martin, Grace | 9 RC Stevens | 35-03.50 |
| 8 Grismer, Jenna | 12 Aberdeen Central | 35-03.00 |

Girls Pole Vault

| | | |
|-----------------------|----------------------|-----------|
| 1 Scott, Whitney | 12 Watertown | 11-06.00 |
| 2 Katz, Shannon | 12 Huron | 11-00.00 |
| 3 Bullard, Sophia | 11 Pierre T.F. Riggs | 10-06.00 |
| 4 Hendrick, Hannah | 11 Brandon Valley | J10-06.00 |
| 5 Johannsen, Jacee | 9 SF Washington | J10-06.00 |
| 6 Ahlers, Sydney | 9 Watertown | 10-00.00 |
| 7 Scott, Summer | 11 Watertown | J10-00.00 |
| 8 Guthmiller, Kaitlin | 12 Yankton | J10-00.00 |
| 8 Huneke, Jordyn | 12 RC Stevens | J10-00.00 |



State Class "B" Track and Field Champions Deubrook Area Lady Dolphins

CLASS "B" TEAM POINTS

| | |
|---------------------------------------|-----------------------------------|
| 1. Deubrook Area 78 | 25. Dell Rapids St. Mary 9 |
| 2. Parker.....48 | 27. Corsica-Stickney.....8 |
| 3. Gayville-Volin.....42 | 27. Hanson.....8 |
| 4. Chester Area41 | 27. Irene-Wakonda8 |
| 5. Newell39 | 30. Tri-State.....5 |
| 5. New Underwood.....39 | 30. Castlewood5 |
| 7. Ipswich38.2 | 32. Freeman Academy/Marion4 |
| 8. Viborg-Hurley38 | 32. Langford Area4 |
| 9. Sanborn Central/Woonsocket25 | 32. Colome4 |
| 9. Howard25 | 35. Arlington.....3.2 |
| 11. Platte-Geddes.....24 | 36. McIntosh.....3 |
| 11. Sully Buttes24 | 36. Wolsey-Wessington.....3 |
| 13. Wilmot.....21 | 36. Colman-Egan3 |
| 14. Lake Preston20 | 36. Northwestern3 |
| 14. Potter County20 | 36. Highmore-Harrold3 |
| 16. Warner19.2 | 36. Lyman.....3 |
| 17. Wall18 | 42. Scotland2.2 |
| 18. Avon14 | 43. Bison.....2 |
| 18. Tripp-Delmont/Armour14 | 43. Bridgewater-Emery2 |
| 20. Rapid City Christian13 | 43. Philip2 |
| 21. Eureka/Bowdle12 | 46. Elkton-Lake Benton.....1.2 |
| 22. Canistota11 | 47. Mitchell Christian1 |
| 22. Waverly-South Shore11 | 47. Kimball/White Lake1 |
| 24. Menno.....10 | |
| 25. Freeman9 | |



**State Class "A" Track and Field Co-Champions
Madison Lady Bulldogs and St. Thomas More Cavaliers**

CLASS "A" TEAM POINTS

| | | | |
|---------------------------------|------|----------------------------------|------|
| 1. St. Thomas More | 64 | 18. Lennox..... | 14 |
| 1. Madison..... | 64 | 19. Hamlin..... | 13 |
| 3. Custer | 62 | 19. Elk Point-Jefferson..... | 13 |
| 4. Dakota Valley..... | 49 | 19. Chamberlain | 13 |
| 5. West Central..... | 45 | 22. McCook Central/Montrose..... | 12.5 |
| 6. Belle Fourche | 43.5 | 23. Dell Rapids..... | 12 |
| 7. Spearfish..... | 34 | 23. Ethan/Parkston | 12 |
| 8. Canton | 32 | 25. Sioux Valley | 11 |
| 9. Hill City..... | 27 | 26. Lead-Deadwood | 10 |
| 10. Tea Area..... | 26 | 27. Wagner | 9 |
| 10. Todd County..... | 26 | 28. Winner..... | 7 |
| 12. Groton Area..... | 23 | 28. Britton-Hecla..... | 7 |
| 13. Mt. Vernon/Plankinton..... | 21 | 30. Red Cloud..... | 6 |
| 14. Beresford | 19.5 | 31. Redfield/Doland | 5 |
| 15. Tri-Valley | 19 | 32. Stanley County | 4 |
| 16. Sioux Falls Christian | 17.5 | 33. Bon Homme | 2 |
| 17. Vermillion | 16 | 34. Flandreau..... | 1 |



