

# 37th ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Sioux Falls, May 27-28, 2005

Class "B"

(Total number of participants: 409)

## 100 Meter Dash

1. Heather Wollman-11	Bridgewater/Emery	12.51
2. Charlie Buhler-11	Mitchell Christian	12.60
3. Stephanie Kroontje-9	Campbell County	12.92
4. Cassandra Lunde-9	Summit	13.03
5. Laci Schurr-11	Edmunds Central	13.08
6. Kayla Vanden Hoek-12	Stickney	13.17
7. Rosalie Brueske-11	Woonsocket	13.17
8. Lindsey Thielen-8	Elkton	13.19

## 3,200 Meter Run

1. Valerie Warnke-12	Bonesteel-Fairfax	11:45.06
2. Nicole Rausch-9	Hoven	11:53.05
3. Alida Oegema-9	RC Christian	11:53.92
4. Cami Koehn-9	Colman-Egan	12:14.01
5. Josie Oakland-8	Langford	12:14.45
6. Danielle Zirbel-12	Summit	12:15.71
7. Samantha Hofer-7	Bridgewater/Emery	12:18.49
8. Hilary Krein-7	Eureka	12:24.59

## 200 Meter Dash

1. Heather Wollman-11	Bridgewater/Emery	25.83
2. Charlie Buhler-11	Mitchell Christian	26.01
3. Stephanie Kroontje-9	Campbell County	26.62
4. Rosalie Brueske-11	Woonsocket	26.96
5. Lindsey Thielen-8	Elkton	27.20
6. Jodi Williams-11	Philip	27.21
7. Laci Schurr-11	Edmunds Central	27.26
8. Samantha Honomichl-9	Tea Area	27.35

## 100 Meter Int Hurdles

1. Haley Juhnke-10	Lyman	15.35
2. Jacey Olsen-12	Canistota	16.16
3. Jessie Waltner-10	Freeman	16.29
4. Ashley Kemnitz-9	Lyman	16.39
5. Kim Streyle-11	Freeman	16.52
6. Grace Pedersen-10	Sunshine Bible	16.54
7. Vanessa Braun-12	Rosholt/Fair.ND	17.14
8. Andrea Wedel-1	James Valley Chr.	25.32

## 400 Meter Dash

1. Heather Wollman-11	Bridgewater/Emery	58.55
2. Charlie Buhler-11	Mitchell Chr.	1:00.22
3. Brittany Quaschnick-9	Campbell Co.	1:00.95
4. Valerie Warnke-12	Bonesteel-Fairfax	1:01.53
5. Katie Pociask-12	Hanson	1:02.27
6. Sierra Zomer-11	Geddes/Dak. Chr.	1:02.63
7. Brook Hemmer-10	Gayville-Volin	1:02.83
8. Kindal Konechne-11	Kimball	1:03.02

## 300 Meter Low Hurdles

1. Jacey Olsen-12	Canistota	47.53
2. Andrea Wedel-11	James Valley Chr.	47.66
3. Alexandra Hoffman-11	Eureka	48.23
4. Kim Streyle-11	Freeman	49.27
5. Jessie Waltner-10	Freeman	49.31
6. Kristen Kramlich-9	Eureka	49.32
7. Haley Juhnke-10	Lyman	49.34
8. Jessica DeLange-12	Geddes/Dak. Chr.	51.49

## 800 Meter Run

1. Valerie Warnke-12	Bonesteel-Fairfax	2:19.03
2. Katie Pociask-12	Hanson	2:23.47
3. Candy Hall-9	New Underwood	2:25.64
4. Shelby Williams-8	Avon	2:26.20
5. Mikayla Barondeau-9	Leola/Frederick	2:26.66
6. Maike Pfaff-12	Kimball	2:27.68
7. Michelle Peterson-12	James Valley Chr.	2:30.57
8. Melissa Kroupa-9	Kimball	2:31.50

## 4x100 Meter Relay

1. James Valley Christian	52.08
Kali Kleinsasser-10; Audrey Wipf-8 Kelly Schouten-10; Natalie Wipf-11	
2. Campbell County	52.14
3. Gayville-Volin	52.21
4. Stickney	52.61
5. Colman-Egan	53.23
6. Faulkton	53.42
7. Estelline	53.76
8. Leola/Frederick	54.31

## 1,600 Meter Run

1. Valerie Warnke-12	Bonesteel-Fairfax	5:19.27
2. Nicole Rausch-9	Hoven	5:29.26
3. Candy Hall-9	New Underwood	5:29.33
4. Alida Oegema-9	RC Christian	5:34.37
5. Bridget Heier-10	Edmunds Central	5:35.34
6. Alyssa Fischbach-10	Northwestern	5:38.27
7. Danielle Zirbel-12	Summit	5:38.40
8. Elaina Bruna-8	Estelline	5:38.76

**4x200 Meter Relay**

1. James Valley Christian	1:49.32
Kali Kleinsasser-10; Kelly Schouten-10 Andrea Wedel-11; Natalie Wipf-11	
2. Gayville-Volin	1:50.67
3. Avon	1:51.12
4. Estelline	1:51.33
5. Ipswich	1:51.92
6. Stickney	1:53.37
7. Faulkton	1:53.85
8. Colman-Egan	1:58.21

**4x400 Meter Relay**

1. Kimball	4:08.97
Kindal Konechne-11; Melissa Kroupa-9 Sam Konechne-10; Maike Pfaff-12	
2. Colman-Egan	4:10.33
3. Avon	4:13.74
4. Montrose	4:14.35
5. Elkton	4:16.41
6. James Valley Christian	4:18.63
7. Estelline	4:19.47
8. Freeman	4:25.66

**4x800 Meter Relay**

1. Kimball	9:55.33
Kindal Konechne-11; Melissa Kroupa-9 Sam Konechne-10; Maike Pfaff-12	
2. Hurley	10:05.58
3. Colman-Egan	10:13.51
4. Avon	10:15.21
5. Estelline	10:17.93
6. Eureka	10:18.64
7. Scotland	10:21.23
8. Bonesteel-Fairfax	10:22.04

**1,600 Meter Sprint Medley**

1. Kimball	4:23.82
Jada Blasius-8; Natalie Munger-7 Kindal Konechne-11; Sam Konechne-10	
2. James Valley Christian	4:26.15
3. Bonesteel-Fairfax	4:27.07
4. Gayville-Volin	4:29.10
5. Eureka	4:29.30
6. Freeman	4:31.84
7. Colman-Egan	4:32.90
8. Geddes/Dakota Christian	4:36.56

