

**38<sup>th</sup> ANNUAL STATE HIGH SCHOOL  
GIRLS CROSS COUNTRY CHAMPIONSHIPS**

**4000 METERS (All Classes - Girls)**

**Robbinsdale Park – Rapid City**

**October 26, 2013**

**GIRLS INDIVIDUAL RESULTS**

*(All Times Have Been Recorded F.A.T.)*

**CLASS “B” (Winning Time – 15:06.03 – 121 Runners)**

Name	Year	School	Time
1 Nelson, Laura	9	Gayville-Volin	15:06.03
2 Clark, Genevieve	10	Gayville-Volin	15:39.98
3 Heinz, Macy	9	Ipswich	15:51.68
4 Flatt, Hannah	9	Potter County	15:57.03
5 Loken, Taylor	11	Ipswich	16:01.28
6 Moore, Tori	11	Ipswich	16:04.08
7 Sampson, Janae	12	Arlington	16:05.83
8 Wolles, Anna	12	DR St. Mary	16:18.68
9 Coyle, Ellie	10	Philip	16:22.33
10 Eberts, Rebecca	10	Freeman	16:24.63
11 Steger, Aleah	7	Ipswich	16:25.98
12 Buxcel, Rachel	11	Jones County	16:26.03
13 Clemens, Josie	9	Northwestern	16:26.98
14 Lulf, Quinn	9	Lyman	16:27.93
15 Engebretson, Reganne	10	Platte-Geddes	16:30.83
16 Hammrich, Bailey	7	Ipswich	16:31.08
17 Huntley, Savannah	11	RC Christian	16:31.68
18 Williamson, Mande	8	Newell	16:32.63
19 Groft, Peyton	8	Northwestern	16:33.73
20 Stoltenburg, Heidi	10	Elkton-Lake Benton	16:34.38
21 VanDenHemel, Kelsey	10	Stanley County	16:34.63
22 Held, Khiree	10	James Valley Chr	16:35.98
23 Zirbel, Makayla	8	Waubay/Summit	16:37.33
24 Fernau, Lexie	8	Burke/South Central	16:39.03
25 McClure, Sarah	10	Potter County	16:40.93

**CLASS “A” (Winning Time – 14:45.38 – 128 Runners)**

Name	Year	School	Time
1 Lavin, Madisen	8	Vermillion	14:45.38
2 Shirley-Fairbairn, Matti	7	Lead-Deadwood	14:47.38
3 Schmidt, Nicolette	9	Redfield/Doland	14:49.98
4 Streff, Cami	7	Madison	15:00.38
5 Bohl, Carmen	8	Garretson	15:15.03
6 Sage, Haley	10	Garretson	15:15.18
7 Wieczorek, McKayla	12	West Central	15:18.23
8 Flute, Sinona	7	Flandreau	15:33.08
9 Bainbridge, Maisey	9	Lennox	15:34.58
10 Schulz, Marisa	9	Dakota Valley	15:37.88
11 Atwood, Ashlynn	9	Beresford	15:38.58
12 Hallman, Riley	9	Tri-Valley	15:40.63
13 Glazier, Tori	8	Custer	15:41.38
14 Quick Bear, Haylee	7	St. Francis Indian	15:41.88
15 Deering, Leah	12	Hot Springs	15:42.83

16	Wahl, Hanna	11	West Central	15:43.43
17	Prouty, Mikayla	11	Clark/Willow Lake	15:45.38
18	Heisinger, Taya	10	Ethan/Parkston	15:49.73
19	Kelley, Mattisen	11	Custer	15:51.93
20	Beautiful Bald Eagle, Destiny	11	Cheyenne-Eagle Butte	15:52.28
21	Hajek, Maddison	10	Bon Homme	15:52.98
22	Brooks, Audrey	12	SF Christian	15:57.13
23	Hawkes, Emily	11	Madison	16:02.73
24	Volesky, McKenzie	9	Webster Area	16:05.48
25	Kirsch, Klaire	8	St. Thomas More	16:07.18

