





7. Change the time for music in the routines from 1:15 to 1:30. The maximum amount of time for the overall routine remains at 2:30.

**AD VOTE:**        14   **YES**                          0     **NO**

*Other Items Discussed:*

1. No specific awards procedure is in place during the regular season. The coaches suggestion is to give NO AWARDS for regular season events, announce winners of divisions etc, but award no plaques. This decision is ultimately left to the meet manager/school running the event.  
Rationale: We do not do this every basketball/volleyball game.
2. No flash photography. If we practice this during the regular season, maybe by state parents and spectators will follow the rules.
3. School administration needs to be present for crowd supervision at this state event as well.
4. Length of competitions: if hosting during the week, consideration to the start time of the event and number of teams participating. Add a JV division and hour before other competition starts, if meet management chooses to do that. The discretion of how to run the event during the regular season needs to remain with school running the event.
5. If possible at regular season competitions, judges should be elevated.
6. Make sure total deductions are posted on the overall final tally sheet with placements at the end of the meet.
7. Advisory talked about the possibility of moving the cheer and dance state competition to a week earlier (Week 18) and going two separate days as many girls compete on both, cheer and dance teams. Possibility of “B” and “A” schools competing on Friday evening and “AA” on Saturday, but with “B” and “A” football championships scheduled for Friday as well, that may not be feasible.
8. Be sure that you have actually viewed and approved the uniforms, music, and choreography before you sign off on the approval forms.

**Sideline Cheer**

1. If a team is found in violation of spirit rules listed in the SDHSAA handbook or the NFHS rule book, a violation form will be filled out by the host cheer coach and sent to the SDHSAA office. After 3 violations in the SDHSAA office, that cheer team will not be allowed to cheer at any post season events.

**AD VOTE:**        26   **YES**                        62   **NO**

*Other items discussed:*

1. Should the use of mats be allowed at the state events during time outs? Sideline cheer is a support activity not the main show of the event. Mats are not always clean and leave dust and residue on the floor during a basketball game.
2. What to do with requirements for sideline cheer. Problems with late hires and meeting requirements. All required classes are now online, AACCA, Fundamentals of Coaching (Spirit Program Management is coming soon), First Aid. Schools responsibility to make sure coaches have proper coaching requirements.
3. If you don't have a qualified sideline cheer coach listed by the fall rules meeting deadline and/or the winter rules meeting deadline, your school does not have cheerleaders for that season of sports.

## **Reminders: Competitive Cheer and Sideline Cheer - Coaching Education Requirements**

- All coaches must have completed parts of the NFHS Spirit Coaches Education Program.
  1. Spirit Program Management or Fundamentals of Coaching ([www.nfhslearn.com](http://www.nfhslearn.com))
  2. AACCA Safety ([www.nfhslearn.com](http://www.nfhslearn.com)) If a stunting squad, must have AACCA training.
  3. First Aid Course or its equivalent ([www.nfhslearn.com](http://www.nfhslearn.com))
- Must view the yearly on-line rules meeting
- Take and pass the on-line open book test.

It is recommended that assistant coaches meet the same qualifications as the head coach if they are directly responsible for a team of cheerleaders. If the assistant coach is under the direct supervision of the head coach, the coaching qualifications are not required (any additional education is always recommended).

Sideline Cheer: If a qualified cheer coach and /or school approved supervisor is not in attendance at an activity, cheer teams **WILL NOT** be able to perform stunts.



7. The minimum time limit for dance routines is 1:30, with a maximum of 2:30.

**AD VOTE:**       13   **YES**                                       0   **NO**

8. A tumbling skill that does not have flight will be allowed in **all dance routines**. At least one shoulder, one hand or the bottom of one foot must be in contact with the floor at all times. A tumbling series is defined as executing more than one tumbling skill consecutively or same skill repetitively and is not allowed. Illegal examples would include, but are not limited to: a cartwheel followed by a round-off or two cartwheels. Rationale: Last year this was only allowed in hip hop, would like to be able to offer “ground bound” skills to other routines without penalty.

