

2023 Fall Cross Country Clinic
Tuesday, August 22nd after the SDCCTFOA meeting...
Approximately 8:00pm Via Zoom

Thank everyone for attending this zoom clinic and make sure all are ready to begin (tech issues)

2023 Fall Cross Country Clinic Agenda:

1. Review the SDHSAA/Athletics/Fall Sports/Cross Country website page

- A. [Cross Country – SDHSAA](#)
 - a. Handbook
 - b. Cross Country Meet Guide
 - c. Rule Changes
 - i. Discuss starting procedures
 - d. Points of Emphasis
 - e. Other NFHS Track and Field and Cross-Country Resources
 - f. 2023 South Dakota Rule Changes = none

2. Review the SDHSAA Officials/Sport Specific Information/Cross Country website page

- B. [Cross Country Officials – SDHSAA](#)
 - a. 2023 Deadlines and Reminders
 - i. Cross Country online rules meeting video
 - ii. Cross Country rules test
 - b. Officials Uniform Information

3. SDHSAA

This is the information for our SDCCTFOA website.

- 1. Website on the SDHSAA Officials CC/TF Page
 - i. Constitution link - attached
 - ii. Meeting Agenda link - attached
 - iii. Minutes link – none at this time
 - iv. Newsletter Link – one or two a year – none at this time
 - v. Casper’s Clarifications link – a link that explains on-going interpretations as our Cross Country & Track and Field season progresses
 - vi. XC Guide link – attached – you have this one already
 - vii. 2023 Fall Cross Country Clinic link – attached

4. Other items to discuss from zoom attendees