



NEWSLETTER

Volume XLVI, Issue 4

February/March 2008

“YOU DON’T SAY WHOA IN A HORSERACE”

Executive Director Wayne Carney

There is an old saying, “You don’t say whoa in a horserace.” That saying can be used in many different situations but maybe none more applicable than in athletic and fine arts events. Once students get involved in either an athletic or fine arts event, get out of the way and let their creativity blossom as they express themselves in a variety of ways.

I had a wonderful experience the first weekend of February when I attended the State One-Act Play Festival in Aberdeen. The Festival was held in the Johnson Fine Arts Center on the campus of Northern State University. Even though the temperatures were cold outside, the enthusiasm of hundreds of students involved in theater was exhilarating.

What I find very interesting about the One-Act Play Festival is the “parts” that make the “whole.” Some schools design and build elaborate sets for their play—others come with several boxes and a couch. Some have well-timed sound effects, instrumental groups, and fog machines—others simply have actors and actresses. Some have a cast of five or six—others have a cast of twenty plus. Regardless of the “parts”, the “whole” is enjoyed by all in attendance as evidenced by the students watching other schools perform throughout the three day Festival.

A prominent business man has been quoted as saying: “Let people do what is possible instead of always looking at ways to hold them back. People do so much with so little if you just get them going with some enthusiasm and some resources.” This speaks volumes for One-Act Play Festival. Where you need considerable funds to field a football, basketball, volleyball, or track team schools and their theater directors have found ways to bring out the best in their students with as little as some make-up and a few stage props. Once students get “wrapped up” in the character in which they are portraying, they are transformed into someone that may be totally unknown to even the director and those who know the person the best. Our directors provide the enthusiasm and our schools provide some resources—what a great combination to bring out the talents within students.

As we move through the months of February and March with numerous and various state events in both athletics and fine arts, you will witness teams, students, coaches, directors, and communities that are not going to say WHOA until the “horse race” has been completed. When the dust finally settles, we all will have witnessed some unbelievable performances by young men and women who have a passion for their particular activity. We will witness student athletes that are doing the impossible because they are not being held back, they have been doing so much, with so little, for so long, that they do not know that they should not be having so much success. Communities will show their support throughout the months of February and March during district, region, and state tournament competitions in gymnastics, wrestling, debate, basketball, and the All-State Band Concert to be held March 29th in Sioux Falls.

I would hope that everyone is able to sit back, enjoy, support, and appreciate the efforts of the students, coaches, directors, and contest officials throughout the next month and a half. It may be cold in South Dakota this time of the year but the excitement and coffee talk that is created by high school activities is always a sign that spring can not be far away. ❖

Board Of Directors Meetings

All of the Board of Directors meetings are open to the public and people are encouraged to attend.

- Wednesday, February 27, 2008 - SDHSAA Office – 10:30 a.m.
- Tuesday and Wednesday - April 15-16, 2008
 - Tuesday, April 15th - Pierre Ramkota Hotel at 9:00 a.m.
(The annual meeting is scheduled for 2:00 p.m. CST,
Tuesday, April 15.)
 - Wednesday, April 16th - SDHSAA Office 8:30 a.m.
- Wednesday and Thursday – June 4-5, 2008
 - SDHSAA Office (June 4 – 1:00 p.m.)
(June 5 – 9:00 a.m.)

Board Of Directors Position Open

Two positions on the SDHSAA Board of Directors will be available commencing with the 2008-2009 school year.

The first position is the Division II Representative position currently held by Jim Hadorn, Athletic Director at Milbank High School. The Division II Representative vacancy is a five-year term commencing July 1, 2008 and ending on June 30, 2013. This term is to be filled by a principal from any member school which comprises 1/3 of the 2006-2007 ADM for students in grades 9-11. A principal is defined as: "A principal/assistant principal or vice principal is considered a principal and would be eligible only for those seats open to principals." **Any member school may nominate a person for this position with all member schools eligible to vote.**

As per the 2006-2007 ADM's, the Division II nominee must represent SDHSAA member schools with an ADM ranging from Pierre TF Riggs High School with an ADM of 650.530 to Tea Area High School with an ADM of 191.140.

The second position is the Large School Group Board of Education Representative. The Large School Group Board of Education Representative is to be filled by a school board member from a SDHSAA member school with 1/2 of the 2006-2007 ADM for students in grades 9-11. This position is currently held by Brad Olson, school board member from Aberdeen Central High School. **Any member school may nominate a person for this position and all member schools have the opportunity to vote.**

As per the 2006-2007 ADM's, the Large School Group nominee must represent SDHSAA member schools with an ADM ranging from Rapid City Central High School with an ADM of 1673.800 to Pine Ridge High School with an ADM of 377.500.

As per Article VI---Administrative Organization, Section 2 ELECTION OF BOARD OF DIRECTORS MEMBERS: "Members of the Board of Directors shall be elected to five-year terms. Nominations for membership on the Board of Directors shall be made orally at the annual meeting of the Association. An election shall be determined by a majority of votes cast. If no candidate receives a majority a run-off election shall be held between the top two vote getters." This complete section may be found on page two (2) of the SDHSAA Constitution and Bylaws.

The annual meeting is scheduled for 2:00 p.m., Tuesday, April 15, 2008 at the Ramkota Hotel in Pierre, South Dakota. ❖

Fall Season Academic Achievement Team Awards

With the conclusion of the 2007-08 fall athletic and fine arts activities season the SDHSAA has recognized 292 fall season varsity athletic and fine arts "teams" from 74 high schools as SDHSAA Academic Achievement Team Award recipients. Each "team" that has achieved the distinction of receiving an Academic Achievement Team Award achieved a minimum combined 3.0 GPA. The fall activity "teams" that were recognized include Girls' Tennis, Class "A" & "AA" Boys' Golf, Boys' and Girls' Cross Country, All-State Chorus, All-State Orchestra, Football, Football Cheerleaders, Competitive Cheer, Competitive Dance, Volleyball, and Oral Interpretation.

