

SD DANCE JUDGE TRAINING

Presenters: Jasper Diegel & Amanda Stoeser

SAFETY RULE CHANGES

- Approved airborne tumbling (round off and aerial only) in all categories of dance.
- T-lifts in every category.
- T-lift bases may walk/move (must still have 2 bases for each lifted dancer).
- Lifters in T-lifts may have poms in their hands.
- Rule- 4.8.2- May tumble holding poms for aerials only.
- 4.1.4- Costumes must not interfere with the safe execution of stunts/tumbling nor restrict mobility or vision. Pg. 33 example 4.1.4

SAFETY SCORE SHEET CHANGES

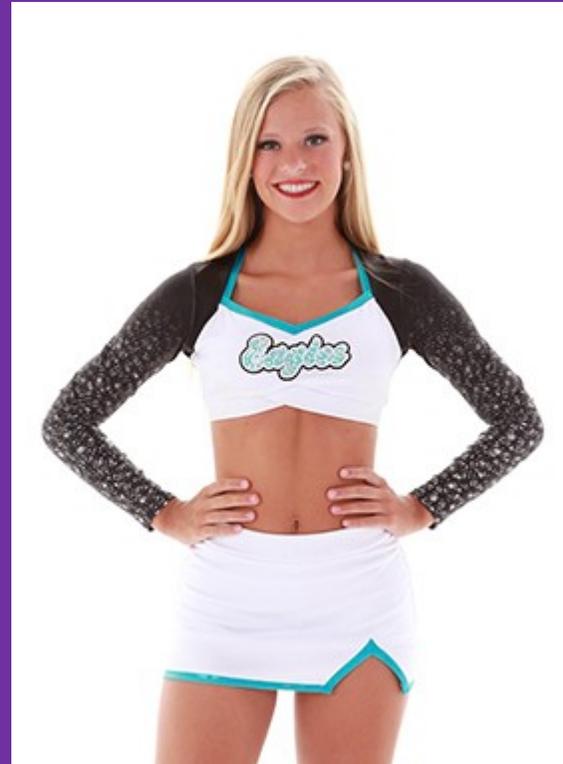
- Jewelry is 10 points /occurrence (change from 5 points/occurrence).
- Major falls to the floor from tumbling/dance move to a weight bearing position is 5 points/occurrence (change from 10 points from stunt or dance move)
 - Stunting is still 10 pts
- Touching any body part down after skill execution is 3 points- defined better
- Obvious Recovery, hop, major step to recover (not balance checks added) is 3 points- defined better
- Time infractions- minimum time added to sheet 1:30- defined better

UNIFORMS



Above costumes legal because midriff is covered by sheer material. Must have body tights underneath.

- Uniform violations are usually the biggest safety issues of the season. Think 2 layers.



This costume is not legal. Even with body tights. Body tights are not a substitution for sheer material.



IS MY COSTUME LEGAL?

1. When standing at attention does any of my mid-drift show?

- If no, then move on to question 3. If yes, see question 2.

2. If my midriff does show, is it covered by sheer material and am I wearing body tights?

- If yes to both questions, it should be legal, otherwise no.

3. When standing at attention is anything below the bra line show?

- If not, then costume should be legal, move on to question 5. If the answer is yes, move on to question 4.

4. If anything below the bra line shows is covered by sheer material and body tights?

- If yes, then legal. If not then no it is not legal.

5. Is there any inappropriate for family viewing (either too low cut or too short of shorts for example)?

- If no then costume should be legal. If yes, then costume is not legal.

MUSIC

Judges need to note, that school administration has approved music, so unless there is something out there that is “extremely noticeable” or vulgar, we should leave it alone. Schools do not want a bad reflection on them and if administration feels it is alright to have their school represented as such, then we should honor that as well. If there is something extremely noticeable, please contact Jo and she will visit with the school about it.

JUDGING PERSPECTIVE & RESPONSIBILITIES

- As a judge we judge what we see that day. It doesn't matter what a team scored yesterday, two weeks ago or last year. Everyday is a clean slate!
- Teams "attain" points as the routine is performed vs. starting at 100 and subtracting.
- A cleanly executed routine will beat a messy difficult one everyday. Perfection before progression- cornerstone of NFHS.
- As a judge, it is our job to write comments and give constructive feedback.
- Judges also should be prepared, well educated, know dance technique, styles, terminology, NFHS rules & SD state rules etc.

PERFORMANCE SCORESHEET BREAKDOWN

CHOREOGRAPHY SECTION-25 POINTS

- Level Changes, Floor Space & Transitions- 5 points
 - Is the choreography incorporating floor work, as well as standing?
 - Is the team using all the floor space
 - (ex. Not standing in windows over and over? Moving front to back and side to side?)
 - Are the transitions danced through vs. walked from formation to formation?
 - Can we see the formation changing vs. does it happen?
- Musical Interpretation-5 points
 - More subjective, but does the choreography fit the music?
 - Do you understand what the choreography is trying to tell you? Can you “hear” the voice of the choreographer?
 - Does it make you feel some emotion?

