



804 N. Euclid / PO Box 1217 - Pierre SD 57501
Telephone: 605-224-9261 – Fax: 224-9262

Randy Soma
Assistant Executive Director

TRACK & FIELD/CROSS COUNTRY ADVISORY AGENDA (Preliminary)

Meeting: Wednesday, October 2, 2024, 10:30 AM CT

SDHSAA via Zoom: <https://us02web.zoom.us/j/88507005145>

Track & Field/Cross Country Advisory Committee Members:

“AA” Coach	Paul Hendry, RC Stevens	2027 (2)
“A” Coach	Jason Bohl, Garretson	2026 (1)
“B” Coach	Todd Thorson, Ipswich	2025 (2)
Athletic Director	Kelcy Nash, Arlington	2026 (1)
Principal	TBD	2027 (1)
Official	Tim Casper, Lake Preston	2027 (2)
Native Am. Rep.	Lema Leader Charge, St. Francis	2026 (2)

1. Call Meeting to Order
2. Select Recording Secretary
3. Approval of Agenda
4. Review Duties/Responsibilities
5. Review Rule Changes for 2024-25
 - a. SDHSAA Rule Changes
 - i. No SDHSAA Rule Changes for Cross Country
 - ii. Track & Field Changes – Pole-vault/High Jump – Starting Height. Starting height is the 12th place qualifying height minus 3 inches (pole vault) and 1 inch (High Jump)
 - b. NFHS Rule Changes, as published for upcoming season
 - i. Cross Country
 1. 8-1 Re-organization of the cross-country course layout. Rationale: Clarifies the course layout for ease of use and re-organizes the rule.
 2. 8-5 Section 5 on Cross Country Teams was broken into articles to increase ease of use of the rule.
 - ii. Track
 1. **5-7-6:** Adjusts the recall distance to within the first 50 meters.
Rationale: Starters oversee recalling races in track and field events. 50 meters is sufficient in calling a fair start. Athletes are accelerating and are up to racing speed well before the 100-meter mark. In addition, the current recall distance is problematic depending on the number of officials on the track and location of field events that may obstruct the view of the 100-meter distance around the entire curve.

2. **5-10 and 11:** Reorganizes Sections 10 and 11 for ease of use.
Rationale: Reorganization of Sections 10 and 11 concerning relay races and infractions. The change moves all infractions into Section 11 (Relay Infractions) for ease of use by officials.
3. **5-13-3:** Clarifies how to determine if an infraction occurred when an athlete leaves the track on a straightaway.
Rationale: Provides guidance to the meet referee as to when an athlete leaves the track on a straightaway and whether or not a competitor should be disqualified.
4. **6-2-2f (NEW):** Offers officials guidance when warning competitors their time limit is about to expire.
Rationale: This change gives athletes notification that their time limit is about to expire. Additionally, the change brings officiating practices in line with other rules codes while still giving the games committee options for using flags, signal clock or verbal signals.
5. **6-2-2 CHART:** Defines field event time limits for all competitors.
Rationale: The change to the table and additions of the notes helps clarify the time limits of all competitors throughout the entire competition in field events.
6. **6-3-2 NOTES 1:** Clarifies the starting height in a jump-off with athletes at varying heights.
Rationale: Aligns language in rules book with current situations and interpretations. Gives directions to officials and event judges for the starting height in a jump-off when athletes exit the event at varying heights due to passes. The jump-off will begin at the next height in the progression after the tying height.
7. **6-8-2:** Further defines an active flight and continuing flight.
Rationale: The change clarifies the definition of an active flight (five-alive) and continuing flight (straight through) for vertical jump competitions.
8. **6-9-22:** Establishes a standard placement of the high jump crossbar and standards.
Rationale: The change creates a standard distance for the placement of the high jump crossbar and standards.

6. Review List of Deviations in Cross Country/Track

- i. The distance for the 100m Girls' Hurdles shall be as follows: 13 meters from the start line to the first hurdle, 8 meters between hurdles, and 15 meters from the final hurdle to the finish line.
- ii. The 200m Dash may be reversed at regular season events and during the Region Meet to a wind-aided event if agreed upon by the Meet Manager and Meet Referee. Additionally, the facility must permit this change by way of having permanent markings on the non-common finish to properly stage the event. Should either official object, or should the markings not be present, the event cannot be reversed. The 200m Dash will not be reversed at the State Meet.

