



***SOUTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION
SPECIAL MEETING OF THE BOARD OF DIRECTORS***

February 01, 2021

10:30 a.m. CT

Pierre, South Dakota

Board will participate via Zoom.

Office will be open to the public, meeting audio will be live-streamed.

Call the meeting to order and establish a quorum

Board Members:

Criag Cassens, Chair- Faulkton
Mark Murphy- Aberdeen Central
Marty Weismantel- Groton Area
Michael Talley- RC Central

Randy Soma, Vice Chair- Brookings
Barry Mann- Wakpala
Dr. Jerry Rasmussen- Dakota Valley
Tom Culver- Avon

ITEM #1 – Approve the agenda.

ITEM #2 – Public Forum

ITEM #3 – Consider changes to Girls and Boys Basketball Playoffs

- If fewer than four teams are actively participating in a Region, a Super-Region shall be formed to play for four spots in the SoDak 16.
- Super Regions, if formed, shall be formed as Region 1 and 2, Region 3 and 4, Region 5 and 6, and/or Region 7 and 8.

ITEM #4 – Consider change in ticket prices for 2021 State Basketball from \$15 for adults/\$10 for students to \$10 for adults/\$6 for students to reflect the change from day to session ticketing.

ITEM #5 – Consider report and recommendations by the SDHSAA COVID-19 Task Force regarding athletics and fine arts activities.

ITEM #6 – Executive Session per SDCL 1-25-2.1(Appeals Hearing on an Official's Ethics Complaint)

ITEM #7– Action resulting from Executive Session

ITEM #8– Adjourn

Respectfully Submitted,

Dr. Daniel Swartos
SDHSAA Executive Director



South Dakota High School Activities Association

804 North Euclid, Suite 102 • P.O. Box 1217 • Pierre, South Dakota 57501

Phone: (605) 224-9261 • Fax: (605) 224-9262

SDHSAA Spring 2020 Rule Modifications

Rule modifications are divided into three categories:

1. **Mandatory** = rule changes that must be followed until further advised
2. **Optional** = rules allowances that may be utilized if desired until further advised
3. **Impermissible** = items that are not allowed by SDHSAA rule

TRACK & FIELD

MANDATORY MODIFICATIONS	<ul style="list-style-type: none">• Awards: No awards ceremonies following events or the meet. Distribute awards directly from meet administration to coaches to provide to athletes. No draping of medals on competitors• No common distribution of water accessible to multiple parties.• Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.• Spectators must not have access to athletes, and should be restricted to areas outside of the track, event facilities, training areas, team camps, starting and finish areas.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none">• For Students: Masks/face coverings may be worn. Each athlete should be required to bring their own water bottle.• Team Camp areas, if permitted, should be isolated from spectators or other non-essential personnel. Team camps should be only available to members of that specific team, and not a shared/common space.• Considerations should be made by meet management in regard to limiting entries, both in each event/heat as well as in numbers of teams and participants present. Given that track facilities and amenities differ from location to location, no singular rule can dictate what each venue may be able to accommodate.• Social Distancing should be considered at all field events and common gathering areas. Provide athletes ample space to remain 6' apart from one another while waiting/warming up, and relocate spectators as necessary to accommodate the change.

GOLF

MANDATORY MODIFICATIONS	<ul style="list-style-type: none">• Follow all rules published by the host course and USGA guidelines that are in place for spectators, competitors and coaches alike. This includes leaving the flagstick and hole-barrier in place if the course is using that system for regular season play.• No-Touch Scorecards shall be used as available. The USGA and Golf Genius have a tutorial to show how this can be provided free of charge through the USGA Tournament Management App on any mobile device with a data connection. Rules regarding illegal use of electronic devices will remain in place for competitors.• Fans/Spectators and Rules Officials shall maintain a 6' distance from all players throughout the round.• No Awards Ceremonies following play. Meet management shall distribute all awards to coaches, who will then present to the athletes. No draping of competitors in ribbons/medals.• No common distribution of water accessible to multiple parties.• Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.
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SDHSAA- Serving Students Since 1905

