

# 39th ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Sioux Falls, May 25-26, 2007

Class "B"

(Total number of participants: 469)

## 100 Meter Dash

1. Carly Carper, 7	Oldh-Ramona/Rutland	12.68
2. Audrey Wipf, 10	James Valley Chr.	12.89
3. Gina Fritz, 8	Colman-Egan	12.94
4. Maria Franker, 11	Viborg	12.97
5. Tasha Heesch, 8	Rosholt	12.98
6. Emily Fritz, 11	Rosholt	13.13
7. Johanna Scheich, 9	Ethan	13.14
8. Cindy Syrovatka, 10	Scotland	13.29

## 3,200 Meter Run

1. Samantha Hofer, 9	Bridgewater/Emery	12:06.77
2. Alia Soulek, 12	Freeman	12:18.71
3. Josie Oakland, 10	Langford	12:18.89
4. Courtney Rasmussen, 11	Viborg	12:19.47
5. Hilary Krein, 9	Eureka/Bowdle	12:27.14
6. Chelsie Hall, 7	New Underwood	12:29.70
7. Cami Koehn, 11	Colman-Egan	12:38.39
8. Cassandra Zirbel, 11	Summit	12:39.46

## 200 Meter Dash

1. Chanesse Schaefer, 10	Faulkton	26.46
2. Tasha Heesch, 8	Rosholt	26.76
3. Audrey Wipf, 10	James Valley Chr.	26.77
4. Brianna Lemmel, 11	Faith	26.91
5. Carly Carper, 7	Oldh-Ramona/Rutland	27.08
6. Steph Kroontje, 11	Campbell County	27.40
7. Erica Meyer, 9	Rosholt	27.49
8. Carmen Hirsch, 12	Highmore/Harrold	28.07

## 100 Meter Int Hurdles

1. Audrey Wipf, 10	James Valley Chr.	16.09
2. Shannon Bowar, 11	Faulkton	16.29
3. Britney Volek, 10	Highmore/Harrold	16.49
4. Summer Bronson, 10	Wilmot	16.52
5. Jessie Waltner, 12	Freeman	16.59
6. Sara Schultz, 11	DeSmet	16.92
7. Maria Herber, 11	Kadoka	17.24
8. Grace Pedersen, 12	Sunshine Bible Acad.	17.28

## 400 Meter Dash

1. Emma Erickson, 12	Gayville-Volin	58.11
2. Brittany Quaschnick, 11	Campbell County	1:01.20
3. Natalie Munger, 9	Kimball	1:01.51
4. Kara Olson, 11	New Underwood	1:01.99
5. Kylee Lamb, 10	Sully Buttes	1:02.14
6. Katie Muehlbauer, 10	RC Christian	1:02.97
7. Erica Meyer, 9	Rosholt	1:03.58
8. Jessika Wager, 7	Gettysburg	1:04.68

## 300 Meter Low Hurdles

1. Audrey Wipf, 10	James Valley Chr.	47.87
2. Kristen Kramlich, 11	Eureka/Bowdle	48.00
3. Conner Anderson, 8	Rosholt	48.15
4. Casey Dolezal, 11	Estelline	48.67
5. Shannon Bowar, 11	Faulkton	50.37
6. Amber Krogstand, 12	Baltic	50.42
7. Jessie Waltner, 12	Freeman	50.51
8. Josie Thomsen, 9	Edgemont	52.29

## 800 Meter Run

1. Emma Erickson-12	Gayville-Volin	2:20.76
2. Molly Kopfmann, 11	Wessington Springs	2:24.25
3. Shelby Williams, 10	Avon	2:25.87
4. Stephanie Warnke, 11	South Central	2:26.37
5. Brittany Quaschnick, 11	Campbell County	2:28.06
6. Melissa Zemlicka, 10	Waverly/South Sh.	2:29.23
7. Kristen Neth, 12	Scotland	2:30.29
8. Becca Steadman, 8	Centerville	2:31.87

## 4x100 Meter Relay

1. Colman-Egan	Meggie Huglid, 9; Paige Nelson, 10 Jill Fritz, 12; Gina Fritz, 8	51.35
2. Rosholt/Fairmont ND		52.22
3. Faulkton		52.22
4. New Underwood		52.94
5. Freeman		53.13
6. Arlington		53.26
7. Scotland		53.30
8. Campbell County		53.93

## 1,600 Meter Run

1. Emma Erickson, 12	Gayville-Volin	5:21.14
2. Molly Kopfmann, 11	Wessington Springs	5:29.40
3. Samantha Hofer, 9	Bridgewater/Emery	5:33.78
4. Chancey Stirling, 9	Faith	5:34.83
5. Mindy Kraft, 7	Wessington Springs	5:34.94
6. Molly Kokesh, 10	Scotland	5:35.67
7. Cassandra Zirbel, 11	Summit	5:39.22
8. Kalli Hossle, 9	Faulkton	5:40.30

**4x200 Meter Relay**

1. Colman-Egan	1:47.91
Carly Merges, 11; Paige Nelson, 10 Jill Fritz, 12; Gina Fritz, 8	
2. Campbell County	1:50.69
3. Faulkton	1:51.01
4. New Underwood	1:51.64
5. Scotland	1:52.55
6. Ipswich	1:52.90
7. Arlington	1:53.92
8. Freeman Academy	1:53.92

**4x400 Meter Relay**

1. Colman-Egan	4:09.86
Carly Merges, 11; Meggie Huglid, 9 Jill Fritz, 12; Paige Nelson, 10	
2. Rosholt/Fairmont ND	4:13.25
3. Campbell County	4:17.03
4. Faulkton	4:18.22
5. Avon	4:18.24
6. Kimball	4:19.32
7. Faith	4:25.26
8. Arlington	4:25.26

**4x800 Meter Relay**

1. Kimball	9:56.95
Rachel Gaulke, 8; Melissa Kroupa, 11 Samantha Konehcne, 12; Natalie Munger, 9	
2. Freeman	10:03.37
3. Avon	10:06.45
4. Colman-Egan	10:15.38
5. Ipswich	10:21.98
6. McIntosh	10:22.14
7. Scotland	10:26.47
8. Sunshine Bible Academy	10:32.74

**1,600 Meter Sprint Medley**

1. Gayville-Volin	4:23.69
Katie Hirsch, 11; Morgan Erickson, 8 Jessica Hirsch, 12; Emma Erickson, 12	
2. Colman-Egan	4:30.67
3. Faulkton	4:33.77
4. Stickney	4:34.28
5. Centerville	4:35.04
6. Kimball	4:36.12
7. Scotland	4:38.36
8. Armour	4:40.24

