

**47th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Rapid City – May 29-30, 2015
Class "B"
(Total Participants = 433)**

100 Meter Dash

1	Wolf, Josie	10	Chester Area	12.59
2	Kitchenmaster, Erica	11	Andes Cent./Dak. Chr.	12.70
3	Stephens, Dabrisha	12	Elkton-Lake Benton	12.75
4	Heinz, Angela	11	Ipswich	12.77
5	Yoder, Hannah	11	Freeman Academy	12.85
6	Bradford, Bailey	11	Sully Buttes	12.96
7	Waldera, Tayah	10	Hanson	13.07
8	Maciejewski, Abbi	12	New Underwood	13.08

200 Meter Dash

1	Heinz, Macy	10	Ipswich	25.10
2	Wolf, Josie	10	Chester Area	26.03
3	Olson, Daylee	12	Arlington	26.31
4	Leber, Delaney	9	Newell	26.57
5	Heinz, Angela	11	Ipswich	26.67
6	Kitchenmaster, Erica	11	Andes Cent./Dak. Chr.	26.99
7	Stephens, Dabrisha	12	Elkton-Lake Benton	27.33
8	Brouwer, Brooklyn	9	Andes Cent./Dak. Chr.	27.40

400 Meter Dash

1	Heinz, Macy	10	Ipswich	57.87
2	Sebern, Allison	11	Burke/South Central	1:00.91
3	Crook, Grace	11	Potter County	1:01.15
4	Olson, Daylee	12	Arlington	1:01.60
5	Steffensen, Bailee	11	Arlington	1:02.13
6	Ortman, Kalli	10	Canistota	1:02.28
7	Williamson, Mandee	9	Newell	1:03.04
8	Fjelland, Mackenzie	10	Rosholt	1:05.01

800 Meter Run

1	Heinz, Macy	10	Ipswich	2:15.17
2	Roth, Cailey	12	Freeman	2:20.35
3	Kopfmann, Shyanne	12	Wessington Springs	2:24.61
4	Weinheimer, Gracie	9	Sully Buttes	2:26.89
5	Henrich, Brylee	10	Arlington	2:28.37
6	Williamson, Mandee	9	Newell	2:28.74
7	Lane, Alexis	12	Sunshine Bible Academy	2:29.85
8	Buxcel, Rachel	12	Jones County	2:30.56

1600 Meter Run

1	Heinz, Macy	10	Ipswich	5:18.02
2	Roth, Cailey	12	Freeman	5:25.26
3	Nelson, Laura	10	Gayville-Volin	5:27.50
4	Coyle, Ellie	11	Philip	5:29.39
5	Held, Khiree	11	James Valley Christian	5:33.57
6	Strait, Haley	12	Castlewood	5:34.19
7	Moore, Tori	12	Ipswich	5:39.59
8	Kopfmann, Shyanne	12	Wessington Springs	5:41.63

3200 Meter Run

1 Nelson, Laura	10 Gayville-Volin	11:45.61
2 Koerner, Clara	12 Freeman Academy	12:01.63
3 Coyle, Ellie	11 Philip	12:04.64
4 Strait, Haley	12 Castlewood	12:07.13
5 Steger, Aleah	8 Ipswich	12:16.22
6 Moore, Tori	12 Ipswich	12:21.45
7 Eberts, Rebecca	11 Freeman	12:22.81
8 VanDenHemel, Kelsey	11 Stanley County	12:28.63

100 Meter Hurdles

1 Sokolowski, Lauren	12 Irene-Wakonda	14.64
2 Lee, Kelsey	12 Faulkton Area	15.49
3 Mullaney, Ally	12 DR St. Mary	15.83
4 Williamson, Tera	11 Newell	16.06
5 Leidholt, Sydney	8 Warner	16.18
6 Reuland, Nikki	10 Kimball/White Lake	16.27
7 Jones, Tori	10 Stanley County	16.45
8 Choal, Phoenix	11 Lyman	16.61

300 Meter Hurdles

1 Noonan, Hannah	11 Howard	46.65
2 Lee, Kelsey	12 Faulkton Area	47.80
3 Choal, Phoenix	11 Lyman	48.84
4 Jones, Tori	10 Stanley County	49.19
5 Bronson, Saraya	9 Wilmot	49.57
6 Noeldner, Anna	12 Great Plains Lutheran	49.80
7 Blue Arm, Jana	11 Lemmon	49.82
8 Mullaney, Ally	12 DR St. Mary	49.99

4x100 Meter Relay

1 Ipswich		51.14
1) Hammrich, Bailey 8	2) Maurer, Taylor 8	
3) Heinz, Tara 12	4) Heinz, Angela 11	
2 Chester Area		51.57
3 Irene-Wakonda		51.71
4 Hanson		52.26
5 Potter County		52.48
6 Elkton-Lake Benton		52.82
7 Andes Central/Dakota Christian		52.93
8 RC Christian		53.95

4x200 Meter Relay

1 Chester Area		1:48.94
1) Heyn, Sara 12	2) Campbell, Karissa 10	
3) Reiff, Jenna 11	4) Wolf, Josie 10	
2 Irene-Wakonda		1:50.05
3 Ipswich		1:50.07
4 Elkton-Lake Benton		1:50.52
5 Parker		1:51.18
6 Viborg-Hurley		1:51.50
7 Platte-Geddes		1:52.15
8 Newell		1:52.34

4x400 Meter Relay

1	Arlington	4:09.97
	1) VanBockern, Kimberly 12	2) Hennrich, Brylee 10
	3) Steffensen, Bailee 11	4) Olson, Daylee 12
2	Freeman	4:15.86
3	Parker	4:16.57
4	Hanson	4:16.68
5	Sully Buttes	4:16.97
6	Warner	4:18.66
7	Howard	4:20.54
8	Herreid/Selby Area	4:24.86

4x800 Meter Relay

1	Gayville-Volin	10:10.72
	1) Nelson, Laura 10	2) Clark, Lanny 9
	3) Hirsch, Megan 10	4) Clark, Genevieve 11
2	Hanson	10:19.63
3	Freeman	10:19.87
4	James Valley Christian	10:25.86
5	Arlington	10:26.11
6	Sully Buttes	10:30.57
7	Warner	10:36.86
8	Howard	10:37.68

1600 Sprint Medley

1	Freeman	4:21.54
	1) Sage, Erika 10	2) Roth, Dayna 8
	3) Jensen, Shelby 12	4) Roth, Cailey 12
2	Sully Buttes	4:26.09
3	Herreid/Selby Area	4:26.41
4	Freeman Academy	4:26.68
5	Lake Preston	4:27.17
6	Castlewood	4:31.64
7	Parker	4:36.57
8	Platte-Geddes	4:37.77

Shot Put

1	Begalka, Jamie	11 Estelline	42-00.25
2	Kayser, Sarah	12 Hanson	38-07.00
3	Sunderland, Val	12 Centerville	38-03.00
4	Hallock, Hallie	10 Platte-Geddes	36-04.50
4	Rudebusch, Bailey	10 Howard	36-04.50
6	Sawvell, Kyla	9 Wall	36-03.00
7	Astleford, Rachel	12 White River	35-05.00
8	Skorepa, Carley	12 Scotland	35-01.50