**State Class "AA" Track and Field Champions
Sioux Falls Lincoln Patriots**

CLASS "AA" TEAM POINTS

| | | | |
|------------------------------|-------|---------------------------------|------|
| 1. Sioux Falls Lincoln..... | 118 | 10. Aberdeen Central..... | 30 |
| 2. Brandon Valley..... | 108.5 | 11. Yankton | 25.5 |
| 3. Sioux Falls O’Gorman..... | 81 | 12. Sioux Falls Roosevelt | 22 |
| 4. Rapid City Stevens | 79.5 | 13. Mitchell..... | 18 |
| 5. Rapid City Central..... | 61 | 14. Pierre T.F. Riggs..... | 14 |
| 6. Sturgis Brown..... | 50 | 15. Huron..... | 11 |
| 7. Brookings | 40 | 16. Douglas..... | 9 |
| 8. Watertown | 32.5 | 17. Sioux Falls Washington..... | 6 |
| 9. Harrisburg..... | 32 | | |

“GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is: 12.71, the Class “A” winner’s time is: 13.30 and the Class “B” winner’s time is: 13.07, the “Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given in all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

2016 GIRLS’ GOLD MEDAL RECIPIENTS

| | | | |
|-----------------------|---|----------------------|-----------|
| 100 Meter Dash | Callie DeWitt-12 | Sioux Falls O’Gorman | 12.06 |
| 200 Meter Dash | Krista Bickley-10 | Brandon Valley | 24.84 |
| 400 Meter Dash | Krista Bickley-10 | Brandon Valley | 55.80 |
| 800 Meter Run | Tori Glazier-11 | Custer | 2:14.25 |
| 1,600 Meter Run | Courtney Klatt-11 | Sioux Falls Lincoln | 5:00.78 |
| 3,200 Meter Run | Cait Savey-11 | Beresford | 11:14.98 |
| 100 Meter Int Hurdles | Emilee Nickel-10 | Rapid City Central | 14.74 |
| 300 Meter Low Hurdles | Elizabeth Schaefer-10 | Rapid City Stevens | 44.91 |
| 4x100 Meter Relay | Rapid City Stevens Lily Parris, 9; Jacey Sawyer, 12 Sophie Hartford, 12; Bailey Carlson, 10 | | 48.38 |
| 4x200 Meter Relay | Brandon Valley Kennedy Nuebel, 8; Morgan Thompson, 10 Tanya Tingle, 12; Krista Bickley, 10 | | 1:41.35 |
| 4x400 Meter Relay | Brandon Valley Hannah Hendrick, 11; Haylee Waterfall, 11 Kennedy Nuebel, 8; Tanya Tingle, 12 | | 4:01.45 |
| 4x800 Meter Relay | Sioux Falls Lincoln Liz Bindert, 10; Caroline Sudbeck, 9 Analise Levesque, 10; Courtney Klatt, 11 | | 9:26.13 |
| Sprint Medley Relay | Brookings Baylee Tetzlaff, 12; Emily Rystrom, 9 Madison Gray, 12; Ellie Abraham, 9 | | 4:10.37 |
| Shot Put | Jordan Menken-12 | Custer | 44’09.00” |
| Discus Throw | Jordan Menken-12 | Custer | 137’07” |
| High Jump | Carly Haring-10 | Mitchell | 5’07.00” |
| Long Jump | Callie DeWitt-12 | Sioux Falls O’Gorman | 18’06.75” |
| Triple Jump | Shayla Howell-11 | Belle Fourche | 39’09.25” |
| Pole Vault | Whitney Scott-12 | Watertown | 11’06.00” |

GIRLS' "GOLD MEDAL" HONOR ROLL

Most Individual Medals - One Year

Four Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2011)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 s 100m Relay, 4 x 200m Relay – 2003)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

Three Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)
Cortney Dowling, Pierre Riggs – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2014)
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)
Tamara Gorman, RC Stevens – Class "AA" (1600m Run, 3200m Run, 4 x 800m Relay – 2011)
Emily Haar, RC Stevens – Class "AA" (4 x 100m Relay, 4 x 200m Relay, Medley Relay – 2014)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2012)
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)
Alaina Klapperich, RC Central – Class "AA" (100m Dash, 4 x 100m Relay, 4 x 200m Relay – 2015)
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