7. Coaches Clinic Reports

- a. TFCC Coaches Assn. Meetings
- b. Summer/SODAK Coaches Clinics

8. Report from Committee Members; Opportunity to discuss & make proposals of recommendations for submission to the Athletic Directors/Board of Directors for further consideration

- a. Coaches Reps
 - i. Class "B" Survey (Listed Below)
- b. Administrative Reps
- c. Official Reps (See Tim Casper's info listed below)
- d. SDHSAA Representatives (including items as below received in advance from members)

9. Discussion Items

- a. AA Boys Pole-Vault

10. Consider Rule Changes and Proposals

- a. Top 24 (no school Entry limits)
- b. First allowable Cross Country competition Date Week 8 – Change from Friday to Thursday
- c. Start date for Boys & Girls Cross Country – Change the start to Thursday Week 6 to Monday of Week 6
- d. All Top 24 Track Athletes compete at state
- e. All Top 24 Cross Country Athletes Run at state

11. Review SDHSAA Handbook Sections for cross country and track & field

- a. Link for SDHSAA Cross Country Handbook: [Cross Country Handbook](#)
- b. Link for SDHSAA Track and Field Handbook: [Track Handbook](#)

12. Review recommendations; additional opportunity for proposals following group discussion

13. Other items of concern

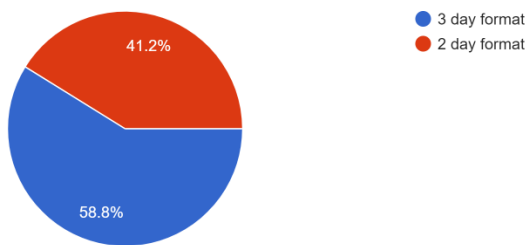
14. Meeting date next year-- Wednesday,

15. Adjourn

**Class B coaches Survey.
Summary.**

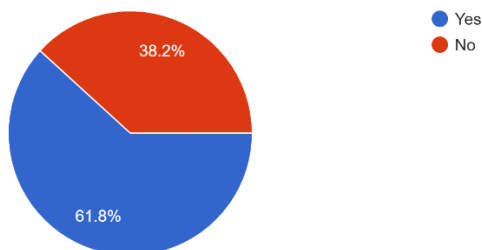
Pick the state track meet format you would prefer.

34 responses



Since we have a true top 24 qualifying standard do you feel it would be fair to allow more than 3 athletes per school in the top 24 to qualify for state?

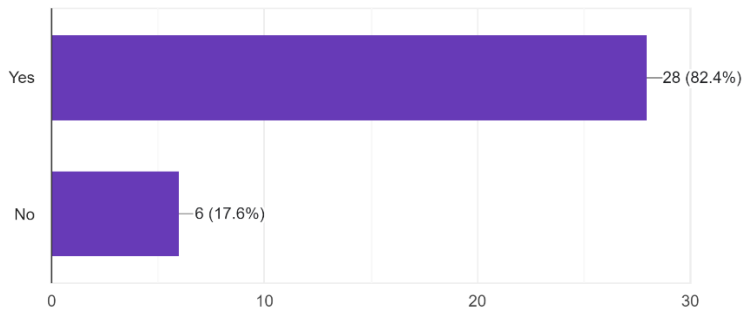
34 responses



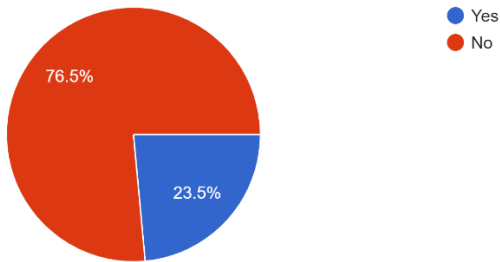
Currently the girls' varsity hurdles spacing is 13 meters to the first hurdle and 8 meters between hurdles and 15m to the finish. South Dakota is the only state in the country that uses this spacing. The NFHS spacing is 13 meters to the first hurdle and 8.5m between hurdles and 10m to the finish. Are you in favor of changing the SD girls' varsity hurdle spacing to the same as the other states and following the NFHS rules? Collège has the same spacing

as the NFHS at 8.5 meters as well.

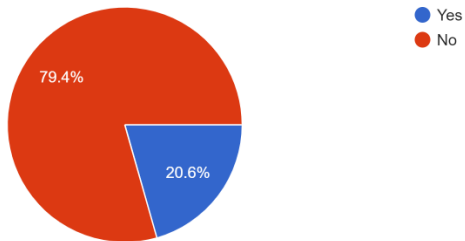
Currently the girls varsity hurdles spacing is 13 meters to the first hurdle and 8 meters between hurdles and 15m to the finish. South Dakota is the... same spacing as the NFHS at 8.5 meters as well.
34 responses



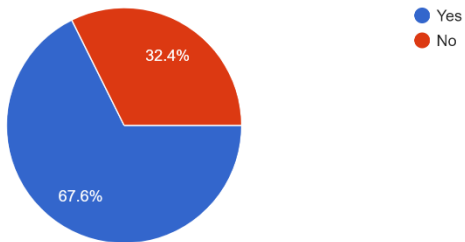
Do you want to add a hurdle relay to our state track and field meet?
34 responses



