

# 40<sup>th</sup> ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Sioux Falls, May 23-24, 2008

Class "B"

(Total number of participants: 457)

## 100 Meter Dash

1. Carly Carper, 8	Oldh-Ramona/Rutland	12.23
2. Lindsey Thielen, 11	Elkton	12.45
3. Christy Schultz, 7	RC Christian	12.71
4. Audrey Wipf, 11	James Valley Chr.	12.74
5. Nicole Josephsen, 11	Arlington	12.78
6. Tasha Heesch, 9	Rosholt/Fairmont ND	12.81
7. Kayla Olinger, 11	Bridgewater/Emery	12.85
8. Gina Fritz, 9	Colman-Egan	12.92

## 200 Meter Dash

1. Bethany Gross, 11	Hanson	27.46
2. Lindsey Thielen, 11	Elkton	27.68
3. Chanesse Schaefer, 11	Faulkton	27.76
4. Tasha Heesch, 9	Rosholt/Fairmont ND	28.19
5. Carly Carper, 8	Oldh-Ramona/Rutland	28.24
6. Kayla Olinger, 11	Bridgewater/Emery	28.32
7. Jessica Horn, 11	Tripp-Delmont	28.35
8. Conner Anderson, 9	Rosholt/Fairmont ND	28.46

## 400 Meter Dash

1. Bethany Gross, 11	Hanson	58.97
2. Ashley Gruenwald, 9	Clark	1:00.25
3. Cassidy Gebhart, 8	Elkton	1:00.78
4. Erica Meyer, 10	Rosholt/Fairmont ND	1:01.59
5. Gina Fritz, 9	Colman-Egan	1:01.62
6. Brittany Quaschnick, 12	Campbell County	1:02.33
7. Cara Schardin, 10	Marion	1:02.75
8. Rhianna Gullickson, 11	Hanson	1:03.21

## 800 Meter Run

1. Shelby Williams, 11	Avon	2:23.70
2. Tayla DeKnikker, 10	Lake Preston	2:27.02
3. Molly Kokesh, 11	Scotland	2:27.61
4. Melissa Zemlicka, 11	Waverly/South Sh.	2:29.01
5. Becca Steadman, 9	Centerville	2:30.74
6. Courtney Rasmussen, 12	Viborg	2:30.76
7. Alyssa Persson, 10	Hanson	2:30.87
8. Justine Tuscherer, 8	Northwestern	2:31.28

## 1,600 Meter Run

1. Mikayla Barondeau, 12	Leola/Frederick Area	5:25.89
2. Tara Ronke, 8	Bon Homme	5:29.79
3. Kelsey Barrett, 8	Britton-Hecla	5:33.49
4. Courtney Ziebart, 9	Stanley County	5:36.60
5. Stephanie Qualm, 9	Hill City	5:40.60
6. Jenna Kuhle, 10	Howard	5:42.00
7. Brooke Fischer, 11	SF Christian	5:43.09
8. Lottie Grimshaw, 7	Todd County	5:43.46

## 3,200 Meter Run

1. Courtney Rasmussen, 12	Viborg	11:59.66
2. Ashley Unruh, 12	Freeman Academy	12:14.63
3. Mindy Kraft, 8	Wessington Springs	12:20.42
4. Chelsie Hall, 8	New Underwood	12:21.43
5. Nicole Rausch, 12	Hoven/Edm. Cent.	12:22.20
6. Hilary Krein, 10	Eureka/Bowdle	12:25.75
7. Abby Niehoff, 11	Kadoka Area	12:28.96
8. Sarara Mix, 8	Arlington	12:35.45

## 100 Meter Int Hurdles

1. Pauline Mathews, 12	Sully Buttes	15.38
2. Conner Anderson, 9	Rosholt	15.44
3. Brigitte Gross, 11	Hanson	15.57
4. Kayla Gerlach, 11	Mt. Vernon	16.21
5. Shannon Bowar, 12	Faulkton	16.22
6. Summer Bronson, 11	Wilmot	16.32
7. Danielle Baker, 9	South Central	16.44
8. Jill Schaefer, 11	Chester Area	17.05

## 300 Meter Low Hurdles

1. Brigitte Gross, 11	Hanson	47.79
2. Elizabeth Hoffman, 12	Eureka/Bowdle	48.17
3. Casey Dolezal, 12	Estelline	48.69
4. Jill Schaefer, 11	Chester Area	49.05
5. Danielle Baker, 9	South Central	49.19
6. Pauline Mathews, 12	Sully Buttes	49.95
7. Lori Rensink, 10	Freeman Academy	50.06
8. Conner Anderson, 9	Rosholt/Fairmont ND	FS

## 4x100 Meter Relay

1. Rosholt/Fairmont ND	51.49
Tasha Heesch, 9; Amanda Wieser, 11 Kendra Meyer, 12; Emily Fritz, 12	
2. Faulkton	51.84
3. Arlington	52.19
4. Colman-Egan	52.88
5. Montrose	53.58
6. Freeman	53.67
7. Campbell County	54.29
8. South Central	56.41

**4x200 Meter Relay**

1. Rosholt/Fairmont ND	1:48.69
Tasha Heesch, 9; Erica Meyer, 10 Cahri Anderson, 11; Emily Fritz, 12	
2. Elkton	1:48.84
3. Faulkton	1:49.74
4. Colman-Egan	1:50.23
5. Arlington	1:50.79
6. Oldham-Ramona/Rutland	1:52.61
7. Campbell County	1:52.84
8. Freeman	1:54.56

**4x400 Meter Relay**

1. Hanson	4:11.94
Brigitte Gross, 11; Alyssa Persson, 10 Ghianna Gullickson, 11; Bethany Gross, 11	
2. Rosholt/Fairmont ND	4:12.23
3. Elkton	4:13.84
4. Kimball	4:14.75
5. Estelline	4:17.28
6. Gettysburg	4:19.90
7. Faulkton	4:23.70
8. Avon	4:26.60

**4x800 Meter Relay**

1. Estelline	10:13.48
Mikayla Saathoff, 8; Brooke Begalka, 8 Shannon LaJoie, 11; Kali Begalka, 11	
2. Kimball	10:16.30
3. Kadoka Area	10:16.99
4. Clark	10:18.17
5. McIntosh	10:24.09
6. Freeman	10:25.12
7. Tripp-Delmont/Armour	10:29.38
8. Scotland	10:37.02

**1,600 Meter Sprint Medley**

1. Freeman Academy	4:32.73
Sara Friesen, 9; Karina Ortman, 9 Lillie Koerner, 9; Ashley Uhrh, 12	
2. Scotland	4:33.22
3. Clark	4:35.59
4. Tripp-Delmont/Armour	4:38.25
5. Freeman	4:39.46
6. Avon	4:40.72
7. Faulkton	4:46.96
8. Kimball	DNS