Discus Throw

1	Thorstenson, Jana	12 Herreid/Selby Area	110-00
2	Begalka, Jamie	11 Estelline	109-02
3	Morgan, Hannah	12 RC Christian	108-00
4	Hubbard, Traia	10 Gayville-Volin	107-04
5	Heinz, Kamryn	8 Ipswich	105-10
6	Skorepa, Carley	12 Scotland	103-09
7	Lynn, Lexy	12 Elkton-Lake Benton	103-05
8	Sprecher, Taylor	9 Wolsey-Wessington	101-00

High Jump

1	Johannesson, Payton	12	Andes Cent./Dak. Chr.	5-03.00
2	Hofer, Jil	11	Canistota	5-02.00
3	Renelt, Gabrielle	9	Wilmot	4-11.00
4	Blackcloud, Beulah	9	Andes Cent./Dak. Chr.	J4-11.00
5	Sokolowski, Andrea	11	Irene-Wakonda	J4-11.00
6	Hansen, McKenzie	12	RC Christian	4-09.00
6	Seymour, Danille	7	Northwestern	4-09.00
8	Mosbrucker, Shayna	12	McIntosh	J4-09.00
8	Herlyn, Hannah	11	Parker	J4-09.00

Long Jump

1	Heyn, Sara	12	Chester Area	16-09.25
2	Raile, Samantha	10	Eureka/Bowdle	16-07.75
3	Wilde, Daina	11	Castlewood	16-06.00
4	Longville, Kristen	12	Lake Preston	16-03.50
5	Jensen, Shelby	12	Freeman	16-02.75
6	Tekrony, Leannah	10	Estelline	16-00.00
7	Lynn, Lexy	12	Elkton-Lake Benton	15-10.50
8	Hansum, Lydia	11	Andes Cent./Dak. Chr.	15-10.00

Triple Jump

1	Heyn, Sara	12	Chester Area	35-11.50
2	Adams, Megan	12	Harding County	34-11.50
3	Mudder, Kacie	10	Avon	34-07.50
4	Genzler, Mercades	10	Potter County	34-06.75
5	Popham, Sammie	12	Florence/Henry	34-04.00
6	Wilde, Daina	11	Castlewood	34-03.75
7	Longville, Kristen	12	Lake Preston	33-07.00
8	Paetow, Kirsten	10	Viborg-Hurley	33-04.25

Pole Vault

1	Pond, Kristi	12	Ipswich	10-00.00
1	Pitz, Autumn	11	Ipswich	10-00.00
3	Hybertson, Rebecca	11	Centerville	9-00.00
4	Ronke, Tatum	12	Waverly-South Shore	9-00.00
5	Heuer, Tara	12	Potter County	8-06.00
6	Emmick, Ashley	8	Gayville-Volin	8-06.00
7	Maurer, Taylor	8	Ipswich	8-00.00
8	Duba, Mae	10	Platte-Geddes	8-00.00

**47th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Spearfish & Rapid City – May 29-30, 2015
Class "A"
(Total Participants = 422)**

100 Meter Dash

1	VanDeBerg, Mara	12	Garretson	12.59
2	Carlson, Delaney	11	St. Thomas More	12.59
3	Fulton, Annie	12	Miller	12.67
4	Carlson, Bailey	9	St. Thomas More	12.80
5	Wevik, Mikayla	9	Tea Area	12.83
6	Howell, Shayla	9	Belle Fourche	12.86
7	Yoder, Julia	10	SF Christian	12.86
8	Drew, Abby	12	Sisseton	12.94

200 Meter Dash

1	Carlson, Delaney	11	St. Thomas More	25.67
2	Rud, Olivia	9	Madison	26.19
3	Vandermeer, Ashley	8	Deubrook Area	26.27
4	VanDeBerg, Mara	12	Garretson	26.32
5	Gylten, Dru	10	St. Thomas More	26.33
6	Howell, Shayla	9	Belle Fourche	26.38
7	Carlson, Bailey	9	St. Thomas More	26.69
8	Wevik, Mikayla	9	Tea Area	26.89

400 Meter Dash

1	Pulse, Jacy	7	McCook Cent./Montrose	59.03
2	Howell, Shayla	9	Belle Fourche	59.12
3	Rud, Olivia	9	Madison	59.38
4	Gylten, Dru	10	St. Thomas More	1:00.65
5	Heeren, Josie	11	Elk Point-Jefferson	1:01.33
6	Nesheim, Patience	8	Ethan/Parkston	1:01.59
7	Mesman, Sierra	10	Bon Homme	1:01.95

800 Meter Run

1	Glazier, Tori	9	Custer	2:15.12	2
2	Heeren, Josie	11	Elk Point-Jefferson	2:19.04	2
3	Hohn, Marion	9	Hill City	2:21.74	2
4	Prouty, Mikayla	12	Clark/Willow Lake	2:22.36	2
5	Sage, Haley	11	Garretson	2:23.62	2
6	Delmont, Mallory	7	Custer	2:26.75	1
7	DeWeerd, Megan	12	SF Christian	2:27.21	2
8	Carrels, Erica	12	Aberdeen Roncalli	2:28.33	1

1600 Meter Run

1	Glazier, Tori	9	Custer	5:09.76
2	Lavin, Maddie	9	Vermillion	5:14.33
3	Schulz, Marisa	10	Dakota Valley	5:16.86
4	Heeren, Josie	11	Elk Point-Jefferson	5:19.04
5	Streff, Hailey	10	Madison	5:20.63
6	Parys, Morgan	10	Custer	5:21.69
7	Flute, Sinona	8	Flandreau	5:23.29
8	Byers, Ella	8	Chamberlain	5:24.06

3200 Meter Run

1 Schulz, Marisa	10 Dakota Valley	11:31.24
2 Streff, Hailey	10 Madison	11:33.99
3 Herman, Kelsie	7 Todd County	11:36.41
4 Byers, Ella	8 Chamberlain	11:40.58
5 Streff, Cameron	8 Madison	11:41.07
6 Bainbridge, Maisey	10 Lennox	11:44.54
7 Flute, Sinona	8 Flandreau	11:44.70
8 Prouty, Mikayla	12 Clark/Willow Lake	11:56.35

100 Meter Hurdles

1 Duffy, Shannon	11 St. Thomas More	14.81
2 White, Avery	12 St. Thomas More	15.34
3 Thomsen, Julianne	10 Custer	15.52
4 Rithmiller, Haley	10 Webster Area	15.84
5 Bohan, Sara	11 Dakota Valley	15.89
6 Zylstra, Justine	12 Canton	15.96
7 Skoglund, Brooke	10 Britton-Hecla	15.99
8 Pulse, Jacy	7 McCook Cent./Montrose	16.58

