Uneven Bars 2024 – 2026

O. I. A. I. Cum release / flight / ovelved adjacet)	
Sup release / flight (exclude dismt) 360° circle to clear support (clear hip/stalder/sole) Difficulty (3.0)	
Kip Inverted stretched element (within 20° or pass thru vert.) Superior dismt Kip Inverted stretched element (within 20° or pass thru vert.) Event Req. (1.0)	
Judge Superior dismt Composition (0.6)	
COMPOSITION - 0.6	
1. Variety of elements (up to .2) Bonus (0.8) <i>Gymnast</i> # 2. Lack of 2 bar changes (excl. mount/dismt) (.1)	
3. Lack of direction change (.1) Execution (4.6)	
5. Distribution (up to .1)	
BONUS – 0.8	
(max .4) AHS – 2 diff, no fall/spot (.2 ea) 10.00 (.2) HL BBS (.2)	
(max .2) LL BBS (.1 ea, up to .2)	
EXECUTION – 4.6	
Falls (.5 ea) (Technique/Amplitude/Posture) CJ Deduction Total Execution (Deduct from Av	