The Academic Achievement Team Awards reporting deadline for the winter SDHSAA athletic and fine arts activities is April 10. ❖

Sioux Falls To Host 2008 All-State Band

On Saturday March 29th, 170 of South Dakota's most talented instrumental musicians will present the 58th Annual All-State Band Concert at the Washington Pavilion of Arts and Science in Sioux Falls. The 2008 All-State Band will feature students from forty-five high schools.

The members of the All-State Band have been divided into two separate but equal All-State Bands. The Bands, named the "Lewis" Band and the "Clark" Band, carry the names of two of South Dakota's most prominent historical figures. Each band will have its own conductor and will present its own Grand Concert. The Concert for each Band will be the culmination of intense rehearsals beginning on Thursday evening March 27th, continuing on Friday and with a final dress rehearsal on Saturday morning.

The "Clark" Band, directed by Curvin Farnham, University of Maine, will present its Concert beginning at 4:00 p.m. The "Lewis" Band, with Anthony Maiello, George Mason University, conducting will perform its Concert beginning at 8:00 p.m. Special awards will be presented ten minutes prior to the Grand Concert for each Band.

The ticket prices for each Concert will be:

- Adult single concert ticket - \$10.00 + a \$2.00 facility fee
- Adult ticket to both concerts - \$15.00 + a \$2.00 facility fee
- Student single concert ticket - \$5.00 + a \$2.00 facility fee

STRETCHING

Collectively written by Brett Bastian and Ben Westerfield



Brett Bastian, PA-C
Physicians Assistant
Sanford Orthopedics
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This time of year, there is a lot of talk about exercising and losing weight. While these ideas are great, all your hard work will be meaningless if you do not take the appropriate amount of time to prepare your body for the activity you choose. There are many benefits to stretching: it can improve joint range of motion, decrease the risk of injury to joints, muscles, and tendons, may decrease muscle soreness, and enhance physical fitness. There are three types of stretching discussed below: ballistic stretching, static stretching, and Proprioceptive Neuromuscular Facilitation (PNF).

Ballistic stretching is your grandfather's style of stretching. It consists of quick jerky, bouncing movements. One example of this type of stretching would be toe touches. A toe touch is designed to stretch the back of your legs. You start the movement by bending forward at your waist quickly trying to touch your toes. You then stand straight up, and return to the starting position by bending forward at the waist again. Once believed to be beneficial, research now shows that this type of stretching does more harm than good. By quickly moving through a series of motions, ballistic stretching forces your muscles to be stretched past its longest point putting it at an increased risk of being torn. While some people may still perform this type of stretching, I would recommend avoiding it because it may put you at a greater risk for injury.

Static Stretching is the type of stretching that most of us are used to doing. This type of stretching consists of stretching until it is a little uncomfortable, then holding this position for 10-30 seconds. This type of stretching is believed to be better than ballistic stretching because it allows the muscle to relax so it can be slowly lengthened, making it less likely to be injured.

Proprioceptive Neuromuscular Facilitation (PNF) stretching is the newest style of stretching. Unlike the other types of stretching, PNF stretching uses a partner to push against. An example of a PNF stretch for the hamstrings (the muscles on the back of the thigh) is to position the participant on their back. With one leg up, the participant tries to push their leg to the floor while their partner offers resistance. Keep in mind this can be done with maximal force but is usually done at a sub-maximal level. After a few seconds of resistance, the participant relaxes and allows their partner to raise their leg to the point of a slightly uncomfortable stretch in the hamstring and hold in this position for 10-30 seconds. Partners switch so each participant can benefit from this type of stretch. Research has shown that PNF stretching is the most beneficial for increasing range of motion. The negative aspect of PNF stretching is that you have to have a partner to perform this type of stretching.

As the New Year begins, take a little time out of your busy day to stretch your muscles. It will make you feel better and your body will appreciate the pampering. ❖

Skyler Ericksen Selected To Serve on NASC Executive Board

Skyler Eriksen, a sophomore at Lyman High School, was recently selected to be the Region 4 Student Representative on the National Student Council Association (NASC) Executive Board. The NASC Region 4 consists of the student councils in the states of Michigan, Minnesota, North Dakota, South Dakota, Wisconsin, and Wyoming. Skyler will serve on the NASC Executive Board for the next two years.

Skyler was selected for the Region 4 Student Representative position after going through a multi-step screening process. The screening process began with Skyler being selected as the Lyman High School nominee for the position. He then submitted an application to the SDSCA and was selected by a screening committee composed of the eight SDSCA Region Advisors to be one of five finalists for the South Dakota nominees position. After interviewing with the SDSCA State Board, Skyler was selected as the South Dakota candidate for the Region 4 position. During the Region 4 meeting in Minneapolis in early February he interviewed with the State Student Council Association presidents and executive directors from each of the six Region 4 states.

Skyler is an active member of the Lyman Student Council. He began his involvement with student council as a sixth grade student. He is active member of the Lyman football, wrestling and track teams. He has been selected to attend the Hugh O'Brien Youth Leadership Conference from Lyman High School. He is currently serving on the SDSCA State Board as the State Treasurer. During July 2007 he was one of four delegates representing South Dakota at the NFHS National Student Leadership Conference. ❖

Schools Celebrate National Girls and Women in Sports Day



National Girls and Women in Sports Day was celebrated throughout SD during the month of February. The actual national celebration was on February 6, 2008. Schools were asked to plan an event to honor female athletes in their schools. Certificates were sent to the schools for presentation to these young women. To date 99 schools have reported honoring 370 girls for their outstanding athletic achievements and leadership ability at a NGWSD function at their school.

National Girls and Women in Sports Day began in 1987 as a day to remember Olympic volleyball player Flo Hyman for her athletic achievements and her work to ensure equality for women's sports. Hyman died in 1986. Since that time, NGWSD has evolved into a day to acknowledge the past and recognize current sports achievements, the positive influence of sports participation, and the continuing advancement of women sports equality. Each year there is a theme associated with the day of celebration. This year the theme is "All In!"

