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Randy Soma
Assistant Executive Director

TRACK & FIELD/CROSS COUNTRY ADVISORY AGENDA (Preliminary)

Meeting: Wednesday, September 29, 2021, 10:30 AM CT

SDHSAA via **Zoom**

Track & Field/Cross Country Advisory Committee Members:

“AA” Coach	Paul Hendry, RC Stevens	2024 (1)
“A” Coach	Matt Coy, Beresford	2023 (1)
“B” Coach	Todd Thorson, Ipswich	2022 (1)*
Athletic Director	Casey Meile, Sioux Falls	2023 (2)
Principal	Paul Nepodal, Lead-Deadwood	2022 (1)*
Official	Tim Casper, Lake Preston	2024 (1)
Native Am. Rep.	Lema Leader Charge, St. Francis	2023 (1)

1. Call Meeting to Order
2. Select Recording Secretary
3. Approval of Agenda
4. Review Duties/Responsibilities
5. Review Rule Changes for 2021-22
 - a. SDHSAA Rule Changes
 - i. The javelin will begin as a standard event in Spring of 2021 as Regular Season only, and then a scored event for AA throwers at the 2022 State Track & Field Meet. Only rubber-tipped implements may be used.
 - ii. Beginning in May of 2022, all three classes of the SDHSAA State Track & Field meet will compete at a common location Thursday through Saturday.
 - b. NFHS Rule Changes, as published for upcoming season
 - i. **4-3-1b5:** Clarifies that garments with logos completely around the waistband on uniform bottoms are legal.
Rationale: The change would minimize issues related to logo/trademark reference on uniform bottoms. In the sport of track and field uniform bottoms are increasingly being purchased by the athlete and not school issued. It is becoming more difficult to purchase some garments without the logo completely around the waistband. Allowing larger logos around the waistband has no bearing or impact on the race or event.

- ii. **4-3-1b 8 (NEW):** Clarifies that religious headwear is not considered a hair device.
Rationale: The NFHS Track and Field Rules Committee added this rule to clarify there is no need for prior authorization from the state association for religious headwear.
- iii. **5-3-3:** Clarifies when each exchange zone is to be used.
Rationale: Clarifies when each exchange zone is to be used based on the incoming runner.
- iv. **6-2-7 (NEW):** Clarifies that running in a direction other than how the event is conducted if prohibited in warm-ups with the exception of the high jump.
Rationale: Clarifies that running in the direction other than how the event is conducted is prohibited during warm-ups in horizontal jumps, pole vault and javelin and more clearly organizes warm-ups, competition, and conclusion of all field events.
- v. **6-9-9:** Clarifies that an athlete is not penalized for a hat or sunglasses falling in the pit after they have made their mark.
Rationale: The change no longer penalizes the athlete for a hat or sunglasses falling in the pit after they have made their mark.
- vi. **8-1-1a (NEW NOTE):** Clarifies cross country course markings.
Rationale: The change states that other methods of marking a course should be used with a single wide line to help identify the turns and route of the course as a single wide line may not be the shortest route.
- vii. **9-3-2 b, c (NEW):** Clarifies when measurements for record attempts for vertical jumps needs to be taken.
Rationale: Putting all record information in one location and clarifying when measurements for record attempts at vertical jumps need to be taken.

6. Review List of Deviations in Cross Country/Track

- a. Consideration for continuing/discontinuing current deviations from NFHS Rules
 - i. The distance for the 100m Girls' Hurdles shall be as follows: 13 meters from the start line to the first hurdle, 8 meters between hurdles, and 15 meters from the final hurdle to the finish line.

7. Coaches Clinic Reports

- a. TFCC Coaches Assn. Meetings
- b. Summer/SODAK Coaches Clinics

8. Report from Committee Members; Opportunity to discuss & make proposals of recommendations for submission to the Athletic Directors/Board of Directors for further consideration

- a. Coaches Reps
 - i. Items submitted
 - 1. 3-Day State Meet Schedule – Look at possible change to time schedule, especially on Friday.
 - 2. Other items to discuss – Prelims, F.A.T., Opening Heights for High Jump and Pole Vault, Region Track meets, Co-Ed 4X400, Relay Cards.
- b. Administrative Reps
- c. Official Reps
 - i. Items Submitted
 - 1. Items to discuss – Require host schools to provide ledger of track markings, 3 officials for all T/F meets of 8 teams or greater, updating the website
- d. SDHSAA Representatives (including items as below received in advance from members)
 - i. Three Day State Meet Time Schedule
 - ii. Region meets for Class A and B (handbook to reflect dates similar to Class AA for meet regulations. What is deadline regular season meets.) – Refer to page 5 of the Track & Field Handbook, under VI, Letter g.
 - iii. 200-meter dash reversal discussion
 - iv. Athletic.net vs. Alternatives (Aaron)

9. Consider Rule Changes and Proposals
10. Review SDHSAA Handbook Sections for cross country and track & field
 - a. Link for SDHSAA Cross Country Handbook: [SDHSAAXCHANDBOOK](#)
 - b. Link for SDHSAA Track and Field Handbook: [SDHSAAT/FHANDBOOK](#)
11. Review recommendations; additional opportunity for proposals following group discussion
12. Other items of concern
13. Meeting date next year-- Wednesday, September 28, 2022 at 10:30 a.m. (via Zoom)
14. Adjourn