**Shot Put**

1. Brynn Coyle-12	Philip	39'09.50"
2. Amber Brodersen-12	Wolsey-Wess.	38'07.75"
3. Amanda Madden-11	Campbell Co.	38'06.00"
4. Jamie Brown-12	Kadoka	36'01.00"
5. Jaryn Casper-11	Lake Preston	35'11.75"
6. Melodi Boke-10	Faulkton	35'03.00"
7. Jackie Zemlicka-12	Waverly-SS	34'02.25"
8. Steph Kreutner-10	Grant-Deuel	32'08.00"

**Discus Throw**

1. Amber Brodersen-12	Wolsey-Wess.	145'06"
2. Amanda Madden-11	Campbell Co.	129'10"
3. Brynn Coyle-12	Philip	128'00"
4. Melissa Hendrickx-12	Estelline	115'11"
5. Jamie Brown-12	Kadoka	114'07"
6. Lacey Mayfield-10	Kadoka	114'03"
7. Christine Healy-11	Irene	114'02"
8. Jaryn Casper-11	Lake Preston	109'04"

**High Jump**

1. Jamie Gunderson-10	Bowdle	5'03"
2. Cassie Schoenfish-12	Menno	5'00"
3. Dana Riter-9	Waubay	J5'00"
4. Becky Moeller-12	Freeman	J5'00"
5. Katie Schuh-11	Great Plains Luth.	4'08"
5. Kelsey Vanden Hoek-10	Stickney	4'08"
5. Jennifer Warkenthien-12	Willow Lake	4'08"
5. Katie Sokolowski-9	Wakonda	4'08"
5. Jenna Hullinger-10	Jones County	4'08"
5. Megan Boomgarden-9	Hurley	4'08"
5. Ashley Stewart-12	Scotland	4'08"

**Long Jump**

1. Heather Wollman-11	Bridgewater/Emery	16'11.75"
2. Carly Benson-11	Hurley	16'05.00"
3. Dana Riter-9	Waubay	16'02.50"
4. Becky Rohdy-10	Deubrook	16'02.00"
5. Kayla Kalkman-12	Faulkton	16'00.50"
6. Cami Connell-11	Eureka	15'09.00"
7. Elizabeth Drown-10	Bison	15'08.00"
8. Martha Koenig-12	Bonesteel-Fairfax	15'03.50"

**Triple Jump**

1. Cami Connell-11	Eureka	35'01.00"
2. Tia Haines-11	White Lake	34'11.50"
3. Dana Riter-9	Waubay	24'05.25"
4. Kristina Aesoph-9	Faulkton	33'07.00"
5. Charlie Buhler-11	Mitchell Chr.	33'05.00"
6. Becky Rhody-10	Deubrook	33'03.00"
7. Carly Benson-11	Hurley	33'02.50"
8. Laura Anderson-11	Hitchcock-Tulare	33'00.00"

**Pole Vault**

1. Dusti Varland-10	Faith	9'05"
2. Tera Dubs-10	Menno	9'00"
3. Lisa Koch-10	Elkton	8'06"
4. Kim Streyle-11	Freeman	8'00"
5. Tracy Elsen-11	Leola/Frederick	J8'00"
6. Calley Worth-8	Gettysburg	J8'00"
6. Megan Petersen-10	Ipswich	J8'00"
8. Ashley Dutton-10	Faith	J8'00"

J – denotes Judge's Decision

Track events listed in meters. Field events listed in feet and inches.

# 36th ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Madison, Sioux Falls, May 27-28, 2005

Class "A"

(Total number of participants: 452)

## 100 Meter Dash

1. Jenessa Filler-12	Tri-Valley	12.40
2. Lauren Krell-12	West Central	12.47
3. Alexa Duling-9	Gregory	12.76
4. Leah Fehr-12	Dakota Valley	12.84
5. Brandi Levtzow-12	Redfield	12.90
6. Katie Dailing-10	Madison	12.94
7. Anna McRae-8	Redfield	12.99
8. Annie Bloom-9	St. Thomas More	13.14

## 3,200 Meter Run

1. Sarah Hanson-12	Garretson	11:44.56
2. Clarice Bauer-11	Madison	11:47.74
3. Caitlan Freisz-9	Mobridge	12:00.62
4. Joni Strom-11	Beresford	12:10.12
5. Robin Webber-10	Pine Ridge	12:14.42
6. Jordan Wohlleber-7	Cheyenne-EB	12:15.48
7. Annie Staum-9	Elk Point-Jeff.	12:17.23
8. Brittani Harris-8	Chamberlain	12:22.98

## 200 Meter Dash

1. Alicia Brown-9	Vermillion	25.25
2. Jenessa Filler-12	Tri-Valley	25.47
3. Lauren Krell-12	West Central	25.83
4. Alexa Duling-9	Gregory	25.98
5. Christi Rosenbrook-11	West Central	26.04
6. Brooke Postma-12	Madison	26.11
7. Paige Paulson-11	Clark	26.36
8. Leah Fehr-12	Dakota Valley	26.69

## 100 Meter Int Hurdles

1. Whitney Myrick-12	Winner	15.26
2. Paige Pollard-10	Elk Point-Jefferson	15.65
3. Amanda Olson-10	Lead-Deadwood	15.75
4. Becky Gomer-11	Milbank	15.80
5. Kate Carda-11	Lennox	15.91
6. Marisa Aldinger-11	Aberdeen Roncalli	16.00
7. Krystin Novotny-12	Winner	16.11
8. Nicole Orr-11	Vermillion	16.49

## 400 Meter Dash

1. Alicia Brown-9	Vermillion	57.97
2. Jenessa Filler-12	Tri-Valley	59.54
3. Breynn Feterl-11	Lead-Deadwood	1:00.03
4. Christi Rosenbrook-11	West Central	1:00.25
5. Robyn Christenson-12	Britton-Hecla	1:00.27
6. Jacquelyn Rabenberg-11	Britton-Hecla	1:00.46
7. Annie Bloom-9	St. Thomas More	1:00.48
8. Brandi Levtzow-12	Redfield	1:02.78

## 300 Meter Low Hurdles

1. Paige Pollard-10	Elk Point-Jefferson	46.48
2. Stacy Huss-12	Stanley County	46.92
3. Becky Gomer-11	Milbank	47.75
4. Jennifer Pochop-12	Gregory	48.08
5. Traci Stone-12	Aberdeen Roncalli	48.42
6. Whitney Myrick-12	Winner	48.62
7. Kelsey Martin-11	Lead-Deadwood	48.82
8. Gail McIntyre-10	St. Thomas More	51.35