Do you feel Rapid City has adequate facilities to host the state track and field meet at one location?
34 responses

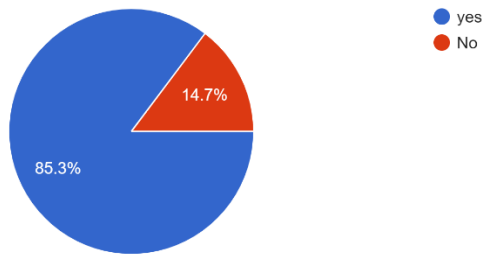


Have you had problems finding hotel rooms in Rapid City in the past for the state track and field meet?
34 responses



Can you provide one worker for the state track and field meet for one field event? Example would be Class A Long jump.

34 responses



Advisory Agenda Items by Tim Casper

1. Reference our SDCCTFOA website throughout the cross country and track and field season
 - a. Very good and current information
 - i. [Cross Country Officials – SDHSAA](#)
 - ii. [Track & Field Officials – SDHSAA](#)
2. Enforce the following already in place for Track and Field
 - a. 3/16 or smaller pyramid spikes for **all** track and field events and meets
 - i. This is an issue and should be enforced all year every meet
 - b. SDHSAA provide batons at the State Track meet for all relays – no outside batons allowed much like the process we use for starting blocks
 - i. Providing batons will negate a DQ for illegal baton
 - c. Utilizing correct track marking for all meets all year
 - i. We have coaches, AD's, and officials that are not utilizing the correct markings. Each venue should provide a correct/updated ledger of their track complex
 - d. Utilizing the correct rubber tip for javelin
 - i. This was an issue last year... know the specs for the correct rubber tip which must be on the javelin per SDHSAA rule (have some on hand) – tapping the tip to javelin is not legal
 - e. Lack of sand in triple/long jump pits
 - i. Some venues need to address the lack of a level pit, if so, the SDHSAA office will require the reported venue to comply
 - f. Lack of center point and back half marks on the shot put/discuss rings
 - i. Simply take time to repaint the rings and the back half marks, along with taking a ½” cement drill and drilling a center point down the middle of the rings that will be there forever
3. Eliminate our South Dakota deviations (Girls 100m hurdles – Reversing the 200m) and be in compliance with the NFHS rules
4. Video review for the Girls 100m hurdles and Boys 110m hurdles
 - a. Rational: Better coverage if infractions or interference if any
5. Propose only two heats of the AA Girls and Boys relays
 - a. Extra time for the third heat and breaking up the two slow heats and unnecessary
6. Propose moving the AA Boys pole vault to prime time
 - a. Give these athletes the opportunity to compete in front of many fans instead of just a handful
7. Hire Erik VanLaecken to provide field lynx laser operators
 - a. Take that category out of the workers list
 - b. Dan, Erik, Scott and I approve this add
 - c. Took too much time to train laser operators each day/event and yet start on time
8. Make sure the main workers list and officials' information is sent out to all on the Monday before the week of the state meet
 - a. Make sure the start times are correct for each event each day
 - b. Make sure the officials have the necessary information on said Monday – parking pass – ect...
9. Add a meeting lead by Field Referees for the Field Event Judges to attend each day
 - a. Much like the umpire meetings we have each day so all are on the same page

