

**48th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS**

Sioux Falls – May 27-28, 2016

Class "B"

(Total Participants = 428)

Girls 100 Meter Dash

1	Wolf, Josie	11	Chester Area	12.63
2	Yoder, Hannah	12	Freeman Academy	12.80
3	Peters, Karley	9	Parker	12.85
4	Heinz, Angela	12	Ipswich	12.97
5	Maurer, Taylor	9	Ipswich	12.98
6	Larson, Makenna	8	Chester Area	12.98
7	Waldera, Tayah	11	Hanson	13.19
8	Bradford, Bailey	12	Sully Buttes	13.30

200 Meter Dash

1	Wolf, Josie	11	Chester Area	25.86
2	Heinz, Angela	12	Ipswich	26.05
3	Peters, Karley	9	Parker	26.17
4	Larson, Makenna	8	Chester Area	26.51
5	Vandermeer, Ashley	9	Deubrook Area	26.56
6	Waldera, Tayah	11	Hanson	26.78
7	Engebretson, Kaetlyn	9	Platte-Geddes	26.89
8	Crook, Grace	12	Potter County	27.32

400 Meter Dash

1	Heinz, Macy	11	Ipswich	59.09
2	Sebern, Allison	12	Burke/South Central	59.45
3	Peters, Karley	9	Parker	59.80
4	Leber, Delaney	10	Newell	59.88
5	Ortman, Kalli	11	Canistota	1:00.73
6	Paetow, Kirsten	11	Viborg-Hurley	1:01.82
7	Crook, Grace	12	Potter County	1:02.09
8	Henrich, Brylee	11	Arlington	1:02.13

800 Meter Run

1	Heinz, Macy	11	Ipswich	2:18.63
2	Sebern, Allison	12	Burke/South Central	2:20.62
3	Weinheimer, Gracie	10	Sully Buttes	2:23.10
4	Clark, Genevieve	12	Gayville-Volin	2:24.21
5	Held, Khiree	12	James Valley Chr	2:24.26
6	Baumberger, Lauren	9	McIntosh	2:26.34
7	Henrich, Brylee	11	Arlington	2:26.80
8	Leber, Delaney	10	Newell	2:27.37

1600 Meter Run

1	Heinz, Macy	11	Ipswich	5:16.79
2	Held, Khiree	12	James Valley Chr	5:19.02
3	Weinheimer, Gracie	10	Sully Buttes	5:19.14
4	Clark, Genevieve	12	Gayville-Volin	5:22.39
5	Coyle, Ellie	12	Philip	5:24.91
6	Leber, Delaney	10	Newell	5:26.72
7	Kilber, Tessa	8	Ipswich	5:27.09
8	Schroeder, Tiana	11	Freeman Academy	5:27.10

3200 Meter Run

1	Heinz, Macy	11 Ipswich	11:54.59
2	Nelson, Laura	11 Gayville-Volin	11:56.96
3	Coyle, Ellie	12 Philip	12:01.17
4	Steger, Aleah	9 Ipswich	12:08.21
5	Groft, Peyton	10 Northwestern	12:08.70
6	Olsen, Josie	9 Deubrook Area	12:10.55
7	Kilber, Tessa	8 Ipswich	12:12.67
8	Terkildsen, Dilyn	7 Philip	12:14.15

100 Meter Hurdles

1	Philipsen, Brianna	11 New Underwood	16.02
2	Truitt, Audrey	10 RC Christian	16.05
3	Vaith, Ashton	10 Menno	16.06
4	Leidholt, Sydney	9 Warner	16.27
5	Richards, Holly	9 Viborg-Hurley	16.36
6	Bronson, Saraya	10 Wilmot	16.42
7	Menning, Courtney	9 Corsica-Stickney	16.43
8	Reuland, Nikki	11 Kimball/White Lake	16.56

300 Meter Hurdles

1	Leidholt, Sydney	9 Warner	46.91
2	Bronson, Saraya	10 Wilmot	47.46
3	Wieseler, Autumn	9 Potter County	48.71
4	Choal, Phoenix	12 Lyman	48.76
5	Fuhrmann, Josie	9 Freeman	48.95
6	Hora, Abby	12 Viborg-Hurley	49.68
7	Nelson, Raquel	9 Wolsey-Wessington	49.76
8	Noonan, Hannah	12 Howard	50.05

4x100 Meter Relay

1	Chester Area		50.50
	1) Larson, Makenna 8	2) Tiezen, Amanda 7	
	3) Campbell, Karissa 11	4) Wolf, Josie 11	
2	Ipswich		51.40
3	Corsica-Stickney		51.47
4	Viborg-Hurley		51.54
5	Potter County		51.77
6	Hanson		51.90
7	Tripp-Delmont/Armour		52.56

4x200 Meter Relay

1	Chester Area		1:46.15
	1) Larson, Makenna 8	2) Campbell, Karissa 11	
	3) Reiff, Jenna 12	4) Wolf, Josie 11	
2	New Underwood		1:47.61
3	Hanson		1:48.63
4	Viborg-Hurley		1:49.30
5	Tripp-Delmont/Armour		1:49.68
6	Sully Buttes		1:50.59
7	Parker		1:50.65
8	Potter County		1:51.02

4x400 Meter Relay

1	New Underwood		4:08.33
	1) Ballard, Lexi 7	2) Schaub, Juliana 7	

3) Philipsen, Brianna 11	4) Jones, Cerington 7
2 Platte-Geddes	4:11.04
3 Deubrook Area	4:12.54
4 Potter County	4:16.19
5 Sully Buttes	4:16.44
6 Freeman	4:17.91
7 Howard	4:18.74

4x800 Meter Relay

1 Deubrook Area	9:50.65
1) DeBeer, Shaylee 9	2) Koenig, Emily 11
3) Olsen, Josie 9	4) Bauman, Cortney 10
2 Gayville-Volin	9:57.67
3 Howard	10:05.95
4 James Valley Christian	10:09.66
5 Philip	10:17.61
6 Herreid/Selby Area	10:18.62
7 Potter County	10:18.78
8 De Smet	10:19.16

1600 Sprint Medley

1 Sully Buttes	4:19.53
1) Bradford, Bailey 12	2) Bradford, Brooklynn 9
3) Weinheimer, Hannah 11	4) Weinheimer, Avery 8
2 Herreid/Selby Area	4:24.75
3 Deubrook Area	4:24.96
4 Ipswich	4:26.26
5 Freeman Academy	4:26.30
6 Lake Preston	4:31.89
7 Chester Area	4:32.35
8 Tripp-Delmont/Armour	4:39.50

Shot Put

1 Sawvell, Kyla	10 Wall	42-10.50
2 Begalka, Jamie	12 Estelline	40-02.75
3 Heinz, Kamryn	9 Ipswich	37-05.25
4 Hallock, Hallie	11 Platte-Geddes	37-03.25
5 Wittler, Lauren	9 Sully Buttes	35-05.00
6 Rudebusch, Bailey	11 Howard	35-04.75
7 Kneeland, Nicolette	12 Waubay/Summit	34-07.50
8 McLaughlin, Cooper	9 Wall	34-05.00

Discus Throw

1 Hubbard, Traia	11 Gayville-Volin	132-05
2 Rudebusch, Bailey	11 Howard	120-11
3 Begalka, Jamie	12 Estelline	120-02
4 Sprecher, Taylor	10 Wolsey-Wessington	117-10
5 Hallock, Hallie	11 Platte-Geddes	114-01
6 Lamb, Chloe	11 Sully Buttes	113-02
7 Bierman, McKenzie	12 Warner	112-10
8 Heinz, Kamryn	9 Ipswich	112-09

High Jump

1 Renelt, Gabrielle	10 Wilmot	5-02.00
2 Seymour, Danille	8 Northwestern	5-02.00
3 Hofer, Jil	12 Canistota	5-02.00
4 Schroeder, Tiana	11 Freeman Academy	5-02.00
4 Kizer, Madison	8 Howard	5-02.00

6 Wild, Micah	7 Newell	5-00.00
7 Tegethoff, Averi	10 Platte-Geddes	5-00.00
8 Kuchenbecker, Peyton	11 Philip	4-10.00
8 Bultje, Skylar	8 Canistota	4-10.00
8 Rogers, Laurie	9 Warner	4-10.00

Long Jump

1 Hansum, Lydia	12 Andes Central/Da	16-03.00
2 Ortman, Kalli	11 Canistota	16-01.25
3 Wilde, Daina	12 Castlewood	16-00.00
4 Moe, Ashley	11 Hanson	15-11.75
5 Vandermeer, Ashley	9 Deubrook Area	J15-11.75
6 Sees, Lauren	9 Avon	15-10.75
7 Raile, Samantha	11 Eureka/Bowdle	15-06.00
8 Pulse, Sage	10 Kimball/White Lake	15-05.75