**Shot Put**

1. Shelby Assmus, 10	Stickney	39'03.50"
2. Heather Spier, 11	Kimball	37'10.00"
3. Megan Warne, 11	Estelline	35'04.00"
4. Madison McLaughlin, 9	Wall	35'03.50"
5. Bridget Healy, 12	Irene-Wakonda	35'01.00"
6. Alyssa Krogman, 11	Jones County	34'11.00"
7. Cassie Bierman, 11	Avon	34'02.00"
8. Becky Kocer, 12	Hanson	33'05.75"

**Discus Throw**

1. Shelby Assmus, 10	Stickney	128'08"
2. Mariah Nelson, 9	Mitchell Christian	119'05"
3. Bridget Healy, 12	Irene-Wakonda	116'11"
4. Madison McLaughlin, 9	Wall	113'02"
5. Bethany Florey, 12	Andes Central	112'02"
6. Linda Stroschein, 11	Estelline	103'08"
7. Trish Price, 11	Faulkton	101'11"
8. Sarah VanSambeek, 10	Elkton	101'05"

**High Jump**

1. Katie Sokolowski, 12	Irene-Wakonda	5'05"
2. Rhianna Gullickson, 11	Hanson	5'03"
3. Kylee Lamb, 11	Sully Buttes	5'00"
4. Ariel Glissendorf, 10	White Lake	J5'00"
5. April Entringer, 9	Colman-Egan	J5'00"
6. Megan Boomgarden, 12	Hurley	J5'00"
7. Hillary Paulson, 10	Freeman	J5'00"
8. Marissa Marshall, 12	Hitchcock-Tulare	4'10"
8. Kelsey Backus, 10	Chester Area	4'10"

**Long Jump**

1. Bethany Gross, 11	Hanson	17'07.00"
2. Christy Schultz, 7	RC Christian	17'03.75"
3. Dana Riter, 12	Waubay	16'06.25"
4. Jessica Van Vuren, 12	Dakota Christian	16'00.50"
5. Shelby Tollefson, 11	Hitchcock-Tulare	15'10.75"
6. Caitlin Whiting, 10	White River	15'10.00"
7. Ellen Thomsen, 10	Eureka/Bowdle	15'09.50"
7. Kylee Lamb, 11	Sully Buttes	15'09.50"

**Triple Jump**

1. Rhianna Gullickson, 11	Hanson	34'08.25"
2. Paige Hemmer, 10	Colman-Egan	33'07.50"
3. Shelby Tollefson, 11	Hitchcock/Tulare	33'04.50"
4. Dana Riter, 12	Waubay	33'03.75"
5. Kara Maas, 10	Oldh-Ramona/Rutl	33'09.50"
6. Elizabeth Hoffman, 12	Eureka/Bowdle	33'02.50"
7. Hilary Gorder, 11	Estelline	33'00.50"
8. Ellen Bucher, 9	Plankinton	32'09.00"

**Pole Vault**

1. Bridgette Gross, 11	Hanson	10'06"
2. Calley Worth, 11	Gettysburg	8'06"
2. Melissa Pelkofer, 12	Lemmon	8'06"
2. Jessika Wager, 8	Gettysburg	8'06"
5. Traci Heuer, 12	Hoven/Edm. Cent.	J8'06"
6. Rachel Blake, 11	Centerville	8'00"
6. Tina Boldt, 11	Arlington	8'00"
8. Katelyn Kotalik, 8	Menno.	J8'00"

J – denotes Judge's Decision

Track events listed in meters. Field events listed in feet and inches.

**40<sup>th</sup> ANNUAL SOUTH DAKOTA STATE  
GIRLS' TRACK & FIELD CHAMPIONSHIPS  
Madison, Sioux Falls - May 23-24, 2008  
Class "A"**

(Total number of participants: 393)

**100 Meter Dash**

1. Alexa Duling, 12	Gregory	12.25
2. Alix Driscoll, 11	Winner	12.39
3. Alyssa Frantz, 10	Dell Rapids	12.48
4. Celeste Sawyers, 12	Vermillion	12.64
5. Leslie Yost, 12	Webster	12.84
6. Amanda Dailing, 11	Madison	13.12
7. Laura Porch, 11	Bennett County	13.17
8. Kristen Suchor, 10	Redfield	13.22

**3,200 Meter Run**

1. Kelsey Barrett, 9	Britton-Hecla	11:48.18
2. Jordan Wohlleber, 10	Chey.-Eagle Butte	11:51.93
3. Lindsey Bohl, 7	Garretson	12:00.36
4. Lydia Ford, 12	Vermillion	12:08.70
5. Randi Weiss, 10	Hot Springs	12:14.22
6. Taylor Mielitz, 7	Milbank	12:18.80
7. Lottie Grimshaw, 7	Todd County	12:20.33
8. Bobbie McLaury, 9	Elk Point-Jefferson	12:25.90

**200 Meter Dash**

1. Alexa Duling, 12	Gregory	25.82
2. Alicia Brown, 12	Vermillion	26.24
3. Alix Driscoll, 11	Winner	27.01
4. Allison Kostelecky, 10	Custer	27.19
5. Anne Parsley, 10	Flandreau	27.22
6. Celeste Sawyers, 12	Vermillion	27.42
7. Tonia White Bull, 10	Cheyenne-Eagle Butte	27.61
8. Stephanie Honomichl, 11	Tea Area	27.85

**100 Meter Int Hurdles**

1. Alexa Duling, 12	Gregory	15.04
2. Amy O'Neill, 11	Bennett County	15.43
3. Erin Duffy, 11	St. Thomas More	15.54
4. Ashley Kemnitz, 12	Lyman	15.58
5. Adrienne Waldner, 11	Sioux Valley	15.67
6. Jessica Koupal, 9	Wagner	15.95
7. Shawna Gibson, 10	Custer	16.02
8. Amber Oyen, 10	Tri-Valley	16.11

**400 Meter Dash**

1. Alicia Brown-12	Vermillion	58.39
2. Anne Parsley, 10	Flandreau	59.79
3. Jessica McDonald, 9	Hill City	59.90
4. Hope Stapleton, 11	Sisseton	1:00.63
5. Chrissy Strasburg, 10	Elk Point-Jefferson	1:00.73
6. Erin Wanner, 9	Groton Area	1:02.08
7. Cassie Clement, 9	Redfield	1:02.41
8. Marie Malloy, 8	Parkston	1:03.79

**300 Meter Low Hurdles**

1. Alexa Duling, 12	Gregory	45.49
2. Erin Duffy, 11	St. Thomas More	45.77
3. Katy Freidel, 9	St. Thomas More	47.48
4. Jackie Willard, 12	Chamberlain	48.23
5. Breanne Manthey, 12	Madison	48.27
6. Kelli Norrid, 9	Winner	48.99
7. Alison Syverson, 11	Baltic	49.13
8. Danielle McCann, 12	Parkston	49.24