300 Meter Hurdles

1 Rothschadl, Morgan	11 Bon Homme	44.94
2 Bohan, Sara	11 Dakota Valley	45.43
3 White, Avery	12 St. Thomas More	45.78
4 Weiss, Mikayla	11 Mt. Vernon/Plank.	46.91
5 Duffy, Shannon	11 St. Thomas More	46.92
6 McMains, Halie	11 Canton	47.27
7 Giles, Jessi	9 Madison	47.56

4x100 Meter Relay

1 St. Thomas More	50.13
1) Eckrich, Carolyn 10	2) Carlson, Delaney 11
3) White, Avery 12	4) Carlson, Bailey 9
2 SF Christian	51.11
3 Mt. Vernon/Plankinton	51.49
4 Canton	51.80
5 Bon Homme	51.92
6 West Central	51.93
7 Groton Area	52.99
8 Madison	54.00

4x200 Meter Relay

1 St. Thomas More	1:46.09
1) White, Avery 12	2) Carlson, Bailey 9
3) Duffy, Shannon 11	4) Carlson, Delaney 11
2 Mt. Vernon/Plankinton	1:47.78
3 Madison	1:47.82
4 Bon Homme	1:49.28
5 West Central	1:49.47
6 Canton	1:49.79
7 Deubrook Area	1:51.26
8 Groton Area	1:51.97

4x400 Meter Relay

1	Madison	4:06.80
	1) Giles, Jenni 9	2) Nipe, Madison 12
	3) Giles, Jessi 9	4) Rud, Olivia 9
2	Mt. Vernon/Plankinton	4:07.61
3	Dakota Valley	4:08.20
4	Bon Homme	4:09.31
5	St. Thomas More	4:12.67
6	Hill City	4:17.18
7	Vermillion	4:19.64
8	Custer	4:21.38

4x800 Meter Relay

1	Custer	9:39.37
	1) Delmont, Mallory 7	2) Parys, Morgan 10
	3) Kelley, Mattisen 12	4) Glazier, Tori 9
2	Madison	9:51.77
3	Hill City	9:54.58
4	St. Thomas More	9:57.15
5	Mt. Vernon/Plankinton	10:06.52
6	SF Christian	10:07.28
7	Garretson	10:14.64
8	Canton	10:18.80

1600 Sprint Medley

1	Custer	4:13.23
	1) Wicks, Billie 12	2) Carlson, Tayler 9
	3) Thomsen, Julianne 10	4) Glazier, Tori 9
2	Dakota Valley	4:21.32
3	Madison	4:23.00
4	SF Christian	4:24.39
5	St. Thomas More	4:26.30
6	Mt. Vernon/Plankinton	4:28.53
7	Vermillion	4:28.58
8	Flandreau	4:35.09

Shot Put

1	Huber, Mackenzie	12	Clark/Willow Lake	41-07.25
2	Tebben, Jamie	11	Redfield/Doland	40-03.75
3	Stofferahn, Mikaela	11	Dell Rapids	39-00.75
4	Gustafson, Darbi	12	Ethan/Parkston	38-07.25
5	Johnson, Emma	12	Tri-Valley	38-04.50
6	Qualm, Jenni	12	Hill City	36-05.25
7	Herman, Deloris	12	Winner	36-00.00
8	Hyke, Katie	9	Ethan/Parkston	35-05.00

Discus Throw

1	Huber, Mackenzie	12	Clark/Willow Lake	121-02
2	Jennings, Kristin	11	Canton	119-05
3	Stofferahn, Mikaela	11	Dell Rapids	116-00
4	Kasowski, Samantha	12	Tri-Valley	114-02
5	Stover, Harlynn	12	Hot Springs	112-05
6	Ward, Dylana	10	Belle Fourche	109-10
7	Leiseth, Faith	9	Hamlin	108-06
8	Herman, Deloris	12	Winner	107-00

High Jump

1 Johnson, Emma	12 Tri-Valley	5-03.00
2 Duffy, Shannon	11 St. Thomas More	5-02.00
3 Henricks, Shyla	10 Britton-Hecla	4-11.00
4 Johnson, Bailey	11 Canton	J4-11.00
4 Howell, Shayla	9 Belle Fourche	J4-11.00
6 Olson, Laken	10 Britton-Hecla	J4-11.00
6 Wollman, Melissa	11 West Central	J4-11.00
8 Skluzacek, Morgan	12 Madison	4-09.00
8 Klostergaard, Morgan	12 Beresford	4-09.00
8 Ziegler, Nikole	9 Sioux Valley	4-09.00

Long Jump

1 Bohan, Sara	11 Dakota Valley	17-05.50
2 Lamer, Kamberlyn	12 Tri-Valley	17-02.50
3 Derby, Jade	11 Lead-Deadwood	17-00.50
4 Gallagher, Miranda	11 Lead-Deadwood	16-11.00
5 Hanisch, Kylie	12 West Central	16-08.25
6 Strasser, Mahli	11 Lennox	16-04.00
7 Wevik, Mikayla	9 Tea Area	16-02.50
8 Wanner, Audrey	10 Groton Area	16-02.25

Triple Jump

1 Gallagher, Miranda	11 Lead-Deadwood	35-05.50
2 Krouse, Jocelyn	8 McCook Cent./Montrose	35-01.50
3 Vandermeer, Ashley	8 Deubrook Area	34-10.75
4 Zylstra, Justine	12 Canton	34-07.50
5 Stoller, Claire	10 Madison	34-07.00
6 Haines, Ivy	11 Mt. Vernon/Plank.	J34-07.00
7 Berndt, Maria	11 Deubrook Area	34-04.00
8 Derby, Jade	11 Lead-Deadwood	34-00.50

Pole Vault

1 McAllister, Morgan	11 Bon Homme	9-03.00
2 Derby, Jade	11 Lead-Deadwood	J9-03.00
2 Groeger, Carolyn	9 Lead-Deadwood	J9-03.00
4 Peterson, Ashley	12 St. Thomas More	J9-03.00
5 Merkwan, Mckeely	10 Bon Homme	8-09.00
6 Cardella, Elise	10 Aberdeen Roncalli	8-03.00
7 Schwebach, Shania	9 Madison	7-09.00
7 Leighton, Elsa	9 Madison	7-09.00
7 Giles, Jenni	9 Madison	7-09.00
7 Sestak, Rachel	9 Bon Homme	7-09.00

**47th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Sturgis & Rapid City – May 29-30, 2015
Class "AA"
(Total Participants = 364)**

100 Meter Dash

1 Klapperich, Alaina	12 RC Central	12.04
2 Young, Hannah	8 RC Central	12.05
3 Bickley, Krista	8 Brandon Valley	12.35
4 Denzer, Macy	11 Watertown	12.37
5 Christopherson, Haley	9 SF Washington	12.50
6 Kinney, Erin	7 Harrisburg	12.52
7 Odenbach, Ashley	10 Spearfish	12.60
8 Worman, Carly	12 RC Stevens	12.65

200 Meter Dash

1 Bickley, Krista	8 Brandon Valley	25.07
2 Young, Hannah	8 RC Central	25.28
3 Denzer, Macy	11 Watertown	25.92
4 Sullivan, Maddison	10 RC Central	26.19
5 Mohr, Michaela	9 SF Lincoln	26.29
6 Pistulka, Kristin	11 Mitchell	26.44
7 Bren, Alison	10 SF Roosevelt	26.83