Triple Jump

1 Vandermeer, Ashley	9 Deubrook Area	35-10.75
2 Wilde, Daina	12 Castlewood	34-03.00
3 Kahnke, Evie	10 Florence/Henry	34-02.25
4 DeBeer, Shaylee	9 Deubrook Area	33-08.25
5 Mudder, Kacie	10 Avon	33-01.75
6 Koenig, Emily	11 Deubrook Area	32-09.25
7 Kranz, Ali	9 Waverly-South Shore	32-07.25
8 Heidemann, Breanna	11 RC Christian	32-04.25

Pole Vault

1 Maurer, Taylor	9 Ipswich	10-06.00
2 Pitz, Autumn	12 Ipswich	10-03.00
3 Hybertson, Rebecca	12 Centerville	9-03.00
4 Ronke, Tegan	10 Waverly-South Shore	8-06.00
5 Gilbery, Bre	8 Gayville-Volin	8-06.00
6 Gall, Taylor	10 Scotland	8-06.00
6 McIlravy, Anna Belle	10 Philip	8-06.00
8 Duba, Mae	11 Platte-Geddes	8-06.00

**48th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Madison & Sioux Falls – May 27-28, 2016
Class "A"
(Total Participants = 429)**

100 Meter Dash

1	Carlson, Bailey	10	St. Thomas More	12.48
2	Wevik, Mikayla	10	Tea Area	12.56
3	Odenbach, Ashley	11	Spearfish	12.76
4	Valandra, Caelyn	7	Todd County	12.78
5	Carlson, Delaney	12	St. Thomas More	12.82
6	Pulse, Jacy	8	McCook Central/M	13.13
7	Jones, Kassi	12	Britton-Hecla	13.15
8	Yoder, Julia	11	SF Christian	13.16

200 Meter Dash

1	Howell, Shayla	10	Belle Fourche	25.28
2	Carlson, Bailey	10	St. Thomas More	25.72
3	Rud, Olivia	10	Madison	25.96
4	Carlson, Delaney	12	St. Thomas More	25.97
5	Valandra, Caelyn	7	Todd County	26.17
6	Wevik, Mikayla	10	Tea Area	26.31
7	Pulse, Jacy	8	McCook Central/M	26.36
8	Anderson, Chloe	11	Canton	26.42

400 Meter Dash

1	Howell, Shayla	10	Belle Fourche	57.20
2	Valandra, Caelyn	7	Todd County	57.52
3	Pulse, Jacy	8	McCook Central/M	58.03
4	Rud, Olivia	10	Madison	58.63
5	Hight, Lauren	10	Spearfish	59.05
6	Risseeuw, Savannah	9	Mt. Vernon/Plank	1:00.51
7	Timmer, Haleigh	7	St. Thomas More	1:00.80
8	Davis, Callie	8	Elk Point-Jefferson	1:03.36

800 Meter Run

1	Glazier, Tori	10	Custer	2:14.13
2	Cooper, Kaci	8	St. Thomas More	2:19.07
3	Parys, Morgan	11	Custer	2:19.67
4	Hohn, Marion	10	Hill City	2:20.18
5	Streff, Hailey	11	Madison	2:20.37
6	Sage, Haley	12	Garretson	2:22.07
7	Simmons, Karlee	9	Hill City	2:23.63
8	Cournoyer, Raven	9	Todd County	2:24.07

1600 Meter Run

1	Lavin, Maddie	10	Vermillion	5:03.81
2	Glazier, Tori	10	Custer	5:07.00
3	Cooper, Kaci	8	St. Thomas More	5:12.60
4	Parys, Morgan	11	Custer	5:16.04
5	Byers, Ella	9	Chamberlain	5:16.19
6	Hohn, Marion	10	Hill City	5:18.78
7	Heeren, Josie	12	Elk Point-Jefferson	5:19.10
8	Streff, Hailey	11	Madison	5:20.81

3200 Meter Run

1 Lavin, Maddie	10 Vermillion	11:10.08
2 Schmidt, Nicolette	11 Redfield/Doland	11:18.42
3 Delmont, Mallory	8 Custer	11:38.03
4 Byers, Ella	9 Chamberlain	11:38.04
5 Schulz, Marisa	11 Dakota Valley	11:49.85
6 Herman, Kelsie	8 Todd County	11:52.24
7 Streff, Cameron	9 Madison	11:54.35
8 Savey, Cait	10 Beresford	11:57.99

100 Meter Hurdles

1 Duffy, Shannon	12 St. Thomas More	15.16
2 Pulse, Jacy	8 McCook Central/M	15.57
3 Rithmiller, Haley	11 Webster Area	15.63
4 Thue, Taylor	9 Milbank Area	15.71
5 Faulhaber, Stephanie	11 Mt. Vernon/Plank	15.74
6 Schmeichel, Averi	7 West Central	15.76
7 Zomermaand, Shelby	12 SF Christian	15.99
8 Bohan, Sara	12 Dakota Valley	16.34

300 Meter Hurdles

1 Koch, Taylor	12 Spearfish	44.73
2 Rithmiller, Haley	11 Webster Area	45.51
3 Thue, Taylor	9 Milbank Area	45.80
4 Giles, Jessica	10 Madison	46.01
5 Thomsen, Julianne	11 Custer	46.22
6 McMains, Halie	12 Canton	46.43
7 Duffy, Shannon	12 St. Thomas More	46.59
8 Bohan, Sara	12 Dakota Valley	46.99

4x100 Meter Relay

1 St. Thomas More	49.27
1) Kirsch, Cassidy 11	2) Carlson, Delaney 12
3) Eckrich, Carolyn 11	4) Carlson, Bailey 10
2 Canton	50.73
3 Tea Area	50.76
4 Tri-Valley	50.94
5 Spearfish	51.48
6 Lennox	51.64
7 Mobridge-Pollock	51.68
8 Mt. Vernon/Plankinton	52.12

4x200 Meter Relay

1 St. Thomas More	1:44.90
1) Kirsch, Cassidy 11	2) Benson, Ciara 8
3) Carlson, Bailey 10	4) Carlson, Delaney 12
2 Spearfish	1:45.29
3 West Central	1:46.93
4 SF Christian	1:47.13
5 Canton	1:48.20
6 Madison	1:48.38
7 Vermillion	1:48.43
8 Mt. Vernon/Plankinton	1:49.01

4x400 Meter Relay

1 Madison	4:02.11
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1) Giles, Jenni 10	2) Streff, Hailey 11	
3) Giles, Jessica 10	4) Rud, Olivia 10	
2 Spearfish		4:03.86
3 West Central		4:05.69
4 St. Thomas More		4:07.06
5 Custer		4:08.07
6 Vermillion		4:08.72
7 Milbank Area		4:10.14
8 Canton		4:10.28

4x800 Meter Relay

1 Custer		9:26.26
1) Delmont, Mallory 8	2) Sedlacek, Clara 9	
3) Parys, Morgan 11	4) Glazier, Tori 10	
2 St. Thomas More		9:37.87
3 Madison		9:42.82
4 Hill City		9:54.67
5 Todd County		10:00.21
6 Garretson		10:05.65
7 Canton		10:10.35
8 Ethan/Parkston		10:13.06

1600 Sprint Medley

1 St. Thomas More		4:10.37
1) Kirsch, Kassidy 11	2) Eckrich, Carolyn 11	
3) Kirsch, Klaire 10	4) Cooper, Kaci 8	
2 Vermillion		4:14.71
3 Hill City		4:20.55
4 Elk Point-Jefferson		4:21.18
5 Madison		4:22.03
6 Ethan/Parkston		4:22.49
7 Chamberlain		4:27.13
8 Winner		4:31.05

Shot Put

1 Menken, Jordan	11 Custer	42-10.50
2 Stofferahn, Mikaela	12 Dell Rapids	40-05.75
3 Tebben, Jamie	12 Redfield/Doland	38-11.00
4 Bultsma, Megan	12 Mt. Vernon/Plank	37-06.25
5 Kaitfors, Kennedy	9 Spearfish	37-04.50
6 Miiller, Amanda	11 Ethan/Parkston	37-03.50
7 Jennings, Kris	12 Canton	36-07.50
8 Leiseth, Faith	10 Hamlin	36-04.00

Discus Throw

1 Stofferahn, Mikaela	12 Dell Rapids	127-08
2 Jennings, Kris	12 Canton	116-07
3 Ward, Dylana	11 Belle Fourche	112-02
4 Leiseth, Faith	10 Hamlin	108-11
5 Ketelhut, Laurel	12 Chamberlain	105-11
6 VandeWeerd, Julie	11 Canton	105-10
7 Menken, Jordan	11 Custer	105-06
8 Patterson, Janae	10 Wagner	104-08