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OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Consider “putting through” or “uninterrupted putting” by players when on the green to allow for safer distancing as the golfers who are not up are able to remain distanced on/around the green. • Consider “Circle 10” option for scoring, where if a player exceeds 10 shots on a hole, they simply pick up. This allows for more consistent pace of play throughout events. • Athletes and coaches are allowed to wear masks/face coverings, and are invited to bring their own water bottle. • Galleries should be limited to “paths only” and keep 6’ of distance between themselves and others throughout the round.
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TENNIS

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Use numbered sets of tennis balls, with a different number for each competitor/doubles team, and only handle your numbered tennis balls. Clean balls with Lysol or Clorox. • Maintain social distancing as possible during play. Avoid fist bumps or handshakes prior to or following the contest. • Use your racquet or foot to move balls from your side to your opponent’s side. • Switch courtsides on opposite sides of the court. • Clean frequently touched objects and areas and provide ample hand sanitizer for athletes and coaches.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Strongly encourage athletes and coaches wear face masks/coverings when not actively participating in the contest. • Athletes should use their own water bottle.

Fine Arts Spring Events

All-State Band: (May 26-27 in Mitchell)

- Four separate bands of approximately 50 students each.
- Two bands rehearse and perform May 26
- Two bands rehearse and perform May 27
- Masks and bell covers required by all participants.
- Seating will be blocked off for social distancing.

All-State Chorus and Orchestra: (April 19-20 in Sioux Falls)

- This event involves approximately 1200 students from over 100 communities (Approx. 150 orchestra members, Approx. 1000 chorus members)
- **Option 1-** Social distancing of quartets, mask use on all participants, bell covers on all wind instruments, directors in the PC to monitor mask use and social distancing, restroom breaks in increments, 90 minute rehearsals, no audience except for directors of participating students. Day 1- 90 minute rehearsals at 8, 1030, 130, 330, and 730. Day 2- rehearsal at 8 and 10, combined rehearsal at 2:15, concert at 7.
- **Option 2** (Cancel All-State Chorus, only hold All-State Orchestra, follow NFHS recommendations)- Mask use by all students and bell covers on all wind instruments. Two and a half hour rehearsal periods of 30 minutes in the ballroom, 30 minutes in the PC, 30 minutes in the ballroom, and 30 minutes in the ballroom to allow for the 90 minute air exchange cycle in the Premier Center. Students have normal meal breaks and leave the facility to get food. Students would be allowed a set amount of ticket vouchers for attendance.

All-State Jazz Band: (May 6-8 in Mitchell)

- Due to the small size of this event, this can be held with minimal changes and will include mitigation strategies.

If a participant has tested positive for COVID-19, he/she must be cleared for progression back to activity by an approved health care provider (MD/DO/PAC/ARNP)

Individual's Name: _____ DOB: _____ Date of Positive Test: _____

THIS RETURN TO PLAY IS BASED ON TODAY'S EVALUATION

Date of Evaluation: _____

Criteria to return (Please check below as applicable)

- ☐ 14 days have passed since symptom onset OR 14 days from date of positive test if completely asymptomatic, during which the individual has been asymptomatic for at least the last **7 days** without use of fever-reducing medication
- ☐ Individual was not hospitalized due to COVID-19 infection.
- ☐ Cardiac screen negative for myocarditis/myocardial ischemia (All answers below must be no)

Chest pain/tightness with exercise	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Unexplained Syncope/near syncope	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Unexplained/excessive dyspnea/fatigue w/exertion	YES <input type="checkbox"/>	NO <input type="checkbox"/>
New palpitations	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Heart murmur on exam	YES <input type="checkbox"/>	NO <input type="checkbox"/>

NOTE: If any cardiac screening question is positive or if participant was hospitalized, consider further workup as indicated. May include ECG, cardiac biomarkers, Echocardiogram, CXR, PFT's, Chest CT, or cardiology consult.