As an outgrowth of this Day, the SDHSAA conducts an "Elite 15" program whereby one senior girl selected to be honored as part of their local high school NGWD festivities may apply to be selected as one of South Dakota's "Elite 15" winners. This portion of the awards program parallels the national "Flo Hyman Memorial Award". This award is the most prestigious award bestowed by the Women's Sports Foundation. It is presented to an outstanding female athlete who exemplifies Flo Hyman's dignity, spirit and commitment to excellence. Rather than present one award in SD, fifteen girls will be honored ("Elite 15") for these same values.

A banquet will be held at The Ramkota Hotel in Sioux Falls on May 31st to honor all of the "Elite 15" nominees and reveal those 15 senior girls chosen for 2008. ❖

"Outstanding Student Council" Recognition Program Deadline Is Approaching

Student Council Advisors are urged to get their Council involved in this year's "SDHSAA Outstanding Student Council" recognition program. The "2007-08 Report Form" must be submitted to the SDHSAA no earlier than April 16 and no later than April 25. The report is based on the time period from April 16, 2007 to April 15, 2008.

The goal for the "Outstanding Council" program is to give Student Councils praise and recognition for a job which has been well done in their communities. The program is also beneficial because it is designed as a self-evaluation tool to be used by each school's Council to review their own activities. Each Council participating in the "Outstanding" program can determine its own effectiveness based on the pre-determined criteria found in the "Report Form".

The "SDHSAA Outstanding Student Council Report Form" can be found in the "Student Council Section" of the *SDHSAA FINE ARTS HANDBOOK*. If you have questions concerning the "Outstanding Student Council" project, call Ken Pickering at the SDHSAA office (224-9261). ❖

21st Annual State Student Council Convention Planned

The 21st Annual South Dakota Student Council Association (SDSCA) Convention plans are nearly finalized. Structured around the theme of "Discover The Treasure of 'Leader' Ship", this year's State Convention is scheduled for March 30-April 1. The Convention will be held at the Ramkota RiverCentre in Pierre.

Registration for the Convention will officially get underway on Sunday evening March 30 at 4:00 p.m. The Convention Opening Session is scheduled to begin at 7:00. The Convention will conclude on Tuesday, April 1st with the Closing General Session. A complete convention schedule appears on the SDHSAA web site.

Included in the convention activities will be the election of the 2008-09 SDSCA State Executive officers and the officers for each of the eight SDSCA Regions. Also included with the Convention activities will be the recognition of the recipients of the 2007-08 "Warren E. Shull Advisor of the Year" Award and the "SDSCA Activities Administrator of the Year" Award. The Closing General Session will include the annual presentation of the money raised for the Spring SDSCA "Children's Miracle Network" Statewide Project.

The guest clinician for this year's Monday State Convention sessions is John Beede from Louisville, CO. Beede, an exceptional speaker, believes that life is meant to be an adventure and will talk on success strategies. He was one of the speakers during the 2007 National Association of Student Councils (NASC) National Conference.

Last year the State Student Council Convention was attended by over 600 student council leaders and advisors. Early indications are that this year's Convention will maintain similar registration numbers. ❖

Dean Mann Receives NFHS National Distinguished Active Official Award

Dean Mann has been named the National Federation's National Distinguished Active Official. He has been a fixture in South Dakota athletics and officiating for over 50 years. Dean officiated basketball, both high school and college, for 10 years beginning in 1954; football, both high school and college, for 19 years beginning in 1958; and track for 51 years, starter and referee, beginning in 1958. He has been a referee for the South Dakota State Track Meet for over 25 years. Dean has also been an official for the Howard Wood Dakota Relays for 51 years. He was the Meet Director for this relay event for 8 years and assistant meet director for 34 years, a position he still holds.

Dean was one of the founders of the Siouxland Coaches and Officials Association in the late 1950's. The goal of the organization was to study and interpret rules and introduce new officials to the profession. He was an SDHSAA track and field rules interpreter and presenter for track and field rules meetings and officials' clinics for over ten years.

A few of the awards Dean Mann has received are the State Award of Merit presented by NIAA; South Dakota Track and Field Official of the Year; South Dakota High School Coaches Association Hall of Fame, and the SDHSAA Distinguished Service Award. Dean was inducted into the South Dakota Sports Hall of Fame in 2007 for his contributions to athletics in general and track and field in particular in South Dakota. ❖

Hotel Schools Are In With Inn Crowd

Those of us in the hospitality industry are very proud of what we do and we highly encourage young people to seriously consider a career in hospitality. Hotels, resorts, restaurants, resort casinos, cruise ships and the mirage of tourism departments and associations are just a few of the choices where an education in hospitality business gives the applicant the edge during the hiring process.

A hotel has several departments; all equally important and require a wide variety of skills. This being said, there is great opportunity for young people with all types of interests to work in a challenging yet rewarding career. A hotel or resort can only be successful if all departments run efficiently and effectively, achieving their departmental goals, yet all focused on guest service and satisfaction.

Hospitality schools were long been regarded as the ugly stepchild on many campuses where teaching students how to serve hotel and restaurant customers has been perceived as inferior to other academic fields. At one time, hospitality management was not generally viewed as a professional field, but within the last 15 years or so, that view has changed. The curriculum has changed and become more demanding. The emphasis today is on business and management courses, giving many hospitality school graduates a foundation for jobs in the financial industry and other businesses.

Hospitality educators say a variety of factors are driving the boom: a generation of students and recent graduates who are better traveled than their parents; a bigger, richer hospitality industry hungry for management talent and willing to pay for it; and broader curricula that train students not just for hotel work but for an array of business and management jobs. For graduates, it often means a choice of high-paying jobs. And hospitality educators argue that travelers ultimately benefit from greater staff professionalism when they check into hotels across the nation.