High Jump

1 Duffy, Shannon	12 St. Thomas More	5-03.00
2 Johnson, Alyssa	10 Dakota Valley	5-01.00

3	Wollman, Melissa	12	West Central	4-11.00
4	Groeger, Carolyn	10	Lead-Deadwood	4-11.00
5	Stevens, Lynsey	10	Sioux Valley	4-11.00
5	Pruis, Caitlyn	8	SF Christian	4-11.00
7	Henricks, Shyla	11	Britton-Hecla	4-11.00
8	Reinschmidt, Nikita	10	Dakota Valley	4-09.00
8	Hanka, Janean	9	Hill City	4-09.00

Long Jump

1	Krouse, Jocelyn	9	McCook Central/M	17-06.75
2	Strasser, Mahli	12	Lennox	17-01.25
3	Gallagher, Miranda	12	Lead-Deadwood	17-00.75
4	Perrenoud, Grace	10	SF Christian	16-11.25
5	Bohan, Sara	12	Dakota Valley	16-10.75
6	Wevik, Mikayla	10	Tea Area	16-04.75
7	Howell, Shayla	10	Belle Fourche	16-04.50
8	Gerber, Lydia	11	Canton	15-10.00

Triple Jump

1	Howell, Shayla	10	Belle Fourche	36-05.50
2	Gallagher, Miranda	12	Lead-Deadwood	36-00.25
3	Haines, Ivy	12	Mt. Vernon/Plank	35-03.25
4	Stoller, Claire	11	Madison	35-02.75
5	Gerber, Lydia	11	Canton	35-01.50
6	Johnson, Bailey	12	Canton	34-06.75
7	Werdel, Shaly	11	Miller	34-03.25
8	Wanner, Audrey	11	Groton Area	33-09.50

Pole Vault

1	Groeger, Carolyn	10	Lead-Deadwood	10-03.00
2	McAllister, Morgan	12	Bon Homme	10-00.00
3	Derby, Jade	12	Lead-Deadwood	J10-00.00
4	Schwebach, Shania	10	Madison	9-06.00
5	Dion, Rachel	12	Wagner	8-06.00
5	Sestak, Rachel	10	Bon Homme	8-06.00
7	Giles, Jenni	10	Madison	J8-06.00
8	Cardella, Elise	11	Aberdeen Roncalli	8-00.00
8	Miiller, Mollie	9	Ethan/Parkston	8-00.00

**48th ANNUAL SOUTH DAKOTA STATE
GIRLS' TRACK & FIELD CHAMPIONSHIPS
Sioux Falls – May 27-28, 2016
Class "AA"
(Total Participants = 360)**

100 Meter Dash

1 Dowling, Cortney	12 Pierre T.F. Riggs	11.97
2 Christopherson, Haley	10 SF Washington	12.23
3 Young, Hannah	9 RC Central	12.34
4 Bickley, Krista	9 Brandon Valley	12.45
5 Gardner, Karli	10 Aberdeen Central	12.47
6 Suah, Darline	9 SF Washington	12.54
7 Watson, Kyah	8 RC Stevens	12.63
8 Kinney, Erin	8 Harrisburg	12.94

200 Meter Dash

1 Dowling, Cortney	12 Pierre T.F. Riggs	24.27
2 Bickley, Krista	9 Brandon Valley	24.77
3 Gardner, Karli	10 Aberdeen Central	25.07
4 Young, Hannah	9 RC Central	25.18
5 Tingle, Tanya	11 Brandon Valley	25.89
6 Suah, Darline	9 SF Washington	26.00
7 Watson, Kyah	8 RC Stevens	26.03
8 Sullivan, Maddison	11 RC Central	26.19

400 Meter Dash

1 Bickley, Krista	9 Brandon Valley	54.08
2 Dowling, Cortney	12 Pierre T.F. Riggs	54.19
3 Tingle, Tanya	11 Brandon Valley	58.77
4 Bickley, Cortney	12 Brandon Valley	59.18
5 Auen, Alisha	12 SF Lincoln	59.67
6 Hauger, Megan	8 Watertown	1:00.05
7 Mohr, Michaela	10 SF Lincoln	1:00.50
8 Mikkelsen, Emily	9 Pierre T.F. Riggs	1:00.86

800 Meter Run

1 Cooper, Jasmyne	10 SF Lincoln	2:13.72
2 Dykstra, Kendra	12 RC Stevens	2:15.88
3 Schweiss, Jamie	12 RC Stevens	2:17.53
4 Kearney, Kelsi	11 SF Washington	2:17.64
5 Waterfall, Haylee	10 Brandon Valley	2:18.32
6 Bindert, Elizabeth	9 SF Lincoln	2:19.46
7 Schenk, Meagan	12 Harrisburg	2:20.06
8 Wells, Ashley	9 Brandon Valley	2:20.47

1600 Meter Run

1 Cooper, Jasmyne	10 SF Lincoln	5:01.06
2 Dykstra, Kendra	12 RC Stevens	5:01.42
3 Abraham, Ellie	8 Brookings	5:05.23
4 Sudbeck, Caroline	8 SF Lincoln	5:12.48
5 Woods, Savannah	12 Yankton	5:12.99
6 Schweiss, Jamie	12 RC Stevens	5:13.81
7 Waterfall, Haylee	10 Brandon Valley	5:15.43
8 Jacobs, Melanie	7 Aberdeen Central	5:15.84

3200 Meter Run

1 Woods, Savannah	12 Yankton	11:02.11
2 Abraham, Ellie	8 Brookings	11:19.37
3 Jacobs, Melanie	7 Aberdeen Central	11:23.43
4 Klatt, Courtney	10 Brandon Valley	11:38.48
5 Wells, Lauren	9 Brandon Valley	11:42.97
6 Rief, Allison	9 Brandon Valley	11:50.92
7 Erickson, Katherine	10 Aberdeen Central	11:58.27
8 Smithback, Austyn	8 Harrisburg	12:00.68

100 Meter Hurdles

1 Schaefer, Elizabeth	9 RC Stevens	14.89
2 Tessier, Madason	11 Yankton	15.21
3 Tietz, Sophie	8 Watertown	15.67
4 Poelstra, Darien	12 Harrisburg	15.67
5 Nickel, Emilee	9 RC Central	15.92
6 Heier, Ryley	10 SF Lincoln	15.95
7 Gerberding, Holly	11 Sturgis Brown	16.08
8 Christiansen, Chelsey	11 RC Central	16.43

300 Meter Hurdles

1 Schaefer, Elizabeth	9 RC Stevens	43.92
2 Dal, Josephine	9 SF Lincoln	46.33
3 Heier, Ryley	10 SF Lincoln	46.44
4 Gerberding, Holly	11 Sturgis Brown	46.67
5 Anziano, Kaylynn	12 RC Stevens	46.69
6 Walder, Mateya	11 Watertown	47.89
7 Kinzer, Isabel	11 SF Washington	48.66
8 Tessier, Madason	11 Yankton	49.73

4x100 Meter Relay

1 SF Lincoln	49.41
1) Thomas, Jade 11	2) Kersten, Mollie 10
3) Mohr, Michaela 10	4) Auen, Alisha 12
2 SF Washington	49.46
3 RC Stevens	49.58
4 RC Central	49.60
5 Brookings	50.19
6 Brandon Valley	50.30
7 SF O'Gorman	50.33
8 Harrisburg	50.92

4x200 Meter Relay

1 Brandon Valley	1:41.90
1) Boomsma, Anna 11	2) Bickley, Cortney 12
3) Tingle, Tanya 11	4) Bickley, Krista 9
2 RC Central	1:43.85
3 SF Washington	1:44.55
4 SF Lincoln	1:45.61
5 SF O'Gorman	1:46.70
6 Watertown	1:48.21
7 Harrisburg	1:48.57

4x400 Meter Relay

1 Brandon Valley	4:02.94
1) Tingle, Tanya 11	2) Wells, Ashley 9
3) Presler, Sarah 11	4) Bickley, Cortney 12

2 SF Lincoln	4:03.60
3 RC Stevens	4:04.40
4 Harrisburg	4:04.71
5 RC Central	4:06.10
6 SF Washington	4:06.19
7 SF Roosevelt	4:07.00
8 Mitchell	4:07.15

4x800 Meter Relay

1 Brandon Valley	9:21.13
1) Presler, Sarah 11	2) Wells, Ashley 9
3) Waterfall, Haylee 10	4) Klatt, Courtney 10
2 RC Stevens	9:27.90
3 SF Lincoln	9:31.69
4 Brookings	9:32.72
5 Aberdeen Central	9:36.11
6 SF Washington	9:56.34
7 Yankton	9:58.80
8 RC Central	10:03.43

