

No Debate About It (:60)

The debate about sports specialization by high school athletes continues. Some argue that high school athletes who play one sport all year long have a better chance of landing a lucrative pro contract, but that's simply not true. In fact, 30 of the 32 first round picks in last year's NFL draft played more than one sport in high school. Of the 32 players drafted, 22 also participated in high school track and field, 19 also played basketball, and some also played baseball and lacrosse.

What's the path to success for high school athletes here in South Dakota no matter what their goals might be? Study hard, always do your best, and if you can, play more than one sport high school. This message presented by the South Dakota High School Activities Association and the South Dakota Interscholastic Athletic Administrators Association.