**CLASS "AA" (Winning Time – 14:03.31 – 120 Runners)**

Name	Year	School	Time	
1	Kruse, Annie	12	Yankton	14:03.31
2	Gorman, Tamara	12	RC Stevens	14:24.81
3	Woods, Savannah	10	Yankton	14:55.01
4	Person, Emily	11	RC Stevens	14:55.26
5	Burgess, Shacey	10	RC Central	14:59.36
6	Hearn, Hannah	12	RC Central	15:03.21
7	Kearney, Kelsi	9	SF Washington	15:07.66
8	Green, Allison	8	Sturgis Brown	15:08.61
9	Schweiss, Jamie	10	RC Stevens	15:12.46
10	Propst, Rachel	11	Pierre T.F. Riggs	15:13.21
11	Parris, Ava	8	RC Central	15:20.76
12	Blain, Gretchen	9	Spearfish	15:23.71
13	Waterfall, Haylee	8	Brandon Valley	15:26.01
14	Schenk, Meagan	10	Harrisburg	15:26.46
15	Ripperda, Abby	9	SF O'Gorman	15:26.96
16	Cooper, Jasmyne	8	Harrisburg	15:32.76
17	Kelly, Mollie	8	SF Lincoln	15:34.56
18	Straatmeyer, Adeline	12	RC Central	15:42.71
19	Birath, Mikaela	8	Brandon Valley	15:47.06
20	Dykstra, Kendra	10	RC Stevens	15:48.16
21	Redlin, Taylor	11	Watertown	15:48.61
22	Kray, Carlie	8	SF Washington	15:49.46
23	Bailey, Jessica	12	RC Stevens	15:49.51
24	Kocer, Danica	7	Brandon Valley	15:49.81
25	McClure, Madison	8	Yankton	15:50.51

## GIRLS' TEAM POINTS



**State Class "B"  
Cross Country Champions  
Ipswich Tigers**

*Team members include: Macy Heinz, Taylor Loken,  
Tori Moore, Autumn Pitz, Tory Makela.  
Head Coach: Todd Thorson.*

### CLASS "B"

Rank	Team	Total
1	Ipswich	14
2	Gayville-Volin	33
3	Potter County	39
4	Northwestern	55
5	Burke/South Central	59
6	Estelline	71
7	Dell Rapids St. Mary	74
8	James Valley Christian	82
9	Newell	89
10	Lyman	95
11	Philip	96
12	Howard	107
13	Viborg-Hurley	119
14	Hanson	136
15	Timber Lake	142
16	Lemmon	174

### CLASS "A"

Rank	Team	Total
1	Garretson	53
2	Custer	66
3	Madison	75
4	West Central	82
5	Ethan/Parkston	83
6	Beresford	124
7	Mt. Vernon/Plankinton	128
8	Redfield/Doland	140
9	Dakota Valley	148
10	Cheyenne-Eagle Butte	168
11	St. Thomas More	176
12	Hot Springs	188
13	Todd County	191
14	Webster Area	201
15	Milbank	211
16	Aberdeen Roncalli	237



**State Class "A"  
Cross Country Champions  
Garretson Blue Dragons**

*Team members include: Carmen Bohl, Haley Sage,  
Peyton Sage, Teisha Carnicle, Jaden Bly, Macey  
Bohl, Lydia Olson, Mariah Nelson.  
Assistant Coach: Geoff Furness.  
Head Coach: Jason Bohl.*



**State Class "AA" Cross Country Champions – Rapid City Stevens**

*Team members include: Jenna Grossenburg, Whitlee Larson, Annie Kruse, Savannah Woods, Ashtyn Haak, Tristan Roy, Alicia Aune. Head Coach: Dave Dannenbring.*

**CLASS "AA"**

Rank	Team	Total
1	Rapid City Stevens	58
2	Rapid City Central	99
3	Yankton	110
4	Pierre T.F. Riggs	131
5	Brandon Valley	139
6	Sioux Falls Washington	144
7	Sioux Falls Lincoln	215
8	Sturgis Brown	234
9	Harrisburg	246
10	Sioux Falls O'Gorman	247
11	Spearfish	259
12	Sioux Falls Roosevelt	277
13	Aberdeen Central	282
14	Watertown	327
15	Mitchell	403
16	Brookings	416
17	Huron	436

**GIRLS' STATE CROSS COUNTRY MEET RECORDS FOR VARIOUS SITES**

**CLASS "B"  
(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Tessy Brandner, Herreid, 1979
Huron (Meadowbrook Golf Course)	10:49	Suzanne Brockmueller, Freeman Acad, 1981
Mitchell (Lakeview Golf Course)	10:58.39	Kristen Peterson, Arlington, 1998
Pierre (Hillsview Golf Course)	10:57	Nickie Jones, Viborg, 1985
Huron (Broadland Creek Golf Course)	11:56.22	Jenny Aman, Edmunds Central, 1999