1600 Sprint Medley

1 Brandon Valley	4:13.32
1) Boomsma, Anna 11	2) Wrightsman, Jenika 11
3) Hendrick, Hannah 10	4) Klatt, Courtney 10
2 SF Lincoln	4:14.91
3 Brookings	4:16.10
4 RC Stevens	4:17.41
5 Mitchell	4:18.52
6 SF Roosevelt	4:19.53
7 Pierre T.F. Riggs	4:22.44
8 Aberdeen Central	4:22.49

Shot Put

1 VanVeldhuizen, Izzy	12 SF Lincoln	45-00.00
2 Henrich, Callie	11 RC Stevens	41-09.00
3 Wynn, Naomi	11 Douglas	39-10.50
4 Hertz, Emma	12 SF O'Gorman	39-00.50
5 Stock, Breeze	11 Douglas	38-06.50
6 Sayler, Jenna	9 SF Washington	38-02.50
7 Reinke, Madelyn	11 Pierre T.F. Riggs	38-01.00
8 Bindert, Becca	11 SF Lincoln	37-03.50

Discus Throw

1 Hertz, Emma	12 SF O'Gorman	132-10
2 VanVeldhuizen, Izzy	12 SF Lincoln	127-04
3 Stock, Breeze	11 Douglas	123-10
4 Henrich, Callie	11 RC Stevens	120-05
5 Delzer, Christina	11 RC Stevens	115-04
6 Siegfried, Jacey	12 Watertown	112-10
7 Schoenfelder, Katie	12 Huron	112-00
8 King, Norah	10 SF Lincoln	110-09

High Jump

1 Johnson, Michelle	11 RC Central	5-06.00
2 Tietz, Sophie	8 Watertown	5-04.00
3 Eisenbeisz, Addison	10 Pierre T.F. Riggs	5-02.00
4 Thompson, Morgan	9 Brandon Valley	J5-02.00

5 Paauw, Hannah	12 Brandon Valley	5-00.00
6 Bain, Morgan	11 SF O'Gorman	J5-00.00
7 Jones, Mya	11 RC Central	J5-00.00
8 Szabo, Anezka	11 SF Lincoln	J5-00.00

Long Jump

1 Stewart, Emma	11 Yankton	18-03.50
2 Heier, Ryley	10 SF Lincoln	17-06.25
3 Mohr, Michaela	10 SF Lincoln	17-00.50
4 Law, Trinity	9 Brandon Valley	16-08.75
5 Boomsma, Jaiden	8 Yankton	16-07.00
6 Zajicek, Elsie	11 Brandon Valley	16-02.75
7 Johnson, Bailey	10 RC Central	16-02.25
8 Thorson, Avery	10 Harrisburg	16-01.50

Triple Jump

1 Stewart, Emma	11 Yankton	37-08.00
2 Heier, Ryley	10 SF Lincoln	36-11.75
3 Richardson, Bre	11 SF Washington	36-02.00
4 Kolb, Elizabeth	9 SF O'Gorman	35-08.50
5 Zajicek, Elsie	11 Brandon Valley	35-08.25
6 Justus, Liberty	10 SF Lincoln	35-05.50
7 Bisgard, Sophie	11 Yankton	35-05.00
8 Thorpe, Tori	11 Pierre T.F. Riggs	35-01.50

Pole Vault

1 Waddell, Tevyn	12 Mitchell	11-03.00
2 Katz, Shannon	11 Huron	10-09.00
3 Dale, Sydney	12 Watertown	J10-09.00
3 Hendrick, Hannah	10 Brandon Valley	J10-09.00
3 Scott, Whitney	11 Watertown	J10-09.00
6 Stadheim, Allison	11 Watertown	10-03.00
7 Thomas, Sydney	12 Brookings	J10-03.00
8 Trainor, Isabelle	10 Harrisburg	J10-03.00



**State Class "B" Track and Field Champions
Ipswich Lady Tigers**

CLASS "B" TEAM POINTS

1. Ipswich	104	24. Herreid/Selby Area	11
2. Deubrook Area	51	24. Wall	11
3. Chester Area	50	26. Andes Central/Dakota Christian	10
4. Gayville-Volin	40	27. Rapid City Christian	9
5. Sully Buttes	37	28. Corsica-Stickney	8
6. New Underwood	28	29. Wolsey-Wessington	7
7. Howard	24.50	29. Tripp-Delmont/Armour	7
8. Platte-Geddes	22	29. Freeman	7
9. Potter County	21	29. Waverly-South Shore	7
9. Wilmot	21	29. Avon	7
11. Viborg-Hurley	20	34. Centerville	6
11. Parker	20	34. Florence/Henry	6
13. Hanson	19	34. Menno	6
14. Canistota	18.33	37. Lyman	5
15. Philip	17.83	38. Arlington	3
16. Freeman Academy	17.50	38. McIntosh	3
17. Warner	17.33	38. Lake Preston	3
18. James Valley Christian	17	41. Scotland	2.50
19. Burke/South Central	16	42. Kimball/White Lake	2
20. Castlewood	14	42. Eureka/Bowdle	2
20. Estelline	14	42. Waubay/Summit	2
22. Newell	12	45. De Smet	1
22. Northwestern	12		



**State Class "A" Track and Field Champions
St. Thomas More Cavaliers**

CLASS "A" TEAM POINTS

1. St. Thomas More.....	108	19. Redfield/Doland	14
2. Custer	65	21. Milbank Area.....	13
3. Madison.....	58	22. Bon Homme	11.50
4. Spearfish.....	44	23. Lennox.....	11
5. Canton	40	24. Elk Point-Jefferson.....	8
6. Belle Fourche	38	25. Ethan/Parkston	7.50
7. Lead-Deadwood	35	26. Hamlin.....	6
8. Vermillion	33	26. Garretson.....	6
9. McCook Central/Montrose.....	29	28. Tri-Valley.....	5
10. Todd County.....	25	29. Wagner	4.50
11. Hill City.....	21.50	30. Britton-Hecla.....	4
12. West Central.....	21	31. Sioux Valley.....	3.50
13. Tea Area.....	20	32. Miller.....	2
13. Mt. Vernon/Plankinton.....	20	34. Mobridge-Pollock.....	2
15. Dakota Valley.....	18.50	34. Groton Area.....	1
16. Dell Rapids.....	18	34. Winner.....	1
17. Sioux Falls Christian	16.50	34. Beresford	1
18. Chamberlain	15	37. Aberdeen Roncalli.....	0.50
19. Webster Area.....	14		



**State Class "AA" Track and Field Champions
Sioux Falls Lincoln Patriots**

CLASS "AA" TEAM POINTS

1. Sioux Falls Lincoln.....	134	10. Sioux Falls O’Gorman.....	29
2. Brandon Valley.....	126	11. Aberdeen Central.....	24
3. Rapid City Stevens.....	95	12. Harrisburg.....	19
4. Yankton.....	51	13. Douglas.....	16
5. Sioux Falls Washington.....	50	14. Mitchell.....	15
6. Rapid City Central.....	49	15. Huron.....	10
7. Pierre T.F. Riggs.....	40	16. Sturgis Brown.....	7
8. Watertown.....	39	17. Sioux Falls Roosevelt.....	5
9. Brookings.....	31		

“GOLD MEDAL” AWARDS

The South Dakota High School Activities Association has sponsored the “Gold Medal Award” since 1986. To qualify to receive this “Gold Medal”, an athlete must have the best time or greatest distance in each event, regardless of class. In the track events, only the best time in the finals shall be considered. For example, in the Girls’ 100m Dash, if the Class “AA” winner’s time is: 12.71, the Class “A” winner’s time is: 13.30 and the Class “B” winner’s time is: 13.07, the “Gold Medal” would be awarded to the Class “AA” champion. That individual had the fastest time in the 100m Dash. This award will be given in all track and field events for both boys and girls and will be given each year at the State Track and Field Meet.

