

**2025 STATE CLASS “A” AND “AA”  
GIRLS GYMNASTICS CHAMPIONSHIPS  
WATERTOWN CIVIC ARENA  
FEBRUARY 14-15, 2025**

**STATE MEET SCHEDULE - FRIDAY, FEBRUARY 14**

**CLASS “AA” TEAM CHAMPIONSHIPS, FRIDAY (SESSION 1)**

9:00 a.m.	Floor open for stretching - Open Warm-Ups – Equipment Check – Class “AA”
9:35 a.m.	Capital Cup Format for warm-up and competition (warm-up in practice area)
<b>10:00 a.m.</b>	Opening Announcements- National Anthem – <b>Begin Class “AA” Team Competition</b>
<b>1:45 p.m.</b> (approx.)	Special Awards
To follow	<b>Awards – Class “AA” Team</b>

**CLASS “A” TEAM CHAMPIONSHIPS, FRIDAY (SESSION 2)**

2:30 p.m.	Floor open for stretching - Open Warm-Ups – Equipment Check – Class “A”
3:05 p.m.	Capital Cup Format for warm-up and competition (warm-up in practice area)
<b>3:30 p.m.</b>	Opening Ceremony – National Anthem – <b>Begin Class “A” Team Competition</b>
<b>7:15 p.m.</b> (approx.)	Special Awards
To follow	<b>Awards – Class “A” Team</b>
Approx. 7:30 p.m.	Both classes practice time for individuals not involved in Team Day in warm up facility

**STATE MEET SCHEDULE - SATURDAY, FEBRUARY 15**

**CLASS “AA” INDIVIDUAL & ALL-AROUND, SATURDAY (SESSION 3)**

9:00 a.m.	Floor Open Warm-Ups/Bar Setting – Equipment Check – Class “AA”
9:40 a.m.	Capital Cup Format for warm-up and competition (warm-up in practice area)
<b>10:00 a.m.</b>	Opening Announcements – National Anthem – <b>Begin Class “AA” Individual Competition</b>
<b>2:00 p.m.</b> (approx.)	Special Awards
To follow	<b>Awards – Class “AA” Individual and All-Around</b>

**CLASS “A” INDIVIDUAL & ALL-AROUND, SATURDAY (SESSION 4)**

2:30 p.m.	Floor Open Warm-Ups/Bar Setting – Equipment check – Class “A”
3:10 p.m.	Capital Cup Format for warm-up and competition (warm-up in practice area)
<b>3:30 p.m.</b>	Opening Ceremony – National Anthem – <b>Begin Class “A” Individual Competition</b>
<b>7:30 p.m.</b> (approx.)	Special Awards
To follow	<b>Awards – Class “A” Individual and All-Around</b>

**Note:** No one allowed in the practice area or competition area prior to designated times.