Relay "Gold Medal Awards" - All-Time

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Medley Relay – 2000; 4 x 800m Relay – 2012, 2013;
Aberdeen Roncalli - 4 x 800m Relay - 1998
Bon Homme -4 x 800m Relay - 1986;
Brandon Valley - 4 x 100m Relay - 1995, 1996; 4 x 200m Relay – 2016, 2017; 4 x 400m Relay – 2014, 2015, 2017; 4 x 200m Relay – 2016; 4 x 800m Relay – 2016;
Brookings - 4 x 800m Relay - 1989; Medley Relay – 1988, 2017; 4 x 100m Relay - 2009
Canton - Medley Relay - 1992;
Chamberlain - Medley Relay – 2001
Custer – Medley Relay - 2015

DeSmet - Medley Relay - 1989
 Herried - 4 x 400m Relay - 1994;
 Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991
 Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998
 Madison – 4 x 100m Relay – 2005; 4 x 400m Relay – 2016;
 Miller - 4 x 200m Relay – 1986;
 Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996
 Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;
 Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990; 4 x 400m Relay – 2013;
 RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003, 2010, 2013; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;
 RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008, 2011, 2012, 2014, 2015, 2017; 4 x 200m Relay - 1987, 1988, 2005, 2010, 2011, 2012, 2014, 2015; 4 x 400m Relay – 2000, 2001, 2002, 2003, 2004, 2006, 2010; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004, 2011, 2014, 2015; Sprint Medley – 2010, 2013, 2014;
 SF Christian – 4 x 200m Relay – 2013;
 SF Lincoln - 4 x 400m Relay - 1986, 1987; 4 x 800 Relay – 2017; Medley Relay – 2003;
 SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;
 SF Roosevelt – 4 x 200m Relay – 2001, 2007, 2009; Medley Relay – 2004, 2005; 4 x 800m Relay – 2007;
 SF Washington - Medley Relay - 1986, 1987, 2009; 4 x 400m Relay - 2009
 Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994; 4 x 400m Relay – 2011
 St. Thomas More – 4 x 100m Relay – 2016; Medley Relay– 2016;
 Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007; 4 x 800m Relay – 2010;
 West Central – 4 x 200m Relay – 2004;
 Watertown - 4 x 200m Relay – 1989, 2006, 2008; 4 x 400 m Relay – 2005, 2007, 2008, 2012; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999, 2011, 2012;
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009

Most Individual “Gold Medal Awards” – Career

Eleven Awards

Megan Trotter, RC Central - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

Ten Awards

Kari Heck, SF Washington – Class “AA” (4 x 400m Relay – 2009; 100m Dash – 2011, 2012; 200m Dash – 2010, 2011, 2012; 400m Dash – 2010, 2011, 2012; Long Jump - 2011)

Jasmyne King, RC Central – Class “AA” (100m Dash – 2007, 2008, 2010; 200m Dash – 2007, 2008; 400m Dash – 2007, 2008; Long Jump – 2007, 2008; 4 x 100m Relay - 2010)

Cherise Thompson, RC Stevens - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

Nine Awards

Jaime Pauli, Milbank - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

Jill Theeler, Mitchell - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

Anne Vollmer, RC Central - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

Eight Awards

Amber Abrams, RC Central - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

Brittany Page, Watertown – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2007, 2008)

Seven Awards

Cortney Dowling, Pierre Riggs – Class “AA” (100m Dash – 2014, 2016; 200m Dash – 2013, 2014, 2016; 400m Dash – 2014; 4 x 400m Relay – 2013)

Allison Eckert, SF Roosevelt – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

Brittany Garner, RC Stevens – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

Shannon Hattervig, RC Stevens – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

Ramsey Kavan, Yankton – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

Julie Schwengler, RC Stevens – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

Heather Sieler, Huron - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

Ann Westby, Brookings - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

Six Awards

Jamie Krautschun, Spearfish - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

Leslie Brost, Watertown – Class “AA” (Pole Vault – 2006, 2007, 2008; 4 x 400m Relay – 2007, 2008; 4 x 200m Relay - 2008)

Hiedi Reed, Canton - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

Barb Riemenschneider, RC Stevens - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

Steph Schueler, SF Lincoln - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

Cori Vining, Huron - Class “AA” (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

Five Awards

Krista Bickley, Brandon Valley – Class “AA” (200m Dash – 2015, 2017; 400m Dash – 2015, 2016, 2017)

Alexis Gannon, Brookings – Class “AA” (Triple Jump – 2011, 2013, 2014; Long Jump – 2012, 2014)

