

Javelin Throw

Sector and runway information; Updated 2021

JAVELIN THROW — The runway for the throw should have a minimum length of 120 feet (36.5 meters) and shall be marked by two parallel lines, 13 feet, 1½ inches (4 meters) apart and terminated by a foul-line arc with a radius of 26 feet, 3 inches (8 meters) as shown below. The foul-line arc shall be marked with a white metal, plastic or wood band 2¾ inches (7 centimeters) in width. If using a band, the top surface shall be level with the throwing surface. The line or band shall be in the throwing sector with the edge toward the runway coinciding with the foul-line arc. A line 2¾ inches (7 centimeters) in width and 2 feet, 5½ inches (75 centimeters) in length shall be placed or painted on each side of the runway perpendicular to the side boundaries at the intersection of the foul-line arc and inside of the side boundary lines.

The throwing sector is that area defined by extending radii through the two intersections of the arc with the runway lines and a point midway between the runway lines and 26 feet, 3 inches (8 meters) from the foul line.