CHOREOGRAPHY SECTION CONT.

- Visual Effectiveness-5 points
 - In Pom, do we see the poms as the focal point of the dance vs. just dancing with poms?
 - Is the dance interesting to watch?
- Variety of Creative Combinations-5 points
 - Is there repeats in the choreography?
 - (ex. Does the team use the same choreo on every chorus?)
- Appropriate for Family Viewing- 5 points
 - Easiest points of the day!!
 - Basically, would you show or listen to this with your grandparents?
 - Is the music appropriate for high schoolers to be listening/dancing to?
 - (ex. No alcohol, overly sexual messages, racist remarks, drugs etc..)
 - Do the costumes display the athletes in a positive way?
 - (ex. Should the dancers be wearing leos underneath because the pants ride low or top cut to low?)

DEGREE OF DIFFICULTY/TECHNIQUE- 20 POINTS

- Level of Difficulty in Choreography- 5 points
 - Straight Rubric (will discuss this one at the end)
- Variety & Distribution of Technical Skills-5 points
 - Is it the same girl doing highlighted solo parts over and over again?
 - Is the entire team attempting the majority of the technical skills?
 - Are the skills disbursed throughout the entire routine?
 - (ex.6 skills in the first 30 seconds and nothing else the entire time)
 - Is the technical skills being performed the same ones over and over?
 - (ex. 20 double pirouettes and 4 toe touches in one routine vs. doing a double pirouette, pique turns, romberse, toe touch and a turning switch leap?)

DEGREE OF DIFFICULTY/TECHNIQUE CONT.

- Formations & Transitions Require Skill- 5 points
 - Difficulty of Transitions
 - Do the formations change frequently?
 - Are the formations different throughout the dance?
 - (ex. windows over and over again?)
 - (ex. Same formations repeated?)
 - Dancing through transitions vs. walking to formations
 - (ex. Are they taking 8 counts while rubbing poms together to get to the next formation vs. Is half the team doing side leaps and rolling to ground to make the next formation?)
 - Length of Transitions
 - Quicker transitions are usually much harder to do

DEGREE OF DIFFICULTY/TECHNIQUE CONT.

- Speed of Movement in Choreography (& counts)- 5 points
 - Are there lots of & counts throughout the choreography?
 - Faster music doesn't always mean more difficult

EXECUTION/TECHNIQUE-5 POINTS

- Execution- 5 points
 - Makes no difference what the difficulty of the technique/dance - was it executed correctly?
 - Double pirouette- straight supporting leg, pointed toe in passe, up on releve, spotting correctly, center controlled and tight, shoulder pressed down etc. will score higher than a la secondes with a float on the end with a flexed/relaxed foot hanging on the end, releve in incorrect places, not opening to the front, swinging leg etc..
- Placement & Control of Movements- 5 Points
 - Hip Hop- Does the dancer have good body control? Low center of gravity?
 - Jazz & Kick- Are technical movements correct? Is there resistance in the movement?
 - Pom- motions in the correct place? Cheerios facing the correct way? Are the motions tight, crisp and strong?

EXECUTION/TECHNIQUE- CONT.

- Precision & Synchronization- 5 points
 - Timing issues?
 - Is all movement done exact and accurately?
- Formation Spacing- 5 points
 - Formation spacing is correct and consistent throughout dance
- Uniform Style Displayed by Entire Group- 5 points
 - Do all the dancers dance alike?
 - Does anyone stick out?
 - Should look like one big dancer vs. 12 individual dancers

PRESENTATION- 20 POINTS

- Energy: All dancers are at performance level-5 points
 - Is every dancer projecting the same energy the entire routine?
- Stamina: Routine appears effortless-5 points
 - Is the energy the same at the end of a dance as it is at the beginning?
- Projection & Display of Emotion- 5 points
- Poise & Confidence- 5 points
 - Do the dancers know the dance?
 - (ex. No looking around at others to see what they are doing)
 - Do the dancers seem self assured & positive about the dance they are doing?

OVERALL PERFORMANCE-10 POINTS

- Overall Impression of Routine- 10 points
 - This is the most subjective part of the score sheet
 - This will vary from judge to judge based on personal preferences
 - Will vary from the same judge on same routine from day to day based on overall performance impression

RANGE OF SCORES

- Performance judges must be within 10 points between the highest and lowest.
 - For example:
 - 90, 95, 85 would be in range- 10 points
 - 90, 80, 100 would not be in range- 20 points

LEVEL OF DIFFICULTY IN CHOREO BREAKDOWN

- These 5 points are probably the biggest contested points of the scoresheet.
- Straight use of rubric should eliminate subjectivity in this section.
- If 50 % or more of a team attempts the skill then they will be given credit.
- The more difficulty the more chance for error throughout entire routine. Difficulty does increase chance for higher scores. Risk vs. Reward
- Judges do not give credit if we can't tell what was attempted.