10. The SDHSAA State Track/Field Meet will be at Sioux Fall Howard Wood Field until further notice
11. Keep the Officials Meeting at 6:00 pm Wednesday and Coaches Pick-Up from 7:00-7:30 pm with Coaches Meeting #1 of 2 at 7:30 pm Wednesday evening – ***this worked great***, # 2 of 2 coaches meeting is Thursday morning at 9:30
12. 3-Day Schedule – keep it – do not go back to a 2-day schedule
 - a. I thought the schedule was spot on – do not change anything
 - b. Utilize our new SDHSAA formula for Pole Vault and High Jump
 - i. Starting height will be determined by taking the 12th place qualifiers height and subtract 3 inches (PV) 1 inch (HJ) from that 12th place qualifier in **each class** each year to designate the starting height for the State Track Meet. **Add verbiage “each class”**
 - c. Utilize warm up schedule based on daily schedule and post on coaches’ informational sheet
 - i. Allow starting blocks and hurdles on the track one hour before running events start
 - d. Utilize two pits (determined by venue) for the LJ/TJ if possible
 - e.
 - f. Utilize the “Coaches Conduct Statement” if necessary and access the 1 pt. team deduction
 - g. Update all T/F document with new 2025 information
 - i. Update our coach’s packet – omit the top of page 10, #12, delete ~~“If fewer than 12 qualifiers have cleared the scheduled opening height or”~~
 - ii. Only should say.... **If weather conditions warrant,rest is correct**
 - iii. I will update my official’s agenda for all attendees (Wednesday’s meeting)
 1. invite field judges to this meeting
 - iv. Update our handbook
13. Create vertical/portrait event sheets instead of horizontal/landscape sheets for PV and HJ
14. Add 3 columns on the event sheets for Competitor numbers, correct spikes ✓ proper uniform ✓
 - a. Reminder – A field judge does not disqualify, they report, the official has the final decision even though the field judge may be in error. Athletes and coaches must know the rules
15. State provides a bucket of batons
 - a. no outside batons will be allowed
 - b. must use provided batons
 - c. put this in coaches’ information
16. Email from Wessington Springs to add a coach’s box on the back stretch of the track, 20-to-20-yard line
 - a. Good afternoon, Wessington Springs would like to propose a change for State Track meet. It actually is not a change, but an addition. We would like to have a coach’s box on back stretch of track during state track for coaches to better instruct their athletes while running. Attached is letter put together by our assistant coach with signatures from other coaches in support of this. There are also images showing this change. I will also be filling out a form for Advisory Rule Proposal change. Thank you and let me know if you have any questions.
 - b. ["SDHSAA Info." - tim.casper19@gmail.com - Gmail \(google.com\)](mailto:tim.casper19@gmail.com)

ADVISORY RULE PROPOSAL CHANGE



Schools wishing to make a rules proposal change for the advisory committee to consider shall complete this form and submit to the SDHSAA office preferably two weeks PRIOR to the meeting date so the proposal may be added to the agenda.

Please select the sport in which the rules proposal is being submitted.

- | | | | |
|--|----------------------------------|--------------------------------|--|
| <input type="radio"/> Basketball | <input type="radio"/> Football | <input type="radio"/> Soccer | <input type="radio"/> Volleyball |
| <input type="radio"/> Comp. Cheer | <input type="radio"/> Golf | <input type="radio"/> Softball | <input type="radio"/> Wrestling |
| <input type="radio"/> Comp Dance | <input type="radio"/> Gymnastics | <input type="radio"/> Tennis | <input type="radio"/> In/Out-of-Season |
| <input checked="" type="radio"/> Cross Country/Track | | | |

Title of Proposal: Top 24 (no school entry limits)

Proposal will affect the following classes (please check all that apply):

- Class B
- Class A
- Class AA

Proposed Rule Change:

This rule change would remove the 3 athlete limit per school in each event and allow for an unlimited number of competitors from each school in a single event as long as they are in the top 24 confirmed times/distances/heights.

Rationale for Rule Change:

We should not be penalizing students for having successful teammates. If a school has 5 of the top 10 fastest 100m runners, the 4th and 5th student should have the chance to run it at the State Meet.

If it is more palatable, we can edit scoring to say that only three may score, but an unlimited number can place.

Matt David

Print Coach Name

Centon

Member School

[Signature]

Coach Signature

Jake Verstey

Print Athletic Director Name

Centon

Member School

[Signature]

Athletic Director Signature

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| <input checked="" type="radio"/> Cross Country/Track | | | |

Title of Proposal: First Allowable Cross Country Competition Date Week 8 Changed to Thursday

Proposal will affect the following classes (please check all that apply):

- Class B
- Class A
- Class AA

Proposed Rule Change:

We are proposing that the first allowable Cross Country competition date move from Friday of week 8 to Thursday of week 8. If the first allowable competition date moves from week 8 on role years we would still want it to start on Thursday.

Rationale for Rule Change:

Allowing meets on that Thursday would give us the flexibility to stay away from conflicts when the date lands on Labor Day weekend. The majority of fall events get scheduled around football games. This would help to have the meet the day before Friday night football games. Overall, it would help save on conflicts with athletes and events.

Aaron Strand

Print Coach Name

O'Gorman High School

Member School

Aaron Strand

Coach Signature

Steve Kraker

Print Athletic Director Name

O'Gorman High School

Member School

Steve Kraker

Athletic Director Signature



ADVISORY RULE PROPOSAL CHANGE

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- | | | | |
|-----------------------------------|--|----------------------------------|---|
| <input type="radio"/> Basketball | <input checked="" type="radio"/> Cross Country/Track & Field | <input type="radio"/> Gymnastics | <input type="radio"/> Volleyball |
| <input type="radio"/> Comp. Cheer | <input type="radio"/> Football | <input type="radio"/> Soccer | <input type="radio"/> Wrestling |
| <input type="radio"/> Comp. Dance | <input type="radio"/> Golf | <input type="radio"/> Tennis | <input type="radio"/> In-/Out-of-Season |

Title of Proposal: Start Date for Boys and Girls Cross Country

Proposal will affect the following classes (please check all that apply):


- Class B
- Class A
- Class AA

Proposed Rule Change:

Change the start date for Boys and Girls Cross Country from Thursday of Week 6 to Monday of Week 6.