Tamara Gorman, RC Stevens – Class “AA” (1600m Run – 2011; 3200m Run – 2011, 2013, 2014; 4 x 800 Relay – 2011)

Cara Groseth, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kacey Herrmann, RC Stevens – Class “AA” (Medley Relay – 2010; 4 x 100m Relay – 2011, 2012; 4 x 200m Relay – 2011, 2012)

Amy Jensen, Brandon Valley - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

Julie Knight, RC Central - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

Meg Larson, Aberdeen Roncalli - Class “A” (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

Sara Miller, RC Central – Class “AA” (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

Karissa Prpich, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kelly Rhodes, SF Lincoln - Class “AA” (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

Four Awards

Taylor Baker, RC Stevens – Class “AA” (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

Aubrey Baxter, Redfield – Class “A” (Shot Put – 2003, 2004; Discus – 2003, 2004)

Becca Bedard, RC Stevens – Class “AA” (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007, 2008)

Darcy Biers, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

Jodi Bowne, Elkton - Class “B” (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

Colette Christensen, RC Central – Class “AA” (High Jump – 2012, 2013, 2014; Triple Jump – 2012)

Jasmyne Cooper, SF Lincoln – Class “AA”(800m Run-2015, 2016; 1600m Run – 2015, 2016)

Kalie Cox, Watertown – Class “AA” (4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2008)

Krista Creager, Yankton – Class “AA” (800m Run – 2008; Sprint Medley Relay – 2006, 2008 4 x 800m Relay - 2009)

Emily DeVries, RC Stevens – Class “AA” (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)

Tessa Gorsuch, RC Central – Class “AA” (4x100m Relay – 2010, 2013; 100m Hurdles – 2011, 2013)

Emily Haar, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Relay – 2013, 2014)
Shannon Hellman, Douglas – Class “AA” (100m Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)
Megan Hilson, Yankton – Class “AA” (3200m Run – 2008, 2009; 4 x 800m Relay – 2008, 2009)
Sarah Hoffman, Mitchell - Class “AA” (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)
Leia Jackson, RC Central – Class “AA” (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)
Alaina Klapperich, RC Central – Class “AA” (100m Dash – 2015; 4 x 100m Relay – 2013, 2015; 4 x 200m Relay – 2015)
Amanda Kuchta, Yankton – Class “AA” (4 x 800m – 2003, 2005; Medley – 2006)
Althea Meeter, Cheyenne-Eagle Butte - Class “A” (100m Dash, 200m Dash - 1990, 91)
Michelle Mellegaard, Bridgewater - Class “B” (Long Jump - 1993, 95; Triple Jump - 1994, 95;)
Courtney Murray, RC Central – Class “AA” (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)
Stephanie Peterson, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)
Rhonda Sheffield, Highmore - Class “B” (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)
Brittany Stangl, Watertown – Class “AA” (Sprint Medley Relay – 2012; Pole Vault – 2010, 2011, 2012)
Rachel Weinandt, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; Sprint Medley Relay – 2008; 800m Run - 2010)

Three Awards

Alayna Aker, RC Central - Class “AA” (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)
Erica Bakke, Salem - Class “A” (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)
Betsy Bies, Yankton – Class “AA” (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)
Megan Bren, SF Roosevelt – Class “AA” (100m Dash – 2006; 4 x 200m Relay 2007, 2009)
Sydney Daane, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Medley – 2013)
Abby Davis, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Emily Delzer, RC Stevens – Class “AA” (4 x 100m Relay – 2012, 2014; 4 x 200m Relay – 2014)
Anne Doshier, RC Stevens – Class “AA” (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)
Jessica Fox, Watertown - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)
Brooke Garner, RC Stevens – Class “AA” (Shot Put – 2008; Discus Throw – 2007-2008)
Sara Gill, RC Central - Class “AA” (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)
Kayla Gosnell, RC Stevens – Class “AA” (4 x 100m Relay – 2004, 2006, 2007)
Cariss Hauck, Watertown – Class “AA” (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)
Macy Heinz, Ipswich – Class “B” (1600m Run – 2012; 800m Run – 2013, 2014)
Tia Hemiller, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Mariah Hofer, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; 3200m Run – 2010)
Jeana Hoffman, Mitchell – Class “AA” (300m Hurdles – 2001, 2002, 2003)
Hannah Kastigar, Aberdeen Central – (4x800m Relay – 2012, 2013; 1600m Run – 2013)
Lindsey Keck, RC Stevens – Class “AA” (4 x 800m Relay – 1999, 2000, 2001)
Dawn Koehn, Watertown - Class “AA” (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Tamiko Kopfmann, Huron – Class “AA” (Long Jump – 2005, 2006; Triple Jump – 2006)
Beth Mueller, RC Stevens – Class “AA” (4 x 400m Relay – 2002, 2003, 2004)
Kylee Nolan, RC Stevens – Class “AA” (4 x 400m Relay – 2010; Medley Relay – 2010; 4 x 200m Relay - 2011)
Ramsee Pagel, RC Stevens – Class “AA” (4 x 400m Relay – 2000, 2001, 2002)
Mallory Peck, SF O’Gorman – Class “AA” (Pole Vault – 2004, 2005; Triple Jump – 2005)
Emily Person, RC Stevens – Class “AA” (800m Run – 2011; 4 x 800m Relay – 2011, 2014)
Elizabeth Schaefer, RC Stevens – Class “AA” (100m Hurdles – 2016; 300m Hurdles – 2016, 2017)
Janie Sershen, Chester – Class “A” (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)
Ashley Storm, Yankton – Class “AA” (4 x 800m – 2003, 2005, 2006)
Ashley Thompson, RC Stevens – Class “AA” (100m Hurdles – 2012; 300m Hurdles – 2011, 2012)
Beth Wahl, Pierre - Class “AA” (4 x 400m Relay - 1991; High Jump - 1992, 93)

GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS
 (Made under the auspices of the
 South Dakota High School Activities Association at its Annual Track and Field Meet)

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 1996 | Jill Theeler, Mitchell | 11.90 |
| 200 Meter Dash | 2016 | Cortney Dowling, Pierre T.F. Riggs | 24.27 |
| 400 Meter Dash | 2016 | Krista Bickley, Brandon Valley | 54.08 |
| 800 Meter Run | 2006 | Allison Eckert, SF Roosevelt | 2:11.24 |
| 1600 Meter Run | 2005 | Ramsey Kavan, Yankton | 4:46.84 |
| 3200 Meter Run | 2005 | Allison Eckert, SF Roosevelt | 10:38.66 |
| 100 Meter Hurdles (33") | 2009 | Nevada Sorenson, SF Lincoln | 14.12 |
| 300 Meter Low Hurdles | 1992 | Anne Vollmer, RC Central | 43.44 |
| 4 x 100 Meter Relay | 2017 | RC Stevens Parris, Sawyer, Hartford, Watson | 48.64 |
| 4 x 200 Meter Relay | 2006 | Watertown Lauseng, Cox, Hauck, Page | 1:41.29 |
| 4 x 400 Meter Relay | 2006 | RC Stevens Pagel, DeVries, Jansen, Garner | 3:53.49 |
| 4 x 800 Meter Relay | 2004 | RC Stevens Blackler, Pagel, Hattervig, Schwengler | 9:10.26 |
| Sprint Medley Relay | 2017 | Brookings Tetzlaff, Rystrom, Gray, Abraham | 4:08.57 |
| Shot Put (4kg) | 2005 | Lynnae Fox, Newell | 46'03.50" |
| Discus | 1980 | Karen McDonald, Watertown | 151'11.00" |
| High Jump | 1993 | Beth Wahl, Pierre T.F. Riggs | 5'09.25" |
| Long Jump | 2008 | Jasmyne King, Rapid City Central | 18'10.75" |
| Triple Jump | 2014 | Alexis Gannon, Brookings | 40'03.75" |
| Pole Vault | 2008 | Leslie Brost, Watertown | 12'10.00" |

Track events listed in meters. Field events listed in feet and inches.
 Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "B" RECORDS