**800 Meter Run**

1. Mikayla Barondeau, 12	Leola/Fred. Area	2:24.25
2. Mandi Halverson, 12	Garretson	2:24.91
3. Jessica Hudelson, 12	Elk Point-Jefferson	2:25.90
4. Alayna Ackerman, 9	St. Thomas More	2:27.77
5. Alena Laber, 10	Parkston	2:31.21
6. MaKayla Perryman, 11	Dakota Valley	2:31.93
7. Tara Ronke, 8	Bon Homme	2:32.77
8. Jilanne Doom, 10	Wagner	2:32.93

**4x100 Meter Relay**

1. Vermillion	51.21
Celeste Sawyers, 12; Karissa Martin, 11 Alex Walker, 12; Alicia Brown, 12	
2. Madison	51.22
3. Winner	51.71
4. St. Thomas More	52.27
5. Milbank	52.44
6. Bennett County	52.54
7. Redfield	52.59
8. Custer	52.97

**1,600 Meter Run**

1. Mikayla Barondeau, 12	Leola/Fred. Area	5:25.89
2. Tara Ronke, 8	Bon Homme	5:29.79
3. Kelsey Barrett, 9	Britton-Hecla	5:33.49
4. Courtney Ziebart, 9	Stanley County	5:36.60
5. Stephanie Qualm, 9	Hill City	5:40.60
6. Jenna Kuhle, 10	Howard	5:42.00
7. Brooke Fischer, 11	SF Christian	5:43.09
8. Lottie Grimshaw, 7	Todd County	5:43.46

**4x200 Meter Relay**

1. Vermillion	1:47.76
Celeste Sawyers, 12; Sarah Day, 10 Alex Walker, 12; Alicia Brown, 12	
2. St. Thomas More	1:48.52
3. Winner	1:50.39
4. Madison	1:50.56
5. Milbank	1:51.86
6. Parkston	1:52.46
7. Dell Rapids	1:52.72
8. Elk Point-Jefferson	1:56.64

**4x400 Meter Relay**

1. St. Thomas More	4:09.44
Emily Hurd, 9; Alayna Ackerman, 9 Carrie Maguire, 12; Annie Bloom, 12	
2. Elk Point-Jefferson	4:11.52
3. Aberdeen Roncalli	4:14.31
4. Hill City	4:18.51
5. Madison	4:20.09
6. Redfield	4:20.60
7. Parkston	4:21.01
8. Vermillion	4:26.09

**4x800 Meter Relay**

1. Aberdeen Roncalli	10:01.25
Madeline King, 11; Michelle Nickolas, 12 Katie McNeary, 8; Jess Tennant, 12	
2. Garretson	10:06.59
3. Sioux Valley	10:12.63
4. Hill City	10:15.29
5. Dell Rapids	10:15.44
6. Miller Area	10:23.39
7. Vermillion	10:30.56
8. Lead-Deadwood	10:31.24

**1,600 Meter Sprint Medley**

1. Elk Point-Jefferson	4:24.67
Rachel Fehr, 12; Chrissy Strassburg, 10 Hannah Wilkinson, 12; Jessica Hudelson, 12	
2. St. Thomas More	4:25.58
3. Vermillion	4:31.86
4. Sioux Valley	4:32.06
5. Ipswich	4:32.35
6. Dell Rapids	4:36.03
7. Cheyenne-Eagle Butte	4:37.51
8. Bon Homme	4:39.55

**Shot Put**

1. Meghan Paul, 11	Dell Rapids	38'08.75"
2. Mary Schotzko, 12	Garretson	37'04.00"
3. Alyssa Henrichs, 12	Beresford	36'03.50"
4. Kelsey Werkmeister, 12	Platte-Geddes	36'03.00"
5. Darci Youngstrom, 12	Dakota Valley	35'11.00"
6. Kelli Fiegen, 12	Parkston	35'07.00"
7. Maree Fleming, 11	Custer	35'01.00"
8. Whitney Stoeser, 12	Stanley Co.	34'10.25"

**Discus Throw**

1. Kelli Fiegen, 12	Parkston	137'08"
2. Alyssa Henrichs, 12	Beresford	128'00"
3. Whitney Lickteig, 12	Dell Rapids	113'11"
4. Whitney Stoeser, 12	Stanley County	112'04"
5. Jodi Nordquist, 11	Beresford	109'01"
6. Bethany Nuhsbaumer, 12	Redfield	108'06"
7. Maree Fleming, 11	Custer	104'06"
8. Terri Kroger, 10	Canton	103'11"

**High Jump**

1. Sam Ostarello, 11	Stanley County	5'04"
2. Hannah Wilkinson, 12	Elk Point-Jefferson	5'02"
3. Adrienne Waldner, 11	Sioux Valley	J5'02"
4. Ashley Wagner, 10	West Central	J5'02"
5. Lindsey Marvin, 12	Dakota Valley	5'00"
6. Cara Kratovil, 11	Bennett County	4'10"
6. Kiana Wiechmann, 10	Parkston	4'10"
6. Kara Powell, 12	Hot Springs	4'10"

**Long Jump**

1. Emily Goedert, 12	Britton-Hecla	16'04.00"
2. Katie Breuer, 12	Madison	16'00.75"
3. Caroline Hicks, 12	Milbank	15'10.50"
4. Maggie Malloy, 12	Parkston	15'07.75"
5. Kelli Norrid, 9	Winner	15'02.25"
6. Michelle Matthies, 12	Parker	15'01.75"
7. April King, 8	Tri-Valley	J15'01.75"
8. Kaylee Willard, 9	Belle Fourche	14'07.75"

**Triple Jump**

1. Cassie Schuurmans, 10	Bon Homme	35'04.50"
2. Caroline Hicks, 12	Milbank	35'02.50"
3. Emily Goedert, 12	Britton-Hecla	35'00.75"
4. Amy O'Neill, 11	Bennett County	34'06.75"
5. Mackenzie Mears, 10	Milbank	33'11.00"
6. Jerra Olson, 9	Deuel	33'08.25"
7. Sam Ostarello, 11	Stanley County	33'07.00"
8. Lindsey Marvin, 12	Dakota Valley	33'05.75"

**Pole Vault**

1. Katie Breuer, 12	Madison	10'01"
2. Theresa Knapp, 11	Madison	9'00"
3. Angela Hoffman, 11	Ipswich	J9'00"
4. Jackie Brooks, 12	SF Christian	8'06"
5. Krista Stickland, 12	Sisseton	J8'06"
6. Jordan Schnieder, 12	Belle Fourche	J8'06"
7. Kirsten Goeringer, 12	Belle Fourche	J8'06"
8. Kristin Nielson, 11	Bon Homme	8'00"

J – denotes Judge's Decision

Track events listed in meters. Field events listed in feet and inches.

