

SDHSAA Performance Scoresheet

Judge Initials _____

School: _____ **AA A Stunt/Tumbling**

Small Large

Cheerleading Fundamentals			Areas Needing Improvement	Difficulty																																
Jumps Execution Difficulty	5 5		<input type="checkbox"/> Point toes <input type="checkbox"/> Work on height <input type="checkbox"/> Snap legs together <input type="checkbox"/> Synchronization <input type="checkbox"/> Arm Placement <input type="checkbox"/> Body Position in Jump	<input type="checkbox"/> One Jump <input type="checkbox"/> Two Connected Jumps <input type="checkbox"/> 3 Connected w/ One Repeating Jump <input type="checkbox"/> Connected to tumbling <input type="checkbox"/> 3 Different Connected Jumps <input type="checkbox"/> Majority Connected to Back Handspring <input type="checkbox"/> Majority Connected to Tucks or BH Tucks																																
Standing Tumbling Execution Difficulty	5 5		<input type="checkbox"/> Legs not together <input type="checkbox"/> Touch downs <input type="checkbox"/> Perfection before progression <input type="checkbox"/> Synchronization	<input type="checkbox"/> Forward/Backwards Rolls <input type="checkbox"/> Cartwheels, Roundoffs, & Back walkovers <input type="checkbox"/> Back Handspring/ BH Series <input type="checkbox"/> Aerials <input type="checkbox"/> Back Tuck <input type="checkbox"/> BH Tuck Sequence																																
Running Tumbling Execution Difficulty	5 5		<input type="checkbox"/> Legs not together <input type="checkbox"/> Touch downs <input type="checkbox"/> Perfection before progression <input type="checkbox"/> Synchronization	<input type="checkbox"/> Cartwheel/Roundoff <input type="checkbox"/> Ariel/Roundoff <input type="checkbox"/> BH Series/Front-Hand Series <input type="checkbox"/> Roundoff- BH Tuck/Front Tucks <input type="checkbox"/> Roundoff- BH Layout/Roundoff- BH Full																																
Partner Stunts Execution Difficulty	5 5		<input type="checkbox"/> Dismounts shaky <input type="checkbox"/> Stunts not strong <input type="checkbox"/> Perfection before progression <input type="checkbox"/> Stunt timing off <input type="checkbox"/> Falls <input type="checkbox"/> Bobbles/Shaky in air	<table border="0"> <tr> <td><u>Stunts</u></td> <td><u>Transitions/Dismounts</u></td> </tr> <tr> <td><input type="checkbox"/> Prep Level Stunts</td> <td><input type="checkbox"/> Straight Cradle</td> </tr> <tr> <td><input type="checkbox"/> Extended Double Leg</td> <td><input type="checkbox"/> Full Downs</td> </tr> <tr> <td></td> <td><input type="checkbox"/> 1/2 up to prep</td> </tr> <tr> <td><input type="checkbox"/> Extended Liberty</td> <td><input type="checkbox"/> Tumbling in- no rebound</td> </tr> <tr> <td><input type="checkbox"/> 2-Man Prep Level</td> <td><input type="checkbox"/> Full Downs</td> </tr> <tr> <td><input type="checkbox"/> Heel-Stretch</td> <td><input type="checkbox"/> Tumbling in w/ rebound</td> </tr> <tr> <td><input type="checkbox"/> Scale</td> <td><input type="checkbox"/> Full up to Prep</td> </tr> <tr> <td><input type="checkbox"/> Scorpion</td> <td><input type="checkbox"/> 1/2 up to Extension</td> </tr> <tr> <td><input type="checkbox"/> Arabesque</td> <td><input type="checkbox"/> Full Downs</td> </tr> <tr> <td><input type="checkbox"/> Bow & Arrow</td> <td></td> </tr> <tr> <td></td> <td><input type="checkbox"/> Full-up to One Leg</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Fold-Over Dismounts</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Full-up to Extension</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Kick-Full Dismounts</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Switch-up</td> </tr> </table>	<u>Stunts</u>	<u>Transitions/Dismounts</u>	<input type="checkbox"/> Prep Level Stunts	<input type="checkbox"/> Straight Cradle	<input type="checkbox"/> Extended Double Leg	<input type="checkbox"/> Full Downs		<input type="checkbox"/> 1/2 up to prep	<input type="checkbox"/> Extended Liberty	<input type="checkbox"/> Tumbling in- no rebound	<input type="checkbox"/> 2-Man Prep Level	<input type="checkbox"/> Full Downs	<input type="checkbox"/> Heel-Stretch	<input type="checkbox"/> Tumbling in w/ rebound	<input type="checkbox"/> Scale	<input type="checkbox"/> Full up to Prep	<input type="checkbox"/> Scorpion	<input type="checkbox"/> 1/2 up to Extension	<input type="checkbox"/> Arabesque	<input type="checkbox"/> Full Downs	<input type="checkbox"/> Bow & Arrow			<input type="checkbox"/> Full-up to One Leg		<input type="checkbox"/> Fold-Over Dismounts		<input type="checkbox"/> Full-up to Extension		<input type="checkbox"/> Kick-Full Dismounts		<input type="checkbox"/> Switch-up
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Tosses Execution Difficulty	5 5		<input type="checkbox"/> Improper technique <input type="checkbox"/> Perfection before progression <input type="checkbox"/> Timing Off <input type="checkbox"/> More Height	<input type="checkbox"/> Straight Toss <input type="checkbox"/> Toe-Touch <input type="checkbox"/> Pike <input type="checkbox"/> Twist <input type="checkbox"/> Ball-X <input type="checkbox"/> Switch-Kick <input type="checkbox"/> Hitch-Kick <input type="checkbox"/> Kick-Full <input type="checkbox"/> Toe-Full																																
Pyramids Execution Difficulty	5 5		<input type="checkbox"/> Falls/Bobbles <input type="checkbox"/> Improper technique <input type="checkbox"/> Perfection before progression <input type="checkbox"/> Dismounts shaky	<input type="checkbox"/> Prep-Level <input type="checkbox"/> Extended Double Leg <input type="checkbox"/> Extended Single Leg <input type="checkbox"/> Quick Transitions <input type="checkbox"/> Release Transitions # _____ <input type="checkbox"/> Inversions # _____ <input type="checkbox"/> Structure Changes # _____																																
Cheer			Areas Needing Improvement	Difficulty																																
Voice, Pace, Flow	5		<input type="checkbox"/> Not together/timing off <input type="checkbox"/> Watch angles <input type="checkbox"/> Needs to be sharper <input type="checkbox"/> More smiles <input type="checkbox"/> Be louder <input type="checkbox"/> Watch pitch <input type="checkbox"/> Voices fade <input type="checkbox"/> Energy level low	<input type="checkbox"/> Variety of Transitions <input type="checkbox"/> Variety of Formations																																
Energy/Spirit	5																																			
Creativity	5																																			
Proper Use of Skill Incorporations (Jumps, Stunts, Props, Tumbling)	5																																			
Motion Technique	5																																			
Spacing, Formations, Synchronization	5																																			
Dance			Areas Needing Improvement	Difficulty																																
Timing/Execution	5		<input type="checkbox"/> Not together <input type="checkbox"/> Add difficulty <input type="checkbox"/> Add dance moves <input type="checkbox"/> Add more levels <input type="checkbox"/> Add more formation changes	<input type="checkbox"/> Variety of Transitions <input type="checkbox"/> Variety of Formations																																
Levels/Formations	5																																			
Total			100																																	