The expansion from 32,000 US hotels in 1987 to 49,000 today has fueled the growth of hospitality schools. Hotel brands are imposing higher standards and demanding consistency, which require a more skilled and focused management. Technology has definitely made the hotel industry more complex and hotel companies are required to hit profitability targets, therefore hotel management must be on top of their game.

Hotels, which saw a business downturn after the Sept. 11 terrorist attacks in 2001, are profitable and hiring. They need more employees to replace retiring baby boomers, and their recruiters are competing on campuses for hospitality school graduates. Most hotel companies believe a hospitality program graduate is best prepared to hit the ground running.

About 200 schools now offer bachelor's degrees to students majoring in hospitality management. And we can be very proud that our own South Dakota State University in Brookings offers an excellent Hospitality Management program. Each year Dr. Bruce Dickinson's students tour and often accept intern positions at our Ramkota Hotels. Some interns have continued their employment with Ramkota hotels and are working in management. To learn more information about a fun and rewarding career with unlimited opportunities, please feel free to call Dr. Bruce Dickinson at (605) 688-4041 or email bruce.dickinson@sdstate.edu with any questions.

School administrators, I hope you will discuss with your graduating students the possibility of pursuing an education and career in hospitality; it may be just what they are looking for. There are many individuals like me in the hotel business that regard our occupation as one of our true passions in life. ❖

Game Times for 2008 Girls' State Basketball Tournaments

Class "B" – March 6-7-8, 2008

Civic Arena – Huron, SD

The afternoon sessions on Thursday and Friday will begin at 1:00 p.m. CST and the evening sessions on Thursday and Friday will begin at 7:00 p.m. CST. The Saturday afternoon session will begin at 12:00 noon CST and the evening session will begin at 6:00 p.m. CST.

Class "A" – March 6-7-8, 2008

Civic Arena – Watertown, SD

The afternoon sessions on Thursday and Friday will begin at 1:00 p.m. CST and the evening sessions on Thursday and Friday will begin at 7:00 p.m. CST. The Saturday afternoon session will begin at 12:00 noon CST and the evening session will begin at 6:00 p.m. CST.

Class "AA" – March 6-7-8, 2008

Rushmore Plaza civic Center – Rapid City, SD

The "AA" tournament in Rapid City will be televised on SDPB. All tournament games will be aired. All afternoon sessions will begin at 12:00 noon MST and the evening sessions will begin at 6:00 p.m. MST. ❖

Game Times for 2008 Boys' State Basketball Tournaments

Class "B" – March 13-14-15, 2008

Barnett Center – Aberdeen, SD

The afternoon sessions on Thursday and Friday will begin at 1:00 p.m. CST and the evening sessions on Thursday and Friday will begin at 7:00 p.m. CST. The afternoon session on Saturday will begin at 12:00 noon CST and the evening session will begin at 6:00 p.m. CST.

Class "A" – March 13-14-15, 2008

Sioux Falls Arena – Sioux Falls, SD

The "A" tournament in Sioux Falls will be televised on SDPB. All games will be aired. The afternoon sessions on Thursday and Friday will begin at 1:00 p.m. CST and the evening sessions on Thursday and Friday will begin at 7:00 p.m. CST. The afternoon session on Saturday will begin at 12:00 noon CST and the evening session will begin at 6:00 p.m. CST.

Class "AA" – March 13-14-15, 2008

Rushmore Plaza Civic Center – Rapid City, SD

The afternoon sessions will begin at 12:00 noon MST all three days and the evening sessions will begin at 6:00 p.m. MST all three days. ❖

SDHSAA Board Seeks "Distinguished Service Award" Nominations From Schools

From their initial presentations in 1977 through the current year, the SDHSAA Distinguished Service Awards have been presented to individuals who have had a significant statewide impact on high school athletic or fine arts programs in South Dakota. The SDHSAA Board of Directors reminds member schools to consider nominating individuals to be considered as a possible recipient of a Distinguished Service Award for the 2008-09 school year.

The SDHSAA Board will select the 2008-09 Distinguished Service Award recipients during their regular June meeting. Nominations for Distinguished Service Awards must be received by no later than June 1.

Schools desiring to nominate an individual for a Distinguished Service Award should contact Ken Pickering to request the nomination forms. Individuals can be nominated in one of five categories: Administrators for superintendents, principals, athletic and activity directors, etc.; Board of Education members; Coaches & Directors for athletic and fine arts coaches, music directors, and interscholastic activity advisors; Contest Officials for athletic, music, speech, drama officials, judges, or adjudicators; and Contributors which includes radio, television, news writers, physicians, or citizens who have made a significant impact. ❖

Dale Fiedler To Receive NFHS Music Association Award



Dale Fiedler, band director at Redfield High School, will receive the 2007-08 NFHS Music Association "Outstanding Music Educator" Award for Section 5 during the All-State Band Concert in Sioux Falls on March 29. Kansas, Minnesota, Missouri, Nebraska, North Dakota, and South Dakota comprise Section 5.

The NFHS Music Association award recognizes high school band, choral or orchestral directors and adjudicators of high school musicians whose contributions have had an impact on high school music activity programs.

Fiedler received his Bachelors Degree in Music Education from Northern State University in Aberdeen with a double major in instrumental and vocal music. Following his graduation in 1977, he accepted a teaching position in the Redfield school district and has taught there for thirty-one years.

He has been an active adjudicator judging music competitors from grade school through the collegiate level. He has also served as a guest conductor at numerous music festivals throughout the state. He takes pride in being a mentor to numerous future music educators who have received their student teaching experience from him. In 2003, Fiedler was named the South Dakota Bandmaster of the Year.

He has held numerous leadership positions in the music community including a term on the South Dakota Bandmasters Executive Board, as term as the President of the Bandmasters and a membership on the SDHSAA Music Advisory Committee for five years, including one year as the Chairman of the Committee.

