

# 39<sup>th</sup> ANNUAL STATE HIGH SCHOOL GIRLS

## CROSS COUNTRY CHAMPIONSHIPS

4000 METERS (All Classes - Girls)

Broadland Creek National Golf Course – Huron – October, 25, 2014

### GIRLS INDIVIDUAL RESULTS

(All Times Have Been Recorded F.A.T.)

#### CLASS "B" (Winning Time – 15:09.08 – 118 Runners)

Name	Year	School	Time
1 Heinz, Macy	10	Ipswich	15:09.08
2 Nelson, Laura	10	Gayville-Volin	15:32.13
3 Coyle, Ellie	11	Philip	15:43.67
4 Roth, Cailey	12	Freeman	15:49.46
5 Koerner, Clara	12	Freeman Academy	15:54.01
6 Steger, Aleah	8	Ipswich	15:58.17
7 Moore, Tori	12	Ipswich	15:59.59
8 Weinheimer, Gracie	9	Sully Buttes	16:06.89
9 Boomsma, Allyson	8	Wolsey-Wessington	16:09.93
10 Zirbel, Makayla	9	Waubay/Summit	16:12.18
11 Loewen, Julie	12	James Valley Christian	16:16.65
12 Clark, Genevieve	11	Gayville-Volin	16:23.86
13 Leber, Delaney	9	Newell	16:25.94
14 Lulf, Quinn	10	Lyman	16:26.36
15 Votaw, Sierra	11	Burke/South Central	16:27.08
16 Christiansen, Jacia	10	Viborg-Hurley	16:28.28
17 Mauer, Taylor	8	Ipswich	16:33.46
18 Emmick, Ashley	8	Gayville-Volin	16:34.35
19 Flatt, Hannah	10	Potter County	16:35.44
20 Clark, Elianna	9	Gayville-Volin	16:38.43
21 Strait, Haley	12	Castlewood	16:38.80
22 Jensen, Kendra	8	Alcester-Hudson	16:39.06
23 Walker, Kaylee	10	Herreid/Selby Area	16:39.52
24 Clemens, Josie	10	Northwestern	16:40.07
25 Eberts, Rebecca	11	Freeman	16:46.46

#### CLASS "A" (Winning Time – 14:47.93 – 124 Runners)

Name	Year	School	Time
1 Hawkes, Emily	12	Madison	14:47.93
2 Streff, Hailey	10	Madison	15:07.53
3 Cooper, Kaci	7	St. Thomas More	15:16.74
4 Gregerson, Lorna	8	Mt. Vernon/Plank	15:16.99
5 Delmont, Mallory	7	Custer	15:23.37
6 Leischner, Lexy	8	Ethan/Parkston	15:24.49
7 Streff, Cami	8	Madison	15:24.76
8 Kirsch, Klaire	9	St. Thomas More	15:26.63
9 Schmidt, Nicolette	10	Redfield/Doland	15:26.79
10 Byers, Ella	8	Chamberlain	15:26.89
11 Schulz, Marisa	10	Dakota Valley	15:29.05
12 Bradsky, Samantha	8	St. Thomas More	15:29.59
13 Bohl, Carmen	9	Garretson	15:29.82
14 Wahl, Hanna	12	West Central	15:32.07
15 Glazier, Tori	9	Custer	15:36.53
16 Herman, Kelsie	7	Todd County	15:38.24
17 Atwood, Ashlynn	10	Beresford	15:38.64

18 Flute, Sinona	8 Flandreau	15:41.57
19 Bainbridge, Maisey	10 Lennox	15:41.97
20 Hursey, Madeline	8 Flandreau	15:44.84
21 Lavin, Madisen	9 Vermillion	15:47.78
22 Sage, Haley	11 Garretson	15:48.29
23 Gregerson, Lainey	8 Mt. Vernon/Plankinton	15:49.70
24 Prouty, Mikayla	12 Clark/Willow Lake	15:51.82
25 Wickersham, Sydney	7 Ethan/Parkston	15:58.73

