

## 2024 Track and Field Officials/Coaches/AD's/Meet Directors Clinic and Agenda

Clinicians: Regional Representatives + Special Guests as requested

Updated 2-1-24 by TC

- ✓ We are hosting 4 state-wide clinics for you to choose from. These clinics are for all Officials/Coaches/AD's-Meet Directors and will cover best practices as well as rule changes, interpretations, and points of emphasis. We also will discuss the role of meet officials and their duties. We encourage all T-F/XC officials, meet directors and coaches to attend. **Agenda within/below.**

### **Locations, Dates & Times for 2024 South Dakota track and field clinics:**

- **Tea**
  - *When: Wednesday, February 21, 2024*
  - *Where: Tea High School Commons*
  - *Time: 7:00 pm Central*
  - *POC: Tony Waterman, 605-941-1106 [twater.cups@hotmail.com](mailto:twater.cups@hotmail.com)*
- **Webster**
  - *When: Wednesday, February 21, 2024*
  - *Where: Webster Armory Classroom*
  - *Time: 7:00 pm Central*
  - *POC: Robert Kwasniewski, 605-265-0008 [rkwas1@abe.midco.net](mailto:rkwas1@abe.midco.net)*
- **Rapid City**
  - *When: Wednesday, February 21, 2024*
  - *Where: Rapid City Central FACS Room*
  - *Time: 6:00 pm Mountain*
  - *POC: Larry Stevens, 605-877-4081 [ldstevens57@outlook.com](mailto:ldstevens57@outlook.com)*
- **Pierre**
  - *When: Wednesday, February 28, 2024*
  - *Where: Pierre, SDHSAA Office*
  - *Time: 7:00 pm Central*
  - *POC: Steve Charron, 605-354-4716 [scharron123@hur.midco.net](mailto:scharron123@hur.midco.net)*

**For clinic registration, please email Regional Representative and designate your site of attendance. These clinics are free to all attendees**

Region 1 = Robert Kwasniewski	605-265-0008	<a href="mailto:rkwas1@abe.midco.net">rkwas1@abe.midco.net</a>
Region 2 = Tony Waterman	605-941-1106	<a href="mailto:twater.cups@hotmail.com">twater.cups@hotmail.com</a>
Region 3 = Steve Charron	605-354-4716	<a href="mailto:scharron123@hur.midco.net">scharron123@hur.midco.net</a>
Region 4 = Larry Stevens	605-877-4081	<a href="mailto:ldstevens57@outlook.com">ldstevens57@outlook.com</a>
Randy Thomas	605-381-0394	<a href="mailto:faithlbr@faithsd.com">faithlbr@faithsd.com</a>
President = Tim Casper	605-203-1754	<a href="mailto:tim.casper19@gmail.com">tim.casper19@gmail.com</a>
President Elect = JD Evans	605-491-4207	<a href="mailto:jd.evans@k12.sd.us">jd.evans@k12.sd.us</a>
Executive Secretary/Treasurer = Dana Nelson	605-280-1333	<a href="mailto:dana.nelson0007@hotmail.com">dana.nelson0007@hotmail.com</a>

### **Clinic Agenda with additions as we proceed from the Tea clinic to the final clinic**

1. Update all with the SDCCTFOA going's on
  - a. Utilize website and reference the links within: <https://www.sdhsaa.com/activity/track-field-officials/>
2. Track and Field
  - a. Utilize the SDHSAA website and reference the links within: <https://www.sdhsaa.com/activity/track-field/>
  - b. We will refer to the new Spring 2024 Rule Book, Case Book, and Officials Manual
    - i. Editorial Changes from Rule Book
      1. 4-2-1 refers to 4 event limitations – SDHSAA has made a decision... nothing changes
      2. 4-6-5 refers to unfair act when a competitor receives assistance
      3. 5-9-2 if interference occurs in a prelim, the meet referee may add a heat in that round
    - ii. Points of Emphasis

1. Fair Starts – 5-7-4c, d (new) and 8-4-4 note 2 (new) more to come within agenda
2. Sportsmanship – refer to back of rule book – read on your own
3. Cross Country Safety – refer to back of rule book – read on your own
- iii. 2024 NFHS Track/Field Rule Changes, Reference each rule/discuss as a group: (11 total)
  1. <https://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2024/>
- iv. Section 6 disqualification and conduct. Refer to 6.1 and 6.2 along with notes
  1. Utilize document approved by Advisory Committee that Tim Casper provided
3. Javelin will be scored throughout the 2024 season, including the state meet, for all 3 classes, AA, A, and B
  - a. Refer to section 6.1-8, first point of contact, correct procedures for measuring, and discuss a foul
4. Starter...Duties of a Head and or Assistant Starter
  - a. Go over procedures and discuss proper protocol. Refer to specific information provided within this document below
5. Meet Referee...Duties of a Meet Referee and or Head Field Judge
  - a. Go over procedures and discuss proper protocol. Refer to specific information provided with this document below
6. Attendees' questions or concerns

