

AA STATE TRACK & FIELD QUALIFYING PROCEDURE

1. Class AA will not have region qualifying meets.
2. Competitors will qualify by meeting automatic or provisional qualifying standards during the regular season at a sanctioned qualifying meet.
3. Automatic Qualifying Standard: based upon the average 6th place performance at the state meet the previous 6 years.
4. Provisional Qualifying Standard: based upon 1.05 of the automatic qualifying standard in the running events and .95 of the automatic qualifying standard in the field events.
5. All automatic qualifiers will qualify for the state meet
6. Provisional qualifiers will qualify up to a maximum of 24 (automatic & provisional) in each event. If more than 24 meet the provisional/automatic standard in an event the entries will be reduced to the top 24 qualifying performances. If less than 16 meet the provisional/automatic standard in an event the entries will be increased to 16 based upon the top 16 performances as verified from the regular season qualifying meets. All ties for the final qualifying position will qualify for the state meet. All schools will qualify in each of the relay events. Best time during regular season will determine heat and lane assignments for prelims at the State Meet.
7. Each team will be limited to a maximum of 3 entries in the individual events and 1 entry in the relay events.
8. ALL Class AA Schools will be required to make all entries to the State Track and Field Meet using the SDHSAA entry system.
 - Each school will use the on-line meet entry system located on the SDHSAA website – school zone.
 - The deadline for entries to the State Track & Field Meet will be 8:00 pm on the Friday prior to the State meet. (Failure to meet the deadline will result in a \$50.00 fine.)

Hand Held Time – 2010 Qualifying Standards

<u>Event</u>	<u>Girls</u>		<u>Boys</u>	
	<u>Automatic</u>	<u>Provisional</u>	<u>Automatic</u>	<u>Provisional</u>
100m Dash	12.6	13.2	11.1	11.6
200m Dash	26.6	28.0	22.9	24.1
400m Dash	61.5	64.6	51.5	54.1
800m Run	2:20.9	2:28.0	1:59.6	2:05.6
1600m Run	5:14.7	5:30.5	4:32.3	4:45.9
3200m Run	11:33.8	12:08.6	9:56.1	10:26.0
100/110HH	15.6	16.4	15.5	16.2
300m IH	48.2	50.6	41.4	43.5
Shot Put	36' 7"	34' 9"	49' 6"	47' 0"
Discus	120' 1"	114' 1"	145' 8"	138' 5"
High Jump	4' 11"	4' 8"	6' 1"	5' 9"
Long Jump	16' 8"	15' 10"	20' 9"	19' 8"
Triple Jump	34' 7"	32' 10"	42' 1"	40' 0"
Pole Vault	10' 0"	9' 6"	13' 0"	12' 3"

Fully Automatic Time – 2010 Qualifying Standards

<u>Event</u>	<u>Automatic</u>		<u>Provisional</u>	
	<u>Automatic</u>	<u>Provisional</u>	<u>Automatic</u>	<u>Provisional</u>
100m Dash	12.76	13.40	11.27	11.83
200m Dash	26.84	28.18	23.14	24.30
400m Dash	61.72	64.81	51.68	54.26
800m Run	2:21.11	2:28.17	1:59.76	2:05.75
1600m Run	5:14.94	5:30.69	4:32.45	4:46.08
3200m Run	11:34.03	12:08.74	9:56.33	10:26.15
100/110 HH	15.79	16.58	15.65	16.43
300m IH	48.35	50.77	41.58	43.66
Shot Put	36' 7"	34' 9"	49' 6"	47' 0"
Discus	120' 1"	114' 1"	145' 8"	138' 5"
High Jump	4' 11"	4' 8"	6' 1"	5' 9"
Long Jump	16' 8"	15' 10"	20' 9"	19' 8"
Triple Jump	34' 7"	32' 10"	42' 1"	40' 0"
Pole Vault	10' 0"	9' 6"	13' 0"	12' 3"

