



# SDHSAA

## Volleyball Newsletter

August 19, 2019 - #1

Jo Auch  
Assistant Executive Director  
South Dakota High School Activities Association

### WELCOME BACK ....WELCOME BACK....WELCOME BACK!! ☺☺

Here we are ready to start another great year of volleyball and I want to welcome you all back to what should be a fantastic year of volleyball. It is that time of the year to prepare for the upcoming season. As to how you do that will look different for everyone, so hope that we would all reflect as to what our roles for the volleyball season might be, whether we are a player, a coach, a parent/fan, an official, or an administrator. Each play an essential role in the success of the season, so I hope that we all take a look at our specific role and begin preparing for what should be a great finale in November at the State Volleyball Tournament in Rapid City! Welcome Back and Best of Luck to all!

### ONLINE RULES MEETING, MECHANICS MEETING AND TEST

If you have not yet watched the rules meeting, mechanics meeting (officials only) and passed your online test, you need to do so PRIOR to August 31<sup>st</sup> at midnight or you will be fined for missing a requirement.

### PRE-CONTEST MEDICAL TIME-OUT STILL A NECESSITY

Officials are asked to continue the procedure that was started last year with the pre-contest medical time-out. It is important that everyone know what his or her responsibilities are in case of an emergency. The head coach or on-site administrators will need to be prepared to answer these five question before the contest begins:

1. Who is the game administrator?
2. Is there a qualified medical professional on site? If not, the head coach will act as the medical professional.
3. Is there an emergency action plan for this venue?
4. Is there an AED available and where is it located?
5. Where is the emergency exit/entrance for the facility?

It is essential that we know the answers to these questions prior to the contest beginning in case of an emergency.

### CHANGE IN WARM-UP TIME

The volleyball season is set to go with a **15-minute warm-up time** as opposed to the 20 minutes used in previous years. Warm-up time will not start until the pre-match conference is finished.

The warm-up will utilize a **3-6-6 format**.

\*3 minutes of shared ball handling on each team's respective side of the net

\*6 minutes – visiting team, which may use the entire playing floor.

\*6 minutes – home team, which may use the entire playing floor.

When one team has the playing floor for the 6-minute period, the opposing team may utilize the surrounding area for ball handling drills.

Remember, only rostered personnel for that match will be allowed to participate in warm-up on the floor. This would include players who are rostered to play in that match, statisticians, student managers and head and assistant coaches. Everyone must be in proper footwear to participate in the warm-up except for coaches.

### **ELIMINATION OF THE HANDSHAKE AFTER INTRODUCTION**

Following the Pre-match Ceremonies with the National Anthem and introduction of players, The R1 will blow the whistle and send teams to their respective benches, while officials take their respective positions. The R2 will be sure that timer starts the one-minute clock upon the R1's whistle. The R2 shall sound the warning whistle when 15 seconds remain on the clock. Coaches should be wrapping up final instructions and have their team on the court, in their starting positions, after the final horn sounds. The R2 will complete the line-up check and roll the ball to the serving team and give the "ready to play signal to the R1 and the match will begin.

### **WHAT ABOUT THE START OF THE JV MATCH or TOURNAMENTS WHERE THERE ARE NO INTRODUCTIONS?**

In a tournament setting or JV matches where there may not be introductions to the contest here is the process that should be used. When the horn blows to end pre-match warm up time, teams would gather the balls and go to their coach for final instructions, while the R1 and R2 take their positions. Starters will then go directly to the court in their starting positions for the R2 to check the line-up. After the R2 has checked the lineup, the R2 will give the ready to play signal and the match will begin.

### **OFFICIAL'S EVALUATION**

Each head coach must complete officials online evaluation following each dual match played on their schedule. This form may be found on the SDHSAA website in the School Zone. **IMPORTANT:** PRIOR to completing the evaluation, the scores for the match must be entered. If the score is not entered, coaches will not be able to complete the evaluation.

