

**30th ANNUAL STATE HIGH SCHOOL  
GIRLS CROSS-COUNTRY CHAMPIONSHIPS**

**4000 METERS (“All Classes - Girls)**

**Elks Golf Course – Rapid City**

**October 22, 2005**

**GIRLS INDIVIDUAL RESULTS**

*(All Times Have Been Recorded F.A.T.)*

**CLASS “B” (Winning Time – 16:03.80 – 123 Runners)**

1. <b>Emma Erickson</b>	<b>11 Gayville-Volin</b>	<b>16:03.80</b>	11. Melissa Zemlicka	9 Waverly/S. Shore	17:10.00
2. Nicole Rausch	10 Hoven/Edm. Cent.	16:11.90	12. Katie Talbott	8 Kimball	17:10.25
3. Steph Warnke	10 South Central	16:27.70	13. Cami Haiar	8 South Central	17:11.50
4. Rachel Gaulke	7 Kimball	16:37.00	14. Chancey Stirling	8 Faith	17:13.10
5. Hilary Krein	8 Eureka/Bowdle	16:51.35	15. Molly Kokesh	9 Scotland	17:13.80
6. Leah Uecker	8 Freeman	16:54.70	16. Courtney Rasmussen	10 Viborg	17:14.50
7. Jacey Jandreau	10 Kimball	16:55.60	17. Bridget Heier	11 Hoven/Edm. Cent.	17:15.40
8. Cassandra Zirbel	10 Summit	16:59.90	18. Jessica Derby	9 Estelline	17:16.35
9. Samantha Warnke	12 South Central	16:59.95	19. Lexi Haux	10 Ipswich	17:20.05
10. Cami Koehn	10 Colman-Egan	17:00.05	20. Melissa Hageman	10 Old-Ram/Rutland	17:21.70

**CLASS “A” (Winning Time – 15:42.50 – 147 Runners)**

1. <b>Alida Oegema</b>	<b>10 STMore/RC Ch.</b>	<b>15:42.50</b>	11. Jenna Kuhle	8 Howard	16:40.55
2. Laura Wolles	9 Chester Area	16:01.70	12. Gail McIntyre	11 STMore/RC Ch.	16:43.25
3. Jordan Wohlleber	8 Cheyenne-EB	16:16.55	13. Mikayla Barondeau	10 Leola/Frederick	16:45.95
4. Mica Schuchardt	7 Hot Springs	16:20.40	14. Corissa Bonte	10 Beresford	16:48.15
5. Kristen Mohror	12 Chamberlain	16:21.30	15. Kyla Marshall	8 Todd County	16:49.45
6. Miranda Kobes	7 Beresford	16:27.15	16. Patricia Blaha	9 Lennox	16:50.20
7. Ali Waldrop	8 Miller Area	16:30.80	17. Laura Muse	9 Custer	16:54.65
8. Caitlin Friesz	10 Mobridge	16:37.15	18. Kari Linneman	11 Sioux Valley	16:57.20
9. Jordyn Cook	11 Cheyenne-EB	16:39.80	19. Hilary Greenough	12 Miller Area	16:58.25
10. Seanna Kautz	8 Tri-Valley	16:40.30	20. Brittany Fischer	11 Madison	16:59.10

**CLASS “AA” (Winning Time – 14:35.50 - 116 Runners)**

1. <b>Betsy Bies</b>	<b>11 Yankton</b>	<b>14:35.50</b>	11. Emily Smith	11 Yankton	15:49.60
2. Allison Eckert	11 SF Roosevelt	15:05.70	12. Brittany Thune	12 SF Roosevelt	15:50.75
3. Krista Eckert	11 SF Roosevelt	15:09.60	13. Caitlyn Crowley	10 SF Roosevelt	15:51.65
4. Jessica Engel	11 Sturgis	15:12.15	14. Mariah Hofer	8 Yankton	15:56.45
5. Tiffany Leader	11 Yankton	15:24.85	14. Mary Margaret Nelson	12 SF O’Gorman	15:56.45
6. Paige Orcutt	10 SF O’Gorman	15:31.25	16. Kristin Sternhagen	10 Yankton	15:56.55
7. Jenifer Richards	9 RC Central	15:38.45	17. Annie Pfeifle	9 RC Stevens	15:58.15
8. Amanda Kuchta	12 Yankton	15:40.60	18. Ashley Odegaard	8 Brookings	15:59.60
9. Ashley Storm	12 Yankton	15:41.05	19. Chelsey Dunkle	10 Brookings	16:00.40
10. Taryn Sahli	10 RC Stevens	15:44.85	20. Kayla Jelen	11 SF Lincoln	16:09.50

**GIRLS' TEAM POINTS**



**State Class "B" Cross Country Champions -- Kimball Lady Kiotes**

*Team members include:* Rachel Gaulke, Jacey Janreau, Katie Talbott, Cynthia Konechne, Melissa Kroupa.