2016 GIRLS’ GOLD MEDAL RECIPIENTS

100 Meter Dash	Cortney Dowling-12	Pierre T.F. Riggs	11.97
200 Meter Dash	Cortney Dowling-12	Pierre T.F. Riggs	24.27
400 Meter Dash	Krista Bickley-9	Brandon Valley	54.08
800 Meter Run	Jasmyne Cooper-10	Sioux Falls Lincoln	2:13.72
1,600 Meter Run	Jasmyne Cooper-10	Sioux Falls Lincoln	5:01.06
3,200 Meter Run	Savannah Woods-12	Yankton	11:02.11
100 Meter Int Hurdles	Elizabeth Schaefer-9	Rapid City Stevens	14.89
300 Meter Low Hurdles	Elizabeth Schaefer-9	Rapid City Stevens	43.92
4x100 Meter Relay	St. Thomas More Kassidy Kirsch, 11; Delaney Carlson, 12 Carolyn Eckrich, 11; Bailey Carlson, 10		49.27
4x200 Meter Relay	Brandon Valley Anna Boomsma, 11; Cortney Bickley, 12 Tanya Tingle, 11; Krista Bickley, 9		1:41.90
4x400 Meter Relay	Madison Jenni Giles, 10; Hailey Streff, 11 Jessica Giles, 10; Olivia Rud, 10		4:02.11
4x800 Meter Relay	Brandon Valley Sarah Presler, 11; Ashley Wells, 9 Haylee Waterfall, 10; Courtney Klatt, 10		9:21.13
Sprint Medley Relay	St. Thomas More Kassidy Kirsch, 11; Carolyn Eckrich, 11 Klaire Kirsch, 10; Kaci Cooper, 8		4:10.37
Shot Put	Izzy VanVeldhuizen-12	Sioux Falls Lincoln	45’00”
Discus Throw	Emma Hertz-12	Sioux Falls O’Gorman	132’10”
High Jump	Michelle Johnson-11	Rapid City Central	5’06.00”
Long Jump	Emma Stewart-11	Yankton	18’03.50”
Triple Jump	Emma Stewart-11	Yankton	37’08.00”
Pole Vault	Tevyn Waddell-12	Mitchell	11’03.00”

GIRLS' "GOLD MEDAL" HONOR ROLL

Most Individual Medals - One Year

Four Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1999)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2011)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2007)
Jasmyne King, RC Central – Class "AA" (100m Dash, 200m Dash, 400m Dash, Long Jump – 2008)
Brittany Page, Watertown – Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay – 2005)
Julie Schwengler, RC Stevens – Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay – 2004)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1996)
Jill Theeler, Mitchell - Class "AA" (100m Dash, 200m Dash, 400m Dash, 4 x 400m Relay - 1997)
Cherise Thompson, RC Stevens - Class "AA" (400m Dash, 800m Run, 4 x 400m Relay, 4 x 800m Relay - 2000)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay, 4 x 200m Relay - 2002)
Megan Trotter, RC Central – Class "AA" (100m Dash, 200m Dash, 4 s 100m Relay, 4 x 200m Relay – 2003)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1992)
Ann Westby, Brookings - Class "AA" (800m Run, 1600m Run, 3200m Run, 4 x 800m Relay - 1989)

Three Awards

Amber Abrams, RC Central - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay - 1998)
Jodi Bowne, Elkton - Class "B" (100m Dash, 200m Dash, 400m Dash - 1992)
Leslie Brost, Watertown – Class "AA" (4 x 200m Relay, 4 x 400m Relay, Pole Vault – 2008)
Cortney Dowling, Pierre Riggs – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2014)
Allison Eckert, SF Roosevelt – Class "AA" (800m Run, 1600m Run, 3200m Run – 2006)
Brittany Garner, RC Stevens – Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay – 2004)
Brittany Garner, RC Stevens – Class "AA" (200m Dash, 400m Dash, 4 x 400m Relay – 2006)
Sara Gill, RC Central - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay – 1992)
Tamara Gorman, RC Stevens – Class "AA" (1600m Run, 3200m Run, 4 x 800m Relay – 2011)
Emily Haar, RC Stevens – Class "AA" (4 x 100m Relay, 4 x 200m Relay, Medley Relay – 2014)
Kari Heck, SF Washington – Class "AA" (100m Dash, 200m Dash, 400m Dash – 2012)
Amy Jensen, Brandon Valley - Class "AA" (100m Dash, 200m Dash, 4 x 100m Relay)
Ramsey Kavan, Yankton – Class "AA" (1600m Run, 3200 Run, Medley Relay - 2002)
Alaina Klapperich, RC Central – Class "AA" (100m Dash, 4 x 100m Relay, 4 x 200m Relay – 2015)
Julie Knight, RC Central - Class "AA" (300m Hurdles, 4 x 200m Relay, 4 x 400m Relay - 1990)
Dawn Koehn, Watertown - Class "AA" (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Jamie Krautschun, Spearfish - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1994)
Jaime Pauli, Milbank - Class "A" (1600m Run, 4 x 800m Relay, Medley Relay)
Hiedi Reed, Canton - Class "A" (1600m Run, 3200m Run, Medley Relay - 1992)
Kelly Rhodes, SF Lincoln - Class "AA" (100m Hurdles, 300m Low Hurdles, 4 x 400m Relay - 1986)
Barb Riemenschneider, RC Stevens - Class "AA" (4 x 100m Relay, 4 x 200m Relay, 100m Hurdles - 1987)
Barb Riemenschneider, RC Stevens - Class "AA" (100m Hurdles, 4 x 100m Relay, 4 x 200m Relay - 1988)
Steph Schueler, SF Lincoln - Class "AA" (100m Dash, 200m Dash, 400m Dash 1986, 1987)
Heather Sieler, Huron - Class "AA" (800m Run, 4 x 400m Relay, Medley Relay - 1998)
Cori Vining, Huron - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 2000)
Anne Vollmer, RC Central - Class "AA" (100m Hurdles, 300m Hurdles, 4 x 200m Relay - 1993)
Ann Westby, Brookings - Class "AA" (1600m Run, 3200m Run & Medley Relay - 1988)
Lindsay Young, Spearfish - Class "AA" (200m Dash, 4 x 100m Relay, 4 x 200m Relay - 1994)

Relay "Gold Medal Awards" - All-Time

Aberdeen Central - 4 x 100m Relay - 1986; 4 x 200m Relay - 1995, 1996, 1998; Medley Relay – 2000; 4 x 800m Relay – 2012, 2013;
Aberdeen Roncalli - 4 x 800m Relay - 1998
Bon Homme - 4 x 800m Relay - 1986;
Brandon Valley - 4 x 100m Relay - 1995, 1996; 4 x 200m Relay – 2016; 4 x 400m Relay – 2014, 2015; 4 x 200m Relay – 2016; 4 x 800m Relay – 2016;
Brookings - 4 x 800m Relay - 1989; Medley Relay - 1988; 4 x 100m Relay - 2009
Canton - Medley Relay - 1992;
Chamberlain - Medley Relay – 2001
Custer – Medley Relay - 2015

DeSmet - Medley Relay - 1989
 Herried - 4 x 400m Relay - 1994;
 Hoven - 4 x 400m Relay - 1989; 4 x 800m Relay - 1991
 Huron - 4 x 200m Relay - 2000; 4 x 400m Relay - 1998, 1999; Medley Relay – 1998
 Madison – 4 x 100m Relay – 2005; 4 x 400m Relay – 2016;
 Miller - 4 x 200m Relay – 1986;
 Milbank - 4 x 400m Relay - 1993; 4 x 800m Relay - 1994, 1996; Medley Relay - 1996
 Mitchell - 4 x 100m Relay - 1991; 4 x 200m Relay - 1991; 4 x 400m Relay - 1995, 1996, 1997;
 Pierre - 400m Relay - 1988, 1991; 4 x 800m Relay - 1990; 4 x 400m Relay – 2013;
 RC Central - 4 x 100m Relay - 1989, 1992, 1998, 1999; 2000, 2001, 2002, 2003, 2010, 2013; 4 x 200m Relay - 1990, 1992, 1993, 1997, 1999, 2002, 2003; 4 x 400m Relay - 1990, 1992; 4 x 800m Relay - 1988, 92, 93;
 RC Stevens - 4 x 100m Relay - 1987, 1988, 2004, 2006, 2007, 2008, 2011, 2012, 2014, 2015; 4 x 200m Relay - 1987, 1988, 2005, 2010, 2011, 2012, 2014, 2015; 4 x 400m Relay – 2000, 2001, 2002, 2003, 2004, 2006, 2010; 4 x 800m Relay - 1997, 1999, 2000, 2001, 2002, 2004, 2011, 2014, 2015; Sprint Medley – 2010, 2013, 2014;
 SF Christian – 4 x 200m Relay – 2013;
 SF Lincoln - 4 x 400m Relay - 1986, 1987; Medley Relay – 2003;
 SF O’Gorman - 4 x 100m Relay - 1993; 4 x 800m Relay - 1987; Medley Relay - 1994, 1997;
 SF Roosevelt – 4 x 200m Relay – 2001, 2007, 2009; Medley Relay – 2004, 2005; 4 x 800m Relay – 2007;
 SF Washington - Medley Relay - 1986, 1987, 2009; 4 x 400m Relay - 2009
 Spearfish - 4 x 100m Relay - 1994, 1997; 4 x 200m Relay - 1994; 4 x 400m Relay – 2011
 St. Thomas More – 4 x 100m Relay – 2016; Medley Relay– 2016;
 Sturgis - 4 x 100m Relay - 1990; Medley Relay – 2007; 4 x 800m Relay – 2010;
 West Central – 4 x 200m Relay – 2004;
 Watertown - 4 x 200m Relay – 1989, 2006, 2008; 4 x 400 m Relay – 2005, 2007, 2008, 2012; 4 x 800m Relay - 1995; Medley Relay - 1990, 1991, 1993, 1999, 2011, 2012;
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009
 Yankton - Medley Relay – 1995, 2002, 2006, 2008; 4 x 800m Relay – 2003, 2005, 2006, 2008, 2009