	<b>(4000m)</b>	
Rapid City (Elks Golf Course)	15:40.90	Hilary Krein, Eureka/Bowdle, 2009
Huron (Broadland Creek Golf Course-2000)	15:25.74	Lillie Koerner, Freeman Academy, 2010
Sioux Falls (Yankton Trails Park)	14:54.62	Mindy Kraft, Wessington Springs, 2011
Rapid City (Robbinsdale Park)	16:06.03	Laura Nelson, Gayville-Volin, 2013

### CLASS "A"

	<b>(3000m)</b>	
Brookings (Edgebrook Golf Course)	10:57	Lenae Reinschmidt, Groton, 1979
Huron (Meadowbrook Golf Course)	10:27	Shelli Koistinen, Spearfish, 1982
Mitchell (Lakeview Golf Course)	10:56	Coni Fritz, Lennox, 1986
Pierre (Hillsview Golf Course)	10:46	Nyla Hoffman, Jefferson, 1985

	<b>(4000m)</b>	
Rapid City (Elks Golf Course)	15:32.90	Kelsey Barrett, Britton-Hecla, 2009
Pierre (Hillsview Golf Course)	15:13.33	Sally Meyer, Madison, 1997
Mitchell (Lakeview Golf Course)	14:11.16	Jessica Donner, Lead, 1998
Huron (Meadowbrook Golf Course)	14:21.70	Jamie Pauli, Milbank, 1993
Huron (Broadland Creek Golf Course)	14:29.77	Salley Meyer, Madison, 1996
Huron (Broadland Creek-effective 2000)	15:09.72	Kelsey Barrett, Britton-Hecla, 2010
Sioux Falls (Yankton Trails Park)	14:49.45	Kelsey Barrett, Britton-Hecla, 2011
Rapid City (Robbinsdale Park)	14:45.38	Madisen Lavin, Vermillion, 2013

### CLASS "AA"

	<b>(3000m)</b>	
Brookings (Edgebrook Golf Course)	11:00	Cindy Sargent, Rapid City Stevens, 1978
	11:00	Pam Mansheim, Brookings, 1979
Huron (Meadowbrook Golf Course)	10:37	Michelle Taitano, Rapid City Central, 1981
Mitchell (Lakeview Golf Course)	10:54	Lisa Darley, Rapid City Stevens, 1986
Pierre (Hillsview Golf Course)	10:40	Lisa Darley, Rapid City Stevens, 1985

	<b>(4,000m)</b>	
Rapid City (Elks Golf Course)	14:35.50	Betsy Bies, Yankton, 2005
Pierre (Hillsview Golf Course)	14:45.80	Jaime Kulbel, Yankton, 1994
Mitchell (Lakeview Golf Course)	14:07.30	Anne Vollmer, Rapid City Central, 1992
Huron (Meadowbrook Golf Course)	14:09.90	Tammy Harding, Watertown, 1993
Huron (Broadland Creek Golf Course)	13:12.93	Jessica Fox, Watertown, 1999
Huron (Broadland Creek-effective 2000)	14:22.59	Allison Eckert, SF Roosevelt, 2006
Sioux Falls (Yankton Trails Park)	14:19.50	Alex Hess, SF Roosevelt, 2011
Rapid City (Robbinsdale Park)	14:03.31	Annie Kruse, Yankton, 2013

## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Class "B" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	St. Francis	Burke	1995	Arlington	Gettysburg
1977	Burke	Hill City	1996	Faulkton	Herried
1978	Dakota Christian	Kadoka	1997	Elkton	Chester
1979	Dakota Christian	Hoven	1998	Herreid	Chester
1980	Herried	Hoven	1999	Frederick/Hecla	Elkton
1981	Herried	Hoven	2000	Ipswich	Elkton
1982	Willow Lake	Dakota Christian	2001	Summit	Ipswich
1983	Hoven	Garretson	2002	Eureka	Ipswich
1984	Hoven	Wall	2003	Eureka	Scotland
1985	Hoven	Viborg	2004	Bonesteel-Fairfax	Ipswich
1986	Hoven	Arlington	2005	Kimball	South Central
1987	Hoven	Kadoka	2006	Freeman	Kimball
1988	Platte	Hecla	2007	Kadoka	Scotland
1989	Hecla	Kadoka	2008	Kadoka Area	Lemmon
1990	Hoven	Kadoka	2009	Lemmon	Kadoka Area
1991	Hitchcock/Tulare	Hoven	2010	Ipswich	Lemmon
1992	Hoven	Arlington	2011	Ipswich	Kadoka Area
1993	Hoven	Hitchcock/Tulare	2012	Ipswich	Gayville-Volin
1994	Faulkton	Bonesteel-Fairfax	2013	Ipswich	Gayville-Volin