**Shot Put**

1. Melodi Boke, 12	Faulkton	36'03.50"
2. Heather Spier, 10	Kimball	35'11.50"
3. Shelby Assmus, 9	Stickney	35'04.50"
4. Rachele Schmidt, 9	Marion	35'04.00"
5. Madison McLaughlin, 8	Wall	34'01.25"
6. Brittany Pearson, 12	Rosholt	33'07.00"
7. Marissa Whipple, 8	Baltic	33'05.50"
8. Megan Warne, 10	Estelline	33'05.00"

**Discus Throw**

1. Shelby Assmus, 9	Stickney	128'06"
2. Bethany Florey, 11	Andes Central	122'11"
3. Brittany Pearson, 12	Rosholt	118'04"
4. Shauna Madden, 12	Campbell Co.	113'03"
5. Lacey Mayfield, 12	Kadoka	112'03"
6. Marissa Whipple, 8	Baltic	110'02"
7. Ashley Tanner, 12	Gettysburg	108'02"
8. Kelsey McCune, 12	DeSmet	106'01"

**High Jump**

1. Jamie Gunderson, 12	Hoven/Ed. Cent	5'02"
2. Rhianna Gullickson, 10	Hanson	5'01"
3. Rebecca Schaefer, 11	Wilmot	J5'01"
4. Kelsey, Vanden Hoek, 12	Stickney	4'11"
5. April Winne, 9	Menno	4'11"
6. Jada Blasius, 10	Kimball	J4'11"
7. Nicole Josephsen, 10	Arlington	J4'11"
8. Kylee Lamb, 10	Sully Buttes	J4'11"
7. Jada Blasius, 9	Kimball	4'08"

**Long Jump**

1. Dana Riter, 11	Waubay	16'10.75"
2. Shelby Tollefson, 10	Hitchcock/Tulare	16'03.75"
3. Jessica Van Vuren, 11	Geddes/Dakota Chr	15'10.75"
4. Katie Waldner, 12	Willow Lake	15'07.75"
5. Caitlin Whiting, 9	White River	15'07.50"
6. Nicole Windish, 11	Freeman Acad.	15'04.75"
7. Kylee Lamb, 10	Sully Buttes	15'00.50"
8. Amber Krogstad, 12	Baltic	J15'00.50"

**Triple Jump**

1. Katie Waldner, 12	Willow Lake	34'11.75"
2. Hilary Gorder, 10	Estelline	34'03.00"
3. Shelby Tollefson, 10	Hitchcock/Tulare	33'11.75"
4. Johanna Scheich, 9	Ethan	33'11.00"
5. Nicole Windish, 11	Freeman Acad.	33'09.50"
6. Dana Ritter, 11	Waubay	33'06.50"
7. Danielle Baker, 8	South Central	33'05.00"
8. Kara Maas, 10	Oldh-Ramona/Rutl	32'09.50"

**Pole Vault**

1. Calley Worth-10	Gettysburg	9'06"
2. Ashley Dutton-12	Faith	9'00"
3. Dusti Varland-12	Faith	J9'00"
4. Angela Hoffman, 11	Ipswich	J9'00"
4. Tara Dubs, 12	Menno	J9'00"
6. Melissa Pelkofer, 11	Lemmon	8'06"
7. Jozelle Fordyce, 12	Faith	J8'06"
8. Cortney Livingston, 12	Great Plains Luth.	J8'06"

J – denotes Judge's Decision

Track events listed in meters. Field events listed in feet and inches.

# 39<sup>th</sup> ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Lennox, Sioux Falls - May 25-26, 2007

Class "A"

(Total number of participants: 412)

## 100 Meter Dash

1. Alexa Duling, 11	Gregory	12.47
2. Alex Driscoll, 10	Winner	12.59
3. Anna McRae, 10	Redfield	12.67
4. Brittany Swenson, 9	Florence/Henry	12.86
5. Lindsey Thielen, 10	Elkton	12.92
6. Alyssa Frantz, 9	Dell Rapids	12.96
7. Abby Plucker, 12	Parker	13.10
8. Lindsay Rook, 10	Madison	13.11

## 3,200 Meter Run

1. Jordan Wohlleber, 9	Cheyenne-EB	11:46.90
2. Randi Weiss, 9	Hot Springs	11:56.87
3. Erica Fideler, 9	Sioux Valley	11:59.97
4. Lydia Ford, 11	Vermillion	12:04.12
5. Abby Mehlbrech, 12	McCook Central	12:13.61
6. Jenna Kuhle, 9	Howard	12:13.61
7. Tara Ronke, 7	Bon Homme	12:21.12
8. Ali Waldrop, 9	Miller Area	12:25.72

## 200 Meter Dash

1. Alicia Brown, 11	Vermillion	25.38
2. Alexa Duling, 11	Gregory	25.44
3. Shalena Meyer, 12	Winner	26.42
4. Brittany Swenson, 9	Florence/Henry	26.45
5. Lindsey Thielen, 10	Elkton	26.51
6. Cassidy Gebhart, 7	Elkton	26.67
7. Stephanie Honomichl, 10	Tea Area	26.85
8. Abby Plucker, 12	Parker	27.12

## 100 Meter Int Hurdles

1. Alexa Duling, 11	Gregory	15.26
2. Erin Duffy, 10	St. Thomas More	15.51
3. Haley Jynke, 12	Lyman	15.76
4. Jill Schaefer, 10	Chester Area	15.95
5. Ashley Kemnitz, 11	Lyman	16.13
6. Amy O'Neill, 10	Bennett County	16.14
7. Lindsey Johnson, 8	Harrisburg	16.25
8. Ashley Daile, 10	Milbank	16.56

## 400 Meter Dash

1. Alicia Brown-11	Vermillion	58.44
2. Abby Plucker-12	Parker	58.79
3. Cassidy Gebhart, 7	Elkton	1:01.53
4. Hope Stapleton, 10	Sisseton	1:01.81
5. Heather Borns, 11	Clark	1:02.08
6. Chrissy Strasburg, 9	Elk Point-Jefferson	1:02.51
7. Mandi Durch, 10	Newell	1:02.56
7. Erin Hoeke, 12	Milbank	DNF