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 2009 | Carly Carper, Oldham-Ramona/Rutland | 11.98 |
| 200 Meter Dash | 2009 | Carly Carper, Oldham-Ramona/Rutland | 24.85 |
| 400 Meter Dash | 2003 | Andrea Warnke, Bonesteel-Fairfax | 56.46 |
| 800 Meter Run | 2015 | Macy Heinz, Ipswich | 2:15.17 |
| 1600 Meter Run | 2003 | Melinda Zirbel, Summit | 5:04.51 |
| 3200 Meter Run | 2003 | Melinda Zirbel, Summit | 11:02.24 |
| 100 Meter Hurdles (33") | 2015 | Lauren Sokolowski, Irene-Wakonda | 14.64 |
| 300 Meter Low Hurdles | 1996 | Rhonda Sheffield, Highmore | 44.63 |
| 4 x 100 Meter Relay | 2011 | Oldham-Ramona/Rutland Olson, Thurow, Hagemann, Carper | 49.93 |
| 4 x 200 Meter Relay | 2009 | Rosholt/Fairmount Heesch, Meyer, Anderson, Anderson | 1:44.88 |
| 4 x 400 Meter Relay | 2012 | Ipswich Heinz, Lloyd, Gauer, Heinz | 4:02.72 |
| 4 x 800 Meter Relay | 1980 | Kadoka Parke, Porch, Parke, Herber | 9:41.53 |
| Sprint Medley Relay | 2012 | Castlewood Little, Johnson, McEldowney, Strait | 4:17.36 |
| Shot Put (4kg) | 2003 | Jocelyn Dockendorf, Corsica | 43'03.75" |
| Discus | 2005 | Amber Brodersen, Wolsey-Wessington | 145'06.00" |
| High Jump | 2017 | Gabrielle Renelt, Wilmot | 5'06.50" |
| Long Jump | 2009 | Christy Schultz, RC Christian | 18'09.50" |
| Triple Jump | 1994 | Michelle Mellegaard, Bridgewater | 38'06.50" |
| Pole Vault | 2009 | Calley Worth, Gettysburg | 11'03.00" |
| | 2009 | Brigitte Gross, Hanson | |

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "A" RECORDS

| | | | |
|-------------------------|------|--|------------|
| 100 Meter Dash | 2013 | Stachia Reuwsaat, St. Thomas More | 12.14 |
| 200 Meter Dash | 1991 | Althea Meeter, Cheyenne-Eagle Butte | 25.15 |
| 400 Meter Dash | 2017 | Caelyn Valandra-Prue, Todd County | 56.52 |
| 800 Meter Run | 2016 | Tori Glazier, Custer | 2:14.13 |
| 1600 Meter Run | 1991 | Hiedi Reed, Canton | 5:03.16 |
| 3200 Meter Run | 1991 | Hiedi Reed, Canton | 11:08.85 |
| 100 Meter Hurdles (33") | 2004 | Lindsay House, Lennox | 14.73 |
| 300 Meter Low Hurdles | 1981 | Amy Allard, Jefferson | 44.60 |
| 4 x 100 Meter Relay | 2016 | St. Thomas More Kirsch, Carlson, Eckrich, Carlson | 49.19 |
| 4 x 200 Meter Relay | 2014 | SF Christian Koth, Stern, Oostra, Velgersdyk | 1:44.21 |
| 4 x 400 Meter Relay | 2014 | SF Christian Koth, Stern, Oostra, Velgersdyk | 3:59.52 |
| 4 x 800 Meter Relay | 2016 | Custer Delmont, Sedlacek, Parys, Glazier | 9:26.26 |
| Medley Relay | 2016 | St. Thomas More Kirsch, Eckrich, Kirsch, Cooper | 4:10.37 |
| Shot Put (4kg) | 2005 | *Lynnae Fox, Newell | 46'03.50" |
| Discus | 2001 | Sarah Stevens, Hot Springs | 151'08.00" |
| High Jump | 1985 | Stacey Johnson, Platte | 5'09.00" |
| Long Jump | 2013 | Stachia Reuwsaat, St. Thomas More | 18'09.50" |
| Triple Jump | 2017 | Shayla Howell, Belle Fourche | 39'09.25" |
| Pole Vault | 2010 | Jessica Koupal, Wagner | 11'04.00" |