### Girls' Class "A" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	Arlington	Vermillion	1995	Milbank	Custer
1977	Arlington	Sioux Valley	1996	Lead	Hot Springs
1978	St. Francis	Arlington	1997	Lead	Hot Springs
1979	Custer	Lennox	1998	Hot Springs	Madison
1980	Redfield	Jefferson	1999	Garretson	Custer
1981	Jefferson	Hot Springs	2000	Madison	Douglas
1982	Jefferson	Spearfish	2001	McCook Central	Madison
1983	Spearfish	Jefferson	2002	McCook Central	Milbank
1984	Spearfish	Jefferson	2003	Chamberlain	Garretson
1985	Milbank	Jefferson	2004	Groton Area	Chamberlain
1986	Milbank	Groton	2005	Chamberlain	ST More/RC Christian
1987	Lennox	Milbank	2006	Cheyenne-Eagle Butte	Custer
1988	Lennox	Milbank	2007	Custer	Cheyenne-Eagle Butte
1989	Lennox	Hot Springs	2008	Chamberlain	Custer
1990	Lennox	Milbank	2009	Garretson	Canton
1991	Spearfish	Lennox	2010	Garretson	West Central
1992	Milbank	Spearfish	2011	Spearfish	Garretson
1993	Lennox	Milbank	2012	Spearfish	Garretson
1994	Hot Springs	Howard	2013	Garretson	Custer

### Girls' Class "AA" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	RC Stevens	Pierre	1995	RC Stevens	SF Washington
1977	RC Stevens	Pierre	1996	RC Stevens	Watertown
1978	Huron	Yankton	1997	RC Stevens	Spearfish
1979	RC Stevens	Huron	1998	RC Stevens	SF O'Gorman
1980	Brookings	Watertown	1999	RC Stevens	Watertown
1981	Huron	RC Stevens	2000	RC Stevens	Watertown
1982	Brookings	Huron	2001	Watertown	RC Stevens
1983	Brookings	SF Washington	2002	RC Stevens	Yankton
1984	RC Stevens	SF Lincoln	2003	Yankton	RC Stevens
1985	RC Stevens	Huron	2004	Yankton	SF Roosevelt
1986	SF O'Gorman	SF Lincoln	2005	Yankton	SF Roosevelt
1987	Huron	SF O'Gorman	2006	Yankton	SF Roosevelt
1988	SF O'Gorman	Huron	2007	Yankton	SF Roosevelt
1989	Huron	SF Lincoln	2008	SF Roosevelt	Aberdeen Cent/SDBVI
1990	Mitchell	RC Central	2009	Yankton	SF Roosevelt
1991	RC Central	RC Stevens	2010	Sturgis Brown	Yankton
1992	RC Central	RC Stevens	2011	Yankton	RC Central
1993	RC Stevens	Watertown	2012	RC Central	SF Washington
1994	RC Stevens	Watertown	2013	RC Stevens	RC Central

### GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "B"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Julie Tolstedt, Burke	Theresa Young, St. Francis
1977	Julie Tolstedt, Burke	Janean Steffen, Burke
1978	Tess Brandner, Herreid	Sheri Veurink, Dakota Christian
1979	Tess Brandner, Herreid	Suzanne Brockmueller, Freeman Academy
1980	Suzanne Brockmueller, Freeman Academy	Melissa Knoepfle, Herreid
1981	Suzanne Brockmueller, Freeman Academy	Doris Brandner, Herreid
1982	Suzanne Brockmueller, Freeman Academy	Joanne Herber, Kadoka
1983	Suzanne Brockmueller, Freeman Academy	Amy Von Wald, Hoven
1984	Amy Von Wald, Hoven	Jane Fauske, Wall
1985	Nikki Jones, Viborg	Amy Von Wald, Hoven
1986	Linda Groom, Arlington	Christine Mason, Doland