## 800 Meter Run

1. Stacy Huss-12	Stanley County	2:22.42
2. Breynn Feterl-11	Lead-Deadwood	2:22.82
3. Margie Anthony-10	Dakota Valley	2:23.53
4. Paige Pollard-10	Elk Point-Jeff.	2:23.84
5. Hattie Ellsworth-12	Chamberlain	2:25.55
6. Julia Meindl-12	Mobridge	2:25.83
7. Heidi Quail-11	Sioux Valley	2:26.57
8. Molly Kopfmann-9	Wessington Spr.	2:28.52

## 4x100 Meter Relay

1. Madison	49.86
Brittany Postma-12; Grace Hatting-11 Katie Dailing-10; Brooke Postma-12	
2. West Central	50.37
3. Canton	51.73
4. Groton Area	51.75
5. Winner	52.05
6. St. Thomas More	52.55
7. Belle Fourche	52.65
8. Bon Homme	52.66

## 1,600 Meter Run

1. Danielle Nickolas-12	Aberdeen Roncalli	5:23.50
2. Hattie Ellsworth-12	Chamberlain	5:24.61
3. Molly Kopfmann-9	Wessington Spr.	5:25.02
4. Heidi Quail-11	Sioux Valley	5:25.43
5. Gail McIntyre-10	St Thomas More	5:29.08
6. Joni Strom-11	Beresford	5:32.01
7. Sarah Hanson-12	Garretson	5:33.25
8. Clarice Bauer-11	Madison	5:34.13

**4x200 Meter Relay**

1. West Central	1:44.41
Kayla White-12; Ashley Lange-11	
Christi Rosenbrook-11; Lauren Krell-12	
2. Madison	1:44.71
3. Vermillion	1:47.81
4. Gregory	1:49.27
5. Canton	1:49.65
6. Belle Fourche	1:51.18
7. Elk Point-Jefferson	1:51.65
-- Winner	DQ

**4x400 Meter Relay**

1. Vermillion	4:07.85
Nicole Orr-11; Brittney Babb-11	
Annie Roche-10; Alicia Brown-9	
2. St. Thomas More	4:08.83
3. Elk Point-Jefferson	4:08.83
4. Britton-Hecla	4:09.61
5. Clark	4:13.61
6. Gregory	4:13.81
7. Aberdeen Roncalli	4:14.55
8. Winner	4:15.87

**4x800 Meter Relay**

1. Miller Area	9:58.12
Kailah Anglin-11; Hailey Chipman-9	
Amanda Mentzer-9; Hillary Greenough-11	
2. Aberdeen Roncalli	10:05.24
3. Parker	10:06.49
4. Sioux Valley	10:06.96
5. Clark	10:11.83
6. Dakota Valley	10:14.69
7. Garretson	10:18.14
8. Parkston	10:18.65

**1,600 Meter Sprint Medley**

1. Clark	4:24.88
Adrienne Branan-11; Paige Paulson-11	
Heather Borns-9; Malissa Gruenwald-11	
2. Beresford	4:27.31
3. Britton-Hecla	4:27.80
4. Sioux Valley	4:31.63
5. Bon Homme	4:32.09
6. Elk Point-Jefferson	4:35.58
7. Aberdeen Roncalli	4:39.82
8. Vermillion	4:43.70

**Shot Put**

1. Lynnae Fox-12	Newell	46'03.50"
2. Natasha Gardner-11	Canton	40'04.75"
3. Natalie Carda-12	Beresford	38'08.75"
4. Abby Kratovil-11	Bennett Co.	38'02.75"
5. Amber Schmidt-12	West Central	38'00.25"
6. Michelle Schuch-11	Bon Homme	36'10.00"
7. Ashley Larson-11	Flandreau	36'01.75"
8. Katrina Donovan-11	Bennett Co.	34'11.75"

**Discus Throw**

1. Lynnae Fox-12	Newell	149'07"
2. Michelle Schuch-11	Bon Homme	138'09"
3. Abby Kratovil-11	Bennett County	129'00"
4. Natalie Carda-12	Beresford	126'09"
5. Natasha Gardner-11	Canton	125'08"
6. Holly Westley-10	Tri-Valley	124'03"
7. Samantha White-12	Chester	121'11"
8. Ashley Chipman-11	Miller Area	119'08"

**High Jump**

1. Hannah Wilkinson-9	Elk Point-Jefferson	5'04"
2. Lora Shearer-10	McCook Central	J5'04"
3. Laura Smith-12	Hamlin	5'02"
4. Katie Ginsbach-10	Hill City	J5'02"
5. Amber Schmidt-12	West Central	J5'02"
6. Sarah Uhrich-11	Custer	5'00"
6. Jami Swendon-11	Chamberlain	5'00"
8. Jerika Ihnen-10	Lennox	J5'00"

**Long Jump**

1. Marissa Aldinger-11	Abd. Roncalli	17'03.25"
2. Ashley Lange-11	West Central	17'01.50"
3. Jenny Pochop-12	Gregory	16'11.50"
4. Maggie Malloy-9	Parkston	16'09.50"
5. Kristi Donelan-12	Wagner	16'06.75"
6. Brooke Postma-12	Madison	J16'06.75"
7. Grace Hatting-11	Madison	16'05.75"
8. Kayla Schuring-11	Groton Area	16'04.50"

**Triple Jump**

1. Ashley Lange-11	West Central	35'10.25"
2. Marisa Aldinger-11	Abd. Roncalli	35'09.75"
3. Jennifer Pochop-12	Gregory	35'03.75"
4. Grace Hatting-11	Madison	34'08.75"
5. Lora Shearer-10	McCook Central	34'07.25"
6. Stacy VanEkeren-11	Harrisburg	34'02.00"
7. Maggie Malloy-9	Parkston	J34'02.00"
8. Maggie O'Neill-10	Bennett Co.	33'11.25"

**Pole Vault**

1. Megan Kahler-11	Dakota Valley	9'09"
2. Tricia Boldt-12	Arlington	9'06"
3. Brenna Oey-12	Sisseton	9'00"
4. Lindsey Bardwell-10	Bon Homme	J9'00"
5. Kristin Nielson-8	Bon Homme	J9'00"
6. Jill Jorgenson-12	Hamlin	8'06"
7. Kristen Goeringer-9	Belle Fourche	8'00"
7. Katie Breuer-9	Madison	8'00"

J – denotes Judge's Decision  
Track events listed in meters. Field events listed in feet and inches.