Under Fiedler's direction, Redfield High School musicians have had a history of success. Prior to this year his Concert Band received thirty consecutive Superior (Division I) ratings at the Region IV Music Contest. His Redfield High School "Marching Pheasants" have received numerous first place awards including a first place in their division at the 2007 International Lions Parade in Chicago. The Redfield High School Jazz Ensemble received first place at the Northern University Jazz Festival fourteen times. ❖

State Track & Field Qualifying Meets Sanction Applications

Meet Directors and Conference Secretaries are reminded to use form Track # 1, located at the end of the Track and Field Section of the Athletic Handbook, for submitting applications for sanctioning of all qualifying meets. Applications are to be submitted not later than Monday of week #37 (March 10, 2008). A State qualifying Track & Field Meet may be sanctioned after this date but prior to the meet with the payment of a \$50.00 late sanctioning fee.

The criteria to be followed in the sanctioning of a qualifying meet can be found in the Athletic Handbook Track Section, page 4.

Only those meets scheduled by the Saturday prior to the week of the Region Meets (May 10, 2008) will be considered for sanctioning (May 16 for "AA"). Meets postponed beyond the deadline will not be sanctioned.

NOTE: Beginning with the upcoming track season, all meet directors of In-Season qualifying Sanctioned Meets must attend a meet directors meeting. These meetings will be held in conjunction with the rules meetings required for all coaches and officials. The meeting will take place immediately following the rules meeting. While meet directors are not required to attend the rules meeting, it is highly recommended they do. The qualifying meet sanction will be removed if a meet director does not attend when the meetings are offered. These meetings will be conducted every three years, however, once a director attends, it will not be necessary for them to attend again. ❖

2008 State One-Act Festival Successful

The 2008 State One-Act Play Festival successfully concluded with the presentation of "Superior Play" and "Outstanding" acting awards on Saturday February 2nd. During the three-day Festival, which was held at the Johnson Fine Arts Center at Northern State University in Aberdeen, forty-four plays were presented.

The State Festival judges recognized eight Class "AA" plays, nine Class "A" plays and eight Class "B" plays with "Superior Play" ratings. The judges also recognized "Outstanding" individual actors and "Outstanding" acting ensembles during the Festival. The judges recognized forty-two Class "AA", forty-nine Class "A" and forty-four Class "B" individual actors as "Outstanding Performers". Also recognized were twelve Class "AA" "Outstanding Ensemble" groups, nine Class "A" "Outstanding Ensemble" group and five Class "B" "Outstanding Ensemble" groups.

A complete listing of all plays, individual actors, and ensembles that received State Festival awards can be found on the SDHSAA web site. ❖



For Your Protection

Tips to help you stand guard against fraud and identity theft.

It's getting ruff out there!

Identity theft has been called one of the fastest growing crimes in America and according to the Federal Bureau of Investigation, it is almost always committed to facilitate other crimes, such as credit card fraud, check fraud, etc. Identity theft occurs when someone obtains and uses your personal data in some way that involves fraud or deception, typically for economic gain – at your expense. Social Security numbers, dates of birth, bank account and credit card numbers are extremely valuable to an identity thief.

Keep a short leash on your personal information!

One of the best things you can do is to guard and manage your personal information. Here are a few tips to help you avoid or minimize the chance of being taken advantage of:

- Never give personal information via telephone, mail or the Internet, unless you initiated the contact.
- Sensitive information should never be sent by e-mail since it is not a secure method of delivery.
- Keep all personal information in a secure place.
- Shred credit card receipts and/or old statements before discarding in a garbage can – use scissors if you don't have a shredder.
- Protect PINs and passwords.
- Carry only the minimum amount of identifying information.
- Call 1-888-5-optout to remove your name from pre-approved credit offers. To help stop most telemarketing calls, call the Federal Trade Commission's (FTC) National Do Not Call Registry at 1-888-382-1222 from the number you wish to register or visit www.donotcall.gov.
- Order and review copies of your credit report by visiting www.annualcreditreport.com, the only service authorized by Equifax, Experian and TransUnion for this purpose. The law allows you to order one FREE copy from each of the nationwide consumer reporting companies every 12 months. You can also request a report by calling 877-322-8228. For best monitoring practices, stagger your requests to one report every four months.
- If your Social Security number appears on your driver's license, request the Department of Motor Vehicles to assign an alternate driver's license number.
- Ensure that your PIN numbers cannot be observed by anyone while utilizing an ATM or public telephone.

- Close all unused credit card or bank accounts.
- Contact your creditor or service provider if expected bills do not arrive.
- Check account statements carefully for any unauthorized activity.
- Guard your mail from theft.

How to sniff out a crook

Scams come in all shapes and sizes promising the world and delivering nothing. They are also constantly changing. The old adage says it best: if it's too good to be true, it probably is. The best defense is to educate yourself on what to look for in a scam. Here are just a few ways to help you sniff out a bad deal:

When They Call, Tell Them They are Barking Up the Wrong Tree

Telephone credit card scams are a dime a dozen. Callers offer free gifts for credit card holders in exchange for a little information. If they ask to validate your credit card number, hang up. Or if they inform you that your credit card has been used fraudulently, and then they ask for the code on the back of your card, say good-bye!

This Friend in Need is No Friend Indeed

The "Helping a Friend" scam involves a person making "friends" with you over the Internet. This friend works your emotions and asks for your help to get money to a third person, often outside of the United States (typically Canada, England or Africa). You're sent money orders or checks and are asked to deposit funds and wire a portion to a third party. For your trouble, your "friend" will let you keep some. Yeah, right!

Work-at-Home and Become a Bajillionaire

Keep your day job. Many times these scams are found in magazine and newspaper advertisements requiring "no experience necessary." One characteristic common to these schemes is that you are required to invest or send away money before you can start working.

Investment Always Equals Risk

This promotion offers a unique investment opportunity with "high returns for very little risk." It is often only available to "a very few investors" and it demands consumers make very quick decisions. These investments frequently don't exist at all, and investors lose all their hard earned savings.