- ☐ Individual HAS satisfied the above criteria and IS cleared to return to activity.
 - ☐ **OPTIONAL:** Due to moderate or severe symptoms with COVID-19, the participant should perform the stages of the Graduated Return to Play Progression prior to full clearance
- ☐ Individual HAS NOT satisfied the above criteria and IS NOT cleared to return to activity

Medical Office Information (Please Print/Stamp):

Evaluator's Name: _____ Office Phone: _____

Evaluator's Address: _____

Evaluator's Signature: _____

Graduated Return to Play (RTP) Progression After COVID-19 Infection

In participants who have had moderate or severe symptoms with COVID-19 or their provider had any concerns for rapid RTP, the athlete should complete the progression below without development of chest pain, chest tightness, palpitations, lightheadedness, pre-syncope, or syncope. If these symptoms develop, the participant should be referred back to the evaluating provider who signed the form.

- **Stage 1: (2 Days Minimum)** Light Activity (Walking, Jogging, Stationary Bike) for 15 minutes or less at intensity no greater than 70% of maximum heart rate. NO resistance training.
- **Stage 2: (1 Day Minimum)** Add simple movement activities (EG. running drills) for 30 minutes or less at intensity no greater than 80% of maximum heart rate
- **Stage 3: (1 Day Minimum)** Progress to more complex training for 45 minutes or less at intensity no greater than 80% maximum heart rate. May add light resistance training.
- **Stage 4: (2 Days Minimum)** Normal Training Activity for 60 minutes or less at intensity no greater than 80% maximum heart rate
- **Stage 5: Return to full activity**

Health Provider Signature following Graduated RTP for clearance to resume activities: _____



COVID-19 Participant/Coach Monitoring Form

PERSON RESPONSIBLE:

NOTE: ANY SOUTH DAKOTA DEPARTMENT OF HEALTH CONFIRMED POSITIVE COVID-19 TEST RESULT MUST HAVE THE RETURN TO PLAY FORM COMPLETED PRIOR TO RETURN TO ACTIVITIES.

[illegible]



(Insert School Logo Here)

SDHSAA COVID-19 MONITORING FORM RESPONSE GUIDE

	Yes (Any response)	No	Action
Section 1	X		Follow school guidance on school illness policy (symptom free for 24 hours without use of fever reducing medication)
Section 2		X	

	Yes (Any response)	No	Action
Section 1	X		Contact healthcare provider for evaluation/possible testing OR self-quarantine for 14 days from symptom onset and/or potential exposure
Section 2	X		

	Yes (Any response)	No	Action
Section 1		X	<i>YES ON QUESTION 1 OF SECTION 2:</i>
Section 2	X		Contact the South Dakota Department of Health for further guidance.

NOTES:

- ANY PARTICIPANT WITH A SOUTH DAKOTA DEPARTMENT OF HEALTH CONFIRMED POSITIVE COVID-19 TEST RESULT MUST HAVE THE RETURN TO PLAY FORM COMPLETED PRIOR TO RETURN TO ACTIVITIES.



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SDHSAA Spring Sports/Activities Task Force Recommendations January 2021

Task Force Members:

Medical Representatives

Dr. Jeremy Cauwels Dr. Verle Valentine Dr. Mike Wilde Paul Richter Tryg Odney

State Office Representatives

Sec. Tiffany Sanderson- SD Dept. of Education Linda Ahrent- SD Dept. of Health
SDHSAA- Dr. Dan Swartos, Jo Auch, Dr. John Krogstrand, Brooks Bowman

SDHSAA Board of Directors

Craig Cassens (Principal, Faulkton) Randy Soma (AD, Brookings),
Mark Murphy (School Board, Aberdeen)

Superintendents

Dr. Becky Guffin- Aberdeen	Dr. Jarod Larson-Brandon Valley
Shayne McIntosh- Parkston	Joel Bailey- Platte-Geddes
Derek Barrios- Elk Point/Jefferson	Blake Gardner- Hill City
Tom Cameron- White River	Dr. Donavan DeBoer- Parker
Rick Weber- Flandreau	

