Balance Beam 2024 – 2026

CJ / AJ	EVENT REQUIREMENT – 1.0 (.2 ea) 360° turn on 1 foot 1 acro flight elem (on beam) Acro series of diff (on beam) Dance series or mixed series of diff (on beam) Superior dismt	TALLY Difficulty (3.0) Event Req. (1.0)
Gymnast #	COMPOSITION – 0.6 1. Variety of acro and dance (up to .2) 2. Quantity / level of acro vs dance (up to .1) 3. Acro in 2 directions (up to .1)	Composition (0.6) Bonus (0.8) Execution (4.6)
	4. Level changes / Distribution (up to .1) 5. Artistry / Choreography (up to .1) BONUS - 0.8 (max .4) AHS - 2 diff, no fall/spot (.2 ea) (.2) HL BBS (.2)	Neutral Ded
	(max .2) LL BBS (.1 ea, up to .2)	Sub Total
	EXECUTION – 4.6 Falls (.5 ea) (Technique/Amplitude/Posture)	FINAL SCORE
	Total Execution	(Deduct from Average)