

SOUTH DAKOTA

HIGH SCHOOL ACTIVITIES ASSOCIATION



804 N. Euclid / PO Box 1217 - Pierre SD 57501
Telephone: 605-224-9261 – Fax: 224-9262

Dr. Daniel Swartos
Executive Director

SPORTS MEDICINE ADVISORY MINUTES

Members- Dr. Verle Valentine, Paul Richter, Tryg Odney, Angela Brown, Dr. Thayne Munce, Derek Barrios, Dr. Eric Bass, and Paul Nepodal

Meeting: March 27, 2022 1:00PM
Via Teleconference
Host site - SDHSAA Office, Pierre

Meeting was called to order by Dan Swartos at 1:00PM with Dr. Valentine, Richter, Brown, Dr. Munce, Barrios, Dr. Bass, and Nepodal present. Odney joined at 1:03 PM. D. Swartos was on the call representing the SDHSAA. Swartos was selected as the recording secretary for the meeting.

It was moved by Nepodal, second by Barrios, to approve the agenda as presented. Motion carried unanimously.

Committee members then presented reports, including consideration of topics for recommendations for submission to the Athletic Directors/Board of Directors for further consideration.

- a. Medical Staff Representatives
 - i. No items noted from Dr. Valentine, Mr. Odney, or Mrs. Brown.
 - ii. Mr. Richter inquired on the Wrestling OPC process and adjustments for 23-24.
 - iii. Dr. Munce indicated some language clarifications for the OPC guidance and paperwork regarding hydration.
- b. Member School Personnel Representatives
 - i. Dr. Bass and Mr. Nepodal indicated no items of concern.
- c. SDHSAA Staff Representatives
 - i. **Review of Policies Adopted prior to 22-23 school year:** Swartos reviewed initiatives from the SDHSAA SMAC, including "The Collapsed Athlete" NFHS course, WBGT, and the wrestling OPC System.
 - ii. **Review of NFHS SMAC Topics:** Swartos is a member of the NFHS SMAC. The NFHS SMAC has added a mental health representative and a researcher position as an ex officio member to their committee. **Motion by Valentine, second by Odney to add a mental health representative to the SDHSAA SMAC beginning with the 23-24 school year. Motion carried unanimously.**

- iii. **SDHSAA Wrestling Weight Management Program/OPC-** Swartos detailed the Wrestling Weight Management and OPC implementation that started in 2022-23 and adjustments that will be made in 23-24.
- iv. **PPE and Physical Forms for 2023-24.** Dr. Swartos reviewed the PPE and Physical forms. The HIPAA form has been updated in recent years to be more explicit as to the type of information involved, who can be disclosed to within the school, and clarification on FERPA/redislosure. National trends are moving towards removing health information from the schools. The SDHSAA SMAC will continue to review our forms and adjust as necessary to ensure that no unneeded health information is in the schools, and will remind schools of their requirements to handle and store all health information in compliance with HIPAA/FERPA.
- v. **NFHS First Aid/CPR Coursework-** Dr. Swartos discussed the necessity of coaches who were healthcare professionals (physicians, EMT's, athletic trainers, nurses, etc.) being required to take the NFHS First Aid/CPR Coursework. **Motion by Dr. Valentine, seconded by Paul Richter, to exempt licensed healthcare providers from the SDHSAA coaches education requirement of taking the NFHS First Aid/CPR course biannually. Motion carried unanimously.**

Proposals-

- **Motion by Dr. Valentine, second by Tryg Odney to add a mental health representative to the SDHSAA SMAC beginning with the 23-24 school year. Motion carried unanimously.**
- **Motion by Dr. Valentine, seconded by Paul Richter, to exempt licensed healthcare providers from the SDHSAA coaches education requirement of taking the NFHS First Aid/CPR course biannually. Motion carried unanimously.**

Being no further information before the committee, Swartos declared the meeting adjourned at 2:08 PM.

Respectfully submitted,

Dr. Dan Swartos
SDHSAA Executive Director