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LENGTH OF SETS/MATCHES for TOURNAMENTS and MATCH FORMAT

All matches considered duals MUST be 3 out of 5 set matches played to 25 points (no cap) with 15 point deciding set (no cap).

All matches played in a tournament may be played 2 of 3 OR 3 of 5. **If playing 2 of 3 set matches in tournament play, all sets must be played to 25 including the deciding set (no cap on any set).** For 3 of 5 set matches, sets are played to 25 with the deciding set played to 15 (no cap on any set). Note: out of state exception.

A triangular counts as two duals, not a tournament and therefore must be played 3 of 5.

There is a chart in the Volleyball section of the handbook that covers all this information.

No seed points are awarded for any match that is not regulation. All matches used for seeding purposes must be 3 of 5 set or 2 of 3, noting that 2 out of 3 sets (including the deciding set) must be played to 25 (no cap).

BEADS IN HAIR

I received a memorandum from the NFHS in regards to wearing of any hair devices that do not meet the requirements of Rule 4-1-6. Rule 4-1-6 states: *Hair devices made of soft material and no more than 3 inches wide may be worn in the hair or on the head. Bobby pins, flat clips and flat barrettes, unadorned and no longer than 2 inches, are also allowed.*

The current language prohibits the wearing of beads or clips that do not meet the above criteria. While both the NCAA and USA Volleyball have rules language that allows for these hair adornments, **these items are noncompliant per NFHS rules.**

The NFHS Rules Committee is sensitive to how this rule is enforced. The committee strongly believes that equipment rule compliance begins with coach/player education and responsibility to ensure all players are properly equipped falls directly on the head coach.

Should a player be found wearing a hair adornment(s) not meeting the requirements of Rule 4-1-6, the following steps may be taken by the officials to avoid disqualification or cutting out of secured hair adornments:

1. Officials shall notify the head coach of the rule violation as soon as the noncompliant hair adornment is identified.
 - a. If the adornment can easily be removed, it must be removed before the athlete can compete.
 - b. If the adornment cannot easily be removed, the player must secure the hair adornment(s) in a way that will not pose a risk to the athlete or their teammates.
2. The athlete will be allowed to compete in that match with adornment removed or secured.
3. At the conclusion of the match, the state association shall be notified by the official.
4. The state association shall inform the athletic director/head coach that their team must be legally equipped to participate in the next match.

The NFHS Volleyball Rules Committee will be closely examining the current rules language in January in addition to the current penalty structure.

HEADBANDS

Headbands, if worn, must be black, white, or the predominate color similar to that of the torso of the uniform (excluding the libero) and must be the same for all participants. Any headband worn cannot be tied. Pre-wrap is not allowed as a headband and/or hair control device.

MULTIPLE CONTACTS ON FIRST BALL OVER NET

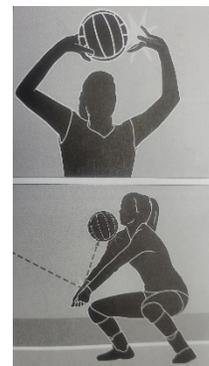
Rule 9-4-8 states:

Multiple contacts are more than one contact by a player during one attempt to play the ball.

Multiple contacts are permitted only:

- a. When the first ball over the net rebounds from one part of the player's body to one or more other parts in one attempt to block;
- b. On any first team hit whether or not the ball is touched by the block.**

Keep in mind that **any FIRST contact over the net**, we cannot have a double hit call. The only call we MIGHT have on the first contact would be any prolonged contact, not double contact.



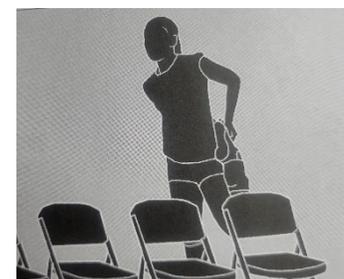
BENCH PERSONNEL/WARM UP

Rule 9-1-1 states: All nonplaying team members shall be seated on the designated team bench during the set.

Rule 12-2-7: Teammates and other bench personnel other than the head coach, shall remain seated on the team bench during a set except to:

- a. Spontaneously react to an outstanding play by member of their own team;
- b. Go to a nonplayable area to warm up without volleyball prior to entry into the set as a substitute;**
- c. Stand at the bench to greet a replaced player(s), then immediately sit down.

If a substitute wishes to "warm up or stretch" prior to going into the contest, they must be in a nonplayable area, like behind the bench or in an area that is not considered a playable area.



PENALTY FOR EXCEEDING MATCH LIMITS

In matches with more than one level of competition such as Varsity, JV, or "C" an individual shall not participate in more than seven sets against the same common opponent. The player limitations apply to 7th and 8th graders when they are moved up to a 9th grade level or higher match against the same opponent.

The penalty for player set limitation violations would be an unnecessary delay (YUD-administrative yellow) and entry into the set is denied to that competitor.

CALLING THE "TWO" (double hit)

There seems to be some confusion over the "two" call on setters or other players during the contest. I am hearing we have some "mixed messages" out there. We discussed this matter at great lengths with our guest clinician, Joan Powell, at the Summer VB Clinic for Officials. The message that was given at that clinic was not that we aren't calling double hits on the setter or anyone else. The message was that "we need to call what we see. Don't go looking for trouble, don't assume because of spin or rotation that it is a double hit. A double is a double regardless of who makes contact, (whether a setter or any other player) *and regardless of whether it stays on your side of the net or not*. I am hearing that if it stays on the same side of the net and we have a double hit, we aren't calling that.....that should **NOT** be the case. A double is a double and should be called IF witnessed by the official. Again, we aren't going out and looking for trouble, but if we have a double it needs to be called just like any other ball handling call would be called! I think we are doing a pretty good job with this, so keep up the good work!

SPORTSMANSHIP: WHAT WE PERMIT, WE PROMOTE!