# 35<sup>th</sup> ANNUAL SOUTH DAKOTA STATE GIRLS' TRACK & FIELD CHAMPIONSHIPS

Brandon, Sioux Falls, May 27-28, 2005

Class "AA"

(Total number of participants: 341)

## 100 Meter Dash

1. Brittany Page-9	Watertown	12.12
2. Brittany Garner-11	RC Stevens	12.28
3. Leia Jackson-12	RC Central	12.37
4. Ashlea Johnson-9	Yankton	12.43
5. Haylee Weisgram-8	RC Stevens	12.67
6. Kara Davidson-12	SF Roosevelt	12.77
7. Victoria Johnson-11	SF Roosevelt	12.94
8. Becca Bedard-9	RC Stevens	12.99

## 3,200 Meter Run

1. Allison Eckert-10	SF Roosevelt	10:38.66
2. Betsy Bies-10	Yankton	10:45.59
3. Ramsey Kavan-12	Yankton	10:47.34
4. Paige Orcutt-9	SF O'Gorman	11:09.79
5. Kelsey Maloney-12	SF Washington	11:11.12
6. Jessica Engel-10	Sturgis	11:13.97
7. Brittany Thune-11	SF Roosevelt	11:23.12
8. Jennifer Richards-8	RC Central	11:30.31

## 200 Meter Dash

1. Brittany Page-9	Watertown	24.72
2. Brittany Garner-11	RC Stevens	25.12
3. Leia Jackson-12	RC Central	25.28
4. Ashlea Johnson-9	Yankton	25.61
5. Haylee Weisgram-8	RC Stevens	25.96
6. Kara Davidson-12	SF Roosevelt	26.03
7. Victoria Johnson-11	SF Roosevelt	26.22
8. Kristina Timmer-11	SF Lincoln	26.84

## 100 Meter Int Hurdles

1. Shannon Hellman-12	Douglas	14.66
2. Kayla Wolff-11	RC Stevens	15.18
3. Haylee Weisgram-8	RC Stevens	15.42
4. Andrea Sjomeling-11	Abd Central/SDBVI	15.77
5. Claire Severson-11	Brandon Valley	15.90
6. Kayla Haines-11	Mitchell	16.07
7. Kalie Cox-9	Watertown	16.48
8. Audrey Kruse-11	SF Lincoln	16.94

## 400 Meter Dash

1. Brittany Page-9	Watertown	56.92
2. Ashley Storm-11	Yankton	59.24
3. Samee Pagel-10	RC Stevens	59.55
4. Kara Davidson-12	SF Roosevelt	1:00.02
5. Carissa Hauck-10	Watertown	1:00.25
6. Megan Lauseng-11	Watertown	1:00.41
7. Ramsey Kavan-12	Yankton	1:01.19
8. Kelsey Weisgram-11	RC Stevens	1:02.50

## 300 Meter Low Hurdles

1. Shannon Hellman-12	Douglas	44.30
2. Anne Doshier-12	RC Stevens	45.97
3. Kayla Wolff-11	RC Stevens	46.27
4. Katie Hogan-11	RC Stevens	46.63
5. Amanda Davis-12	Sturgis	47.49
6. Kalie Cox-9	Watertown	47.81
7. Andrea Sjomeling-11	Abd Central/SDBVI	47.96
8. Jena Mueller-9	Yankton	48.30

## 800 Meter Run

1. Krista Eckert-10	SF Roosevelt	2:12.54
2. Ramsey Kavan-12	Yankton	2:14.61
3. Lindsey Waggoner-11	Brandon Valley	2:19.49
4. Brittany Thune-11	SF Roosevelt	2:19.51
5. Mary Nelson-11	SF O'Gorman	2:19.81
6. Kayla Jelen-10	SF Lincoln	2:21.27
7. Ashley Storm-11	Yankton	2:21.46
8. Samee Pagel-10	RC Stevens	2:22.11

## 4x100 Meter Relay

1. Rapid City Central		50.11
	Courtney Ollerich-11; Kayla Pahl-9 Madison Whitley-8; Leia Jackson-12	
2. Watertown		50.78
3. Sioux Falls Roosevelt		51.46
4. Sioux Falls Lincoln		51.68
5. Brookings		51.75
6. Aberdeen Central/SDBVI		51.95
7. Rapid City Stevens		55.10
-- Brandon Valley		DQ

## 1,600 Meter Run

1. Ramsey Kavan-12	Yankton	4:46.84
2. Krista Eckert-10	SF Roosevelt	4:53.44
3. Allison Eckert-10	SF Roosevelt	4:53.81
4. Betsy Bies-10	Yankton	4:59.25
5. Brittany Thune-11	SF Roosevelt	5:06.91
6. Jessica Engel-10	Sturgis	4:08.82
7. Kelsey Maloney-12	SF Washington	5:09.71
8. Paige Orcutt-9	SF O'Gorman	5:14.39

### 4x200 Meter Relay

1. Rapid City Stevens	1:44.37
Anne Doshier-12; Becca Bedard-9 Kelsey Weisgram-11; Brittany Garner-11	
2. Rapid City Central	1:45.62
3. Watertown	1:45.88
4. Douglas	1:46.61
5. Sioux Falls Roosevelt	1:47.43
6. Aberdeen Central/SDBVI	1:47.58
7. Sioux Falls Lincoln	1:48.62
8. Yankton	1:48.80

### 4x400 Meter Relay

1. Watertown	4:00.19
Megan Lauseng-11; Brittany Page-9 Kalie Cox-9; Carissa Hauck-10	
2. Sioux Falls Roosevelt	4:05.11
3. Rapid City Stevens	4:05.93
4. Douglas	4:06.09
5. Huron	4:06.20
6. Sioux Falls O’Gorman	4:06.90
7. Brookings	4:09.74
8. Rapid City Central	4:14.45

### 4x800 Meter Relay

1. Yankton	9:22.69
Ramsey Kavan-12; Amanda Kuchta-11 Ashley Storm-11; Betsy Bies-10	
2. Sioux Falls Roosevelt	9:27.07
3. Rapid City Stevens	9:34.99
4. Sioux Falls O’Gorman	9:38.38
5. Sioux Falls Washington	9:46.68
6. Sturgis	10:04.46
7. Brookings	10:06.56
8. Pierre	10:14.09

