

TERMS AND CONDITIONS FOR REGION GYMNASTICS COMPETITION

TICKET PRICES:

Adults:	\$7.00
Students:	\$4.00

REGION/STATE QUALIFYING ENTRIES:

1. Entries to the Region/State Qualifying meets must be to the meet director no later than one week prior to the Region/State Qualifying meet. **Entry forms may be found on the SDHSAA website under Gymnastics Forms, then Meet Entry forms. Meet directors will inform coaches via email, as to how the meet directors would like to receive your entries. Coaches may submit as many names as they wish in each event.** Competitors must meet eligibility standards under the Constitution and By-Laws of the SDHSAA.
2. Coaches must declare their seven gymnasts per event. During actual competition, the coach may compete any 6 of the seven gymnasts per event. The coach does not need to declare the six competing. If a coach competes a gymnast not designated for that event, the score is void. (Note: **compete six, count four for team score. At the State Meet – compete 5, count 4 for team score.**)
3. **A gymnast that qualifies during the regular season does not need to enter the region/state qualifying meet in order to compete at the state meet.** However, her name **MUST** be listed on the State Meet Online Entry Form completed by the coach by 9 a.m. on the day following the State Qualifying/Region competition.

MEETING AT REGION/STATE QUALIFYING MEET:

1. Coaches and Judges Meeting: Due to Covid there will not be a coaches/judges meeting prior to the meet. Coaches must declare their 7 entries per event – no additions or substitutions will be allowed except for injury or illness. The six competitors on each event must be drawn from this list of seven entries. If a coach competes a gymnast not designated for that event, the score is void. The 6 competitors on each event must be drawn from this list of 7 entries.
2. Meet Manager: Be sure teams know how to enter gymnasts into state meet.
Class A and AA- WEBFORM to be completed online by 9:00 a.m. the day following State Qualifying/Region competition (May list 7 for Team Day, compete 5 of the 7).

WARM-UP:

1. Each region will determine warm up and competition schedule.

SUBSTITUTIONS:

Neither additions nor substitutions will be permitted of the original entered seven after the coaches and judges meeting. The coach enters any 6 of the listed seven. If a coach competes a gymnast not designated for that event, the score is void. Written statements of injury, illness, disciplinary action are not necessary. A competitor may continue competing even if injured during the session. This decision will be made by the school (coach, trainer, parent, etc.). The substitute is eligible under the Constitution and By-Laws of the SDHSAA.

EXHIBITION GYMNAST:

1. Solo judging – so no exhibition gymnast needed.

EQUIPMENT:

A list of all equipment shall be sent to each school in the region. All equipment used should be regulation.

Special Note:

- 1) Clarify if sting mats, skill cushions, spring boards, etc., are to be brought to the meet by the competing schools.
- 2) Host school must supply stands for competitor numbers at each event readable on both sides, plus yellow flags at each event.

For specific equipment requirements, see the Gymnastics Rule Book.

JUDGES:

1. The SDHSAA will secure the judges for the State Qualifying/Region meet.
2. Solo judging will be used this year.
3. A meet referee will be designated.
4. Coaches will have 10 minutes following the last rotation to inquire.
5. All officials must be certified.
6. Reciprocity officials are not eligible to judge state qualifying/region meets.
7. Non-certified officials will be given permission to judge from the SDHSAA provided:
 - a. there are no certified judges available;
 - b. the judge retakes the supervised test prior to the region meet (this does not certify the judge, it only allows him/her to judge the region meet).
8. Only high school and/or adult timers may be used.

MECHANICS OF SCORING:

1. Open scoring is to be used for all state qualifying/region meets.
2. Proper scoring mechanics for 2 judges per event are found in the rule book.

SCORING:

INDIVIDUAL SCORING

Event Score: An individual's event score is the score in a particular event.

As a reminder, we removed All-Around in-season qualifying standards. The All-Around division at the state meet will simply be those participants that qualified for and are entered in all four events at the State Meet.