For more recent scams you can go to www.fakechecks.org for more information.

What should you do if your identity is stolen?

The Federal Trade Commission's website on fighting identity theft says that filing a police report, checking your credit reports, notifying creditors and disputing any unauthorized transactions are some of the steps you must take immediately to restore your good name.

A police report that provides specific details of the identity theft is considered an Identity Theft Report, which entitles you to certain legal rights when it is provided to the three major credit reporting agencies or to companies where the thief misused your information. An Identity Theft Report can be used to permanently block fraudulent information that results from identity theft, such as accounts or addresses, from appearing on your credit report. It will also make sure these debts do not reappear on your credit reports. Identity Theft Reports can prevent a company from continuing to collect debts that result from identity theft, or selling them to others for collection. An Identity Theft Report is also needed to place an extended fraud alert on your credit report.

To learn more about these steps visit their website at www.ftc.gov.



www.firstpremier.com

Important Numbers for Information or Assistance

SD Division of Consumer Protection Office of Attorney General

www.state.sd.us/attorney/office/divisions/consumer
Consumer Helpline: 1-800-300-1986 (SD Only)
Phone: (605) 773-4400 FAX #: (605) 773-7163
Mail: 1302 E. Hwy 14, Suite 3
Pierre, SD 57501-8503
E-mail: consumerhelp@state.sd.us

Federal Trade Commission

www.ftc.gov
Phone: 1-877-FTC-HELP
(1-877-382-4357)
Mail: Federal Trade Commission
Consumer Response Center
600 Pennsylvania Ave. NW
Washington, D.C. 20580

National Fraud Information Center

www.fraud.org

Better Business Bureau Serving South Dakota, Southwest Iowa and Nebraska

www.bbbsouthdakota.org
Phone: (605) 271-2066
FAX: (605) 271-2069
Mail: 300 N. Phillips, Sioux Falls, SD 57104



Educational Resources of MN will again be offering the following graduate level courses to educators in South Dakota this upcoming summer. Thousands of educators and coaches have benefited from these practical, effective, week-long courses. Each course is worth three semester hours of graduate level credit through Augustana College. To find out more about these highly popular classes and to read what colleagues have to say about them, please visit their website at: www.educresources.info or call 1-800-278-8126. Course dates and locations are listed below. Too busy to set aside a week due to your hectic summer schedule? Educational Resources also offers three video courses, *Leading to Make a Difference*, *Teaching to Impact Lives* and *Creating an Environment for Success*, which are each worth three semester hours of graduate level credit through Augustana College, a fully accredited college in Sioux Falls. ❖

Achieving Peak Performance

June 9-12
Rapid City
Instructor: Rose DuBois

June 16-19
Aberdeen
Instructor: Gene Brownell

Developing Excellence in Others

June 23-26
Aberdeen
Instructor: Gene Brownell

Connecting With Today's Youth

June 9-12
Yankton
Instructor: Bob Winter

June 23-26
Rapid City
Instructor: Rose DuBois

CALL 1-800-278-8126 FORM MORE INFORMATION
or visit www.educresources.info

2008 Summer Coaches Clinic and All-Star Games – Aberdeen, SD

Monday, July 21

9:00 a.m. SDHSCA Board of Directors Meeting
12:00 noon SDHSCA Foundation Coaches Golf Tournament
6:00 p.m. Social for Directors and Golfers

Tuesday, July 22

8:00 a.m. Registration for Coaches Clinic
8:30 a.m. – 5 p.m. Clinic Sessions
11:30 a.m. FCA Luncheon
1:15 p.m. High School All Star Golf
5:30 p.m. High School All Star Wrestling
8:00 p.m. High School All Star Girls Basketball

Wednesday, July 23

8:00 a.m. Registration for Coaches Clinic
8:30 a.m. – 5 p.m. Clinic Sessions
10:00 a.m. High School All Star Golf
11:45 a.m. SDHSCA Awards Luncheon
5:30 p.m. High School All Star Volleyball
8:00 p.m. High School All Star Boys Basketball

Thursday, July 24

8:30 a.m. – 2:00 p.m. Clinic Sessions
10:00 a.m. High School All Star Golf
1:00 p.m. – 5:00 p.m. Sport First Aid Clinic
4:30 p.m. Football Hall of Fame Dinner
6:00 p.m. High School All Star Football

**SDIAAA SPRING CONFERENCE
MARCH 26, 27, 28, 2008
RAMKOTA INN & CONFERENCE CENTER
PIERRE**

WEDNESDAY, MARCH 26

- 10:00 - 12:00 ScheduleStar Training
- 2:00 - 3:00 SDIAAA EXECUTIVE COMMITTEE MEETING
- 3:00 - 4:00 Certified Master Athletic Administrator (CMAA) Workshop--"Strategies of completing the Program Model"--
Steve Berseth
- 4:00 - 6:00 NIAAA Certified Athletic Administrator (CAA) Examination – Randy Marso
- 4:00 - 7:00 SDIAAA CONFERENCE REGISTRATION - \$155.00 (includes all dues)
- 5:00 - 10:00 LTC 501 "Philosophy, Leadership Organizations and Professional Programs and
SDHSAA Topics" –Jim Dorman and Bill Clements and SDHSAA Staff (Pre-registration required)
- 6:00 - 10:00 LTC 619 "The Power of Curb Appeal" – Steve Berseth (Pre-registration required)
- 6:30 - 8:30 HOSPITALITY SESSION

