

**40th ANNUAL STATE HIGH SCHOOL
GIRLS CROSS COUNTRY CHAMPIONSHIPS**

5000 METERS (All Classes - Girls)

Yankton Trail Park – Sioux Falls – October, 24, 2015

GIRLS INDIVIDUAL RESULTS

(All Times Have Been Recorded F.A.T.)

CLASS “B” (Winning Time – 19:17.62 – 110 Runners)

Name	Year	School	Time
1 Steger, Aleah	9	Ipswich	19:17.62
2 Nelson, Laura	11	Gayville-Volin	19:27.27
3 Coyle, Ellie	12	Philip	19:43.30
4 Weinheimer, Gracie	10	Sully Buttes	19:49.90
5 Kilber, Tessa	8	Ipswich	19:50.32
6 Clemens, Josie	11	Northwestern	20:04.39
7 Terkildsen, Dilyn	7	Philip	20:06.70
8 Leber, Delaney	10	Newell	20:24.91
9 Zirbel, Makayla	10	Waubay/Summit	20:26.13
10 Steele, Kayden	7	Newell	20:46.37
11 Vogel, Christina	11	Dell Rapids St. Mary	20:58.22
12 Edelman, Morgan	7	Menno	21:00.07
13 Smith, Bobbi	7	Timber Lake	21:02.37
14 Clark, Genevieve	12	Gayville-Volin	21:02.44
15 Jensen, Kendra	9	Alcester-Hudson	21:02.56
16 Boomsma, Ally	9	Wolsey-Wessington	21:04.24
17 Zirbel, Victoria	8	Waubay/Summit	21:06.92
18 Hirsch, Jada	9	Herreid/Selby Area	21:08.47
19 Beck, Reyna	8	De Smet	21:08.90
20 TeKrony, Leannah	11	Estelline	21:10.40
21 Hart, Kini Po	8	Marty	21:11.49
22 Christiansen, Jacia	11	Viborg-Hurley	21:12.27
23 Jandreau, Oakley	8	Kimball	21:17.77
24 Weinheimer, Hannah	11	Sully Buttes	21:19.03
25 Alexander, Austin	8	Newell	21:21.47

CLASS “A” (Winning Time – 18:41.21 – 129 Runners)

Name	Year	School	Time
1 Byers, Ella	9	Chamberlain	18:41.21
2 Lavin, Maddie	10	Vermillion	19:01.42
3 Glazier, Tori	10	Custer	19:09.69
4 Streff, Cami	9	Madison	19:15.06
5 Flute, Sinona	9	Flandreau	19:16.56
6 Delmont, Mallory	8	Custer	19:20.55
7 Savey, Cait	10	Beresford	19:25.32
8 Cooper, Kaci	8	St. Thomas More	19:28.57
9 Gregerson, Lorna	9	Mt. Vernon/Plank	19:28.79
10 Heeren, Josie	12	Elk Point-Jefferson	19:28.83
11 Bainbridge, Maisey	11	Lennox	19:34.07
12 Schulz, Marisa	11	Dakota Valley	19:34.79
13 Sedlacek, Clara	9	Custer	19:37.29
14 Schmidt, Nicolette	11	Redfield/Doland	19:44.86
15 Atwood, Ashlynn	11	Beresford	19:45.47
16 Kindt, Rachel	8	Garretson	19:51.49
17 Gregerson, Lainey	9	Mt. Vernon/Plank	19:52.08

18 Bohl, Carmen	10 Garretson	19:52.71
19 Van Kalsbeek, Micah	9 SF Christian	19:53.34
20 Hohn, Marion	10 Hill City	19:58.67
21 Herman, Kelsie	8 Todd County	19:58.67
22 Hursey, Libby	7 Flandreau	20:07.56
23 Larsen, Maddisen	12 Lead-Deadwood	20:13.25
24 McMains, Halie	12 Canton	20:14.96
25 Streff, Hailey	11 Madison	20:16.13

CLASS "AA" (Winning Time – 14:50.06 – 115 Runners)