400 Meter Dash

1 Bickley, Krista	8 Brandon Valley	57.21
2 Denzer, Macy	11 Watertown	58.55
3 Bickley, Cortney	11 Brandon Valley	59.76
4 Sullivan, Maddison	10 RC Central	1:00.45
5 Norris, Rylea	11 RC Stevens	1:00.48
6 Hight, Lauren	9 Spearfish	1:02.76
7 Tingle, Tanya	10 Brandon Valley	3:34.47

800 Meter Run

1 Cooper, Jasmyne	9 SF Lincoln	2:12.72
2 DeVos, Brooke	12 SF Roosevelt	2:13.87
3 Gray, Madison	10 Brookings	2:17.47
4 Dykstra, Kendra	11 RC Stevens	2:18.28
5 Weisbeck, Lexi	12 Aberdeen Central	2:19.54
6 Fine, Mallory	12 RC Stevens	2:20.86
7 Kocer, Danica	8 Brandon Valley	2:22.54
8 Sudbeck, Caroline	7 SF Lincoln	2:22.75

1600 Meter Run

1 Cooper, Jasmyne	9 SF Lincoln	5:09.52
2 Dykstra, Kendra	11 RC Stevens	5:09.89
3 Klatt, Courtney	9 Brandon Valley	5:14.29
4 Wells, Lauren	8 Brandon Valley	5:14.51
5 Propst, Rachel	12 Pierre T.F. Riggs	5:17.71
6 Woods, Savannah	11 Yankton	5:17.85
7 Person, Emily	12 RC Stevens	5:18.58
8 Abraham, Ellie	7 Brookings	5:24.00

3200 Meter Run

1 Woods, Savannah	11 Yankton	11:08.23
2 Klatt, Courtney	9 Brandon Valley	11:19.76
3 Wells, Lauren	8 Brandon Valley	11:20.22
4 Person, Emily	12 RC Stevens	11:28.50
5 Ripperda, Abby	10 SF O'Gorman	11:29.53
6 Schweiss, Jamie	11 RC Stevens	11:39.92
7 Green, Allison	9 Sturgis Brown	11:40.99
8 Infield, Brooke	11 SF Lincoln	11:44.51

100 Meter Hurdles

1 Bruggeman, Haley	12 Harrisburg	14.82
2 Schaefer, Elizabeth	8 RC Stevens	15.02
3 Tessier, Madason	10 Yankton	15.32
4 Christensen, Chelsey	10 RC Central	15.79
4 Rew, Ellie	12 Mitchell	15.79
6 Poelstra, Darien	11 Harrisburg	15.92
7 Miedema, Mearah	11 SF Washington	15.97
8 Konzem, Mikkalyn	12 SF Roosevelt	16.25

300 Meter Hurdles

1 Schaefer, Elizabeth	8 RC Stevens	45.86
2 Bruggeman, Haley	12 Harrisburg	46.24
3 Tessier, Madason	10 Yankton	47.06
4 Koch, Taylor	11 Spearfish	47.13
5 Bad Moccasin, Chelsey	10 Aberdeen Central	47.33
6 Heier, Ryley	9 SF Lincoln	48.39
7 Kinzer, Isabel	10 SF Washington	48.80
8 Budig, Kate	9 Yankton	48.89

4x100 Meter Relay

1 RC Central	49.38
1) Jeffries, Kelsie 11	2) Sullivan, Maddison 10
3) Young, Hannah 8	4) Klapperich, Alaina 12
2 RC Stevens	50.17
3 Brookings	50.55
4 SF Lincoln	50.78
5 SF Washington	51.12
6 Harrisburg	51.14
7 Yankton	51.36
8 Brandon Valley	52.04

4x200 Meter Relay

1 RC Central	1:43.54
1) Jeffries, Kelsie 11	2) Sullivan, Maddison 10
3) Young, Hannah 8	4) Klapperich, Alaina 12
2 Brandon Valley	1:44.41
3 SF Lincoln	1:44.87
4 RC Stevens	1:44.99
5 Spearfish	1:46.13
6 SF Roosevelt	1:46.85
7 Yankton	1:46.89
8 Harrisburg	1:47.46

4x400 Meter Relay

1	Brandon Valley	4:04.76
	1) Hendrick, Hannah 9	2) Presler, Sarah 10
	3) Wells, Ashley 8	4) Bickley, Cortney 11
2	SF Lincoln	4:05.96
3	SF Roosevelt	4:06.03
4	Aberdeen Central	4:08.38
5	Yankton	4:09.08
6	SF Washington	4:09.33
7	RC Stevens	4:09.41
8	Brookings	4:12.83

4x800 Meter Relay

1	RC Stevens	9:24.45
	1) Schweiss, Jamie 11	2) Fine, Mallory 12
	3) Person, Emily 12	4) Dykstra, Kendra 11
2	Brandon Valley	9:34.01
3	SF Lincoln	9:41.84
4	Brookings	9:48.24
5	Yankton	9:48.52
6	RC Central	9:50.27
7	SF O'Gorman	9:51.96
8	Aberdeen Central	9:58.15

1600 Sprint Medley

1	SF Lincoln	4:18.23
	1) Bindert, Elizabeth 8	2) Kersten, Mollie 9
	3) Sudbeck, Caroline 7	4) Cooper, Jasmyne 9
2	RC Stevens	4:20.48
3	SF O'Gorman	4:21.39
4	SF Washington	4:21.92
5	Harrisburg	4:25.74
6	Brandon Valley	4:26.47
7	Mitchell	4:28.94
8	Brookings	4:32.36

Shot Put

1	Palmer, Sydney	12	Pierre T.F. Riggs	43-03.50
2	Sudbeck, Abby	12	Mitchell	40-05.50
3	Hertz, Emma	11	SF O'Gorman	40-02.75
4	VanVeldhuizen, Izzy	11	SF Lincoln	38-05.25
5	Mieras, Jessica	12	SF O'Gorman	37-11.00
6	Cermak, Michaela	12	Spearfish	37-10.00
7	Wynn, Naomi	10	Douglas	37-08.75
8	Siegfried, Jacey	11	Watertown	37-04.25

Discus Throw

1	Hertz, Emma	11	SF O'Gorman	130-09
2	Henrich, Callie	10	RC Stevens	128-02
3	Palmer, Sydney	12	Pierre T.F. Riggs	123-04
4	Mieras, Jessica	12	SF O'Gorman	122-07
5	Cermak, Michaela	12	Spearfish	115-04
6	Light, Mikael	11	Sturgis Brown	115-03
7	Wesley, Gemini	12	SF Roosevelt	114-03
8	Kusek, Adrienne	11	Yankton	114-00