*Head Coach:* Dave Kroupa.

**CLASS "B"**

1. Kimball .....	18	10. White River.....	109
2. South Central .....	20	11. Arlington.....	117
3. Hoven/Edmunds Central.....	38	12. DeSmet .....	125
4. Estelline .....	49	13. Takini.....	129
5. Ipswich.....	55	14. Colman-Egan .....	130
6. Summit.....	63	15. Gettysburg .....	139
7. Gayville-Volin .....	88	16. Sully Buttes.....	153
8. Baltic.....	96	17. Campbell County .....	187
9. Langford .....	101	18. Lemmon.....	212



**State Class "A" Cross Country Champions -- Chamberlain Cubs**

*Team members include:* Kristen Mohror, Jackie Willard, Brittani Harris, Hannah Ellsworth, Savannah Cheney, Stevie Nelson. *Head Coach:* Garry Winter.

**CLASS "A"**

1. Chamberlain.....	77	8. Chester Area .....	124
2. St. Thomas More/RC Christian .....	78	10. Madison .....	130
3. Beresford .....	82	11. Custer.....	131
4. Miller Area .....	99	12. Parkston .....	163
5. Sioux Valley .....	107	13. Lennox .....	180
6. Todd County .....	119	14. West Central .....	182
7. Leola/Frederick Area.....	122	15. Vermillion.....	183
8. Cheyenne-Eagle Butte .....	124		



**State Class "AA" Cross Country Champions  
Yankton Gazelles**

*Team members include:* Betsy Bies, Tiffany Leader, Amanda Kuchta, Ashley Storm, Emily Smith, Mariah Hofer, Kristin Sternhagen. *Head Coach:* Dan Fitzsimmons.

**CLASS "AA"**

1. Yankton .....	34	9. Pierre - Riggs.....	237
2. Sioux Falls Roosevelt .....	53	10. Sioux Falls Lincoln.....	245
3. Sioux Falls O’Gorman.....	94	11. Watertown .....	262
4. Rapid City Stevens .....	128	12. Sioux Falls Washington.....	275
5. Brandon Valley.....	196	13. Huron.....	316
6. Aberdeen Central.....	224	14. Rapid City Central.....	363
7. Brookings.....	228	15. Mitchell .....	394
8. Sturgis.....	230		

**GIRLS’ STATE CROSS COUNTRY MEET RECORDS FOR VARIOUS SITES**

**CLASS "B"**

**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Tessy Brandner, Herreid, 1979
Huron (Meadowbrook Golf Course)	10:49	Suzanne Brockmueller, Freeman Acad, 1981
Mitchell (Lakeview Golf Course)	10:58.39	Kristen Peterson, Arlington, 1998
Pierre (Hillsview Golf Course)	10:57	Nickie Jones, Viborg, 1985
Huron (Broadland Creek Golf Course)	11:56.22	Jenny Aman, Edmunds Central, 1999

**CLASS "B"**

**(4000m)**

Rapid City (Elks Golf Course)	15:45.05	Melinda Zirbel, Summit, 2001
Huron (Broadland Creek Golf Course-2000)	16:00.94	Jeni Ching, Estelline, 2000

**CLASS "A"**

**(3000m)**

Brookings (Edgebrook Golf Course)	10:57	Lenae Reinschmidt, Groton, 1979
Huron (Meadowbrook Golf Course)	10:27	Shelli Koistinen, Spearfish, 1982
Mitchell (Lakeview Golf Course)	10:56	Coni Fritz, Lennox, 1986
Pierre (Hillsview Golf Course)	10:46	Nyla Hoffman, Jefferson, 1985