**CLASS "AA" (Winning Time – 14:50.06 – 113 Runners)**

Name	Year School	Time
1 Cooper, Jasmyne	9 SF Lincoln	14:50.06
2 Schweiss, Jamie	11 RC Stevens	14:57.14
3 Dykstra, Kendra	11 RC Stevens	15:08.06
4 Abraham, Ellie	7 Brookings	15:09.14
5 Klatt, Courtney	9 Brandon Valley	15:11.56
6 Propst, Rachel	12 Pierre T.F. Riggs	15:12.00
7 McClure, Madison	9 Yankton	15:12.06
8 Kearney, Kelsi	10 SF Washington	15:19.84
9 Burgess, Shacey	11 RC Central	15:24.80
10 Larson, Jennalee	9 SF Washington	15:25.35
11 Patrick, Katie	10 SF Lincoln	15:28.38
12 Parris, Ava	9 RC Central	15:28.97
13 Green, Allison	9 Sturgis Brown	15:29.87
14 Infield, Brooke	11 SF Lincoln	15:35.81
15 Person, Emily	12 RC Stevens	15:36.13
16 Kocer, Danica	8 Brandon Valley	15:38.21
17 Woods, Savannah	11 Yankton	15:38.34
18 Ripperda, Abby	10 SF O'Gorman	15:42.50
19 Bierwagen, Alyssa	10 SF Roosevelt	15:45.46
20 Werner, Kylie	10 SF Roosevelt	15:46.38
21 Wells, Lauren	8 Brandon Valley	15:48.00
22 Roskam, Felicia	11 RC Stevens	15:48.24
23 Mikkelsen, Emily	8 Pierre T.F. Riggs	15:50.56
24 Sudbeck, Caroline	7 SF Lincoln	15:53.59
25 Birath, Mikaela	9 Brandon Valley	15:54.16

## GIRLS' TEAM POINTS



### State Class "B" Cross Country Champions Ipswich Lady Tigers

*Team members include:* Macy Heinz, Taylor Loken,  
Tori Moore, Taylor Mauer, Aleah Steger.  
*Assistant Coaches:* Jesse Kroupa, Matt Scott.  
*Head Coach:* Todd Thorson.

### CLASS "B"

Rank	Team	Total
1	Ipswich	12
2	Gayville-Volin	24
3	Freeman	56
4	Wolsey-Wessington	59
5	Northwestern	62
6	Potter County	68
7	De Smet	88
8	Viborg-Hurley	97
9	Philip	103
10	Timber Lake	107
11	James Valley Christian	108
12	Dupree	121
13	Newell	121
14	Dell Rapids St. Mary	123
15	Bison	130
16	Howard	133
17	Hanson	154
18	Elkton-Lake Benton	174

### CLASS "A"

Rank	Team	Total
1	St. Thomas More	53
2	Madison	58
3	Mt. Vernon/Plankinton	74
4	Garretson	80
5	Ethan/Parkston	83
6	Custer	85
7	Todd County	112
8	Flandreau	132
9	Beresford	133
10	Canton	156
11	Redfield/Doland	173
12	Chamberlain	175
13	Hot Springs	235
14	Webster Area	253
15	Milbank	261



### State Class "A" Cross Country Champions St. Thomas More Cavaliers

*Team members include:* Teresa Blote,  
Samantha Bradsky, Kaci Cooper, Kelly Cooper,  
Klaire Kirsch, Caroline Landry.  
*Assistant Coach:* Michelle Pawelski.  
*Head Coach:* Royce Wuertzer.



**State Class "AA" Cross Country Champions – Rapid City Stevens**

*Team members include: Kendra Kykstra, Erin Fine, Mallory Fine, Emily Person, Felicia Roskam, Jamie Schweiss, Sydney Smith. Assistant Coach: Doc Michel. Head Coach: Jesse Coy.*

**CLASS "AA"**

Rank	Team	Total
1	Rapid City Stevens	75
2	Sioux Falls Lincoln	94
3	Brandon Valley	96
4	Yankton	118
5	Sioux Falls Washington	136
6	Pierre T.F. Riggs	176
7	Rapid City Central	200
8	Sioux Falls O’Gorman	219
9	Sioux Falls Roosevelt	235
10	Sturgis Brown	264
11	Harrisburg	279
12	Aberdeen Central	310
13	Spearfish	314
14	Brookings	376
15	Mitchell	378
16	Watertown	402

**GIRLS’ STATE CROSS COUNTRY MEET RECORDS FOR VARIOUS SITES**

**CLASS "B"**

**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Tessy Brandner, Herreid, 1979
Huron (Meadowbrook Golf Course)	10:49	Suzanne Brockmueller, Freeman Acad, 1981
Mitchell (Lakeview Golf Course)	10:58.39	Kristen Peterson, Arlington, 1998
Pierre (Hillsview Golf Course)	10:57	Nickki Jones, Viborg, 1985
Huron (Broadland Creek Golf Course)	11:56.22	Jenny Aman, Edmunds Central, 1999