High Jump

1 Haring, Carly	8 Mitchell	5-03.25
2 Molstad, Taylor	12 RC Stevens	5-00.00
2 Burch, Eden	12 Brandon Valley	5-00.00
4 Eisenbeisz, Addison	9 Pierre T.F. Riggs	J5-00.00
4 Szabo, Anezka	10 SF Lincoln	J5-00.00
4 Paauw, Hannah	11 Brandon Valley	J5-00.00
7 Thorpe, Tori	10 Pierre T.F. Riggs	J5-00.00
8 Bain, Morgan	10 SF O'Gorman	J5-00.00
8 Waddell, Tevyn	11 Mitchell	J5-00.00

Long Jump

1 Stewart, Emma	10 Yankton	18-00.50
2 Hale, Lindsey	10 Yankton	17-04.25
3 Denzer, Macy	11 Watertown	17-01.50
4 Volesky, Taylor	12 Mitchell	17-00.25
5 Mohr, Michaela	9 SF Lincoln	16-11.75
6 Schaefer, Elizabeth	8 RC Stevens	J16-11.75
7 Larson, Jamie	12 Aberdeen Central	16-06.00
8 Birath, Mikaela	9 Brandon Valley	16-05.25

Triple Jump

1 Richardson, Bre	10 SF Washington	36-07.25
2 Stewart, Emma	10 Yankton	35-10.50
3 Volesky, Taylor	12 Mitchell	35-05.50
4 Jones, Mya	10 RC Central	35-01.00
5 Daane, Sydney	12 RC Stevens	34-11.50
6 Heier, Ryley	9 SF Lincoln	34-11.25
7 Burns, Emma	9 RC Central	34-10.75
8 Quinn, Nicki	12 RC Stevens	34-08.00

Pole Vault

1 Lyon, Klara	12 Sturgis Brown	11-09.00
2 Waddell, Tevyn	11 Mitchell	11-06.00
3 Dale, Sydney	11 Watertown	10-03.00
4 Scott, Whitney	10 Watertown	J10-03.00
5 Padgett, Aimee	12 Aberdeen Central	J10-03.00
6 Thomas, Sydney	11 Brookings	9-09.00
6 Riley, Hannah	12 Spearfish	9-09.00
8 Katz, Shannon	10 Huron	9-03.00
8 Stotz, Shelby	12 RC Stevens	9-03.00

TEAM POINTS



State Class "B" Track and Field Champions Ipswich Lady Tigers

CLASS "B" TEAM POINTS

1. Ipswich	98	26. James Valley Christian	9
2. Chester Area	56	28. Platte-Geddes	8.5
3. Freeman	46	29. Eureka/Bowdle	8
4. Gayville-Volin	34	29. Stanley County	8
5. Arlington	33	29. Harding County	8
6. Andes Central/Dakota Christian	30	29. Burke/South Central	8
7. Hanson	28	33. Dell Rapids St. Mary	7.333
7. Irene-Wakonda	28	34. Wessington Springs	7
9. Sully Buttes	23	34. Lyman	7
10. Estelline	21	36. Avon	6
11. Castlewood	20	37. Waverly-South Shore	5
11. Elkton-Lake Benton	20	38. Scotland	4
13. Potter County	19	38. Florence/Henry	4
14. Howard	17.5	38. Viborg-Hurley	4
15. Freeman Academy	17	41. Wall	3
15. Herreid/Selby Area	17	41. Kimball/White Lake	3
17. Faulkton Area	16	41. Great Plains Lutheran	3
17. Newell	16	44. Northwestern	2.5
19. Parker	12.333	45. Sunshine Bible Academy	2
20. Centerville	12	45. White River	2
21. Philip	11	45. Lemmon	2
21. Canistota	11	48. Rosholt	1
21. Lake Preston	11	48. New Underwood	1
24. Wilmot	10	48. Jones County	1
25. Rapid City Christian	9.5	48. Wolsey-Wessington	1
26. Warner	9	52. Sanborn Central/Woonsocket	0.333



**State Class "A" Track and Field Champions
St. Thomas More Cavaliers**

CLASS "A" TEAM POINTS

1. St. Thomas More	108	19. Dell Rapids	12
2. Madison	69.583	21. Britton-Hecla	10.5
3. Custer	53	22. Ethan/Parkston	9
4. Dakota Valley	52	23. Redfield/Doland	8
5. Bon Homme	40.7	24. Tea Area	7
6. Mt. Vernon/Plankinton	37	25. Miller	6
7. Lead-Deadwood	36	25. Lennox	6
8. Canton	32.5	25. Todd County	6
9. Tri-Valley	27	25. Chamberlain	6
10. Clark/Willow Lake	26	29. Flandreau	5
11. Belle Fourche	21.5	29. Webster Area	5
12. Garretson	21	31. Groton Area	4
13. Sioux Falls Christian	20	31. Aberdeen Roncalli	4
14. McCook Central/Montrose	19	31. Hot Springs	4
15. Hill City	18	34. Winner	3
16. Elk Point-Jefferson	17	35. Hamlin	2
17. Deubrook Area	16	36. Sisseton	1
18. West Central	13.5	37. Beresford	0.333
19. Vermillion	12	37. Sioux Valley	0.333



**State Class "AA" Track and Field Champions
Rapid City Stevens Raiders**

CLASS "AA" TEAM POINTS

1. Rapid City Stevens	105.5	10. Sioux Falls Washington.....	30
2. Brandon Valley	103	11. Pierre T.F. Riggs	26
3. Sioux Falls Lincoln	80	12. Spearfish.....	23.5
4. Rapid City Central.....	70.5	13. Brookings	22.5
5. Yankton	65	14. Sioux Falls Roosevelt.....	22
6. Mitchell	47	15. Aberdeen Central.....	20
7. Sioux Falls O’Gorman.....	37.5	16. Sturgis Brown.....	15
8. Watertown	37	17. Douglas	2
9. Harrisburg	32	18. Huron.....	0.5

“GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is: 12.71, the Class “A” winner’s time is: 13.30 and the Class “B” winner’s time is: 13.07, the “Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given in all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

2015 GIRLS’ GOLD MEDAL RECIPIENTS

100 Meter Dash	Alaina Klapperich-12	Rapid City Central	12.04
200 Meter Dash	Krista Bickley-8	Brandon Valley	25.07
400 Meter Dash	Krista Bickley-8	Brandon Valley	57.21
800 Meter Run	Jasmyne Cooper-9	Sioux Falls Lincoln	2:17.09
1,600 Meter Run	Jasmyne Cooper-9	Sioux Falls Lincoln	5:09.52
3,200 Meter Run	Savannah Woods-11	Yankton	11:08.23
100 Meter Int Hurdles	Lauren Sokolowski-12	Irene-Wakonda	14.64
300 Meter Low Hurdles	Morgan Rothschadl-11	Bon Homme	44.94
4x100 Meter Relay	Rapid City Central Kelsie Jeffries, 11; Maddison Sullivan, 10 Hannah Young, 8; Alaina Klapperich, 12		49.38
4x200 Meter Relay	Rapid City Central Kelsie Jeffries, 11; Maddison Sullivan, 10 Hannah Young, 8; Alaina Klapperich, 12		1:43.54
4x400 Meter Relay	Brandon Valley Hannah Hendrick, 9; Sarah Presler, 10 Ashley Wells, 8; Courtney Bickley, 11		4:04.76
4x800 Meter Relay	Rapid City Stevens Jamie Schweiss, 11; Mallory Fine, 12 Emily Person, 12; Kendra Dykstra, 11		9:24.45
Sprint Medley Relay	Custer Billie Wicks, 12; Tayler Carlson, 9 Julianne Thomsen, 10; Tori Glazier, 9		4:13.23
Shot Put	Sydney Palmer-12	Pierre T.F. Riggs	43’03.50”
Discus Throw	Emma Hertz-11	Sioux Falls O’Gorman	130’09”
High Jump	Carly Haring-8	Mitchell	5’03.25”
Long Jump	Emma Stewart-10	Yankton	18’00.50”
Triple Jump	Bre Richardson-10	Sioux Falls Washington	36’07.25”
Pole Vault	Klara Lyon-12	Sturgis Brown	11’09.00”