**(4000m)**

Rapid City (Elks Golf Course)	15:42.50	Alida Oegema, ST More/RC Christian, 2005
Pierre (Hillsview Golf Course)	15:13.33	Sally Meyer, Madison, 1997
Mitchell (Lakeview Golf Course)	14:11.16	Jessica Donner, Lead, 1998
Huron (Meadowbrook Golf Course)	14:21.7	Jamie Pauli, Milbank, 1993
Huron (Broadland Creek Golf Course)	14:29.77	Salley Meyer, Madison, 1996
Huron (Broadland Creek-effective 2000)	16:12.41	Shannon Daly, Groton, 2000

## CLASS "AA"

### (3000m)

Brookings (Edgebrook Golf Course)	11:00	Cindy Sargent, Rapid City Stevens, 1978
	11:00	Pam Mansheim, Brookings, 1979
Huron (Meadowbrook Golf Course)	10:37	Michelle Taitano, Rapid City Central, 1981
Mitchell (Lakeview Golf Course)	10:54	Lisa Darley, Rapid City Stevens, 1986
Pierre (Hillsview Golf Course)	10:40	Lisa Darley, Rapid City Stevens, 1985

### (4,000m)

Rapid City (Elks Golf Course)	14:35.50	Betsy Bies, Yankton, 2005
Pierre (Hillsview Golf Course)	14:45.80	Jaime Kulbel, Yankton, 1994
Mitchell (Lakeview Golf Course)	14:07.30	Anne Vollmer, Rapid City Central, 1992
Huron (Meadowbrook Golf Course)	14:09.90	Tammy Harding, Watertown, 1993
Huron (Broadland Creek Golf Course)	13:12.93	Jessica Fox, Watertown, 1999
Huron (Broadland Creek-effective 2000)	15:00.30	Ramsey Kavan, Yankton, 2004

## GIRLS' STATE CHAMPIONS AND RUNNERS-UP

### Girls' Class "B" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	St. Francis	Burke	1992	Hoven	Arlington
1977	Burke	Hill City	1993	Hoven	Hitchcock/Tulare
1978	Dakota Christian	Kadoka	1994	Faulkton	Bonesteel-Fairfax
1979	Dakota Christian	Hoven	1995	Arlington	Gettysburg
1980	Herried	Hoven	1996	Faulkton	Herried
1981	Herried	Hoven	1997	Elkton	Chester
1982	Willow Lake	Dakota Christian	1998	Herreid	Chester
1983	Hoven	Garretson	1999	Frederick/Hecla	Elkton
1984	Hoven	Wall	2000	Ipswich	Elkton
1985	Hoven	Viborg	2001	Summit	Ipswich
1986	Hoven	Arlington	2002	Eureka	Ipswich
1987	Hoven	Kadoka	2003	Eureka	Scotland
1988	Platte	Hecla	2004	Bonesteel-Fairfax	Ipswich
1989	Hecla	Kadoka	2005	Kimball	South Central
1990	Hoven	Kadoka			
1991	Hitchcock/Tulare	Hoven			

### Girls' Class "A" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	Arlington	Vermillion	1991	Spearfish	Lennox
1977	Arlington	Sioux Valley	1992	Milbank	Spearfish
1978	St. Francis	Arlington	1993	Lennox	Milbank
1979	Custer	Lennox	1994	Hot Springs	Howard
1980	Redfield	Jefferson	1995	Milbank	Custer
1981	Jefferson	Hot Springs	1996	Lead	Hot Springs
1982	Jefferson	Spearfish	1997	Lead	Hot Springs
1983	Spearfish	Jefferson	1998	Hot Springs	Madison
1984	Spearfish	Jefferson	1999	Garretson	Custer
1985	Milbank	Jefferson	2000	Madison	Douglas
1986	Milbank	Groton	2001	McCook Central	Madison
1987	Lennox	Milbank	2002	McCook Central	Milbank
1988	Lennox	Milbank	2003	Chamberlain	Garretson
1989	Lennox	Hot Springs	2004	Groton Area	Chamberlain
1990	Lennox	Milbank	2005	Chamberlain	ST More/RC Christian