**(4000m)**

Rapid City (Elks Golf Course)	15:40.90	Hilary Krein, Eureka/Bowdle, 2009
Sioux Falls (Yankton Trails Park)	14:54.62	Mindy Kraft, Wessington Springs, 2011
Rapid City (Robbinsdale Park)	16:06.03	Laura Nelson, Gayville-Volin, 2013
Huron (Broadland Creek Golf Course-2000)	15:09.08	Macy Heinz, Ipswich, 2014

**CLASS "A"****(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Lenae Reinschmidt, Groton, 1979
Huron (Meadowbrook Golf Course)	10:27	Shelli Koistinen, Spearfish, 1982
Mitchell (Lakeview Golf Course)	10:56	Coni Fritz, Lennox, 1986
Pierre (Hillsview Golf Course)	10:46	Nyla Hoffman, Jefferson, 1985

**(4000m)**

Rapid City (Elks Golf Course)	15:32.90	Kelsey Barrett, Britton-Hecla, 2009
Pierre (Hillsview Golf Course)	15:13.33	Salley Meyer, Madison, 1997
Mitchell (Lakeview Golf Course)	14:11.16	Jessica Donner, Lead, 1998
Huron (Meadowbrook Golf Course)	14:21.70	Jaime Pauli, Milbank, 1993
Huron (Broadland Creek Golf Course)	14:29.77	Salley Meyer, Madison, 1996
Huron (Broadland Creek-effective 2000)	14:47.93	Emily Hawkes, Madison, 2014
Sioux Falls (Yankton Trail Park)	14:49.45	Kelsey Barrett, Britton-Hecla, 2011
Rapid City (Robbinsdale Park)	14:45.38	Madisen Lavin, Vermillion, 2013

**CLASS "AA"****(3000m)**

Brookings (Edgebrook Golf Course)	11:00	Cindy Sargent, Rapid City Stevens, 1978
	11:00	Pam Mansheim, Brookings, 1979
Huron (Meadowbrook Golf Course)	10:37	Michelle Taitano, Rapid City Central, 1981
Mitchell (Lakeview Golf Course)	10:54	Lisa Darley, Rapid City Stevens, 1986
Pierre (Hillsview Golf Course)	10:40	Lisa Darley, Rapid City Stevens, 1985

**(4,000m)**

Rapid City (Elks Golf Course)	14:35.50	Betsy Bies, Yankton, 2005
Pierre (Hillsview Golf Course)	14:45.80	Jaime Kulbel, Yankton, 1994
Mitchell (Lakeview Golf Course)	14:07.30	Anne Vollmer, Rapid City Central, 1992
Huron (Meadowbrook Golf Course)	14:09.90	Tammy Harding, Watertown, 1993
Huron (Broadland Creek Golf Course)	13:12.93	Jessica Fox, Watertown, 1999
Huron (Broadland Creek-effective 2000)	14:22.59	Allison Eckert, SF Roosevelt, 2006
Sioux Falls (Yankton Trail Park)	14:19.50	Alex Hess, SF Roosevelt, 2011
Rapid City (Robbinsdale Park)	14:03.31	Annie Kruse, Yankton, 2013

**GIRLS' STATE CHAMPIONS AND RUNNERS-UP****Girls' Class "B" Cross-Country - Three Class System**

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	St. Francis	Burke	1996	Faulton	Herreid
1977	Burke	Hill City	1997	Elkton	Chester
1978	Dakota Christian	Kadoka	1998	Herreid	Chester
1979	Dakota Christian	Hoven	1999	Frederick/Hecla	Elkton
1980	Herreid	Hoven	2000	Ipswich	Elkton
1981	Herreid	Hoven	2001	Summit	Ipswich
1982	Willow Lake	Dakota Christian	2002	Eureka	Ipswich
1983	Hoven	Garretson	2003	Eureka	Scotland
1984	Hoven	Wall	2004	Bonesteel-Fairfax	Ipswich
1985	Hoven	Viborg	2005	Kimball	South Central
1986	Hoven	Arlington	2006	Freeman	Kimball
1987	Hoven	Kadoka	2007	Kadoka	Scotland
1988	Platte	Hecla	2008	Kadoka Area	Lemmon
1989	Hecla	Kadoka	2009	Lemmon	Kadoka Area
1990	Hoven	Kadoka	2010	Ipswich	Lemmon
1991	Hitchcock/Tulare	Hoven	2011	Ipswich	Kadoka Area
1992	Hoven	Arlington	2012	Ipswich	Gayville-Volin
1993	Hoven	Hitchcock/Tulare	2013	Ipswich	Gayville-Volin
1994	Faulton	Bonesteel-Fairfax	2014	Ipswich	Gayville-Volin
1995	Arlington	Gettysburg			