GIRLS' "GOLD MEDAL" HONOR ROLL

Most Individual Medals - One Year

Four Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2011)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 s 100m Relay, 4 x 200m Relay – 2003)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

Three Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)
Cortney Dowling, Pierre Riggs – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2014)
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)
Tamara Gorman, RC Stevens – Class "AA" (1600m Run, 3200m Run, 4 x 800m Relay – 2011)
Emily Haar, RC Stevens – Class "AA" (4 x 100m Relay, 4 x 200m Relay, Medley Relay – 2014)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2012)
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)
Alaina Klapperich, RC Central – Class "AA" (100m Dash, 4 x 100m Relay, 4 x 200m Relay – 2015)
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

Relay "Gold Medal Awards" - All-Time

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Sprint Medley – 2000; 4 x 800m Relay – 2012, 2013;
Aberdeen Roncalli - 4 x 800m Relay - 1998
Bon Homme -4 x 800m Relay - 1986;
Brandon Valley - 4 x 100m Relay - 1995, 1996; 4 x 400m Relay – 2014, 2015
Brookings - 4 x 800m Relay - 1989; Medley Relay - 1988; 4 x 100m Relay - 2009
Canton - Medley Relay - 1992;
Chamberlain - Medley Relay – 2001
Custer – Medley Relay - 2015
DeSmet - Medley Relay - 1989
Herried - 4 x 400m Relay - 1994;

Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991
 Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998
 Madison – 4 x 100m Relay - 2005
 Miller - 4 x 200m Relay – 1986;
 Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996
 Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;
 Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990; 4 x 400m Relay – 2013;
 RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003, 2010, 2013; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;
 RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008, 2011, 2012, 2014, 2015; 4 x 200m Relay - 1987, 1988, 2005, 2010, 2011, 2012, 2014, 2015; 4 x 400m Relay – 2000, 2001, 2002, 2003, 2004, 2006, 2010; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004, 2011, 2014, 2015; Sprint Medley – 2010, 2013, 2014;
 SF Christian – 4 x 200m Relay – 2013;
 SF Lincoln - 4 x 400m Relay - 1986, 1987; Medley Relay – 2003;
 SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;
 SF Roosevelt – 4 x 200m Relay – 2001, 2007, 2009; Medley Relay – 2004, 2005; 4 x 800m Relay – 2007;
 SF Washington - Medley Relay - 1986, 1987, 2009; 4 x 400m Relay - 2009
 Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994; 4 x 400m Relay - 2011
 Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007; 4 x 800m Relay – 2010;
 West Central – 4 x 200m Relay – 2004;
 Watertown - 4 x 200m Relay – 1989, 2006, 2008; 4 x 400 m Relay – 2005, 2007, 2008, 2012; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999, 2011, 2012;
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009

Most Individual “Gold Medal Awards” – Career

Eleven Awards

Megan Trotter, RC Central - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

Ten Awards

Kari Heck, SF Washington – Class “AA” (4 x 400m Relay – 2009; 100m Dash – 2011, 2012; 200m Dash – 2010, 2011, 2012; 400m Dash – 2010, 2011, 2012; Long Jump - 2011)

Jasmyne King, RC Central – Class “AA” (100m Dash – 2007, 2008, 2010; 200m Dash – 2007, 2008; 400m Dash – 2007, 2008; Long Jump – 2007, 2008; 4 x 100m Relay - 2010)

Cherise Thompson, RC Stevens - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

Nine Awards

Jaime Pauli, Milbank - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

Jill Theeler, Mitchell - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

Anne Vollmer, RC Central - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

Eight Awards

Amber Abrams, RC Central - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

Brittany Page, Watertown – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2007, 2008)

Seven Awards

Allison Eckert, SF Roosevelt – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

Brittany Garner, RC Stevens – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

Shannon Hattervig, RC Stevens – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

Ramsey Kavan, Yankton – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

Julie Schwengler, RC Stevens – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

Heather Sieler, Huron - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

Ann Westby, Brookings - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

Six Awards

Jamie Krautschun, Spearfish - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

Leslie Brost, Watertown – Class “AA” (Pole Vault – 2006, 2007, 2008; 4 x 400m Relay – 2007, 2008; 4 x 200m Relay - 2008)

Hiedi Reed, Canton - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

Barb Riemenschneider, RC Stevens - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

Steph Schueler, SF Lincoln - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

Cori Vining, Huron - Class "AA" (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

Five Awards

Cortney Dowling, Pierre Riggs – Class “AA” (100m Dash – 2014; 200m Dash – 2013, 2014; 400m Dash – 2014; 4 x 400m Relay – 2013)

Alexis Gannon, Brookings – Class “AA” (Triple Jump – 2011, 2013, 2014; Long Jump – 2012, 2014)

Tamara Gorman, RC Stevens – Class “AA” (1600m Run – 2011; 3200m Run – 2011, 2013, 2014; 4 x 800 Relay – 2011)

Cara Groseth, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kacey Herrmann, RC Stevens – Class “AA” (Medley Relay – 2010; 4 x 100m Relay – 2011, 2012; 4 x 200m Relay – 2011, 2012)

Amy Jensen, Brandon Valley - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

Julie Knight, RC Central - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

Meg Larson, Aberdeen Roncalli - Class “A” (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

Sara Miller, RC Central – Class “AA” (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

Karissa Prpich, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kelly Rhodes, SF Lincoln - Class “AA” (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

Four Awards

Taylor Baker, RC Stevens – Class “AA” (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

Aubrey Baxter, Redfield – Class “A” (Shot Put – 2003, 2004; Discus – 2003, 2004)

Becca Bedard, RC Stevens – Class “AA” (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007, 2008)

Darcy Biers, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

Jodi Bowne, Elkton - Class “B” (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

Colette Christensen, RC Central – Class “AA” (High Jump – 2012, 2013, 2014; Triple Jump – 2012)

Kalie Cox, Watertown – Class “AA” (4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2008)

Krista Creager, Yankton – Class “AA” (800m Run – 2008; Sprint Medley Relay – 2006, 2008; 4 x 800m Relay - 2009)

Emily DeVries, RC Stevens – Class “AA” (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)

Tessa Gorsuch, RC Central – Class “AA” (4x100m Relay – 2010, 2013; 100m Hurdles – 2011, 2013)