**AD VOTE:**       13   **YES**                                       0   **NO**

9. **Collision defined as** - the unintended contact with another dancer that causes their balance to compromise and disrupt the intended choreography.

**AD VOTE:**       13   **YES**                                       0   **NO**

*Other items discussed:*

1. No specific awards procedure is in place during the regular season. The coaches suggestion is to give NO AWARDS for regular season events, announce winners of divisions etc, but award no plaques. This decision is ultimately left to the meet manager/school running the event. Rationale: We do not do this every basketball/volleyball game.
2. No flash photography. If we practice this during the regular season, maybe by state parents and spectators will follow the rules.
3. School administration needs to be present for crowd supervision at this state event as well.
4. Length of competitions: If hosting during the week, consideration to the start time of the event and number of teams participating. The discretion of how to run the event during the regular season needs to remain with school running the event.
5. If possible at regular season competitions, judges should be elevated.
6. Make sure total deductions are posted on the overall final tally sheet with placements at the end of the meet.

**Reminders: Competitive Dance Coaches Requirements**

- All coaches must have completed parts of the NFHS Spirit Coaches Education Program.
  1. Spirit Program Management or Fundamentals of Coaching ([www.nfhslearn.com](http://www.nfhslearn.com))
  2. AACCA Safety ([www.nfhslearn.com](http://www.nfhslearn.com))
  3. First Aid Course or its equivalent ([www.nfhslearn.com](http://www.nfhslearn.com))
- Must complete the yearly on-line rules meeting
- Take and pass the on-line open book test.

It is recommended that assistant coaches meet the same qualifications as the head coach if they are directly responsible for a team of cheerleaders. If the assistant coach is under the direct supervision of the head coach, the coaching qualifications are not required (any additional education is always recommended)

## ***Football***

9 Man Coach – Troy Gauer, Grant-Deuel  
"B" and "A" 11 Man Coach – Kent Anderson, Beresford  
"AA" 11 Man – Arlin Likness, Yankton  
Athletic Director – Jeremy Chicoine, Sully Buttes  
Principal – Steve Morford, Spearfish  
Official – Dana Nelson, Yankton  
Native American – Sam Bravo, Pine Ridge

1. 9-man only: Seed the 9-man playoff games after the first round is completed. Following the first round the remaining 8 teams will be seeded 1 through 8 with 1 vs. 8 and 4 vs. 5 in the top bracket and 2 vs. 7 and 3 vs. 6 in the bottom bracket.

**AD VOTE:**        27   **YES**                        30   **NO**

2. 11 A and 11B only: Seed the 11A and 11B playoff games after the first round is completed. Following the first round the remaining 8 teams will be seeded 1 through 8 with 1 vs. 8 and 4 vs. 5 in the top bracket and 2 vs. 7 and 3 vs. 6 in the bottom bracket.

**AD VOTE:**        25   **YES**                        13   **NO**

3. 11AA only: The top 14 power rated teams will qualify for the playoffs. The top two power rated teams will receive a first round bye.

**AD VOTE:**         3   **YES**                        13   **NO**

OR

4. 11AA only: The top 12 power rated teams will qualify for the playoffs. The top four power rated teams will receive a first round bye.

**AD VOTE:**         4   **YES**                        12   **NO**

5. If one school in a coop has a lighted field and the other school in the coop does not have a lighted field and the school with no lights has been designated to host the playoff game, mutual agreement must be granted from the visiting team to play an afternoon game. If mutual agreement cannot be reached, the game will be moved to the lighted field within the coop and the game will be played at night.