### Girls' Class "A" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	Arlington	Vermillion	1996	Lead	Hot Springs
1977	Arlington	Sioux Valley	1997	Lead	Hot Springs
1978	St. Francis	Arlington	1998	Hot Springs	Madison
1979	Custer	Lennox	1999	Garretson	Custer
1980	Redfield	Jefferson	2000	Madison	Douglas
1981	Jefferson	Hot Springs	2001	McCook Central	Madison
1982	Jefferson	Spearfish	2002	McCook Central	Milbank
1983	Spearfish	Jefferson	2003	Chamberlain	Garretson
1984	Spearfish	Jefferson	2004	Groton Area	Chamberlain
1985	Milbank	Jefferson	2005	Chamberlain	ST More/RC Christian
1986	Milbank	Groton	2006	Cheyenne-Eagle Butte	Custer
1987	Lennox	Milbank	2007	Custer	Cheyenne-Eagle Butte
1988	Lennox	Milbank	2008	Chamberlain	Custer
1989	Lennox	Hot Springs	2009	Garretson	Canton
1990	Lennox	Milbank	2010	Garretson	West Central
1991	Spearfish	Lennox	2011	Spearfish	Garretson
1992	Milbank	Spearfish	2012	Spearfish	Garretson
1993	Lennox	Milbank	2013	Garretson	Custer
1994	Hot Springs	Howard	2014	St. Thomas More	Madison
1995	Milbank	Custer			

### Girls' Class "AA" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	RC Stevens	Pierre	1996	RC Stevens	Watertown
1977	RC Stevens	Pierre	1997	RC Stevens	Spearfish
1978	Huron	Yankton	1998	RC Stevens	SF O'Gorman
1979	RC Stevens	Huron	1999	RC Stevens	Watertown
1980	Brookings	Watertown	2000	RC Stevens	Watertown
1981	Huron	RC Stevens	2001	Watertown	RC Stevens
1982	Brookings	Huron	2002	RC Stevens	Yankton
1983	Brookings	SF Washington	2003	Yankton	RC Stevens
1984	RC Stevens	SF Lincoln	2004	Yankton	SF Roosevelt
1985	RC Stevens	Huron	2005	Yankton	SF Roosevelt
1986	SF O'Gorman	SF Lincoln	2006	Yankton	SF Roosevelt
1987	Huron	SF O'Gorman	2007	Yankton	SF Roosevelt
1988	SF O'Gorman	Huron	2008	SF Roosevelt	Aberdeen Cent/SDBVI
1989	Huron	SF Lincoln	2009	Yankton	SF Roosevelt
1990	Mitchell	RC Central	2010	Sturgis Brown	Yankton
1991	RC Central	RC Stevens	2011	Yankton	RC Central
1992	RC Central	RC Stevens	2012	RC Central	SF Washington
1993	RC Stevens	Watertown	2013	RC Stevens	RC Central
1994	RC Stevens	Watertown	2014	RC Stevens	SF Lincoln
1995	RC Stevens	SF Washington			

### GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "B"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Julie Tolstedt, Burke	Theresa Young, St. Francis
1977	Julie Tolstedt, Burke	Janean Steffen, Burke
1978	Tess Brandner, Herreid	Sheri Veurink, Dakota Christian
1979	Tess Brandner, Herreid	Suzanne Brockmueller, Freeman Academy
1980	Suzanne Brockmueller, Freeman Academy	Melissa Knoepfle, Herreid
1981	Suzanne Brockmueller, Freeman Academy	Doris Brandner, Herreid
1982	Suzanne Brockmueller, Freeman Academy	Joanne Herber, Kadoka
1983	Suzanne Brockmueller, Freeman Academy	Amy Von Wald, Hoven
1984	Amy Von Wald, Hoven	Jane Fauske, Wall