### Starter/Assistant Starters

1. Arrive on site a minimum of an hour early
  - a. Hurdles and starting blocks
  - b. Meet Director/time schedule/pre-meet meeting
  - c. Clerk of Start/Clerk of Finish
  - d. Announcer
  - e. Assistant Starter(s)
2. Control of Starting Area
  - a. Promptly on time or rolling schedule
  - b. Instructions
  - c. Signal from Finish Clerk and Umpires
  - d. Instructions
  - e. Fair Start – NFHS rule 5-7, article 1-7, approximate two second between commands, discuss this...
  - d. Warnings
  - e. False Start
  - f. Fall in first 100m not run-in lanes or at a XC meet
3. Positioning of all Starters
  - a. Starter/Assistant Starter/Meet Referee
  - b. 100/Hurdles 2/3 Starters
  - c. One turn/two turn/three turn/four turn (2/6) Starters Assistants
  - d. 300 Hurdles and 200 dash
  - e. Distance races with one turn stagger not run-in lanes
4. Whistle Start – recommend a Fox 40
5. Designated lap counter
  - a. Last lap bell
6. **Rule 5, Section 7, article 3, page 36 in the 2024 rule book:** The starting command for individual races, or opening relay legs of 800 meters or more outdoors shall be to “ask” all competitors to take position three meters behind the starting line or dashed arc behind the line. With the command “On your marks” all competitors will step to the starting line without delay. When all competitors are steady and motionless without their hand(s) touching the ground, the starter shall fire the starting device.

**Interpretation:** Within Rule 5, Section 7, article 3 is the verbiage “ask” From NFHS/SDHSAA  
 Our SDHSAA proposed this to the NFHS. Question proposed...what if the runner doesn't want to go back 3 meters behind the start line, what if they are closer or don't do it at all? Does the word "ASK" mean they must/shall or the official does not start the race?

**FROM NFHS:** Thanks for reaching out. I don't think I have ever seen an athlete disregard a direction at the start. In the event an athlete chose not to assemble where asked, that action would lead to a warning for not following the instructions of an official. The "ask" is merely to get the athletes in their proper position so that the start process can begin.

**Officials point of emphasis:** This needs to be added to our clinic agenda and our pre-meet meeting with coaches. Take some time and explain to coaches the proper starting procedure of opening legs of 800 meters or more.

Discussion/Questions – may ask each official what are their main priorities as a starter

## Meet Referee Agenda

1. Duties of a Meet Referee/Head Field Judge/Asst. Starter, or any combination
  - a. Pre-Meet responsibly:
    - i. Your Calendar, Contracts (r-School/Bound), Meet Times/Dates, Call AD for facilities issues specific for this meet
  - b. Track Bag: What do you need for the track season
  - c. Meet with Meet Director and others for this specific meet (The Day)
    - i. Schedule, specific issues (weather/wind), moving field events/running direction, pit selection (on the track events and in the field events) pre-meet meeting, announcer, timers, clerk, jury of appeals...How are you going to communicate will all?
  - d. During meet duties
    - i. Meet Referee is responsible for the entire meet through results. Once you hit the venue + 30-minute rule + 48-hour rule
    - ii. Field - Make sure all start on time, make sure all event judges are running their event correctly, listen, observe, get right in there as needed, sign off on all result sheets for accuracy
    - iii. Track – Make sure all FAT/timers/pickers are on the same page with head timer and finish clerk, make sure head starter knows all the starting lines/hurdles colors (hurdle weight, where do they go, 300-100-110)
    - iv. Changing direction – issues with starting line/finish line and hurdle markings – every track is different – refer to lane 2
  - e. After meet duties – Stay until Track Meet is final, results given, write down end time of meet and issues in a journal – call your track peers on the way home/next day
  - f. Rule Books – Know how to navigate all – Get the NFHS All Access App on your phone – this is awesome
  - g. Tim’s Pre-Contest Meeting Doc – quick reference guide updated for 2024 season – this is what I use for my coaches meeting
  - h. Complete/Score the High Jump Event Sheet and discuss first place – 16 competitors
  - i. Read over some Case Book scenarios as a group, pick tough situations – if time
  - j. Read over the Rule Book as a group, pick misunderstood topics – if time
  - k. Track and Field stories not in the rule book that officials must resolve – if time
    - i. Show track and field pics and discuss
  - l. Discussion/Questions from all attendees
2. NFHS – SDHSAA – Track and Field Rules Test – if available
3. Track and Field/Cross Country Advisory Committee minutes discussion, refer to SDHSAA link
4. Officials Council minutes and discussion, refer to SDHSAA link