

**MERRY  
CHRISTMAS  
AND A  
HAPPY NEW  
YEAR!**

It came upon on so quickly and yet it seems like it has been a long haul for all of you in the trenches of education and overcoming all the obstacles that have been thrown at you! Yet being the leaders and wonderful people that you are you over came and accomplished so much! I truly do hope the next two weeks are fulfilling in every way that you want them to be, either with family or friends! Stay healthy and have a great two weeks off for the holiday season!!





# Think Outside The Backpack

## D.R.E.A.M.

No Limits, No Complaints, No What if's?

<b>D</b>	D_____ Your Goal. _____ is a _____ (Your name) (guitarist, honor roll student, captain, traveler, writer)
<b>R</b>	R_____ What's Needed. Name one resource you can contact TODAY about the next step: _____
<b>E</b>	E_____ Your Success. <b>I AM</b> _____. (PRESENT TENSE!)
<b>A</b>	A_____ Your Intentions. Ask another person their goal or dream. Ask if you can help them somehow. Then tell them yours.
<b>M</b>	M_____ It Happen. What is one action you can take TODAY for this? _____

"ONCE YOUR HEART DECIDES ON SOMETHING, THE UNIVERSE CONSPIRES IN YOUR FAVOR."  
THE ALCHEMIST, BY PAUL COLEHO

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# *Think Outside The Backpack*

## D.R.E.A.M. *Presenter Guide*

D.R.E.A.M. Goal Setting Notes on Presenting in class/camp/club setting.

Activity Time: 20 - 50 minutes

If you had no obstacles, what do you want to do or be?

### Define Your Goal.

--Story: Katniss Everdeen (Hunger Games) aims at a target, then adjusts her shot if she misses. You **NEED** a target to know what you're shooting for and how to adjust. What is your target

--Activity: Fill in your name and your goal. Remember, **NO LIMITS OR EXCUSES** in this session!

### Research What's Needed.

--There has never before been a time in human history in which information and connection to people is more accessible. Open your mind. Research is **FREE!** Internet, people, books, libraries, friends, networking, there is a plethora of possibilities. Ask everyone!

--Activity: Name one resource you can contact **TODAY** about the next step!

### Envision Your Success.

"Whatever the mind of man can see and believe, he can achieve." Henry Ford

Story: Jim Carrey spent years visualizing his success. He wrote a check for \$10 million dollars for "Acting Services Rendered," dated it for 3 years later. His Dad died and he put it in his dad's casket. Within a year, he signed the contract for Dumb and Dumber. A legend began with a vision.

Activity: On a post it note or business card, Write "I Am" followed by your goal/dream. Write it. Take a picture of it. Make it your background. Put it in your wallet. Use it to guide you.

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## Affirm Your Intentions.

--You have a dream in your heart. If you don't say it, no one else will. Once you say it, it comes out! Even if it's to yourself. If you are afraid to say it, you are afraid of success

Activity: Partner up, take turns.

Person A: Say "I Am" Statement

Person B: Say "Go for it!" with a (virtual) fist bump.

Then Change roles. Then change partners!

NOTE: You'll feel silly at first.

Bonus: Get group back sitting down, ask who wants to share their "I Am" Statement with the group. Entire group responds with "Go For It!" and one big clap.

## Make It Happen.

Hardest thing. I can't tell you how. You have to take action.

What is one action you can take TODAY for this?

Last NOTES:

--Make this your own! Come up with more examples, fill in with your own personal stories. Feel free to reach out for images and slides similar to what we used today. [info@joefingerhut.com](mailto:info@joefingerhut.com)

--Make a copy; student keeps one and you keep one. Let this serve as a guide to connecting with this students throughout the school year/camp/conference and beyond. Hold them accountable, i.e., "Why are you making these choices? Your dream is to be \_\_\_\_\_. Would a \_\_\_\_\_ make this choice?"

--Challenge: Present this to Group leaders in the planning stages, and let them present it to their group during small group time at a conference/camp/retreat.

--Need a hand? We present this in person and virtually. Get in touch for more details.

**WE APPRECIATE YOU!!!  
THANK YOU FOR ALL YOU DO!!!**

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