1985	Nikki Jones, Viborg	Amy Von Wald, Hoven
1986	Linda Groom, Arlington	Christine Mason, Doland
1987	Nikki Jones, Viborg	Kris Pipal, Platte
1988	Nikki Jones, Viborg	Kris Pipal, Platte
1989	Naomi Ireland, Kadoka	Shantel Swedlund, Arlington
1990	Shannon Brenner, Hitchcock/Tulare	Debbie Ferguson, Kadoka
1991	Missy Puffer, Hitchcock/Tulare	Laura Walter, Arlington
1992	Amy Van Dyke, Hoven	Shannon Brenner, Hitchcock/Tulare
1993	Julie Huss, Faulkton	Billie Rae Pistulka, Bonesteel-Fairfax
1994	Billie Rae Pistulka, Bonesteel-Fairfax	Kelly Greve, Jones County
1995	Kristen Peterson, Arlington	Kelly Greve, Jones County
1996	Kristen Peterson, Arlington	Lynn Burge, Marion
1997	Kristen Peterson, Arlington	Stephanie Gebhart, Elkton
1998	Kristen Peterson, Arlington	Jenny Ching, Estelline
1999	Jenny Aman, Edmunds Central	Jeni Ching, Estelline
2000	Jeni Ching, Estelline	Valerie Moore, Ipswich
2001	Melinda Zirbel, Summit	Nicole Zirbel, Summit
2002	Valerie Warnke, Bonesteel-Fairfax	Cami Koehn, Colman-Egan
2003	Nicky Rausch, Hoven/Cresbard	Cami Koehn, Colman-Egan
2004	Emma Erickson, Gayville-Volin	Valerie Warnke, Bonesteel-Fairfax
2005	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2006	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2007	Hilary Krein, Eureka/Bowdle	Courtney Rasmussen, Viborg
2008	Mindy Kraft, Wessington Springs	Shaley Herber, Kadoka Area
2009	Hilary Krein, Eureka/Bowdle	Lydia Eagle, McIntosh
2010	Lillie Koerner, Freeman Academy	Tia Carlson, Kadoka Area
2011	Mindy Kraft, Wessington Springs	Tori Moore, Ipswich
2012	Genevieve Clark, Gayville-Volin	Macy Heinz, Ipswich
2013	Laura Nelson, Gayville-Volin	Genevieve Clark, Gayville-Volin
2014	Macy Heinz, Ipswich	Laura Nelson, Gayville-Volin

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "A"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Jane Knutson, Vermillion	Eileen Wounded Shield, Pine Ridge
1977	Eileen Wounded Shield, Pine Ridge	Kathy Nelson, Sioux Valley
1978	Kathy Nelson, Sioux Valley	Bernice Whiting, St. Francis
1979	Lenae Reinschmidt, Groton	Robin Lenocker, Howard
1980	Angie Jungwirth, Redfield	Robin Lenocker, Howard
1981	Nyla Hoffman, Jefferson	Robin Lenocker, Howard
1982	Shelli Koistinen, Spearfish	Mary Schrader, Hot Springs
1983	Shelli Koistinen, Spearfish	Sarah Johnson, Gregory
1984	Lisa Darley, Custer	Sarah Johnson, Gregory
1985	Nyla Hoffman, Jefferson	Stacy Hermans, Milbank
1986	Coni Fritz, Lennox	Michelle Russell, Madison
1987	Coni Fritz, Lennox	Kathy Young, Custer
1988	Hiedi Reed, Canton	Coni Fritz, Lennox
1989	Hiedi Reed, Canton	Renee Tadstad, Groton
1990	Hiedi Reed, Canton	Sally O'Dell, Spearfish
1991	Jamie Pauli, Milbank	Hiedi Reed, Canton
1992	Lynn Routh, Spearfish	Catherine Brechtel, Hot Springs
1993	Jaime Pauli, Milbank	Angela Buus, Lennox
1994	Salley Meyer, Madison	Nyla Schroeder, Hot Springs
1995	Jaime Pauli, Milbank	Salley Meyer, Madison
1996	Salley Meyer, Madison	Maren Hanson, Garretson
1997	Salley Meyer, Madison	Jessie Akers, Custer
1998	Jessica Donner, Lead	Salley Meyer, Madison
1999	Amanda Backes, Douglas	Drew Neuharth, Britton
2000	Shannon Daly, Groton	Michelle Rasmussen, Vermillion