To complete the evaluation, login to the website, go to your school zone, then Athletics, under Volleyball will be a link for Officials Evaluations. Click on that link and your schedule will pop up and you will see who the officials were for the match. Please verify that these were the officials you had for the match. If there was an official change, you can go to the drop down box and choose the official that worked your match if there was a substitute in place of the official that was to work the match.

Coaches will have two weeks following the date of each match to submit your evaluation. If coaches do not complete the evaluation in that two-week window, the opportunity to evaluate those officials will be gone and coaches will be fined for not completing the evaluations. I would suggest that coaches complete the evaluations after each match and not wait too long.

### **ROSTER AND LINE-UP CHANGE**

A change has been made to how rosters and line-ups will be handled during the match. Coaches will bring their roster to the pre-match conference and hand it to the R2 by the end of the pre-match conference. Any team that does not have a roster ready at the end of the pre-match conference will be penalized with a loss of rally/point. Changes to that roster can be made until 10 minutes remain on the pregame clock.



Officials, this may be a bit of a learning curve, so be diligent in helping coaches remember they need to give the roster/line-ups to the R2 instead of to the scorekeeper at the table.

Between sets, the line-up/roster sheets will be given back to the coach, who will put their line-up for the next set. Again, the roster sheet will need to be collected/given to the R2 who will distribute information to the scorekeeper(s) and libero tracker.

Keep in mind, that many coaches will list their starters right away once they know the outcome of the coin toss. If that is the case and coaches want to fill in their line-up, allow them to do so following the pre-match conference and then collect the roster/line-up sheet. Coaches have until 2 minutes remain on the game clock to list their starting

line-up. If that is not completed in that time frame, penalties will be assessed as per Rule 7-1 Penalty 1, and 7-1-4 Penalty 1 and 2.

### **UNIFORM RULE CHANGES**

The NFHS relaxed the uniform rule to say that the libero uniform must “clearly contrast” with her teammates’ uniforms. It has eliminated the mandate of the solid colored uniform requirements. Teams may now add color to their uniforms, keeping in mind that they must CLEARLY CONTRAST that of the predominant color(s) of the jersey. Taking like colors and simply switching the color pattern will not be allowed if there is more than one predominant color on the jersey.



Also, beginning in 2020-21, teams that have uniforms that use their school colors such as purple and black, maroon and black, royal blue and black, dark green and black, etc. will not be allowed to use those color combinations, as they do not CLEARLY CONTRAST with the jersey colors. We are going to give you one more year to remedy this situation, but after this year, we will consider those uniforms NON-COMPLIANT!

### **HEAT TIME OUTS**

Heat time-outs will be allowed in the early stages of the Volleyball season as a safety factor, if the gyms are hot and muggy. This should be discussed at the pre-match conference and if a coach thinks it is necessary, take the heat time out. Once they start, they continue throughout the duration of the match.

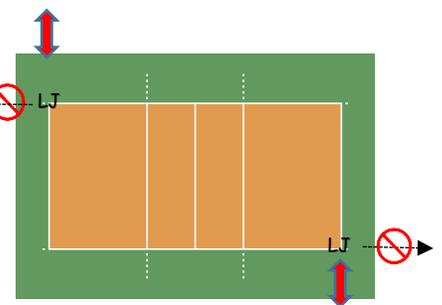
A heat time-out will add one minute between each set. So the time between sets will be four minutes instead of three. Officials will need to instruct the timer of that change prior to the start of the match.

### **LINE JUDGE POSITION CHANGE**

Line judges will now take a position and move in the line with the extension of the end line when the server serves from the left third of the service area and encroaches on the line judge’s position. The line judge on the serving team’s side shall move a few steps to the side in line with the extension of the end line until the ball is contacted for serve. The line judge will quickly move back into position at the intersection of the end line and left sideline as contact is made.

There is a **Line Judge Training** on our SDHSAA website. Please direct anyone who will be a line judge to this presentation for quick review of his or her duties and responsibilities.

Line judge Training: <https://www.sdhsaa.com/Portals/0/MiscPages/OnlineTrainings/LineJudge/player.html>



Let the *players* play.

Let the *coaches* coach.

Let the *officials* officiate.

Let the *spectators* be positive!