**AD VOTE:**        62   **YES**                        11   **NO**

### *Other Items Discussed:*

1. Officials assignments for playoffs
2. On-line rules meetings
3. In-season & out-of-season rules
4. Mercy rule: When does clock stop once 35 point advantage has been gained?
5. Starting time for play-off games

## *Golf*

"AA" Coach – Brad Andrea, Aberdeen Central

"A" Coach – Joey Leisinger, Madison

"B" Coach – John Brown, Clark

Athletic Director – Jeff Reickman, Philip

Principal – Nick Gottlob, Lead-Deadwood

Lenny Clifford, Red Cloud

1. Class "A" & "B" Only: If there is a tie in the team standings for third place (Class "A") or second place (Class "B") no playoff is necessary and all tied teams will qualify for the State Tournament.

**AD VOTE:     90 YES**

**0 NO**

### *Points of Emphasis*

1. Gallery Guidelines
2. Pace of Play
3. Use of Electronic Devices including Cell Phones
4. Uniform Regulations

## *Gymnastics*

“AA” Coach – Rachelle Engbrecht, Brookings

“A” Coach – Cheri Petry, Wagner

Athletic Director – Jennifer VanDerMillen, Sioux Falls Roosevelt

Principal – Dan Snaza, Milbank

Official – Joanne Runge, Hartford

1. Coaches will have a maximum of 10 minutes to file an inquiry following their athlete’s final event. (Currently it is 5 minutes and with 3 or more teams, there is not enough time to view the scoresheets within the 5 minute time period)

**AD VOTE:**        13   YES                        0   NO

2. For State Meet: All competitive equipment will be made available on the Thursday evening prior to team day competition for all teams. Teams will call the state venue manager and request a practice time. On Individual Day, all competitive equipment will be made available during open stretch for all teams and individuals that did not compete on team day. Maximum of 1 minute per athlete. Rationale: This will allow athletes to use competitive equipment prior to competition as in other state events.

**AD VOTE:**        8   YES                        6   NO

Amended to: Where possible, with no additional cost to the host school, all competitive equipment will be made available to all teams for state competition on the Thursday prior to team day competition. Teams will call the state venue manager and request a practice time. On individual day, all competitive equipment will be made available during open stretch for all teams and individuals that did not compete on team day. A maximum of 1 minute per athlete.

3. Qualifying for State –“AA” Individual
  - Top 5 all-around plus any gymnasts meeting or bettering a standard of 34.00 (used to be 33.00)
  - Any gymnast who meets the regular season qualifying standard of 35.00 at THREE meets during the season including the region meet, regardless of the number of teams or judges at the meet. These gymnasts will automatically qualify for the all-around competition at the state meet.

**AD VOTE:**        6   YES                        7   NO

4. Qualifying for State –“A” Individual
  - Top 5 all-around plus any gymnasts meeting or bettering a standard of 31.00 (used to be 29.5)
  - Any gymnast who meets the regular season qualifying standard of 31.00 (used to be 30.00) at THREE meets during the season including the region meet, regardless of the number of teams or judges at the meet. These gymnasts will automatically qualify for the all-around competition at the state meet.

**AD VOTE:**        5   YES                        0   NO

5. Increase the State meet, or any meet using Capital Cup format, to a warm-up time of 15 minutes. All other meets will be limited to a warm-up that shall not exceed 12 minutes.

**AD VOTE:**       10  YES                        8  NO

6. Awards: Change the number of individual awards from 20 to 10 places in each event including the all around. Rationale: Seems that we reward about 45-50% of our athletes with medals which coaches felt was unnecessary.

**AD VOTE:       4   YES**

**10   NO**

*Other Items Discussed (No vote necessary):*

1. Out-of-Season Rules for Gymnastic Coaches
2. Exhibition Gymnast – when securing the exhibition gymnasts, the host school should open this to all schools. Coaches are asked to contact the host management with athletes they might wish to have perform at the state meet.
3. Eliminate Region Meets at the “AA” level. Treat it much the same as golf. Use the Conference meet scores to determine your qualifiers for the state meet, using the same format as if the conference meet were the region. (This possibly would reduce another opportunity for judges west river).
4. Increase gymnastics fee to \$80.00 - includes \$40 participation fee and \$40 fee to cover cost of securing and moving second set of equipment for Capital Cup.