Most Individual “Gold Medal Awards” – Career

Eleven Awards

Megan Trotter, RC Central - Class "AA" (100m Dash – 2002, 2003; 200m Dash – 2002, 2003; 4 x 100m Relay – 2000, 2001, 2002, 2003; 4 x 200m Relay - 1999, 2002, 2003)

Ten Awards

Kari Heck, SF Washington – Class “AA” (4 x 400m Relay – 2009; 100m Dash – 2011, 2012; 200m Dash – 2010, 2011, 2012; 400m Dash – 2010, 2011, 2012; Long Jump - 2011)

Jasmyne King, RC Central – Class “AA” (100m Dash – 2007, 2008, 2010; 200m Dash – 2007, 2008; 400m Dash – 2007, 2008; Long Jump – 2007, 2008; 4 x 100m Relay - 2010)

Cherise Thompson, RC Stevens - Class "AA" (400m Dash – 1998, 1999, 2000; 800m Run - 1999; 2000; 4 x 400m Relay – 2000, 2001; 4 x 800m Relay – 1998, 2000, 2001)

Nine Awards

Jaime Pauli, Milbank - Class “A” (800m Run - 1993, 94; 1600m Run - 1993, 95, 96; 4 x 400m Relay - 1993; 4 x 800m Relay, 1994, 96; Medley Relay - 1996;)

Jill Theeler, Mitchell - Class “AA” (4 x 400m Relay- 1995, 96, 97; 100m Dash - 1996, 97; 200m Dash - 1996, 97; 400m Dash, - 1996, 97)

Anne Vollmer, RC Central - Class “AA” (100m Hurdles - 1991, 92, 93; 300m Hurdles - 1991, 92, 93; 4 x 200m Relay - 1992, 93; 4 x 400m Relay - 1992)

Eight Awards

Amber Abrams, RC Central - Class “AA” (100m Dash - 1998, 99; 200m Dash - 1998, 99; 4 x 100m Relay - 1998, 99; 4 x 200m Relay - 1998, 99)

Brittany Page, Watertown – Class “AA” (100m Dash, 200m Dash, 400m Dash, 4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2007, 2008)

Seven Awards

Cortney Dowling, Pierre Riggs – Class “AA” (100m Dash – 2014, 2016; 200m Dash – 2013, 2014, 2016; 400m Dash – 2014; 4 x 400m Relay – 2013)

Allison Eckert, SF Roosevelt – (800m Run – 2006, 2007; 1600m Run – 2006; 3200m Run – 2004, 2005, 2006; 4 x 800m Relay – 2007)

Brittany Garner, RC Stevens – Class “AA” (100m Dash – 2004; 200m Dash – 2004, 2006; 400m Dash – 2006; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005; 4 s 400m Relay - 2006)

Shannon Hattervig, RC Stevens – (4 x 400m Relay – 2000, 2001, 2002, 2003, 2004; 4 x 800m Relay – 2002, 2004)

Ramsey Kavan, Yankton – Class “AA” (1600m Run – 2002, 2004, 2005; 3200m Run – 2002; Medley Relay – 2002; 4 x 800m Relay – 2003, 2005)

Julie Schwengler, RC Stevens – Class “AA” (400m Dash – 2004; 800m Run – 2004; 4 x 400m Relay – 2001, 2002, 2003, 2004; 4 x 800m Relay - 2004)

Heather Sieler, Huron - Class “AA” (800m Run-1998, 2001, 2002; 4 x 400m Relay-1998, 99, Medley Relay-1998, 2000;)

Ann Westby, Brookings - Class “AA” (800m Run - 1989; 1600m Run - 1988, 89; 3200m Run - 1988, 89; 4 x 800m Relay - 1989; Medley Relay - 1988)

Six Awards

Jamie Krautschun, Spearfish - Class “AA” (100m Hurdles - 1994, 95, 97; 4 x 100m Relay - 1994, 97; 4 x 200m Relay - 1994)

Leslie Brost, Watertown – Class “AA” (Pole Vault – 2006, 2007, 2008; 4 x 400m Relay – 2007, 2008; 4 x 200m Relay - 2008)

Hiedi Reed, Canton - Class “A” (1600m Run - 1990, 91, 92; 3200m Run - 1991, 92; Medley Relay - 1992)

Barb Riemenschneider, RC Stevens - Class “AA” (100m Hurdles - 1987, 88; 4 x 100m Relay - 1987, 88; 4 x 200m Relay - 1987, 88)

Steph Schueler, SF Lincoln - Class “AA” (100m Dash - 1986, 87; 200m Dash - 1986, 87; 400m Dash - 1986, 87)

Cori Vining, Huron - Class “AA” (4 x 400m Relay, 1998, 1999; 100m Hurdles – 1998, 2000; 300m Hurdles - 2000; 4 x 200m Relay - 2000)

Five Awards

Alexis Gannon, Brookings – Class “AA” (Triple Jump – 2011, 2013, 2014; Long Jump – 2012, 2014)

Tamara Gorman, RC Stevens – Class “AA” (1600m Run – 2011; 3200m Run – 2011, 2013, 2014; 4 x 800 Relay – 2011)

Cara Groseth, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kacey Herrmann, RC Stevens – Class “AA” (Medley Relay – 2010; 4 x 100m Relay – 2011, 2012; 4 x 200m Relay – 2011, 2012)

Amy Jensen, Brandon Valley - Class “AA” (100m Dash - 1994, 95; 200m Dash - 1995; 4 x 100m Relay - 1995, 1996)

Julie Knight, RC Central - Class “AA” (300m Low Hurdles - 1988, 90; 4 x 800m Relay - 1988; 4 x 200m Relay, 4 x 400m Relay - 1990)

Meg Larson, Aberdeen Roncalli - Class “A” (800m Run - 1995, 96, 97; 1600m Run - 1997; 4 x 800m Relay - 1998)

Sara Miller, RC Central – Class “AA” (4 x 100m Relay – 2001, 2002, 2003; 4 x 200m Relay – 2002, 2003)

Karissa Prpich, RC Stevens – Class “AA” (4 x 200m Relay – 2010, 2011, 2012; 4 x 100m Relay – 2011, 2012)

Kelly Rhodes, SF Lincoln - Class “AA” (100m Hurdles - 1986; 300m Low Hurdles - 1986, 87; 4 x 400m Relay - 1986, 87)

Four Awards

Taylor Baker, RC Stevens – Class “AA” (Long Jump – 1996, 1998; Triple Jump – 1996, 1998)

Aubrey Baxter, Redfield – Class “A” (Shot Put – 2003, 2004; Discus – 2003, 2004)

Becca Bedard, RC Stevens – Class “AA” (4 x 200m Relay – 2005; 4 x 100m Relay – 2006, 2007, 2008)

Darcy Biers, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)

Jodi Bowne, Elkton - Class “B” (400m Dash - 1991, 92; 100m Dash, 200m Dash - 1992)

Colette Christensen, RC Central – Class “AA” (High Jump – 2012, 2013, 2014; Triple Jump – 2012)

Jasmyne Cooper, SF Lincoln – Class “AA”(800m Run-2015, 2016; 1600m Run – 2015, 2016)

Kalie Cox, Watertown – Class “AA” (4 x 200m Relay – 2006, 2008; 4 x 400m Relay – 2005, 2008)

Krista Creager, Yankton – Class “AA” (800m Run – 2008; Sprint Medley Relay – 2006, 2008 4 x 800m Relay - 2009)

Emily DeVries, RC Stevens – Class “AA” (4 x 400m Relay – 2006; 300m Low Hurdles – 2006, 2007; 100m Int Hurdles – 2007)

Tessa Gorsuch, RC Central – Class “AA” (4x100m Relay – 2010, 2013; 100m Hurdles – 2011, 2013)