Name	Year School	Time
1 Abraham, Eleanor	8 Brookings	18:44.74
2 Woods, Savannah	12 Yankton	18:45.79
3 McClure, Madison	10 Yankton	18:56.92
4 Jacobs, Melanie	7 Aberdeen Central	19:04.41
5 Sudbeck, Caroline	8 SF Lincoln	19:06.86
6 Ripperda, Abby	11 SF O'Gorman	19:07.81
7 Klatt, Courtney	10 Brandon Valley	19:14.81
8 Cooper, Jasmyne	10 SF Lincoln	19:20.18
9 Schweiss, Jamie	12 RC Stevens	19:20.85
10 Infield, Brooke	12 SF Lincoln	19:28.26
11 Dykstra, Kendra	12 RC Stevens	19:34.47
12 Pieters, Kiah	7 Harrisburg	19:37.60
13 Eidsness, Lauren	8 Yankton	19:40.35
14 Kearney, Kelsi	11 SF Washington	19:42.66
15 Althoff, Olivia	9 SF O'Gorman	19:45.12
16 VanZee, Kasey	8 RC Stevens	19:49.26
17 Levesque, Analise	9 SF Lincoln	19:52.19
18 Bindert, Liz	9 SF Lincoln	19:52.53
19 Riggs, Ava	7 Aberdeen Central	19:53.92
20 Shields, Sami	12 Aberdeen Central	19:54.72
21 Kopecky, Abby	7 Aberdeen Central	19:55.04
22 Vavra, Ashton	8 SF O'Gorman	19:55.36
23 Erickson, Katherine	10 Aberdeen Central	19:56.15
24 Kray, Carlie	10 SF Washington	19:56.50
25 Douglas, Zoe	7 Aberdeen Central	19:58.87

GIRLS' TEAM POINTS



**State Class "B"
Cross Country Champions
Ipswich Lady Tigers**

*Team members include: Bailey Hammrich, Kari Kanable, Tessa Kilber, Taylor Maurer, Aleah Steger.
Head Coach: Todd Thorson*

CLASS "B"

Rank	Team	Total
1	Ipswich	23
2	Philip	28
3	Newell	34
4	Gayville-Volin	38
5	Waubay/Summit	61
6	Northwestern	69
7	Dell Rapids St. Mary	72
8	Dupree	74
9	Sully Buttes	85
10	Wolsey-Wessington	87
11	Potter County	96
12	Howard	97
13	Freeman	108
14	RC Christian	139
15	Hanson	147
16	Platte-Geddes	166

CLASS "A"

Rank	Team	Total
1	Custer	38
2	Beresford	74
3	Flandreau	81
4	Mt. Vernon/Plankinton	88
5	St. Thomas More	90
6	Todd County	105
7	Garretson	120
8	Hill City	132
9	Madison	147
10	SF Christian	155
11	Spearfish	196
12	Vermillion	200
13	Winner Area	202
14	Redfield/Doland	208
15	Webster Area	225
16	Milbank Area	229



**State Class "A"
Cross Country Champions
Custer Lady Wildcats**

Team members include: Tayler Carlson, Mallory Delmont, Tori Glazier, Emmalee Hollick, Clara Sedlacek, Kaycee Thomsen. Assistant Coaches: Mindy Dooley, Walker Witt, Beth Hollick, Mary Olson. Head Coach: Karen Karim



State Class "AA" Cross Country Champions – Sioux Falls Lincoln Patriots
*Team members include:*Liz Bindert, Jasmyne Cooper, Sydney Huber, Brooke Infield, Analise Levesque, Katie Patrick, Caroline Sudbeck. *Assistant Coach:* Ryan Ovenden. *Head Coach:* Eric Pooley

CLASS "AA"