## Girls' Class "AA" Cross-Country - Three Class System

	<b>Champion</b>	<b>Runner-Up</b>		<b>Champion</b>	<b>Runner-Up</b>
1976	RC Stevens	Pierre	1991	RC Central	RC Stevens
1977	RC Stevens	Pierre	1992	RC Central	RC Stevens
1978	Huron	Yankton	1993	RC Stevens	Watertown
1979	RC Stevens	Huron	1994	RC Stevens	Watertown
1980	Brookings	Watertown	1995	RC Stevens	SF Washington
1981	Huron	RC Stevens	1996	RC Stevens	Watertown
1982	Brookings	Huron	1997	RC Stevens	Spearfish
1983	Brookings	SF Washington	1998	RC Stevens	SF O'Gorman
1984	RC Stevens	SF Lincoln	1999	RC Stevens	Watertown
1985	RC Stevens	Huron	2000	RC Stevens	Watertown
1986	SF O'Gorman	SF Lincoln	2001	Watertown	RC Stevens
1987	Huron	SF O'Gorman	2002	RC Stevens	Yankton
1988	SF O'Gorman	Huron	2003	Yankton	RC Stevens
1989	Huron	SF Lincoln	2004	Yankton	SF Roosevelt
1990	Mitchell	RC Central	2005	Yankton	SF Roosevelt

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP

### CLASS "B"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Julie Tolstedt, Burke	Theresa Young, St. Francis
1977	Julie Tolstedt, Burke	Janean Steffen, Burke
1978	Tess Brandner, Herreid	Sheri Veurink, Dakota Chrisian
1979	Tess Brandner, Herreid	Suzanne Brockmueller, Freeman Academy
1980	Suzanne Brockmueller, Freeman Academy	Melissa Knoepfle, Herreid
1981	Suzanne Brockmueller, Freeman Academy	Karla Galbraith, RC Stevens
1982	Suzanne Brockmueller, Freeman Academy	Joanne Herber, Kadoka
1983	Suzanne Brockmueller, Freeman Academy	Amy Von Wald, Hoven
1984	Amy Von Wald, Hoven	Jane Fauske, Wall
1985	Nikki Jones, Viborg	Amy Von Wald, Hoven
1986	Linda Groon, Arlington	Christine Mason, Doland
1987	Nikki Jones, Viborg	Kris Pipal, Platte
1988	Nikki Jones, Viborg	Kris Pipal, Platte
1989	Naomi Ireland, Kadoka	Shantel Swedlund, Arlington
1990	Shannon Brenner, Hitchcock/Tulare	Debbie Ferguson, Kadoka
1991	Missy Puffer, Hitchcock/Tulare	Laura Walter, Arlington
1992	Amy Van Dyke, Hoven	Shannon Brenner, Hitchcock/Tulare
1993	Julie Huss, Faulkton	Billie Rae Pistulka, Bonesteel-Fairfax
1994	Billie Rae Pistulka, Bonesteel-Fairfax	Kelly Greve, Jones County
1995	Kristen Peterson, Arlington	Kelly Greve, Jones County
1996	Kristen Peterson, Arlington	Lynn Burge, Marion
1997	Kristen Peterson, Arlington	Stephanie Gebhart, Elkton
1998	Kristen Peterson, Arlington	Jenny Ching, Estelline
1999	Jenny Aman, Edmunds Central	Jeni Ching, Estelline
2000	Jeni Ching, Estelline	Valerie Moore, Ipswich
2001	Melinda Zirbel, Summit	Nicole Zirbel, Summit
2002	Valerie Warnke, Bonesteel-Fairfax	Cami Koehn, Colman-Egan
2003	Nicky Rausch, Hoven/Cresbard	Cami Koehn, Colman-Egan
2004	Emma Erickson, Gayville-Volin	Valerie Warnke, Bonesteel-Fairfax
2005	Emma Erickson, Gayville-Volin	Nicole Rausch, Hoven/Edmunds Central