### 1,600 Meter Sprint Medley

1. Sioux Falls Roosevelt	4:11.19
Larissa Thune-9; Meghan Nelson-10 Katie Bowman-10; Maggie Atkins-11	
2. Huron	4:12.16
3. Sioux Falls O’Gorman	4:17.25
4. Yankton	4:18.47
5. Brandon Valley	4:23.31
6. Sioux Falls Lincoln	4:23.40
7. Douglas	4:26.27
8. Rapid City Stevens	4:31.88

### Shot Put

1. Kris Schaffer-11	Pierre	42’01.50”
2. Jane Swenson-9	SF O’Gorman	38’08.00”
3. Noel Bentele-10	Brandon Valley	38’05.50”
4. Shantella Oestreich-12	Watertown	37’05.75”
5. Ashley Crowley-12	SF Roosevelt	36’07.50”
6. Amber DeBoer-12	Huron	36’02.00”
7. Ketty Cornemann-11	Yankton	35’08.50”
8. Brooke Garner-9	RC Stevens	35’06.75”

### Discus Throw

1. Ketty Cornemann-11	Yankton	134’11”
2. Megan Jung-10	RC Stevens	129’04”
3. Jenni Mack-11	Watertown	128’10”
4. Shara Thompson-10	Brookings	123’02”
5. Kaydee Grayson-11	Huron	122’03”
6. Chelsea Kinyon-12	SF Washington	122’00”
7. Sadie Provecek-11	Spearfish	119’06”
8. Noel Bentele-10	Brandon Valley	116’08”

### High Jump

1. Jenna Schmidt-10	SF Washington	5’03”
2. Amy Seyer-12	Abd. Central/SDBVI	5’02”
3. Torri Ice-11	Pierre	5’00”
3. Mallowy Peck-12	SF O’Gorman	5’00”
3. Lexi Jares-9	Abd. Central/SDBVI	5’00”
6. Kelsey Moen-11	RC Stevens	J5’00”
6. Kelli Fargen-11	Brookings	J5’00”
8. Caitlin Templeton-8	RC Central	J5’00”

### Long Jump

1. Tamiko Kopfmann-11	Huron	17’10.50”
2. Christina Kusler-10	Abd. Cent/SDBVI	17’10.25”
3. Courtney Ollereich-11	RC Central	17’07.25”
4. Mallory Peck-12	SF O’Gorman	17’06.50”
5. Mikayla Anderson-9	RC Stevens	16’09.25”
6. Maggie Atkins-11	SF Roosevelt	16’06.00”
7. Lindsay Cameron-11	Yankton	16’04.50”
8. Andrea Cota-10	SF O’Gorman	16’02.75”

### Triple Jump

1. Mallory Peck-12	SF O’Gorman	37’02.00”
2. Jenna Schmidt-10	SF Washington	36’07.50”
3. Kelly Jones-11	Brookings	36’07.25”
4. Erin Beisner-11	RC Stevens	36’01.00”
5. Heather Bonn-12	Abd. Cent/SDBVI	35’06.50”
6. Tamiko Kopfmann-11	Huron	35’01.75”
7. Brittney Carlson-11	Brookings	35’01.00”
8. Lindsay Cameron-11	Yankton	34’11.00”

### Pole Vault

1. Mallory Peck-12	SF O’Gorman	12’07”
2. Leslie Brost-9	Watertown	11’06”
3. Janelle Stickler-11	Huron	11’00”
4. Kassie McKie-10	RC Stevens	J11’00”
5. Kaylyn Ronke-10	Watertown	10’06”
6. Sarah Skinner-11	Sturgis	10’00”
7. Brigitte Gross-8	Huron	J10’00”
8. Laura Hilton-10	Sturgis	J10’00”
8. Kristi Mortenson-11	Sturgis	J10’00”

J – denotes Judge’s Decision

Track events listed in meters. Field events listed in feet and inches.

## TEAM POINTS



**State Class "B" Track and Field Champions: Bonesteel-Fairfax Lady Tigers**

### CLASS "B" TEAM POINTS

1. Bonesteel-Fairfax .....	43	29. Bowdle .....	10
2. Bridgewater/Emery .....	42	29. Summit .....	10
3. James Valley Christian .....	41	29. Edmunds Central .....	10
4. Campbell County .....	40	32. Leola/Frederick .....	9
5. Kimball .....	35	33. Deubrook .....	8
6. Freeman .....	33	33. White Lake .....	8
7. Eureka .....	30	35. Woonsocket .....	7
8. Mitchell Christian .....	28	36. Ipswich .....	6.5
9. Colman-Egan .....	26	37. Geddes/Dakota Christian .....	5
10. Avon .....	22	37. Lake Preston .....	5
11. Gayville-Volin .....	21	37. Montrose .....	5
12. Hurley .....	19.43	40. Langford .....	4
13. Estelline .....	19	41. Scotland .....	3.43
13. Philip .....	19	42. Northwestern .....	3
15. Wolsey-Wessington .....	18	42. Sunshine Bible Academy .....	3
15. Waubay .....	18	44. Gettysburg .....	2.5
15. Canistota .....	18	45. Waverly/South Shore .....	2
18. Lyman .....	17	45. Bison .....	2
18. Faulkton .....	17	45. Irene .....	2
20. Menno .....	16	45. Rosholt/Fairmont, ND .....	2
20. Hoven .....	16	49. Willow Lake .....	1.43
22. Elkton .....	15	49. Great Plains Lutheran .....	1.43
23. Stickney .....	12.43	49. Jones County .....	1.43
24. Hanson .....	12	49. Wakonda .....	1.43
24. New Underwood .....	12	53. Grant-Deuel .....	1
24. Kadoka .....	12	53. Hitchcock-Tulare .....	1
27. Faith .....	11	53. Tea Area .....	1
27. Rapid City Christian .....	11		