Emily Haar, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Relay – 2013, 2014)
Shannon Hellman, Douglas – Class “AA” (100m Hurdles – 2004, 2005; 300m Low Hurdles – 2004, 2005)
Megan Hilson, Yankton – Class “AA” (3200m Run – 2008, 2009; 4 x 800m Relay – 2008, 2009)
Sarah Hoffman, Mitchell - Class “AA” (4 x 400m Relay - 1995, 96, 97; 300m Hurdles-1999)
Leia Jackson, RC Central – Class “AA” (4 x 100m Relay – 2002, 2003; 4 x 200m Relay – 2002, 2003)
Alaina Klapperich, RC Central – Class “AA” (100m Dash – 2015; 4 x 100m Relay – 2013, 2015; 4 x 200m Relay – 2015)
Amanda Kuchta, Yankton – Class “AA” (4 x 800m – 2003, 2005; Medley – 2006)
Althea Meeter, Cheyenne-Eagle Butte - Class “A” (100m Dash, 200m Dash - 1990, 91)
Michelle Mellegaard, Bridgewater - Class “B” (Long Jump - 1993, 95; Triple Jump - 1994, 95;)
Courtney Murray, RC Central – Class “AA” (4 x 100m Relay – 2000, 2001, 2002; 4 x 200m Relay – 2002)
Stephanie Peterson, RC Stevens - Class “AA” (4 x 100m Relay, 4 x 200m Relay - 1987, 88)
Rhonda Sheffield, Highmore - Class “B” (300m Hurdles - 1995, 96, 97; 100m Hurdles - 1996)
Brittany Stangl, Watertown – Class “AA” (Sprint Medley Relay – 2012; Pole Vault – 2010, 2011, 2012)
Rachel Weinandt, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; Sprint Medley Relay – 2008; 800m Run - 2010)

Three Awards

Alayna Aker, RC Central - Class “AA” (Long Jump - 1991; Long Jump, 4 x 100m Relay - 1992)
Erica Bakke, Salem - Class “A” (200m Dash - 1988; 100m Dash - 1989; Long Jump - 1990)
Krista Bickley, Brandon Valley – Class “AA” (200m Dash – 2015; 400m Dash – 2015, 2016)
Betsy Bies, Yankton – Class “AA” (4 x 800m Relay – 2005, 2006; 3200m Run – 2007)
Megan Bren, SF Roosevelt – Class “AA” (100m Dash – 2006; 4 x 200m Relay 2007, 2009)
Sydney Daane, RC Stevens – Class “AA” (4 x 100m Relay – 2014; 4 x 200m Relay – 2014; Sprint Medley – 2013)
Abby Davis, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Emily Delzer, RC Stevens – Class “AA” (4 x 100m Relay – 2012, 2014; 4 x 200m Relay – 2014)
Anne Doshier, RC Stevens – Class “AA” (4 x 400m Relay – 2003; 4 x 100m Relay – 2004; 4 x 200m Relay – 2005)
Jessica Fox, Watertown - Class "AA" (1,600m Sprint Medley - 1999; 1,600m Run - 1999; 3,200m Run - 2000)
Brooke Garner, RC Stevens – Class “AA” (Shot Put – 2008; Discus Throw – 2007-2008)
Sara Gill, RC Central - Class “AA” (4 x 100m Relay, 4 x 200m Relay, 4 x 400m Relay - 1992)
Kayla Gosnell, RC Stevens – Class “AA” (4 x 100m Relay – 2004, 2006, 2007)
Cariss Hauck, Watertown – Class “AA” (4 x 200m Relay – 2006; 4 x 400m Relay – 2005, 2007)
Macy Heinz, Ipswich – Class “B” (1600m Run – 2012; 800m Run – 2013, 2014)
Tia Hemiller, Watertown – Class “AA” (Sprint Medley Relay – 2011, 2012; 4 x 400 m Relay – 2012)
Mariah Hofer, Yankton – Class “AA” (4 x 800m Relay – 2008, 2009; 3200m Run – 2010)
Jeana Hoffman, Mitchell – Class “AA” (300m Hurdles – 2001, 2002, 2003)
Hannah Kastigar, Aberdeen Central – (4x800m Relay – 2012, 2013; 1600m Run – 2013)
Lindsey Keck, RC Stevens – Class “AA” (4 x 800m Relay – 1999, 2000, 2001)
Dawn Koehn, Watertown - Class “AA” (200m Dash, 400m Dash, 4 x 200m Relay - 1989)
Tamiko Kopfmann, Huron – Class “AA” (Long Jump – 2005, 2006; Triple Jump – 2006)
Beth Mueller, RC Stevens – Class “AA” (4 x 400m Relay – 2002, 2003, 2004)
Kylee Nolan, RC Stevens – Class “AA” (4 x 400m Relay – 2010; Medley Relay – 2010; 4 x 200m Relay - 2011)
Ramsee Pagel, RC Stevens – Class “AA” (4 x 400m Relay – 2000, 2001, 2002)
Mallory Peck, SF O’Gorman – Class “AA” (Pole Vault – 2004, 2005; Triple Jump – 2005)
Emily Person, RC Stevens – Class “AA” (800m Run – 2011; 4 x 800m Relay – 2011, 2014)
Janie Sershen, Chester – Class “A” (Long Jump – 2001; High Jump – 2002; Triple Jump – 2002)
Ashley Storm, Yankton – Class “AA” (4 x 800m – 2003, 2005, 2006)
Ashley Thompson, RC Stevens – Class “AA” (100m Hurdles – 2012; 300m Hurdles – 2011, 2012)
Beth Wahl, Pierre - Class “AA” (4 x 400m Relay - 1991; High Jump - 1992, 93)

GIRLS' TRACK AND FIELD MEET OFFICIAL RECORDS
(Made under the auspices of the
South Dakota High School Activities Association at its Annual Track and Field Meet)

100 Meter Dash	1996	Jill Theeler, Mitchell	11.90
200 Meter Dash	2016	Cortney Dowling, Pierre T.F. Riggs	24.27
400 Meter Dash	2016	Krista Bickley, Brandon Valley	54.08
800 Meter Run	2006	Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	Ramsey Kavan, Yankton	4:46.84
3200 Meter Run	2005	Allison Eckert, SF Roosevelt	10:38.66
100 Meter Hurdles (33")	2009	Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2015	RC Central Jeffries, Sullivan, Young, Klapperich	48.64
4 x 200 Meter Relay	2006	Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	RC Stevens Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	RC Stevens Blackler, Pagel, Hattervig, Schwengler	9:10.26
Sprint Medley Relay	2016	St. Thomas More Kirsch, Eckrich, Kirsch, Cooper	4:10.37
Shot Put (4kg)	2005	Lynnae Fox, Newell	46'03.50"
Discus	1980	Karen McDonald, Watertown	151'11.00"
High Jump	1993	Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	Jasmyne King, Rapid City Central	18'10.75"
Triple Jump	2014	Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	Leslie Brost, Watertown	12'10.00"

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "B" RECORDS

100 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	11.98
200 Meter Dash	2009	Carly Carper, Oldham-Ramona/Rutland	24.85
400 Meter Dash	2003	Andrea Warnke, Bonesteel-Fairfax	56.46
800 Meter Run	2015	Macy Heinz, Ipswich	2:15.17
1600 Meter Run	2003	Melinda Zirbel, Summit	5:04.51
3200 Meter Run	2003	Melinda Zirbel, Summit	11:02.24
100 Meter Hurdles (33")	2015	Lauren Sokolowski, Irene-Wakonda	14.64
300 Meter Low Hurdles	1996	Rhonda Sheffield, Highmore	44.63
4 x 100 Meter Relay	2011	Oldham-Ramona/Rutland Olson, Thurow, Hagemann, Carper	49.93
4 x 200 Meter Relay	2009	Rosholt/Fairmount Heesch, Meyer, Anderson, Anderson	1:44.88
4 x 400 Meter Relay	2012	Ipswich Heinz, Lloyd, Gauer, Heinz	4:02.72
4 x 800 Meter Relay	1980	Kadoka Parke, Porch, Parke, Herber	9:41.53
Sprint Medley Relay	2012	Castlewood Little, Johnson, McEldowney, Strait	4:17.36
Shot Put (4kg)	2003	Jocelyn Dockendorf, Corsica	43'03.75"
Discus	2005	Amber Brodersen, Wolsey-Wessington	145'06.00"
High Jump	2011	Kelsey Kaufmann, Arlington	5'06.25"
Long Jump	2009	Christy Schultz, RC Christian	18'09.50"
Triple Jump	1994	Michelle Mellegaard, Bridgewater	38'06.50"
Pole Vault	2009	Calley Worth, Gettysburg	11'03.00"
	2009	Brigitte Gross, Hanson	

* Indicates overall State Meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' CLASS "A" RECORDS