## 300 Meter Low Hurdles

1. Erin Duffy, 10	St. Thomas More	45.90
2. Breanne Manthey, 11	Madison	47.01
3. Sarah White, 11	West Central	47.24
4. Jill Schaefer, 10	Chester Area	48.11
5. Danielle McCann, 11	Parkston	48.32
6. Rachel Miller, 12	Canton	48.66
7. Jackie Willard, 11	Chamberlain	48.66
8. Ashley Kemnitz, 11	Lyman	50.50

## 800 Meter Run

1. Mikayla Barondeau-11	Leola/Frederick	2:20.19
2. Mandi Halverson, 11	Garretson	2:23.43
3. Laura Wolles-10	Chester Area	2:25.41
4. Hailey Kleinans, 12	Alcester-Hudson	2:26.18
5. Ashley Gruenwald, 8	Clark	2:28.52
6. Jess Tennant, 11	Aberdeen Ronc.	2:29.39
7. Gail McIntyre, 12	St. Thomas More	2:29.45
8. Makeyla Perryman, 9	Dakota Valley	2:30.98

## 4x100 Meter Relay

1. Madison	51.51
Breanne Manthey, 11; Lindsay Rook, 10 Katie Breuer, 11; Amanda Dailing, 10	
2. St. Thomas More	51.71
3. Winner	51.86
4. Milbank	52.41
5. Bennett County	52.63
6. Redfield	52.89
7. Dakota Valley	53.42
8. Elk Point-Jefferson	54.60

## 1,600 Meter Run

1. Jordan Wohlleber, 9	Cheyenne-EB	5:21.73
2. Mikayla Barondeau, 11	Leola/Frederick	5:23.52
3. Laura Wolles, 10	Chester Area	5:35.69
4. Kelsey Barret, 7	Britton-Hecla	5:37.64
5. Daysia Wiederholt, 7	Mobridge	5:38.17
6. Randi Weiss, 9	Hot Springs	5:39.67
7. Karlie Konkol, 7	Custer	5:39.92
8. Tara Ronke, 7	Bon Homme	5:41.68

**4x200 Meter Relay**

1. St. Thomas More	1:47.51
Janell Eckrich, 10; Gail McIntyre, 12 Carrie Maguire, 11; Annie Bloom, 11	
2. Vermillion	1:47.92
3. Elkton	1:47.93
4. Winner	1:49.16
5. Madison	1:49.20
6. Redfield	1:50.26
7. Parker	1:51.14
8. Milbank	1:51.39

**4x400 Meter Relay**

1. St. Thomas More	4:10.37
Gail McIntyre, 12; Katy Freidel, 8 Carrie Maguire, 11; Annie Bloom, 11	
2. Elkton	4:10.74
3. Vermillion	4:12.91
4. Winner	4:13.79
5. Clark	4:14.92
6. Redfield	4:17.55
7. Elk Point-Jefferson	4:20.86
8. Parkston	4:21.48

**4x800 Meter Relay**

1. Clark	9:55.09
Caitlyn Bjerke, 11; Heather Borns, 11 Jorgan Bjerke, 9; Ashley Grunewald, 8	
2. Aberdeen Roncalli	9:56.07
3. Garretson	10:00.51
4. Parkston	10:02.95
5. Sioux Valley	10:02.98
6. Britton-Hecla	10:06.33
7. Hill City	10:11.79
8. Madison	10:16.56

**1,600 Meter Sprint Medley**

1. Sioux Valley	4:28.00
Whitney Miller, 8; Breanne Nelson, 10 Larissa Sapp, 10; Brittany Bjorkland, 10	
2. St. Thomas More	4:28.09
3. Clark	4:28.42
4. Britton-Hecla	4:29.99
5. Aberdeen Roncalli	4:33.38
6. Vermillion	4:41.45
7. Winner	4:41.73
8. Elk Point-Jefferson	4:47.59

**Shot Put**

1. Meghan Paul, 10	Dell Rapids	38'11.00"
2. Kristin Rotert, 12	McCook Central	J38'11.00"
3. Kalsey Werkmeister, 11	Platte	38'05.00"
4. Makayla Hillman-Healy, 12	West Central	37'06.00"
5. Catherine Anthony, 12	Dakota Valley	36'11.00"
6. Maggie O'Neill, 12	Bennett County	36'10.00"
7. Megan Turner, 12	Custer	36'06.00"
8. Jerika Ihnen, 12	Lennox	36'04.00"

**Discus Throw**

1. Kelli Fiegen, 11	Parkston	139'10"
2. Alyssa Henrichs, 11	Beresford	133'10"
3. Kristin Rotert, 12	McCook Central	127'05"
4. Catherine Anthony, 12	Dakota Valley	123'10"
5. Holly Westley, 12	Tri-Valley	121'08"
6. Megan Turner, 12	Custer	118'04"
7. Dani Danburg, 12	Miller Area	115'01"
8. Larissa Hansmeier, 12	Webster	J115'01"

**High Jump**

1. Sam Ostarello, 10	Stanley County	5'05"
2. Kati Ginsbach, 12	Hill City	5'04"
3. Katie Sokolowski, 11	Irene/Wakonda	5'03"
4. Hannah Wilkinson, 11	Elk Point-Jefferson	5'01"
4. Kara Powell, 11	Hot Springs	5'01"
6. Adrienne Waldner, 10	Sioux Valley	J5'01"
6. Lindsay Marvin, 11	Dakota Valley	J5'01"
8. Lora Shearer, 12	McCook Central	J5'01"

**Long Jump**

1. Josie Bloom, 12	St. Thomas More	17'03.50"
2. Becky Rhody, 12	Deubrook Area	17'00.00"
3. Katie Breuer, 11	Madison	16'10.00"
4. Lora Shearer, 12	McCook Central	16'05.50:
5. Emily Goedert, 11	Britton-Hecla	16'05.50"
6. Samantha Houser, 10	Beresford	15'09.75"
7. Maggie Malloy, 11	Parkston	15'05.25"
7. MaryKate Sershen, 11	Chester Area	15'05.25"

**Triple Jump**

1. Josie Bloom, 12	St. Thomas More	35'09.00"
2. Mackenzie Mears, 9	Milbank	35'03.00"
3. Cori Bonte, 11	Beresford	35'01.00"
4. Margie Anthony, 12	Dakota Valley	35'00.75"
5. Cassie Schuurmans, 9	Bon Homme	34'10.00"
6. Lora Shearer, 12	McCook Central	34'05.50"
7. Kelli Fiegen, 11	Parkston	34'04.50"
8. Kory Novotny, 9	Winner	34'03.50"

**Pole Vault**

1. Lisa Koch, 12	Elkton	10'06"
2. Katie Breuer, 11	Madison	10'00"
3. Lindsey Bardwell, 12	Bon Homme	J10'00"
4. Jackie Brooks, 11	SF Christian	J10'00"
5. Kendra Titze, 12	Aberdeen Roncalli	9'00"
6. Courtney Peterson, 12	Sisseton	J9'00"
7. Kim Jensen, 12	Irene/Wakonda	J9'00"
8. Krista Stickland, 11	Sisseton	8'06"

J – denotes Judge's Decision  
Track events listed in meters. Field events listed in feet and inches.