**40<sup>th</sup> ANNUAL SOUTH DAKOTA STATE  
GIRLS' TRACK & FIELD CHAMPIONSHIPS  
Brandon, Sioux Falls - May 23-24, 2008  
Class "AA"**

(Total number of participants: 322)

**100 Meter Dash**

1. Jasmyne King, 10	RC Central	11.91
2. Brittany Page, 12	Watertown	12.96
3. Megan Bren, 11	SF Roosevelt	12.40
4. Becca Bedard, 12	RC Stevens	12.47
5. Ashlea Johnson, 12	Yankton	12.63
6. Jordyn Anderson, 9	Pierre-Riggs	12.65
7. Abby Albers, 10	Spearfish	12.93
8. Luvie Williams, 12	Huron	13.12

**3,200 Meter Run**

1. Megan Hilson, 10	Yankton	11:14.52
2. Madeleine Takahashi, 9	Sturgis	11:19.43
3. Bailey Breems, 10	SF Roosevelt	11:20.30
4. Courtney Neubert, 9	Aberdeen Cent.	11:21.64
5. Seanna Kautz, 10	SF Roosevelt	11:23.47
6. Mariah Hoer, 10	Yankton	11:27.24
7. Annie Pfeifle, 11	RC Stevens	11:37.11
8. Megan Brown, 9	SF Roosevelt	11:40.30

**200 Meter Dash**

1. Jasmyne King, 10	RC Central	25.32
2. Brittany Page, 12	Watertown	26.43
3. Megan Bren, 11	SF Roosevelt	26.61
4. Ashlea Johnson, 12	Yankton	27.12
5. Becca Bedard, 12	RC Stevens	27.18
6. Darian Thompson, 9	Spearfish	27.98
7. Karissa Prpich, 7	RC Stevens	28.20
8. Allison Eckrich, 12	Spearfish	28.52

**100 Meter Int Hurdles**

1. Anna Gagliano, 11	RC Central	14.62
2. Nevada Sorenson, 11	SF Lincoln	14.67
3. Stephanie Bachman, 10	Brandon Valley	15.28
4. Haylee Weisgram, 11	RC Stevens	15.41
5. Alexa Berg, 11	Pierre-Riggs	15.44
6. Melanie Horst, 1	RC Stevens	15.49
7. Kylie Robinson, 11	Yankton	15.63
8. Emily DeVries, 12	RC Stevens	15.65

**400 Meter Dash**

1. Jasmyne King, 10	RC Central	56.87
2. Darian Thompson, 9	Spearfish	58.66
3. Megan Bren, 11	SF Roosevelt	59.14
4. Chandler Nielsen, 8	SF O'Gorman	1:00.20
5. Madison Whitley, 11	RC Central	1:00.73
6. Alyson Perrett, 10	RC Stevens	1:01.36
7. Allison Eckrich, 12	Spearfish	1:01.81
8. Kendra Knight, 11	Mitchell	1:02.58

**300 Meter Low Hurdles**

1. Nevada Sorenson, 11	SF Lincoln	45.87
2. Emily DeVries, 12	RC Stevens	45.88
3. Kalie Cox, 12	Watertown	46.45
4. Jacqee Jasinski, 10	RC Central	48.55
5. Haylee Weisgram, 11	RC Stevens	49.16
6. Tricia Watson, 10	Watertown	49.49
7. Sarah Peters, 12	SF Lincoln	49.83
8. Taylor Neisen, 10	RC Stevens	50.14

**800 Meter Run**

1. Krista Creager, 11	Yankton	2:17.39
2. Chandler Nielsen, 8	SF O'Gorman	2:17.49
3. Erin Hargens, 11	SF Roosevelt	2:21.25
4. Christina Scheler, 10	Douglas	2:21.59
5. Bailey Eich, 9	Douglas	2:22.64
6. Tia Hemiller, 8	Watertown	2:22.82
7. Taryn Sahli, 12	RC Stevens	2:23.32
8. Sami Smith, 9	SF Washington	2:23.56

**4x100 Meter Relay**

1. Rapid City Stevens	50.60
Melanie Horst, 11; Haley BeVier, 10; Haylee Weisgram, 11; Becca Bedard, 12	
2. Brookings	50.69
3. Pierre-Riggs	51.26
4. Rapid City Central	51.57
5. Sioux Falls Lincoln	52.50
6. Watertown	52.52
7. Spearfish	52.62
8. Sioux Falls O'Gorman	53.35

**1,600 Meter Run**

1. Erin Hargens, 11	SF Roosevelt	5:16.39
2. Annie Pfeifle, 11	RC Stevens	5:18.26
3. Megan Hilson, 10	Yankton	5:18.33
4. Mariah Hofer, 10	Yankton	5:22.99
5. Bailey Eich, 9	Douglas	5:23.31
6. Bailey Breems, 10	SF Roosevelt	5:23.54
7. Madeleine Takahashi, 9	Sturgis	5:25.98
8. Taryn Sahli, 12	RC Stevens	5:26.76

**4x200 Meter Relay**

1. Watertown	1:45.93
Leslie Brost, 12; Kalie Cox, 12 Taylor Kellogg, 11; Brittany Page, 12	
2. Rapid City Stevens	1:47.33
3. Sioux Falls Roosevelt	1:49.06
4. Pierre-Riggs	1:49.13
5. Spearfish	1:49.48
6. Sioux Fall Lincoln	1:49.94
7. Rapid City Central	1:50.22
8. Aberdeen Central	1:51.80

**4x400 Meter Relay**

1. Watertown	4:01.82
Kalie Cox, 12; Leslie Brost, 11 Tia Hemiller, 8; Brittany Page, 12	
2. Sioux Falls Washington	4:07.15
3. Yankton	4:08.62
4. Spearfish	4:08.84
5. Rapid City Stevens	4:12.53
6. Rapid City Central	4:13.76
7. Aberdeen Central	4:15.91
8. Sioux Falls Lincoln	DNF

**4x800 Meter Relay**

1. Yankton	9:29.41
Megan Hilson, 10; Mariah Hofer, 10 Rachel Weinandt, 9; Ethelin Cammock, 10	
2. Sioux Falls O’Gorman	9:34.11
3. Sioux Falls Washington	9:35.50
4. Rapid City Stevens	9:37.62
5. Sioux Falls Roosevelt	9:42.19
6. Sturgis	9:44.68
7. Douglas	9:56.19
8. Watertown	9:58.49

**1,600 Meter Sprint Medley**

1. Yankton	4:19.37
Cassie Shafer, 11; Shannon Fitzsimmons, 12 Rachel Weinandt, 9; Krista Creager, 11	
2. Watertown	4:19.78
3. Rapid City Central	4:26.36
4. Brandon Valley	4:26.58
5. Rapid City Stevens	4:28.48
6. Aberdeen Central	4:32.22
7. Sturgis	4:34.40
8. Sioux Falls Lincoln	4:42.45