2001	Kari Schaefer, Madison	Shannon Daly, Groton
2002	Emilee Barnes, Alcester-Hudson	Kari Schaefer, Madison
2003	Sierra McCauley, Dakota Valley	Robin Webber, Pine Ridge
2004	Robin Webber, Pine Ridge	Caitlin Friesz, Mobridge
2005	Alida Oegema, St. Thomas More/RC Christian	Laura Wolles, Chester Area
2006	Jordan Wohlleber, Cheyenne-Eagle Butte	Miranda Kobes, Beresford
2007	Kelsey Barrett, Britton-Hecla	Jordan Wohlleber, Cheyenne-Eagle Butte
2008	Lottie Grimshaw, Todd County	Kelsey Barrett, Britton-Hecla
2009	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2010	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2011	Kelsey Barrett, Britton-Hecla	Savannah Childers, Spearfish
2012	Emily Hawkes, Madison	Madisen Lavin, Vermillion
2013	Madisen Lavin, Vermillion	Mattie Shirley-Fairbair, Lead-Deadwood
2014	Emily Hawkes, Madison	Hailey Streff, Madison

### **GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "AA"**

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Cindy Sargent, RC Stevens	Brenda Michel, RC Central
1977	Cindy Sargent, RC Stevens	Kay Stormo, Watertown
1978	Cindy Sargent, RC Stevens	Cindy Gallagher, Yankton
1979	Pam Mansheim, Brookings	Cindy Gallagher, Yankton
1980	Traci Fie, Watertown	Brenda Wright, Milbank
1981	Michelle Taitano, RC Central	Karla Galbraith, RC Stevens
1982	Julie Pederson, SF O’Gorman	Allison Laack, SF Washington
1983	Kristi Rieger, SF Washington	Jody Dybing, Brookings
1984	Tammy Feltman, SF Lincoln	Theresa Moss, Flandreau Indian
1985	Lisa Darley, RC Stevens	Monica Hulstein, SF Washington
1986	Lisa Darley, RC Stevens	Ann Westby, Brookings
1987	Karla Hay, SF O’Gorman	Kim Puterbaugh, Huron
1988	Ann Westby, Brookings	Marcie Dawson, Brookings
1989	Marcie Dawson, Brookings	Susie Kerkaert, SF Lincoln
1990	Tammy Harding, Watertown	Susie Kerkaert, SF Lincoln
1991	Anne Vollmer, RC Central	Lisa Weltzer, RC Stevens
1992	Anne Vollmer, RC Central	Nikki Arp, RC Central
1993	Tammy Harding, Watertown	Amy Boke, Spearfish
1994	Jaime Kulbel, Yankton	Ruthanne Anderson, RC Stevens
1995	Jenna Lucas, RC Stevens	Erin Fields, RC Stevens
1996	Jessica Fox, Watertown	Emily Fleming, SF O’Gorman
1997	Jenna Lucas, RC Stevens	Erin Klein, SF O’Gorman
1998	Jessica Fox, Watertown	Jennie Buller, Yankton
1999	Jessica Fox, Watertown	Kaylee Keating, SF Roosevelt
2000	Steph Richardson, RC Stevens	Kaylee Keating, SF Roosevelt
2001	Amy Lindner, SF O’Gorman	Nichol Deckert, RC Central
2002	Ramsey Kavan, Yankton	Krista Eckert, SF O’Gorman
2003	Ramsey Kavan, Yankton	Nichol Deckert, RC Stevens
2004	Ramsey Kavan, Yankton	Krista Eckert, SF Roosevelt
2005	Betsy Bies, Yankton	Allison Eckert, SF Roosevelt
2006	Allison Eckert, SF Roosevelt	Betsy Bies, Yankton
2007	Madeleine Takahashi, Sturgis Brown	Bailey Breems, SF Roosevelt
2008	Megan Hilson, Yankton	Seanna Kautz, SF Roosevelt
2009	Madeleine Takahashi, Sturgis Brown	Megan Hilson, Yankton
2010	Tamara Gorman, RC Stevens	Courtney Neubert, Aberdeen Central/SDBVI
2011	Alex Hess, SF Roosevelt	Abbie Harrelson, Douglas
2012	Savannah Woods, Yankton	Annie Kruse, Yankton
2013	Annie Kruse, Yankton	Tamara Gorman, RC Stevens
2014	Jasmyne Cooper, SF Lincoln	Jamie Schweiss, RC Stevens