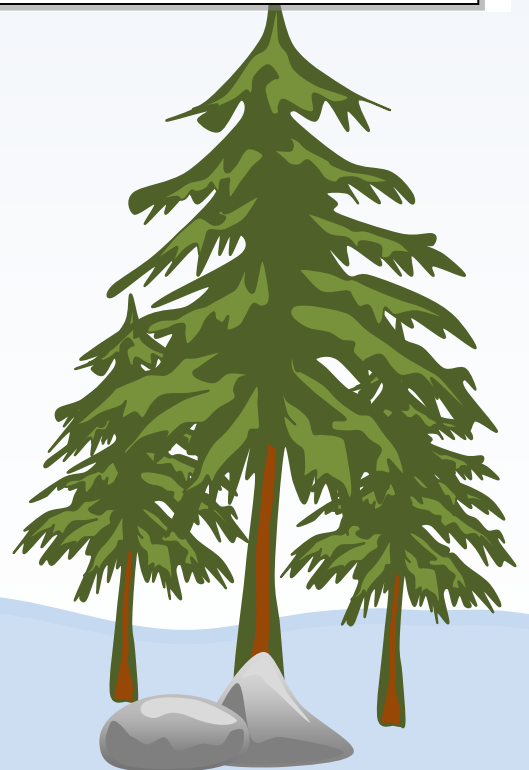


Regional Workshops are being held in a city near you!! Please read the email sent out to all advisors in the state by Brooks Bowman! Please try to take your council members to this great opportunity for student leadership. Your local boards have done lots of hard work to provide this leadership event. Let's support it!

**Welcome back to school! I'm know it has been a busy start to the 2019-2020 school! I was with homecoming the first day our school started. Hope it went well for all you great advisors who do so much for our school spirit! Hopefully things are starting to fall into place, and it is getting easier for all of us. Good Luck to you who still have homecoming soon! It is going to be another great school for all us!! If you have any questions please reach out to Brooks or myself!**



The Award for Youth in Philanthropy honors as individual (or group of individuals) aged 10-18 who has demonstrated commitment to Regional Health through direct fundraising support, development of charitable programs, volunteering or leadership in philanthropist (s) based on initiatives developed for Regional Health patients, programs or equipment. South Dakota Student Council Association and the South Dakota High School Activities Association.

Thanks to all the student councils across the state of South Dakota who donated to Children's Miracle Network. It truly was an honor to attend this Gala sponsored by Regional Health Foundation and accept this award on behalf of SDSCA!



# PUT THIS INTO PRACTICE

BY HOLLI CLINE

Engage your chapter or council by participating in this interactive activity.

## A Sticky Situation

### Objective

Students will learn that once an action is completed, it is difficult to reverse the action.

### Materials

- Travel-size tubes of toothpaste (one for every three to four members)
- Paper plates (one for every three to four members)

### Time Required

5–10 minutes

### Background

It is a timeless lesson: Some things, once they are done, can never be undone. But perhaps in the seemingly impermanent world of Facebook posts and tweets that can easily be deleted, Snapchat photo snaps that disappear in seconds, and left-swipes that can totally remove someone from your view, it is especially beneficial to reinforce the fact that our actions can have lasting consequences.

### Procedure

Instruct students to squeeze out as much of the toothpaste onto the paper plate as they can. Members can get the toothpaste out in any way necessary. After the toothpaste is out, instruct the members to return all the toothpaste into the tube. It shouldn't take them long to realize it's an impossible task, though they may have some fun getting sticky fingers in the process.

### Processing

Tell the members once the toothpaste is out, it is out for good. There is no returning it to its original state—just like some human actions. Once

something is said, written, posted, or acted upon, it is difficult to return the way things were before. No matter how temporary something might seem, everyone is held accountable for their actions. Here are some questions to encourage reflection and discussion:

- When you say something to someone, can that be unheard?
- When you post something online, can that be unseen?
- When you complete an action, is it easy to undo?
- What can you do to correct your actions?
- Discuss being accountable for your actions as a student leader.
- Can an action ever be completely undone?
- What can you do to improve positive actions?

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**Holli Cline** is a National Junior Honor Society adviser at Fairbanks Middle School in Milford Center, OH.