**Shot Put**

1. Brooke Garner, 12	RC Stevens	44’02.00”
2. Jane Swenson, 12	Brandon Valley	43’07.25”
3. Kelly Herrmann, 11	RC Stevens	41’02.00”
4. Christine Broders, 10	Yankton	39’11.00”
5. Polly Gill, 12	Pierre-Riggs	37’06.50”
6. Breanna Janovy, 11	Sturgis	37’00.00”
7. Kayla Salonen, 10	Yankton	36’10.25”
8. Chistena Georgas, 11	RC Stevens	36’08.75”

**Discus Throw**

1. Brooke Garner, 12	RC Stevens	139’08”
2. Jane Swenson, 12	Brandon Valley	138’01”
3. Drew Miller, 12	Pierre-Riggs	132’01”
4. Kelly Herrmann, 11	RC Stevens	126’02”
5. Rochelle Flynn, 11	RC Central	125’08”
6. Christine Broders, 10	Yankton	121’04”
7. Kae Januschka, 9	SF O’Gorman	118’04”
8. Polly Gill, 12	Pierre-Riggs	112’03”

**High Jump**

1. Mary Wirth, 10	SF Lincoln	5’04”
2. Stephanie Uher, 11	Mitchell	5’02”
2. Caitlin Templeton, 11	RC Central	J5’02”
4. Courtney Higgins, 11	Brookings	5’00”
4. Emily Struck, 11	Yankton	5’00”
4. Lexi Jares, 12	Aberdeen Central	5’00”
7. Abbie Hohman, 9	SF Lincoln	J5’00”
7. Abby Winkels, 11	Watertown	J5’00”

**Long Jump**

1. Jasmyne King, 10	RC Central	18’10.75”
2. Abbey VanDenBerg, 9	SF O’Gorman	17’08.25”
3. Ashlea Johnson, 12	Yankton	17’06.25”
4. Myriame Bartscher, 12	SF Washington	J17’06.25”
5. Abby Albers, 10	Spearfish	17’03.75”
6. Ashley Odegaard, 10	Brookings	J17’03.75”
7. Holly Suss, 9	Brandon Valley	17’03.00”
8. Sarah Weidler, 12	SF O’Gorman	16’11.00”

**Triple Jump**

1. Hannah Lehmann, 12	RC Stevens	35’08.00”
2. Leslie Brost, 12	Watertown	35’06.00”
3. Myriame Bartscher, 12	SF Washington	35’05.00”
4. Ashlea Johnson, 12	Yankton	35’04.50”
5. Sarah Weidler, 12	SF O’Gorman	35’03.25”
6. Erin Fuhrmann, 10	RC Central	34’08.25”
7. Steph Paluch, 11	Pierre-Riggs	34’07.50”
8. Kayla Huether, 12	RC Stevens	J34’07.50”

**Pole Vault**

1. Leslie Brost, 12	Watertown	12’10”
2. Alli Arampatzis, 10	Aberdeen Central	11’03”
3. Peggy Ronke, 12	Watertown	11’00”
3. Hollie Bloom, 11	RC Central	10’06”
5. Hannah Lehmann, 12	RC Stevens	10’00”
6. Emily VanLaecken, 8	Watertown	9’06”
7. Adrienne Skaggs, 11	Aberdeen Central	J9’06”
8. Becca Scheetz, 9	Spearfish	9’00”

J – denotes Judge’s Decision

Track events listed in meters. Field events listed in feet and inches.

## TEAM POINTS



### State Class "B" Track and Field Champions Hanson Beaverettes

#### CLASS "B" TEAM POINTS

1. Hanson.....	88	28. Lake Preston .....	8
2. Rosholt/Fairmont ND .....	50	28. Kadoka Area .....	8
3. Elkton .....	37	28. Mitchell Christian .....	8
4. Estelline .....	33	28. Hoven/Edmunds Central.....	8
5. Faulkton.....	30	32. South Central .....	7
6. Colman-Egan .....	27	32. Campbell County.....	7
7. Scotland .....	25	34. Lemmon.....	6.33
7. Stickney .....	25	35. Wessington Springs .....	6
9. Kimball.....	21	35. Castlewood .....	6
9. Freeman Academy.....	21	37. White Lake .....	5
9. Viborg.....	21	37. Mt. Vernon .....	5
9. Oldman-Ramona/Rutland .....	21	37. James Valley Christian .....	5
13. Sully Buttes .....	20.5	37. Waverly/South Shore.....	5
14. Irene-Wakonda .....	20	37. Dakota Christian .....	5
15. Clark .....	19	37. New Underwood.....	5
16. Arlington.....	17.5	37. Bridgewater/Emery.....	5
17. Avon .....	16	44. Andes Central .....	4
18. Gettysburg .....	15.67	44. McIntosh.....	4
19. Eureka/Bowdle .....	5.5	44. Montrose.....	4
20. Rapid City Christian .....	14	47. Wilmot.....	3
21. Freeman .....	13	47. Jones County .....	3
22. Waubay.....	11	47. White River .....	3
23. Hitchcock-Tulare .....	10.5	47. Hurley .....	3
23. Centerville .....	10.5	51. Marion .....	2
25. Wall .....	10	52. Plankinton.....	1
26. Chester Area .....	9.5	52. Menno.....	1
27. Tripp-Delmont/Armour .....	9	52. Northwestern .....	1

## TEAM POINTS



### State Class "A" Track and Field Champions Vermillion Tanagers

#### CLASS "A" TEAM POINTS

1. Vermillion .....	60	25. Ipswich .....	10
2. St. Thomas More .....	56	26. Sisseton .....	9
3. Madison .....	510	27. Sioux Falls Christian .....	7
4. Gregory .....	40	28. Hot Springs .....	6
5. Elk Point-Jefferson .....	38	28. Belle Fourche .....	6
6. Winner .....	33	30. Lyman .....	5
7. Britton-Hecla .....	32	30. Chamberlain .....	5
8. Parkston .....	31	30. Platte-Geddes .....	5
8. Dell Rapids .....	31	30. West Central .....	5
10. Garretson .....	30	34. Webster .....	4
11. Milbank .....	29	34. Wagner .....	4
12. Stanley County .....	23	36. Todd County .....	3
13. Bon Homme .....	22	36. Groton Area .....	3
14. Sioux Valley .....	21	36. Howard .....	3
15. Leola/Frederick Area .....	20	36. Deuel .....	3
15. Bennett County .....	20	36. Parker .....	3
15. Hill City .....	20	36. Tri-Valley .....	3
18. Beresford .....	18	36. Miller Area .....	3
19. Aberdeen Roncalli .....	16	43. Baltic .....	2
20. Dakota Valley .....	12	44. Tea Area .....	1
20. Flandreau .....	12	44. Lead-Deadwood .....	1
20. Cheyenne-Eagle Butte .....	12	44. Canton .....	1
20. Custer .....	12		
24. Redfield .....	11		