Rationale: To best fill each of the four events with the true top 40 individuals from each class in the state, state qualifiers will be determined by in-season qualifying and the region/state qualifying meet. All-around will be a division awarded to those that make it in all four events. All-around places will still be awarded at the region/state qualifying meet but does not imply those participants qualify for state. Event in-season qualifying will remain the same. Individual State Qualifying – A maximum of 40 participants will qualify for each event. The top 5 individuals from each region/state qualifying meet shall qualify for the state meet, to give 10 competitors. The remaining number of participants will be filled from event in-season qualifiers and then wild cards from region/state qualifying meets to fill out the 40 participants.

Reminder: Chief Judge (CJ) deductions are taken from the gymnast's average score by the score table personnel.

TEAM SCORING

Team Event Score: **The best 4 individual** scores for each team in each event are totaled to determine the team's score for that event. (Reminder: teams enter seven, compete six, count four)

Team Score: The total is obtained by adding the team event scores. The team championship is based on this score.

When open scoring is used it is still important to announce or indicate in some manner the individual's final score. This has been overlooked at many meets. It is the only way coaches/gymnasts/spectators can keep track of their team's running meet score.

Please put forth an extra effort in reporting meet scores to the media.

PERFORMANCE ORDER:

1. The regional chair shall determine the team rotation which will be used during the warmup and competition, and shall be sent to all teams prior to the meet.
2. Coaches are responsible for the proper placement of their gymnasts if alternating individual rotation is used. Their "best" gymnasts must not be placed last on each event. Poor judgment on gymnast placement may result in a delay of meet deduction or competing out of order deduction if the team does not have an individual ready to compete.

A delay of Meet for Competing Out of Order Deduction (each gymnast) is possible for mishandling Order of Competition.

Coaches who place their gymnasts incorrectly will have a **delay of meet** deduction, which is a **1.0 final team score deduction**. All-Around gymnasts or those competing in three events must be placed near the **beginning** as well as the end of the various events.

ASSIGNED COMPETITOR NUMBERS:

1. All gymnasts are to use numbers which have been assigned to the school by the SDHSAA office (listed at the end of this section). These numbers are to be worn or posted at all meets including the region and state meets.
2. Competitor numbers.
 - a. All numbers are to be on a laminated card.
 - b. Recommend the school name be placed on the number card.
 - c. Numbers are to be in a solid dark color on a white background. The minimum size of card is 8" x 14". Numbers are to be at least 6" high.
 - d. All numbers must be double sided so when displayed, the competitor number is visible on two sides. (Existing one sided numbers should be converted if at all possible.)
 - e. The number must be displayed on a stand throughout the entire routine.**
 - f. Failure to post the contestant number or the correct number for contestant will result in 0.2 point deduction.**

COMPETITOR UNIFORMS:

1. The uniform shall be a one-piece leotard of moderate proportions with matching or skin-colored briefs. Bra shall not be exposed. It does not matter whether the bra (to include strap) is clear or with color, it may not show.
2. Hair devices which are safe and reasonably secured may be worn to keep the hair away from the gymnast's eyes and face.
3. Jewelry shall not be worn in competition except for a religious or medical medal which must be taped to the body. (Remember, "if you weren't born with it, you can't wear it".)
4. Casts or splints on any body parts are prohibited.

Note: Cast-braces/braces are permitted provided any hard parts are covered to protect the gymnast and the equipment.
5. Only gymnastics footwear of a neutral color may be worn.
6. Sport bras shall not be exposed. (Deduct 0.2 for bra exposed through the keyhole of a leotard.)

7. Any gymnast receiving an award at any meet must be in her school issued uniform.
8. Glitter and body paint shall be removed prior to competition.
9. Athlete's leo's shall be worn up and appropriately during warm up. Removing any part of the competitive team uniform, excluding shoes, while in the competitive area is illegal. Penalty: First offense is a warning and, if repeated, goes to a one point team deduction.
10. There are to be no cell phones in the competitive or warm up areas by competitors unless phone is used to play music for the competition routine.