Rank	Team	Total
1	SF Lincoln	58
2	Aberdeen Central	87
3	RC Stevens	117
4	Brandon Valley	130
5	SF O'Gorman	143
6	Yankton	163
7	Harrisburg	211
8	RC Central	217
9	Pierre T.F. Riggs	256
10	Watertown	274
11	SF Washington	294
12	SF Roosevelt	323
13	Brookings	347
14	Sturgis Brown	369
15	Douglas	376
16	Mitchell	396
17	Huron	463

GIRLS' STATE CROSS COUNTRY MEET RECORDS FOR VARIOUS SITES

CLASS "B"

(3000m)

Brookings (Edgebrook Golf Course)	10:57	Tessy Brandner, Herreid, 1979
Huron (Meadowbrook Golf Course)	10:49	Suzanne Brockmueller, Freeman Acad, 1981
Mitchell (Lakeview Golf Course)	10:58.39	Kristen Peterson, Arlington, 1998
Pierre (Hillsview Golf Course)	10:57	Nickki Jones, Viborg, 1985
Huron (Broadland Creek Golf Course)	11:56.22	Jenny Aman, Edmunds Central, 1999

(4000m)

Rapid City (Elks Golf Course)	15:40.90	Hilary Krein, Eureka/Bowdle, 2009
Sioux Falls (Yankton Trails Park)	14:54.62	Mindy Kraft, Wessington Springs, 2011
Rapid City (Robbinsdale Park)	16:06.03	Laura Nelson, Gayville-Volin, 2013
Huron (Broadland Creek Golf Course-2000)	15:09.08	Macy Heinz, Ipswich, 2014

(5000m)

Sioux Falls (Yankton Trail Park)	19:17:62	Aleah Steger, Ipswich, 2015
----------------------------------	----------	-----------------------------

CLASS "A"**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Lenae Reinschmidt, Groton, 1979
Huron (Meadowbrook Golf Course)	10:27	Shelli Koistinen, Spearfish, 1982
Mitchell (Lakeview Golf Course)	10:56	Coni Fritz, Lennox, 1986
Pierre (Hillsview Golf Course)	10:46	Nyla Hoffman, Jefferson, 1985

(4000m)

Rapid City (Elks Golf Course)	15:32.90	Kelsey Barrett, Britton-Hecla, 2009
Pierre (Hillsview Golf Course)	15:13.33	Salley Meyer, Madison, 1997
Mitchell (Lakeview Golf Course)	14:11.16	Jessica Donner, Lead, 1998
Huron (Meadowbrook Golf Course)	14:21.70	Jaime Pauli, Milbank, 1993
Huron (Broadland Creek Golf Course)	14:29.77	Salley Meyer, Madison, 1996
Huron (Broadland Creek-effective 2000)	14:47.93	Emily Hawkes, Madison, 2014
Sioux Falls (Yankton Trail Park)	14:49.45	Kelsey Barrett, Britton-Hecla, 2011
Rapid City (Robbinsdale Park)	14:45.38	Madisen Lavin, Vermillion, 2013

(5000m)

Sioux Falls (Yankton Trail Park)	18:41:21	Ella Byers, Chamberlain, 2015
----------------------------------	----------	-------------------------------

CLASS "AA"**(3000m)**

Brookings (Edgebrook Golf Course)	11:00	Cindy Sargent, Rapid City Stevens, 1978
	11:00	Pam Mansheim, Brookings, 1979
Huron (Meadowbrook Golf Course)	10:37	Michelle Taitano, Rapid City Central, 1981
Mitchell (Lakeview Golf Course)	10:54	Lisa Darley, Rapid City Stevens, 1986
Pierre (Hillsview Golf Course)	10:40	Lisa Darley, Rapid City Stevens, 1985

(4,000m)