## TEAM POINTS



## CLASS "A" TEAM POINTS

1. West Central .....	67	23. McCook Central .....	12
2. Aberdeen Roncalli .....	47	24. Milbank.....	11
3. Elk Point-Jefferson .....	46	24. Miller Area .....	11
4. Madison .....	44.5	26. Mobridge .....	9
5. Vermillion.....	38	26. Hamlin .....	9
6. Gregory.....	36	28. Arlington.....	8
7. Tri-Valley .....	29	28. Parkston .....	8
8. Beresford .....	27	30. Redfield .....	7
8. Dakota Valley .....	25	30. Wessington Springs .....	7
9. Bon Homme.....	25	32. Belle Fourche.....	6.5
11. Canton .....	22	33. Sisseton.....	6
11. Lead-Deadwood.....	22	33. Parker.....	6
13. Clark .....	20	33. Groton Area .....	6
13. Winner .....	20	36. Lennox .....	5
13. Newell .....	20	36. Hill City .....	5
16. St. Thomas More .....	19	38. Pine Ridge .....	4
17. Britton-Hecla .....	18	38. Wagner .....	4
17. Stanley County .....	18	40. Cheyenne-Eagle Butte .....	3
19. Sioux Valley .....	17	40. Harrisburg.....	3
20. Chamberlain .....	15.5	42. Custer.....	2.5
21. Garretson .....	14	43. Chester .....	2
22. Bennett County.....	13	43. Flandreau .....	2



## TEAM POINTS



**State Class "AA" Track and Field Champions: Rapid City Stevens Raiders**

### CLASS "AA" TEAM POINTS

1. Rapid City Stevens..... 116.50	10. Sioux Falls Washington..... 31
2. Sioux Falls Roosevelt..... 103	11. Brookings ..... 23.5
3. Yankton ..... 91	12. Brandon Valley ..... 21
4. Watertown ..... 89	13. Sturgis ..... 17
5. Sioux Falls O’Gorman..... 63	14. Pierre ..... 16
6. Huron..... 40	15. Sioux Falls Lincoln ..... 15
7. Rapid City Central..... 39	16. Mitchell ..... 3
8. Aberdeen Central/SDBVI..... 38	17. Spearfish..... 2
9. Douglas ..... 32	

## “GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is :12.71, the Class “A” winner’s time is :13.30 and the Class “B” winner’s time is “13.07, the ”Gold Medal" would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given to all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

### 2005 GIRLS’ STATE RECIPIENTS

100 Meter Dash	Brittany Page-9	Watertown	12.12
200 Meter Dash	Brittany Page-9	Watertown	24.72
400 Meter Dash	Brittany Page-9	Watertown	56.92
800 Meter Run	Krista Eckert-10	Sioux Falls Roosevelt	2:12.54
1,600 Meter Run	Ramsey Kavan-12	Yankton	4:46.84
3,200 Meter Run	Allison Eckert-10	Sioux Falls Roosevelt	10:38.66
100 Meter Int Hurdles	Shannon Hellman-12	Douglas	14.66
300 Meter Low Hurdles	Shannon Hellman-12	Douglas	44.33
4x100 Meter Relay	Madison Brittany Postma-12; Grace Hatting-11; Katie Dailing-10; Brooke Postma-12		49.86
4x200 Meter Relay	Rapid City Stevens Anne Doshier-12; Becca Bedard-9; Kelsey Weisgram-11; Brittany Garner-11		1:44.37
4x400 Meter Relay	Watertown Megan Lauseng-11; Brittany Page-9; Kalie Cox-9; Carissa Hauck-10		4:00.19
4x800 Meter Relay	Yankton Ramsey Kavan-12; Amanda Kuchta-11; Ashley Storm-11; Betsy Bies-10		9:22.69
Sprint Medley Relay	Sioux Falls Roosevelt Larissa Thune-9; Meghan Nelson-10; Katie Bowman-10; Maggie Atkins-11		4:11.19
Shot Put	Lynnae Fox-12	Newell	46’03.50”
Discus Throw	Lynnae Fox-12	Newell	149’07”
High Jump	Hannah Wilkinson-9	Elk Point Jefferson	5’04”
Long Jump	Tamiko Kopfmann-11	Huron	17’10.50”
Triple Jump	Mallory Peck-12	Sioux Falls O’Gorman	37’02.00”
Pole Vault	Mallory Peck-12	Sioux Falls O’Gorman	12’07”

## **GIRLS' "GOLD MEDAL" HONOR ROLL**

### **Most Individual Medals - One Year**

#### **Four Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)  
Brittany Page, Watertown - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 2005)  
Julie Schwengler, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2004)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)  
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)  
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)  
Megan Trotter, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)  
Megan Trotter, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2003)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)  
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

#### **Three Awards**

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)  
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)  
Brittany Garner, RC Stevens - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 2004)  
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)  
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)  
Ramsey Kavan, Yankton - Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)  
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)  
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)  
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)  
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)  
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)  
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)  
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)  
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)  
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash - 1986, 1987)  
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)  
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)  
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)  
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)  
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

### **Relay "Gold Medal Awards" - All-Time**

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Sprint Medley - 2000  
Aberdeen Roncalli - 4 x 800m Relay - 1998  
Bon Homme - 4 x 800m Relay - 1986;  
Brandon Valley - 4 x 100m Relay - 1995, 1996;  
Brookings - 4 x 800m Relay - 1989; Medley Relay - 1988;  
Canton - Medley Relay - 1992;  
Chamberlain - Medley Relay - 2001  
De Smet - Medley Relay - 1989  
Herried - 4 x 400m Relay - 1994;  
Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991  
Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay - 1998  
Madison - 4 x 100m Relay - 2005  
Miller - 4 x 200m Relay - 1986;  
Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996  
Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;  
Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990;  
RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;  
RC Stevens - 4 x 100m Relay - 1987, 1988, 2004; 4 x 200m Relay - 1987, 1988, 2005; 4 x 400m Relay - 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004;  
SF Lincoln - 4 x 400m Relay - 1986, 1987; Medley Relay - 2003;  
SF O'Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;  
SF Roosevelt - 4 x 200m Relay - 2001; Medley Relay - 2004, 2005;  
SF Washington - Medley Relay - 1986, 1987;

Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994;  
Sturgis - 4 x 100m Relay - 1990;  
West Central - 4 x 200m Relay - 2004;  
Watertown - 4 x 200m Relay - 1989; 4 x 400 m Relay - 2005; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999;  
Yankton - Medley Relay - 1995, 2002; 4 x 800m Relay - 2003, 2005;

## **Most Individual “Gold Medal Awards” – Career**

### **Eleven Awards**

**Megan Trotter, RC Central** - Class "AA" (100m Dash - 2002, 2003; 200m Dash - 2002, 2003; 4 x 100m Relay - 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

### **Ten Awards**

**Cherise Thompson, RC Stevens** - Class "AA" (400m Dash - 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay - 2000, 2001; 4 x 800m Relay - 1998, 2000, 2001)