## *Tennis*

Girls Coach – Jason Olson, Rapid City Stevens  
Boys Coach – Mark Schlekeway, Brandon Valley  
Athletic Director – Steve Kueter, SF O’Gorman  
Principal – Stacy Levsen, Aberdeen Roncalli  
Native American – Willow Wright, Todd County

### 1. Substitutions:

**Doubles Only - After Competition Has Started.** A substitution for an injured or ill athlete may be granted after the tournament has started, for doubles competition only. The substitution must be based on illness or injury of an athlete only. If a player withdraws because of injury in singles or doubles competition, the decision to allow the injured player to continue in the tournament in doubles (if he/she withdraws from singles or a doubles match) rests with the trainer, doctor/note, and meet director/SDHSAA . Written statements shall be presented to the meet director/SDHSAA. A substitute who has not been involved in doubles competition may be used to replace the athlete who has fallen ill or has become injured. Coaches would not be allowed to switch their line-up to accommodate the substitution in any way.

**Rationale:** Presently we allow for substitutions after entries –before seed meeting and after seeding meeting – but **before** competition. Once competition has started and they have played in a doubles match, no substitution can be allowed for any reason. Seems harsh, that if you have someone go down, team moves through the bracket by default. This would eliminate that problem.

**AD VOTE:**        17   **YES**                        0   **NO**

### *Other Items Discussed:*

1. Coaches would like to discuss the possibility of a 2 years west river, 1 year east river site rotation.
2. We ask AD’s to look at schedules and try and include as many tennis teams as possible in their scheduling.
3. Changing the indoor match format to eliminate 10 game pro sets in all rounds prior to semi and final matches. SDHSAA was asked to survey tennis coaches.

#### Results of survey:

1. Indoor format
  - a. leave as is...most not in favor of short sets (10 votes)
  - b. Second choice: 2 out of 3 sets with match tie-break in lieu of the final set (11 votes)
2. Outdoor format:
  - a. 3<sup>rd</sup> place through 5<sup>th</sup> place matches
    - i. 2 out of 3 sets with match tie-break in lieu of the final set had for (7 total votes)
    - ii. 10 game pro sets came in second by 2 votes (5 total votes)
  - b. Consolation rounds
    - i. 2 out of 3 sets with match tie-break in lieu of the final set (7 votes)
    - ii. 10 game pro set (6 votes)



## *Volleyball*

"AA" Coach – Leasa Woodward, Yankton  
"A" Coach – Nancy Hoeke, Milbank  
"B" Coach – Stephanie Williams, Wall  
Athletic Director – Trent Osborne, Ipswich  
Principal – Jason Uttermark, Aberdeen Central  
Official – Scott Wagner, Brookings  
Native American – Lema Leader Charge, Todd County

1. Flags will be used by line judges working varsity matches (Flags will be a responsibility and a part of the official's equipment for matches). Rationale: Calls made by line judges will be easier for the officials to see (such as touch calls, that often go unnoticed due. The flag will make those more precise and noticeable) It makes line judges feel more like a part of the team.

<b>Class AA:</b>	<b>AD VOTE:</b>	<u>  1  </u> YES	<u>  15  </u> NO
<b>Class A:</b>	<b>AD VOTE:</b>	<u>  6  </u> YES	<u>  49  </u> NO
<b>Class B:</b>	<b>AD VOTE:</b>	<u>  9  </u> YES	<u>  50  </u> NO

2. Headwear (anything that goes around the head) must be black, white, beige or the predominant color similar to that of the torso of the uniform and must be the same color for all participants. (Excludes libero uniform). Rationale: We are seeing too many different colors on one team and looks bad. This will provide team uniformity and be similar to other sports rules on headwear.