THURSDAY, MARCH 27

- 7:30 - SDIAAA CONFERENCE REGISTRATION - VISIT EXHIBITORS
- 8:00 - 8:15 Welcome and introduction of new athletic directors – Bill Clements, President
College Credit – Jim Dorman
- 8:15 - 9:15 "The X's & O's of Cheerleading", Jim Lord, Executive Director, American Association of Cheer Coaches and
Advisors
- 9:15 - 10:00 WORKSHOP - SDHSAA Staff - Round Table Discussion: "Current Issues."
- 10:00 - 10:30 BREAK - VISIT EXHIBITORS
- 10:30 - 11:30 WORKSHOP - SDHSAA Staff (continued)
- 11:30 - 12:00 BREAK - VISIT EXHIBITORS
- 12:00 - 1:30 AWARD LUNCHEON - HALL OF FAME INDUCTION (Gallery A)
- 2:00 - 3:00 FIRST GENERAL SESSION - President Bill Clements presiding
Discussion of Tennis & Gymnastics Advisory Committee Sports Proposals
- 2:00 - 3:00 BREAK OUT SESSIONS – Class A and B – SDHSAA Staff – Executive Committee presiding
- 3:00 - 4:00 SECOND GENERAL SESSION – President Bill Clements presiding
Discussion of Advisory Committee Sports Proposals
- 4:00 - 4:15 INTRODUCTION OF EXHIBITORS
- 4:15 - 4:30 BREAK - VISIT EXHIBITORS
- 4:30 - 5:30 THIRD GENERAL SESSION - President Bill Clements presiding
Discussion of Advisory Committee Sports Proposals
- 6:00 - 10:00 LTC 504 "Legal Issues Risk Management in Sports" – Steve Berseth (Pre-registration required)

FRIDAY, MARCH 28

- 8:00 - 9:00 FOURTH GENERAL SESSION - President Bill Clements presiding
Finish any final discussion or amendments to Sports Proposals.
- 9:00 - 10:00 Tim Flannery, NFHS "Coaches Education and Certification"
- 10:00 - 10:15 REGION MEETINGS - Region Reps presiding
- 10:15 - 11:45 SDIAAA GENERAL BUSINESS MEETING - President Bill Clements presiding
"Breaking the Tradition or Break the Law" – NIAAA Hazing Video
- 50/50 Raffle and Door Prizes!!!
- 12:00 - 4:00 LTC 617 "Administration of Sports Medicine Programs" – Steve Berseth (Pre-registration required)

For Conference Registration go to: <http://sdiaaa.k12.sd.us/Conference/2008.pdf>

SDIAAA LEADERSHIP TRAINING PROGRAM

SDIAAA ANNUAL CONFERENCE (Pierre Ramkota Inn)

Wednesday, March 26

- 3:00 – 4:00 **Certified Master Athletic Administrator (CMAA) Workshop**
Strategies for completing the program model: Steve Berseth, CMAA
- 4:00 – 6:00 **NIAAA Certified Athletics Administrators (CAA) Examination**
Certified Test Administrator: Randy Marso, CAA
- 5:00 – 10:00 **NIAAA LTC 501 Philosophy, Leadership Organizations and Professional Programs as well as SDHSAA Topics**
Presenters: Jim Dorman, CAA, Bill Clements, CAA and SDHSAA Executive Staff

OR

- 6:00 – 10:00 **NIAAA LTC 619 The Power of Curb Appeal**
Presenter: Steve Berseth, CMAA

Wednesday, March 26

- 6:00 – 10:00 **NIAAA LTC 504 Legal Issues I - Risk Management in Sports**
Presenter: Steve Berseth, CMAA

Friday, March 28

- 12:00 – 4:00 **NIAAA LTC 617 Administration of Sports Medicine Programs**
Presenter: Steve Berseth, CMAA

NEW ATHLETIC DIRECTORS WORKSHOP (SDHSAA Building)

Sunday, November 23

- 1:00 – 6:00 **NIAAA LTC 502 Principles, Strategies and Methods as well as SDHSAA Topics**
Presenters: Clay Anderson, CAA, Terry Stulken, CAA and SDHSAA Executive Staff

PLEASE NOTE THE REGISTRATION DEADLINES!

Registration forms may be obtained by clicking on the SDIAAA link on the SDHSAA web site or by going to www.sdiaaa.k12.sd.us. Registration forms will also be printed in future SDIAAA Newsletters.

SDSCA Sponsoring Children's Miracle Network Fundraising Project

The South Dakota Student Council Association is once again sponsoring the Children's Miracle Network (CMN) as its spring fundraising project. Each year the SDSCA sponsors a project where the goal is to raise money for a cause that will aid kids. The SDSCA motto for their annual spring fundraising project is "Kids Helping Kids".

The members of the SDSCA believe that raising money for CMN is a great fit for the "Kids Helping Kids" motto. All the money is divided between the Rapid City Regional Hospital and Sanford Children's Hospital.

During the final session of the State Student Council Convention the SDSCA will once again have a CMN Donation Ceremony. Last year, the student councils of South Dakota collected over \$18, 000 for CMN.

Representatives from the SDSCA will appear on the CMN telethons in Rapid City and Sioux falls to make check presentations for the money collected during the CMN Project. The CMN telethons will be broadcast over KEVN in Rapid City and the KELO-Land stations originating in Sioux Falls. ❖

FARMERS UNION INSURANCE

Get Smart About Insurance

Set an Example for Your Teen Driver

You've heard it before. Teen drivers have the highest crash risk of any age group, from crashes involving only property damage to those that are fatal. The problem is worst among 16-year-olds, who have the most limited driving experience and an immaturity that often results in risk-taking behind the wheel.

Compared with crashes of older drivers, those of 16-year-old drivers:

- More often involve driver error
- Have higher incidence of excess speed as a factor
- More often involve only the teen's vehicle
- More likely occur when other teens are in the car
- Show nighttime fatal crash rates are twice as high as daytime crashes
- Indicate low seat belt use

As parents, we just have to do a better job of preparing our teens to drive safer on the roads. Studies have shown that youngsters are influenced by how they see you drive far earlier than you may think. Even as toddlers buckled in their child seat behind you, they are witnessing your actions and attitudes as you drive.

