SDHSAA Safety Score Sheet

SCHOOI: AA A	Category	·	Small Larg	ge
	Points	Location of	Explanation/	
Infractions) Violation (stage left)	•	Deductions
Tumbling/Dance Fall(s) – Individual Athlete		, reconstruction (congercery)		
Examples: fall/land to weight bearing position	1 point	LCR		
during tumbling, jumps or other skills	_ po			
Dance: Incorrect/illegal dance skills				
Jewelry or Improper Equipment				
Illegal braces, supports, casts	5 points			
Fingernails, hair, glitter, hair ties on wrist	1 point			
Improper Uniforms, undergarments etc.	_ po			
Boundary Violation	1 point per	LeftRight		
ONE ENTIRE weight-bearing hand, foot or body	athlete	FrontBack		
part is completely outside of the performance				
surface				
Props/Poms				
Thrown (flick of wrist)/Stepping on - out of	1 or 5 point	L C R		
skill/stunt (1); Slipping & Falling out of	/occurrence			
skill/stunt (5)	,			
Collision	1 point	L C R		
	'			
Unnecessary Delay	10 point			
Team not in the on-deck area when announced	·			
No chants/cheers after announced				
Time Limits (Music & Overall)				
1-3 seconds over time	Warning			
4-8 seconds over time	5 points			
9 or more seconds over time	10 points			
Major Fall(s) – Stunting (Cheer)				
Drop from an individual stunt to a compromising				
position. The top person falling to the ground in an	10 points	LCR		
uncontrolled manor, or multiple bases, or base or				
spot landing on the ground.				
Safety Violation (Cheer)				
Incorrect/Illegal skill performed	10	LCR		
Inattentive spotting	10 points			
Illegal bracers/supports/posts	10			
Unacceptable conduct	40 pts			
Being disrespectful (profanity not direct		LCR		
towards someone, etc.)				
Unsportsmanlike Conduct	Team DQ			
Vulgar or suggestive choreography, using	day of			
profanity. Must be suitable for family viewing.	competition			
TOTAL:				