Athletic Directors

Casey Meile- Sioux Falls Public	Jared Vasquez- Rapid City Stevens
Terry Rotert- Huron	Brian Moser- Pierre T.F. Riggs
Chuck Wilson- Todd County	Julie Eppard- Chester Area
Kelly Messmer- Harding County	

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Guiding Principles:

1. A return to sports/activities for regular season contests and state championships must be safe for athletes, coaches, officials, and fans.
2. The goal of the SDHSAA in 2020-21 should be to incorporate school-based sports and fine arts activities when practical and safe.
3. Standardized procedures should be in place at all schools for the screening of athletes and coaches. This procedure should also be followed by all officials and judges for contests.
4. Standardized protocols should be in place, in conjunction with the South Dakota Department of Health, at all schools regarding confirmed positive cases of rostered individuals, members of the coaching staff, and all officials and judges.
5. SDHSAA Policies should be in place regarding the re-scheduling of events, events to be deemed a “no contest”, and events to be deemed a “forfeit”.
6. The SDHSAA should offer guidance on issues that would normally be a matter of local control.

Principle #1 – Safety

- The NFHS has proposed rule modifications for all Spring sports. Recommendations from SDHSAA staff on those rule modifications fall under three categories- mandatory, optional, and impermissible. In addition to winter sports, proposed solutions for winter fine arts events have also been created.
- The NFHS Sports Medicine Advisory has released recommendations for classification of sports and fine arts activities in regards to contact and risk. Those categories are Low, Moderate, and High.
- Spring Sports:
 - Low Contact/Risk- Golf, Tennis, Track and Field
- Winter Fine Arts:
 - Moderate Risk (depending on venue and mitigation)-
Chorus/Orchestra/Jazz Band/Band

Principle #2- Keeping Students Active and Involved

- The end of the school year, graduation, and contractual issues with coaches does not lend itself well to the lengthening of seasons in the Spring. Spring events should be completed as possible. There is potential to move into June with events, but that presents more issues than changes to fall or winter activities.
- Spring activities lost their state events in 2020. All possible options must be explored to conduct and complete these events as possible.

Principle #3- Screening Procedures

- All rostered individuals (athletes, managers, statisticians, coaching staff, cheerleaders) and other school personnel involved (bus drivers, etc) should be screened daily for CDC recommended indicators of COVID-19. **The COVID-19 Monitoring Form Response Guide, on page 2 of the SDHSAA Monitoring Form, will be used to determine positive responses to screening questions.**
- Depending upon school policies, screening for fever may be done at the school or at home.
- All contest officials and judges will self-screen the day of the contest and report to site host administrator. Any individuals with unexplained positive responses must not be allowed to officiate/judge until they follow guidance from the Monitoring Form Response Guide.
- Athletes, participants, coaches, and officials who are in a vulnerable population should take extra precaution and visit with their physician about participation, particularly in sports/activities that do not allow for consistent social distancing.

Principle #4- Protocol for Confirmed Close Contact and Positive Cases

- **ALL indications of positive cases and confirmed close contact (within 6 feet for at least 15 minutes of time starting two days prior to symptom onset) must come through the school or the South Dakota Department of Health.**
- Any Department of Health verified close contact (student/coach/official/judge/team personnel) is recommended to follow SDDOH guidelines. Currently, those guidelines recommend a 10-day quarantine from the date of last contact away from school and daily screening of symptoms, OR a 7-day quarantine if a negative test is performed on day 5 or later of quarantine, no symptoms of COVID-19 develop, AND the individual self-monitors for symptoms for an additional 7 days following release from quarantine. Schools have developed local policies regarding close contacts, and those guidelines will be honored by the SDHSAA, with the exception of policies directly called for in rules modifications.
- Any **PARTICIPANT** with a Department of Health verified positive case must satisfy the following requirements prior to returning to activities:
 - 14 days have passed since onset of symptoms, or if asymptomatic, 14 days from the date of the positive COVID-19 test.
 - Asymptomatic for at least the last 7 days of the 14-day period without the use of fever reducing medication
 - SDHSAA Return to play form must be completed by an approved health care provider (MD/DO/PAC/ARNP)
 - The approved health care provider completing the Return to Play form has the option to
 - a) Clear the individual for an immediate return to activity,