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "AA" RECORDS

| | | | |
|-------------------------|------|---|------------|
| 100 Meter Dash | 1996 | *Jill Theeler, Mitchell | 11.90 |
| 200 Meter Dash | 2016 | *Cortney Dowling, Pierre T.F. Riggs | 24.27 |
| 400 Meter Dash | 2016 | *Krista Bickley, Brandon Valley | 54.08 |
| 800 Meter Run | 2006 | *Allison Eckert, SF Roosevelt | 2:11.24 |
| 1600 Meter Run | 2005 | *Ramsey Kavan, Yankton | 4:46.84 |
| 3200 Meter Run | 2005 | *Allison Eckert, SF Roosevelt | 10:38.66 |
| 100 Meter Hurdles (33") | 2009 | *Nevada Sorenson, SF Lincoln | 14.12 |
| 300 Meter Low Hurdles | 1992 | *Anne Vollmer, RC Central | 43.44 |
| 4 x 100 Meter Relay | 2017 | *RC Stevens Parris, Sawyer, Hartford, Watson | 48.38 |
| 4 x 200 Meter Relay | 2006 | *Watertown Lauseng, Cox, Hauck, Page | 1:41.29 |
| 4 x 400 Meter Relay | 2006 | *RC Stevens Pagel, DeVries, Jansen, Garner | 3:53.49 |
| 4 x 800 Meter Relay | 2004 | *RC Stevens Blackler, Pagel, Hattervig, Schwengler | 9:10.26 |
| Medley Relay | 2017 | *Brookings Tetzlaff, Rystrom, Gray, Abraham | 4:08.57 |
| Shot Put (4kg) | 1996 | Lisa Griebel, SF Roosevelt | 46'00.00" |
| Discus | 1980 | *Karen McDonald, Watertown | 151'11.00" |
| High Jump | 1993 | *Beth Wahl, Pierre T.F. Riggs | 5'09.25" |
| Long Jump | 2008 | *Jasmyne King, RC Central | 18'10.75" |
| Triple Jump | 2014 | *Alexis Gannon, Brookings | 40'03.75" |
| Pole Vault | 2008 | *Leslie Brost, Watertown | 12'10.00" |

* Indicates overall state meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' STATE CHAMPIONS AND RUNNERS-UP

Girls' Track - One Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|-----------------|------------------|
| 1969 | Tyndall | Brookings | 1971 | Douglas (EAFB) | Hurley |
| 1970 | Tyndall | Hurley | 1972 | Redfield | Mission |

Girls' Class "B" Track - Two Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|-----------------|------------------|
| 1973 | Tyndall | Mellette | 1974 | Wall | Springfield |

Girls' Class "A" Track - Two Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | <u>Champion</u> | <u>Runner-Up</u> |
|------|-----------------|------------------|------|---------------------|------------------|
| 1973 | Redfield | Yankton | 1974 | Sioux Falls Lincoln | Aberdeen Central |

Girls' Class "B" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | | |
|------|-----------------------|-----------------------|------|------------------------|-----------------------|
| 1975 | Faith | Centerville | 1997 | Herreid | Hoven |
| 1976 | White River | Faith | 1998 | Faulkton | Elkton |
| 1977 | Dakota Christian | Pollock | 1999 | Chester | Marion |
| 1978 | Dakota Christian | White River | 2000 | Chester | Marion |
| 1979 | Frederick | Dakota Christian | 2001 | Chester | Colman-Egan |
| 1980 | Dakota Christian | Frederick | 2002 | Colman Egan | Bonesteel-Fairfax |
| 1981 | Armour | Dakota Christian | 2003 | Bonesteel-Fairfax | Colman-Egan |
| 1982 | Armour | Estelline | 2004 | Eureka | Colman-Egan |
| 1983 | Armour | Eureka | 2005 | Bonesteel-Fairfax | Bridgewater/Emery |
| 1984 | Eureka | Sioux Falls Christian | 2006 | James Valley Christian | Colman-Egan |
| 1985 | Sioux Falls Christian | Eureka | 2007 | Faulkton | Colman-Egan |
| 1986 | Arlington | Eureka | 2008 | Hanson | Rosholt/Fairmount ND |
| 1987 | Arlington | Bridgewater | 2009 | Hanson | Rosholt/Fairmount ND |
| 1988 | Bridgewater | Lake Preston | 2010 | Oldham-Ramona/Rutland | Rosholt/Fairmount ND |
| 1989 | Bridgewater | Lake Preston | 2011 | Oldham-Ramona/Rutland | Rosholt/Fairmount ND |
| 1990 | Lake Preston | White Lake | 2012 | Ipswich | Oldham-Ramona/Rutland |
| 1991 | Lake Preston | Hoven | 2013 | Ipswich | Parker |
| 1992 | Hoven | Hitchcock | 2014 | Ipswich | Irene-Wakonda |
| 1993 | Doland/Conde | Hoven | 2015 | Ipswich | Chester Area |
| 1994 | Hoven | Baltic | 2016 | Ipswich | Deubrook Area |
| 1995 | Faulkton | Hoven | 2017 | Deubrook Area | Parker |
| 1996 | Hoven | Faulkton | | | |

