

66th Annual South Dakota Coaches' Clinic
Highland Conference Center & MTI; Mitchell
July 10, 11 & 12, 2017



Presented Free of Charge by the
South Dakota High School Activities Association

In Cooperation with the
South Dakota High School Coaches Association

With a special thanks to:



Sanford Health
Lead Partner of the
South Dakota High School
Activities Association



Mitchell Sports
and Events Authority
Sponsoring this year's SDHSCA
Coaches' Clinic

2017 Clinic Headline Speakers:

Volleyball	Andrea McCartney , Head Volleyball Coach, University of Sioux Falls
Wrestling	Shawn Lewis , Head Coach, Pierre TF Riggs High School Shane Benitz , Chief Executive Officer, TrackWrestling, Inc.
Football	Clay Anderson , Head Football Coach, Pipestone (Minn.) Area High School
Tennis	Pat Colbert , USTA Northern Section Assistant Executive Director, Junior Competitive Teams
Golf	Coralee Jorgensen , SDGA First Tee Director
Basketball	Mark Senftner, Derek Robey, Brandon Kandolin & Kent Kolsrud – SDHSAA State Championship Coaches from 2017
Track & Field/XC	Seth Mischke , Head Mens' and Womens' Track & Field Coach, Black Hills State University
Gymnastics	Alisha Dykstra , Elite Gymnastics Coach, TumbleBus Owner & Private Clinician
Cheer	Alisha Dykstra , Elite Gymnastics Coach, TumbleBus Owner & Private Clinician Kayla Meyerhoff & Diedra Nissen – Head Coaches, Sioux Falls Roosevelt Cheer Team
Dance	Melissa Strong , Head Coach, Dakota Valley Dance Team & Owner/Director of 5678! Dance Studio
Soccer	Ryan Beier , Head Coach, Sioux Falls O'Gorman

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Event Schedule

Monday, July 10th		
SDHSCA Executive Board Meeting	Highland Conf. Center	8:30 – 11:00 AM
Golf Coaches – Coralee Jorgensen, SDGA First Tee, How to Coach the Short Game	Wild Oak Golf course	11:00 AM – 12 Noon
SDHSCA Foundation Golf Tournament	Wild Oak Golf Course	12:00 Noon
Exhibitor Check-in & Set-Up	MTI Commons	12:00 – 6:00 PM
SDHSCA Conference & Golf Tourney Social – OPEN to All Attendees, Vendors, Presenters & Coaches	Highland Conf. Center	6:00 PM
Tuesday, July 11th		
FCA Coaches Leadership Team Breakfast	Comfort Inn Board Rm	7:45 – 9:00 AM
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Tennis – Pat Colbert, USTA Northern Section, On-Court play	Mitchell Tennis Courts	9:00 – 11:00 AM
Wrestling – Shawn Lewis, Head Coach, TF Riggs High School	MTI Classroom	9:00-10:00 AM
Football – Clay Anderson, Head Coach, Pipestone, Minn. High School: 3-4 Defense & KO Coverage	MTI Classroom	9:00-10:00 AM
Gymnastics/Cheer – Combined Session w/ Alisha Dykstra	MEGA Gymnastics – 710 E Kay Avenue	9:00-10:00 AM
Dance – Coaches' Association Meeting	Nordby Trade Center	9:00-10:00 AM
Basketball – SDHSCA Mini-Session, Derek Robey, Head Coach, Sioux Falls O'Gorman	Mitchell HS Lower Gym	9:00-10:00 AM
Track & Field – Seth Mischke, Black Hills State University, Head Track & Asst. Cross Country Coach	MTI Classroom	9:00-10:00 AM
Soccer – Coaches' Roundtable, Discussion led by Ryan Beier of SF O'Gorman	MTI Classroom	10:15 – 11:15 AM
Wrestling – Shawn Lewis, Head Coach, TF Riggs High School	MTI Classroom	10:15 – 11:15 AM
Football – Clay Anderson, Head Coach, Pipestone, Minn. High School: 3-4 D Line Play	MTI Classroom	10:15 – 11:15 AM
Gymnastics/Cheer – Combined Session II w/ Alisha Dykstra	MEGA Gymnastics – 710 E Kay Avenue	10:15-11:15 AM
Dance - Discussion with Judges, led by Jasper Diegel, SDHSAA Championships Judge	Nordby Trade Center	10:15 – 11:15 AM
Volleyball – Andrea McCartney, USF Head Volleyball	MTI Classroom	10:15 – 11:15 AM

