

DETERMINING THE ZERO POINT FOR POLE VAULT STANDARDS

- a. The front buns must be removed first.
- b. The base of the standards shall be placed so that the zero point of the uprights is at the top of the back of the plant box.
- c. Two people should extend a string/twine along the zero point so that the standards on each side begin at the zero point. The string/twine should intersect the plant box at the top of the back.
- d. Place the cross bar at a low height so that a person standing on the landing pad can reach over it.
- e. Hang a plumbob over the cross bar. It should touch the top of the back of the plant box.
- f. This procedure should be followed for the practice as well as meets.
- g. Place a permanent extended line 1cm or ½ inch wide drawn through the top (zero point) extending up to 3 meters (10 ft) on each side of the box.