Girls' Class "A" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | | |
|------|-------------------------|------------------|------|-----------------------|-----------------------|
| 1975 | Wall | Freeman | 1995 | Milbank | Vermillion |
| 1976 | Flandreau & Burke (tie) | Freeman | 1996 | Hot Springs & Milbank | <u>Runner-Up</u> |
| 1977 | Freeman | Kimball | 1997 | Hot Springs | Lennox |
| 1978 | Burke | Kimball | 1998 | Lennox | Garretson |
| 1979 | Kimball | Salem | 1999 | Lennox | Hot Springs |
| 1980 | Salem | Freeman | 2000 | Lennox | Miller |
| 1981 | Jefferson | Redfield | 2001 | Redfield | Lennox |
| 1982 | Jefferson | Salem | 2002 | Winner | Beresford |
| 1983 | Jefferson | Custer | 2003 | Redfield | Beresford |
| 1984 | Jefferson | Custer | 2004 | West Central | Parker |
| 1985 | Jefferson | Miller | 2005 | West Central | Aberdeen Roncalli |
| 1986 | Bennett County | Miller | 2006 | St. Thomas More | Vermillion |
| 1987 | Spearfish | Bon Homme | 2007 | St. Thomas More | Vermillion |
| 1988 | Freeman | Milbank | 2008 | Vermillion | St. Thomas More |
| 1989 | Salem | Beresford | 2009 | St. Thomas More | Wagner |
| 1990 | Hot Springs | Madison | 2010 | Clark/Willow Lake | St. Thomas More |
| 1991 | McCook Central | Lennox | 2011 | West Central | Clark/Willow Lake |
| 1992 | Sioux Valley | Madison | 2012 | West Central | Milbank |
| 1993 | Spearfish | Milbank | 2013 | St. Thomas More | Sioux Falls Christian |
| 1994 | Milbank | Madison | 2014 | Sioux Falls Christian | St. Thomas More |

| | | | | | |
|------|-----------------|---------|------|---------------------------|--------|
| 2015 | St. Thomas More | Madison | 2017 | St. Thomas More & Madison | Custer |
| 2016 | St. Thomas More | Custer | | | |

Girls' Class "AA" Track - Three Class System

| | <u>Champion</u> | <u>Runner-Up</u> | | | |
|------|------------------------|-----------------------------|------|---------------------|------------------------|
| 1975 | Sioux Falls Lincoln | Rapid City Stevens | 1996 | Rapid City Stevens | Aberdeen Central |
| 1976 | Sioux Falls Lincoln | Watertown | 1997 | Rapid City Stevens | Spearfish |
| 1977 | Sioux Falls Washington | Watertown | 1998 | Rapid City Stevens | Huron |
| 1978 | Watertown | Brookings | 1999 | Rapid City Stevens | Huron |
| 1979 | Brookings | Watertown | 2000 | Rapid City Stevens | Huron |
| 1980 | Brookings | Watertown | 2001 | Rapid City Stevens | Rapid City Central |
| 1981 | Yankton | Watertown | 2002 | Rapid City Stevens | Rapid City Central |
| 1982 | Yankton | Watertown | 2003 | Rapid City Stevens | Rapid City Central |
| 1983 | Huron | Watertown | 2004 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1984 | Yankton | Sioux Falls Washington | 2005 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1985 | Rapid City Stevens | Sioux Falls Lincoln | 2006 | Rapid City Stevens | Sioux Falls Roosevelt |
| 1986 | Rapid City Stevens | Sioux Falls Lincoln | 2007 | Rapid City Stevens | Rapid City Central |
| 1987 | Sioux Falls Lincoln | Rapid City Stevens | 2008 | Rapid City Stevens | Yankton |
| 1988 | Rapid City Stevens | Brookings | 2009 | Rapid City Central | Sioux Falls Lincoln |
| 1989 | Brookings | Rapid City Central | 2010 | Rapid City Stevens | Yankton |
| 1990 | Sturgis | Rapid City Central & Pierre | 2011 | Rapid City Stevens | Sioux Falls Washington |
| 1991 | Rapid City Central | Rapid City Stevens | 2012 | Rapid City Central | Rapid City Stevens |
| 1992 | Rapid City Central | Mitchell | 2013 | Aberdeen Central | Rapid City Stevens |
| 1993 | Rapid City Central | Watertown | 2014 | Rapid City Stevens | Rapid City Central |
| 1994 | Rapid City Central | Spearfish | 2015 | Rapid City Stevens | Brandon Valley |
| 1995 | Yankton | Rapid City Stevens | 2016 | Sioux Falls Lincoln | Brandon Valley |
| | <u>Champion</u> | <u>Runner-Up</u> | 2017 | Sioux Falls Lincoln | Brandon Valley |