1987	Nikki Jones, Viborg	Kris Pipal, Platte
1988	Nikki Jones, Viborg	Kris Pipal, Platte
1989	Naomi Ireland, Kadoka	Shantel Swedlund, Arlington
1990	Shannon Brenner, Hitchcock/Tulare	Debbie Ferguson, Kadoka
1991	Missy Puffer, Hitchcock/Tulare	Laura Walter, Arlington
1992	Amy Van Dyke, Hoven	Shannon Brenner, Hitchcock/Tulare
1993	Julie Huss, Faulkton	Billie Rae Pistulka, Bonesteel-Fairfax
1994	Billie Rae Pistulka, Bonesteel-Fairfax	Kelly Greve, Jones County
1995	Kristen Peterson, Arlington	Kelly Greve, Jones County
1996	Kristen Peterson, Arlington	Lynn Burge, Marion
1997	Kristen Peterson, Arlington	Stephanie Gebhart, Elkton
1998	Kristen Peterson, Arlington	Jenny Ching, Estelline
1999	Jenny Aman, Edmunds Central	Jeni Ching, Estelline
2000	Jeni Ching, Estelline	Valerie Moore, Ipswich
2001	Melinda Zirbel, Summit	Nicole Zirbel, Summit
2002	Valerie Warnke, Bonesteel-Fairfax	Cami Koehn, Colman-Egan
2003	Nicky Rausch, Hoven/Cresbard	Cami Koehn, Colman-Egan
2004	Emma Erickson, Gayville-Volin	Valerie Warnke, Bonesteel-Fairfax
2005	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2006	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central
2007	Hilary Krein, Eureka/Bowdle	Courtney Rasmussen, Viborg
2008	Mindy Kraft, Wessington Springs	Shaley Herber, Kadoka Area
2009	Hilary Krein, Eureka/Bowdle	Lydia Eagle, McIntosh
2010	Lillie Koerner, Freeman Academy	Tia Carlson, Kadoka Area
2011	Mindy Kraft, Wessington Springs	Tori Moore, Ipswich
2012	Genevieve Clark, Gayville-Volin	Macy Heinz, Ipswich
2013	Laura Nelson, Gayville-Volin	Genevieve Clark, Gayville-Volin

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "A"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Jane Knutson, Vermillion	Eileen Wounded Shield, Pine Ridge
1977	Eileen Wounded Shield, Pine Ridge	Kathy Nelson, Sioux Valley
1978	Kathy Nelson, Sioux Valley	Bernice Whiting, St. Francis
1979	Lenae Reinschmidt, Groton	Robin Lenocker, Howard
1980	Angie Jungwirth, Redfield	Robin Lenocker, Howard
1981	Nyla Hoffman, Jefferson	Robin Lenocker, Howard
1982	Shelli Koistinen, Spearfish	Mary Schrader, Hot Springs
1983	Shelli Koistinen, Spearfish	Sarah Johnson, Gregory
1984	Lisa Darley, Custer	Sarah Johnson, Gregory
1985	Nyla Hoffman, Jefferson	Stacy Hermans, Milbank
1986	Coni Fritz, Lennox	Michelle Russell, Madison
1987	Coni Fritz, Lennox	Kathy Young, Custer
1988	Heidi Reed, Canton	Coni Fritz, Lennox
1989	Heidi Reed, Canton	Renee Tadstad, Groton
1990	Heidi Reed, Canton	Sally O'Dell, Spearfish
1991	Jamie Pauli, Milbank	Heidi Reed, Canton
1992	Lynn Routh, Spearfish	Catherine Brechtel, Hot Springs
1993	Jamie Pauli, Milbank	Angela Buus, Lennox
1994	Salley Meyer, Madison	Nyla Schroeder, Hot Springs
1995	Jamie Pauli, Milbank	Salley Meyer, Madison
1996	Salley Meyer, Madison	Maren Hanson, Garretson
1997	Salley Meyer, Madison	Jessie Akers, Custer
1998	Jessica Donner, Lead	Salley Meyer, Madison
1999	Amanda Backes, Douglas	Drew Neuharth, Britton
2000	Shannon Daly, Groton	Michelle Rasmussen, Vermillion
2001	Kari Schaefer, Madison	Shannon Daly, Groton
2002	Emilee Barnes, Alcester-Hudson	Karie Schaefer, Madison
2003	Sierra McCauley, Dakota Valley	Robin Webber, Pine Ridge