- b) clear the student pending a Graduated Return to Play Progression due to moderate or severe symptoms, or
 - c) Deny clearance to return to activity
- Non-Participants with a DOH verified positive case must follow CDC/SDDOH guidelines (currently 10 days since symptom onset, 24 hours asymptomatic without the use of fever-reducing medication) and receive DOH clearance prior to returning.
- Schools must notify the SDHSAA of any verified close contact or positive cases of rostered individuals via the SDHSAA School Zone. No personally identifiable information will be contained in the notification to the SDHSAA. All information will be treated in compliance with HIPAA and FERPA from the member school and the SDHSAA. Dr. Swartos from the SDHSAA will be part of the SDDOE/SDDOH School Response Team.

Principle #5- SDHSAA Policies

- Re-Scheduling Contests- The SDHSAA will assist teams as much as possible in working towards the satisfactory rescheduling of missed contests.
- “No Contest”- If a school has substantial spread of cases within their building such that they are forced to deliver instruction completely via distance learning, all efforts should be made to reschedule. If that is not possible, the contest will be declared a “no contest” for both teams. Similarly, if both teams agree not to play, but are not in a “shutdown”, in exceptional scenarios it could become a “no contest” with prior approval from SDHSAA.
- “Forfeit”- If a school decides on their own, without a school/district shutdown or without SDDOH recommendation, that they do not want to play a contest, the contest will be declared a “forfeit” with the team deciding not to play awarded a loss and the opposing team a win.
- Any post-season contests that are unable to be played will be considered a forfeit.
- The SDHSAA will act as a mediator and make final decisions as it pertains to forfeit and no contest determinations.

Principle #6- Benchmarks for Re-Evaluation

- The SDHSAA will work with this task force, in addition to the South Dakota Department of Health, throughout the Spring to determine if it is necessary to re-examine this document.

Principle #7- Other Guidance

- Schools should post guidance regarding social distancing and hygiene at their facility entrances and other high traffic areas of their facilities.
- Schools should encourage and support the use of masks by spectators.

- Schools should evaluate local conditions in determining restrictions on crowd size. **If fan attendance is allowed at a contest, fans from both/all teams involved should be allowed to attend in the same capacity deemed safe for home teams to attend.**
- Schools should consider using 7- or 14-day trends and other indicators of active cases, new cases, and hospitalizations in their District/County area to develop a tiered system for fan attendance, such as:

<u>TIER</u>	<u>Fan Attendance</u>	<u>Conditions</u>
Tier 1	Open attendance	Steady/Decreasing rates of community active cases, new cases, and hospitalizations.
Tier 2	Parents/Student Body Only	Slow/intermittent increase of community active cases, new cases, and hospitalizations. Isolated cases, no evidence of exposures in large communal settings.
Tier 3	Student Body or Parents Only	Steady/incremental increase of community active cases, new cases, and hospitalizations. Sustained increases, potential exposures in large communal settings.
Tier 4	No Fans	Sharp increase of community active cases, new cases, and/or hospitalizations WITHOUT concurrent increase of cases/contacts within the school setting. Confirmed exposures in large communal settings.