Rationale for Rule Change:

- Moving the start date allows for programs to have more time for formal preparation and coaching to acclimate to conditions conducive to early season meets.
- With schools starting in-service and starting dates sooner (most mid-August), this will allow for coaches that teach to be better prepared for the start of their seasons and not be as overwhelmed.
- Starting on Monday versus a Thursday allows for a better start of routine with practice habits for student-athletes and coaches.
- Many student-athletes currently run during the summer months in open roads/runs. This will allow them to continue on a more consistent training plan that involves their coach.

<u>Jason Wagoner</u>	<u>Sioux Falls Jefferson</u>	<u></u>
Print Coach Name	Member School	Coach Signature
<u>Chad Stadem</u>	<u>Sioux Falls Jefferson</u>	<u></u>
Print Athletic Director Name	Member School	Athletic Director Signature



ADVISORY RULE PROPOSAL CHANGE

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Please select the sport in which the rules proposal is being submitted.

- Basketball
- Comp. Cheer
- Comp. Dance
- Cross Country/Track & Field
- Football
- Golf
- Gymnastics
- Soccer
- Tennis
- Volleyball
- Wrestling
- In-/Out-of-Season

Title of Proposal: All Track and Field Athletes in the top 24 should be able to compete at state.

Proposal will affect the following classes (please check all that apply):

- Class B
- Class A
- Class AA

Proposed Rule Change:

Currently teams are allowed three (3) athletes per event in the state meet. This limits teams that have more than that number of athletes in the top 24 of the state. For example, if team A has four athletes that, after all meets are done, have athletes that rank 1st, 4th, 9th, and 12th in pole vault, we are keeping the 12th ranked pole vaulter out of our state tournament. The proposed change to our rules I am requesting is that ALL athletes in the top 24 are allowed to compete in our state meet. In terms of fairness, I still believe that each team only gets credited for three athletes competing. For example, if team A has four athletes in the top 24, and team B has two athletes in the top 24 and they have the 25th athlete as well, the 25th athlete would also be in as the fourth athlete from school A would not count in the 24 initially.

Rationale for Rule Change:

There are two main points of rationale for this rule change. One, we should want our BEST athletes competing in state and if an athlete is in the top 24, which is what our state deems as the qualifying standard to compete at the state meet, they should be competing in our state meet regardless of where they rank in their own school. The second reason is doing what is right and best for kids. This does not take any other athletes out of our state meet but rather assures that all athletes that should rightfully be competing in our state meet are. I completely agree that each team would still have to designate their athletes that they could score in the state meet. For example, if a team had 100m hurdlers in the state meet, the team would have to designate which hurdlers would be able to score at the state meet before they compete. But this also allows for if all four of them place in the top 8, all four would get rightfully recognized for their great accomplishment. For scoring, the non designated runner would not count towards the team scoring. If that fourth runner got 2 points in the scoring, you could then move up the 8th place runner to 7th in scoring and give the 9th place finisher from the previous heat those team points if giving all points was so desired.

Michael Putnam
Print Coach Name

Brandon Valley
Member School

Coach Signature

Bill Freking
Print Athletic Director Name

Brandon Valley
Member School

Athletic Director Signature



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|-----------------------------------|--|----------------------------------|---|
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| <input type="radio"/> Comp. Dance | <input type="radio"/> Golf | <input type="radio"/> Tennis | <input type="radio"/> In-/Out-of-Season |

Title of Proposal: All Cross Country Runners in Top 25 Should Run at State

Proposal will affect the following classes (please check all that apply):

- Class B
- Class A
- Class AA

Proposed Rule Change:

Currently teams are allowed seven (7) Runners in AA, six (6) in A, and five (5) in B. This limits teams that have more than that number of athletes in the top 25 of the state. For example, if a AA team, after all regular season meets are completed, has 8 athletes in the top 25, one of their runners will be left out of state. I am proposing that ALL athletes, after all meets before state that are done, that are in the top 25, have a chance to compete in our state meet.

Rationale for Rule Change:

There are two main points of rationale for this rule change. One, we should want our BEST athletes competing in state and if an athlete is in the top 25 (which is what we medal at state) they should be running in our state meet. The second reason is doing what is right and best for kids. This does not take any other athletes out of our state meet but rather assures that all athletes that should rightfully be running in our state meet are. I completely agree that each team would still have to designate their runners that they could score in the state meet. For example, if a AA team had 8 runners in the meet, they would have to designate which 7 could score and their 8th would be able to score for their team but rather would have a chance to medal.