Emily Haar, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Relay – 2013, 2014)

Shannon Hellman, Douglas – Class “AA” (100m Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)

Megan Hilson, Yankton – Class “AA” (3200m Run – 2008, 2009; 4 x 800m Relay – 2008, 2009)

Sarah Hoffman, Mitchell - Class “AA” (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)

Leia Jackson, RC Central – Class “AA” (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)

Alaina Klapperich, RC Central – Class “AA” (100m Dash – 2015; 4 x 100m Relay – 2013, 2015; 4 x 200m Relay – 2015)
Amanda Kuchta, Yankton – Class “AA” (4 x 800m – 2003, 2005; Medley – 2006)
Althea Meeter, Cheyenne-Eagle Butte - Class “A” (100m Dash, 200m Dash - 1990, 91)
Michelle Mellegaard, Bridgewater - Class “B” (Long Jump - 1993, 95; Triple Jump - 1994, 95;)
Courtney Murray, RC Central – Class “AA” (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)
Stephanie Peterson, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)
Rhonda Sheffield, Highmore - Class “B” (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)
Brittany Stangl, Watertown – Class “AA” (Sprint Medley Relay – 2012; Pole Vault – 2010, 2011, 2012)
Rachel Weinandt, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; Sprint Medley Relay – 2008; 800m Run - 2010)

Three Awards

Alayna Aker, RC Central - Class “AA” (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)
Ericka Bakke, Salem - Class “A” (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)
Betsy Bies, Yankton – Class “AA” (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)
Megan Bren, SF Roosevelt – Class “AA” (100m Dash – 2006; 4 x 200m Relay 2007, 2009)
Sydney Daane, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Medley – 2013)
Abby Davis, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Emily Delzer, RC Stevens – Class “AA” (4 x 100m Relay – 2012, 2014; 4 x 200m Relay – 2014)
Anne Doshier, RC Stevens – Class “AA” (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)
Jessica Fox, Watertown - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)
Brooke Garner, RC Stevens – Class “AA” (Shot Put – 2008; Discus Throw – 2007-2008)
Sara Gill, RC Central - Class “AA” (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)
Kayla Gosnell, RC Stevens – Class “AA” (4 x 100m Relay – 2004, 2006, 2007)
Cariss Hauck, Watertown – Class “AA” (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)
Macy Heinz, Ipswich – Class “B” (1600m Run – 2012; 800m Run – 2013, 2014)
Tia Hemiller, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Mariah Hofer, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; 3200m Run – 2010)
Jeana Hoffman, Mitchell – Class “AA” (300m Hurdles – 2001, 2002, 2003)
Hannah Kastigar, Aberdeen Central – (4x800m Relay – 2012, 2013; 1600m Run – 2013)
Lindsey Keck, RC Stevens – Class “AA” (4 x 800m Relay – 1999, 2000, 2001)
Dawn Koehn, Watertown - Class “AA” (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Tamiko Kopfmann, Huron – Class “AA” (Long Jump – 2005, 2006; Triple Jump – 2006)
Beth Mueller, RC Stevens – Class “AA” (4 x 400m Relay – 2002, 2003, 2004)
Kylee Nolan, RC Stevens – Class “AA” (4 x 400m Relay – 2010; Medley Relay – 2010; 4 x 200m Relay - 2011)
Ramsee Pagel, RC Stevens – Class “AA” (4 x 400m Relay – 2000, 2001, 2002)
Mallory Peck, SF O’Gorman – Class “AA” (Pole Vault – 2004, 2005; Triple Jump – 2005)
Emily Person, RC Stevens – Class “AA” (800m Run – 2011; 4 x 800m Relay – 2011, 2014)
Janie Sershen, Chester – Class “A” (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)
Ashley Storm, Yankton – Class “AA” (4 x 800m – 2003, 2005, 2006)
Ashley Thompson, RC Stevens – Class “AA” (100m Hurdles – 2012; 300m Hurdles – 2011, 2012)
Beth Wahl, Pierre - Class “AA” (4 x 400m Relay - 1991; High Jump - 1992, 93)

GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS
(Made under the auspices of the
South Dakota High School Activities Association at its Annual Track and Field Meet)

If a state record is recorded as a handheld time, a fully automatic time within .24 seconds of the handheld time will also be recorded as a state record. Both times will be recorded until the fully automatic time is faster than the recorded handheld time.

100 Meter Dash	1996	Jill Theeler, Mitchell	*11.90
200 Meter Dash	2014	Cortney Dowling, Pierre T.F. Riggs	24.67
400 Meter Dash	2014	Cortney Dowling, Pierre T.F. Riggs	55.11
800 Meter Run	2006	Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2009	Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2015	RC Central Jeffries, Sullivan, Young, Klapperich	48.64
4 x 200 Meter Relay	2006	Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2009	SF Washington Houseman, Fantroy, Smith, O'Diel	4:10.91
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	Jasmyne King, Rapid City Central	18'10.75"
Triple Jump	2014	Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	Leslie Brost, Watertown	12'10.00"

* Indicates handheld time

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second. Handheld times listed in 1/10 of second.

GIRLS' CLASS "B" RECORDS

If a state record is recorded as a handheld time, a fully automatic time within .24 seconds of the handheld time will also be recorded as a state record. Both times will be recorded until the fully automatic time is faster than the recorded handheld time.

100 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	11.98
200 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	24.85
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2015	Macy Heinz, Ipswich	2:15.17
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	2015	Lauren Sokolowski, Irene-Wakonda	14.64
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2011	Oldham-Ramona/Rutland Olson, Thurow, Hagemann, Carper	49.93
4 x 200 Meter Relay	2009	Rosholt/Fairmount Heesch, Meyer, Ca. Anderson, Co. Anderson	1:44.88
4 x 400 Meter Relay	2012	Ipswich A. Heinz, Lloyd, Gauer, M. Heinz	4:02.72
4 x 800 Meter Relay	1980	Kadoka M. Parke, Porch, T. Parke, Herber	9:41.53
Sprint Medley Relay	2012	Castlewood Little, Johnson, McEldowney, Strait	4:17.36
Shot Put (4kg)	2003	Jocelyn Dockendorf, Corsica	43'03.75"
Discus	2005	Amber Brodersen, Wolsey-Wessington	145'06.00"
High Jump	2011	Kelsey Kaufmann, Arlington	5'06.25"
Long Jump	2009	Christy Schultz, RC Christian	18'09.50"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2009 2009	Calley Worth, Gettysburg Brigitte Gross, Hanson	11'03.00"

* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second. Handheld times listed in 1/10 of second.

GIRLS' CLASS "A" RECORDS

If a state record is recorded as a handheld time, a fully automatic time within .24 seconds of the handheld time will also be recorded as a state record. Both times will be recorded until the fully automatic time is faster than the recorded handheld time.

