

A Belief Moment (1:00)

I'll never forget the day I decided to go out for the football team. Mr. Banks, the JV football coach and my history teacher, asked me to stay after class. I thought I was in trouble. He said, "Hey Darius, have you thought about going out for football? I think you'd be great."

Fact is, I never played football. Fact is, I never had anyone tell me I'd be great at something. So with no experience at all, I signed up and a week later I padded up and was running drills on the field. I never was great, but playing high school sports was one of the greatest experiences of my life. I was accepted by my teammates, and I learned that when someone believes in you, you can believe in yourself. Encourage a student, you know, to take part in a high school sport.

This message presented by the SDHSAA and the South Dakota Interscholastic Athletic Administrators Association.