- If fan attendance is being limited, schools should consider using a pass system to control crowd sizes and limit build ups at the gate. In addition, any pass system should be extended to visiting teams and coordinated between athletic directors prior to the contest.
- **The SDHSAA encourages conferences and other like groups of schools to consider agreeing to similar attendance policies across the conference/like group to avoid confusion from fans.**
- **During bus travel to away contests and for transportation to practice for cooperative programs, schools should strongly consider assigned seating and mandating the use of cloth face masks by everyone on the bus to assist with contact tracing and potentially assist with the numbers confirmed close contact.**
- Schools should consider cashless transaction at the gates via a system like Huddle. Ticket takers and other event workers should be offered protective equipment such as masks and gloves.
- With the dramatic rise in streaming capabilities for contests, in addition to the NFHS Network offer of free Pixellot systems to every school, schools should evaluate their current streaming offerings and **actively encourage fans to self-screen and watch from home if exhibiting any symptoms. Similarly, schools should actively encourage those who are vulnerable to watch from home.**

- A joint SDDOH/SDHSAA set of recommendations for concession stands is attached to this document as **APPENDIX D**.
- Schools should evaluate their media areas and attempt to reconfigure to allow social distancing.
- Facility cleaning guidance for the summer/fall period should be continued throughout the school year.

FINAL RECOMMENDATIONS:

1. **At the November 24, 2020 meeting of the SDHSAA Board of Directors, the Board strongly recommended that schools implement mask use for anyone not participating in contests and for schools to develop a model to limit attendance at contests based on facility size for each contest. The Task Force recommends continuing that recommendation through the Spring Sports season.**
2. **The task force recommends that all SDHSAA-sanctioned Spring sports proceed with the attached rule modifications, in addition to screening procedures, Return to Play procedures, and the SDDOH guidelines for confirmed positive tests.**
3. **The Task Force recommends that All-State Band be held on the scheduled date with modifications and mitigation strategies outlined by SDHSAA Staff.**
4. **The Task Force recommends that All-State Jazz Band be held on the scheduled date with modifications and mitigation strategies outlined by SDHSAA Staff.**
5. **The Task Force recommends that SDHSAA Staff continue to look at the viability of holding the All-State Chorus and Orchestra event, to include exploring alternative options to limit the size of the event.**

References

Elliott, N., Martin, R., Heron, N., Elliott, J., Grimstead, D., & Biswas, A. (2020). Infographic. Graduated return to play guidance following COVID-19 infection. *British journal of sports medicine*, bjsports-2020-102637. Advance online publication. <https://doi.org/10.1136/bjsports-2020-102637>

Drezner, J. A., Heinz, W. M., Asif, I. M., Batten, C. G., Fields, K. B., Raukar, N. P., Valentine, V. D., and Walter, K. D. (2020). Cardiopulmonary Considerations for High School Student-Athletes During the COVID-19 Pandemic: NFHS-AMSSM Guidance Statement. *Sports Health*. <https://doi.org/10.1177/1941738120941490>

McGuine, T., Biese, K., Hetzel, S., Kliethermes, S., Reardon, C., & Bell, D. et al. (2020). The Impact of School Closures and Sport Cancellations on the Health of Wisconsin Adolescent Athletes. *University of Wisconsin School of Medicine and Public Health, Department of Orthopedics and Rehabilitation*. Madison, WI.

ADDITIONAL CONSIDERATIONS

1. Out-Of-State Open Enrollment Considerations:

- a. **North Dakota:** open enrollment allowed per the SDDOE agreement with North Dakota (border school can open enroll to any school).
- b. **Iowa:** open enrollment allowed per the SDDOE agreement with Iowa (districts must be adjoining and the physical location of the high school in South Dakota must be closer to the residence than the high school in Iowa)
- c. **Minnesota:** open enrollment allowed per SDCL 13-36-7 and 13-15-21 (both districts must be located on the border, request must be made prior to July 1st of the school year- in this case, July 1st, 2020). Current tuition agreements between districts and cooperative agreements between districts will be honored.
- d. **Nebraska, Wyoming, Montana, and all non-contiguous states:** No open enrollment allowed, must involve a bona fide move.

2. Playoff/Post-Season Changes

- a. **Track and Field- TBD, none at this time.**
- b. **Golf - TBD, none at this time.**
- c. **Tennis- TBD, none at this time.**