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP

### CLASS "A"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Jane Knutson, Vermillion	Eileen Wounded Shield, Pine Ridge
1977	Eileen Wounded Shield, Pine Ridge	Kathy Nelson, Sioux Valley
1978	Kathy Nelson, Sioux Valley	Bernice Whiting, St. Francis
1979	Lenae Reinschmidt, Groton	Robin Lenocker, Howard
1980	Angie Jungwirth, Redfield	Robin Lenocker, Howard
1981	Nyla Hoffman, Jefferson	Robin Lenocker, Howard
1982	Shelli Koistinen, Spearfish	Mary Schrader, Hot Springs
1983	Shelli Koistinen, Spearfish	Sarah Johnson, Gregory
1984	Lisa Darley, Custer	Sarah Johnson, Gregory
1985	Nyla Hoffman, Jefferson	Stacy Hermans, Milbank
1986	Coni Fritz, Lennox	Michelle Russell, Madison
1987	Coni Fritz, Lennox	Kathy Young, Custer
1988	Heidi Reed, Canton	Coni Fritz, Lennox
1989	Heidi Reed, Canton	Renee Tadstad, Groton
1990	Heidi Reed, Canton	Sally O'Dell, Spearfish
1991	Jamie Pauli, Milbank	Heidi Reed, Canton
1992	Lynn Routh, Spearfish	Catherine Brechtel, Hot Springs
1993	Jamie Pauli, Milbank	Angela Buus, Lennox
1994	Salley Meyer, Madison	Nyla Schroeder, Hot Springs
1995	Jamie Pauli, Milbank	Salley Meyer, Madison
1996	Salley Meyer, Madison	Maren Hanson, Garretson
1997	Salley Meyer, Madison	Jessie Akers, Custer
1998	Jessica Donner, Lead	Salley Meyer, Madison
1999	Amanda Backes, Douglas	Drew Neuharth, Britton
2000	Shannon Daly, Groton	Michelle Rasmussen, Vermillion
2001	Kari Schaefer, Madison	Shannon Daly, Groton
2002	Emilee Barnes, Alcester-Hudson	Karie Schaefer, Madison
2003	Sierra McCauley, Dakota Valley	Robin Webber, Pine Ridge
2004	Robin Webber, Pine Ridge	Caitlin Friesz, Mobridge
2005	Alida Oegema, St. Thomas More/RC Christian	Laura Wolles, Chester Area

## GIRLS CROSS COUNTRY INDIVIDUAL CHAMPIONS AND RUNNERS-UP

### CLASS "AA"

<b>Year</b>	<b>Champion</b>	<b>Runner-Up</b>
1976	Cindy Sargent, RC Stevens	Brenda Michel, RC Central
1977	Cindy Sargent, RC Stevens	Kay Stormo, Watertown
1978	Cindy Sargent, RC Stevens	Cindy Gallagher, Yankton
1979	Pam Mansheim, Brookings	Cindy Gallagher, Yankton
1980	Traci Fie, Watertown	Brenda Wright, Milbank
1981	Michelle Taitano, RC Central	Karla Galbraith, RC Stevens
1982	Julie Pederson, SF O'Gorman	Allison Laack, SF Washington
1983	Kristi Rieger, SF Washington	Jody Dybing, Brookings
1984	Tammy Feltman, SF Lincoln	Theresa Moss, Flandreau Indian
1985	Lisa Darley, RC Stevens	Monica Hulstein, SF Washington
1986	Lisa Darley, RC Stevens	Ann Westby, Brookings
1987	Karla Hay, SF O'Gorman	Kim Puterbaugh, Huron
1988	Ann Westby, Brookings	Marcie Dawson, Brookings
1989	Marcie Dawson, Brookings	Susie Kerkaert, SF Lincoln
1990	Tammy Harding, Watertown	Susie Kerkaert, SF Lincoln
1991	Anne Vollmer, RC Central	Lisa Weltzer, RC Stevens
1992	Anne Vollmer, RC Central	Nikki Arp, RC Central
1993	Tammy Harding, Watertown	Amy Boke, Spearfish
1994	Jaime Kulbel, Yankton	Ruthanne Anderson, RC Stevens
1995	Jenna Lucas, RC Stevens	Erin Fields, RC Stevens
1996	Jessica Fox, Watertown	Emily Fleming, SF O'Gorman
1997	Jenna Lucas, RC Stevens	Erin Klein, SF O'Gorman
1998	Jessica Fox, Watertown	Jennie Buller, Yankton
1999	Jessica Fox, Watertown	Kaylee Keating, SF Roosevelt
2000	Steph Richardson, RC Stevens	Kaylee Keating, SF Roosevelt
2001	Amy Lindner, SF O'Gorman	Nichol Deckert, RC Central
2002	Ramsey Kavan, Yankton	Krista Eckert, SF O'Gorman
2003	Ramsey Kavan, Yankton	Nichol Deckert, RC Stevens
2004	Ramsey Kavan, Yankton	Krista Eckert, SF Roosevelt
2005	Betsy Bies, Yankton	Allison Eckert, SF Roosevelt