# 39<sup>th</sup> ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Brandon, Sioux Falls - May 25-26, 2007

Class "AA"

(Total number of participants: 316)

## 100 Meter Dash

1. Jasmyne King, 9	RC Central	11.94
2. Brittany Page, 11	Watertown	12.17
3. Megan Bren, 10	SF Roosevelt	12.33
4. Becca Bedard, 11	RC Stevens	12.35
5. Ashlea Johnson, 11	Yankton	12.51
6. Haylee Weisgram, 10	RC Stevens	12.61
7. Holly Suss, 8	Brandon Valley	12.65
8. Alison Eckrich, 11	Spearfish	12.86

## 3,200 Meter Run

1. Betsy Bies, 12	Yankton	10:55.19
2. Megan Hilson, 9	Yankton	11:19.72
3. Annie Pfeifle, 10	RC Stevens	11:20.76
4. Bailey Breems, 9	SF Roosevelt	11:24.80
5. Paige Orcutt, 11	SF O'Gorman	11:29.50
6. Madeleine Takahashi, 9	Sturgis	11:31.75
7. Taryn Sahli, 11	RC Stevens	11:38.73
8. Mariah Hofer, 9	Yankton	11:40.91

## 200 Meter Dash

1. Jasmyne King, 9	RC Central	24.79
2. Brittany Page, 11	Watertown	25.28
3. Megan Bren, 11	SF Roosevelt	25.52
4. Becca Bedard, 11	RC Stevens	25.52
5. Bethany Gross, 10	Huron	26.31
6. Allison Eckrich, 11	Spearfish	26.40
7. Emily DeVries, 11	RC Stevens	26.42
8. Rachel Nilles, 11	RC Central	26.78

## 100 Meter Int Hurdles

1. Emily DeVries, 11	RC Stevens	14.77
2. Anna Gagliano, 10	RC Central	14.83
3. Nevada Sorenson, 10	SF Lincoln	15.07
4. Haylee Weisgram, 10	RC Stevens	15.13
5. Leah Sperry, 12	Spearfish	15.14
6. Kristen Quasney, 11	RC Central	15.27
7. Loren Vaillancourt, 12	Huron	15.32
8. Stephanie Bachman, 10	Brandon Valley	15.78

## 400 Meter Dash

1. Jasmyne King, 9	RC Central	56.31
2. Brittany Page, 11	Watertown	58.11
3. Darian Thompson, 8	Spearfish	58.50
4. Bethany Gross, 10	Huron	59.54
5. Chandler Nielson, 7	SF O'Gorman	1:00.56
6. Lynsey Jansen, 12	RC Stevens	1:01.76
7. Davina Samuelson, 12	Spearfish	1:02.62
8. Alli Arampatzis, 9	Aberdeen Central	1:02.94

## 300 Meter Low Hurdles

1. Emily DeVries-11	RC Stevens	44.69
2. Haylee Weisgram, 10	RC Stevens	46.35
3. Brigitte Gross, 10	Huron	46.48
4. Jacqee Jasinski, 9	RC Central	46.81
5. Kayla Pahl, 11	RC Central	47.62
6. Loren Vaillancourt, 12	Huron	48.14
7. Leah Sperry, 12	Spearfish	48.35
8. Jordan Peterson, 10	Brandon Valley	49.53

## 800 Meter Run

1. Allison Eckert, 12	SF Roosevelt	2:13.78
2. Jessica Engel, 12	Sturgis	2:14.78
3. Amy Reuter, 12	Brookings	2:16.18
4. Krista Eckert, 12	SF Roosevelt	2:18.56
5. Emily Smith, 12	Yankton	2:20.28
6. Chandler Nielson, 7	SF O'Gorman	2:20.50
7. Krista Creager, 10	Yankton	2:21.13
8. Kayla Jelen, 12	SF Lincoln	2:22.22

## 4x100 Meter Relay

1. Rapid City Stevens	49.79
Kayla Gosnell, 12; Becca Bedard, 11 Mikayla Anderson, 11; Haylee Weisgram, 10	
2. Brookings	50.07
3. Pierre	51.09
4. Rapid City Central	51.13
5. Sioux Falls Roosevelt	51.30
6. Spearfish	51.57
7. Sioux Falls Washington	51.94
8. Brandon Valley	52.08

## 1,600 Meter Run

1. Jessica Engel, 12	Sturgis	4:57.98
2. Krista Eckert, 12	SF Roosevelt	5:00.82
3. Allison Eckert, 12	SF Roosevelt	5:00.83
4. Betsy Bies, 12	Yankton	5:01.52
5. Bailey Breems, 9	SF Roosevelt	5:12.40
6. Annie Pfeifle, 10	RC Stevens	5:13.86
7. Megan Hilson, 9	Yankton	5:19.18
8. Paige Orcutt, 11	SF O'Gorman	5:19.58

### 4x200 Meter Relay

1. Sioux Falls Roosevelt	1:45.23
Shawnteva Ashley, 9; Larissa Thune, 11 Meghan Nelson, 12; Megan Bren, 10	
2. Rapid City Stevens	1:46.32
3. Watertown	1:46.45
4. Rapid City Central	1:47.95
5. Yankton	1:48.32
6. Spearfish	1:48.43
7. Aberdeen Central	1:48.84
8. Sioux Falls Washington	1:50.47

### 4x400 Meter Relay

1. Watertown	3:59.64
Leslie Brost, 11; Tia Hemiller, 9 Carissa Hauck, 12; Brittany Page, 11	
2. Rapid City Stevens	4:04.72
3. Brookings	4:08.10
4. Sioux Falls Roosevelt	4:08.15
5. Spearfish	4:12.91
6. Huron	4:13.30
7. Brandon Valley	4:17.48
8. Rapid City Central	4:19.60