Rapid City (Elks Golf Course)	14:35.50	Betsy Bies, Yankton, 2005
Pierre (Hillsview Golf Course)	14:45.80	Jaime Kulbel, Yankton, 1994
Mitchell (Lakeview Golf Course)	14:07.30	Anne Vollmer, Rapid City Central, 1992
Huron (Meadowbrook Golf Course)	14:09.90	Tammy Harding, Watertown, 1993
Huron (Broadland Creek Golf Course)	13:12.93	Jessica Fox, Watertown, 1999
Huron (Broadland Creek-effective 2000)	14:22.59	Allison Eckert, SF Roosevelt, 2006
Sioux Falls (Yankton Trail Park)	14:19.50	Alex Hess, SF Roosevelt, 2011
Rapid City (Robbinsdale Park)	14:03.31	Annie Kruse, Yankton, 2013

(5000m)

Sioux Falls (Yankton Trail Park)	18:44:74	Eleanor Abraham, Brookings, 2015
----------------------------------	----------	----------------------------------

GIRLS' STATE CHAMPIONS AND RUNNERS-UP
Girls' Class "B" Cross-Country - Three Class System

	Champion	Runner-Up		Champion	Runner-Up
1976	St. Francis	Burke	1995	Arlington	Gettysburg
1977	Burke	Hill City	1996	Faultkon	Herreid
1978	Dakota Christian	Kadoka	1997	Elkton	Chester
1979	Dakota Christian	Hoven	1998	Herreid	Chester
1980	Herreid	Hoven	1999	Frederick/Hecla	Elkton
1981	Herreid	Hoven	2000	Ipswich	Elkton
1982	Willow Lake	Dakota Christian	2001	Summit	Ipswich
1983	Hoven	Garretson	2002	Eureka	Ipswich
1984	Hoven	Wall	2003	Eureka	Scotland
1985	Hoven	Viborg	2004	Bonesteel-Fairfax	Ipswich
1986	Hoven	Arlington	2005	Kimball	South Central
1987	Hoven	Kadoka	2006	Freeman	Kimball
1988	Platte	Hecla	2007	Kadoka	Scotland
1989	Hecla	Kadoka	2008	Kadoka Area	Lemmon
1990	Hoven	Kadoka	2009	Lemmon	Kadoka Area
1991	Hitchcock/Tulare	Hoven	2010	Ipswich	Lemmon
1992	Hoven	Arlington	2011	Ipswich	Kadoka Area
1993	Hoven	Hitchcock/Tulare	2012	Ipswich	Gayville-Volin
1994	Faultkon	Bonesteel-Fairfax	2013	Ipswich	Gayville-Volin

2014 Ipswich

Gayville-Volin

2015 Ipswich

Philip

Girls' Class "A" Cross-Country - Three Class System

	Champion	Runner-Up		Champion	Runner-Up
1976	Arlington	Vermillion	1996	Lead	Hot Springs
1977	Arlington	Sioux Valley	1997	Lead	Hot Springs
1978	St. Francis	Arlington	1998	Hot Springs	Madison
1979	Custer	Lennox	1999	Garretson	Custer
1980	Redfield	Jefferson	2000	Madison	Douglas
1981	Jefferson	Hot Springs	2001	McCook Central	Madison
1982	Jefferson	Spearfish	2002	McCook Central	Milbank
1983	Spearfish	Jefferson	2003	Chamberlain	Garretson
1984	Spearfish	Jefferson	2004	Groton Area	Chamberlain
1985	Milbank	Jefferson	2005	Chamberlain	ST More/RC Christian
1986	Milbank	Groton	2006	Cheyenne-Eagle Butte	Custer
1987	Lennox	Milbank	2007	Custer	Cheyenne-Eagle Butte
1988	Lennox	Milbank	2008	Chamberlain	Custer
1989	Lennox	Hot Springs	2009	Garretson	Canton
1990	Lennox	Milbank	2010	Garretson	West Central
1991	Spearfish	Lennox	2011	Spearfish	Garretson
1992	Milbank	Spearfish	2012	Spearfish	Garretson
1993	Lennox	Milbank	2013	Garretson	Custer
1994	Hot Springs	Howard	2014	St. Thomas More	Madison
1995	Milbank	Custer	2015	Custer	Beresford