LEVEL OF DIFFICULTY IN CHOREO JUDGE ROUTINE 1

- Routine 1 (12 Dancers) Level of Difficulty in Choreography Score:
 - Switch Open- 2 dancers
 - Triple pirouette- entire team
 - Tilt kick- entire team
 - Calypso- entire team
 - Changing spot a la secondes- 4 dancers
 - Triple Leg pirouette- 1 dancer
 - 4 a la secondes into a double pirouette coming into a romberse- entire team
 - Fan kick- entire team

LEVEL OF DIFFICULTY IN CHOREO ROUTINE 2

- Routine 2 (10 Dancers) Level of Difficulty in Choreography Score:
 - C Jump -Entire Team
 - Straight Leg Axels-Entire Team
 - Firebird- 4 dancers
 - Triple Pirouette- Entire Team
 - Illusion- 5 dancers
 - Turning switch leap- 5 dancers
 - Reverse Leap-3 dancers
 - Two a la secondes into a double pirouette- entire team

PRACTICE JUDGE ROUTINE- HIP HOP

- <https://www.youtube.com/watch?v=qyRSowHtMuk>

PRACTICE JUDGE ROUTINE HIP HOP COMMENTS

- Difficulty- Back kips- 3 dancers, baby freeze- 4 dancers, 1 turning switch open- 1 dancer, Peek-a-boo kicks- 4 dancers (12 dancers total)- 1
- Comments:
 - Team uses a nice low center of gravity especially at opening, make sure it continues to match as dance progresses
 - Match arms (trio in opening) angles off
 - Nice use of floor space/formations 😊 very interesting
 - Few memory mistakes in “all about that bass”
 - Stage Right is tighter than stage left on “bass” in spacing
 - Choreography in “win” is pretty simple, lots of repeats, try adding & counts, more levels
 - Ending pose is awkward, can't see girls in splits
 - Good, intense energy! Looks like you are having fun!

PRACTICE JUDGE KICK ROUTINE

- https://www.youtube.com/watch?v=aIQ_gvHHNbg

PRACTICE JUDGE KICK COMMENTS

- Difficulty- Fan kicks, front, side, pitch, tilt, flick, etc- entire team, toe touches- entire team, double pirouette- entire team (24 dancers total): 4.5
- Comments:
 - Love music mix!!
 - Don't understand toe touch roll off at the beginning- is it supposed to be random?
 - Minor spacing issues throughout
 - Watch "L" placements. Tighten up arm to ear
 - Amazing team height on kicks! 😊
 - Pull up on supporting leg in double pirouettes, spot and make sure to attach passe. Was very messy
 - Few posture issues
 - Some transitions just walking when you aren't hooked up etc. Try to add difficulty
 - Awesome energy and crisp kicks until the end. Good job!

PRACTICE JUDGE ROUTINE- JAZZ

- <https://www.youtube.com/watch?v=cmNkSnHPje8>

PRACTICE JUDGE ROUTINE- JAZZ COMMENTS

- Difficulty- 5
- Group doing two a la secondes into front attitude turn
- Group doing arabesque and leg hold
- Team quad pirouette, team triple pirouette
- Firebird
- Multiple kicks
- Sissone w/back attitude
- Split leap
- 3 dancers doing side leap
- Team 3 a la secondes into a float with two more a la secondes into a double pirouette into a calypso
- Back attitude

PRACTICE JUDGE ROUTINE 3- JAZZ COMMENTS CONTD.

- Comments:
 - Beautiful team height in all leaps and jumps 😊
 - Seamless choreo transitions!
 - Some formation changes seemed rushed- watch that all dancers get to spot on time.
 - Quad pirouette timing is off. Prep is not together either. Dancers need to pull up on supporting leg and spot.
 - In figure 8 formation, soloist is very hard to see. She gets covered up multiple times and doesn't seem highlighted enough.
 - Some movement on the a la secondes. Double coming out of a la secondes is at different speeds.
 - Nice triple at end! 😊

PRACTICE JUDGE ROUTINE- POM

- <https://www.youtube.com/watch?v=YbMFEgO31yM>

PRACTICE JUDGE ROUTINE- POM COMMENTS

- Difficulty: 18 dancers- front roll, hurdle jump, c-jump, waist level kicks, fan kick, front and side kicks- 3.5
- Comments:
 - Love the two tone pom visuals! Very effective!!
 - Stretch back, release head and make sure knees are further apart in c-jumps. Make sure to match landing positions.
 - Point toes in toe touches and work on rotating hips to second position to help get a better straddle
 - Clean up ground work after toe touches
 - Point toes throughout dance.
 - Choreo slow at parts- try adding & counts etc.
 - Nice precision as a team! 😊

QUESTIONS? COMMENTS? CONCERNS?

- Thank you!