100 Meter Dash	2013	Stachia Reuwsaat, St. Thomas More	12.14
200 Meter Dash	1991	Althea Meeter, Cheyenne-Eagle Butte	25.15
400 Meter Dash	2006	Alicia Brown, Vermillion	56.69
800 Meter Run	2016	Tori Glazier, Custer	2:14.13
1600 Meter Run	1991	Hiedi Reed, Canton	5:03.16
3200 Meter Run	1991	Hiedi Reed, Canton	11:08.85
100 Meter Hurdles (33")	2004	Lindsay House, Lennox	14.73
300 Meter Low Hurdles	1981	Amy Allard, Jefferson	44.60
4 x 100 Meter Relay	2016	St. Thomas More Kirsch, Carlson, Eckrich, Carlson	49.19
4 x 200 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	1:44.21
4 x 400 Meter Relay	2014	SF Christian Koth, Stern, Oostra, Velgersdyk	3:59.52
4 x 800 Meter Relay	2016	Custer Delmont, Sedlacek, Parys, Glazier	9:26.26
Medley Relay	2016	*St. Thomas More Kirsch, Eckrich, Kirsch, Cooper	4:10.37
Shot Put (4kg)	2005	*Lynnae Fox, Newell	46'03.50"
Discus	2001	Sarah Stevens, Hot Springs	151'08.00"
High Jump	1985	Stacey Johnson, Platte	5'09.00"
Long Jump	2013	Stachia Reuwsaat, St. Thomas More	18'09.50"
Triple Jump	2012	Coley Stoller, Madison	37'04.75"
Pole Vault	2010	Jessica Koupal, Wagner	11'04.00"

* Indicates overall State Meet record

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GIRLS' CLASS "AA" RECORDS

100 Meter Dash	1996	*Jill Theeler, Mitchell	11.90
200 Meter Dash	2016	*Cortney Dowling, Pierre T.F. Riggs	24.27
400 Meter Dash	2016	*Krista Bickley, Brandon Valley	54.08
800 Meter Run	2006	*Allison Eckert, SF Roosevelt	2:11.24
1600 Meter Run	2005	*Ramsey Kavan, Yankton	4:46.84
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100 Meter Hurdles (33")	2009	*Nevada Sorenson, SF Lincoln	14.12
300 Meter Low Hurdles	1992	*Anne Vollmer, RC Central	43.44
4 x 100 Meter Relay	2015	*RC Central Jeffries, Sullivan, Young, Klapperich	48.64
4 x 200 Meter Relay	2006	*Watertown Lauseng, Cox, Hauck, Page	1:41.29
4 x 400 Meter Relay	2006	*RC Stevens Pagel, DeVries, Jansen, Garner	3:53.49
4 x 800 Meter Relay	2004	*RC Stevens Blackler, Pagel, Hattervig, Schwengler	9:10.26
Medley Relay	2009	SF Washington Houseman, Fantroy, Smith, O'Diel	4:10.91
Shot Put (4kg)	1996	Lisa Griebel, SF Roosevelt	46'00.00"
Discus	1980	*Karen McDonald, Watertown	151'11.00"
High Jump	1993	*Beth Wahl, Pierre T.F. Riggs	5'09.25"
Long Jump	2008	*Jasmyne King, RC Central	18'10.75"
Triple Jump	2014	*Alexis Gannon, Brookings	40'03.75"
Pole Vault	2008	*Leslie Brost, Watertown	12'10.00"

* Indicates overall state meet record

Track events listed in meters. Field events listed in feet and inches.
Fully automatic times listed in 1/100 of a second.

GIRLS' STATE CHAMPIONS AND RUNNERS-UP

Girls' Track - One Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1969	Tyndall	Brookings	1971	Douglas (EAFB)	Hurley
1970	Tyndall	Hurley	1972	Redfield	Mission

Girls' Class "B" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Tyndall	Mellette	1974	Wall	Springfield

Girls' Class "A" Track - Two Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1973	Redfield	Yankton	1974	Sioux Falls Lincoln	Aberdeen Central

Girls' Class "B" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Faith	Centerville	1996	Hoven	Faulkton
1976	White River	Faith	1997	Herreid	Hoven
1977	Dakota Christian	Pollock	1998	Faulkton	Elkton
1978	Dakota Christian	White River	1999	Chester	Marion
1979	Frederick	Dakota Christian	2000	Chester	Marion
1980	Dakota Christian	Frederick	2001	Chester	Colman-Egan
1981	Armour	Dakota Christian	2002	Colman Egan	Bonesteel-Fairfax
1982	Armour	Estelline	2003	Bonesteel-Fairfax	Colman-Egan
1983	Armour	Eureka	2004	Eureka	Colman-Egan
1984	Eureka	Sioux Falls Christian	2005	Bonesteel-Fairfax	Bridgewater/Emery
1985	Sioux Falls Christian	Eureka	2006	James Valley Christian	Colman-Egan
1986	Arlington	Eureka	2007	Faulkton	Colman-Egan
1987	Arlington	Bridgewater	2008	Hanson	Rosholt/Fairmount ND
1988	Bridgewater	Lake Preston	2009	Hanson	Rosholt/Fairmount ND
1989	Bridgewater	Lake Preston	2010	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1990	Lake Preston	White Lake	2011	Oldham-Ramona/Rutland	Rosholt/Fairmount ND
1991	Lake Preston	Hoven	2012	Ipswich	Oldham-Ramona/Rutland
1992	Hoven	Hitchcock	2013	Ipswich	Parker
1993	Doland/Conde	Hoven	2014	Ipswich	Irene-Wakonda
1994	Hoven	Baltic	2015	Ipswich	Chester Area
1995	Faulkton	Hoven			

Girls' Class "A" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Wall	Freeman	1996	Hot Springs & Milbank	
1976	Flandreau & Burke (tie)	Freeman	1997	Hot Springs	Lennox
1977	Freeman	Kimball	1998	Lennox	Garretson
1978	Burke	Kimball	1999	Lennox	Hot Springs
1979	Kimball	Salem	2000	Lennox	Miller
1980	Salem	Freeman	2001	Redfield	Lennox
1981	Jefferson	Redfield	2002	Winner	Beresford
1982	Jefferson	Salem	2003	Redfield	Beresford
1983	Jefferson	Custer	2004	West Central	Parker
1984	Jefferson	Custer	2005	West Central	Aberdeen Roncalli
1985	Jefferson	Miller	2006	St. Thomas More	Vermillion
1986	Bennett County	Miller	2007	St. Thomas More	Vermillion
1987	Spearfish	Bon Homme	2008	Vermillion	St. Thomas More
1988	Freeman	Milbank	2009	St. Thomas More	Wagner
1989	Salem	Beresford	2010	Clark/Willow Lake	St. Thomas More
1990	Hot Springs	Madison	2011	West Central	Clark/Willow Lake
1991	McCook Central	Lennox	2012	West Central	Milbank
1992	Sioux Valley	Madison	2013	St. Thomas More	Sioux Falls Christian
1993	Spearfish	Milbank	2014	Sioux Falls Christian	St. Thomas More
1994	Milbank	Madison	2015	St. Thomas More	Madison
1995	Milbank	Vermillion			

Girls' Class "AA" Track - Three Class System

	<u>Champion</u>	<u>Runner-Up</u>		<u>Champion</u>	<u>Runner-Up</u>
1975	Sioux Falls Lincoln	Rapid City Stevens	1996	Rapid City Stevens	Aberdeen Central
1976	Sioux Falls Lincoln	Watertown	1997	Rapid City Stevens	Spearfish
1977	Sioux Falls Washington	Watertown	1998	Rapid City Stevens	Huron
1978	Watertown	Brookings	1999	Rapid City Stevens	Huron
1979	Brookings	Watertown	2000	Rapid City Stevens	Huron
1980	Brookings	Watertown	2001	Rapid City Stevens	Rapid City Central
1981	Yankton	Watertown	2002	Rapid City Stevens	Rapid City Central
1982	Yankton	Watertown	2003	Rapid City Stevens	Rapid City Central
1983	Huron	Watertown	2004	Rapid City Stevens	Sioux Falls Roosevelt
1984	Yankton	Sioux Falls Washington	2005	Rapid City Stevens	Sioux Falls Roosevelt
1985	Rapid City Stevens	Sioux Falls Lincoln	2006	Rapid City Stevens	Sioux Falls Roosevelt
1986	Rapid City Stevens	Sioux Falls Lincoln	2007	Rapid City Stevens	Rapid City Central
1987	Sioux Falls Lincoln	Rapid City Stevens	2008	Rapid City Stevens	Yankton
1988	Rapid City Stevens	Brookings	2009	Rapid City Central	Sioux Falls Lincoln
1989	Brookings	Rapid City Central	2010	Rapid City Stevens	Yankton
1990	Sturgis	Rapid City Central & Pierre	2011	Rapid City Stevens	Sioux Falls Washington
1991	Rapid City Central	Rapid City Stevens	2012	Rapid City Central	Rapid City Stevens
1992	Rapid City Central	Mitchell	2013	Aberdeen Central	Rapid City Stevens
1993	Rapid City Central	Watertown	2014	Rapid City Stevens	Rapid City Central
1994	Rapid City Central	Spearfish	2015	Rapid City Stevens	Brandon Valley
1995	Yankton	Rapid City Stevens			