Girls' Class "AA" Cross-Country - Three Class System

	Champion	Runner-Up		Champion	Runner-Up
1976	RC Stevens	Pierre	1996	RC Stevens	Watertown
1977	RC Stevens	Pierre	1997	RC Stevens	Spearfish
1978	Huron	Yankton	1998	RC Stevens	SF O'Gorman
1979	RC Stevens	Huron	1999	RC Stevens	Watertown
1980	Brookings	Watertown	2000	RC Stevens	Watertown
1981	Huron	RC Stevens	2001	Watertown	RC Stevens
1982	Brookings	Huron	2002	RC Stevens	Yankton
1983	Brookings	SF Washington	2003	Yankton	RC Stevens
1984	RC Stevens	SF Lincoln	2004	Yankton	SF Roosevelt
1985	RC Stevens	Huron	2005	Yankton	SF Roosevelt
1986	SF O'Gorman	SF Lincoln	2006	Yankton	SF Roosevelt
1987	Huron	SF O'Gorman	2007	Yankton	SF Roosevelt
1988	SF O'Gorman	Huron	2008	SF Roosevelt	Aberdeen Cent/SDBVI
1989	Huron	SF Lincoln	2009	Yankton	SF Roosevelt
1990	Mitchell	RC Central	2010	Sturgis Brown	Yankton
1991	RC Central	RC Stevens	2011	Yankton	RC Central
1992	RC Central	RC Stevens	2012	RC Central	SF Washington
1993	RC Stevens	Watertown	2013	RC Stevens	RC Central
1994	RC Stevens	Watertown	2014	RC Stevens	SF Lincoln
1995	RC Stevens	SF Washington	2015	SF Lincoln	Aberdeen Central

GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "B"

Year	Champion	Runner-Up
1976	Julie Tolstedt, Burke	Theresa Young, St. Francis
1977	Julie Tolstedt, Burke	Janean Steffen, Burke
1978	Tess Brandner, Herreid	Sheri Veurink, Dakota Christian
1979	Tess Brandner, Herreid	Suzanne Brockmueller, Freeman Academy
1980	Suzanne Brockmueller, Freeman Academy	Melissa Knoepfle, Herreid
1981	Suzanne Brockmueller, Freeman Academy	Doris Brandner, Herreid
1982	Suzanne Brockmueller, Freeman Academy	Joanne Herber, Kadoka
1983	Suzanne Brockmueller, Freeman Academy	Amy Von Wald, Hoven

1984 Amy Von Wald, Hoven
 1985 Nikki Jones, Viborg
 1986 Linda Groom, Arlington
 1987 Nikki Jones, Viborg
 1988 Nikki Jones, Viborg
 1989 Naomi Ireland, Kadoka
 1990 Shannon Brenner, Hitchcock/Tulare
 1991 Missy Puffer, Hitchcock/Tulare
 1992 Amy Van Dyke, Hoven
 1993 Julie Huss, Faulkton
 1994 Billie Rae Pistulka, Bonesteel-Fairfax
 1995 Kristen Peterson, Arlington
 1996 Kristen Peterson, Arlington
 1997 Kristen Peterson, Arlington
 1998 Kristen Peterson, Arlington
 1999 Jenny Aman, Edmunds Central
 2000 Jeni Ching, Estelline
 2001 Melinda Zirbel, Summit
 2002 Valerie Warnke, Bonesteel-Fairfax
 2003 Nicky Rausch, Hoven/Cresbard
 2004 Emma Erickson, Gayville-Volin
 2005 Emma Erickson, Gayville-Volin
 2006 Emma Erickson, Gayville-Volin
 2007 Hilary Krein, Eureka/Bowdle
 2008 Mindy Kraft, Wessington Springs
 2009 Hilary Krein, Eureka/Bowdle
 2010 Lillie Koerner, Freeman Academy
 2011 Mindy Kraft, Wessington Springs
 2012 Genevieve Clark, Gayville-Volin
 2013 Laura Nelson, Gayville-Volin
 2014 Macy Heinz, Ipswich
 2015 Aleah Steger, Ipswich