<u>Michael Putnam</u> Print Coach Name	<u>Brandon Valley</u> Member School	<u></u> Coach Signature
<u>Bill Freking</u> Print Athletic Director Name	<u>Brandon Valley</u> Member School	<u></u> Athletic Director Signature

TRACK & FIELD/CROSS COUNTRY ADVISOR MINUTES

Meeting: Wednesday, September 27, 2023, 10:30 AM CT

SDHSAA

The Track & Field/Cross Country Advisory Committee meeting was called to order at 10:30 am with the following representatives present.

“AA” Coach	Paul Hendry, RC Stevens	2024 (1)
“A” Coach	Jason Bohl, Garretson	2026 (1)
“B” Coach	Todd Thorson, Ipswich	2025 (2)
Athletic Director	Kelcy Nash, Arlington	2026 (1)
Principal	Paul Nepodal, Lead-Deadwood	2025 (2)
Official	Tim Casper, Lake Preston	2024 (1)
Native Am. Rep.	Lema Leader Charge, St. Francis	2023 (1)

Staff Members present include Dr. Dan Swartos and Randy Soma. The agenda was motioned for approval by Casper and 2nd by Thorson; approved unanimously. Meeting and committee terms were reviewed. Soma was selected as the recording secretary.

Committee action began with the review of the 2023-2024 changes and review

16. Review Rule Changes for 2023-24

a. SDHSAA Rule Changes

- i. The final meet of the season shall be no later than Friday of NFHS Week 46 with State Meet entries due to SDHSAA by noon on Saturday of NFHS Week 46.
- ii. All state-qualifying track meets must be run with FAT starting with the 2023-24 school year.
- iii. Javelin will be a scored event at the State Meet for all classes.
- iv. Class A and Class B will no longer hold Region Meets. Last Chance Meets may now be added in its place.
- v. Add a one-point team deduction for coach misconduct and immediate removal from the event.

b. NFHS Rule Changes, as published for upcoming season

- i. **3-4-3:** Offers guidelines for meet referees when determining a rerun.
Rationale: Defined specific guidelines from the case book to offer consistency and guidance to a meet referee when ruling on reruns.
- ii. **4-2-2:** Clarifies that an athlete is disqualified after participating in more than four events.
Rationale: The athlete is not disqualified from an event until the individual participates in more than four events. The table was revised and moved to clarify the number of events in which an athlete may participate during a meet.
- iii. **5-7-2:** Adjusts language to offer a standard for starter hold times.
Rationale: Standardize starter hold times for fair and consistent starts.
- iv. **5-10-2:** Increases the number of individuals who may be listed on the relay entry.
Rationale: Providing two additional names gives opportunity for more athletes to be involved in regular and postseason track meets.
- v. **6-6-4:** Clarifies when the javelin measurement should be taken.
Rationale: The measurement is made to the first point of contact under Rule 6-6-7 so that should be within the sector. If the rest of the javelin should fall outside the sector, that should not be a foul.
- vi. **7-2-2g (NEW):** Adds mixed relay to the special events list.
Rationale: Mixed relays are becoming more popular at high school meets adding them to special events offers guidance to the states on how to conduct these events.
- vii. **9-3-2b:** Any displaced or jostled crossbar should be placed on standards in exact same position before next attempt.
Rationale: Adding the words ‘or jostled’ clarifies the intent of the 2022 rules change.

viii. **Rule 9 (NEW):** Creates new indoor track and field rules section.

Rationale: There are 17 states that conduct state championships in indoor track and field, over 150,000 participants, and 21 states that sanction the activity. With recent changes to the outdoor rules, it became clearer that it was necessary to create a section specifically for indoor track and field rules. Move Records Section to New Rule 10.

Review List of Deviations in Cross Country/Track

1. The distance for the 100m Girls' Hurdles shall be as follows: 13 meters from the start line to the first hurdle, 8 meters between hurdles, and 15 meters from the final hurdle to the finish line.
 2. The 200m Dash may be reversed at regular season events and during the Region Meet to a wind-aided event if agreed upon by the Meet Manager and Meet Referee. Additionally, the facility must permit this change by way of having permanent markings on the non-common finish to properly stage the event. Should either official object, or should the markings not be present, the event cannot be reversed. The 200m Dash will not be reversed at the State Meet.
- As an Advisory Group we discussed eliminating the two deviations we have in track. Randy will do some more work on costs and how it will look and what an appropriate timeline to implement will be. He will present that information at the AD's Conference

Coaches Clinic Reports

Discussion items at coach's clinic. Discussion on the 2 and 3 day State Track meet. It was split on who wanted to keep it and who wanted to change it back. The State Time Schedule was also discussed.