2004	Robin Webber, Pine Ridge	Caitlin Friesz, Mobridge
2005	Alida Oegema, St. Thomas More/RC Christian	Laura Wolles, Chester Area
2006	Jordan Wohlleber, Cheyenne-Eagle Butte	Miranda Kobes, Beresford
2007	Kelsey Barrett, Britton-Hecla	Jordan Wohlleber, Cheyenne-Eagle Butte
2008	Lottie Grimshaw, Todd County	Kelsey Barrett, Britton-Hecla
2009	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2010	Kelsey Barrett, Britton-Hecla	Lottie Grimshaw, Todd County
2011	Kelsey Barrett, Britton-Hecla	Savannah Childers, Spearfish
2012	Emily Hawkes, Madison	Madisen Lavin, Vermillion
2013	Madisen Lavin, Vermillion	Mattie Shirley-Fairbair, Lead-Deadwood

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP CLASS "AA"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Cindy Sargent, RC Stevens	Brenda Michel, RC Central
1977	Cindy Sargent, RC Stevens	Kay Stormo, Watertown
1978	Cindy Sargent, RC Stevens	Cindy Gallagher, Yankton
1979	Pam Mansheim, Brookings	Cindy Gallagher, Yankton
1980	Traci Fie, Watertown	Brenda Wright, Milbank
1981	Michelle Taitano, RC Central	Karla Galbraith, RC Stevens
1982	Julie Pederson, SF O’Gorman	Allison Laack, SF Washington
1983	Kristi Rieger, SF Washington	Jody Dybing, Brookings
1984	Tammy Feltman, SF Lincoln	Theresa Moss, Flandreau Indian
1985	Lisa Darley, RC Stevens	Monica Hulstein, SF Washington
1986	Lisa Darley, RC Stevens	Ann Westby, Brookings
1987	Karla Hay, SF O’Gorman	Kim Puterbaugh, Huron
1988	Ann Westby, Brookings	Marcie Dawson, Brookings
1989	Marcie Dawson, Brookings	Susie Kerkaert, SF Lincoln
1990	Tammy Harding, Watertown	Susie Kerkaert, SF Lincoln
1991	Anne Vollmer, RC Central	Lisa Weltzer, RC Stevens
1992	Anne Vollmer, RC Central	Nikki Arp, RC Central
1993	Tammy Harding, Watertown	Amy Boke, Spearfish
1994	Jaime Kulbel, Yankton	Ruthanne Anderson, RC Stevens
1995	Jenna Lucas, RC Stevens	Erin Fields, RC Stevens
1996	Jessica Fox, Watertown	Emily Fleming, SF O’Gorman
1997	Jenna Lucas, RC Stevens	Erin Klein, SF O’Gorman
1998	Jessica Fox, Watertown	Jennie Buller, Yankton
1999	Jessica Fox, Watertown	Kaylee Keating, SF Roosevelt
2000	Steph Richardson, RC Stevens	Kaylee Keating, SF Roosevelt
2001	Amy Lindner, SF O’Gorman	Nichol Deckert, RC Central
2002	Ramsey Kavan, Yankton	Krista Eckert, SF O’Gorman
2003	Ramsey Kavan, Yankton	Nichol Deckert, RC Stevens
2004	Ramsey Kavan, Yankton	Krista Eckert, SF Roosevelt
2005	Betsy Bies, Yankton	Allison Eckert, SF Roosevelt
2006	Allison Eckert, SF Roosevelt	Betsy Bies, Yankton
2007	Madeleine Takahashi, Sturgis Brown	Bailey Breems, SF Roosevelt
2008	Megan Hilson, Yankton	Seanna Kautz, SF Roosevelt
2009	Madeleine Takahashi, Sturgis Brown	Megan Hilson, Yankton
2010	Tamara Gorman, RC Stevens	Courtney Neubert, Aberdeen Central/SDBVI
2011	Alex Hess, SF Roosevelt	Abbie Harrelson, Douglas
2012	Savannah Woods, Yankton	Annie Kruse, Yankton
2013	Annie Kruse, Yankton	Tamara Gorman, RC Stevens