### 4x800 Meter Relay

1. Sioux Falls Roosevelt	9:19.91
Erin Hargens 10; Krista Eckert, 12 Bailey Breems, 9; Allison Eckert, 12	
2. Yankton	9:24.21
3. Sturgis	9:36.27
4. Rapid City Central	9:40.53
5. Rapid City Stevens	9:44.07
6. Sioux Falls Washington	9:45.59
7. Sioux Falls O'Gorman	9:54.09
8. Sioux Falls Lincoln	9:57.10

### 1,600 Meter Sprint Medley

1. Sturgis	4:15.35
Nikki Watson, 12; McKenzi Keffler, 9 Carsey Barden, 9; Terra Potts, 10	
2. Watertown	4:18.96
3. Sioux Falls O Gorman	4:19.70
4. Yankton	4:19.76
5. Brandon Valley	4:24.47
6. Pierre	4:25.03
7. Sioux Falls Washington	4:25.61
8. Huron	4:30.68

### Shot Put

1. Jane Swenson, 11	Brandon Valley	41'01.50"
2. Brooke Garner, 11	RC Stevens	40'11.00"
3. Kelly Herrmann, 10	RC Stevens	40'09.75"
4. Polly Gill, 11	Pierre	39'00.00"
5. Shanna Iverg, 12	Mitchell	37;08.75"
6. Christine Broders, 9	Yankton	37'05.00"
7. Noel Bentele, 12	Brandon Valley	37'03.25"
8. Chistena Georgas, 10	RC Stevens	36'04.50"

### Discus Throw

1. Brooke Garner, 11	RC Stevens	143'08"
2. Jane Swenson, 11	Brandon Valley	142'02"
3. Shara Thompson, 12	Brookings	132'05"
4. Christine Broders, 9	Yankton	127'07"
5. Brittany Deranleau, 12	RC Central	126'10"
6. Kari Prickett, 12	Yankton	125'09"
7. Caitlin Way, 10	Mitchell	121'10"
8. Polly Gill, 11	Pierre	120'09"

### High Jump

1. Jenna Schmidt, 12	SF Washington	5'02"
2. Caitlin Hof, 9	Yankton	J5'01"
2. Kate Schleusener, 11	RC Stevens	5'01"
4. Cara Leis, 12	RC Central	J4'11"
4. Michelle Sosa, 11	RC Central	J4'11"
4. Brooke Warne, 11	RC Stevens	4'11"
4. Whitney Morsching, 12	Aberdeen Central	J4'11"
4. Jennie Zhu, 10	SF Washington	J4'11"

### Long Jump

1. Jasmyne King, 9	RC Central	17'10.50"
2. Mikayla Anderson, 11	RC Stevens	17'05.50"
3. Ashlea Johnson, 11	Yankton	16'10.50"
4. Jenna Schmidt, 12	SF Washington	16'08.50"
5. Christina Kusler, 12	Aberdeen Central	16'08.25"
6. Bethany Gross, 10	Huron	16'07.50"
7. Karsten Hanson	Brandon Valley	16'07.25"
8. Ashley Odegaard, 9	Brookings	16'05.50"

### Triple Jump

1. Jenna Schmidt, 12	SF Washington	36'08.75"
2. Christina Kusler, 12	Aberdeen Central	36''01.00"
3. Myriame Bartscher, 11	SF Washington	34'10.00"
4. Tatijana Davis, 9	SF Washington	34'07.25"
5. Katie Ferguson, 9	SF Roosevelt	34'06.50"
6. Hannah Lehmann, 11	RC Stevens	34'03.25"
7. Sunan Bun, 10	Brandon Valley	33'11.00"
8. Kayla Arneson, 12	SF Roosevelt	33'05.75"

### Pole Vault

1. Leslie Brost, 11	Watertown	12'00"
2. Alli Arampatzis, 9	Aberdeen Central	11'03"
3. Brigitte Gross, 10	Huron	10'09"
3. Hollie Bloom, 10	RC Central	10'09"
5. Kassie McKie, 12	RC Stevens	J10'09"
6. Hannah Lehmann, 11	RC Stevens	J10'09"
7. Amy Marquardt, 12	Watertown	J10''09"
8. Kallie Baum, 12	RC Central	10'03"

J – denotes Judge's Decision

Track events listed in meters. Field events listed in feet and inches.

## TEAM POINTS



### State Class "B" Track and Field Champions Faulkton Trojans

#### CLASS "B" TEAM POINTS

1. Faulkton..... 56	27. Menno ..... 9
2. Colman-Egan..... 51	29. Freeman Academy..... 8
3. Rosholt/Fairmont ND..... 50	29. Arlington ..... 8
4. Gayville-Volin..... 40	29. Hanson..... 8
5. Campbell County..... 35	29. Andes Central..... 8
6. James Valley Christian..... 34	33. South Central..... 7
7. Kimball..... 33	33. Sully Buttes ..... 7
8. Faith ..... 28	33. Ethan ..... 7
9. Freeman..... 26	33. Highmore/Harrold ..... 7
10. Stickney..... 25.5	37. Geddes/Dakota Christian..... 6
11. Wessington Springs..... 20	37. Langford..... 6
12. New Underwood ..... 18	37. Kadoka ..... 6
13. Bridgewater/Emery ..... 16	40. Marion ..... 5
13. Avon..... 16	40. Centerville ..... 5
13. Scotland..... 16	42. White River ..... 4
16. Willow Lake..... 15	42. DeSmet..... 4
16. Oldham-Ramona/Rutland..... 15	42. Wall ..... 4
18. Estelline..... 14	45. McIntosh ..... 3
18. Hitchcock-Tulare..... 14	45. Waverly/South Shore ..... 3
20. Waubay ..... 13	45. Lemmon ..... 3
20. Gettysburg..... 13	45. Rapid City Christian..... 3
22. Eureka/Bowdle ..... 12	45. Summit ..... 3
23. Ipswich ..... 11.5	50. Sunshine Bible Academy ..... 2
24. Wilmot..... 11	51. Great Plains Lutheran..... 1
25. Viborg ..... 10	51. Edgemont ..... 1
25. Hoven/Edmunds Central ..... 10	51. Armour ..... 1
27. Baltic ..... 9	