Certify Cross Country courses - We currently do not have a way to do this.

Committee Members Reports:

Paul Hendry - AA Coaches Representative

- AA - Here are items that were brought up
 - Qualifying more than 3 athletes per school (5) Discussion
 - 67% said no more than 3 per school
 - 24% said more than 3 but only score 3 out of the 5 possible
 - 9% more than 3 and all count in the scores
 - Shuttle Hurdle Relay as a state event. Discussion Class AA would like to have it class B and A not at this time.
 - A true top 24
 - 2 day or 3 day meet (split right now)
 - Warmup area at state meet. (How can it be improved)
 - Can we add more field events in the infield if we are not allowed to use it for warmup?
 - Top 16 athletes qualify for AA events
 - Starting heights for HJ/PV Start at the height at the 12 place qualifier and move down 3 inches for PV and 1 inch for HJ
 - XC courses all have different lengths - Certifying the course
 - Shade for PV athletes while competing are waiting for awards in the awards area

Jason Bohl - Class A Coaches Representative

- Huron Site for State Cross Country - Issues with Hotels
- Class A Split on 3-day meet
- FAT timing issues. What is the plan if they do not work

- If you qualify for finals in the hurdles athletes that get injured are unable to compete and do not get a medal. Would like this changed to getting them a medal but no points
- A- Coaches would like to go to Rapid. Its 50/50 for coaches poll on 2-3 day meet
- XC Season moved to one week later on the calendar.
- Reorganize Regions for Class A & B
- No to Coed Relay & Shuttle Hurdles
- Starting heights for PV/HJ
- More than 3 in events 25/30 class A coaches against

Todd Thorson – Class B Coaches Representative

- Starting Heights
- Shaded area for PV and Medal area
- How do we improve the warmup area at state track?
- Issues with state XC in Huron. Hotel issues for teams
- Delays in the state meet schedule. Advisory will approve corrected and updated schedule.
- Allow head coach to also be in the infield to help with PV
- Alignments for region in XC. Would like the Classification committee to look at it.
- If you qualify for finals in the hurdles athletes that get injured are unable to compete and do not get a medal. Would like this changed to getting them a medal but no points
- Class B Split on 3-day meet
- No on removing 4x400 prelims
- No on Coed 4x400 – lack of numbers on class B teams

Kelcy Nash – Athletic Directors Representative

- Backup for FAT issues. What is the plan if it is not working. Right now those times do not count toward the top 24
- More than 3 athletes per school discussion
- Would like the SDHSAA have some tutorials on how to use FAT timing program and systems
- Weather issues and what happens with lack of qualifying meets
- Starting Heights for PV and HJ

Paul Nepodal – Principal Represented

- Eliminate 1600M Relay Prelims at state track meet
- Ad Co-Ed 1600M Relay race as an exhibition to the state meet
- PV & HJ starting heights

Tim Casper - Officials Represented

- Discussed the newly formed SDCCTFOA
- FAT – what is the plan if we have issues
- 2024 Track/Field Rule changes
- SD Deviations – We need to look at removing them
- XC/Track Official Fee Structure
- XC – adding a certified assistant starter
- Waterfall starts for anything 800 or more

Lema Leader Charge – Native American Represented

- Top 24 discussion in regards to Native American schools and their qualifiers

Other Items discussed

- 100m Girl Hurdles Deviation – Randy will do some work on cost and time implementation and present it at the AD Convention
- 200M Deviation – Present to the AD Conference
- Shuttle Hurdle
- Fee for XC/Track Officials
- Starter shells – cost or does the school supply them to the starter
- Assistant Starter for XC meets and Course Marshall. Would like schools to do a better job especially with bigger meets to have extra workers to help with the running of the meets
- Schedule – We will add javelin for all classes and adjust the time schedule and have it approved at the next Board of Directors meeting

Consider Rule Changes and Proposals

- **Pole Vault - starting height will be determined by taking the 12th place qualifier height and subtracting 3 inches from that each year to designate the starting PV height for the state track meet. High Jump - starting height will be determined by taking the 12th place qualifier height and subtracting 1 inch from that to designate the starting HJ height for the state track meet**
Motion by Hendry and 2nd by Bohl. Motion Approved 7-0
- **Change in the 2024 State Track Schedule**
We will have the Disc and Javelin run at specific areas and will not move them. The three track coaches will work on the addition of Javelin to the Schedule. Once completed the SDHSAA office will approve and then send out final schedule for Advisory approval. (Schedule is attached) Motion by Hendry and 2nd by Thorson. Motion Approved 7-0