100 Meter Dash	2013	Stachia Reuwsaat, St. Thomas More	12.14
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2006	Alicia Brown, Vermillion	56.69
800 Meter Run	2015	Tori Glazier, Custer	2:15.12
1600 Meter Run	1991	Hiedi Reed, Canton	5:03.16
3200 Meter Run	1991	Hiedi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2005	Madison Bri. Postma, Hatting, Dailing, Bro. Postma	49.73
4 x 200 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	1:44.21
4 x 400 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	3:59.52
4 x 800 Meter Relay	1997	Aberdeen Roncalli J. Cameron, K. Cameron, Pierce, Larson	9:31.37
Medley Relay	2015	Custer Wicks, Carlson, Thomsen, Glazier	4:13.23
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	2013	Stachia Reuwsaat, St. Thomas More	18'09.50"
Triple Jump	2012	Coley Stoller, Madison	37'04.75"
Pole Vault	2010	Jessica Koupal, Wagner	11'04.00"

* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second. Handheld times listed in 1/10 of second.

GIRLS' CLASS "AA" RECORDS

If a state record is recorded as a handheld time, a fully automatic time within .24 seconds of the handheld time will also be recorded as a state record. Both times will be recorded until the fully automatic time is faster than the recorded handheld time.

100 Meter Dash	1996	*Jill Theeler, Mitchell	**11.9
200 Meter Dash	2014	*Cortney Dowling, Pierre T.F. Riggs	24.67
400 Meter Dash	2014	*Cortney Dowling, Pierre T.F. Riggs	55.11
800 Meter Run	2006	*Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	*Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2009	*Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2015	*RC Central Jeffries, Sullivan, Young, Klapperich	48.64
4 x 200 Meter Relay	2006	*Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	*RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	*RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2009	*SF Washington Houseman, Fantroy, Smith, O'Diel	4:10.91
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	*Jasmyne King, RC Central	18'10.75"
Triple Jump	2014	*Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	*Leslie Brost, Watertown	12'10.00"

* Indicates State Record

** Indicates Handheld Time

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second. Handheld times listed in 1/10 of second.

GIRLS' STATE CHAMPIONS AND RUNNERS-UP

Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971	Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972	Redfield	Mission

Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974	Wall	Springfield

Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974	Sioux Falls Lincoln	Aberdeen Central

Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Faith	Centerville	1996	Hoven	Faultkton
1976	White River	Faith	1997	Herreid	Hoven
1977	Dakota Christian	Pollock	1998	Faultkton	Elkton
1978	Dakota Christian	White River	1999	Chester	Marion
1979	Frederick	Dakota Christian	2000	Chester	Marion
1980	Dakota Christian	Frederick	2001	Chester	Colman-Egan
1981	Armour	Dakota Christian	2002	Colman Egan	Bonesteel-Fairfax
1982	Armour	Estelline	2003	Bonesteel-Fairfax	Colman-Egan
1983	Armour	Eureka	2004	Eureka	Colman-Egan
1984	Eureka	Sioux Falls Christian	2005	Bonesteel-Fairfax	Bridgewater/Emery
1985	Sioux Falls Christian	Eureka	2006	James Valley Christian	Colman-Egan
1986	Arlington	Eureka	2007	Faultkton	Colman-Egan
1987	Arlington	Bridgewater	2008	Hanson	Rosholt/Fairmount ND
1988	Bridgewater	Lake Preston	2009	Hanson	Rosholt/Fairmount ND
1989	Bridgewater	Lake Preston	2010	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1990	Lake Preston	White Lake	2011	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1991	Lake Preston	Hoven	2012	Ipswich	Oldham-Ramona/Rutland
1992	Hoven	Hitchcock	2013	Ipswich	Parker
1993	Doland/Conde	Hoven	2014	Ipswich	Irene-Wakonda
1994	Hoven	Baltic	2015	Ipswich	Chester Area
1995	Faultkton	Hoven			

Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Wall	Freeman	1996	Hot Springs & Milbank	
1976	Flandreau & Burke (tie)	Freeman	1997	Hot Springs	Lennox
1977	Freeman	Kimball	1998	Lennox	Garretson
1978	Burke	Kimball	1999	Lennox	Hot Springs
1979	Kimball	Salem	2000	Lennox	Miller
1980	Salem	Freeman	2001	Redfield	Lennox
1981	Jefferson	Redfield	2002	Winner	Beresford
1982	Jefferson	Salem	2003	Redfield	Beresford
1983	Jefferson	Custer	2004	West Central	Parker
1984	Jefferson	Custer	2005	West Central	Aberdeen Roncalli
1985	Jefferson	Miller	2006	St. Thomas More	Vermillion
1986	Bennett County	Miller	2007	St. Thomas More	Vermillion
1987	Spearfish	Bon Homme	2008	Vermillion	St. Thomas More
1988	Freeman	Milbank	2009	St. Thomas More	Wagner
1989	Salem	Beresford	2010	Clark/Willow Lake	St. Thomas More
1990	Hot Springs	Madison	2011	West Central	Clark/Willow Lake
1991	McCook Central	Lennox	2012	West Central	Milbank
1992	Sioux Valley	Madison	2013	St. Thomas More	Sioux Falls Christian
1993	Spearfish	Milbank	2014	Sioux Falls Christian	St. Thomas More
1994	Milbank	Madison	2015	St. Thomas More	Madison
1995	Milbank	Vermillion			

Girls' Class "AA" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Sioux Falls Lincoln	Rapid City Stevens	1996	Rapid City Stevens	Aberdeen Central
1976	Sioux Falls Lincoln	Watertown	1997	Rapid City Stevens	Spearfish
1977	Sioux Falls Washington	Watertown	1998	Rapid City Stevens	Huron
1978	Watertown	Brookings	1999	Rapid City Stevens	Huron
1979	Brookings	Watertown	2000	Rapid City Stevens	Huron
1980	Brookings	Watertown	2001	Rapid City Stevens	Rapid City Central
1981	Yankton	Watertown	2002	Rapid City Stevens	Rapid City Central
1982	Yankton	Watertown	2003	Rapid City Stevens	Rapid City Central
1983	Huron	Watertown	2004	Rapid City Stevens	Sioux Falls Roosevelt
1984	Yankton	Sioux Falls Washington	2005	Rapid City Stevens	Sioux Falls Roosevelt
1985	Rapid City Stevens	Sioux Falls Lincoln	2006	Rapid City Stevens	Sioux Falls Roosevelt
1986	Rapid City Stevens	Sioux Falls Lincoln	2007	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2008	Rapid City Stevens	Yankton
1988	Rapid City Stevens	Brookings	2009	Rapid City Central	Sioux Falls Lincoln
1989	Brookings	Rapid City Central	2010	Rapid City Stevens	Yankton
1990	Sturgis	Rapid City Central & Pierre	2011	Rapid City Stevens	Sioux Falls Washington
1991	Rapid City Central	Rapid City Stevens	2012	Rapid City Central	Rapid City Stevens
1992	Rapid City Central	Mitchell	2013	Aberdeen Central	Rapid City Stevens
1993	Rapid City Central	Watertown	2014	Rapid City Stevens	Rapid City Central
1994	Rapid City Central	Spearfish	2015	Rapid City Stevens	Brandon Valley
1995	Yankton	Rapid City Stevens			