**SDHSAA 2010 STATE TRACK & FIELD
HAND HELD TIME - QUALIFYING STANDARDS**

GIRLS	“B”	“A”	BOYS	“B”	“A”
100 Meter Dash	12.9	12.9	100 Meter Dash	11.3	11.2
200 Meter Dash	27.4	26.8	200 Meter Dash	23.5	23.3
400 Meter Dash	62.0	61.4	400 Meter Dash	52.4	51.6
800 Meter Run	2:30.7	2:27.8	800 Meter Run	2:04.7	2:02.7
1600 Meter Run	5:37.8	5:35.3	1600 Meter Run	4:45.0	4:36.9
3200 Meter Run	12:33.3	12:17.0	3200 Meter Run	10:33.9	10:16.2
100 Meter Hurdles	16.4	15.9	110 Meter Hurdles	16.0	15.7
300 Meter Hurdles	49.5	48.8	300 Meter Hurdles	42.9	42.4
400 Meter Relay	53.1	52.4	400 Meter Relay	46.0	45.3
800 Meter Relay	1:51.5	1:50.3	800 Meter Relay	1:36.0	1:34.1
1600 Meter Relay	4:17.9	4:16.2	1600 Meter Relay	3:38.3	3:33.8
3200 Meter Relay	10:23.2	10:14.1	3200 Meter Relay	8:39.2	8:33.1
Medley Relay	4:35.3	4:32.2	Medley Relay	3:52.8	3:49.0
Shot Put	35’ 8”	36’ 3”	Shot Put	46’ 6”	50’ 11”
Discus	110’ 0”	115’ 1”	Discus	137’ 2”	151’ 2”
High Jump	4’ 10”	5’ 0”	High Jump	5’ 11”	6’ 1”
Long Jump	15’ 11”	16’ 2”	Long Jump	20’ 3”	20’ 8”
Triple Jump	33’ 4”	34’ 3”	Triple Jump	40’ 8”	42’ 1”
Pole Vault	8’ 3”	8’ 9”	Pole Vault	11’ 3”	11’ 6”

**SDHSAA 2010 STATE TRACK & FIELD
FULLY AUTOMATIC TIME - QUALIFYING STANDARDS**

GIRLS	“B”	“A”	BOYS	“B”	“A”
100 Meter Dash	13.12	13.07	100 Meter Dash	11.51	11.41
200 Meter Dash	27.59	27.02	200 Meter Dash	23.72	23.48
400 Meter Dash	62.21	61.63	400 Meter Dash	52.60	51.80
800 Meter Run	2:30.91	2:28.02	800 Meter Run	2:04.89	2:02.94
1600 Meter Run	5:38.00	5:35.54	1600 Meter Run	4:45.17	4:37.05
3200 Meter Run	12:33.46	12:17.20	3200 Meter Run	10:34.12	10:16.36
100 Meter Hurdles	16.64	16.10	110 Meter Hurdles	16.23	15.91
300 Meter Hurdles	49.67	48.99	300 Meter Hurdles	43.06	42.63
400 Meter Relay	53.31	52.57	400 Meter Relay	46.23	45.53
800 Meter Relay	1:51.66	1:50.53	800 Meter Relay	1:36.18	1:34.28
1600 Meter Relay	4:18.12	4:16.35	1600 Meter Relay	3:38.49	3:34.04
3200 Meter Relay	10:23.44	10:14.28	3200 Meter Relay	8:39.35	8:33.30
Medley Relay	4:35.54	4:32.40	Medley Relay	3:52.97	3:49.20
Shot Put	35’ 8”	36’ 3”	Shot Put	46’ 6”	50’ 11”
Discus	110’ 0”	115’ 1”	Discus	137’ 2”	151’ 2”
High Jump	4’ 10”	5’ 0”	High Jump	5’ 11”	6’ 1”
Long Jump	15’ 11”	16’ 2”	Long Jump	20’ 3”	20’ 8”
Triple Jump	33’ 4”	34’ 3”	Triple Jump	40’ 8”	42’ 1”
Pole Vault	8’ 3”	8’ 9”	Pole Vault	11’ 3”	11’ 6”