## TEAM POINTS



### State Class "AA" Track and Field Champions Rapid City Stevens Raiders

#### CLASS "AA" TEAM POINTS

1. Rapid City Stevens ..... 127	10. Brandon Valley..... 29
2. Yankton ..... 97.5	11. Sioux Falls Washington..... 26
3. Rapid City Central..... 93	12. Aberdeen Central..... 25
4. Watertown ..... 88	13. Sturgis..... 18
5. Sioux Falls Roosevelt ..... 58	14. Brookings ..... 15
6. Sioux Falls Lincoln..... 39	14. Douglas..... 15
7. Sioux Falls O’Gorman..... 37	16. Mitchell..... 9
8. Spearfish..... 31.5	17. Huron..... 1
9. Pierre-Riggs..... 31	

## “GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is :12.71, the Class “A” winner’s time is :13.30 and the Class “B” winner’s time is “13.07, the ”Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given to all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

### 2008 GIRLS’ STATE RECIPIENTS

100 Meter Dash	Jasmyne King-10	Rapid City Central	11.91
200 Meter Dash	Jasmyne King-10	Rapid City Central	25.32
400 Meter Dash	Jasmyne King-10	Rapid City Central	56.87
800 Meter Run	Krista Creager-11	Yankton	2:17.39
1,600 Meter Run	Erin Hargens-11	Sioux Falls Roosevelt	5:16.39
3,200 Meter Run	Megan Hilson-10	Yankton	11:14.52
100 Meter Int Hurdles	Anna Gagliano-11	Rapid City Central	14.62
300 Meter Low Hurdles	Alexa Duling-12	Gregory	45.49
4x100 Meter Relay	Rapid City Stevens Melanie Horst-11; Haley BeVier-10; Haylee Weisgram-11; Becca Bedard-12		50.60
4x200 Meter Relay	Watertown Leslie Brost-12; Kalie Cox-12; Taylor Kellogg-11; Brittany Page-12		1:45.93
4x400 Meter Relay	Watertown Kalie Cox-12; Leslie Brost-12; Tia Hemiller-8; Brittany Page-12		4:01.82
4x800 Meter Relay	Yankton Megan Hilson-10; Mariah Hofer-10; Rachel Weinandt-9; Ethelin Cammock-10		9:29.41
Sprint Medley Relay	Yankton Cassie Shafer-11; Shannon Fitzsimmons-12; Rachel Weinandt-9; Krista Creager-11		4:19.37
Shot Put	Brooke Garner-12	Rapid City Stevens	44’02.00”
Discus Throw	Brooke Garner-12	Rapid City Stevens	139’08”
High Jump	Katie Sokolowski-12	Irene-Wakonda	5’05”
Long Jump	Jasmyne King-10	Rapid City Central	18’10.75”
Triple Jump	Hannah Lehmann-12	Rapid City Stevens	35’08.00”
Pole Vault	Leslie Brost-12	Watertown	12’10”

## **GIRLS' "GOLD MEDAL" HONOR ROLL**

### **Most Individual Medals - One Year**

#### **Four Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)  
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)  
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)  
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)  
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)  
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)  
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)  
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay – 2003)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)  
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

#### **Three Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)  
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)  
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)  
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)  
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)  
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)  
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)  
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)  
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)  
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)  
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)  
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)  
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)  
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)  
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)  
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)  
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)  
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)  
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)  
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)  
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)  
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

#### **Relay "Gold Medal Awards" - All-Time**

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Sprint Medley - 2000  
Aberdeen Roncalli - 4 x 800m Relay - 1998  
Bon Homme - 4 x 800m Relay - 1986;  
Brandon Valley - 4 x 100m Relay - 1995, 1996;  
Brookings - 4 x 800m Relay - 1989; Medley Relay - 1988;  
Canton - Medley Relay - 1992;  
Chamberlain - Medley Relay - 2001  
De Smet - Medley Relay - 1989  
Herried - 4 x 400m Relay - 1994;  
Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991  
Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998  
Madison – 4 x 100m Relay - 2005  
Miller - 4 x 200m Relay – 1986;  
Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996  
Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;  
Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990;  
RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;

RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008; 4 x 200m Relay - 1987, 1988, 2005; 4 x 400m Relay - 2000, 2001, 2002, 2003, 2004, 2006; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004;  
SF Lincoln - 4 x 400m Relay - 1986, 1987; Medley Relay - 2003;  
SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;  
SF Roosevelt - 4 x 200m Relay - 2001, 2007; Medley Relay - 2004, 2005; 4 x 800m Relay - 2007;  
SF Washington - Medley Relay - 1986, 1987;  
Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994;  
Sturgis - 4 x 100m Relay - 1990; Medley Relay - 2007;  
West Central - 4 x 200m Relay - 2004;  
Watertown - 4 x 200m Relay - 1989, 2006, 2008; 4 x 400 m Relay - 2005, 2007, 2008; 4 x 800m Relay - 1995;  
Medley Relay - 1990, 1991, 1993, 1999;  
Yankton - Medley Relay - 1995, 2002, 2006, 2008; 4 x 800m Relay - 2003, 2005, 2006, 2008

## **Most Individual “Gold Medal Awards” – Career**

### **Eleven Awards**

**Megan Trotter, RC Central** - Class "AA" (100m Dash - 2002, 2003; 200m Dash - 2002, 2003; 4 x 100m Relay - 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

### **Ten Awards**

**Cherise Thompson, RC Stevens** - Class "AA" (400m Dash - 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay - 2000, 2001; 4 x 800m Relay - 1998, 2000, 2001)

### **Nine Awards**

**Jaime Pauli, Milbank** - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

**Jill Theeler, Mitchell** - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

**Anne Vollmer, RC Central** - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

### **Eight Awards**

**Amber Abrams, RC Central** - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

**Jasmyne King, RC Central** - Class “AA” (100m Dash - 2007, 2008; 200m Dash - 2007, 2008; 400m Dash - 2007, 2008; Long Jump - 2007, 2008)

**Brittany Page, Watertown** - Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay - 2006, 2008; 4 x 400m Relay - 2005, 2007, 2008)

### **Seven Awards**

**Allison Eckert, SF Roosevelt** - (800m Run - 2006, 2007; 1600m Run - 2006; 3200m Run - 2004, 2005, 2006; 4 x 800m Relay - 2007)

**Brittany Garner, RC Stevens** - Class “AA” (100m Dash - 2004; 200m Dash - 2004, 2006; 400m Dash - 2006; 4 x 100m Relay - 2004; 4 x 200m Relay - 2005; 4 x 400m Relay - 2006)

**Shannon Hattervig, RC Stevens** - (4 x 400m Relay - 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay - 2002, 2004)

**Ramsey Kavan, Yankton** - Class “AA” (1600m Run - 2002, 2004, 2005; 3200m Run - 2002; Medley Relay - 2002; 4 x 800m Relay - 2003, 2005)