## TEAM POINTS



### State Class "A" Track and Field Champions St. Thomas More Cavaliers

#### CLASS "A" TEAM POINTS

1. St. Thomas More .....	76	25. West Central .....	11
2. Vermillion.....	42	27. Stanley County .....	10
3. Elkton .....	41	27. Bennett County .....	10
4. Madison .....	38	27. Hill City .....	10
5. Gregory.....	36	27. Florence/Henry .....	10
6. Winner .....	33	31. Sisseton.....	9
7. Clark .....	28	32. Irene/Wakonda .....	8
8. McCook Central .....	26.5	32. Deubrook Area .....	8
9. Parkston.....	23.5	34. Custer.....	7
9. Chester Area .....	23.5	35. Platte .....	6
11. Sioux Valley .....	22.5	36. Alcester-Hudson .....	5
12. Cheyenne-Eagle Butte .....	20	36. Sioux Falls Christian .....	5
13. Dakota Valley .....	19.5	36. Parker.....	5
14. Aberdeen Roncalli .....	19	39. Tri-Valley .....	4
15. Leola/Frederick.....	18	39. Mobridge .....	4
16. Britton-Hecla .....	17.5	41. Canton .....	3
17. Beresford .....	17	41. Miller Area .....	3
18. Hot Springs.....	15.5	41. Howard .....	3
19. Redfield .....	15	44. Harrisburg.....	2
19. Milbank .....	15	44. Chamberlain .....	2
21. Garretson .....	14	44. Tea Area .....	2
22. Bon Homme.....	13	44. Newell .....	2
22. Dell Rapids .....	13	48. Webster.....	1
24. Elk Point-Jefferson .....	11.5	48. Lennox.....	1
25. Lyman.....	11		



## TEAM POINTS



### State Class "AA" Track and Field Champions Rapid City Stevens Raiders

#### CLASS "AA" TEAM POINTS

1. Rapid City Stevens..... 148	9. Huron..... 32.5
2. Rapid City Central..... 91	10. Spearfish..... 28
3. Sioux Falls Roosevelt..... 84	11. Brookings ..... 27
4. Yankton ..... 76	12. Aberdeen Central..... 25.5
5. Watertown ..... 60	13. Sioux Falls O’Gorman..... 20
6. Sioux Falls Washington..... 48	14. Pierre-Riggs..... 15
7. Sturgis ..... 37	15. Sioux Falls Lincoln ..... 8
8. Brandon Valley ..... 35	16. Mitchell ..... 6

## “GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is :12.71, the Class “A” winner’s time is :13.30 and the Class “B” winner’s time is “13.07, the ”Gold Medal" would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given to all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

### 2007 GIRLS’ STATE RECIPIENTS

100 Meter Dash	Jasmyne King-9	Rapid City Central	11.94
200 Meter Dash	Jasmyne King-9	Rapid City Central	24.79
400 Meter Dash	Jasmyne King-9	Rapid City Central	56.31
800 Meter Run	Allison Eckert-12	Sioux Falls Roosevelt	2:13.78
1,600 Meter Run	Jessica Engel-12	Sioux Falls Roosevelt	4:57.98
3,200 Meter Run	Betsy Bies-12	Yankton	10:55.19
100 Meter Int Hurdles	Emily DeVries-11	Rapid City Stevens	14.77
300 Meter Low Hurdles	Emily DeVries-11	Rapid City Stevens	44.69
4x100 Meter Relay	Rapid City Stevens Kayla Gosnell-12; Becca Bedard-11; Mikayla Anderson-11; Haylee Weisgram-10		49.97
4x200 Meter Relay	Sioux Falls Roosevelt Shawnteva Ashley-9; Larissa Thune-11; Meghan Nelson-12; Megan Bren-10		1:45.23
4x400 Meter Relay	Watertown Leslie Brost-11; Tia Hemiller-9; Carissa Hauck-12; Brittany Page-11		3:59.64
4x800 Meter Relay	Sioux Falls Roosevelt Erin Hargens-10; Krista Eckert-12; Bailey Breems-9; Allison Eckert-12		9:19.91
Sprint Medley Relay	Sturgis Nikki Watson-12; McKenzi Keffler-9; Carsey Barden-9; Terra Potts-10		4:15.35
Shot Put	Jane Swenson-11	Brandon Valley	41’01.50”
Discus Throw	Brooke Garner-11	Rapid City Stevens	143’08”
High Jump	Sam Ostarello-10	Stanley County	5’05”
Long Jump	Jasmyne King-9	Rapid City Central	17’10.50”
Triple Jump	Jenna Schmidt-12	Sioux Falls Washington	36’08.75”
Pole Vault	Leslie Brost-11	Watertown	12’00”

## **GIRLS' "GOLD MEDAL" HONOR ROLL**

### **Most Individual Medals - One Year**

#### **Four Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)  
Jasmyne King, RC Central - Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump - 2007)  
Brittany Page, Watertown - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 2005)  
Julie Schwengler, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2004)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)  
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)  
Megan Trotter, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)  
Megan Trotter, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2003)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)  
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

#### **Three Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)  
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)  
Allison Eckert, SF Roosevelt - Class "AA" (800m Run, 1600m Run, 3200m Run - 2006)  
Brittany Garner, RC Stevens - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 2004)  
Brittany Garner, RC Stevens - Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay - 2006)  
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)  
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)  
Ramsey Kavan, Yankton - Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)  
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)  
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)  
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)  
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)  
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)  
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)  
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)  
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)  
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)  
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)  
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)  
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)  
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

#### **Relay "Gold Medal Awards" - All-Time**

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Sprint Medley - 2000  
Aberdeen Roncalli - 4 x 800m Relay - 1998  
Bon Homme - 4 x 800m Relay - 1986;  
Brandon Valley - 4 x 100m Relay - 1995, 1996;  
Brookings - 4 x 800m Relay - 1989; Medley Relay - 1988;  
Canton - Medley Relay - 1992;  
Chamberlain - Medley Relay - 2001  
De Smet - Medley Relay - 1989  
Herried - 4 x 400m Relay - 1994;  
Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991  
Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay - 1998  
Madison - 4 x 100m Relay - 2005  
Miller - 4 x 200m Relay - 1986;  
Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996  
Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;  
Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990;  
RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;  
RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007; 4 x 200m Relay - 1987, 1988, 2005; 4 x 400m Relay - 2000, 2001, 2002, 2003, 2004, 2006; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004;  
SF Lincoln - 4 x 400m Relay - 1986, 1987; Medley Relay - 2003;

SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;  
SF Roosevelt – 4 x 200m Relay – 2001, 2007; Medley Relay – 2004, 2005; 4 x 800m Relay – 2007;  
SF Washington - Medley Relay - 1986, 1987;  
Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994;  
Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007;  
West Central – 4 x 200m Relay – 2004;  
Watertown - 4 x 200m Relay – 1989, 2006; 4 x 400 m Relay – 2005, 2007; 4 x 800m Relay - 1995; Medley Relay -  
1990, 1991, 1993, 1999;  
Yankton - Medley Relay – 1995, 2002, 2006; 4 x 800m Relay – 2003, 2005, 2006;

## **Most Individual “Gold Medal Awards” – Career**

### **Eleven Awards**

**Megan Trotter, RC Central** - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

### **Ten Awards**

**Cherise Thompson, RC Stevens** - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

### **Nine Awards**

**Jaime Pauli, Milbank** - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

**Jill Theeler, Mitchell** - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

**Anne Vollmer, RC Central** - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

### **Eight Awards**

**Amber Abrams, RC Central** - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

### **Seven Awards**

**Allison Eckert, SF Roosevelt** – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

**Brittany Garner, RC Stevens** – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

**Shannon Hattervig, RC Stevens** – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

**Ramsey Kavan, Yankton** – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

**Julie Schwengler, RC Stevens** – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

**Heather Sieler, Huron** - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

**Ann Westby, Brookings** - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

### **Six Awards**

**Jamie Krautschun, Spearfish** - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

**Brittany Page, Watertown** – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)

**Heidi Reed, Canton** - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

**Barb Riemenschneider, RC Stevens** - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

**Steph Schueler, SF Lincoln** - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

**Cori Vining, Huron** - Class "AA" (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

#### Five Awards

**Amy Jensen, Brandon Valley** - Class "AA" (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

**Julie Knight, RC Central** - Class "AA" (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

**Meg Larson, Aberdeen Roncalli** - Class "A" (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

**Sara Miller, RC Central** – Class "AA" (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

**Kelly Rhodes, SF Lincoln** - Class "AA" (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

#### Four Awards

**Taylor Baker, RC Stevens** – Class "AA" (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

**Aubrey Baxter, Redfield** – Class "A" (Shot Put – 2003, 2004; Discus – 2003, 2004)

**Darcy Biers, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

**Jodi Bowne, Elkton** - Class "B" (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

**Emily DeVries, RC Stevens** – Class "AA" (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)

**Shannon Hellman, Douglas** – Class "AA" (100m Int Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)

**Sarah Hoffman, Mitchell** - Class "AA" (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)

**Leia Jackson, RC Central** – Class "AA" (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)

**Jasmyne King, RC Central** – Class "AA" (100m Dash – 2007; 200m Dash – 2007; 400m Dash – 2007; Long Jump – 2007)

**Amanda Kuchta, Yankton** – Class "AA" (4 x 800m – 2003, 2005; Medley – 2006)

**Althea Meeter, Cheyenne-Eagle Butte** - Class "A" (100m Dash, 200m Dash - 1990, 91)

**Michelle Mellegaard, Bridgewater** - Class "B" (Long Jump - 1993, 95; Triple Jump - 1994, 95;)

**Courtney Murray, RC Central** – Class "AA" (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)

**Stephanie Peterson, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

**Rhonda Sheffield, Highmore** - Class "B" (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)

#### Three Awards

**Alayna Aker, RC Central** - Class "AA" (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)

**Ericka Bakke, Salem** - Class "A" (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)

**Becca Bedard, RC Stevens** – Class "AA" (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007)

**Betsy Bies, Yankton** – Class "AA" (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)

**Leslie Brost, Watertown** – Class "AA" (Pole Vault – 2006, 2007; 4 x 400m Relay – 2007)

**Anne Doshier, RC Stevens** – Class "AA" (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)

**Jessica Fox, Watertown** - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)

**Sara Gill, RC Central** - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)

**Kayla Gosnell, RC Stevens** – Class "AA" (4 x 100m Relay – 2004, 2006, 2007)

**Cariss Hauck, Watertown** – Class "AA" (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)

**Jeana Hoffman, Mitchell** – Class "AA" (300m Hurdles – 2001, 2002, 2003)

**Lindsey Keck, RC Stevens** – Class "AA" (4 x 800m Relay – 1999, 2000, 2001)

**Dawn Koehn, Watertown** - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)

**Tamiko Kopfman, Huron** – Class "AA" (Long Jump – 2005, 2006; Triple Jump – 2006)

**Beth Mueller, RC Stevens** – Class "AA" (4 x 400m Relay – 2002, 2003, 2004)

**Ramsee Pagel, RC Stevens** – Class "AA" (4 x 400m Relay – 2000, 2001, 2002)

**Mallory Peck, SF O’Gorman** – Class "AA" (Pole Vault – 2004, 2005; Triple Jump – 2005)

**Janie Sershen, Chester** – Class "A" (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)

**Ashley Storm, Yankton** – Class "AA" (4 x 800m – 2003, 2005, 2006)

**Beth Wahl, Pierre** - Class "AA" (4 x 400m Relay - 1991; High Jump - 1992, 93)

**GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS**  
**(Made under the auspices of the**  
**South Dakota High School Activities Association at its Annual Track and Field Meet)**

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	*24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1997	Jill Theeler, Mitchell	55.49
800 Meter Run	2006	Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	RC Central (Prelims) Rhoades, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2006	Watertown (Prelims) Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2005	SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre	5'09.25"
Long Jump	2003	Donesha Adams, SF Washington	18'10.25"
Triple Jump	1999	Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2006	Leslie Brost, Watertown	12'09.00"

\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.  
 Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "B" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	2003	Steph Gebhart, Elkton (Semis)	11.99
200 Meter Dash	2001	Steph Gebhart, Elkton (Prelims)	24.87
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2003	Andrea Warnke, Bonesteel-Fairfax	2:15.24
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	1996	Rhonda Sheffield, Highmore	14.80
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2002	Colman-Egan (Prelims) Bunkers, J. Nelson, S. Nelson, Pfeiffer	50.88
4 x 200 Meter Relay	2006	Bridgewater/Emery Olinger, Hanssen, Haiar, Wollman	1:45.15
4 x 400 Meter Relay	2006	Colman-Egan Merges, Hauglid, Fritz, Nelson	4:02.99
4 x 800 Meter Relay	1980	Kadoka M. Parke, Porch, T. Parke, Herber	9:41.53
Sprint Medley Relay	1982	Armour (Prelims) Hornstra, Fink, Nielsen, Lau	4:18.7
Shot Put (4kg)	2003	Jocelyn Dockendorf, Corsica	43'03.75"
Discus	2005	Amber Broderson, Wolsey-Wessington	145'06.00"
High Jump	2002	Megan Smidt, Menno	5'06.00"
Long Jump	2003	Andrea Warnke, Bonesteel-Fairfax	18'04.25"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2006, 2007	Calley Worth, Gettysburg	9'06.00"
	2006	Ashley Dutton, Faith	9'06.00"
	2006	Dusti Varland, Faith	9'06.00"
	2006	Melissa Pelkofer, Lemmon	9'06.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.

Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "A" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1990	Althea Meeter, Cheyenne-Eagle Butte (Prelims)	12.25
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2006	Alicia Brown, Vermillion	56.69
800 Meter Run	1996	Meg Larson, Aberdeen Roncalli	2:16.79
1600 Meter Run	1991	Heidi Reed, Canton	5:03.16
3200 Meter Run	1991	Heidi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2005	Madison (Prelims) Postma, Hatting, Dailing, Postma	49.73
4 x 200 Meter Relay	2005	West Central White, Lange, Rosenbrook, Krell	1:44.41
4 x 400 Meter Relay	2003	Beresford Homandberg, Bak, Hyronimus, McGill	4:02.89
4 x 800 Meter Relay	1997	Aberdeen Roncalli J. Cameron, K. Cameron, Pierce, Larson	9:31.37
Medley Relay	1984	Custer (Prelims) Young, Uttecht, Treatheway, Darley	4:15.30
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	1990	Ericka Bakke, Salem	18'04.50"
Triple Jump	1992	Denise Kocer, Wagner	37'07.50"
Pole Vault	2003	Megan Marohl, Sisseton	11'00.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.  
Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.



## GIRLS' CLASS "AA" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	**24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1996	*Jill Theeler, Mitchell	55.49
800 Meter Run	2006	*Allison Eckert, Sioux Falls Roosevelt	2:11.24
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	*Allison Eckert, Sioux Falls Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	*Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	*RC Central (Prelims) Rhodes, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2006	*Watertown (Prelims) Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	*RC Stevens S. Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	*RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2005	*SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre	5'09.25"
Long Jump	2003	*Donesha Adams, SF Washington	18'10.25"
Triple Jump	1999	*Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2006	*Leslie Brost, Watertown	12'09.00"

\* Indicates State Record

\*\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.

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## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971	Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972	Redfield	Mission

### Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974	Wall	Springfield

### Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974	Sioux Falls Lincoln	Aberdeen Central

### Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Faith	Centerville	1992	Hoven	Hitchcock
1976	White River	Faith	1993	Doland/Conde	Hoven
1977	Dakota Christian	Pollock	1994	Hoven	Baltic
1978	Dakota Christian	White River	1995	Faulkton	Hoven
1979	Frederick	Dakota Christian	1996	Hoven	Faulkton
1980	Dakota Christian	Frederick	1997	Herreid	Hoven
1981	Armour	Dakota Christian	1998	Faulkton	Elkton
1982	Armour	Estelline	1999	Chester	Marion
1983	Armour	Eureka	2000	Chester	Marion
1984	Eureka	Sioux Falls Christian	2001	Chester	Colman-Egan
1985	Sioux Falls Christian	Eureka	2002	Colman Egan	Bonesteel-Fairfax
1986	Arlington	Eureka	2003	Bonesteel-Fairfax	Colman-Egan
1987	Arlington	Bridgewater	2004	Eureka	Colman-Egan
1988	Bridgewater	Lake Preston	2005	Bonesteel-Fairfax	Bridgewater/Emery
1989	Bridgewater	Lake Preston	2006	James Valley Christian	Colman-Egan
1990	Lake Preston	White Lake	2007	Faulkton	Colman-Egan
1991	Lake Preston	Hoven			

### Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Wall	Freeman	1992	Sioux Valley	Madison
1976	Flandreau Burke (tie)	Freeman	1993	Spearfish	Milbank
1977	Freeman	Kimball	1994	Milbank	Madison
1978	Burke	Kimball	1995	Milbank	Vermillion
1979	Kimball	Salem	1996	Hot Springs & Milbank	
1980	Salem	Freeman	1997	Hot Springs	Lennox
1981	Jefferson	Redfield	1998	Lennox	Garretson
1982	Jefferson	Salem	1999	Lennox	Hot Springs
1983	Jefferson	Custer	2000	Lennox	Miller
1984	Jefferson	Custer	2001	Redfield	Lennox
1985	Jefferson	Miller	2002	Winner	Beresford
1986	Bennett County	Miller	2003	Redfield	Beresford
1987	Spearfish	Bon Homme	2004	West Central	Parker
1988	Freeman	Milbank	2005	West Central	Aberdeen Roncalli
1989	Salem	Beresford	2006	St. Thomas More	Vermillion
1990	Hot Springs	Madison	2007	St. Thomas More	Vermillion
1991	McCook Central	Lennox			

**Girls' Class "AA" Track - Three Class System**

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Sioux Falls Lincoln	Rapid City Stevens	1992	Rapid City Central	Mitchell
1976	Sioux Falls Lincoln	Watertown	1993	Rapid City Central	Watertown
1977	Sioux Falls Washington	Watertown	1994	Rapid City Central	Spearfish
1978	Watertown	Brookings	1995	Yankton	Rapid City Stevens
1979	Brookings	Watertown	1996	Rapid City Stevens	Aberdeen Central
1980	Brookings	Watertown	1997	Rapid City Stevens	Spearfish
1981	Yankton	Watertown	1998	Rapid City Stevens	Huron
1982	Yankton	Watertown	1999	Rapid City Stevens	Huron
1983	Huron	Watertown	2000	Rapid City Stevens	Huron
1984	Yankton	Sioux Falls Washington	2001	Rapid City Stevens	Rapid City Central
1985	Rapid City Stevens	Sioux Falls Lincoln	2002	Rapid City Stevens	Rapid City Central
1986	Rapid City Stevens	Sioux Falls Lincoln	2003	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2004	Rapid City Stevens	Sioux Falls Roosevelt
1988	Rapid City Stevens	Brookings	2005	Rapid City Stevens	Sioux Falls Roosevelt
1989	Brookings	Rapid City Central	2006	Rapid City Stevens	Sioux Falls Roosevelt
1990	Sturgis	Rapid City Central & Pierre	2007	Rapid City Stevens	Rapid City Central
1991	Rapid City Central	Rapid City Stevens			