Coach		
Basketball – SDHSCA Mini-Session, Kent Kolsrud, Head Coach, Sioux Falls O’Gorman	Mitchell HS Lower Gym	10:15-11:15 AM
Track & Field – Seth Mischke, Black Hills State University, Head Track & Asst. Cross Country Coach	MTI Classroom	10:15-11:15 AM
FCA Luncheon: Speaker Info TBD	MTI Theater	11:30 AM – 1:00 PM
Tennis – Pat Colbert, USTA Northern Section, On-Court play	Mitchell Tennis Courts	1:15-3:15 PM
Football – Clay Anderson, Head Coach, Pipestone, Minn. High School: Offensive Line Play	MTI Classroom	1:15-2:15 PM
Wrestling – Shawn Lewis, Head Coach, TF Riggs High School	MTI Classroom	1:15-2:15 PM
Cheer – Stunt Progressions for competitive & sideline cheer: Kayla Meyerhoff & Diedra Nissen, SF Roosevelt	MEGA Gymnastics – 710 E Kay Avenue	1:15-2:15 PM
Dance – Dance Demonstration I by Melissa Strong	Nordby Trade Center	1:15 – 2:15 PM
Volleyball – Andrea McCartney, USF Head Volleyball Coach	Mitchell H S Gym	1:15 – 2:15 PM
Basketball – SDHSCA Mini-Session, Mark Senftner, Head Coach, Sully Buttes	Mitchell HS Lower Gym	1:15 – 2:15 PM
Track & Field – Seth Mischke, Black Hills State University, Head Track & Asst. Cross Country Coach	MTI Classroom	1:15 – 2:15 PM
Soccer – Soccer Coaches’ Association Board Meeting and Advisory Discussion	MTI Classroom	1:15 – 2:15 PM
Gymnastics – Bars/Vault/Beam Demonstrations	MEGA Gymnastics – 710 E Kay Avenue	1:15 – 3:00 PM
Wrestling – Coaches’ Advisory Mtg	MTI Classroom	2:30-3:30 PM
Football – Matt Christensen, Brandon Valley “Smart Gambling in Defensive Front”; Chad McCarty, Spearfish DB Drills	MTI Classroom	2:30-3:30 PM
Cheer – Open Forum: Questions and Answers for sideline and competitive cheer & Coaches Association Annual Meeting	MEGA Gymnastics – 710 E Kay Avenue	2:30-3:30 PM
Dance – Dance Demonstration II by Melissa Strong	Nordby Trade Center	2:30 – 3:30 PM
Volleyball – Andrea McCartney, USF Head Volleyball Coach	Mitchell H S Gym	2:30 – 3:30 PM
Basketball – SDHSCA Mini-Session, Brandon Kandolin, Head Coach, St. Thomas More	Mitchell HS Lower Gym	2:30 – 3:30 PM
Track & Field – Association Board/Advisory Meeting	MTI Classroom	2:30 – 3:30 PM
Gymnastics – Coaches Association Meeting	MEGA Gymnastics – 710 E Kay Avenue	3:00 – 3:30 PM

Coaches' Association Annual Meeting	MTI Classroom	3:45 – 5:00 PM
SDHSCA Hall of Fame & Awards Banquet	Highland Conf. Center	6:00 – 8:00 PM
Social Hour & Karaoke	Blarney's Pub	8:00 – 11:00 PM
Wednesday, July 12th		
Coaches' Association Foundation Board Meeting	Comfort Inn Board Rm	6:45 – 7:45 AM
Clinic & Membership Registration	MTI Commons	8:00 AM – 4:00 PM
Exhibitors Open	MTI Commons	8:00 AM – 4:00 PM
Wrestling – Track Wrestling #1 – Shane Benitz, Track Wrestling CEO	MTI Classroom	9:00 – 10:00 AM
Football – Briam Allmendinger & John King, Gregory Heads-up Tackling Drills & Doug Ruesink, Castelwood, Offensive play	MTI Classroom	9:00 – 10:00 AM
Track & Field – SDHSCA Mini-Session: Luke VanDerLeest, SF Christian & Maxine Unterbrunner, Madison High School, Distance Events & High Jump	MTI Classroom	9:00 – 10:00 AM
Wrestling – Track Wrestling #2 - Shane Benitz, Track Wrestling CEO	MTI Classroom	10:15 – 11:15 AM
Football – Bob Kornely, Todd Co. PA Pass, Brent Olson MVP, Double-Wing & Option O	MTI Classroom	10:15 – 11:15 AM
Track & Field – SDHSCA Mini-Session; Rachele DeBeer, Deubrook & Nancy Falor, Madison; Hurdles/Mid-Distance & Throws	MTI Classroom	10:15 – 11:15 AM
Wrestling – Track Wrestling #3 - Shane Benitz, Track Wrestling CEO	MTI Classroom	11:30 AM – 12:30 PM
Football – Advisory Meeting	MTI Classroom	11:30 AM – 12:30 PM
Track & Field – SDHSCA Mini-Session	MTI Classroom	11:30 AM – 12:30 PM
Football – Lunch at DWU	DWU/Avera Health Center	12:30 – 1:00 PM
Football – On-Field Demonstration at DWU w/ Wesleyan Football Staff	DWU Practice Field	1:00-3:00 PM