**AD VOTE:**       108  YES                        6  NO

**Volleyball will continue to use the white Baden 15-0 volleyball for 2010-11 season. The advisory committee did adopt an official color volleyball which will be the silver/royal blue/white Baden Perfection volleyball, should coaches and schools choose to go that route in the future. The committee felt choosing the color of the volleyball was an important step at this point and time so schools could possibly purchase a few at a time, if they so desired.**

*Other items discussed:*

1. Committee revisited 2-out-of-3 vs. 3-out-of-5 seeding. No action taken
2. Discussed the Eric Denning seeding proposal for teams qualifying to the state tournament. The Advisory Committee liked the proposal, but wanted input from principals and superintendents as to how they feel about travel issues, cost, region representation etc.
3. Committee discussed the one class state tournament sites and willing to see what happens in 2010-11, did not recommend the Board of Directors go away from the 2 class/1class or the 3 class together system. The committee likes the atmosphere those tournaments provide.
4. How to handle the hiring of district officials. Districts are hiring 4 officials for championship night and 2 are line judging. Those line judges can be registered officials, don't have to be certified. It ties up many officials of the certified status that could be used elsewhere.

## ***Wrestling***

"A" Coach – Marc Murren, SF Washington  
"B" Coach – Jay Swatek, Garretson  
Athletic Director – Joe Meyer, Parker  
Principal – Jeff Simmons, Sturgis  
Official – Jerry Bussler, Rapid City  
Native American – Troy Heinert, Todd County

1. Weigh ins for the second day of a 2-day tournament during the regular season will be conducted as follows: Teams traveling home after the first day will be allowed to weigh in at home no earlier than 7:00 am or 1 hour prior to departure if prior to 7:00am. Teams not traveling home and staying in a motel will be required to weigh in with the host school at the host site at a time designated by the host team management no earlier than 7:00 am.

**AD VOTE:**        69   **YES**                                        5   **NO**

2. A wrestler may not wrestle after December 25 until they have been certified by a doctor. Once a wrestler has been certified he may weigh in no more than one weight class above his certified weight. The one weight class restriction is not applicable until after December 25, even though he may have been certified prior to December 25.

**AD VOTE:**        72   **YES**                                        1   **NO**

3. Delete following statement from Head-to-Head seeding criteria: If two wrestlers have identical records against each other, the higher seed goes to the wrestler with the most recent win.

**AD VOTE:**        32   **YES**                                        42   **NO**

### *Forward to Sports Officials Advisory Committee:*

1. Add region meeting to requirements for officials
2. Add observation program from officials

### *Forward to National Federation:*

1. Recommend weight class remain as is.

### *Point of Clarification:*

The SDHSAA does not mandate that district and/or region tournaments be on a Saturday, only a completion date. If Class "B" districts desire to have their district tournament on a Friday, they may do so provided both district tournaments within the same region agree to having their tournaments on the same date

### *Other Items Discussed*

1. Combining A and B state tournaments (facility large enough to host???)
2. Post season skin checks
3. Additional wrestlers from a "B" district to fill region bracket
4. Wrestling coops – use of percentage of smaller school ADM (same as football)
5. Selection of officials for district and region tournaments

### *Points of Emphasis:*

1. Enforcement of hair, nails, etc. during regular season
2. Use of state mandated form for skin infections
3. Starting sequence





### *Competitive Dance*

1. A host school MAY offer JV Division during regular season competition. All teams would be scored and placed in their division. An athlete may participate in a maximum of four events per day regardless of the division.

**AD VOTE:**       13   YES                                       0   NO

2. During regular season, it is recommended that a warm-up area be provided and equipped with an adequate hardwood floor.

**AD VOTE:**       13   YES                                       0   NO

### *Sideline Cheer*

1. Eliminate stunting in all sideline cheer.

Class AA:	<b>AD VOTE:</b>	<u>  0  </u> YES	<u>  15  </u> NO
Class A:	<b>AD VOTE:</b>	<u>  7  </u> YES	<u>  30  </u> NO
Class B:	<b>AD VOTE:</b>	<u>  7  </u> YES	<u>  28  </u> NO