2024 STATE TRACK AND FIELD MEET (RUNNING EVENTS- GIRLS B-A-AA FOLLOWED BY BOYS B-A-AA)

T H U R S D A Y	TRACK		FIELD	
	11:00 AM	Girls 100 Meter Hurdles - Prelims	10:00 AM	A Girls Pole Vault
	11:20 AM	Boys 100 Meter Hurdles - Prelims	10:30 AM	B Boys Long Jump
	11:40 AM	Girls 3200 Meter Relay - Finals		AA Boys High Jump
	12:50 PM	Boys 3200 Meter Relay - Finals		A Boys Discus
	1:50 PM	Girls 100 Meter Dash - Prelims		B Girls Shot Put
	2:15 PM	Boys 100 Meter Dash - Prelims	1:00 PM	AA Girls High Jump
	2:40 PM	Girls 400 Meter Relay – Prelims		B Girls Triple Jump
	3:10 PM	Boys 400 Meter Relay - Prelims		A Girls Long Jump
	3:40 PM	Girls Sprint Medley - Finals		B Boys Shot Put
	4:40 PM	Boys Sprint Medley - Finals		A Boys Pole Vault
				AA Boys Javelin
			3:30 PM	AA Girls Javelin
				A Girls Discus
				A Boys Long Jump
				A Girls High Jump
		4:00 PM	B Boys Triple Jump	
			AA Boys Pole Vault	

	TRACK		FIELD	
F R I D A Y	9:30 AM	Girls 3200 Meter Run - Finals	9:00 AM	AA Girls Long Jump
	10:20 AM	Boys 3200 Meter Run - Finals		AA Boys Discus
	11:00 AM	Girls 800 Meter Relay - Prelims		B Girls High Jump
	11:40 AM	Boys 800 Meter Relay - Prelims		B Boys Pole Vault
	12:20 PM	Girls 400 Meter Dash - Prelims		A Girls Triple Jump
	12:50 PM	Boys 400 Meter Dash - Prelims	11:30 AM	B Boys Discus
	1:20 PM	Girls 300 Meter Hurdles - Prelims		A Boys Triple Jump
	1:45 PM	Boys 300 Meter Hurdles - Prelims		AA Boys Long Jump
	2:10 PM	Girls 800 Meter Run - Finals		AA Girls Shot Put
	2:35 PM	Boys 800 Meter Run - Finals		A Girls Javelin
	3:00 PM	Girls 200 Meter Dash - Prelims	12:00 PM	B Girls Pole Vault
	3:20 PM	Boys 200 Meter Dash - Prelims	2:00 PM	A Boys Javelin
	3:35 PM	Girls 1600 Meter Relay - Prelims		B Boys High Jump
	4:30 PM	Boys 1600 Meter Relay - Prelims		AA Boys Shot Put
		B Girls Discus		
		3:00 PM	AA Girls Pole Vault	
	TRACK (ALL FINALS)		FIELD	
S A T U R D A Y	10:00 AM	Girls 100 Meter Hurdles	9:30 AM	AA Boys Triple Jump
	10:15 AM	Boys 110 Meter Hurdles		A Girls Shot Put
	10:25 AM	Girls 100 Meter Dash		A Boys High Jump
	10:40 AM	Boys 100 Meter Dash		B Girls Long Jump
	10:55 AM	Girls 800 Meter Relay		AA Girls Discus
	11:10 AM	Boys 800 Meter Relay		B Boys Javelin
	11:25 AM	Girls 1600 Meter Run	12:00 PM	A Boys Shot Put
	11:45 AM	Boys 1600 Meter Run		AA Girls Triple Jump
	12:10 PM	Girls 400 Meter Relay		B Girls Javelin
	12:20 PM	Boys 400 Meter Relay		
	12:35 PM	Girls 400 Meter Dash		
	12:50 PM	Boys 400 Meter Dash		
	1:05 PM	Girls 300 Meter Hurdles		
	1:20 PM	Boys 300 Meter Hurdles		
	1:35 PM	* Special Awards*		
	1:50 PM	Girls 200 Meter Dash		
	2:05 PM	Boys 200 Meter Dash		
2:20 PM	*Announcements/Awards Instructions*			
2:25 PM	Girls 1600 Meter Relay			
2:40 PM	Boys 1600 Meter Relay			

Review SDHSAA Handbook Sections for cross country and track & field

- No changes brought forward other than State Track Meet Schedule

Meeting date next year-- Tuesday, October 29, 2024 at 10:30 a.m. (via Zoom)

Adjourn – **Motion by Casper, 2nd by Hendry. Motion Approved 7-0**