### **Nine Awards**

**Jaime Pauli, Milbank** - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

**Jill Theeler, Mitchell** - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

**Anne Vollmer, RC Central** - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

### **Eight Awards**

**Amber Abrams, RC Central** - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

### **Seven Awards**

**Shannon Hattervig, RC Stevens** - (4 x 400m Relay - 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay - 2002, 2004)

**Ramsey Kavan, Yankton** - Class “AA” (1600m Run - 2002, 2004, 2005; 3200m Run - 2002; Medley Relay - 2002; 4 x 800m Relay - 2003, 2005)

**Julie Schwengler, RC Stevens** - Class “AA” (400m Dash - 2004; 800m Run - 2004; 4 x 400m Relay - 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

**Heather Sieler, Huron** - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

**Ann Westby, Brookings** - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

### **Six Awards**

**Jamie Krautschun, Spearfish** - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

**Heidi Reed, Canton** - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

**Barb Riemenschneider, RC Stevens** - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

**Steph Schueler, SF Lincoln** - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

**Cori Vining, Huron** - Class "AA" (4 x 400m Relay, 1998, 1999; 100m Hurdles - 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

### **Five Awards**

**Amy Jensen, Brandon Valley** - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

**Julie Knight, RC Central** - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

**Sara Miller, RC Central** - Class “AA” (4 x 100m Relay - 2001, 2002, 2003; 4 x 200m Relay - 2002, 2003)

**Kelly Rhodes, SF Lincoln** - Class "AA" (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

**Meg Larson, AberdeenRocalli** - Class "A" (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

#### **Four Awards**

**Taylor Baker, RC Stevens** – Class "AA" (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

**Aubrey Baxter, Redfield** – Class "A" (Shot Put – 2003, 2004; Discus – 2003, 2004)

**Darcy Biers, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

**Jodi Bowne, Elkton** - Class "B" (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

**Brittany Garner, RC Stevens** – Class "AA" (100m Dash – 2004; 200m Dash – 2004; 4 x 100m Relay – 2004; 4 x 200m Relay - 2005)

**Shannon Hellman, Douglas** – Class "AA" (100m Int Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)

**Sarah Hoffman, Mitchell** - Class "AA" (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)

**Leia Jackson, RC Central** – Class "AA" (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)

**Althea Meeter, Cheyenne-Eagle Butte** - Class "A" (100m Dash, 200m Dash - 1990, 91)

**Michelle Mellegaard, Bridgewater** - Class "B" (Long Jump - 1993, 95; Triple Jump - 1994, 95;)

**Courtney Murray, RC Central** – Class "AA" (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)

**Brittany Page, Watertown** – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)

**Stephanie Peterson, RC Stevens** - Class "AA" (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

**Rhonda Sheffield, Highmore** - Class "B" (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)

#### **Three Awards**

**Alayna Aker, RC Central** - Class "AA"(Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)

**Ericka Bakke, Salem** - Class "A" (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)

**Anne Doshier, RC Stevens** – Class "AA" (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)

**Jessica Fox, Watertown** - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)

**Sara Gill, RC Central** - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)

**Jeana Hoffman, Mitchell** – Class "AA" (300m Hurdles – 2001, 2002, 2003)

**Dawn Koehn, Watertown** - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)

**Beth Mueller, RC Stevens** – Class "AA" (4 x 400m Relay – 2002, 2003, 2004)

**Lindsey Keck, RC Stevens** – Class "AA" (4 x 800m Relay – 1999, 2000, 2001)

**Ramsee Pagel, RC Stevens** – Class "AA" (4 x 400m Relay – 2000, 2001, 2002)

**Mallory Peck, SF O’Gorman** – Class "AA" (Pole Vault – 2004, 2005; Triple Jump – 2005)

**Janie Sershen, Chester** – Class "A" (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)

**Beth Wahl, Pierre** - Class "AA" (4 x 400m Relay - 1991; High Jump - 1992, 93)

**GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS**  
**(Made under the auspices of the**  
**South Dakota High School Activities Association at its Annual Track and Field Meet)**

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	Jill Theeler, Mitchell (Prelims)	*24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1997	Jill Theeler, Mitchell	55.49
800 Meter Run	2005	Krista Eckert, SF Roosevelt	2:12.54
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	RC Central (Prelims) Rhoades, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2002	RC Central Jackson Miller, Murray, Trotter	1:43.07
4 x 400 Meter Relay	2001	RC Stevens R. Pagel, Hattervig, Schwengler, Thompson	3:58.77
4 x 800 Meter Relay	2004	RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2005	SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre	5'09.25"
Long Jump	2003	Donesha Adams, SF Washington	18'10.25"
Triple Jump	1999	Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2005	Mallory Peck, SF O'Gorman	12'07.00"

\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.  
 Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "B" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	2003	Steph Gebhart, Elkton (Semis)	11.99
200 Meter Dash	2001	Steph Gebhart, Elkton (Prelims)	25.12
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2003	Andrea Warnke, Bonesteel-Fairfax	2:15.24
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	1996	Rhonda Sheffield, Highmore	14.80
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2002	Colman-Egan (Prelims) Bunkers, J. Nelson, S. Nelson, Pfeiffer	50.88
4 x 200 Meter Relay	2000	Marion (Prelims) M. Hoogshagen, L. Dykstra, B.J. Dykstra, A. Dykstra	1:46.05
4 x 400 Meter Relay	1989	Hoven VonWald, Simon, Minnerath, Baus	4:04.79
4 x 800 Meter Relay	1980	Kadoka M. Parke, Porch, T. Parke, Herber	9:41.53
Sprint Medley Relay	1982	Armour (Prelims) Hornstra, Fink, Nielsen, Lau	4:18.7
Shot Put (4kg)	2003	Jocely Dockendorf, Corsica	42'03.75"
Discus	2005	Amber Broderson, Wolsey-Wessington	145'06.00"
High Jump	2002	Megan Smidt, Menno	5'06.00"
Long Jump	2003	Andrea Warnke, Bonesteel-Fairfax	18'04.25"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2005	Dusti Varland, Faith	9'05.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.

Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' CLASS "A" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1990	Althea Meeter, Cheyenne-Eagle Butte (Prelims)	12.25
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2001	Heidi Muellenberg, Redfield	57.11
800 Meter Run	1996	Meg Larson, Aberdeen Roncalli	2:16.79
1600 Meter Run	1991	Heidi Reed, Canton	5:03.16
3200 Meter Run	1991	Heidi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2005	Madison Postma, Hatting, Dailing, Postma	49.86
4 x 200 Meter Relay	2005	West Central White, Lange, Rosenbrook, Krell	1:44.41
4 x 400 Meter Relay	2003	Beresford Homandberg, Bak, Hyronimus, McGill	4:02.89
4 x 800 Meter Relay	1997	Aberdeen Roncalli J. Cameron, K. Cameron, Pierce, Larson	9:31.37
Medley Relay	1984	Custer (Prelims) Young, Uttecht, Treatheway, Darley	4:15.30
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	1990	Ericka Bakke, Salem	18'04.50"
Triple Jump	1992	Denise Kocer, Wagner	37'07.50"
Pole Vault	2003	Megan Marohl, Sisseton	11'00.00"

\* Indicates State Record

Track events listed in meters. Field events listed in feet and inches.  
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## GIRLS' CLASS "AA" RECORDS

If a state record is recorded as a hand-held time, a fully automatic time within .24 second of the hand held time will also be recorded as a state record. Both times will be recorded until the fully automatic time is actually faster than the recorded hand held time.

100 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	11.90
200 Meter Dash	1996	*Jill Theeler, Mitchell (Prelims)	**24.70
	2005	Brittany Page, Watertown	24.72
400 Meter Dash	1997	*Jill Theeler, Mitchell	55.49
800 Meter Run	2005	*Krista Eckert, Sioux Falls Roosevelt	2:12.54
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	*Allison Eckert, Sioux Falls Roosevelt	10:38.66
100 Meter Hurdles (33")	2004	*Shannon Hellman, Douglas (Prelims)	14.30
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	1998	*RC Central (Prelims) Rhodes, Maguire, Svalstad, Abrams	48.89
4 x 200 Meter Relay	2002	*RC Central Jackson, Miller, Murray, Trotter	1:43.07
4 x 400 Meter Relay	2001	*RC Stevens R. Pagel, Hattervig, Schwengler, Thompson	3:58.77
4 x 800 Meter Relay	2004	*RC Stevens Blackler, S. Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2005	*SF Roosevelt L. Thune, Nelson, Bowman, Atkins	4:11.19
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre	5'09.25"
Long Jump	2003	*Donesha Adams, SF Washington	18'10.25"
Triple Jump	1999	*Alicia Heiser, Aberdeen Central	38'10.75"
Pole Vault	2005	*Mallory Peck, SF O'Gorman	12'07.00"

\* Indicates State Record

\*\* Indicates Hand Held Time

Track events listed in meters. Field events listed in feet and inches.  
Fully Automatic Times are listed in 1/100 of second. Hand Held Times are listed in 1/10 of second.

## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971	Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972	Redfield	Mission

### Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974	Wall	Springfield

### Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974	Sioux Falls Lincoln	Aberdeen Central

### Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Faith	Centerville	1991	Lake Preston	Hoven
1976	White River	Faith	1992	Hoven	Hitchcock
1977	Dakota Christian	Pollock	1993	Doland/Conde	Hoven
1978	Dakota Christian	White River	1994	Hoven	Baltic
1979	Frederick	Dakota Christian	1995	Faulkton	Hoven
1980	Dakota Christian	Frederick	1996	Hoven	Faulkton
1981	Armour	Dakota Christian	1997	Herreid	Hoven
1982	Armour	Estelline	1998	Faulkton	Elkton
1983	Armour	Eureka	1999	Chester	Marion
1984	Eureka	Sioux Falls Christian	2000	Chester	Marion
1985	Sioux Falls Christian	Eureka	2001	Chester	Colman-Egan
1986	Arlington	Eureka	2002	Colman Egan	Bonesteel-Fairfax
1987	Arlington	Bridgewater	2003	Bonesteel-Fairfax	Colman-Egan
1988	Bridgewater	Lake Preston	2004	Eureka	Colman-Egan
1989	Bridgewater	Lake Preston	2005	Bonesteel-Fairfax	Bridgewater/Emery
1990	Lake Preston	White Lake			

### Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Wall	Freeman	1991	McCook Central	Lennox
1976	Flandreau	Burke (tie) Freeman	1992	Sioux Valley	Madison
1977	Freeman	Kimball	1993	Spearfish	Milbank
1978	Burke	Kimball	1994	Milbank	Madison
1979	Kimball	Salem	1995	Milbank	Vermillion
1980	Salem	Freeman	1996	Hot Springs & Milbank	
1981	Jefferson	Redfield	1997	Hot Springs	Lennox
1982	Jefferson	Salem	1998	Lennox	Garretson
1983	Jefferson	Custer	1999	Lennox	Hot Springs
1984	Jefferson	Custer	2000	Lennox	Miller
1985	Jefferson	Miller	2001	Redfield	Lennox
1986	Bennett County	Miller	2002	Winner	Beresford
1987	Spearfish	Bon Homme	2003	Redfield	Beresford
1988	Freeman	Milbank	2004	West Central	Parker
1989	Salem	Beresford	2005	West Central	Aberdeen Roncalli
1990	Hot Springs	Madison			

**Girls' Class "AA" Track - Three Class System**

	<u><b>Champion</b></u>	<u><b>Runner-Up</b></u>		<u><b>Champion</b></u>	<u><b>Runner-Up</b></u>
1975	Sioux Falls Lincoln	Rapid City Stevens	1991	Rapid City Central	Rapid City Stevens
1976	Sioux Falls Lincoln	Watertown	1992	Rapid City Central	Mitchell
1977	Sioux Falls Washington	Watertown	1993	Rapid City Central	Watertown
1978	Watertown	Brookings	1994	Rapid City Central	Spearfish
1979	Brookings	Watertown	1995	Yankton	Rapid City Stevens
1980	Brookings	Watertown	1996	Rapid City Stevens	Aberdeen Central
1981	Yankton	Watertown	1997	Rapid City Stevens	Spearfish
1982	Yankton	Watertown	1998	Rapid City Stevens	Huron
1983	Huron	Watertown	1999	Rapid City Stevens	Huron
1984	Yankton	Sioux Falls Washington	2000	Rapid City Stevens	Huron
1985	Rapid City Stevens	Sioux Falls Lincoln	2001	Rapid City Stevens	Rapid City Central
1986	Rapid City Stevens	Sioux Falls Lincoln	2002	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2003	Rapid City Stevens	Rapid City Central
1988	Rapid City Stevens	Brookings	2004	Rapid City Stevens	Sioux Falls Roosevelt
1989	Brookings	Rapid City Central	2005	Rapid City Stevens	Sioux Falls Roosevelt
1990	Sturgis	Rapid City Central & Pierre			