Vow to be a better role model for your children. If they see you driving while you're on your cell phone, eating a hamburger or otherwise distracted, they're going to think they can do it, too. If you show impatience or discourtesy toward other drivers, your youngster will follow your lead. If you ignore speed limits or run yellow-to-red lights, expect they will also. **Always** buckle up and make sure passengers do as well.

Remember, helping protect your young driver means setting a good example.

At Farmers Union Insurance we believe when it comes to insurance, knowledge is your best policy! ❖

Serving At The Banquet



A few years back, word got around that The Banquet in Sioux Falls was in need of volunteer groups to prepare and serve the morning meal. The message was discussed among a few basketball officials. The idea that this might be a great bonding opportunity was well as a chance to give something back to the community had enormous support from the Sioux Empire Basketball officials. Funding the cost of the breakfast (around \$340) is donated primarily from the Bill Hageman Memorial Fund. Bill was a dedicated basketball official who passed away due to cancer in 1992 at the age of 33. He was a regular volunteer at The Banquet, his family thought that with his ties to The Banquet and his live of officiating that this would be an excellent use of the funds in the memorial account. It was decided that the Sioux Empire Basketball Officials would serve the morning meal at The Banquet on the first Wednesday of

February. On February 6th, 2008, the basketball officials celebrated the 5th anniversary of serving at The Banquet. In the 5 years that we have volunteered, we have not had one single official decline the opportunity to show up at 5:30 am to prepare, serve, clean up and be on the way to their regular job by 8:30 am.

Speaking on behalf of the other Sioux Empire Basketball coordinators, we are very proud of our members for taking time during a very busy time of year for them to serve the needy in the Sioux Falls area.

Serving at The Banquet requires between 15 and 20 volunteers. Serving this year from left to right are: Gregg Thompson, Steve Riswold, Paul Seville, Brad Coleman, Mike Ellingson, Brad Kuhmert, Vern Murra, Clyde Hagen, Rick Brommer, Dave Beranek, Jeff DesLauriers, Rich Hanson, Jim Ricketts Sr., Justin Ingalls, and Jeff Wilber. ❖

Amendment Due

Proposed amendments to the Constitution and By-Laws of the SDHSAA will be due prior to March 14 2008. As per Article X, pages 6-7 of the SDHSAA Constitution-AMENDMENTS

Section 1. Method of Proposing.

Amendments to this Constitution or any set of By-Laws hereinafter included may be proposed by the Board of Directors, or by member schools through presentation of a petition signed by the administrators of thirty or more member schools. Proposed amendments must be submitted in writing to the Executive Director thirty days or more prior to a regular annual or special meeting in order to be considered at that meeting.

NOTE: The annual meeting is scheduled for Tuesday, April 17, 2007 at 2:00 p.m. at the Ramkota Hotel in Pierre, South Dakota.

Section 2. Amending Proposed Amendments.

Proposed amendments may themselves be amended by the majority vote of the member schools represented at a meeting considering amendments, provided such amendments to proposed amendments do not tend to negate the amendment as originally proposed or to create what is essentially a new and different proposal. The Board of Directors shall have power in such a case to decide the issue.

Section 3. Voting On Amendments.

All voting on amendments to this Constitution or these By-Laws shall be by referendum vote with all member schools given an opportunity to vote. Amendments presented at a meeting of the Association, as amended at the meeting if amended, shall be submitted by mail to the member schools within ten days following such meeting. The Board of Directors shall provide arguments for and against each proposed amendment to be included with the amendment when it is mailed to the member schools for voting thereon. ❖

Sportsmanship Ejections

Sportsmanship is a very high priority of the SDHSAA. The concept of sportsmanship must be taught, modeled, expected and reinforced in the classroom and all competitive activities. There is an opportunity for coaches and school staffs to teach and model sportsmanship, to build school pride and to increase student/community involvement. Activities are also an opportunity for the community to demonstrate its support for the participants and the school and to model the concepts of sportsmanship for the youth as respected representatives of our society. Sportsmanship is good citizenship in action.

Coaches and/or athletes ejected from athletic contests for unsportsmanlike behavior must sit out the remainder of that contest plus the next contest at that level of competition as well as all other contests in the interim.

Ejections December 1, 2007 – February 8, 2008

Student from Parkston, Junior Varsity Wrestling, December 8, 2007

Student from SF Lincoln, Junior Varsity Boys Basketball, December 29, 2007

Student from Brandon Valley, Jr Varsity Boys Basketball, December 29, 2007

Student from Tiospa Zina, Varsity Girls Basketball, January 8, 2008

Coach from Newell, Varsity Girls Basketball, January 11, 2008

Student from Pine Ridge, Junior Varsity Boys Basketball, January 11, 2008

Coach from Warner, Varsity Girls Basketball, January 12, 2008

Student from Crow Creek, Varsity Boys Basketball, January 15, 2008

Student from Mitchell, Junior Varsity Wrestling, January 19, 2008

Student from Sully Buttes, Varsity Wrestling, January 20, 2008

Student from Andes Central, Varsity Girls Basketball, January 22, 2008

Student from Elkton, Junior Varsity Boys Basketball, January 25, 2008

Student from Tiosap Zina, Varsity Boys Basketball, January 29, 2008

Student from Great Plains Lutheran, Varsity Girls Basketball, January 31, 2008

Student from Todd County, Varsity Boys Basketball, January 31, 2008

Coach from Brookings, Junior Varsity Boys Basketball, February 1, 2008

Student from Bison, Varsity Boys Basketball, February 1, 2008

2008 SDHSAA TRACK RULES MEETINGS

All meetings held at the high school unless otherwise indicated.

March

- 1 SoDak Track Clinic – Sioux Falls – Oaks Hotel at 6:00 pm
- 10 Aberdeen Central
- 10 Philip
- 11 Mobridge
- 11 Watertown
- 12 Sioux Falls Lincoln
- 12 Mitchell – MTI Tech Center
- 17 Huron
- 18 Faith
- 19 Rapid City Central
- 19 Winner
- 26 Pierre – SDHSAA Office