Jane Fauske, Wall
 Amy Von Wald, Hoven
 Christine Mason, Doland
 Kris Pipal, Platte
 Kris Pipal, Platte
 Shantel Swedlund, Arlington
 Debbie Ferguson, Kadoka
 Laura Walter, Arlington
 Shannon Brenner, Hitchcock/Tulare
 Billie Rae Pistulka, Bonesteel-Fairfax
 Kelly Greve, Jones County
 Kelly Greve, Jones County
 Lynn Burge, Marion
 Stephanie Gebhart, Elkton
 Jenny Ching, Estelline
 Jeni Ching, Estelline
 Valerie Moore, Ipswich
 Nicole Zirbel, Summit
 Cami Koehn, Colman-Egan
 Cami Koehn, Colman-Egan
 Valerie Warnke, Bonesteel-Fairfax
 Nicole Rausch, Hoven/Edmunds Central
 Nicole Rausch, Hoven/Edmunds Central
 Courtney Rasmussen, Viborg
 Shaley Herber, Kadoka Area
 Lydia Eagle, McIntosh
 Tia Carlson, Kadoka Area
 Tori Moore, Ipswich
 Macy Heinz, Ipswich
 Genevieve Clark, Gayville-Volin
 Laura Nelson, Gayville-Volin
 Laura Nelson, Gayville-Volin

GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "A"

Year	Champion
1976	Jane Knutson, Vermillion
1977	Eileen Wounded Shield, Pine Ridge
1978	Kathy Nelson, Sioux Valley
1979	Lena Reinschmidt, Groton
1980	Angie Jungwirth, Redfield
1981	Nyla Hoffman, Jefferson
1982	Shelli Koistinen, Spearfish
1983	Shelli Koistinen, Spearfish
1984	Lisa Darley, Custer
1985	Nyla Hoffman, Jefferson
1986	Coni Fritz, Lennox
1987	Coni Fritz, Lennox
1988	Hiedi Reed, Canton
1989	Hiedi Reed, Canton
1990	Hiedi Reed, Canton
1991	Jamie Pauli, Milbank
1992	Lynn Routh, Spearfish
1993	Jaime Pauli, Milbank
1994	Salley Meyer, Madison
1995	Jaime Pauli, Milbank
1996	Salley Meyer, Madison
1997	Salley Meyer, Madison
1998	Jessica Donner, Lead

Runner-Up
Eileen Wounded Shield, Pine Ridge
Kathy Nelson, Sioux Valley
Bernice Whiting, St. Francis
Robin Lenocker, Howard
Robin Lenocker, Howard
Robin Lenocker, Howard
Mary Schrader, Hot Springs
Sarah Johnson, Gregory
Sarah Johnson, Gregory
Stacy Hermans, Milbank
Michelle Russell, Madison
Kathy Young, Custer
Coni Fritz, Lennox
Renee Tadstad, Groton
Sally O'Dell, Spearfish
Hiedi Reed, Canton
Catherine Brechtel, Hot Springs
Angela Buus, Lennox
Nyla Schroeder, Hot Springs
Salley Meyer, Madison
Maren Hanson, Garretson
Jessie Akers, Custer
Salley Meyer, Madison

1999	Amanda Backes, Douglas	Drew Neuharth, Britton
2000	Shannon Daly, Groton	Michelle Rasmussen, Vermillion
2001	Kari Schaefer, Madison	Shannon Daly, Groton
2002	Emilee Barnes, Alcester-Hudson	Kari Schaefer, Madison
2003	Sierra McCauley, Dakota Valley	Robin Webber, Pine Ridge
2004	Robin Webber, Pine Ridge	Caitlin Friesz, Mobridge
2005	Alida Oegema, St. Thomas More/RC Christian	Laura Wolles, Chester Area
2006	Jordan Wohlleber, Cheyenne-Eagle Butte	Miranda Kobes, Beresford
2007	Kelsey Barrett, Britton-Hecla	Jordan Wohlleber, Cheyenne-Eagle Butte
2008	Lottie Grimshaw, Todd County	Kelsey Barrett, Britton-Hecla
2009	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2010	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2011	Kelsey Barrett, Britton-Hecla	Savannah Childers, Spearfish
2012	Emily Hawkes, Madison	Madisen Lavin, Vermillion
2013	Madisen Lavin, Vermillion	Mattie Shirley-Fairbair, Lead-Deadwood
2014	Emily Hawkes, Madison	Hailey Streff, Madison
2015	Ella Byers, Chamberlain	Maddie Lavin, Vermillion

GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "AA"

Year	Champion	Runner-Up
1976	Cindy Sargent, RC Stevens	Brenda Michel, RC Central
1977	Cindy Sargent, RC Stevens	Kay Stormo, Watertown
1978	Cindy Sargent, RC Stevens	Cindy Gallagher, Yankton
1979	Pam Mansheim, Brookings	Cindy Gallagher, Yankton
1980	Traci Fie, Watertown	Brenda Wright, Milbank
1981	Michelle Taitano, RC Central	Karla Galbraith, RC Stevens
1982	Julie Pederson, SF O’Gorman	Allison Laack, SF Washington
1983	Kristi Rieger, SF Washington	Jody Dybing, Brookings
1984	Tammy Feltman, SF Lincoln	Theresa Moss, Flandreau Indian
1985	Lisa Darley, RC Stevens	Monica Hulstein, SF Washington
1986	Lisa Darley, RC Stevens	Ann Westby, Brookings
1987	Karla Hay, SF O’Gorman	Kim Puterbaugh, Huron
1988	Ann Westby, Brookings	Marcie Dawson, Brookings
1989	Marcie Dawson, Brookings	Susie Kerkaert, SF Lincoln
1990	Tammy Harding, Watertown	Susie Kerkaert, SF Lincoln
1991	Anne Vollmer, RC Central	Lisa Weltzer, RC Stevens
1992	Anne Vollmer, RC Central	Nikki Arp, RC Central
1993	Tammy Harding, Watertown	Amy Boke, Spearfish
1994	Jaime Kulbel, Yankton	Ruthanne Anderson, RC Stevens
1995	Jenna Lucas, RC Stevens	Erin Fields, RC Stevens
1996	Jessica Fox, Watertown	Emily Fleming, SF O’Gorman
1997	Jenna Lucas, RC Stevens	Erin Klein, SF O’Gorman
1998	Jessica Fox, Watertown	Jennie Buller, Yankton
1999	Jessica Fox, Watertown	Kaylee Keating, SF Roosevelt
2000	Steph Richardson, RC Stevens	Kaylee Keating, SF Roosevelt
2001	Amy Lindner, SF O’Gorman	Nichol Deckert, RC Central
2002	Ramsey Kavan, Yankton	Krista Eckert, SF O’Gorman
2003	Ramsey Kavan, Yankton	Nichol Deckert, RC Stevens
2004	Ramsey Kavan, Yankton	Krista Eckert, SF Roosevelt
2005	Betsy Bies, Yankton	Allison Eckert, SF Roosevelt
2006	Allison Eckert, SF Roosevelt	Betsy Bies, Yankton
2007	Madeleine Takahashi, Sturgis Brown	Bailey Breems, SF Roosevelt
2008	Megan Hilson, Yankton	Seanna Kautz, SF Roosevelt
2009	Madeleine Takahashi, Sturgis Brown	Megan Hilson, Yankton
2010	Tamara Gorman, RC Stevens	Courtney Neubert, Aberdeen Central/SDBVI
2011	Alex Hess, SF Roosevelt	Abbie Harrelson, Douglas
2012	Savannah Woods, Yankton	Annie Kruse, Yankton
2013	Annie Kruse, Yankton	Tamara Gorman, RC Stevens

2014 Jasmyne Cooper, SF Lincoln
2015 Eleanor Abraham, Brookings

Jamie Schweiss, RC Stevens
Savannah Woods, Yankton