**Julie Schwengler, RC Stevens** - Class “AA” (400m Dash - 2004; 800m Run - 2004; 4 x 400m Relay - 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

**Heather Sieler, Huron** - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

**Ann Westby, Brookings** - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

### **Six Awards**

**Jamie Krautschun, Spearfish** - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

**Leslie Brost, Watertown** - Class “AA” (Pole Vault - 2006, 2007, 2008; 4 x 400m Relay - 2007, 2008; 4 x 200m Relay - 2008)

**Heidi Reed, Canton** - Class "A" (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)  
**Barb Riemenschneider, RC Stevens** - Class "AA" (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)  
**Steph Schueler, SF Lincoln** - Class "AA" (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)  
**Cori Vining, Huron** - Class "AA" (4 x 400m Relay, 1998, 1999; 100m Hurdles - 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

#### Five Awards

**Amy Jensen, Brandon Valley** - Class "AA" (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)  
**Julie Knight, RC Central** - Class "AA" (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)  
**Meg Larson, Aberdeen Roncalli** - Class "A" (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)  
**Sara Miller, RC Central** - Class "AA" (4 x 100m Relay - 2001, 2002, 2003; 4 x 200m Relay - 2002, 2003)  
**Kelly Rhodes, SF Lincoln** - Class "AA" (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

#### Four Awards

**Taylor Baker, RC Stevens** - Class "AA" (Long Jump - 1996, 1998; Triple Jump - 1996, 1998)  
**Aubrey Baxter, Redfield** - Class "A" (Shot Put - 2003, 2004; Discus - 2003, 2004)  
**Becca Bedard, RC Stevens** - Class "AA" (4 x 200m Relay - 2005; 4 x 100m Relay - 2006, 2007, 2008)  
**Darcy Biers, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)  
**Jodi Bowne, Elkton** - Class "B" (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)  
**Kalie Cox, Watertown** - Class "AA" (4 x 200m Relay - 2006, 2008; 4 x 400m Relay - 2005, 2008)  
**Emily DeVries, RC Stevens** - Class "AA" (4 x 400m Relay - 2006; 300m Low Hurdles - 2006, 2007; 100m Int Hurdles - 2007)  
**Shannon Hellman, Douglas** - Class "AA" (100m Hurdles - 2004, 2005; 300m Low Hurdles - 2004, 2005)  
**Sarah Hoffman, Mitchell** - Class "AA" (4 x 400m Relay - 1995, 96, 97; 300m Hurdles - 1999)  
**Leia Jackson, RC Central** - Class "AA" (4 x 100m Relay - 2002, 2003; 4 x 200m Relay - 2002, 2003)  
**Amanda Kuchta, Yankton** - Class "AA" (4 x 800m - 2003, 2005; Medley - 2006)  
**Althea Meeter, Cheyenne-Eagle Butte** - Class "A" (100m Dash, 200m Dash - 1990, 91)  
**Michelle Mellegaard, Bridgewater** - Class "B" (Long Jump - 1993, 95; Triple Jump - 1994, 95;)  
**Courtney Murray, RC Central** - Class "AA" (4 x 100m Relay - 2000, 2001, 2002; 4 x 200m Relay - 2002)  
**Stephanie Peterson, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)  
**Rhonda Sheffield, Highmore** - Class "B" (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)

#### Three Awards

**Alayna Aker, RC Central** - Class "AA" (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)  
**Ericka Bakke, Salem** - Class "A" (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)  
**Betsy Bies, Yankton** - Class "AA" (4 x 800m Relay - 2005, 2006; 3200m Run - 2007)  
**Krista Creager, Yankton** - Class "AA" (800m Run - 2008; Sprint Medley Relay - 2006, 2008)  
**Anne Doshier, RC Stevens** - Class "AA" (4 x 400m Relay - 2003; 4 x 100m Relay - 2004; 4 x 200m Relay - 2005)  
**Jessica Fox, Watertown** - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)  
**Brooke Garner, RC Stevens** - Class "AA" (Shot Put - 2008; Discus Throw - 2007-2008)  
**Sara Gill, RC Central** - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)  
**Kayla Gosnell, RC Stevens** - Class "AA" (4 x 100m Relay - 2004, 2006, 2007)  
**Cariss Hauck, Watertown** - Class "AA" (4 x 200m Relay - 2006; 4 x 400m Relay - 2005, 2007)  
**Jena Hoffman, Mitchell** - Class "AA" (300m Hurdles - 2001, 2002, 2003)  
**Lindsey Keck, RC Stevens** - Class "AA" (4 x 800m Relay - 1999, 2000, 2001)  
**Dawn Koehn, Watertown** - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)  
**Tamiko Kopfman, Huron** - Class "AA" (Long Jump - 2005, 2006; Triple Jump - 2006)  
**Beth Mueller, RC Stevens** - Class "AA" (4 x 400m Relay - 2002, 2003, 2004)  
**Ramsee Pagel, RC Stevens** - Class "AA" (4 x 400m Relay - 2000, 2001, 2002)  
**Mallory Peck, SF O'Gorman** - Class "AA" (Pole Vault - 2004, 2005; Triple Jump - 2005)  
**Janie Sershen, Chester** - Class "A" (Long Jump - 2001; High Jump - 2002; Triple Jump - 2002)  
**Ashley Storm, Yankton** - Class "AA" (4 x 800m - 2003, 2005, 2006)  
**Beth Wahl, Pierre** - Class "AA" (4 x 400m Relay - 1991; High Jump - 1992, 93)

**GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS**  
**(Made under the auspices of the**  
**South Dakota High School Activities Association at its Annual Track and Field Meet)**

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	*24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1997	Jill Theeler, Mitchell	55.49
800 Meter Run	2006	Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	RC Central (Prelims) Rhoades, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2006	Watertown (Prelims) Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2005	SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre	5'09.25"
Long Jump	2008	Jasmyne King, Rapid City Central	18'10.75"
Triple Jump	1999	Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2008	Leslie Brost, Watertown	12'10.00"

\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.

Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "B" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	2003	Steph Gebhart, Elkton (Semis)	11.99
200 Meter Dash	2001	Steph Gebhart, Elkton (Prelims)	24.87
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2003	Andrea Warnke, Bonesteel-Fairfax	2:15.24
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	1996	Rhonda Sheffield, Highmore	14.80
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2002	Colman-Egan (Prelims) Bunkers, J. Nelson, S. Nelson, Pfeiffer	50.88
4 x 200 Meter Relay	2006	Bridgewater/Emery Olinger, Hanssen, Haiar, Wollman	1:45.15
4 x 400 Meter Relay	2006	Colman-Egan Merges, Hauglid, Fritz, Nelson	4:02.99
4 x 800 Meter Relay	1980	Kadoka M. Parke, Porch, T. Parke, Herber	9:41.53
Sprint Medley Relay	1982	Armour (Prelims) Hornstra, Fink, Nielsen, Lau	4:18.70
Shot Put (4kg)	2003	Jocelyn Dockendorf, Corsica	43'03.75"
Discus	2005	Amber Brodersen, Wolsey-Wessington	145'06.00"
High Jump	2002	Megan Smidt, Menno	5'06.00"
Long Jump	2003	Andrea Warnke, Bonesteel-Fairfax	18'04.25"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2008	Brigitte Gross, Hanson	10'06.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.

Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "A" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1990	Althea Meeter, Cheyenne-Eagle Butte (Prelims)	12.25
	2008	Alexa Duling, Gregory	12.25
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2006	Alicia Brown, Vermillion	56.69
800 Meter Run	1996	Meg Larson, Aberdeen Roncalli	2:16.79
1600 Meter Run	1991	Heidi Reed, Canton	5:03.16
3200 Meter Run	1991	Heidi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2005	Madison (Prelims) Postma, Hatting, Dailing, Postma	49.73
4 x 200 Meter Relay	2005	West Central White, Lange, Rosenbrook, Krell	1:44.41
4 x 400 Meter Relay	2003	Beresford Homandberg, Bak, Hyronimus, McGill	4:02.89
4 x 800 Meter Relay	1997	Aberdeen Roncalli J. Cameron, K. Cameron, Pierce, Larson	9:31.37
Medley Relay	1984	Custer (Prelims) Young, Uttecht, Treatheway, Darley	4:15.30
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	1990	Ericka Bakke, Salem	18'04.50"
Triple Jump	1992	Denise Kocer, Wagner	37'07.50"
Pole Vault	2003	Megan Marohl, Sisseton	11'00.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.

Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.



## GIRLS' CLASS "AA" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	**24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1996	*Jill Theeler, Mitchell	55.49
800 Meter Run	2006	*Allison Eckert, Sioux Falls Roosevelt	2:11.24
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	*Allison Eckert, Sioux Falls Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	*Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	*RC Central (Prelims) Rhodes, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2006	*Watertown (Prelims) Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	*RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	*RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2005	*SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre	5'09.25"
Long Jump	2008	*Jasmyne King, Rapid City Central	18'10.75"
Triple Jump	1999	*Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2008	*Leslie Brost, Watertown	12'10.00"

\* Indicates State Record

\*\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.  
Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>	<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971 Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972 Redfield	Mission

### Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>	<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974 Wall	Springfield

### Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>	<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974 Sioux Falls Lincoln	Aberdeen Central

### Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>	<u>Champion</u>	<u>Runner-Up</u>
1975	Faith	Centerville	1992 Hoven	Hitchcock
1976	White River	Faith	1993 Doland/Conde	Hoven
1977	Dakota Christian	Pollock	1994 Hoven	Baltic
1978	Dakota Christian	White River	1995 Faulkton	Hoven
1979	Frederick	Dakota Christian	1996 Hoven	Faulkton
1980	Dakota Christian	Frederick	1997 Herreid	Hoven
1981	Armour	Dakota Christian	1998 Faulkton	Elkton
1982	Armour	Estelline	1999 Chester	Marion
1983	Armour	Eureka	2000 Chester	Marion
1984	Eureka	Sioux Falls Christian	2001 Chester	Colman-Egan
1985	Sioux Falls Christian	Eureka	2002 Colman Egan	Bonesteel-Fairfax
1986	Arlington	Eureka	2003 Bonesteel-Fairfax	Colman-Egan
1987	Arlington	Bridgewater	2004 Eureka	Colman-Egan
1988	Bridgewater	Lake Preston	2005 Bonesteel-Fairfax	Bridgewater/Emery
1989	Bridgewater	Lake Preston	2006 James Valley Christian	Colman-Egan
1990	Lake Preston	White Lake	2007 Faulkton	Colman-Egan
1991	Lake Preston	Hoven	2008 Hanson	Rosholt/Fairmont ND

### Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>	<u>Champion</u>	<u>Runner-Up</u>
1975	Wall	Freeman	1992 Sioux Valley	Madison
1976	Flandreau Burke (tie)	Freeman	1993 Spearfish	Milbank
1977	Freeman	Kimball	1994 Milbank	Madison
1978	Burke	Kimball	1995 Milbank	Vermillion
1979	Kimball	Salem	1996 Hot Springs & Milbank	
1980	Salem	Freeman	1997 Hot Springs	Lennox
1981	Jefferson	Redfield	1998 Lennox	Garretson
1982	Jefferson	Salem	1999 Lennox	Hot Springs
1983	Jefferson	Custer	2000 Lennox	Miller
1984	Jefferson	Custer	2001 Redfield	Lennox
1985	Jefferson	Miller	2002 Winner	Beresford
1986	Bennett County	Miller	2003 Redfield	Beresford
1987	Spearfish	Bon Homme	2004 West Central	Parker
1988	Freeman	Milbank	2005 West Central	Aberdeen Roncalli
1989	Salem	Beresford	2006 St. Thomas More	Vermillion
1990	Hot Springs	Madison	2007 St. Thomas More	Vermillion
1991	McCook Central	Lennox	2008 Vermillion	St. Thomas More

**Girls' Class "AA" Track - Three Class System**

	<u><b>Champion</b></u>	<u><b>Runner-Up</b></u>		<u><b>Champion</b></u>	<u><b>Runner-Up</b></u>
1975	Sioux Falls Lincoln	Rapid City Stevens	1992	Rapid City Central	Mitchell
1976	Sioux Falls Lincoln	Watertown	1993	Rapid City Central	Watertown
1977	Sioux Falls Washington	Watertown	1994	Rapid City Central	Spearfish
1978	Watertown	Brookings	1995	Yankton	Rapid City Stevens
1979	Brookings	Watertown	1996	Rapid City Stevens	Aberdeen Central
1980	Brookings	Watertown	1997	Rapid City Stevens	Spearfish
1981	Yankton	Watertown	1998	Rapid City Stevens	Huron
1982	Yankton	Watertown	1999	Rapid City Stevens	Huron
1983	Huron	Watertown	2000	Rapid City Stevens	Huron
1984	Yankton	Sioux Falls Washington	2001	Rapid City Stevens	Rapid City Central
1985	Rapid City Stevens	Sioux Falls Lincoln	2002	Rapid City Stevens	Rapid City Central
1986	Rapid City Stevens	Sioux Falls Lincoln	2003	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2004	Rapid City Stevens	Sioux Falls Roosevelt
1988	Rapid City Stevens	Brookings	2005	Rapid City Stevens	Sioux Falls Roosevelt
1989	Brookings	Rapid City Central	2006	Rapid City Stevens	Sioux Falls Roosevelt
1990	Sturgis	Rapid City Central & Pierre	2007	Rapid City Stevens	Rapid City Central
1991	Rapid City Central	Rapid City Stevens	2008	Rapid City Stevens	Yankton